

THE COLLEGE OF
FAMILY PHYSICIANS
OF CANADA



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU CANADA

Foundation for
Advancing
Family Medicine

Fondation pour
l'avancement de la
médecine familiale

Awards Gala 2022

Celebrating Excellence in Family Medicine



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Message from

Lawrence Loh, MD, MPH, CCFP, FCFP, FRCPC, FACPM
Executive Director and Chief Executive Officer,
CFPC, FAFM



Change is an Opportunity

It's impossible to fully capture the pride and excitement I feel as we gather at Family Medicine Forum 2022 to celebrate the 2022 family medicine awards. As we emerge from the arduousness and darkness of the past two years of the COVID-19 pandemic, we must now set our sights on advancing positive and lasting change through innovation in family medicine.

In these early days of my tenure as your new Chief Executive Officer, I've been reminded of how much we have achieved both as family physicians and as members of the College of Family Physicians of Canada™ (CFPC). I've also learned first-hand of the sacrifices and immense toll that this exemplary work has exerted on all of us. There is no question that the Canadian health care system is battling tremendous upheaval and uncertainty as we struggle to move forward.

During these times I want you to know that the CFPC, as always, remains committed to doing all we can to support our members while calling attention to the needs of family medicine across Canada. The College commends and continues to support your resilience, commitment, and determination throughout the COVID-19 crisis. We know that it is these qualities that define family medicine, and we are committed to drawing attention to what has been left unspoken for too long.

Now, more than ever, family physicians must be heard.

This year we gather to celebrate your successes and the family medicine leaders of 2022. This celebration is

about you, your practice, and the steadfast leadership you continue to demonstrate. Thank you for standing by your patients and communities, while providing care and hope for Canadians.

The recognition of your remarkable work would not be possible without the Foundation for Advancing Family Medicine (FAFM)'s unwavering focus on philanthropic efforts. Every dollar the FAFM raises advances family medicine, which includes supporting excellence in education, research, and community-focused care. This evening is possible thanks to the generosity of individuals like you, who understand and appreciate the immense contributions family physicians make to the health and well-being of everyone in Canada.

I want to thank the CFPC Board, the FAFM Board, and the FAFM's various donors, award committees, and stakeholders who devoted their time and energy to making the Awards Gala possible.

Finally, as 2023 approaches, I look forward to continuing to share with and grow the myriad efforts of the College to raise the profile of family medicine, provide leadership in the health care system, and—with our partners—improve the health and well-being of Canadians from coast to coast to coast.

We have much work to do and I want to assure you that the CFPC will continue to support you, as you support your patients and their families.

Once more, congratulations to our award recipients for championing family medicine across Canada.



Message from

Tom Berekoff, M.A., CFRE

Chair, Board of the Foundation for Advancing Family Medicine



Looking Forward

This year we welcome the return to an in-person Family Medicine Forum after two years of virtual gatherings. With this return, we are delighted to host the Foundation for Advancing Family Medicine (FAFM)'s celebration of outstanding achievements and leadership in family medicine. This celebration honours CFPC members who have distinguished themselves in family medicine in 2022 and throughout their careers.

You have demonstrated your mastery of the discipline and an unparalleled commitment to your patient communities beyond the call of duty. Whether strengthening the delivery of primary care in rural settings, advocating against health inequities, or inspiring your fellow family doctors, all of you represent the best in the field of family medicine.

The FAFM is uniquely positioned to provide support, educational opportunities, and recognition to emerging and established family medicine

leaders. Know that we do not take this responsibility lightly—the FAFM board, staff, CFPC colleagues, leadership, and many volunteer contributors work diligently to support family medicine advancement across Canada.

A sincere thank you to our donors, partners, and corporate sponsors for your generosity. It is only with your support that we can continue our work and celebrate the achievements of the family medicine leaders that have gathered here. I also extend my gratitude to our dedicated Board Directors and committee volunteers, whose thoughtful guidance continues to light the way for the FAFM to advance family medicine.

Please enjoy this moment of celebration and recognition of your resilience, dedication, and leadership in family medicine. The FAFM proudly supports you—the family physicians of today and tomorrow—in your pursuit of excellence in patient care, teaching, and research.

CFPC Early Career Development Awards

The FAFM gratefully acknowledges the generous contribution from TD Insurance in support of the CFPC Early Career Development Awards.

These awards recognize new family physician leaders of tomorrow for their outstanding contributions today. Nominees for this award are CFPC members who have been in active practice for five years or less.

Previous recipients

2021

Dr. Clark Svrcek
Calgary, Alberta

Dr. Navid Zahedi Niaki
Montreal, Quebec

2020

Dr. Kimberly Lazare
Toronto, Ontario

Dr. Nicole Stockley
Conception Bay South, Newfoundland and Labrador

2019

Dr. Stephane Lenoski
Winnipeg, Manitoba

Dr. Julien Quinty
Lévis, Quebec



Dr. Brian Chang
Toronto Ontario

"I love family medicine because it gives me the unique opportunity to work with underserved and vulnerable population in both in-patient and outpatient settings. I find it rewarding to combine in-patient and outpatient practice experiences and help marginalized patients navigate a complex health care system."

Fostered by a love of family medicine, Dr. Brian Chang obtained his medical degree from the University of Alberta in 2017 and completed his residency at the University of Toronto in 2020.

