

# **Celebrating Family Medicine Teaching Excellence 2022**


THE COLLEGE OF  
FAMILY PHYSICIANS  
OF CANADA



LE COLLÈGE DES  
MÉDECINS DE FAMILLE  
DU CANADA

Foundation for  
Advancing  
Family Medicine

Fondation pour  
l'avancement de la  
médecine familiale



We are grateful to all teachers, preceptors, and educational leaders for their ongoing contributions to family medicine education and to all those who support them with their donations to the Foundation for Advancing Family Medicine.

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## Message from the Section of Teachers Chair



**Aaron Johnston,  
MD, CCFP (EM), FCFP  
Chair, SOT**

Welcome to the annual Section of Teachers (SOT) Celebrating Family Medicine Teaching Excellence event!

The SOT is in its 42nd year of celebrating excellence in family medicine teaching in Canada. Thank you to each and every one of you—teachers, preceptors, and educational leaders—for your support and your dedication

This year we are fortunate to once again celebrate with you in person. We have an amazing event planned and I hope that you will have the opportunity to laugh together and reconnect with friends and colleagues from across the country.

The College of Family Physicians of Canada (CFPC) knows that this is a challenging time for family medicine teachers and appreciates the work that you do building the next generation of family doctors in Canada. The strength of the SOT has always been its people—the teachers who work together, face challenges together, and share laughter together. I feel privileged to be among you tonight and to be part of this group.

Tonight is about you. It is about saying thank you for what you do as a teacher, and it is about recognizing talented new and future teachers as well as those who have taught for many years. I hope you will enjoy seeing some familiar faces, meet some new ones, and share your stories of teaching and being taught.

Welcome to the best party in family medicine.

## Message from the Foundation for Advancing Family Medicine



**Tom Berekoff,  
M.A., CFRE**

**Chair, Board of the Foundation  
for Advancing Family Medicine**

### Looking Forward

This year we welcome the return to an in-person Family Medicine Forum after two years of virtual gatherings. With this return, we are delighted to host the Foundation for Advancing Family Medicine (FAFM)'s celebration of outstanding achievements and leadership in family medicine. This celebration honours CFPC members who have distinguished themselves in family medicine education in 2022 and throughout their careers.

You have demonstrated your mastery of the discipline and an unparalleled commitment to your patient communities beyond the call of duty. Whether strengthening the delivery of primary care in rural settings, advocating against health inequities, or inspiring your fellow family doctors, all of you represent the best in the field of family medicine.

The FAFM is uniquely positioned to provide support, educational opportunities, and recognition to emerging and established family medicine leaders. Know that we do not take this responsibility lightly—the FAFM board, staff, CFPC colleagues, leadership, and many volunteer contributors work diligently to support family medicine advancement across Canada.

A sincere thank you to our donors, partners, and corporate sponsors for your generosity. It is only with your support that we can continue our work and celebrate the achievements of the family medicine leaders that have gathered here. I also extend my gratitude to our dedicated Board Directors and committee volunteers, whose thoughtful guidance continues to light the way for the FAFM to advance family medicine.

Please enjoy this moment of celebration and recognition of your resilience, dedication, and leadership in family medicine. The FAFM proudly supports you—the family physicians of today and tomorrow—in your pursuit of excellence in patient care, teaching, and research.

## CFPC Medical Student Scholarships

The FAFM gratefully acknowledges Scotiabank and MD Financial Management's generous support of this award.



The best thing my preceptor taught me was ...



**Julia MacDonald**  
University of British Columbia

"You can have it all, just not all at once."



**Jocelyne Beelen**  
University of Alberta

"The best thing my preceptor taught me was...to approach every case with an open mind (and a wide differential)!"



**Srishti Shrivastav**  
University of Calgary

"The best thing my preceptor taught me was you cannot treat all your patients but you can help them through your knowledge, guidance and time you spend with them."



### **Shannon Haughian**

**University of Saskatchewan**

"If you're unsure, do something, whether that is ask questions, do research, or gain more information. If you are sure, do everything. Never stop fighting and advocating for your patients."



### **Alyssa Kidd**

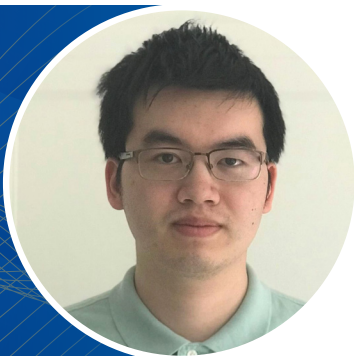
**University of Manitoba**



### **Montana Hackett**

**Western University**

"The best thing my preceptor taught me was ... the necessity of slowing down. In medicine we find ourselves pushing the limits of time because of the stressors of the day and demands on us as physicians. It is critical that we don't lose sight of the fact that patients come to our office often terrified of a pending test result, concerned about a symptom they are having, struggling in their personal lives."



