



Awards Gala 2020

THE COLLEGE OF
FAMILY PHYSICIANS
OF CANADA

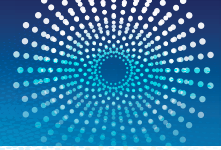


LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU CANADA

Foundation for
Advancing
Family Medicine

Fondation pour
l'avancement de la
médecine familiale





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Welcome

Every year as we review the achievements of the remarkable individuals profiled in the pages that follow, we are struck by the seemingly never-ending supply of bold ideas that drive family medicine forward.

This year, against the backdrop of the pandemic, our colleagues' amazing capacity to innovate—to improve patient care, support physician health, and enhance family medicine education—seems all the more important. Their accomplishments are also all the more inspiring.

COVID-19 has spurred us at the College of Family Physicians of Canada (CFPC) and the Foundation for Advancing Family Medicine (FAFM) to reimagine our celebratory events, too. Even though we can't get together in person for our traditional Awards Gala, we want to shine as bright a light as ever on our 2020 award and grant recipients.

We also want to highlight the generosity of our donors, who make our Honours and Awards Program possible. As well, the time and energy that members of the CFPC Board, the FAFM Board, and the College's Honours and Awards Committee selflessly devote to our program are essential to our success. We are grateful to each of you for being champions of family medicine.

Congratulations to every one of our award and grant recipients, and thank you to all our supporters!

Sincerely,



Francine Lemire,

MD CM, CCFP, FCFP, CAE, ICD.D

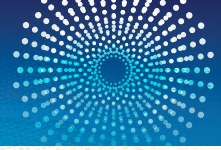
Executive Director and CEO, CFPC and FAFM



Marie-Dominique Beaulieu,

MD, CCMF, FCMF

Chair, FAFM Board of Directors



Message from the FAFM

The FAFM is proud to celebrate the accomplishments of CFPC members with the presentation of honours and awards during Family Medicine Forum 2020.

This year the world has faced unique challenges that have reminded us not only of the immense value of the care family physicians provide, but also of the family medicine community's constant drive to enhance services and achieve the best possible outcomes for patients.

The amazing individuals featured in the pages that follow include public health experts leading the fight against COVID-19, clinicians addressing health inequities that affect Indigenous communities, and advocates working tirelessly to address the social determinants of health. Others include inspiring colleagues who have dedicated their careers to teaching the next generation of family physicians, promoted the Patient's Medical Home vision of care, and championed new strategies to engage patients in research.

When I look at your extraordinary contributions to family medicine, I am grateful that the FAFM offers many opportunities to recognize emerging and established family physician leaders for their efforts. I thank our donors who, through their generosity, have made this a reality. I also extend my gratitude to our volunteers, staff, and corporate and not-for-profit partners for their tremendous support.

The FAFM is proud to assist you—the family physicians of today and tomorrow—in your pursuit of excellence in patient care, teaching, and research. Your hard work and passion are what continue to allow family medicine in Canada to innovate and flourish.



Claudia Zuccato Ria

Executive Director, FAFM



CFPC Early Career Development Awards

This is a program of the Foundation for Advancing Family Medicine, through the generosity of its donors and TD Insurance.

These awards recognize the efforts of new family physician leaders of tomorrow for their outstanding contributions today. Nominees for this award are CFPC members who have been in active practice for five years or less (since 2015).

Previous recipients 2019

Dr. Stephane Lenoski,
Winnipeg, MB

Dr. Julien Quinty,
Lévis, QC

2018

Dr. Paul Dillon,
Sechelt, BC

Dr. Ryan Patchett-Marble,
Marathon, ON

2017

Dr. Rabiya Jalil,
Calgary, AB

Dr. Warren Lewin,
Toronto, ON



Dr. Kimberly Lazare, MD, MSc, CCFP Toronto, ON

First and foremost, Dr. Kimberly Lazare considers herself a clinician, though she wears many other hats. She is the Postgraduate Curriculum Lead at the University of Toronto, where she assists with both curriculum development and administrative duties for the family medicine residency program and curriculum development activities for the undergraduate medical program. She also teaches family medicine residents and clinical clerks and is actively involved in the development of the local Ontario Health Team.

Dr. Lazare obtained her medical degree, did her family medicine residency, and completed a master of science in community health at the University of Toronto. She has worked as a family physician in the Haliburton and Toronto areas of Ontario. She is now a family physician at North York General Hospital and an assistant professor in the Department of Family and Community Medicine at the University of Toronto.

The ability to provide care for patients and families longitudinally, the privilege of experiencing their life stages and milestones, and the opportunity to help them navigate some of life's biggest challenges are the most rewarding aspects of family medicine for Dr. Lazare. She says that in no other profession could she deliver a baby, counsel a patient with depression, visit a dying patient in their home, and administer a steroid injection to someone's knee in the same day! However, Dr. Lazare's current focus is on mental health and caring for patients with complex eating disorders, which includes providing medical monitoring and management and offering therapy.

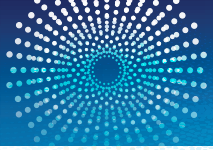


Dr. Nicole Stockley, MD, MSc, CCFP
Conception Bay South, NL

Growing up, Dr. Nicole Stockley considered the family physician to be the prototypical doctor. During her medical training she found every area of medicine interesting, but she loved the patient–doctor partnership that family physicians cultivate. At Memorial University of Newfoundland (MUN) she obtained her master’s degree, medical degree, and Certificate in Medical Teaching and completed her family medicine residency training. Born and raised in Conception Bay South, Newfoundland and Labrador, Dr. Stockley is proud to now practise at the Summerhill Medical Clinic in the community where she grew up—less than 2 kilometres from where she attended high school!

Only two months after finishing her residency program, in 2016 Dr. Stockley became President-Elect of the Newfoundland and Labrador College of Family Physicians (NLCFP). She is now the NLCFP’s Director of External Engagement. In this role she is working to increase outreach and collaboration with partner organizations to advocate for improved patient care, promote the Patient’s Medical Home, and elevate the voice of family medicine in the province.

Dr. Stockley is a clinical assistant professor in the Discipline of Family Medicine at MUN, where she supervises learners at all stages—from first-year medical students to final-year residents—and she particularly enjoys clinic-based, hands-on teaching. She is also the clinical lead for the Newfoundland and Labrador Primary Healthcare Research and Integration to Improve Health System Efficiency (PRIIME) Network, where she helps conduct patient-focused primary care research as part of a multidisciplinary team of patients, researchers, health care professionals, and policy-makers.



