

Cannabis in Pregnancy and Breastfeeding
FMF talk, Dr Kate Miller, November 2019
Studies, resources and websites mentioned in talk

1. Cannabasics. Canadian Public Health Association, 2018. Accessed at: <https://www.cpha.ca/cannabasics>
 - Basic outline of the various types of cannabis products, routes of use, effects, timelines etc. Excellent introduction to usage for the non-user
2. Cannabis Use During Pregnancy and Lactation; Practice Resource for Health Care Providers. Perinatal Services BC, October 2019. Accessed at: <http://www.perinatalservicesbc.ca/about/news-stories/stories/cannabis-in-pregnancy-practice-resource>
 - New guidance document reviewing the basics of the effects but also discussing how to talk to patients, harm reduction, counselling approach
3. Clearing the Smoke on Cannabis: Maternal Cannabis Use during Pregnancy- an update. 2018. Canadian Centre on Substance Use and Addiction. Accessed at: <https://www.ccsa.ca/sites/default/files/2019-04/CCSA-Cannabis-Maternal-Use-Pregnancy-Report-2018-en.pdf>
 - Excellent summary of the literature, guidance based on the literature and areas requiring further study
4. Cannabis Use During Pregnancy and Lactation. ACOG Committee Opinion, Interim Update, 2017. Accessed at: <https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Marijuana-Use-During-Pregnancy-and-Lactation?IsMobileSet=false>
 - While the end conclusion is the same as the SOGC, the ACOG guideline outlines the evidence behind their recommendations in much greater detail
5. SOGC Guideline on Substance Use in Pregnancy and Breastfeeding
 - Sadly behind a pay wall, like all SOGC guidelines
 - [https://www.jogc.com/article/S1701-2163\(17\)30470-X/abstract](https://www.jogc.com/article/S1701-2163(17)30470-X/abstract)
6. Best Start Resource: Risk of Cannabis on Fertility, Pregnancy, Breastfeeding and Parenting
 - Patient resource, at the educated consumer (grade 12 or beyond level)
 - <https://resources.beststart.org/product/a30e-risks-of-cannabis-booklet/>
7. Champlain Maternal Newborn Regional Program: Cannabis Use during Breastfeeding/Lactation A discussion Guide
 - Evidence, scripted advice, harm reduction strategies
 - [https://instantweb.secure-form2.com/uploads/documents//CMNRP Cannabis and Breastfeeding 2019 06 Final.pdf](https://instantweb.secure-form2.com/uploads/documents//CMNRP_Cannabis_and_Breastfeeding_2019_06_Final.pdf)
8. Champlain Maternal Newborn Regional Program: Perinatal Substance Use and Cannabis Resources
 - Links to many resources, including many in this talk
 - [http://www.cmnrp.ca/uploads/documents//Perinatal Substance Use and Cannabis Resources CMNRP 2019 04.pdf](http://www.cmnrp.ca/uploads/documents//Perinatal_Substance_Use_and_Cannabis_Resources_CMNRP_2019_04.pdf)