### **Kevin Liu**

**McMaster University**

"Consider possibilities outside the chief complaint, especially with cultural or language barriers."



### **Logan Brennan**

**Northern Ontario School of Medicine University**

"The best thing my preceptor taught me was ... If you are genuinely curious and listen to your patients, they will give you 90% of the answers."



### **Laura Diamond**

**University of Toronto**



### **Alanna Jane**

**Queen's University**

"The best thing my family medicine preceptor, Dr. Emma Smith, has taught me is the importance of longitudinal patient-physician relationships, and the value to patients of having family physicians provide a wide breadth of care in a variety of settings. My preceptor provides prenatal and obstetrical care, chronic disease management, preventative health measures, acute inpatient care, and end-of-life discussions, to name a few. The comfort to patients of having a familiar and trusted physician supporting them in these various domains cannot be understated."



### **Emily Seale**

**University of Ottawa**

"The best thing my preceptor taught me was the following phrase: be honest, be humble, and be kind. In medicine, we may not always have all the answers we want or treatments we need but we do have a say in how we approach our interactions with every patient that we meet. This means being transparent about what is known and not known about their situation, acknowledging our own personal limits and knowing when to ask for help, and showing compassion and humanity as our patients navigate challenging moments in their lives. By demonstrating honesty, humility, and kindness, we have the opportunity to positively contribute to our patients' circumstances on a daily basis."



### **Félix Morin**

**University of Sherbrooke**

“L’importance du médecin de famille comme chef d’orchestre au sein de l’équipe traitante.”



### **Laurence Tremblay**

**University of Montreal**

“La meilleure chose que mon précepteur m’a apprise était... de prendre toutes les opportunités qui s’offrent à nous pour apprendre.”



### **Sumaira Mazhar**

**McGill University**

“The best thing my preceptor taught me was to listen carefully to patients. It is a clinically valuable aspect of patient-centered care that also leads to improved patient-physician relationships.”



### **Marie-Jeanne Gauthier**

**Laval University**

“La meilleure chose que mon précepteur m’a apprise était de faire confiance à mes instincts.”



**Hilary Roberts**

**Dalhousie University**

"The best thing my preceptor taught me was how to acknowledge and accept uncertainty in medicine, both personally and with patients, alongside a commitment to continued learning. You cannot know everything there is to know in family medicine, but you can develop the skills to become an effective problem-solver."



**Kayla Viguers**

**Memorial University of Newfoundland**

## Family Medicine Resident Scholarships

The FAFM gratefully acknowledges Scotiabank and MD Financial Management's generous support of this award.



The best thing my preceptor taught me was ...



**Ana Boskovic**

University of British Columbia

"The best thing my preceptor taught me was to have a group of colleagues you can always turn to, to be an active member of the community of family physicians, and to be an outspoken advocate for our speciality."



**Linda Lam**

University of Alberta

"The best thing my preceptor taught me was to spend time on explanations, set expectations around treatment goals, and create boundaries on possible options. This clear communication up front allows for consistency that the patient-physician relationship is based on and creates a foundation for future interactions."



**Adam Neufeld**

University of Calgary

"The best thing my preceptor taught me was 'listen carefully to the patient because they will tell you the diagnosis.' In family medicine, where patients come in undifferentiated and we're all short on time, this idea is both timeless and invaluable."



### **Benjamin Roth**

**University of Saskatchewan**

"The best thing my preceptor ever taught me... find a chair and sit down when talking to your patient."



### **Jessica Sproule**

**University of Manitoba**

"The best thing my preceptor taught me was: Try to put yourself in your patient's shoes or try to ask questions which will pin down why they've come into clinic or your rural emergency department. What are they worried about? What do they think is going on? What were they hoping to get out of this encounter?"



### **Robert Taylor Rice**

**Western University**

"The best thing my preceptor taught me was ... both wellness and disease are perceived through the lens of lived experiences and that understanding patient's stories is paramount to practicing excellent primary care."



### **Edrea Khong**

**McMaster University**



**Shane Szalai**

Northern Ontario School of Medicine University



**David To**

University of Toronto

"The best thing my preceptor taught me was to discover and then pursue the opportunities in family medicine that excite me - there are countless experiences that I can explore across Canada and around the world!"



