

THE COLLEGE OF  
FAMILY PHYSICIANS  
OF CANADA



LE COLLÈGE DES  
MÉDECINS DE FAMILLE  
DU CANADA

Foundation for  
Advancing  
Family Medicine

Fondation pour  
l'avancement de la  
médecine familiale

# Awards Gala 2023

Celebrating Excellence in Family Medicine







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## Message from

**Nancy Fowler, MD, CCFP, FCPC**

**Deputy Chief Executive Officer, CFPC**

### Awards Gala

The Awards Gala, held during Family Medicine Forum, is an exciting evening as we gather to celebrate the 2023 family medicine awards and those who advance the practice of family medicine.

Being a family doctor is hard and it isn't for everyone. Family doctors have unique abilities, strong relationship building skills, and a penchant for curiosity. Family doctors are the heart of the health care system and leaders in primary care, yet we also know that investments in family medicine have fallen short and that many family doctors are struggling. But family medicine is worth it. We know this and our patients know it.

The CFPC is calling attention to the crisis in family medicine and working with decision makers to secure the present and safeguard the future through funding and supports for family doctors.

The CFPC recently released its Prescription for Primary Care, which highlights solutions to support and transform the practice environment and make sure patients continue to receive quality care, while making sure family doctors get the practise supports and compensation they deserve.

And we are seeing progress.

Team Primary Care: Training for Transformation, an initiative that brings together more than 65 partners, aims to accelerate change in the way primary care providers train together in interprofessional teams.

More provincial governments are embracing the CFPC's Patient's Medical Home vision and the federal government recently announced billions in health care funding for provinces and territories with "family health services" listed as one of the priority areas. While this promise of funding is

a good start, this money must go to where it is needed the most: supporting primary care and family physicians.

While this is no doubt a challenging time in family medicine, it is often during the most challenging times, times of adversity, when we learn the most about ourselves. As Benjamin Disraeli, the United Kingdom's prime minister in the late 1800s, said: "There is no education like adversity". And as the modern poet LL Cool J advised: "When adversity strikes, that's when you have to be the most calm. Take a step back, stay strong, stay grounded, and press on."

This year we gather to celebrate your successes and the family medicine leaders of 2023. This celebration is about you, your contributions, and the leadership you demonstrate. Thank you.

The recognition of your remarkable work would not be possible without the Foundation for Advancing Family Medicine (FAFM)'s unwavering focus on philanthropic efforts. Every dollar the FAFM raises advances family medicine, which includes supporting excellence in education, research, and community-focused care. This evening is possible thanks to the generosity of individuals like you, who understand and appreciate the immense contributions family physicians make to the health and well-being of everyone in Canada.

I want to thank the CFPC Board, the FAFM Board, and the FAFM's various donors, award committees, and stakeholders who devoted their time and energy to making the Gala possible.

There is still much work to do, but we also know we are stronger together. The CFPC continues to support you, as you support your patients and their families.





## Message from

**Tom Berekoff, M.A., CFRE**

**Chair, Board of the Foundation for Advancing Family Medicine**



### Looking Forward

As we gather to celebrate the 2023 Honours and Awards recipients, we embrace the opportunity to be together in person and the value of human connection of which we are reminded. Family Medicine Forum remains a beacon of professional development for family physicians at all stages of their career, and an opportunity for the FAFM to celebrate, support, and inspire the continuous progress in family medicine.

We are delighted to host the awards events together with the CFPC! Through the challenges of the past year, family physicians have worked to enhance primary care delivery in rural settings, advocated against health inequities, and inspired your fellow family doctors. Your dedication to supporting the health journey of your patients has resonated across the country and highlighted your role as leaders in the health continuum.

The FAFM salutes you and reaffirms its role in supporting you through the current and future challenges and proudly celebrates your achievements. The awards events are also an opportunity to celebrate the power of community, which includes the many volunteers, donors, sponsors, and supporters who generously contribute their time, expertise, and resources to sustain the work of the Foundation. To all of them, we extend our deepest gratitude.

The unwavering commitment and resilience of family physicians have not only made a significant impact on individual lives but have also shaped the broader landscape of health care. As we honour the remarkable achievements of our peers, we are reminded of the

collective strength and unity of the family medicine community. The journey ahead may present new challenges, but with the continued support and collaboration of each member, we are confident in forging a brighter and healthier future. Let's continue to uplift and inspire one another, for the betterment of family medicine and the communities you serve. Cheers to the relentless spirit of family medicine!

## CFPC Early Career Development Awards

The FAFM gratefully acknowledges the generous contribution from TD Insurance in support of the CFPC Early Career Development Awards.

These awards recognize new family physician leaders of tomorrow for their outstanding contributions today. Nominees for this award are CFPC members who have been in active practice for five years or less.