Upon completing residency, Dr. Chang began working as a hospitalist with the Centre for Addiction and Mental Health (CAMH) to provide care to in-patients with severe mental illness, while also working with outpatient addiction clinics providing care to patients suffering from substance use disorders. He has been a clinical lecturer at the University of Toronto since November 2021.

Dr. Chang co-leads a quality improvement project seeking to improve colorectal cancer screening in long-stay in-patients at CAMH in the hopes of improving preventive health in in-patients with severe mental illness. This project—in collaboration with University Health Network, Sunnybrook Academic Family Health Team, and CAMH Physician-in-Chief Dr. Vicky Stergiopoulos—received a Canadian Institutes of Health Research grant to support the scaling of cancer screening across mental health organizations in Canada.

Over the course of the COVID-19 pandemic, Dr. Chang has worked extensively in vaccine clinics. In December 2021, he was nominated for a national Pandemic Heroes Award for his work with severely trypanophobic (fear of needles) patients with whom he uses a combination of motivational interviewing, cognitive behavioural therapy, and exposure therapy.

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Dr. Rita Hafizi
Ottawa, Ontario

"I have a passion for teaching, working directly with students and residents is the most rewarding aspect of my career."

With an early appetite for success in medicine, Dr. Rita Hafizi started her medical education in 2011 after obtaining her bachelor's degree in health sciences, with honours, from the University of Ottawa, where she then began her doctorate of medicine.

After completing her medical doctorate in 2015 Dr. Hafizi was elected Chief Resident at the Bruyère Academic Family Health Team at the University of Ottawa. She has acquired a wealth of experience in family medicine, enabling her to successfully practise as an academic family physician.

As an active member of the teaching faculty at the Department of Family Medicine, Dr. Hafizi mentors both undergraduate and postgraduate medical students and residents.

In 2021 she was awarded the Undergraduate Educator of the Year for her outstanding preceptorship and valuable contributions to medical education.

Whether she is mentoring her peers or fulfilling her role of clerkship rotation director for family medicine, Dr. Hafizi's dedication to family medicine education is unwavering.

CFPC Environmental Health Award

The FAFM gratefully acknowledges the generous contribution from TD Insurance in support of the CFPC Environmental Health Award.

This award is presented in collaboration with the Canadian Association of Physicians for the Environment (CAPE) and the Canadian Health and Environment Education and Research Foundation (CHEER). It is presented to a family physician or family medicine resident who is a member of the CFPC and has demonstrated leadership in environmental health.

Previous recipients

2021

Dr. Sonja Wicklum
Calgary, Alberta

2020

Dr. Itua Iriogbe
Camrose, Alberta

2019

Dr. Larry Barzelai
Vancouver, British Columbia



Dr. Samantha Green
Toronto, Ontario

"Family medicine paired with teaching and advocacy is the most rewarding career I can imagine. Developing and holding relationships with our patients and seeing the tangible benefits of our interventions day-to-day is a privilege I hold dear."

Dr. Samantha Green has a passion for sustainable and planetary health. She received her medical degree from the University of Ottawa and trained in family medicine at McMaster University. In 2014 she started working with the St. Michael's Hospital Academic Family Health Team (AFHT) and at Inner City Health Associates. Her clinical work focuses on care of marginalized populations, including people experiencing homelessness and newcomers.

An assistant professor and faculty lead in Climate Change and Health at the University of Toronto (U of T)'s Department of Family & Community Medicine, Dr. Green works to integrate planetary health into undergraduate and postgraduate medical education. She does this both at the U of T and across Canada through initiatives at the Association of Faculties of Medicine of Canada and Royal College of Physicians and Surgeons of Canada.

She has also collaborated with the Centre for Sustainable Health Systems and CASCADES on a local sustainable inhaler project, a project now being applied nationally. Additionally, she has collaborated with teachers and researchers from across U of T on planetary health research and knowledge translation.

As a key member of the St. Michael's AFHT Green Team Dr. Green is directly involved in planetary health advocacy in her clinic. She is also active, both provincially and nationally, as a member of the Ontario regional committee of the Canadian Association of Physicians for the Environment and co-founder of Doctors for Safe Cycling.

Mimi Divinsky Award for History and Narrative in Family Medicine

This award is named in memory of Dr. Mimi Divinsky for her role as an early leader in narrative medicine in Canada. It recognizes the best narrative account of experiences in family medicine.

Previous recipients

2021

Dr. Peter Newman
Toronto, Ontario

2020

Dr. Jordan Pelc
Toronto, Ontario

2019

Dr. Anjali Bhayana
Toronto, Ontario



Dr. Rory O'Sullivan
Toronto, Ontario

From a young age, Dr. Rory O'Sullivan possessed a strong interest in journalism and creative writing. Prior to completing the Foundation Year Program in literature and philosophy at the University of King's College, Dr. O'Sullivan worked as a reporter for the Irish Medical Times.

Following the call to pursue a career in medicine, Dr. O'Sullivan began his journey at Queen's University, obtaining his medical doctorate in 2010. Over the next few years, he completed a family medicine residency at McMaster University and an emergency medicine residency at McGill University.

Throughout his career Dr. O'Sullivan has worked in various clinical settings, including rural emergency rooms and hospital inpatient units.

Having a deep-rooted passion for Indigenous health and the care of vulnerable groups, Dr. O'Sullivan also received the opportunity to serve as the community physician for the Poplar Hill First Nation in northwestern Ontario for two years.

Since 2017 he has excelled as a staff physician at the Toronto Western Family Health Team, and as a clinical lecturer at the University of Toronto's Temerty Faculty of Medicine.