**Michael Kruse**

Queen's University

"To come away from every encounter knowing some personal, non-medical fact about the person, as this helps to humanize every patient encounter and maintain an empathic practice that centres the patient's story first and foremost in your evaluation."



**Elias Horner**

University of Ottawa

"The best thing my preceptor taught me was the importance of GBM. Everyone talks about evidence based medicine but GBM, or grandmother based medicine, is just as important. Treat your patients the way you'd want your grandmother treated."



**Anne Guimond**  
University of Sherbrooke

“La meilleure chose que mon précepteur m’a apprise est de ne jamais oublier le privilège que nous avons d’être au cœur de la vie de nos patients en ayant le courage de se remettre en question, d’apprendre, en ravivant notre passion et notre empathie tout au long de notre vie.”



**Samuel Giard**  
University of Montreal

“The best thing my preceptor taught me was that in order to give good care to others, you also have to take care of yourself.”



**Kelly Louise Hennegan**  
McGill University

“The best thing my preceptor taught me was ... the importance of humility. Being a family physician requires intellectual curiosity that spans all disciplines, comfort in navigating uncertainty, and, above all, a commitment to patient-centered care. As a recent graduate, I am humbled to be embarking on a career that is rooted in lifelong learning. This is particularly true within my role as an academic family physician, in which I regularly supervise medical trainees. Much as my own preceptors did, I strive to demonstrate clinical excellence through the practice of evidence-based medicine, while also recognizing my own limits when faced with clinical situations that I may not have previously encountered. These experiences make me feel grounded and remind me that I am privileged to work in the field of Family Medicine, a discipline where I grow as a clinician each and every day.”



**Antoine Mercier-Linteau**  
Laval University

“La meilleure chose que mon précepteur m’a appris a été :  
... de toutes les qualités, c’est l’empathie qui fera de toi le meilleur médecin.”



### **Melissa Power**

**Dalhousie University**

"The best thing my preceptor taught me was how to be a well-rounded, conscientious rural family physician by fostering a trusting relationship with our patients and the community as a whole."



### **Natasha Caroline Buckle**

**Memorial University of Newfoundland**

## CFPC Indigenous Medical Student Scholarship

The FAFM gratefully acknowledges Scotiabank and MD Financial Management's generous support of this award.



The best thing my preceptor taught me was ...



**Bobby McNair**

University of Manitoba

"It is inevitable that at some point in your career that you will make a mistake. You will make many mistakes. It is unrealistic to believe otherwise. Unfortunately, one of those mistakes may lead to a poor outcome for a patient. The best thing you can do in that situation is to be transparent, honest, and sincerely apologetic to the patient. Your duty from there is to learn from that mistake to ensure that it does not happen again."

### Previous recipients

**2021** – Sarah Douglas

**2020** – Jennifer Robinson

**2019** – Carly McLellan

## Indigenous Family Medicine Resident Scholarship

The FAFM gratefully acknowledges Scotiabank and MD Financial Management's generous support of this award. This award recognizes a top First Nations, Métis, or Inuit family medicine resident in Canada who has shown a commitment to a career in family medicine.



**The best thing my preceptor taught me was ...**



### **Alexa Lesperance**

**University of British Columbia**

"The best thing my preceptor taught me... was that imposter syndrome would no longer serve me and that I already had the tools, and inherent knowledge to support our communities because I became my own medicine."

### **Previous recipients**

**2021** – Kate Elliotn

**2020** – Rebekah Eatmon

**2019** – Ève Mailhot-Daye

## Val Rachlis Leadership in Family Medicine Award

This award is possible thanks to the generous support of the FAFM's Val Rachlis Endowment Fund. It acknowledges a senior family medicine resident who has demonstrated outstanding academic, research, and communication skills and is recognized as a future leader in family medicine.



### **Dr. Edrea Khong**

**Ajax, Ontario**

Dr. Edrea Khong possesses a long-standing passion for providing primary care. She recently graduated from McMaster University, completing the Grand Erie Six Nations residency program.

Her professional interests focus on providing full scope care for rural, remote, and Indigenous communities. Through remarkable mentorship and training, Dr. Khong has provided care to remote communities, focusing primarily on family medicine, obstetrics, and emergency medicine. Some of these remote communities include Inuvik, Nunavut, and Sioux Lookout, Ontario.

Dr. Khong has had the opportunity to learn culturally safe care practices through her strong relationships with Indigenous colleagues. Her ongoing collaboration with these colleagues serves to empower and educate Indigenous youth interested in health-related careers. She also engages in point-of-care ultrasound education courses both nationally and internationally.