### Previous recipients

#### 2022

Dr. Brian Chang  
Toronto, Ontario

Dr. Rita Hafizi  
Ottawa, Ontario

#### 2021

Dr. Clark Svrcek  
Calgary, Alberta

Dr. Navid Zahedi Niaki  
Montreal, Quebec

#### 2020

Dr. Kimberly Lazare  
Toronto, Ontario

Dr. Nicole Stockley  
Conception Bay South, Newfoundland and Labrador



**Dr. Claire Bodkin**  
Hamilton, Ontario

Dr. Claire Bodkin thrives in the diverse world of family medicine, providing comprehensive medical care, describing herself as the Swiss army knife of the profession. Dr. Bodkin's practice in Hamilton, Ontario, delves into the intricacies of medicine, encompassing everything from harm reduction and substance use disorder treatment to primary care for individuals using drugs.

Dr. Bodkin's commitment isn't confined to Hamilton, she also takes on roles as a locum tenens in remote areas of Ontario and the Northwest Territories. Further amplifying her influence, Dr. Bodkin co-directs the Hamilton Social Medicine Response Team, which helps those using drugs and those without housing, all while championing the causes of justice and liberation.

In conjunction with her hands-on medical roles, Dr. Bodkin is an assistant clinical professor at McMaster University's Department of Family Medicine. Through her recent research project "Nowhere to Go" she delved into the health repercussions of service restrictions, enriching her knowledge through community-driven research collaborations.

Dr. Bodkin says she owes immense gratitude to her chosen and biological families, mentors, and communities. These relationships have instilled in her the significance of community-centred care and the collaborative vision for a healthier world. Through all her endeavours, her passion echoes the belief that family physicians are indispensable and adaptive. Dr. Claire Bodkin is an example of dedication in the medical community, shaping a healthier tomorrow.

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**Dr. Molly Whalen-Browne**  
Edmonton, Alberta

After completing her residency in family medicine at the University of Calgary in 2018, Dr. Molly Whalen-Browne became a family physician providing primary care services to refugees at the New Canadians Health Centre, as the health centre's founding physician and inaugural medical director. Dr. Whalen-Browne also has a focused reproductive and sexual health practice—at the Birth Control Centre she sees patients who experience barriers to accessing contraceptives and other sexual health care.

Dr. Whalen-Browne spent the first few years of her career practising remote family medicine in the Northwest Territories, particularly in the town of Fort Smith. She continues to provide locum services in the Northwest Territories and loves the community and diversity of practice.

An assistant clinical professor in the Department of Family Medicine at the University of Alberta and a clinical lecturer in the Department of Family Medicine at the University of Calgary, Dr. Whalen-Browne's interests are varied, from refugee health and Indigenous health to reproductive and sexual health, and medical education. She has been the Program Director for the Health Equity Enhanced Skills program at the University of Calgary since 2022 where she is also the Domain Lead for Health Equity in the family medicine program.

Even in the early stages of her career, Dr. Molly Whalen-Browne demonstrates outstanding potential as a future leader and innovator of health care in Canada.



## Mimi Divinsky Award for History and Narrative in Family Medicine

This award is named in memory of Dr. Mimi Divinsky for her role as an early leader in narrative medicine in Canada. It recognizes the best narrative account of experiences in family medicine.

### Previous recipients

#### 2022

Dr. Rory O'Sullivan  
Toronto, Ontario

#### 2021

Dr. Peter Newman  
Toronto, Ontario

#### 2020

Dr. Jordan Pelc  
Toronto, Ontario

#### 2019

Dr. Anjali Bhayana  
Toronto, Ontario



**Dr. Andrew Lodge**  
Winnipeg, Manitoba

For Dr. Andrew Lodge, health care has been a fantastic portal to an astonishing array of interactions and experiences. Since acquiring his medical degree from the University of Manitoba in 2007, Dr. Lodge has worked with learners in communities from rural Nepal to the northern reaches of Canada. He has taken the opportunities to work in inner cities and build relationships with people who inhabit some of the most precarious margins of our communities.

For Dr. Lodge, satisfaction stems from sharing space with his colleagues, from whom he claims to derive knowledge daily. The culture of continuing education has enabled him to pursue clinical training in a broad range of areas. Moreover, it has generated avenues to other sites that complement and inform his practice. He is also grateful for being able to pursue additional training in the master's programs in public health, adult education and community development, and infectious diseases. Dr. Lodge is currently completing a master of law with a speciality in human rights.

Over the years, Dr. Andrew Lodge has refined his craft by providing a helping hand to people in desperate need. He is supported in his vision and endeavour to making a positive difference in family medicine.

## Calvin L. Gutkin Family Medicine Ambassador Award

The FAFM gratefully acknowledges the generous support of donors including the family, friends, and colleagues of Dr. Gutkin to its Calvin L. Gutkin Endowment Fund.

