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#MONFMF



THE COLLEGE OF
FAMILY PHYSICIANS
OF CANADA



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU CANADA

SCHEDULE AT A GLANCE

VANCOUVER
CONVENTION CENTRE

APERÇU DU PROGRAMME

CENTRE DES CONGRÈS
DE VANCOUVER

OCT 30 TO NOV 2, 2019

VANCOUVER, BRITISH COLUMBIA

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FMF 2019

WEDNESDAY / MERCREDI

ROOM / SALLE																		
08:00-09:30	Ian McWhinney Keynote Address: Relationship Matters: The ecology of family practice – Dr. Robert Woollard 🗣️🌱★ Discours D'Ouverture Ian McWhinney : L'importance de la relation: Écologie de la pratique familiale – Dr. Robert Woollard 🗣️🌱★																	
09:30-10:00	BREAK PAUSE	Poster Viewing Exposition d'affiches																
10:00-11:00	369 Geriatric Office Management: What I wish I learned in residency 🗣️	320 Shaping the Family Physician of Tomorrow: Outcomes of training project 🌱	174 Four Critical Things to Consider in Prenatal Care 🗣️	229 Providing Mifepristone Abortions: What you need to know 🗣️	47 Timber: A common sense approach to syncope 🗣️	302 Sharpening the Knife: Coaching great residents to be even better 🌱	71 Facilitated Poster Session ★	335 Une certitude : La nécessité de gérer et intégrer l'incertitude clinique		183 Expanding the Primary Care Tool Box: Buprenorphine for opiate use disorder 🗣️	158 Know What I Meme?: Understanding the needs of teens 🗣️							681 Moving From Selective to Comprehensive PHC
11:15-12:15	125 Top 10 Practice-Changing Emergency Medicine Articles of 2018/19 🗣️		175 Cannabis Use in Pregnancy and Breastfeeding 🗣️			389 SBI(R)T for Alcohol Use Disorder 🗣️	254 EBM Competency Assessment in Family Practice Residency Programs 🌱	253 Coaching: Lessons from the ice to the office 🌱	301 What is a Preceptor Anyway?: An evidence-based guide 🌱	235 Sixty Minutes to Better Care of Seriously Ill Young Adults 🗣️	84 Top Five Articles in Hospital Medicine 🗣️	255 Women and Opioids 🗣️						
12:15-13:30	LUNCH DINER	Section of Researchers Innovation Bistro ★ Section of Teachers Knowledge Café ▲ Bistro de l'innovation de la Section des chercheurs ★ Café du savoir de la Section des enseignants ▲																
13:30-14:30	11 Understanding Chronic Pain: A unique condition that requires a unique approach 🗣️	201 Family First: Factors that promote a career in family medicine 🌱	176 Prenatal Care of Newcomers to Canada: Helping two cultures meet 🗣️	108 Are Compassion Fatigue and Burnout the New Normal? 🌱	331 Helping Our Patients Prevent Pregnancy Without Ruining Their Relationships	304 What Might You Be Missing?: Direct observation is a skill 🌱	232 Suicidal Ideation and Psychological Distress Among Canadian Family Medicine Residents 🌱	404 Innovative Online Learning Program: Fundamental topics in faculty development 🌱	384 Using a Personal Learning Plan (PLP) for Your Professional Development Strategically: How and why? 🌱	210 Educational Handover in Family Medicine Residency Training Programs 🌱	295 Indigenous Health CanMEDS Supplement Launch 🌱	399 Les défis d'un apprenant à réaliser un consentement aux soins 🌱	16 BRCA Course	452 Advance Care Planning: A primary care priority and responsibility 🗣️	146 Teaching Positive Parenting in a Way That Actually Works 🗣️	683 Going Global: A consultation on family medicine and primary care in Argentina		
14:30-15:00	BREAK PAUSE	Poster Viewing Exposition d'affiches																