With the firm belief that the trials and triumphs of family medicine know no bounds, Dr. Khong diligently continues practising. Whether providing prenatal care or comforting palliative patients, Dr. Edrea Khong is grateful for every unique opportunity she experiences and continues to approach challenges positively with her team.

## Jim Ruderman Academic Family Medicine Leadership Award

This award is possible thanks to the generous support of the FAFM's Jim Ruderman Fund. It recognizes an outstanding Canadian family physician academic who embodies those qualities that made its namesake such an outstanding leader: wisdom, equanimity, compassion, and the capacity to attract and mentor talented individuals and forge dynamic and productive teams.



### Dr. Marie-Frédéric Tremblay Chicoutimi, Quebec

Before starting her studies in medicine, Dr. Marie-Frédéric Tremblay worked as a nurse clinician in the emergency department at Hôtel-Dieu de Lévis from 2014 to 2016. Dr. Tremblay received her medical degree from the University of Montreal in 2020, where she also completed her family medicine. She is currently completing a third year of residency in the Enhanced Skills Program in Emergency Medicine at the University of Sherbrooke.

Having already been involved in medical teaching, Dr. Tremblay is now a clinical tutor for undergraduate courses at the University of Montreal and the University of Sherbrooke. While she was in medical school, Dr. Tremblay and a colleague designed a workshop for future family physicians that aims to develop their clinic management skills. Her project was presented at various research and medical education conferences and was the subject of many articles.

When one of her family members was diagnosed with primary progressive aphasia that developed into frontotemporal dementia, Dr. Tremblay and her fellow residents organized a community event to raise awareness in the public and among health care professionals about this disease. With the goal of raising money for research in the field, 34 participants cycled 300 kilometres in the city of Québec and raised more than \$18,000.

Dr. Tremblay's main areas of interest are the development of innovative educational activities, compassion, the well-being of physicians, and diversity within medical organizations. She has also sat on different committees as a resident representative to advocate for their interests and educational needs.

Dr. Tremblay has a real passion for family medicine. She considers this discipline to be a front-line specialty that offers an opportunity to form a unique bond with patients going through difficult times. She feels privileged to be able to accompany and support them during critical periods in their lives.

## Ian McWhinney Family Medicine Education Award

This award is possible thanks to the generous support of the FAFM's Ian McWhinney Endowment Fund. It honours excellence in family medicine education and is presented to a teacher of family medicine deemed by their peers to have made a unique and innovative contribution to family medicine education in Canada.



### **Dr. David Tannenbaum**

**Toronto, Ontario**

Dr. David Tannenbaum is an associate professor in the Department of Family and Community Medicine (DFCM) in the Temerty Faculty of Medicine at the University of Toronto (U of T). He received his medical degree from McGill University in 1977 and completed residency training in family medicine at McGill University and at the Medical University of South Carolina.

A former president of the Ontario College of Family Physicians (2012), Dr. Tannenbaum has enjoyed practising comprehensive family medicine at Mount Sinai Hospital in Toronto for 39 years. He has also taught residents and medical students in the Granovsky Gluskin Family Medicine Centre and held several senior leadership positions in the DCFM. Currently the Director of Postgraduate Education, Deputy Department Chair and Vice Chair Operations, Dr. Tannenbaum served as Interim Chair of the Department during the COVID-19 pandemic.

Dr. Tannenbaum is the recipient of several awards for excellence in medical education. His academic interests include innovation in curriculum design and implementation. In collaboration with colleagues, Dr. Tannenbaum created the horizontal curriculum in family medicine residency at Mount Sinai hospital and an integrated three-year family medicine residency at the U of T. He also chaired the CFPC Working Group on Postgraduate Curriculum Review that developed the Triple C Competency-Based Curriculum.



## About the Foundation for Advancing Family Medicine

The Honours and Awards Program is made possible by the FAFM with your support.

The FAFM is committed to supporting a vital and vibrant future for family medicine by providing funding for research projects, educational initiatives, and the Honours and Awards Program. The FAFM's programs support CFPC members with research grants, scholarships, and funding to attend the CFPC's annual Family Medicine Forum and they celebrate the achievements of clinicians, educators, researchers, family medicine residents, and students.

Join the family medicine donor community and help advance family medicine with your generosity. Your donation to the FAFM matters!

To donate to the FAFM, please follow the links shared during the event or visit <https://fafm.cfpc.ca/>.

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