CFPC Environmental Health Award

This is a program of the Foundation for Advancing Family Medicine, through the generosity of its donors and TD Insurance.

This award is presented in collaboration with the Canadian Association of Physicians for the Environment (CAPE), and the Canadian Health and Environmental Education and Research Foundations (CHEER).

It is presented to a family physician or family medicine resident who is a member of the CFPC and has demonstrated leadership in environmental health.

Previous recipients 2019

Dr. Larry Barzelai,
Vancouver, BC

2018

Dr. Margaret Sanborn,
Chesley, ON

2017

Dr. John O'Connor,
Edmonton, AB



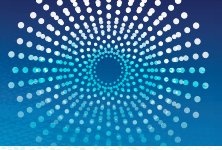
Dr. Itua Iriogbe
Camrose, AB

Dr. Itua Iriogbe is a family physician in Camrose, Alberta, by way of Nigeria, South Africa, the United Kingdom, and the United States. Before earning his Certification in the College of Family Physicians of Canada in 2013 he had nearly two decades of experience in international family medicine under his belt, bringing a global perspective to Canadian practice. For him, the best part of his job is learning from and being enriched by the people around him, irrespective of their background or socio-economic status.

A family physician at two clinics and an emergency physician at St. Mary's Hospital in Camrose, Dr. Iriogbe also makes time for pursuits outside clinical work. He is the director of Occupational Injury Services at the Smith Clinic, the secretary general of the Canadian Association of Nigerian Physicians and Dentists, a member of the Alberta Medical Association, and the membership director of the Canadian Board of Occupational Medicine.

Dr. Iriogbe works for both local and international organizations on pressing environmental health issues and is president of the Occupational and Environmental Medical Association of Canada. He mentors both undergraduate students and residents in occupational and environmental health matters and is proud to provide support and guidance to international medical graduates regarding the Canadian health care system.

In the wake of COVID-19, Dr. Iriogbe has organized an international webinar series with fellow experts on four continents. In addition, he is working to address the issue of indoor air pollution in the pandemic era.



Mimi Divinsky Award for History and Narrative in Family Medicine

This is a program of the Foundation for Advancing Family Medicine, through the generosity of its donors.

This award is named in memory of Dr. Mimi Divinsky for her role as a pioneer in narrative medicine in Canada. It recognizes the best submitted narrative account of experiences in family medicine.

Previous recipients 2019

Dr. Anjali Bhayana,
Toronto, ON

2018

Dr. Jesse Kancir,
Vancouver, BC

2017

Dr. Tanya Thornton,
London, ON



Dr. Jordan Pelc
Toronto, ON

Dr. Jordan Pelc holds a medical degree and master of science in chemical physics theory from the University of Toronto. As a full-time academic hospitalist at Bridgepoint Active Healthcare and Mount Sinai Hospital, he provides acute care and in-patient rehabilitation to patients. He is also the hospital medicine site lead and clinician teacher at Bridgepoint, a clinical associate of general internal medicine at Toronto General Hospital, and a lecturer in the Department of Family and Community Medicine at the University of Toronto.

The best part of his job as a family physician, Dr. Pelc says, is being offered people's stories, which enables him to build relationships with his patients. Injury, recovery, grief, and joy—real, human emotions and experiences—are all shared with family doctors. To listen, and perhaps thereby find a small way to help, is the great and humanizing privilege of what he does each day.

His interest in family medicine was born of his recognition of two key features in medical practice: lifelong learning and the complex interactions of biological, psychological, and social factors in health. He is fascinated and motivated by the fact that family doctors are always striving to learn more while also understanding that a medical issue is not a standalone problem to be solved.

Dr. Pelc is particularly interested in medical and psychosocial comorbidity in medical evaluations during psychiatric presentations, the optimal care of in-patients with brain injuries, and end-of-life ethics in palliative care.



Calvin L. Gutkin Family Medicine Ambassador Award

This is a program of the Foundation for Advancing Family Medicine (FAFM), through the generosity of its donors; the friends, family, and colleagues of Dr. Gutkin; and the Calvin L. Gutkin Endowment Fund of the FAFM.

The award recognizes a dynamic leader in Canadian family medicine distinguished for their vision, innovation, strong communication skills, and effective relationship building with national and international organizations and working groups that support and positively influence the ever-changing role of the family physician and family medicine in Canada.

Previous recipients 2019

Dr. David Snadden,
Prince George, BC

2018

Dr. Scott McLeod,
Sherwood Park, AB

2017

Dr. James Rourke,
St. John's, NL



Dr. Catherine Cook Winnipeg, MB

Having healthy families with healthy children in healthy communities is an optimal goal for every country in the world, and by practising family medicine Dr. Catherine Cook felt she could truly work toward achieving it, especially within Indigenous communities in Manitoba.

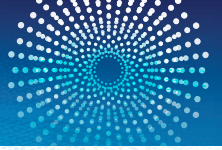
Dr. Cook obtained her medical degree and master of science from the University of Manitoba. As a Metis woman, she is proud to have had opportunities to support Indigenous communities as a family physician at nursing stations and small northern hospitals in Churchill and Norway House and at Percy E. Moore Hospital on the Peguis First Nation.

Several years of clinical practice in remote Indigenous communities awakened Dr. Cook to the realization that, in addition to the work of family physicians there, a review of policies specific to Indigenous health was needed. She saw that the jurisdictional ambiguity that surrounded Indigenous health services resulted in chronic underfunding, inequitable access to appropriate health services, disparities in access to specialist services, and chronic exposure to systemic racism.

In addition to having practised as a clinician since 1989, Dr. Cook has spent the past two decades in academia and public health. She began public health practice as a means of raising awareness of the social determinants of health and of how disparate policies and marginalizing legislation have affected them, resulting in the health inequities that Indigenous people face.

As the inaugural Vice-President (Indigenous) at the University of Manitoba, Dr. Cook is able to influence the understanding of Indigenous history and contemporary issues in Canada. For her, how and what young people are taught about Indigenous people in Canada are critical to shaping the impact these future professionals will have on our country. She is passionate about the development of an anti-racism strategy with a focus on addressing anti-Indigenous, anti-Black, and anti-Asian racism to support the health and well-being of everyone in Canada.