This award recognizes a dynamic leader in Canadian family medicine, distinguished by their vision, innovation, and ability to build effective relationships with national and international organizations to positively influence the ever-changing roles of family physicians and family medicine in Canada.

### Previous recipients

#### 2022

Dr. Maxine Dumas Pilon  
Montreal, Quebec

#### 2021

Dr. Darlene Kitty  
Chisasibi, Quebec

#### 2020

Dr. Catherine Cook  
Winnipeg, Manitoba

#### 2019

Dr. David Snadden  
Prince George, British Columbia



**Dr. Francine Lemire**  
Corner Brook, Newfoundland and Labrador

With over 33 years in family medicine, Dr. Francine Lemire has made remarkable contributions to family medicine across Canada and in Corner Brook, Newfoundland and Labrador. A particular highlight of her career in Corner Brook was in leading the organization of medical services for their 1999 Canada Winter Games.

Her tenure at the CFPC stands out as a testament to her dedication and leadership in the field. Holding the position of Executive Director and CEO, Dr. Lemire was key to numerous initiatives, such as bringing family medicine training into the future, modernizing examinations, and enhancing the emphasis on family medicine research. Under her guidance, the CFPC underwent a transformative governance review, streamlining its operations and ensuring its continued relevance in the ever-evolving field of medicine. She also oversaw the creation of the Besroure Centre for Global Family Medicine, enabling the CFPC to contribute to global family medicine education.

Moreover, with her at the helm, the FAFM matured into a significant charity, championing the cause and advancement of family medicine both nationally and internationally.

Dr. Lemire's proficiency in both English and French has been pivotal in her advocacy efforts. She has actively shaped health policies, set standards for family medicine, and collaborated extensively with policy representatives and physician organizations.

In addition to her administrative and advocacy roles, Dr. Lemire has a rich academic background, engaging in both teaching and research. Her unwavering commitment to family medicine has not only elevated the CFPC's stature but has also underscored the critical role family physicians play in Canada.

## Jean-Pierre Despins Award

The award is named in memory of Dr. Jean-Pierre Despins, a former CFPC president (1995–1996) and chair of the FAFM Board (1999–2000). It honours a CFPC family physician member identified as an outstanding advocate and public spokesperson for family medicine, family physicians, and patients.

### Previous recipients

#### 2022

Dr. Stuart Iglesias  
Parry Sound, Ontario

#### 2021

Dr. David Gass  
Halifax, Nova Scotia

#### 2020

Dr. Michael Kirlew  
Moose Factory, Ontario

#### 2019

Dr. Gary Bloch  
Toronto, Ontario



**Dr. Guy Béland**  
Montreal, Quebec

Dr. Guy Béland's journey started with his medical training at Laval University, where he received his medical degree in 1979. Since that time, he has been involved in the practice of family medicine for more than four decades. This discipline fits perfectly with his philosophy on life, which is centred on listening, respect, and the understanding of individual needs. After having devoted a significant portion of his career to working in remote areas, including 12 years in Havre-St-Pierre, he practised in Quebec for 28 years. In addition to his commitments with respect to family medicine, Dr. Béland also acquired valuable experience by working in emergency rooms, practising hospital medicine, specializing in geriatric medicine, and providing home care.

Dr. Béland has not only excelled in clinical practice but has also played a key role in medical education. Since the beginning of his career, he has been involved in educating future physicians.

In addition to his clinical and educational achievements, Dr. Béland has also held leadership positions, including as director of the Department of Family and Emergency Medicine at Laval University for eight years. His ability to rally teams around common goals and to advocate for his patients and his specialty have been an invaluable asset in improving health care.

Dr. Béland is a true model of dedication, compassion, and leadership in the medical field, and he inspires generations of health professionals. His impressive career—characterized by his love for people, his unconditional respect for patients, and his commitment to family medicine—reminds us that this discipline is based first and foremost on a noble mission of service to individuals and their families.





# 2023 Canada's Family Physicians of the Year

## Reg L. Perkin Awards

**The FAFM gratefully acknowledges the generous contributions of Scotiabank and MD Financial Management in support of Canada's Family Physicians of the Year.**

Since 1972 the CFPC has honoured family doctor members who exemplify excellence in the guiding principles of family medicine. In 1996 the award became known as the Reg L. Perkin Awards in honour of Dr. Perkin, who was the CFPC's executive director from 1985 to 1996.

The awards are presented to 11 outstanding family physicians—one from each province and one for the territories—during the annual Family Medicine Forum. Canada's Family Physicians of the Year are nominated by their health care colleagues, community leaders, and provincial Chapters of the CFPC for providing exceptional care to their patients, making meaningful contributions to the health and well-being of their communities, and dedicating themselves as researchers and as educators of future generations of family doctors.