15:00-15:15	163 Helping Your Patient Cope With an Unintended Pregnancy	454 Peer Consultations for Teachers, Preceptors, and Leaders: Problem solving with colleagues 🌱	413 Alcohol Use Disorder in Older Adults: Practical primary care management 🗣️	357 Success as a Preceptor in a Rural or Distributed Setting 🌱	337 Working Toward Gender Diversity and Inclusion in Medical Education 🌱	363 What's New for Faculty Developers and Teachers? 🌱	551 Women Receiving Inadequate Prenatal Care: A descriptive retrospective cohort study ★	662 Older Adults Experiencing Homelessness: Qualitative study of enacting harm reduction ★	608 Patient and Provider Experiences Using a Canadian Preventive Care App ★	663 Primary Care Pharmare Costs for Patients <25 Years of Age ★	459 Impact of Rural Rotations on Urban Postgraduate Learners: A literature review ★	621 Encouraging Engagement With the Refugee Community Through MUN Med Gateway ★	16 BRCA Course ... cont'd	452 Advance Care Planning: A primary care priority and responsibility ... cont'd 🗣️	146 Teaching Positive Parenting in a Way That Actually Works ... cont'd 🗣️	684 A Dean's Panel: The integration of community engagement into medical school mandates		
15:15-15:30	634 Psychological, Physical, and Social Predictors of Excess Pregnancy Weight Gain ★						469 Bringing the Primary Care Voice to Cancer Care in British Columbia ★	645 Systematic Review of Tools to Collect Data on Social Determinants ★	573 Troponin Ordering Practices: Determined by context or guidelines? ★	632 Just Sore Throats?: Students' perceptions of intellectual stimulation in family medicine ★	649 Assessing Obstetrical Complications and Outcomes in Family Medicine Residents ★							
15:30-15:45	624 Managing Adverse Psychological Outcomes in Post-operative Bariatric Surgery Patients ★						565 Integrating Community Health Navigators in a Primary Care Team ★	528 How British Columbian Family Physicians Work in Community-Based Primary Care Clinics ★	661 Opioid Prescribing Patterns of Family Physicians: Opportunities to improve ★	525 STRIVE: Shifting from 'Surviving to Thriving' Through Mindfulness-Based Simulations ★	509 Leadership Training in Family Medicine Residency: A scoping review ★							
15:45-16:00	505 The Effects of Hot Yoga on Renal Function: Pilot study ★						563 The Role of Community Health Navigators in Adult Chronic Conditions ★	531 The Foundation and Pillars of Teamwork in Primary Health Care ★	606 Prescribing Impact from a Primary Care Urgent Opioid Response Initiative ★	560 How are Professional Boundaries Between Faculty and Residents Perceived? ★	569 Teaching Opportunities for Family Medicine Residents Across Canadian Medical Schools ★							
16:00-16:15																		
16:15-16:30		463 Fireside Chat 🌱		397 Les activités professionnelles fiables en approche par compétence : Mode d'emploi 🌱			627 Improving Advance Care Planning: What have we learned? ★	609 Using Electronic Medical Records to Detect Post-Traumatic Stress Disorder ★	619 Health and Health Care Outcomes Among Unattached Patients in Nova Scotia ★	495 Emergency Department-Initiated Buprenorphine/Naloxone with Rapid Access Addictions ★		635 Gender, Parenthood, and Practice Intentions Among Family Medicine Residents ★				685 The Besroul Café: Making real-time connections in global family medicine		
16:30-16:45							594 Developing Medical Assistance in Dying Curriculum in Residency Training Programs ★	583 Impact of EMR Dashboards on Data Quality and Practice Patterns ★	620 Defining Food Allergy Documentation in Canadian Primary Care Practices ★	586 Le « congé éclairé » à la salle d'urgence ★	538 The Experience of Allied Health Professionals Teaching Family Medicine Residents ★							
16:45-17:15							247 Impact on Canadian Physicians of Providing Medical Assistance in Dying ★	568 The University of Toronto Family Medicine Report ★	623 Defining Beta-lactam Allergy Documentation in Canadian Primary Care Practices ★	587 Le refus de soins à la salle d'urgence ★	647 Developing Education Leadership for Family Medicine in Canada ★							

