



Section of Researchers Awards Celebration

2020

Honours and Awards Program

THE COLLEGE OF
FAMILY PHYSICIANS
OF CANADA



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU CANADA

Foundation for
Advancing
Family Medicine

Fondation pour
l'avancement de la
médecine familiale

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Welcome to our virtual celebration of excellence in family medicine and primary care research. The pandemic has affected a lot this year, and while it has changed how we celebrate research it will not change our enthusiasm and spirit.

I want to thank everyone who is participating: researchers, residents, students, scholars, and practice-based research network members. You are all key to what makes family medicine and primary care research an active and vibrant part of our discipline and our daily work.

Research is what keeps our discipline—our specialty—up to date and based on the best evidence. Whether it's clinical research to help us optimize the care we provide our patients, or health services research to help us best organize ourselves and optimize the delivery of care to our patients. Whether it's research that helps our health care be more cost-effective, or qualitative research to help us better understand what is happening to patients in our health care system. It all contributes to who and what we are as family doctors.

I want to thank the College of Family Physicians of Canada (CFPC) and especially the staff of the Section of Researchers who have helped me so much this past year to get through the fog we are all living in due to COVID-19. They have enabled me and the Section to keep the work, activities, and enthusiasm for family medicine research alive and well in Canada.

Enjoy our celebration of research, and stay safe.

Marshall Godwin, MD, CCFP, FCFP
Chair, Section of Researchers

About the Award

Research Awards for Family Medicine Residents

This is a program of the Foundation for Advancing Family Medicine, through the generosity of its donors.

Two awards will be presented to recognize family medicine residents in their first or second year of training for excellence in research.



Dr. Forson Chan

Western University

"Performance of Symptom Checkers in Patient Triage for Simulated and Adult Patients"

Dr. Forson Chan obtained his medical degree from the University of British Columbia and recently completed his residency in family medicine at the Schulich School of Medicine and Dentistry at Western University. Dr. Chan decided to pursue family medicine because he wanted to have the knowledge to provide a reasonable answer to any medical question a patient might pose. He feels genuine pride when patients return to him because they recognize that he genuinely cares and wants to help them change their lives for the better.

His clinical interests include diabetes, mental health, substance use disorders, preventive medicine, and research related to novel uses of technology in medicine. Dr. Chan loves that research gives us a chance to create new and exciting discoveries that can change the very fabric of our society. He is based at Simply Wellness Medical in Vancouver.

Research Awards for Family Medicine Residents

Dr. Madelaine Baetz-Dougan and Dr. Leora Reiter

University of Toronto

“Enhancing Care for Long-Term Care Residents Approaching End-of-Life: A mixed-methods study to assess the usability of the NYGH LTC Palliative Care Transfer Form”



Dr. Madelaine Baetz-Dougan has seen how a seemingly simple interaction between a doctor and a patient can heal beyond medicine. She obtained her medical degree from Queen’s University and completed her residency at the University of Toronto, where she is now pursuing further education in palliative care. She is a family physician at North York General Hospital where, as a member of the resident wellness committee, she cares for her colleagues’ well-being as well as that of her patients. Research is important to Dr. Baetz-Dougan because she sees how it can inspire meaningful change within systems, especially if the results are shared with passion and enthusiasm.



A recent family medicine graduate from the University of Toronto, **Dr. Leora Reiter** is completing an enhanced skills fellowship in palliative care at Queen’s University. She is involved in research examining the delivery of palliative care to patients with intellectual and development disabilities while also working with a group at Queen’s to gain clinical experience in providing palliative care for this patient population. Dr. Reiter says it is a privilege to be part of her patients’ lives at their most vulnerable moments, and she feels lucky to be in a field in which lifelong learning is embedded in practice.

About the Award

CFPC Outstanding Family Medicine Research Article

This is a program of the Foundation for Advancing Family Medicine, through the generosity of its donors.

This award recognizes the best research article published in a national or international journal during the preceding year that was based on original family medicine research carried out by a CFPC member.



Dr. Nav Persaud

“Effect on Treatment Adherence of Distributing Essential Medicines at No Charge: The CLEAN Meds randomized clinical trial”

Dr. Nav Persaud is a staff physician at St. Michael’s Hospital and an assistant professor in the Department of Family and Community Medicine at the University of Toronto.

A change maker in pharmacare public policy, Dr. Persaud is passionate about using research to inform this work. Focused on enhancing the ability of primary care to address health inequities through the development and application of high-quality evidence, he is currently leading practice-based randomized controlled trials, developed with ongoing input from community members and patients.

Dr. Persaud is also a Rhodes Scholar and has a particular interest in philosophy, psychology, and neuroscience. In 2017 he was a recipient of Canada’s Top 40 Under 40 award, which honours excellence in Canadian leadership.

About the Award

Canadian Family Physician Best Original Research Article

This is a program of the Foundation for Advancing Family Medicine, through the generosity of its donors and *Canadian Family Physician*.

