

Virtual Event Tips

ATTENDEE PROFILE

Under Account, edit your profile: add your picture, fun facts, and social media channels to help you grow your network.

On the Preferences tab you can find the option to hide your profile.



AGENDA

Click on any event day to see all scheduled activities.

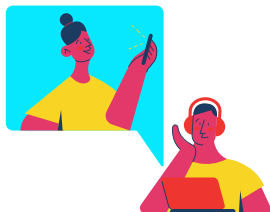
Click on a tile to learn more and reserve your spot.

Or search to find specific sessions and events.



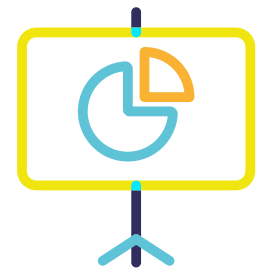
EXHIBITORS & SPONSORS

Browse the Exhibit Hall to explore content, download files, enter the live virtual tradeshow booth, submit a request for info, chat, or schedule a meeting.



POSTERS

Explore more than 100 posters and use the chat feature to interact, comment, and ask questions.



NETWORKING DISCUSSIONS

Always open!

Go to Networking to connect with your peers on various discussion topics.



PARTICIPATE

During sessions and events stay engaged: ask questions via Chat, answer polls, interact with other attendees, and download files.



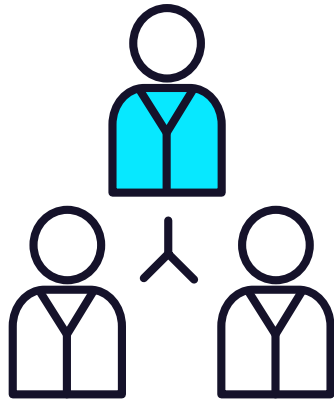
Access FMF via the Virtual FMF 2020 email
Download the [Zoom](#) app in advance
Chrome is the recommended event browser

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EXPAND YOUR NETWORK

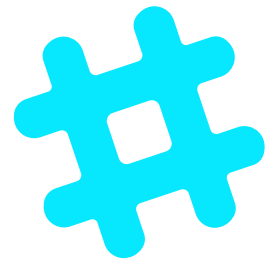
Connect with other attendees by searching for your peers.

Schedule a meeting, send a message, and expand your network.



SOCIAL WALL

Share photos and highlights on your social media using #myfmf to see them appear on the social wall.



HAVE FUN

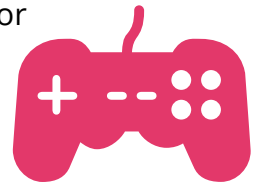
Go to Social Events, in Agenda, to join celebrity chefs, fitness gurus, Instagram sensations, the Knowledge Cafe, and other celebratory events.



GAME

Participate for a chance to win a complimentary registration for FMF 2021!

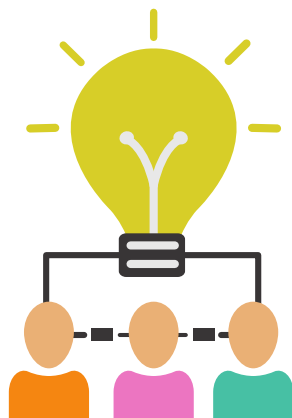
Engage often in activities to increase your chances of winning!



ATTENDEE SUPPORT

Click Support on the main menu for immediate live chat

Available Tuesday to Saturday, 9:00 a.m. - 4:00 p.m. (ET).



ON-DEMAND UNTIL DECEMBER 8, 2020

Jump in and out as your schedule permits.

You will have on-demand access for 30 days!



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