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THURSDAY / JEUDI

ROOM/SALLE																							
07:00–08:00	680 Update on Diabetes and the Eye for Primary Care Providers ▲											686 Researchers in Education Networking Session ▲											
08:00–09:30	Scienceploitation and the Rise of Science-y Unproven Therapies - Timothy Caulfield 🗣️ Scienceploitation et la montée des thérapies pseudoscientifiques non éprouvées - Timothy Caulfield 🗣️																						
09:30–10:00	BREAK PAUSE	Poster Viewing Exposition d'affiches																					
10:00–11:00	312 New Guidance on Introducing Allergenic Foods: Implications for family medicine	76 Approach to Depression in Primary Care 🗣️		72 Dangerous Ideas/ Innovations Soapbox	87 Respiratory Effects of Cannabis: Highlights of the CTS Position Statement 2019	171 Helping Patients and Families Understand Frailty and Make Health Care Decisions	244 Transitioning to Practice 101	135 Big News!: The new 2019 SOGC Intrapartum Fetal Surveillance Guideline	275 Intra-Articular Injections in Primary Care	362 Common Breast Concerns: An overview of assessment and management	188 Practical Tips and Pitfalls for Harm Reduction in Primary Care	181 Your Next Patient Has Severe Intellectual and Developmental Disabilities	341 Beating Burnout and Thriving in Practice: Skills for challenging clinics	223 Planetary Health in Practice: Food, nature, cycling, and love			380 Using the FTA Framework to Analyze Teacher Feedback From Students and Residents ❄️		371 Comment vous assurer de perdre votre auditoire lorsque vous enseignez? ❄️	263 Assessment Foundations 1: Principles and approaches for assessing learners ❄️	678 Facilitated Poster Session	350 Establishing a Residency Site: The future of residency program design ❄️	
11:15–12:15	213 CCS HF Guidelines: Moving targets and evolving evidence	57 Jeopardy by PEER: Rapid-fire pearls for common primary care presentations 🗣️	62 Bloody Hell: Abnormal uterine bleeding		256 CCS/CHRS's First Canadian Recommendations for Cardiovascular Screening of Competitive Athletes		257 Untangling the Helix 2019: Why family history matters	170 Ruptured Membranes With No Labour: What to do now? ⚡	64 Pearls and Pitfalls in Managing ADHD	43 Chronic Cough: A nuisance or serious?	440 Caring for People Who Use Drugs: Tips from patients	105 Civility Ninjas: A field guide to improving colleague-to-colleague interactions	203 My Patient is a Veteran: What to know	271 Meet our Family Physicians of the Year!	297 The Patient's Medical Home 2019: Resources for your practice		375 Everyday Leadership: The CFPC's approach to leadership education in residency ❄️	329 Clinical Research: Moving from finger on the pulse to publication ★	448 Medical Professionalism: Encouraging exemplary behaviour and remediating lapses ❄️			348 Longitudinal Residency Curriculum: The future of residency training ❄️	
12:15–13:30	LUNCH DÎNER	CFPC Annual Meeting of Members ▲ Assemblée annuelle des membres du CMFC ▲																					
12:30–13:30	679 Clinical Conundrums IV: Practical strategies for atrial fibrillation and DVT management in real world practice ▲ 688 Navigating Modern Diabetes Management ▲																						
13:30–14:30	179 Going Around in Circles?: An approach to annular skin lesions	52 What's New, True, and Poo: Top studies of last year 🗣️	421 Dementia and Driving: How to navigate toward driving cessation		104 Three Things a Family Physician Can Do About Concussions			172 Second Stage of Labour: Strategies for avoiding a tight situation ⚡	123 Chronic Opioid Toxicity Identification and Management in Chronic Opioid Use	366 Improving Diagnostic Reasoning for Early Career Family Physicians: The CMPA perspective	17 HPV Course ⚡	269 Pediatric Office Emergencies: Preparedness and pre-hospital care	159 Trauma-Centred Care 101: Demystifying care that is trauma informed	346 Top Gyne Procedures For Residents in Family Medicine 101	334 In-Flight Medical Emergencies		264 Handling Workload Effectively and the Elusive Work-Life Balance ❄️	345 Creating an Effective Academic Poster: What are your hang-ups? ★	306 The Art of Questioning ❄️	265 Assessment Foundations 2: Assessment principles in programmatic assessment ❄️		234 Change Management in Family Medicine Education ❄️	
14:30–15:00	BREAK PAUSE	Poster Viewing Exposition d'affiches																					
15:00–16:00	442 Choosing Wisely in The Adult Emergency Patient	132 Sexual Health 2019: An update from contraception to STIs 🗣️	202 The Top POEMS of 2018	177 Newborn News ⚡	191 But Doc, I Need My (insert benzo here)!	180 Food Insecurity			242 Top Five Emergency Medicine Procedure Skills in Family Medicine		17 HPV Course ... cont'd ⚡	287 Health Humanities Tool Kit: How reading, writing, and art can save your life	65 Neurobiologically-Based Approach to the "Difficult Patient": Understanding complex PTSD		48 Introduction to System-Level Advocacy for Family Physicians	237 Serious Illness Care: More, earlier, and better conversations			114 Questions About Teaching You Were Always Afraid to Ask ❄️	265 Assessment Foundations 2: ... cont'd ❄️		305 The Rural Road Map Collaborative Forum ❄️	
16:15–17:15	356 Top 10 Articles That Could Change Your Practice	58 Jeopardy for Pain (by PEER/CFPC): Rapid answers to pain questions 🗣️	196 CCS AF Guidelines: Managing AF for the family physician	270 Improving Access to Intrauterine Contraception	145 Using Antibiotics Wisely: A family medicine antimicrobial stewardship campaign	147 Parenting Pearls and Teaching Infants to Sleep Throughout the Night	338 Untold Stories of the Locum Life	173 Intrapartum Skills: A refresher of specific skills ⚡												405 Let's Talk Selection: The good, the bad, and the ugly ❄️			
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FRIDAY / VENDREDI