Dr. Cook's leadership has been recognized with a Women's Executive Network's Canada's Most Powerful Women Top 100 award. She also received the May Cohen Equity, Diversity, and Gender Award from the Association of Faculties of Medicine of Canada as well as the Manitoba Service Excellence Award from the provincial government.



Donald I. Rice Award

This is a program of the Foundation for Advancing Family Medicine, through the generosity of its donors.

This award, named in memory of Dr. Donald I. Rice, CFPC Executive Director from 1965 to 1985, recognizes an outstanding CFPC family physician member for their contributions to teaching, vision, and leadership in the discipline of family medicine.

Previous recipients 2018

Dr. Dee Mangin,
Hamilton, ON

2017

Dr. Douglas Myhre,
Calgary, AB

2016

Dr. Robert J. Wedel,
Taber, AB



Dr. Antoine Boivin Montreal, QC

Dr. Antoine Boivin obtained his medical degree from the University of Montreal and completed his residency at Dalhousie University. After his medical training in Canada, Dr. Boivin undertook health services research training in the United Kingdom and the Netherlands. He practised for seven years in the remote rural community of Rouyn-Noranda, Quebec, before moving to an urban family medicine practice in a disadvantaged neighbourhood of Montreal.

Dr. Boivin holds the Canada Research Chair in Patient and Public Partnership. Along with a patient leader, M. Vincent Dumez, he co-founded the Centre of Excellence on Partnership with Patients and the Public—one of the largest organizations in Canada co-led by patients and professionals to support the science and practice of engaging with patients and citizens. His research program focuses on social innovations where patients, professionals, and citizens work together to improve the health of individuals and communities. He is co-director of the Quebec Strategy for Patient-Oriented Research Support Unit, where he is leading national and international initiatives to advance evaluation methods for patient and public engagement in research. He has also been the lead author of articles in major journals such as the *BMJ*, *Health Expectations*, *Implementation Science*, *Medical Care*, and *Milbank Quarterly*.

A proud parent, Dr. Boivin spends his free time with his family and has been a volunteer camp counsellor for more than 15 years, working with families of children who have cancer. He is also a member of the folk music band Les Vieux Borlots.



Jean-Pierre Despins Award

This is a program of the Foundation for Advancing Family Medicine, through the generosity of its donors.

This award, named in memory of Dr. Jean-Pierre Despins, CFPC President (1995–1996) and Chair of the Board of the CFPC's Research and Education Foundation (1999–2000), honours a CFPC family physician member identified as an outstanding advocate and public spokesperson for family medicine, family physicians, and their patients.

Previous recipients 2019

Dr. Gary Bloch,
Toronto, ON

2018

Dr. David Price,
Hamilton, ON

2017

Dr. Jean-Pierre Arseneau,
Bathurst, NB



Dr. Michael Kirlew Moose Factory, ON

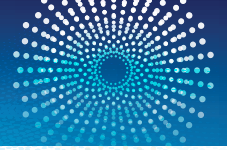
For Dr. Michael Kirlew, his position as a clinician in rural northern Ontario allows him to see the structures that oppress certain populations and provides him with opportunities to advocate for those in need.

Born and raised in Canada's capital city, Dr. Kirlew attended the University of Ottawa for both medical school and his residency. At a young age, his interests in rural and remote health care and Indigenous issues were sparked when a friend explained what a residential school was—something that wasn't found in their history textbooks. Additionally, Dr. Kirlew says, his parents instilled a strong sense of right and wrong in him, especially regarding social justice issues. Today, he and his wife are both social justice activists in health care. He has a particular interest in raising awareness of and dismantling systemic racism in health care to improve outcomes for affected populations.

After completing his residency Dr. Kirlew decided to work as a rural generalist in Sioux Lookout, Ontario, where he was inspired by both his colleagues and his patients. After 12 years in the northwest part of the province, he and his family decided to explore a different view of northern Ontario and relocated to Moose Factory Island close to James Bay, where he is now a clinician in a full-scope family practice in the Weeneebayko Area Health Authority.

For Dr. Kirlew the best thing about living and working in the north is hearing the incredible stories of survival and the brilliant examples of people beating the odds and exhibiting hope, despite having experienced systemic oppression. He says it is a phenomenal community to be part of and he is proud to help these communities in any way he can.

In addition to being a practising primary care physician, Dr. Kirlew holds academic appointments at the Northern Ontario School of Medicine, Queen's University, and the University of Ottawa.



Honorary Membership

This is a program of the Foundation for Advancing Family Medicine, through the generosity of its donors.

Honorary Membership may be conferred upon individuals who are not family physicians in Canada. This honour recognizes physicians or members of the public who have made an outstanding contribution to the CFPC, the discipline of family medicine, the medical profession, or the health and well-being of the population in Canada and around the world.

Previous recipients

2019

Sister Monique Bourget,
Sao Paulo, Brazil

Dr. Douglas Henley,
Leawood, KS

Dr. Jude Kornelsen,
Vancouver, BC

2018

Dr. Clinton Wong,
Vancouver, BC

2017

Dr. Ahmed Maherzi,
Montreal, QC

Céline Plourde,
Saint-Léonard-d'Aston, QC



Dr. George Carson
Regina, SK

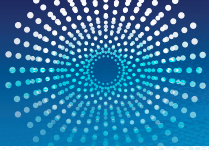
One of the most joyful things you can do in medicine is assist in the delivery of a baby, according to Dr. George Carson. It's little wonder, then, that he has dedicated his career to improving the care of pregnant women across Canada.

Following medical school at Queen's University, Dr. Carson began his residency in internal medicine at Queen's before changing his focus to obstetrics and gynecology. He completed his training in Boston and Montreal. After stints in Calgary and in Sault Ste. Marie, Ontario, he settled in Saskatchewan and has practised at the Regina General Hospital since 1989.

Dr. Carson was a founding co-chair of the multidisciplinary team that launched Advances in Labour and Risk Management (ALARM), a renowned continuing professional development course familiar to many family physicians. He also contributed to the creation of the CFPC's Certificate of Added Competence in Obstetrical Surgical Skills. Being able to support family medicine colleagues in the provision of obstetrical care, especially those who practise in rural and remote areas in Canada, is of great importance to him.

The numerous leadership positions Dr. Carson has held include serving as the senior medical officer of the Regina Qu'Appelle Health Region from 1995 to 2011 and as president of the Society of Obstetricians and Gynaecologists of Canada from 2016 to 2017. He is a clinical professor in the Department of Obstetrics and Gynecology at the University of Saskatchewan and a member of the Board of Directors of the Canadian Foundation for Women's Health.