This award recognizes the best article published during the preceding year in *Canadian Family Physician* that was based on original research carried out by a CFPC member.



Dr. David Tu

“Partnering With Indigenous Elders in Primary Care Improves Mental Health Outcomes of Inner-city Indigenous Patients: Prospective cohort study”

Dr. David Tu grew up in Toronto and completed his medical degree and family medicine residency in Ontario at McMaster University and the University of Ottawa, respectively. Now based in Vancouver, he works as a clinician, researcher, and medical educator with a focus on inner-city medicine, Indigenous health, and HIV. Dr. Tu is a clinical assistant professor and former community-based clinical researcher at the University of British Columbia’s Department of Family Practice.

Currently, Dr. Tu’s research interests are in improving systems of health care for Indigenous peoples. His recent published research work has focused on the application of the chronic care model to HIV care and on partnership models of care between traditional Indigenous and mainstream health care practices.

About the Award

Family Medicine Resident Awards for Scholarly Achievement

This is a program of the Foundation for Advancing Family Medicine.

These awards recognize outstanding scholarly achievements by family medicine residents.



Dr. Nazgul Chokmorova, Dr. Kirsten Desjardins-Lorimer, and Dr. Carolyn Marchand

University of British Columbia

Title of project: “Development of Patient Decision Aid for Early Abortion Methods Available in Canada: Qualitative study”

Family Medicine Resident Awards for Scholarly Achievement



Dr. Nicole Roshko

University of Alberta

Title of project: "Resident Teaching Initiative: Remote learning in a time of need"



Dr. Angela Coleman, Dr. Nancy Enns, and Dr. Garrett Moffatt

University of Calgary

Title of project: "Polypharmacy Medication Reconciliation in Those Over 60"

Family Medicine Resident Awards for Scholarly Achievement



Dr. Stephanie Skinner

University of Saskatchewan

Title of project: "Interpretation and Management of Genetic Test Results by Canadian Family Physicians: A multiple choice survey of performance"



Dr. Thomas Hedley

University of Manitoba

Title of project: "Patient Health Questionnaire-9 (PHQ-9) Use in Outpatients with Depression on Anti-Depressant Medications"

Family Medicine Resident Awards for Scholarly Achievement



Dr. Ahmed Mahdi and Dr. Matthew Renaud

Western University

Title of project: "Performance of Symptom Checkers in the Triage of Patients to Appropriate Health Resources"



Dr. Rachel Van Oostveen

McMaster University

Title of project: "Read to Your Baby: Family physicians influence the next generation of bookworms"

Family Medicine Resident Awards for Scholarly Achievement



Dr. Yves Jean-Guy Côté and Dr. Kyle Harper

Northern Ontario School of Medicine

Title of project: “The Comparison of Oral and Parenteral Antibiotics for Mild Skin and Soft Tissue Infections at a Northern Ontario Regional Hospital”



Dr. Katherine Stead

University of Toronto

Title of project: “Implementation and Evaluation of a Pilot Breastfeeding Education Session for Family Medicine Residents at the University of Toronto”

Family Medicine Resident Awards for Scholarly Achievement



Dr. Sonya Swift and Dr. Molly Touzel

Queen's University

Title of project: "Formalized Approaches to Caring for Homeless Patients in Hospital:
A scoping review, case study, and practice tool"



Dr. André Richard

University of Ottawa

Title of project: "Review of Referrals Sent to the Hôpital Montfort
Emergency Department for Management of Hypertension During the
2016 Fiscal Year"

Family Medicine Resident Awards for Scholarly Achievement



Dr. Sarah Morin

University of Montreal

Title of project: Le déclin de l'empathie



Dr. Emma Glaser and Dr. Meera Kotecha

McGill University

Title of project: La rétention des conseils de départ au sans-rendez-vous :
une étude d'amélioration de la qualité

Family Medicine Resident Awards for Scholarly Achievement



Dr. Cynthia Vachon-Tessier

Laval University

Title of project: La Clinique BB



Dr. Madeline Arkle

Dalhousie University

Title of project: "The Short Shrift of the Thrift: How the thrifty gene hypothesis was problematic in the understanding of Indigenous diabetes"



Dr. Martin Fogl

Memorial University of Newfoundland

Title of project: "The Role of Naltrexone in Reducing Alcohol-Related Emergency Department Visits at the Labrador Health Centre: A feasibility study and intervention"



About the Award

Nadine St-Pierre Award

This is a program of the Foundation for Advancing Family Medicine, through the generosity of its donors.

This award is named in honour of the late Dr. Nadine St-Pierre, who was instrumental in the development of the French-language version of the Certification Examination in Family Medicine. The award recognizes the best scholarly work of an outstanding francophone family medicine resident (R1, R2, or R3) for work done in French.

Nadine St-Pierre Award



Dr. Lucia Perez Repetto

Title of project: L'équité des soins : d'un objectif personnel à un objectif pédagogique.