ROOM/SALLE																				
07:00–08:00	400 Residency Program Site Directors' Networking Session ▲ 687 Humanities Networking Session ▲																			
08:00–09:30	Breakthrough to Become a Leader With Dr. Evan Adams - Dr. Evan Adams 🗣️ Percée pour devenir un leader avec le Dr Evan Adams - Dr. Evan Adams 🗣️																			
09:30–10:00	BREAK PAUSE	Poster Viewing Exposition d'affiches																		
10:00–11:00	245 Deprescribing Opioids 101	59 Practical Tips for Managing Adults With ADHD in Your Practice 🗣️	39 Five Articles You Need to Know in Respiratory Medicine	26 Pediatric Fever in 2019: We don't need any tests!	328 First Five Years: Essential snappers for early-career physicians	199 Talking About Sexuality With Your Adolescent Patient	91 Mood Disorders in Women During the Reproductive Years	116 Top 10 Family Medicine Practice Changers from CFPC Self Learning				390 Creating a Chronic Pain Self-Management Program on a Shoestring	68 Returning Your Patient to Work	373 Thinking of Retirement: Challenges for family physicians and their patients	66 Resiliency and Practice Enhancement Through Trigger Management: Complex PTSD		332 Creating Indicators: Is Canadian family medicine education making the grade? ★		408 Health Advocacy: Exploring levers that drive teaching and learning (version 2.0) ❀	200 Feedback, Field Notes, and Fun: Practical and efficient tips for preceptors ❀
11:15–12:15	89 How to Communicate With Patients and Parents About Vaccination	417 To Screen or Not to Screen: Cancer screening outside organized programs 🗣️					79 Mixing and Matching: Layering psychopharmacological medications as family physicians	56 Performance Under Pressure	423 Early Career Wellness: A national discussion	317 Alcohol, Benzodiazepine, Cannabis, and Opioid Use Disorder Guidelines for Older Adults	347 Asthma Action Plan 2019: Define flare-up, step-up treatment, and step-down maintenance	272 Using Mifepristone for Pregnancy Loss	33 Prescribing Nature: A healthy intervention for you and your patients			394 Screening High Risk Populations for Anal Squamous Intraepithelial Lesions (ASIL)	325 Les coulisses du partenariat avec les patients : Émergence d'enjeux identitaires ★	396 Conflict Resolution Strategies: Where do we begin ... ❀	228 The Patient's Medical Home and IPE: Building a foundation for success ❀	18 Fire Up Your Medical Presentations: From great to outstanding ❀
12:15–13:30	LUNCH DÎNER	Teachers and Preceptors Town Hall ▲ First Five Years in Family Practice Luncheon ▲ Member Interest Groups Section (MIGS) Fair ▲ British Columbia College of Family Physicians 2019 Annual General Meeting ▲ Film Screening (May Cohen) ▲ Assemblée Générale des enseignants et superviseurs ▲ Dîner pour les Médecins de famille dans les cinq premières années de pratique ▲ Foire de la Section des groupes d'intérêt des membres (SGIM) ▲ Assemblée générale annuelle du Collège des médecins de famille de la Colombie-Britannique de 2019 ▲																		