When Dr. Carson retires in 2021, you will likely find him enjoying some extra woodworking projects, cross-country skiing, or simply spending more time outdoors under the prairie skies he loves.



Dr. Bonnie Henry Victoria, BC

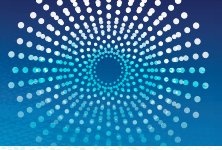
At the start of the COVID-19 pandemic, Dr. Bonnie Henry's delivery of daily media updates as British Columbia's Provincial Health Officer garnered praise from around the world for her even-keeled, empathetic, and evidence-based approach. Her gentle reminder to "Be kind, be calm, and be safe" inspired confidence in the provincial government's response to the crisis.

This is the kind of leadership that Dr. Henry has exhibited throughout her career, which began with medical school at Dalhousie University. During her training she enlisted in the Royal Canadian Navy, and after graduating she served as a medical officer for a decade at Canadian Forces Base Esquimalt in British Columbia. She also completed a master's degree in public health at San Diego State University, a residency in preventive health at the University of California at San Diego, and another residency in community medicine at the University of Toronto.

In 2001 Dr. Henry was appointed an associate medical officer of health in Toronto, a role in which she helped lead the city's battle against SARS in 2003. She also participated in World Health Organization efforts to eradicate polio in Pakistan and to quash an Ebola outbreak in Uganda.

Dr. Henry was drawn back to British Columbia in 2005 to take on a position as a physician epidemiologist at the BC Centre for Disease Control. She was appointed deputy provincial health officer in 2014 and assumed her current role in 2018.

An effective communicator, Dr. Henry is an associate professor in the Faculty of Medicine at the University of British Columbia. She updated her 2009 book, *Soap and Water & Common Sense*, in March 2020 to include a new introduction about COVID-19.



W. Victor Johnston Award

This is a program of the Foundation for Advancing Family Medicine, through the generosity of its donors.

This award honours the late Dr. W. Victor Johnston, the CFPC's first Executive Director (1954–1964), and recognizes renowned Canadian or international family physicians who have made outstanding leadership contributions to family medicine in Canada or abroad.

Previous recipients 2019

Dr. Robert Woollard,
Vancouver, BC

2018

Dr. Rodney A. Crutcher,
Victoria, BC

2017

Dr. Marie Giroux,
Sherbrooke, QC



Dr. Sandy Buchman
Toronto, ON

Dr. Sandy Buchman is firm believer in the idea that if you are not part of the solution, you are part of the problem.

Before obtaining his medical degree and completing his family medicine residency at McMaster University, he had a background in psychology and worked as a relationship-based social worker. Dr. Buchman is naturally drawn to the social accountability aspect of family medicine and is driven to help those in need. Over the course of his career this has included collaborating with social workers in various communities to develop supportive strategies for patients and advocating for positive change in the health care system. He says his patients led him to make these choices in his work and inspired him to take on many leadership roles.

Dr. Buchman was a clinician at a comprehensive family medicine practice in Mississauga, Ontario, for more than two decades before he decided to focus on palliative care. He worked full-time in home-based palliative care at the Temmy Latner Centre for Palliative Care in Toronto for 15 years. He then took on work with the Palliative Education and Care of the Homeless (PEACH) service through Inner City Health Associates. Dr. Buchman is now the Freeman Family Chair in Palliative Care at North York General Hospital.

He has been consistently involved with the Ontario College of Family Physicians since completing his residency. He has also been an active leader in national associations since then, both with the CFPC and the Canadian Medical Association.

Dr. Buchman loves spending time with friends, watching films, taking on various water sports, and going to the family cottage.



2020 Canada's Family Physicians of the Year

Reg L. Perkin Awards



Dr. Reg L. Perkin

Executive Director, CFPC

1985–1996

Since 1972 the College of Family Physicians of Canada (CFPC) has honoured family doctor members who exemplify excellence in the guiding principles of family medicine. In 1996 the award became known as the Reg L. Perkin Award in honour of Dr. Perkin, who was the CFPC Executive Director from 1985 to 1996.

The awards are presented to 10 outstanding family physicians—one from each province—during the annual Family Medicine Forum.

Canada's Family Physicians of the Year are nominated by their health care colleagues, community leaders, and provincial Chapters of the CFPC for providing exceptional care to their patients, making meaningful contributions to the health and well-being of their communities, and dedicating themselves as researchers and as educators of future generations of family doctors.

This is a program of the Foundation for Advancing Family Medicine, through the generosity of its donors, Scotiabank and MD Financial Management.





Tahmeena Ali, MD, CCFP, FCFP

British Columbia

Dr. Tahmeena Ali's story begins with a childhood deeply affected by the mental illness of a close family member. Having experienced the rippling effects this had on her family and her life, Dr. Ali is particularly passionate about mitigating the trauma illness inflicts on her patients and those around them.

From asthma to acquired brain injuries, maternity care to mental health, and rural to suburban settings—the multiplicity of opportunities to learn, grow, and heal is one of the things that Dr. Ali enjoys most about being a family physician. She loves being able to explore diverse practice settings and her varied interests while honouring her core professional tenet—providing longitudinal care to patients.

She obtained her medical degree from the University of Manitoba in her hometown of Winnipeg, completed her residency at the University of Alberta in Edmonton, and has been practising family medicine for 18 years. Dr. Ali currently works as a full-service family physician in her practice in South Surrey, British Columbia, and at the Vine Youth Clinic in the Fraser Health Authority. Prior to this she spent 10 years working as a family physician in the emergency department of a hospital in a rural area of northern Alberta. Today, she continues to bring health care to underserved or vulnerable populations by working as a locum twice a year in remote communities on Cortes Island in British Columbia.

In addition to her clinical practice, which ranges from newborn care to palliative care, Dr. Ali is also a professor of family medicine at the University of British Columbia, the privacy officer of HealthVue South Surrey Medical Clinic, and a medical inspector for the Ministry of Health's Billing Integrity Program.



An accomplished speaker and author on child and youth mental health, Dr. Ali has served as a commentator on CBC Radio and as a panellist at events focused on these topics. She also has a strong interest in narrative and has participated in conferences and writing groups to weave humanity into medicine.

Dr. Ali lives in Surrey with her husband and three children—a son who is passionate about airplanes and twin daughters who are equestrians.