Dr. Lucia Perez Repetto received her medical degree in 2015 from the University of the Republic in Montevideo, Uruguay. After completing a two-month psychiatry rotation at the University of Sherbrooke, she decided to return there to pursue a master's degree in health sciences. Her thesis was on the sensory features of children with autism spectrum disorder. In 2020 Dr. Perez Repetto completed her residency in family medicine through the University of Sherbrooke. During her residency she also did electives in toxicology and palliative care.

A rural rotation in her first year of medical school in Uruguay sparked Dr. Perez Repetto's keen interest in family medicine. She was impressed by the vast number of health problems that can be resolved through primary care. Generalism and the broad scope of practice in family medicine allow her to put her diverse research interests to use in support of scientific progress and high-quality patient care. Her ability to communicate in three languages—Spanish, French, and English—is a tremendous asset for establishing trust and building bonds with patients from diverse cultural backgrounds. With her excellent communication skills, sharp observational skills, and great capacity for empathy, Dr. Perez Repetto is dedicated to her outpatients and in-patients at the hospital in Alma and at the hospital in Les Escoumins in Quebec, where she provides locum coverage in acute and emergency care.

Dr. Perez Repetto is this year's Nadine St-Pierre Award recipient based on the outstanding quality of her scholarly work: "Equitable Care: From a personal to a teaching goal." By involving individuals living in poverty in her research, she seeks to understand their reality and find ways to help learners develop essential social skills to enrich the quality of the care they provide to patients in these circumstances. She now hopes to build on the success of her research in medical education by taking on a new role in clinical teaching.

About the Award

Family Medicine Researcher of the Year Award

This is a program of the Foundation for Advancing Family Medicine, through the generosity of its donors.

This award recognizes a family medicine researcher and member of the CFPC who has made original contributions to research and knowledge building for family medicine in Canada. The contribution may encompass any aspect of family medicine research, from clinical to health services to education.

This award was designed to honour a family medicine researcher who has been a pivotal force in the definition, development, and dissemination of concepts central to the discipline of family medicine.

Previous recipients

2019 – Dr. Clare Liddy

2018 – Dr. Jeannie Haggerty

2017 – Dr. Pierre Pluye

2016 – Dr. Judith Brown

2015 – Dr. Ross Upshur

2014 – Dr. Michel Labrecque

2013 – Dr. Janusz Kaczorowski

2012 – Dr. Marshall Godwin

2011 – Dr. France Légaré

2010 – Dr. Richard Birtwhistle

2009 – Dr. Stefan Grzybowski

2008 – Dr. Ann Macaulay

2007 – Dr. Moira Stewart

2006 – Dr. William Hogg

2005 – Dr. Rick Glazier

2004 – Dr. Michael Klein

2003 – Dr. Ian McWhinney

Family Medicine Researcher of the Year Award



Dr. Vivian Ramsden

Dr. Vivian Ramsden is a registered nurse with a master of science in community health administration and wellness promotion from the California College for Health Sciences. Her PhD is in the interdisciplinary areas of medicine, curriculum studies, and education from the University of Saskatchewan. Today she lives in Saskatoon, where she is director of the Research Division for the Department of Academic Family Medicine at the University of Saskatchewan.

Having begun her nursing career in a 75-bed hospital in northern Alberta, she became a generalist while rotating through every area of the hospital. Her experiences while working with other medical professionals as a team inspired her to help improve the lives of patients. However, realizing she could not change many of the outcomes when patients were diagnosed with a disease, Dr. Ramsden began to focus on research in prevention and wellness.

She established a program of research grounded in the principles and strategies of primary health care. This includes working with individuals and groups in underserved communities in Canada and in southern India to address their health needs in the context of socially accountable research that is designed, developed, and created with and by the community, with programs resulting from this engagement.

Dr. Ramsden says she is always awed by the fact that at first encounters neither the patients nor the health care practitioners and staff realize the expertise each brings to the table. Engaging in and facilitating participatory health research often results in meaningful change—people gain a sense of confidence in their ability to facilitate change, begin to see personal success, and are then able to build on what they know from their own lived experiences.

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Please join us in continuing to support excellence in family medicine

The Honours and Awards Program at the College of Family Physicians of Canada is made possible by the Foundation for Advancing Family Medicine (FAFM) with your support.

The FAFM is more committed than ever to ensuring the future of family medicine is vital and vibrant. With your help we will continue to fund programs and projects in family medicine and provide research grants, scholarships, and awards to recognize the achievements of clinicians, teachers, researchers, family medicine residents, and medical students. Your contribution to the FAFM will have a meaningful and lasting impact on the advancement of family medicine in Canada.

Please connect with us to learn more about how you can support the momentum and dedication of Canada's family medicine community.

To **support the FAFM** and to **find out more about legacy giving and tax benefits** please contact:

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For information about **sponsorship and partnership opportunities** please contact:

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