From his narrative accomplishments to caring for various families and their health, Dr. O'Sullivan is an integral part the Canadian medical community.

Calvin L. Gutkin Family Medicine Ambassador Awards

The FAFM gratefully acknowledges the generous support of donors including the family, friends, and colleagues of Dr. Gutkin to its Calvin L. Gutkin Endowment Fund.

This award recognizes a dynamic leader in Canadian family medicine, distinguished by their vision, innovation, and ability to build effective relationships with national and international organizations to positively influence the ever-changing roles of family physicians and family medicine in Canada.

Previous recipients

2021

Dr. Darlene Kitty
Chisasibi, Quebec

2020

Dr. Catherine Cook
Winnipeg, Manitoba

2019

Dr. David Snadden
Prince George, British Columbia



Dr. Maxine Dumas Pilon
Montreal, Quebec

After completing her family medicine residency in 2005, Dr. Maxine Dumas Pilon completed an enhanced skills program in maternal and child health at McGill University. She practised and taught at St. Mary's Hospital for 15 years before co-founding Clinique Indigo, where she currently practises. She has also been an associate professor in the Department of Family Medicine at McGill University since 2014.

In addition to her teaching duties, Dr. Dumas Pilon has conducted many studies on perinatology, access to care, and innovation with different branches of the Quebec Ministry of Health and Social Services (MSSS), the Canadian Foundation for Healthcare Improvement (CFHI), and the Quebec College of Family Physicians (QCFP), of which she was president from 2014 to 2017.

Dr. Dumas Pilon also initiated the eConsult project in Quebec. This led her to her current position as medical advisor for the MSSS, where she is responsible for files relating to access and digitization. She has long taken part in numerous research projects.

Since 2016 she has been chair of the Scientific Committee of the QCFP Symposium on Innovation. This event, which was inspired by the TV show "Dragons' Den," brings together clinical leaders, innovators, and key stakeholders to promote the diffusion of made-in-Quebec innovations in family medicine on a larger scale.

Dr. Dumas Pilon received the Royal College Award for Early-Career Leadership in 2011 and the CFPC's Nadine St-Pierre Award in 2003.

She has a keen interest in bioethics, her first field of study, and particularly in issues surrounding the allocation of resources and the relationship between medicine and death. She believes that family medicine has a positive impact on the health of individuals and communities. Being able to accompany so many individuals on their journey through life is a great privilege for her. Dr. Dumas Pilon and her husband are also the proud parents of three children whom they adore.

Jean-Pierre Despins Award

The award is named in memory of Dr. Jean-Pierre Despins, a former CFPC president (1995–1996) and chair of the FAFM Board (1999–2000). It honours a CFPC family physician member identified as an outstanding advocate and public spokesperson for family medicine, family physicians, and patients.

Previous recipients

2021

Dr. David Gass
Halifax, Nova Scotia

2020

Dr. Michael Kirlew
Moose Factory, Ontario

2019

Dr. Gary Bloch
Toronto, Ontario



Dr. Stuart Iglesias
Parry Sound, Ontario

“The historical definition of primary care, where procedural care is owned exclusively by the specialties, has negatively impacted rural Canada, where there are few specialists. Without local surgery programs, rural emergency, trauma, and maternity services, are not sustainable.”

A rural family physician working to bring evidence and advocacy to the paradigm that rural primary care requires family physicians be trained and supported with anesthesia, surgery, and operative delivery skills. This best described Dr. Iglesias’ role as a champion in family medicine.

Dr. Iglesias received his medical degree in 1979 at the University of Toronto. He then undertook a rotating internship at the Toronto East General Hospital, followed by six months of anesthesia and surgery training. He spent the next 38 years working as a full practice authority and emergency surgical skills rural family physician in Hinton, Alberta, and both Gibsons and Bella Bella in British Columbia. He was also a driver in elevating the Enhanced and Obstetrical Surgical Skills training programs to Category 1 with a Certificate of Added Competence.

Dr. Iglesias has published over 30 peer reviewed papers. Some of his pieces include: the Joint Position Papers – Rural Maternity Care (1998); Training Family Physician’s in Cesarean Section (1999); Anesthesia (2000); Rural Surgery and Operative Delivery (2015); and Consensus Statement on Networks for High Quality Care in Rural Anesthesia, Surgery, and Obstetrics (2021).

Donald I. Rice Award

The Donald I. Rice Award is named in memory of Dr. Donald I. Rice, Executive Director of the CFPC from 1965 to 1985. This award recognizes an outstanding CFPC family physician member for their contributions to teaching and leadership in the discipline of family medicine.

Previous recipients

2020

Dr. Antoine Boivin
Montreal, Quebec

2018

Dr. Derelie Mangin
Hamilton, Ontario

2016

Dr. Douglas Myhre
Calgary, Alberta



Dr. Kannin Osei-Tutu
Calgary, Alberta

"Family medicine affords me the privilege of impacting patients in a meaningful way through empowerment with tools and strategies to enable them to be the healthiest and best versions of themselves."

A leader in equity, diversity, inclusion, and wellness at the local, provincial, and national levels, Dr. Kannin Osei-Tutu serves as a family physician in Calgary, Alberta. Dr. Osei-Tutu works in acute care inpatient medicine caring for patients with diseases related to socio-political inequity and marginalization.