**"I love stories. I love reading them.
I love writing them. In my clinic, I am a
character in my patients' stories.
As a medical leader, I convey patients'
and family physicians' experiences to
the decision forums where policies
are written. Every day at work, I am
privileged to share stories."**



Andrew Cave, MB ChB, MCISc, CCFP, FCFP, FRCGP
Alberta

For Dr. Andrew Cave, the anticipation of every new day in the clinic is energizing. He says the best part of family medicine is the long-standing relationships he establishes with his patients, which he values just as much as those with his clinic partners, colleagues from other disciplines, and other team members.

Born in England, Dr. Cave obtained his medical degree from the University of Manchester in 1971 and began his career in health care as a surgical trainee. While doing general practice locums, he decided to leave surgery to complete training in family medicine on an island in western Scotland, where he says he learned what continuity and comprehensive care really meant. He went on to work in a semi-rural practice in southwest England, which taught him how to truly be part of a community and a resource for it. From running the cottage hospital to making house calls, providing treatment in nursing homes, attending roadside accidents, and delivering babies, family doctors did it all.

Dr. Cave came to Canada in 1987 to complete a master of clinical science in advanced health care practice before earning his Certification in the College of Family Physicians of Canada and settling in Edmonton in 1989. He is a professor of family medicine at the University of Alberta, where he teaches small groups of medical students and supervises family medicine residents in the clinic.

A leader in family medicine research in asthma, chronic obstructive pulmonary disease (COPD), primary care teamwork, and clinical pharmacy at



regional, national, and international levels, Dr. Cave aims to teach awareness of rare diseases in primary care such as alpha-1 antitrypsin deficiency, Fabry disease, and Pompe disease. He has a particular interest in respiratory research and education, and he holds a weekly asthma and COPD primary care clinic with a respiratory therapist who performs spirometry and provides patient education. Today, he is particularly dedicated to research related to COVID-19.

As a board member of the MSI Foundation, an Alberta-based organization that supports research on the delivery of health care services in the province, Dr. Cave reviews grant applications for early-career researchers. He is also a member of Alberta Health Services' Respiratory Health Strategic Clinical Network, whose goal is to improve care in this domain in Alberta.

Dr. Cave and his wife have three grown children, of whom two live in Canada and one lives in Europe.



Paula Schwann, MD, CCFP, FCFP **Saskatchewan**

As a child, Dr. Paula Schwann shadowed her family physician father and was drawn to the discipline for the opportunity to provide comprehensive and continuous care. She pursued family medicine with passion and is proud to serve her patients through all phases of their lives.

Dr. Schwann completed medical school and her family medicine residency at the University of Saskatchewan in 1987 and 1989, respectively. A true Prairies girl, she has enjoyed practising with Herold Road Family Physicians in Saskatoon for her entire career—a highlight of which was providing obstetrical care for 25 years.

Early in her professional life she was appointed to the faculty of the University of Saskatchewan College of Medicine, where she was a clinical instructor for both undergraduate and resident programs. She has served as an examiner for both the Medical Council of Canada and the CFPC, is a past member of the CFPC's National Committee for Continuing Professional Development, and was a national and provincial accreditor for CPD programs. Dr. Schwann is committed to lifelong learning and is currently pursuing a mini fellowship in pediatric and adolescent psychiatry through the University of Saskatchewan College of Medicine.

She has worked with the College of Physicians and Surgeons of Saskatchewan as an ECG Committee member and examiner and as a professional conduct investigator. She also served on the Chronic Disease Management Committee of the Saskatoon Health Region for 15 years and the Physician Referral Action Committee for In Motion, a local initiative that promotes physically active lifestyles.



Additionally, Dr. Schwann proudly served on the Saskatchewan College of Family Physicians' Board of Directors for 15 years, nine of which were in an executive capacity. She was a long-serving member of the Saskatchewan Family Medicine Conference Planning Committee and was recently appointed as a reviewer for the Canadian Task Force on Preventive Health Care.

An advocate for exercise's role in disease prevention and treatment, Dr. Schwann is leading by example. She is an avid cyclist, skier, swimmer, yoga practitioner, and runner, having completed the Queen City Half Marathon 10 times. Dr. Schwann and her husband, David, are the proud parents of two sons who have professional designations in engineering and accounting.

"I find particular joy in witnessing, over time, the babies I once delivered grow up and morph into special and diverse adults and begin families of their own."



Wendy Smith, MD, CCFP, FCFP Manitoba

Born in Nova Scotia and raised in New Brunswick, Dr. Wendy Smith began exploring Canada at a young age. She was inspired to study medicine after spending time with her aunt, who worked as a nurse on Grand Manan Island and later with the Victorian Order of Nurses. After obtaining her undergraduate degree at the University of New Brunswick, Dr. Smith studied medicine at Memorial University of Newfoundland and completed her residency at the University of Manitoba.

Dr. Smith is proud to have dedicated her career as a family physician to serving populations in northern Manitoba and in the Kivalliq Region of Nunavut in conjunction with the University of Manitoba's J. A. Hildes Northern Medical Unit, now called Ongomiizwin Health Services. She has been the principal physician in the remote Oji-Cree communities of Red Sucker Lake and Wasagamack for the past 25 years.

Limited resources and isolated settings have made for many unique and memorable challenges over the years, but Dr. Smith would not give up these experiences for anything. While some may see travelling to and working in remote northern regions of Canada as too daunting, it feels natural to her; it's her job and simply what she does.

Dr. Smith works with health care teams composed of expanded-role nurses, visiting medical consultants, dentists, rehabilitation and mental health therapists, and other dedicated community health workers to bring patients comprehensive and high-quality care. Being able to build trust with her patients in these communities, know them as patients and as friends,



and provide them with medical care and attention have been among the most rewarding parts of Dr. Smith's career.

Having taught a generation of health professionals, including medical students and family medicine residents, Dr. Smith has especially enjoyed introducing them to northern practice and helping them engage with Indigenous communities.

Dr. Smith loves to travel, cook, and bake. In fact, she bakes for the morning report every day at the nursing station! She is grateful for her supportive family, including her husband who "holds down the fort" in Winnipeg while she is taking care of patients up north.

"The highlights of my career are the wonderful people of the North—specifically, those from the First Nations and Inuit communities with whom I have worked, from whom I have learned, and who call me their family doctor."