**Dr. Jennifer Denise Lush**  
Victoria, British-Columbia

Having always loved a medical challenge, Dr. Jennifer Lush has embarked on a medical career with an optimistic outlook and rigour for exploring endless possibilities. Dr. Lush's roles as a family physician have spanned emergency medicine, maternity care, palliative care, and more. In addition to practising in rural towns and cities along the West Coast, she has worked in Australia as a locum, in obstetrics, and in longitudinal community family practice.

Since 2016 Dr. Lush has lived and practised in Victoria, British Columbia. She is a member of the University of British Columbia's clinical faculty for medical students and its family medicine residency program. Both positions have brought her valuable challenges, insights, and profound satisfaction.

Motivated by concerns about the unstable work environment, Dr. Lush engages in advocacy. She used mainstream and social media to emphasize the vital role of family physicians and the obstacles they encounter. Dr. Lush collaborated with political representatives, official doctor organizations, and the grassroots advocacy group BC Health Care Matters, reinforcing the message "Everyone Deserves a Family Doctor."

Such efforts have established Dr. Jennifer Lush as a pillar in her community and a significant figure in health care.





## Dr. Tina Korownyk

Edmonton, Alberta

For nearly two decades, Dr. Tina Korownyk has been at the forefront of family medicine in Edmonton. Her reach extends beyond clinical practice into the academic realm. Dr. Korownyk currently holds the position of professor in the Department of Family Medicine at the University of Alberta, where she also serves as Chair. Her commitment to evidence-based care shines through her role as a founding member of Practising Evidence-Based Recommendations (PEER), an initiative championing primary care using the best evidence available.

Beyond her academic roles, Dr. Korownyk is a prolific contributor to the medical community. She actively develops Tools for Practice and PEER guidelines, making evidence accessible to practitioners. A recognized voice in her field, she has spoken at provincial and national conferences and boasts over 125 publications in peer-reviewed journals. Her leadership extends to coordinating the evidence-based medicine program for family medicine residents at the University of Alberta and steering the Pragmatic Trials team, focusing on patient-centric care through pragmatic randomized controlled trials.

In addition to earning such commendable professional accolades, Dr. Korownyk finds joy in her personal life. A devoted wife and mother to four vibrant children, she cherishes her time outdoors, reflecting on the vastness and diversity of family medicine.





**Dr. Sean Groves**  
La Ronge, Saskatchewan

As a broad-spectrum generalist, Dr. Sean Groves has dedicated himself to serving challenging and complex patient populations in rural and remote settings. A proud alumnus of the University of Saskatchewan, Dr. Groves embarked on his journey in rural family medicine in 2005. In 2010 he established the La Ronge Rural and Remote Family Medicine Residency training program.

His medical expertise is vast and varied, encompassing areas such as addictions medicine, obstetrics, sports medicine, primary care for HIV and hepatitis C, and more. Beyond the confines of medicine, Dr. Groves showcases his joy of sports, playing hockey and serving as the team physician for the Saskatchewan Junior Hockey League's Ice Wolves. His commitment to community service is evident in his roles on the La Ronge and Area Minor Baseball League, coaching the U15 and U18 teams, and his recent induction into the Board of Directors for Men of the North.

La Ronge is Dr. Groves' workplace and home. Together with his wife, Beckie, a high school math teacher, they've raised four remarkable children: Julia, a budding nurse; Solomon, an engineering student; Isabel, pursuing teaching; and Pikaia, exploring arts and science. Dr. Sean Groves stands as a dedication to medicine and the heart of his community.



**Dr. Grant Goldberg**  
Winnipeg, Manitoba

With a dedication to patient and community care, Dr. Grant Goldberg has consistently demonstrated a commitment to health prevention and promotion, addressing the unique needs of each patient. Dr. Goldberg's journey as a family physician has seen him take on roles from the Mount Carmel Clinic from 1995 to 2011, Corydon Primary Care Clinic from 2011 to 2017, and the ACCESS Fort Garry Primary Care Clinic since 2017.

In addition to the clinics, Dr. Goldberg served as a family physician in Churchill, Manitoba, reaching remote communities such as Baker Lake and Sanikiluaq in Nunavut. These diverse experiences have enriched his perspective, allowing a broader understanding of patient needs across different communities. His extensive career highlights his medical expertise and a deep-rooted passion for serving communities and promoting better health outcomes, which has solidified his reputation as a cornerstone in the medical community.

Dr. Goldberg's proactive approach to health care has seen him engage in various community outreach programs, emphasizing the importance of preventive care. His collaborative nature and willingness to share knowledge have been instrumental in shaping the future of health care, making Dr. Goldberg a mentor and guide for future medical professionals.