In addition to his role as a family physician, Dr. Osei-Tutu serves as the founder and President of the Black Physicians' Association of Alberta (BPAA), an executive member of the Black Physicians of Canada, and the national Chair of the Royal College Accreditation Working Group to Address Anti-Black Racism in postgraduate medical education.

Finally, Dr. Osei-Tutu's emerging research program seeks to reconceptualize compassion in an inclusive way while developing digital technology and artificial intelligence tools to promote equity in health outcomes.



2022 Canada's Family Physicians of the Year

Reg L. Perkin Awards

The FAFM gratefully acknowledges the generous contributions of Scotiabank and MD Financial Management in support of Canada's Family Physicians of the Year.

Since 1972 the CFPC has honoured family doctor members who exemplify excellence in the guiding principles of family medicine. In 1996 the award became known as the Reg L. Perkin Awards in honour of Dr. Perkin, who was the CFPC's executive director from 1985 to 1996.

The awards are presented to 11 outstanding family physicians—one from each province and one for the territories—during the annual Family Medicine Forum. Canada's Family Physicians of the Year are nominated by their health care colleagues, community leaders, and provincial Chapters of the CFPC for providing exceptional care to their patients, making meaningful contributions to the health and well-being of their communities, and dedicating themselves as researchers and as educators of future generations of family doctors.



Dr. Karin Kausky
Whistler, British-Columbia

The medical lead for the Canadian National Ski & Snowboard Cross Team, Dr. Karin Kausky has worked as a full-service family physician in Whistler, British Columbia, since 1993. Dr. Kausky's responsibilities to her patients extend beyond "cradle to grave," and reach out to other members of her patients' families.

By helping found Whistler 360 Healthcare Collaborative Society (Whistler 360), a local non-profit, Dr. Kausky is reimagining primary care and how it is delivered and supported in her community. From her advocacy initiatives linking her Whistler community with greater health services in Vancouver, to her work as a board member of Sea To Sky, where she represented the family physicians. Her dedication and commitment to full service longitudinal care in her community is remarkable.

In 2021 Dr. Kausky became a founding director of Whistler 360 Health Collaborative Society. In her role with Whistler 360, she has been a key aspect of aligning community groups with the vision of a primary care centre. Dr. Kausky also delivered an extraordinary TEDx talk last year elucidating the power of social prescription and demonstrating how It takes a village to manage COVID-19.

Whistler is fortunate to have an exemplary family physician like Dr. Karin Kausky in its community.



Dr. Marjan Abbasi
Edmonton, Alberta

Dr. Marjan Abbasi obtained her medical degree from Tehran University in Iran. After moving to Canada, she completed the Family Medicine Residency Program and received the Care of Elderly Diploma at the University of Alberta in 2006.

Dr. Abbasi holds a Certificate of Added Competency in the Care of the Elderly and is currently the site lead for the geriatric program at the Misericordia Community Hospital in Edmonton. She also teaches as an associate clinical professor in the Department of Family Medicine at the University of Alberta.

Throughout her career in medicine, Dr. Abbasi has focused on the care of seniors with frailty in various settings. Over the years she has acquired a greater understanding of the needs of vulnerable patients with frailty. This has aided her in creating and implementing several programs to respond to the unmet needs of this population, including the Geriatric Evaluation and Management (GEM) program. In 2014 she received the Physician Innovator of the Year Award from the Edmonton Zone Medical Association for her work with the program.

Dr. Abbasi is the co-founder of the Senior Community Hub (SCH) program, an integrated primary care model that supports family physicians in identifying, assessing, and managing older adults living with frailty in the community. The SCH builds on the principles of the patient-centred medical home to transform primary care into a central hub. This allows for better management of the emotional health and social care needs of complex older adults and their caregivers. In 2018 the SCH was awarded the Top Frailty Innovation of the Year by the Canadian Frailty Network.

Dr. Marjan Abbasi continues to enjoy building long-term trusted relationships with her patients, their circle of support, and the care team to improve their quality of life and wellness.



Dr. Razawa Maroof
Regina, Saskatchewan

From an early age, Dr. Razawa Maroof dreamed of becoming a doctor. This dream came true in 1986, when she received her medical degree from the University of Salaheddin. She then went on to pursue a residency in obstetrics and gynecology, obtaining her diploma from the University of Baghdad in 1995.

Due to ongoing turmoil in her birth country, she immigrated to Canada as a refugee. In 2002 Dr. Maroof was awarded Certification in the College of Family Physicians of Canada (CCFP) and then awarded Fellowship in the College of Family Physicians (FCFP) in 2013.

As a single parent adapting to a new culture and lifestyle, life was initially difficult for Dr. Maroof. But in time, she was able to build a group of friends and colleagues and started her practice at the Regina Community Clinic. She currently works at the same clinic alongside a team of talented and kind-hearted physicians, staff, and nurses.

Starting in 2019 Dr. Maroof began also practising at the Chronic Pain Clinic, treating patients who deal with chronic pain and opioid use disorder. During this time she acquired training and certification to use neuromodulators. This allows her to treat migraine headaches and temporomandibular joint (TMJ) dysfunction. Given her triumphs and experiences a considerable number of Dr. Maroof's patients consist of immigrants, women, and refugees.

At the Regina Community Clinic Dr. Maroof is the physician lead for the Refugee Health Committee. She frequently gives refugee health lectures to family medicine and psychiatry residents. As a volunteer mentor, she participated every Saturday between 2010 and 2013 in the SEARCH program for medical, pharmacy, and social work students to help better the lives of the people in her community.