Curtis Handford, MD, CCFP, MHSc Ontario

Dr. Curtis Handford was born and raised in Winnipeg, Manitoba. He completed his undergraduate medical studies at the University of Manitoba and was selected by his peers as the valedictorian of the class of 2001. He completed his residency in family and community medicine, a clinical fellowship in addiction medicine, and a master of health science degree at the University of Toronto (U of T).

Early in his career Dr. Handford had the good fortune of being introduced to the compelling and inspirational writings of Dr. Ian McWhinney, which were pivotal in helping him understand the key skills of generalist physicians and their role in the health care system.

Dr. Handford is deeply committed to learning about his patients as people. His devotion to his patients and his appreciation of their individual and social circumstances sit at the core of his ability to deliver compassionate and holistic patient-centred care.

Dr. Handford's practice is based in an academic family medicine environment, where he has long been involved in teaching and scholarship. Over the years Dr. Handford has supervised countless medical learners through various stages of training. He works in a stimulating environment full of brilliant and passionate colleagues and co-workers who make it impossible for him not to want to give it his best every day.

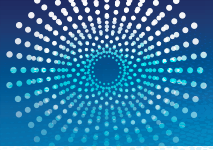
For nearly a decade Dr. Handford was co-director of the Academic Fellowship and Graduate Studies programs in the Department of Family and Community Medicine at U of T, where he contributed to the development of the innovative Master of Public Health in Family and



Community Medicine Program. From 2016 to 2020 he was the Primary Care Clinical Lead for the Mid-East Toronto Sub-Region of the Toronto Central Local Health Integration Network.

He is currently an associate professor at U of T, and he is Deputy Chief in the Department of Family and Community Medicine and Medical Director of the Primary and Community Care Program at St. Michael's Hospital in Toronto.

Dr. Handford lives in Toronto with his wife and two daughters. He describes himself as a retired, low-skill, recreational hockey player and a passionate fan of the Winnipeg Jets. In his spare time Dr. Handford enjoys reading, trying to be handy around the house, and being active outdoors with his family.



Pierre-Paul Tellier, MD, CCFP, FCFP
Quebec

Dr. Pierre-Paul Tellier obtained his medical degree from the University of Ottawa and completed his family medicine residency program at McGill University. He then undertook a fellowship in adolescent medicine at Bellevue Hospital in New York.

Dr. Tellier was appointed to the Department of Family Medicine at McGill University in 1979 and has held the rank of associate professor since 1996. He developed new programs for undergraduates and residents, whom he also taught and supervised, and held many administrative roles at both hospital and university levels. Today, he is an expert in adolescent medicine, HPV infection, and LGBTQ+ health issues, and he works mostly as a clinician at the Centre local de services communautaires Côte-des-Neiges and Clinique Medic Elle in Montreal.

Coming from a large family in a small community, Dr. Tellier says pursuing higher education was unusual and he did not truly know what studying medicine was about. In his first few years of medical school he was disappointed with his choice of studies. However, after deciding to specialize in family medicine, he realized that being a family physician was his calling.

A self-proclaimed generalist, Dr. Tellier sees the best part of his job as the privilege of chatting with his patients, finding out who they are and how they fit within their family and community structures, and figuring out how he can help them. He says sometimes they just need a hug—and he is happy to provide that treatment.

Dr. Tellier is a Fellow of the Society for Adolescent Health and Medicine and has received several prestigious awards. These include the Sovereign's Medal



for Volunteers from the Governor General of Canada, an Outstanding Achievement Award from the Society for Adolescent Health and Medicine, and the Haile T. Debas Prize from McGill for promoting diversity. Additionally, McGill University's Division of Cancer Epidemiology Research Nurses' Office was named in his honour to recognize his being the longest continuous collaborator on HPV research in cancer epidemiology.

Aside from practising medicine, he was also once cast in a film to play a doctor! Dr. Tellier lives in Montreal with his dog, Barroux, and loves photography and ceramic work.



Jennifer Russell, MD, CCFP

New Brunswick

Dr. Jennifer Russell was inspired to pursue medicine early in life. Her brother had a debilitating medical condition and became a paraplegic as a teenager, which was devastating for the family. Growing up with him opened her eyes to the possibilities of preventive health and medicine and instilled an unshakeable sense of positivity in her. She graduated from medical school at Memorial University of Newfoundland and completed her residency in family medicine at Dalhousie University.

After receiving her Certification in the College of Family Physicians of Canada, Dr. Russell joined the Canadian Armed Forces and served as a family physician in the military for 10 years. She next took on roles with Veterans Affairs Canada and the Noreen-Richard Health Centre and worked as a hospitalist at Horizon Health.

For the past six years Dr. Russell has demonstrated her passion for preventive health and population health as New Brunswick's Chief Medical Officer of Health. Since hanging up her stethoscope, she says she misses seeing patients on a daily basis; however, she is delighted to be in a position where she is able to address population health issues and dig into the social determinants of health to improve the overall health of people in New Brunswick. She is also a fervent advocate for the well-being of family physicians and works to ensure that they are not only taking good care of their patients, but also of themselves. She is proud to champion work-life balance and mental health initiatives for family physicians across Canada.

As a member of the Council of Chief Medical Officers of Health and other federal and provincial councils and committees, she has been instrumental in implementing



policy and educating stakeholders about substance use issues.

Since the start of the COVID-19 pandemic, Dr. Russell has been meeting regularly with chief medical officers of health across Canada to assess evolving evidence and guidance. As a public health spokesperson, she is proud of how everyone in New Brunswick has managed to flatten the curve across the province.

In addition to her calling as a medical professional, Dr. Russell is a trained musician. Before medical school she studied music at Dalhousie University, and today she still plays the piano and saxophone and is the lead singer in the Jenn Russell Band. She also loves to read, hike, and spend time with her two children.



Andrew Wohlgemut, MD, CCFP, FCFP Prince Edward Island

Dr. Andrew Wohlgemut was born and raised in Ontario. He obtained his medical degree from Western University and completed his residency at Queen's University. Today he is based on Prince Edward Island with his wife, Dr. Adriana Veer, and their twin boys. He and Dr. Veer both practise family medicine.

In the first two years of his medical career, Dr. Wohlgemut completed various locums across Canada in emergency and family medicine before taking on a family practice and a teaching role in Charlottetown, Prince Edward Island.