On a personal note, Dr. Goldberg is happily married to his wife, Marni. Together, they are proud parents to three daughters. Outside of his professional life, Dr. Goldberg is an avid lover of the outdoors. He cherishes moments spent at the lake, indulges in cross-country skiing, and is passionate about cycling.





**Dr. Danielle Brown-Shreves**  
Ottawa, Ontario

Growing up in Jamaica and completing medical school training at the University of West Indies, Dr. Danielle Brown-Shreves completed her family medicine residency at the University of Ottawa in 2012.

Dr. Brown-Shreves is the founder and executive medical director of Restore Medical Clinics, Ottawa's first Black-led multidisciplinary clinic. She centres her practice on delivering comprehensive, collaborative, and compassionate care to the community, with a focus on vulnerable populations.

In addition to her clinical work, Dr. Brown-Shreves boasts numerous academic accomplishments. She serves as an assistant professor at Queen's University and has an adjunct position at the University of Ottawa. She is also an avid preceptor and supports many students throughout their training. As a health care leader, Dr. Brown-Shreves participates in various leadership discussions both locally and provincially, advocating for patients and driving health system reforms. She cherishes time with her family, loves to travel and immersing herself in different cultures, and volunteers for several mentorship roles within her community.

Dr. Brown-Shreves offers comprehensive care to vulnerable groups, including refugees, immigrants, and marginalized individuals. With first-hand knowledge of how socio-demographic factors influence health and well-being, she remains committed to enhancing health outcomes for these vulnerable communities.





**Dr. Isabelle Gosselin**  
Saint-Hubert, Quebec

Dr. Isabelle Gosselin has been practising family medicine in the university family medicine group (GMF-U) de Saint-Hubert on Montreal's South Shore for 24 years. She has also practised hospital medicine in the Department of General Medicine at the Hôpital Pierre-Boucher.

Dr. Gosselin received her medical degree from the University of Sherbrooke in 1996, followed by a specialization in family medicine at the same university in 1998. Over the years, she has served in various roles in the fields of family medicine and medical education. In 2016 Dr. Gosselin became the assistant director of the family and emergency medicine residency program at the University of Montreal. This role has allowed her to make significant contributions to the training of future family physicians and emergency physicians.

During her academic career, Dr. Gosselin was an assistant clinical professor at the University of Sherbrooke and played a key role in providing educational support to medical residents. In 2023 Dr. Gosselin received a Certificate of Merit Award from the Canadian Association of Medical Education in recognition of her dedication to medical training.

Having greatly enriched the medical literature through her work, her participation in scientific events, and her impressive list of publications, Dr. Gosselin has demonstrated an outstanding commitment to research and scholarship. This is also reflected in her writings, her government reports, and her contributions to chapters in books.



**Dr. Lise Babin**  
Dieppe, New Brunswick

Dr. Lise Babin obtained her degree in health science from the University of Moncton in 1990 before continuing her studies at Laval University, where she received a doctorate in medicine. She completed the family medicine residency program at the University of Sherbrooke. In 2022 she obtained a certificate in plant-based nutrition from the University of Guelph.

For almost three decades, Dr. Babin has been practising family medicine at the Family Medicine Unit in Dieppe, New Brunswick. She has also been a clinical teacher in the University of Sherbrooke's family medicine program. From 2014 to 2022, Dr. Babin was the director of the New Brunswick Francophone Medical Education Program. In addition to her involvement in teaching, she has held clinical roles, including as a clinical physician specializing in diabetes at the Dr. Georges-L.-Dumont University Hospital Centre, and has sat on several medical committees.

Throughout her career, Dr. Babin has made significant contributions to the literature in various medical fields. She contributed to diabetes research by publishing articles in journals such as the *Canadian Journal of Diabetes* and *Diabetology & Metabolic Syndrome*.

Dr. Babin embodies medical and educational excellence and has distinguished herself through her exemplary career in medicine as well as her significant contribution to medical research, which makes her a leading figure in health care in Canada.





## Dr. Emmanuel Bamikole Ajuwon

New Waterford, Nova Scotia

With a great interest in family medicine and advanced reproductive technology, Dr. Emmanuel Ajuwon has consistently pushed the boundaries of medical practice and education. Serving as the Director of Lemuela Medical Limited, he brings a wealth of knowledge and experience to the forefront of health care.

Dr. Ajuwon's extensive educational background spans from his Bachelor of Medicine and Bachelor of Surgery from the University of Ilorin in Nigeria to Assisted Reproduction Technology at the University of Nottingham, United Kingdom. His pursuit of excellence didn't stop there. He further honed his skills with courses in trauma life support, airway management, dermatoscopy, and safer opioid prescribing, to name a few.