Dr. Maroof was the clinical assistant professor at the University of Saskatchewan, between 2006 and 2013, and was appointed associate professor in 2015. She primarily teaches clinical skills, advanced communication skills, and general medicine.

Kindness, professionalism, mentorship, and family are the cornerstones that make up Dr. Razawa Maroof—her dedication to these four ideals is what drives her.



Dr. Myron Thiessen
Steinbach, Manitoba

A caring soul with an innate drive to support patients through the difficult times of their lives, Dr. Myron Thiessen is a central figure in Manitoba's health care landscape. Shortly after obtaining his medical doctorate from the University of Manitoba Faculty of Medicine, Dr. Thiessen joined the Steinbach Family Medical Clinic where he practised until 2008. At this point he was presented with the opportunity to join his local regional health authority as the vice-president of medical services. Motivated by the opportunity to improve health outcomes for his community Dr. Thiessen accepted the role.

As vice-president Dr. Thiessen led the restructuring of the Interlake-Eastern Regional Health Authority's primary care program and the development of a medical leadership structure in the region, including the creation of a family medicine lead—the first of its kind in the province. All of this was accomplished while also enhancing collaboration between physicians within the region to promote physician well-being. During this time, he also served on several missions to locations including Peru, Haiti, Rwanda, and El Salvador.

During his tenure at the Interlake-Eastern Regional Health Authority, Dr. Thiessen achieved his Canadian Certified Physician Executive designation, one of only a handful of physicians in Manitoba who have achieved this Canadian Medical Association designation.

After 12 years serving his regional health authority and supporting various international missions, Dr. Thiessen has retired from his position and now works as a primary care physician in Vita, Manitoba.



Dr. Anjali Oberai
Wawa, Ontario

Dr. Anjali Oberai received her undergraduate medical degree from the University of Ottawa in 1993 and shortly after completed her family medicine residency at the University of Calgary.

In 1998 in Wawa, Ontario, Dr. Anjali Oberai began practice as a rural generalist with a keen interest in exercise stress testing and antimicrobial stewardship in a rural setting. Before 1998 Dr. Oberai was a locum physician in rural Alberta, Ontario, and what is now Nunavut. Through her interest in antimicrobial stewardship, she has taken on the co-chair role at Public Health Ontario (PHO)'s Antibiotic Stewardship Advisory Committee. This promotes antimicrobial stewardship as an effective strategy for reducing inappropriate and excessive antimicrobial use while improving and optimizing antimicrobial therapy and patient clinical outcomes.

During the Northern Ontario School of Medicine (NOSM) University's recent Northern Constellations conference, Dr. Oberai was honoured with the Community Champion Award. This accolade highlighted her active involvement in NOSM University teaching undergraduate and postgraduate learners and her contributions as co-section chair for family medicine.

Dr. Oberai had many inspiring mentors and colleagues along the way, particularly when she first moved to Wawa, who encouraged and supported her in practising full-scope medicine. Dr. Oberai and her husband raised two incredible children in Wawa, and she is grateful to call Wawa her home. Her service to her community spans over 25 years, and for this great milestone she was honoured with the Society of Rural Physicians' Long Service Award. Outside work, Dr. Oberai loves exploring the outdoors and enjoying the best of rural life.



Dr. Gilles Brousseau
Gatineau, Quebec

After receiving his medical degree from the University of Montreal in 1982, Dr. Gilles Brousseau completed his postgraduate training at the Centre hospitalier de Verdun (Verdun Hospital) before settling in Gatineau, where he has been practising family medicine since 1983.

Until September 2016 he was part of the medical team at the Saint-Alexandre Family Medicine Group and also worked in the emergency room and with hospital patients. Dr. Brousseau is particularly interested in computerization and was involved in studying and developing electronic medical records, serving on several expert committees.

Dr. Brousseau was appointed assistant professor at McGill University in 1990 and has been heavily involved in the clinical teaching of medical students and family medicine residents for many years. In his role as assistant dean of medical education for the Outaouais Region, Dr. Brousseau led the McGill University Faculty of Medicine and Health Sciences' Campus Outaouais project, where programs are offered entirely in French. He also oversaw the development of the integrated clerkship program in Gatineau, which has been highly successful since its launch in 2010. Under his leadership, the Gatineau family medicine unit underwent significant expansion from 1990 to 2007 and is now one of McGill University's most active affiliated teaching sites outside of Montreal. In 2014 Dr. Brousseau was awarded the MSW Excellence in the Learning Environment Award, an honour bestowed by his students at McGill.

Dr. Brousseau believes that family medicine is a specialty that ensures that patients of all ages receive comprehensive care by leveraging a vast array of knowledge, skills, and competencies in many fields. He views empathy, the ability to listen, the provision of support, decision support, and clinical pertinence as values that characterize a good family physician.



Dr. Chantal Arseneault
Dieppe, New Brunswick

Originally from Dieppe, Dr. Chantal Arseneault completed her family medicine residency at Laval University in 1990. Through the years, she has been in private practice and has also practised in the emergency department and as a hospitalist at the Dr. Georges-L.-Dumont University Hospital Centre (DGLDUHC).

She was a clinical professor of psychiatry at the University of Sherbrooke's Centre de formation médicale du Nouveau-Brunswick (New Brunswick Centre for Medical Education) and even acted in an educational film depicting personality disorders. In addition, she lectured on osteoporosis and mental health, was a health commentator for "Les Éclaireurs" on CBC/Radio-Canada, hosted meetings with authors at Moncton's Frye Festival (the largest literary event in Atlantic Canada), and chaired the DGLDUHC physicians' Public Relations Committee. She also founded and directed the DGLDUHC physicians' choir.