He says working as a doctor on Prince Edward Island is fascinating. The area is unique in Canada because he sees ailments that are particular to Island life and that he likely would not have addressed otherwise in his career. However, he says until recently his work there could have been described as relatively uniform; the population is starting to see a rise in immigration, which brings welcome diversity to both the patient population he treats and to life on the Island. A first-generation Canadian himself—his father emigrated from Germany—he is proud to be able to address the health care needs of new arrivals to Canada, and especially to the Island.

Dr. Wohlgemut has held several roles in the Prince Edward Island College of Family Physicians, from secretary to president. A strong supporter of family medicine on Prince Edward Island, Dr. Wohlgemut led a grassroots initiative to help local family physicians shape the future of their profession and protest primary care reforms being implemented by the government.

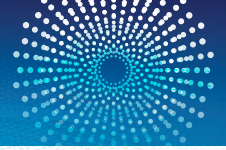
A lifelong-learning advocate, Dr. Wohlgemut completed the Physician Leadership Development Program at the Schulich Executive Education Centre



at York University. He has been the head of the Family Medicine Department at Queen Elizabeth Hospital in Charlottetown since 2013.

With his parents having been educators, Dr. Wohlgemut finds teaching comes naturally to him and is something he enjoys. He teaches both residents and medical students as a faculty member of Dalhousie University's family medicine satellite program in Charlottetown, for which he was the curriculum co-ordinator for a number of years.

Teaching and coaching are also important parts of Dr. Wohlgemut's personal life. He coaches his sons' hockey, football, and soccer teams and believes sports are important not only for athletics but also for the lessons they teach in personal development, such as being a good role model.



Janice Fitzgerald, MD, CCFP, MPH

Newfoundland and Labrador

Dr. Janice Fitzgerald is proud to have been born in Trinity, Bonavista Bay. She says it's "famous for being the Trinity in Newfoundland that isn't famous!"

Growing up, Dr. Fitzgerald had always wanted to study medicine. Initially she wanted to pursue community medicine and enjoyed the prospect of getting to know her patients. However, working in family medicine allowed her to see her patients more regularly, and she loves being able to know and care for a family as a whole.

Dr. Fitzgerald obtained her bachelor's degree in biology and her medical degree from Memorial University of Newfoundland (MUN) in 1990 and 1994, respectively, before completing her family physician residency through Dalhousie University.

After residency she brought her skills as a family physician back to Newfoundland and Labrador, where she worked in Springdale, Grand Falls-Windsor, and the St. John's metropolitan area. She spent 20 years practising family medicine and working in long-term care facilities in the province's capital. While she truly enjoyed these roles, Dr. Fitzgerald wanted the opportunity to work at a broader level to effect change more widely.

She completed a master of public health at MUN, after which she accepted the position of Clinical Chief, Long Term Care, at Eastern Regional Health Authority. She began working in public health policy development at the province's Department of Health and Community Services in 2017.

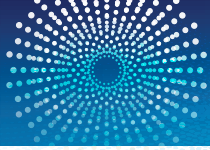
Dr. Fitzgerald's passion for family medicine is closely tied to her interest in public health. She has observed that much of a person's health is affected by more than



a one-time injury or illness, and she wanted to be able to influence these factors positively at the population level.

In September 2019 Dr. Fitzgerald was appointed acting Chief Medical Officer of Health for the province, a role that she finds challenging, fulfilling, and rewarding, especially given the turbulent conditions of the health care sphere at this time.

She lives in Mount Pearl with her husband, their three children who are pursuing studies at the postsecondary level, and their two puppies. The family loves spending weekends at their cabin, set among Newfoundland's gorgeous natural environment, where they enjoy hiking, watching movies, and reading to unwind from their busy daily lives.



Honours and Awards Program 2020 Recipients

Awards of Excellence

British Columbia

Dr. Alyssa Cantarutti, Vancouver

Dr. Lawrence Yang, Surrey

Alberta

Dr. Allen Ausford, Edmonton

Dr. Debra Putnam, Calgary

Dr. Roxanne Swiegers, Medicine Hat

Saskatchewan

Dr. Carla Holinaty, Saskatoon

Dr. Stan Oleksinski, Prince Albert

Manitoba

Dr. Michael Hochman, Winnipeg

Dr. Laurie Ireland, Winnipeg

Quebec

Dr. Samuel Blain, Saint-Élie-de-Caxton

Dr. Catherine Blais-Morin, Gaspé

Dr. Miriam Boillat, Montreal

Dr. Antoine Boivin, Montreal

Dr. Éveline Hudon, Saint-Jean-sur-Richelieu

Dr. Sonia Sylvain, Québec

New Brunswick

To all family physicians working in New Brunswick.

Prince Edward Island

Dr. Katherine McNally, Charlottetown

Dr. Kristy Newson, Charlottetown

Dr. Laura O'Connor, Charlottetown

Newfoundland and Labrador

To all family physicians working in Newfoundland and Labrador.