Beyond his practice, Dr. Ajuwon is an assistant professor at Dalhousie University's Faculty of Medicine. Additionally, his leadership of the Mentorship Group for international medical graduates showcases his commitment to nurturing the next generation of medical professionals.

Dr. Ajuwon's multi-faceted medical journey, characterized by both clinical expertise and educational endeavours, positions him as a notable figure in the global medical community. His dedication to the field is not only evident in his academic and practical achievements but also in his proactive approach to mentorship and community involvement. Dr. Ajuwon's resilience and relentless drive serve as an inspiration to both his peers and aspiring medical professionals.



**Dr. Padraig Casey**  
Cornwall, Prince Edward Island

Hailing from County Louth, Ireland, after earning his general practitioner credentials in 2015, Dr. Padraig Casey moved to Prince Edward Island (PEI) in 2017 with his wife and three children.

Despite no initial connections to PEI, Dr. Casey swiftly anchored himself in clinical practice. Embracing the Island's challenges, he showcased his leadership as president of the Medical Society of PEI, guiding the community through trying times, including COVID-19, Hurricane Fiona, and pivotal health system transitions. His clear communication and strategic approach solidified his standing as a prominent thought leader.

With a strong interest medical education, Dr. Casey became Family Medicine Site Director for the Dalhousie program on PEI after his time leading faculty development across the province. His Cornwall clinic has welcomed residents, medical students, and nurse practitioners seeking guidance. Under Dr. Casey's stewardship, the Patient's Medical Home program in Cornwall emerged as a pioneering influence, setting the pace for PEI's ambitious province-wide Patient's Medical Home program.

Through exemplary practise, leadership, and innovation Dr. Casey is the consummate family physician and is proud of his roots new and old—Irish, Canadian, and Islander!





## Dr. Jim Bowen

Norris Point, Newfoundland and Labrador

The desire to help those around him has resonated with Dr. Jim Bowen since he was five years old, when he believed it was his destiny to become a doctor. After completing medical school in Ottawa, Dr. Bowen explored various medical fields, eventually choosing family medicine because of its comprehensiveness and the high skill required to help solve problems in their undifferentiated state and to address undiagnosed issues.

Dr. Bowen did his internship in Newfoundland and has lived there since, other than a brief sabbatical in the Caribbean in the 1990s. His achievements encompass multiple terms as the local hospital's chief of staff, serving on various boards, teaching medical residents, and actively participating in primary health care reforms.

Dr. Jim Bowen is a proud father to three children and a husband to his wife, Joan. He has dedicated decades of exceptional service to his community. With genuine fulfillment, he feels privileged to have collaborated with remarkable individuals and gained insights from his patients and their families.



**Dr. Stephanie Buchanan**  
Whitehorse, Yukon

With a passion for family medicine, Dr. Stephanie Buchanan has served communities with unmatched dedication for more than two decades. Dr. Buchanan's extensive roles as a family physician have encompassed office practice, obstetrics, and in-patient care.

Dr. Buchanan earned a bachelor of science from Simon Fraser University, her MD from the University of British Columbia, and completed her family medicine residency at the University of Calgary.

Her commitment to health care is evident in Whitehorse, Yukon, where she has practised since 2003, and through her contributions to emergency medicine, which she practised until 2020. Dr. Buchanan has served as a locum physician in other locations such as Dawson City and Calgary. She also co-founded the Yukon Sexual Health Clinic.

Dr. Buchanan's drive for continuous learning and her commitment to health care is evident in her multi-faceted roles. Today, her work speaks of her commitment to and excellence in medicine in Yukon.



# Honours and Awards Program 2023 Recipients

## Awards of Excellence

### British Columbia

Dr. Rachel Cook, Kamloops  
Dr. Ingrid Cosio, Prince George  
Dr. Paul Graham, Chilliwack  
Dr. Sheldon Howard, Vancouver  
Dr. Bradley Little, Vancouver  
Dr. Anna Mason, Victoria  
Dr. Ella Monro, Princeton  
Dr. Arielle Roberts, Courtenay  
Dr. Nique (Dominique) Seper, Cochrane  
Dr. Cassia Tremblay, Victoria

### Alberta

Dr. Vishal Bhella, Calgary  
Dr. Nadine Letwin, Edmonton  
Dr. Lindsay Jantzie, Calgary  
Dr. Brendan Vaughan, Calgary

### Saskatchewan

Dr. Veronica McKinney, Saskatoon  
Dr. Emily Sullivan, Saskatoon

### Manitoba

Dr. Suzanne Newman, Winnipeg  
Dr. Scott Young, Winnipeg

### Ontario

Dr. Anil Gupta, Etobicoke  
Dr. Daniela Isfan, Bradford West Gwillimbury  
Dr. Warren Lewin, Toronto  
Dr. Fok-Han Leung, Toronto  
Dr. Latif Murji, Toronto