Dr. Arseneault is passionate about music and was the singer-songwriter of the art-jazz-pop album "Une virgule," which she recorded in 2014. Now at the beginning of her last years in private practice, Dr. Arseneault continues to cultivate a passion for the therapeutic relationship with her patients. In addition, she avoids drowning in the bureaucracy that was made all the more apparent by the pandemic by "choosing wisely" to practise resilience, creativity, and gratitude.



Dr. Amer Ahmad
Windsor, Nova Scotia

Whether it was his mother or relatives on his father's side, Dr. Amer Ahmad's family was never short on thriving doctors. He especially admired his mother's ability to dedicate time to her family while having a successful medical career. Influenced by his dedicated family, Dr. Ahmad went on to study medicine, completing his doctorate at Dalhousie University in 1989.

Over the past 30 years, Dr. Ahmad's career has consisted of both clinical and emergency medicine experiences. He provides comprehensive medical care to all ages, from newborns to seniors, and has been an advocate for his patients and community.

Demonstrating a commitment to improving our emergency services in times of crisis, Dr. Ahmad has worked to minimize disruptions caused by the shortage of medical staff across the country. With the current deficits in primary care, emergency rooms are severely overwhelmed. His extensive experience in this care area allows Dr. Ahmad the opportunity to help the patients with their comprehensive medical needs.

Dr. Ahmad has voiced his support of walk-in clinics and their ability to provide much-needed medical care, especially to those without family physicians and with complex medical problems. These clinics are helping reduce some of the emergency room burdens and allowing patients to access medical care in a health care system in crisis. Dr. Ahmad continues to emphasize the importance of these clinics and the opportunities they provide for increased collaboration with allied health care providers.

Family medicine has provided Dr. Ahmad with a broad scope of practice across various clinical settings. Whether it be caring for patients throughout their lifetime or providing acute care to those in need, Dr. Ahmad advances his family's legacy.



Dr. Ronald Nicholson
Summerside, Prince Edward Island

Dr. Ronald Nicholson has been practising family medicine for 46 years, beginning his career at Summerside Medical Centre and the Prince County Hospital in 1976. He has worked at a family practice that specializes in low-risk obstetrical care, surgical assistance, emergency room coverage, and mental health and addiction. Dr. Nicholson has also taught as an assistant professor in the Department of Family Medicine at Dalhousie University.

Possessing a deep-rooted understanding of individual life situations and a desire to help people through family medicine, Dr. Nicholson trusted that family medicine would provide him with opportunities to assist people in various stages of their lives and to build meaningful connections.

Dr. Nicholson remains committed to family medicine through his passion for supporting his patients throughout their lives. He believes family medicine offers the opportunity to build connections and it gives him a deeper understanding of his patients' unique life experiences.

In 2014 he received the Dr. Thomas Moore Award for displaying dedication and achievement throughout his medical career. The award highlights his professionalism, expertise, and commitment to family medicine practice in Prince Edward Island.



Dr. Jared Butler

Grand Falls-Windsor, Newfoundland and Labrador

Dr. Jared Butler has always regarded family medicine as the heart of health care in Canada. Being raised with values that instilled the importance of giving back to others, he envisioned a life in family medicine that would provide him with opportunities to care for patients in his community. In 2008 he obtained a degree in medicine from Trinity College Dublin, then completed his family medicine residency program at Memorial University of Newfoundland, graduating in 2010.

Throughout his career, Dr. Butler has aimed to divide his professional time between his sports and family medicine practices and his responsibilities as a physician. He has worked as the medical liaison for Ball Hockey Canada and Basketball Newfoundland & Labrador, the Grand Falls-Windsor Minor Hockey's medical director, and as vice president and chief medical officer for Hockey NL.

In 2017 Dr. Butler received the Award of Excellence from the Newfoundland and Labrador College of Family Physicians. He chairs the palliative care committee that developed standing orders and policies around palliative care, and cherishes the award highlighting his work in this area. His most recent undertaking is the launch of the Holdfast Foundation in memory of his late parents and brother. This foundation endeavours to improve and inspire the lives of children in the community.

Acknowledging the community for shaping him into the doctor he is today, Dr. Jared Butler leads his professional practices to give back to his peers and his community by providing high-quality, high-impact care.



Dr. David Pontin
Yellowknife, Northwest Territories

From a young age, Dr. David Pontin loved family medicine for its capacity to reach beyond his community. This made him want to practise medicine in rural areas to help those in need. He completed his medical training at the University of British Columbia and residency training at Dalhousie University. In 2005 Dr. Pontin worked as a rural emergency doctor in eastern Canada for a year and then returned to British Columbia for more training.

Dr. Pontin spent the first 12 years of his career in Yellowknife as a family doctor practising emergency care and later transitioned to practising full-time family care. He now teaches as an assistant professor at the University of Alberta and is the site director of the university's Yellowknife Residency Training Site.

In July 2020 Yellowknife became a full-time learning site. Dr. Pontin actively endorsed this initiative, which was almost 10 years in the making. He also led a residency program in Yellowknife to address challenges the territory faces to recruiting and retaining family physicians and other specialists. The program involved a partnership between Northwest Territories health and social services authorities and the University of Alberta Department of Family Medicine.