13:30–14:30	355 Topical Corticosteroids	81 Approach to Anxiety Disorders in Primary Care 🗣️					246 AGH, Crystal Meth?: What you CAN do to help	192 Management of Palliative Care Emergencies	391 Physical Activity Prescription in Chronic Disease: Pearls for family physicians	178 An Update on What's New in Women's Hormonal Health over the Lifespan	32 Update on Work-up and Management of Thyroid Nodules and Cancer	323 CFP Distilled 2019: Clinically-relevant articles like you've never seen before	434 Innovations in Maternity Care Collaboration: Learning by doing together!	274 Primary Care and Medicine's Third Era	236 Stories of Our Experiences in a Small Northern Community		310 The Academic Medical Home: Leading by measuring ★	189 Competency-Based Medical Education (CBME) for Enhanced Skills Programs ❀	386 Engaging Medical Students in Discussions About Careers in Family Medicine ❀	148 Eats, Shoots, and Leaves: A no-nonsense approach to curriculum mapping ❀
14:30–15:00	BREAK PAUSE	Poster Viewing Exposition d'affiches																		
15:00–16:00	103 Mental Health and Return to Work Issues	441 Sports Medicine Pearls for the Family Physician 🗣️	124 Introducing the Kidney Failure Risk Equation: A KidneyWise update	352 Dermoscopy 101	381 Can I Safely Provide Alcohol "Detox" From My Office? Yes!	379 Providing Palliative Care for Patients With Substance Use Disorders	435 Important Drug Interaction in Family Medicine		365 "Adulting": Supporting transitions for youth with developmental disabilities/ASD	221 Care of the Older Patient: Evidence to change practice	411 Health Policy 101: Fundamentals of effective health policy advocacy	250 How to Provide Quality Care for Your Patients After Their Incarceration					319 Integrating Clinical Practice Questions Into Research Initiatives ★	412 Developing and Implementing Benchmarks in Family Medicine Residency ❀	266 Le leadership : L'enseigner en médecine familiale ❀	351 Undergraduate Competencies From a Generalist Perspective: Introducing CanMEDS-FMU ❀
16:15–17:15	353 Managing Insomnia and Other Sleep Problems in Your Practice	349 Odd and Scary: Approaching and treating unusual skin conditions 🗣️	418 Follow-up of Breast Cancer Survivors: Evidence-based recommendations for primary care	168 How to Identify and Manage Familial Hypercholesterolemia in Your Practice	80 Approach to Psychosis in Primary Care	83 Opioids: The big picture	252 Prenatal Genetic Screening: Common misconceptions and practice tips		109 Anti-Oppressive Practice in Medicine	281 National Perspectives in Long-Term Care	416 Perinatal Addictions: The opioid crisis and what we have learned	133 HIV Care: Top 10 and more, with practical tips and advice						215 The Future of Enhanced Skills Training and CACs ❀		220 Embracing and Enjoying Uncertainty: Supporting learners and ourselves ❀
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SATURDAY/SAMEDI