### Quebec

Dr. Samuel Boudreault, Quebec  
Dr. Louis-Xavier D'Aoust, Montreal  
Dr. Jemima Farrah Bourdeau, Montreal  
Dr. Véronique Parent, Levis

### New Brunswick

Dr. Stéphanie Melanson, Moncton

### Nova Scotia

Dr. Farokh Buhariwalla, Sydney  
Dr. Tiffany O'Donnell, Halifax

### Prince Edward Island

Dr. Adnan Bajelan, O Leary  
Dr. Nicole Green, Rice Point  
Dr. Randy MacKinnon, Charlottetown

### Newfoundland and Labrador

Dr. Jacqueline Elliott, Port Blandford  
Dr. Michelle Kennedy, St. John's

## Calvin L. Gutkin Family Medicine Ambassador Award

Dr. Francine L. Lemire, Corner Brook, NL

## Canadian Family Physician Best Original Research Article

Dr. Tara Kiran, Toronto, ON

## CFPC/CPA Collaborative Mental Health Care Award

Dr. Shivajan Sivapalan, Scarborough, ON

### **CFPC Continuing Professional Development Program Award**

Covid-19 Community of Practice for Ontario Family Physicians Program - Ontario College of Family Physicians and Department of Family and Community Medicine at the University of Toronto

Project ECHO Ontario Chronic Pain and Opioid Stewardship, Toronto Rehabilitation Institute , University Health Network