This year, with support from PracticeNWT and in partnership with PEER (Patients, Experience, Evidence, Research), Dr. Pontin co-founded the PEER North Conference. The conference aimed to provide a culturally relevant northern educational forum to connect and strengthen relationships among northern health care providers around current, evidence-based, primary care topics of interest.

Dr. David Pontin continues to drive efforts toward providing high-quality health care to northern Canada and bringing evidence-based care to all northern patients.

Honours and Awards Program 2022 Recipients

Awards of Excellence

British Columbia

Dr. Sasha Langille-Rowe, Terrace
Dr. Marylu Loewen, Abbotsford
Dr. Linda Jane O'Neill, Kelowna
Dr. Allison Ferg, Victoria
Dr. Jacobus Strydom, Terrace
Dr. Anis Lakha, West Vancouver
Dr. Kimberley Chang, Nanaimo
Dr. Ramita Verma, Victoria
Dr. Romita Moradi, North Vancouver
Dr. Hannah Gibson, Kelowna
Dr. Emma Jackson, Victoria

Alberta

Dr. Karen Brunner, Didsbury
Dr. Akolisa Anyaduba, Red Deer
Dr. Jovita Ojadi, Red Deer
Dr. Paul Naude, Lloydminster

Saskatchewan

Dr. Erin Beresh, Melfort

Manitoba

Dr. Camisha Mayes, Lassalle
Dr. Lisa Monkman, Winnipeg

Ontario

Dr. Noah Overs, Toronto
Dr. Susan Coish, Toronto
Dr. Doug Gruner, Ottawa
Dr. Amit Arya, Mississauga
Dr. Nili Kaplan-Myrth, Ottawa

Dr. Tali Bogler, Toronto
Dr. Danny Yeung, North York
Dr. Kerry C. Beal, Burlington
Dr. Yasir Hasin Khan, Whitby
Dr. Shivajan Sivapalan, Toronto
Dr. Ammar Rashid, Kingston
Dr. Erin Bearss, Toronto
Dr. Risa Bordman, Toronto
Dr. Magbule Doko, Windsor
Dr. Mohammed Alarakhia, Kitchener
Dr. Steven Zizzo, Hamilton
Dr. Dominik Alex Nowak, Toronto

Quebec

Dr. Chantal D'Aoust-Bernard, Gatineau
Dr. Vanessa Pasztor, Cote Saint Luc
Dr. Goldie Marmor, Hampstead

New Brunswick

Dr. Francois D. Swart, Strathadam

Nova Scotia

Dr. Murdo E. R. Ferguson, Truro
Dr. Brent Michael Young, Dartmouth
Dr. Cynthia A. Forbes, Waverley

Prince Edward Island

Dr. Shannon Curtis, Charlottetown
Dr. Nadine Arseneault-Samson, Summerside
Dr. Michele Murray, Charlottetown

Newfoundland and Labrador

Dr. Desmond Whalen, Grand Falls-Windsor, NL
Dr. Lynette M. Power, Burin Bay Arm, NL

Calvin L. Gutkin Family Medicine Ambassador Award

Dr. Maxine Dumas Pilon, Montreal, Quebec

Canada's Family Physicians of the Year/ Reg L. Perkin Awards

Dr. Ronald D. Nicholson, Prince Edward Island

Dr. Myron Thiessen, Manitoba

Dr. Jared Butler, Newfoundland and Labrador

Dr. Anjali Oberai, Ontario

Dr. Amer Ahmad, Nova Scotia

Dr. Gilles Brosseau, Quebec

Dr. Razawa Maroof, Saskatchewan

Dr. Karin Kausky, British Columbia

Dr. Chantal Arsenault, New Brunswick

Dr. Marjan Abbasi, Alberta

Dr. David Pontin, Northwest Territories

Canadian Family Physician Best Original Research Article

Dr. Dominik Nowak, Toronto, Ontario

CFPC/CPA Collaborative Mental Health Care Award

Dr. Ken Lee and Dr. David Robinson, Ontario: The Handy Consultant, Modules 1 + 2

Dr. Divya Garg and Dr. Melanie Hnatiuk, Alberta: Alberta Anxiety to Calm™

CFPC Continuing Professional Development Program Award

Supplemental Emergency Medicine Experience (SEME) Program

UBC Rural CPD Coaching and Mentoring Program (CAMP)