C. Robert Kemp Palliative Care Grant

Dr. Narisa Duboff, Hamilton, ON

Calvin L. Gutkin Family Medicine Ambassador Award

Dr. Catherine Cook, Winnipeg, MB

Canada's Family Physicians of the Year/ Reg L. Perkin Awards

Dr. Tahmeena Ali, Surrey, BC

Dr. Andrew Cave, Edmonton, AB

Dr. Paula Schwann, Saskatoon, SK

Dr. Wendy Smith, Winnipeg, MB

Dr. Curtis Handford, Toronto, ON

Dr. Pierre-Paul Tellier, Montreal, QC

Dr. Jennifer Russell, Fredericton, NB

Dr. Andrew Wohlgemut, Charlottetown, PE

Dr. Janice Fitzgerald, Mount Pearl, NL

Canadian Family Physician Best Original Research Article

Dr. David Tu, Vancouver, BC



CFPC/CPA Collaborative Mental Health Care Award

Dr. Melanie Madill (small, grassroots program),
Chilliwack, BC

Dr. Peter Selby (large, institutionally based program),
Toronto, ON

CFPC CPD Program Award

Galit Kadan, Toronto, ON

Dr. François Parent, Granby, QC

CFPC Environmental Health Award

Dr. Itua Iriogbe, Camrose, AB

CFPC Outstanding Family Medicine Research Article

Dr. Nav Persaud, Toronto, ON

Daniel Glazier Awards for Mental Health and Substance Abuse

Dr. Imaan Bayoumi (Research), Inverary, ON

Dr. Charles Boissonneault (CPD), Quebec, QC

Donald I. Rice Award

Dr. Antoine Boivin, Montreal, QC

CFPC Early Career Development Awards

Dr. Kimberly Lazare, Toronto, ON

Dr. Nicole Stockley, Conception Bay South, NL

Family Medicine Researcher of the Year Award

Dr. Vivian Ramsden, Saskatoon, SK

Hollister King Rural Family Practice CPD Grant

Dr. Lise-Marie Acton, Canmore, AB

Honorary Members

Dr. George Carson, Regina, SK

Dr. Bonnie Henry, Victoria, BC

Ian McWhinney Family Medicine Education Award

Dr. Elizabeth Shaw, Hamilton, ON

Janus Research Grants

Dr. Catherine Ji, Toronto, ON

Dr. Marie-Thérèse Lussier, Laval, QC

Janus CPD Grants

Dr. Karen Arnold, Vancouver, BC

Dr. Amy Gillis Farquhar, Halifax, NS

Dr. Charlotte Hunter, Toronto, ON

Dr. Lauren Self, Toronto, ON

Dr. Conrad Tsang, Vancouver, BC



Scholarly Work in Family Medicine Education Grant

Dr. Sudha Koppula, Edmonton, AB

Jean-Pierre Despins Award

Dr. Michael Kirlew, Sioux Lookout, ON

Jim Ruderman Academic Family Medicine Leadership Award

Dr. Rajani Vairavanathan, North York, ON

Mimi Divinsky Awards for History and Narrative in Family Medicine

Dr. Jordan Pelc, Toronto, ON

Nadine St-Pierre Award

Dr. Lucia Perez Repetto, Les Escoumins, QC

Marco Terwiel Rural Family Medicine Innovation Grant

Dr. Kylie Goodyear, St. John's, NL

Family Medicine Global Health Project Grant

Dr. Leah Norgrove, Victoria, BC

Val Rachlis Leadership in Family Medicine Award

Dr. Wesley Cote, Maniwaki, QC

Research Awards for Family Medicine Residents

Dr. Madelaine Baetz-Dougan and Dr. Leora Reiter, Toronto, ON

Dr. Forson Chan, London, ON

W. Victor Johnston Award

Dr. Sandy Buchman, Toronto, ON

Indigenous Family Medicine Resident Scholarship

Dr. Rebekah Eatmon, University of British Columbia

Family Medicine Resident Scholarships

Dr. Anmol Lamba, University of British Columbia

Dr. Nathanael Reid Turner, University of Alberta

Dr. Sunny Ho, University of Calgary

Dr. Candina Beaurivage, University of Saskatchewan

Dr. Thomas Hedley, University of Manitoba

Dr. Lawrence Yau, Western University

Dr. Tanveer Singh, McMaster University

Dr. Katrina Ward, Northern Ontario School of Medicine

Dr. Elliot Lass, University of Toronto

Dr. John Adamich, Queen's University

Dr. Kathryn Trebuss, University of Ottawa

Dr. Katherine Larose, University of Sherbrooke

Dr. Claudel Pétrin-Desrosiers, University of Montreal

Dr. Wesley Cote, McGill University

Dr. Chloé Baril, Laval University

Dr. Madeline Arkle, Dalhousie University

Dr. Lisa Burke, Memorial University of Newfoundland



Family Medicine Resident Awards for Scholarly Achievement

Dr. Carolyn Marchand, Dr. Kirsten Desjardins-Lorimer,
and Dr. Nazgul Chokmorova, University of British
Columbia

Dr. Nicole Roshko, University of Alberta

Dr. Nancy Enns, Dr. Angela Coleman, and Dr. Garrett
Moffatt, University of Calgary

Dr. Stephanie Skinner, University of Saskatchewan

Dr. Thomas Hedley, University of Manitoba

Dr. Ahmed Mahdi and Dr. Matthew Renaud,
Western University

Dr. Rachel Van Oostveen, McMaster University

Dr. Kyle Harper and Dr. Yves Jean-Guy Côté, Northern
Ontario School of Medicine

Dr. Katherine Stead, University of Toronto

Dr. Sonya Swift and Dr. Molly Touzel, Queen's University

Dr. André Richard, University of Ottawa

Dr. Sarah Morin, University of Montreal

Dr. Emma Glaser and Dr. Meera Kotecha,
McGill University

Dr. Cynthia Vachon-Tessier, Laval University

Dr. Madeline Arkle, Dalhousie University

Dr. Martin Fogl, Memorial University of Newfoundland

CFPC Medical Student Scholarships

Arielle Roberts, University of British Columbia

Kerry Howell, University of Alberta

Helen Tam-Tham, University of Calgary

Cadence MacPherson, University of Saskatchewan

Amy Sahai, University of Manitoba

Alexandra Raynard, Western University

Angel Onyi Tse, McMaster University

Jenny Thomas, Northern Ontario School of Medicine

Andrew Terence Lam, University of Toronto

Lauren Wierenga, Queen's University

Marie-Ève Dufour, University of Ottawa

Valérie Breton, University of Sherbrooke

Marianne Archambault, University of Montreal

Safina Adatia, McGill University

Elizabeth Godin, Laval University

Emily Haynes, Dalhousie University

Aanchal Ralhan, Memorial University of Newfoundland

CFPC Indigenous Medical Student Scholarship

Jennifer Robinson, McGill University

THE COLLEGE OF
FAMILY PHYSICIANS
OF CANADA



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU CANADA

Foundation for
Advancing
Family Medicine



Fondation pour
l'avancement de la
médecine familiale



Please join us in continuing to support excellence in family medicine

The Honours and Awards Program at the College of Family Physicians of Canada is made possible by the Foundation for Advancing Family Medicine (FAFM) with your support.

The FAFM is more committed than ever to ensuring the future of family medicine is vital and vibrant. With your help we will continue to fund programs and projects in family medicine and provide research grants, scholarships, and awards to recognize the achievements of clinicians, teachers, researchers, family medicine residents, and medical students. Your contribution to the FAFM will have a meaningful and lasting impact on the advancement of family medicine in Canada.

Please connect with us to learn more about how you can support the momentum and dedication of Canada's family medicine community.

To **support the FAFM** and to **find out more about legacy giving and tax benefits** please contact:

Belinda Chun, Development Specialist, FAFM

bchun@cfpc.ca

905-629-0900 ext. 219

For information about **sponsorship and partnership opportunities** please contact:

Claudia Zuccato Ria, Executive Director, FAFM

czria@cfpc.ca

905-629-0900 ext. 440