### **CFPC Early Career Development Awards**

Dr. Molly Whalen-Browne, Edmonton, AB

Dr. Claire Bodkin, Hamilton, ON

### **CFPC Outstanding Family Medicine Research Article**

Dr. Sheryl Spithoff, Toronto, ON

### **Daniel Glazier Research Grant in Adolescent Mental Health and Substance Abuse**

Dr. Nikki Bozinoff, Toronto, ON

### **D.M. Robb Community-Based Research Grant**

Dr. Ginetta Salvalaggio, Edmonton, AB

### **Canada's Family Physicians of the Year – the Reg L. Perkin Awards**

Dr. Jennifer Denise Lush, British Columbia

Dr. Tina Korownyk, Alberta

Dr. Sean Groves, Saskatchewan

Dr. Grant Goldberg, Manitoba

Dr. Danielle Brown-Shreves, Ontario

Dr. Isabelle Gosselin, Quebec

Dr. Lise Babin, New Brunswick

Dr. Emmanuel Bamikole Ajuwon, Nova Scotia

Dr. Pdraig Casey, Prince Edward Island

Dr. Jim Bowen, Newfoundland and Labrador

Dr. Stephanie Buchanan, Yukon

### **Family Medicine Global Health Project Grant**

Dr. Murtaza Kapasi, Richmond Hill, ON

### **Family Medicine Researcher of the Year**

Dr. Dee Mangin, Hamilton, ON

### **Hollister King Rural Family Practice CPD Grant**

Dr. Kelli Taylor, High River, AB

### **Honorary Membership**

Dr. Lynn Ashdown, Ottawa, ON

Dr. Brian Postl, Winnipeg, MB

### **Ian McWhinney Family Medicine Education Award**

Dr. Lisa Graves, Ancaster, ON

### **Janus Continuing Professional Development Grants**

Dr. Colin Siu, Vancouver, BC

Dr. Yan Yu, Calgary, AB

Dr. Andrew Lodge, Winnipeg, MB

Dr. Jabiz Modaresi, Kingston, ON

Dr. John Rizos, Mississauga, ON



### **Janus Research Grants**

Dr. Anna Chavlovksi, Kingston, ON

Dr. Sheryl Spithoff, Toronto, ON

### **Janus Research Training Grant**

Dr. Arya Rahgozar, Ottawa, ON

### **Jean-Pierre Despins Award**

Dr. Guy Béland, Montréal, QC

### **Jim Ruderman Family Medicine Education Leadership Award**

Dr. Cheri H. Bethune, Iroquois Falls, ON

### **CFPC Lifetime Achievement Awards in Family Medicine Research**

Dr. Peter R. Butt, Saskatoon, SK

Dr. Tom Freeman, London, ON

### **Marco Terwiel Rural Family Medicine Innovation Grant**

Dr. Erich van der Linde, Lake Newell, AB

### **Mimi Divinsky Award for History and Narrative in Family Medicine**

Dr. Andrew Lodge, Winnipeg, MB

### **Racialized Communities Leadership Grant in Family Medicine**

Dr. Madura Sundareswaran, Peterborough, ON

### **Scholarly Work in Family Medicine Education Grant**

Dr. Keith Wycliffe-Jones, Calgary, AB

### **W. Victor Johnston Award**

Dr. Anne Biringer, Toronto, ON

### **Nadine St-Pierre Award**

Dr. Noémie Frenette, Saint-Jean-sur-Richelieu, QC

Dr. Ève-Marie Reneault, Carignan, QC

Dr. Maude Savoie, Norbertville, QC

Dr. Catherine Dupuis Vaillancourt, Rimouski, QC

### **Research Awards for Family Medicine Residents**

Dr. Julie Montreuil, Quebec, QC

Dr. Kathleen Walsh, North Bay, ON

### **TD Spotlight on Achievement Award**

Dr. Marie-Dominique Beaulieu, Montreal, QC

### **Val Rachlis Leadership in Family Medicine Award**

Dr. Meghan Kerr, Kingston, ON

### **Indigenous Family Medicine Resident Scholarship**

Dr. Brooke Cochrane, University of Manitoba

### **Family Medicine Resident Scholarships**

Dr. Robin Craven, University of British Columbia

Dr. Zachary Urquhart, University of Alberta

Dr. Alex Love, University of Calgary

Dr. Olivia Robertson, University of Saskatchewan

Dr. Nicholas McCaughan, University of Manitoba

Dr. Matthew Ladda, Western University

Dr. Lucy Federico, McMaster University

Dr. Kathleen Walsh, NOSM University  
Dr. Alis Xu, University of Toronto  
Dr. Meghan Kerr, Queen's University  
Dr. Courtney Guy, University of Ottawa  
Dr. Benoît Chartrand, University of Sherbrooke  
Dr. Anne-Frédérique Brizard, University of Montreal  
Dr. Léanne Roncière, McGill University  
Dr. Claudia Vincent-Boulay, Laval University  
Dr. Vladislav Evdaev, Dalhousie University  
Dr. Myfanwy Price, Memorial University of Newfoundland

### Family Medicine Resident Awards for Scholarly Achievement

Dr. Megan Wheatley, Dr. Emily Wilkerson, and Dr. Imogen Sirluck-Schroeder, University of British Columbia  
Dr. Celia R. Walker, University of Alberta  
Dr. Kiersten Marie Schwann, University of Calgary  
Dr. Breanne Paul and Dr. Michael Verdirame, University of Saskatchewan  
Dr. Deanna Rudiak, Dr. Nicole Bourrier, and Dr. Marise Svistovski, University of Manitoba  
Dr. Colin Gunn, Dr. Jimmy Ha, Dr. Matthew Hewak, Dr. Paul Phares, and Dr. Aaron Wang, Western University  
Dr. Lucy Federico, Dr. Manasi Parikh, Dr. Tishya Parikh, and Dr. Kim Pong, McMaster University  
Dr. Sebastian Richard, Dr. Eve Boissonneault, and Dr. Chad Prevost, NOSM University  
Dr. Sarah Wong and Dr. Faizal Raghavji, University of Toronto  
Dr. Syed Ibrahim, Queen's University  
Dr. Diego Mauricio Cuellar Castro, University of Ottawa  
Dr. Tatyana Barretta Paulhus, University of Montreal  
Dr. Arielle Springer, McGill University

Dr. Noémie Frenette, Dr. Ève-Marie Reneault, Dr. Catherine Dupuis Vaillancourt, and Dr. Maude Savoie, Laval University

Dr. Mikayla Gawiak and Dr. Victoria Lanoë, Dalhousie University

Dr. Madison Lewis, Memorial University of Newfoundland

### CFPC Indigenous Medical Student Scholarship

Ashley Monture, University of Manitoba

### CFPC Medical Student Scholarships

Annie Foreman-Mackey, University of British Columbia  
Leanne Ejack, University of Alberta  
Katrina Taylor, University of Calgary  
Calista Lytle, University of Saskatchewan  
Jae Yeon Park, University of Manitoba  
Tyrus Gibson, Western University  
Dani Lee, McMaster University  
Kristiina Frechette, NOSM University  
Claire Sethuram, University of Toronto  
Ivneet Garcha, Queen's University  
Christina Di Carlo, University of Ottawa  
Flavie Dutrisac, University of Sherbrooke  
Kendrick Lam, University of Montreal  
Lauren Tracey, McGill University  
Myriam Pelletier, Laval University  
Miranda McConnell, Dalhousie University  
Nicole Barry, Memorial University of Newfoundland





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The Honours and Awards Program is made possible by the FAFM with your support.

The FAFM is committed to supporting a vital and vibrant future for family medicine by encouraging innovation through research, educational initiatives, and strategic partnerships. The FAFM's programs assist CFPC members with research grants, scholarships, and funding to attend the CFPC's annual Family Medicine Forum and they celebrate the achievements of clinicians, educators, researchers, family medicine residents, and students.

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