CFPC Early Career Development Awards

Dr. Po-Yen (Brian) Chang, Toronto, Ontario

Dr. Rita Hafizi, Ottawa, Ontario

CFPC Environmental Health Award

Dr. Samantha Green, Toronto, Ontario

CFPC Outstanding Family Medicine Research Article

Dr. Denise Campbell-Scherer, Edmonton, Alberta

Daniel Glazier Research Grant in Adolescent Mental Health and Substance Abuse

Dr. Melanie Robles, Ardrossan, Alberta

Daniel Glazier CPD Grant in Adolescent Mental Health and Substance Abuse

Dr. Siew-Wan Tan, Calgary, Alberta

D.M. Robb Community-Based Research Grant

Dr. Vania Jimenez, Montreal, Quebec

Donald I. Rice Award

Dr. Kannin Osei-Tutu, Calgary, Alberta

Family Medicine Global Health Project Grant

Dr. Archana Gupta, Toronto, Ontario

Family Medicine Researcher of the Year Award

Dr. Martin Fortin, Saguenay, Quebec

Hollister King Rural Family Practice CPD Grant

Dr. Taft Micks, Brandon, Manitoba

Honorary Membership

Dr. Katharine Smart, Whitehorse, Yukon

Elder Roberta Price, Vancouver, British Columbia

Ian McWhinney Family Medicine Education Award

Dr. David Tannenbaum, Toronto, Ontario

Janus CPD Grants

Dr. Vincent Wong, Vancouver, British Columbia

Dr. Joan Chan, Guelph, Ontario

Dr. Ashleigh Vallée, Victoria, British Columbia

Janus Research Grants

Dr. Lise Babin, Dieppe, New Brunswick

Dr. Madura Sundareswaran, Peterborough, Ontario

Jean-Pierre Despins Award

Dr. Stuart Iglesias, Parry Sound, Ontario

Jim Ruderman Academic Family Medicine Leadership Award

Dr. Marie-Frédéric Tremblay, Trois-Rivières, Quebec

Lifetime Achievement Award in Family Medicine Research

Dr. Frederick I. Burge, Halifax, Nova Scotia

Dr. Marshall S. Godwin, St. John's, Newfoundland and Labrador

Mimi Divinsky Award for History and Narrative in Family Medicine

Dr. Rory O'Sullivan, Toronto, Ontario

Racialized Communities Leadership Grant in Family Medicine

Dr. Anjali Menezes, Hamilton, Ontario

Scholarly Work in Family Medicine Education Grant

Dr. Rita McCracken, Vancouver, British Columbia

W. Victor Johnston Award

Dr. Howard Bergman, Montreal, Quebec

Nadine St-Pierre Award

Dr. Vanessa Perto, Montreal, Quebec

Research Awards for Family Medicine Residents

Dr. Alexander Rudecki, Calgary, Alberta

Dr. Casey Rosen, London, Ontario

TD Spotlight on Achievement Award

Dr. Onyenyeckwu Nnorom, Toronto, Ontario

Val Rachlis Leadership in Family Medicine Award

Dr. Edrea Khong, Ajax, Ontario

Indigenous Family Medicine Resident Scholarship

Dr. Alexa Lesperance, Vancouver, British Columbia

Family Medicine Resident Scholarships

Dr. Ana Boskovic, University of British Columbia
Dr. Linda Lam, University of Alberta
Dr. Adam Neufeld, University of Calgary
Dr. Benjamin Roth, University of Saskatchewan
Dr. Jessica Sproule, University of Manitoba
Dr. Robert Taylor Rice, Western University
Dr. Edrea Khong, McMaster University
Dr. Shane Szalai, Northern Ontario School of Medicine University
Dr. David To, University of Toronto
Dr. Michael Kruse, Queen's University
Dr. Ellias Horner, University of Ottawa
Dr. Anne Guimond, University of Sherbrooke
Dr. Samuel Giard, University of Montreal
Dr. Kelly Hennegan, McGill University
Dr. Antoine Mercier-Linteau, Laval University
Dr. Melissa Power, Dalhousie University
Dr. Natasha Buckle, Memorial University of Newfoundland

Family Medicine Resident Awards for Scholarly Achievement

Dr. Vikas Sharma, University of British Columbia
Dr. James Rogers, University of Alberta
Dr. Mohit Kumar, University of Calgary
Dr. Emmett Harrison, University of Saskatchewan
Dr. Jennifer Gray, Western University
Dr. Kathryn Cottrell, McMaster University
Dr. Kylie Crocker and Dr. Megan St-Aubin, Northern Ontario School of Medicine University
Dr. Eric Huang, University of Toronto
Dr. Christine Poon, Queen's University

Dr. Stephen Andrews, University of Ottawa
Dr. Vanessa Perto, University of Montreal
Dr. Hannah Hyde-de Sousa, Dr. Harsh Bhardwaj, and Dr. Maitreyi Pal-Singh, McGill University
Dr. Andrée-Anne Paradis, Laval University
Dr. Kathryn Binnersley, Dalhousie University
Dr. Taylor Anderson, Memorial University of Newfoundland

CFPC Indigenous Medical Student Scholarship

Bobby McNair, University of Manitoba

CFPC Medical Student Scholarships

Julia MacDonald, University of British Columbia
Jocelyne Beelen, University of Alberta
Srishti Shrivastav, University of Calgary
Shannon Haughian, University of Saskatchewan
Alyssa Kidd, University of Manitoba
Montana Hackett, Western University
Kevin Liu, -McMaster University
Logan Brennan, Northern Ontario School of Medicine University
Laura Diamond, University of Toronto
Alanna Jane, Queen's University
Emily Seale, University of Ottawa
Félix Morin, University of Sherbrooke
Laurence Tremblay, University of Montreal
Sumaira Mazhar, McGill University
Marie-Jeanne Gauthier, Laval University
Hilary Roberts, Dalhousie University
Kayla Viguers, Memorial University



About the Foundation for Advancing Family Medicine

The Honours and Awards Program is made possible by the FAFM with your support.

The FAFM is committed to supporting a vital and vibrant future for family medicine by encouraging innovation through research, educational initiatives, and strategic partnerships. The FAFM's programs assist CFPC members with research grants, scholarships, and funding to attend the CFPC's annual Family Medicine Forum and they celebrate the achievements of clinicians, educators, researchers, family medicine residents, and students.

Join the family medicine donor community and help advance family medicine with your generosity. Your donation to the FAFM matters!

To donate to the FAFM, please follow the links shared during the event or visit <https://fafm.cfpc.ca/>.

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