ROOM / SALLE																		
08:30-09:30	The Opioid Overdose Crisis in Canada: A primary care, patient, and mother's perspectives - Dr. Christy Sutherland 🗣️ La crise des opioïdes au Canada : Vue de la perspective des soins primaires, du patient et d'une mère - Dr. Christy Sutherland 🗣️																	
09:30-10:00	BREAK PAUSE																	
10:00-11:00	96 Weeding Through the Evidence for Cannabis for Medical Use 4.0 🗣️	182 Concussion Assessment in the Primary Care Setting	324 Borderline Personality Disorder: Evidence-based management strategies	339 Wellness Through Well Habits: Toward joy and fulfillment in life	403 Locuming 101: A guide for the early career physician	88 Interstitial Lung Disease: Not all SOB is COPD!	28 One for the Ages: Common issues in long-term care ⚡	36 Vasectomy for the Non-Vasectomist			94 Pearls in Thrombosis for Family Physicians: A case-based approach	298 Elevating the Standards of Care for Adolescent-Led Families	44 A Family Doctor's Prescription for Cycling	314 Team Mapping: A method to support transitions to team-based primary care ★	75 Making Your Talks More Interactive: The better way! ❁	388 How Preceptors Can Use Validity Evidence to Improve Learner Assessments ❁	449 Choosing Wisely Canada Meets CanMEDS-FM: Enhancing education across the continuum ❁	
11:15-12:15	436 Emergencies in Special Populations 🗣️	50 PEER Simplified Guidelines for Opioid Use Disorder	19 Red Eye and a Simple Approach: Evidence, pearls, and medico-legal pitfalls	361 CBT for Everyone: Making psychological strategies part of every visit	410 Pregnancy and Birth in the Patient With a High BMI	393 Top Five Articles in Long-Term Care ⚡	385 First Five Years in Parenthood	378 Medical Abortion and Family Physicians: Canadian Abortion Providers Support community			296 Supporting Patients and Physicians Navigating Non-Insured Health Benefits	149 FASD Isn't Just About the Brain	185 How to Use Magic to Enhance Patient Care and Experiences		224 Change-Makers: How research skills impact rural family physicians' lives ★	218 Let Them Eat Avocado Toast: Strategies for intergenerational learning ❁	165 Encouraging Lifelong Learning in Your Trainee ❁	
12:15-13:30	LUNCH DINNER Medical Student and Family Medicine Resident Networking Luncheon ▲ Dîner de réseautage des étudiants et des résidents en médecine familiale ▲																	
13:30-14:30	86 COPD Management 2019 🗣️		38 Urine Drug Testing and its Application to Opioid Agonist Treatment	155 Big Reds and Mustangs: Unique rural emergency cases		315 Pearls in Primary Care Occupational Medicine for the Family Physician	97 Alcohol in Pregnancy: A 2019 update			370 Resident Simulation Showcase ⚡		222 Practical Tips to Support Patients With Dementia and Their Families	194 Providing Safer, More Inclusive Care for STBBIs in Your Practice	415 Creating a "Patient's Medical Home+" Through Indigenous Elders Partnering with Physicians		214 Coach Your Peers Wherever They Teach ❁	414 Fostering Conversations with Field Notes Using Electronic Tools ❁	276 Truth and Reconciliation Calls to Action: How are we doing as family docs in Canada? ❁
14:30-15:00	BREAK PAUSE																	
15:00-16:00			198 How to Write So Other Specialists Will Listen: Crafting consult requests	446 Sedation in the Emergency Department	93 Cannabis for Medical Purposes: Essentials for effective practice	143 Screen Time, Blue Light and Children's Eyes	248 Celiac Disease: What every family physician needs to know	190 Making Buprenorphine/ Naloxone Accessible in Primary Care: Practical tips and tricks	370 Resident Simulation Showcase ... cont'd ⚡		222 Practical Tips to Support Patients With Dementia and Their Families ... cont'd					136 The Ecology of Family Medicine and Clinical Education ❁	243 Transition to Residency ❁	
16:15-17:15			142 Managing Alcohol Use in the Primary Care Setting	402 Safe and Appropriate Use of Antipsychotics: Refining your practice	358 How To Read a Chest X-ray	293 Patient Portals: Online access but are we ready?	209 Optometric Care of the Patient with Diabetes			333 Treating the Patient Who Can't Make Ends Meet		78 Medico-legal Essentials for Leaders: Decreasing harm through a just culture	197 Pregnancy Failure: Updated diagnosis and management			241 CaRMS and Electives ❁		
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