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# New Doctor on Time

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- Assistant Professor of Family Medicine – McMaster & Queen's Universities
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# Conflicts of interest

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- none

# Top 10 Reasons Doctors are Late



# Why be on time?



# 1. Too Many Patients

## Solutions

- Barriers to change
- Aunt Mabel



## 2. Improper Delegation

- Secretaries
- Nurses
- Pharmacists
- Specialists
- Patients



### 3. Emails & Paperwork

- Daily in your calendar
- Vacations: come back early

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16	17	18	19	<b>20</b>	21	22
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23	24	25	26	27	28	29
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30	31					
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7:00 AM | Swim

8:00 AM

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8:00 AM | Paperwork emails

9:00 AM

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# 3. Paperwork Continued

Ocean  
Wave Tablet





## 4. Interruptions

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- Phone
- Toolkit
- Back-up your staff

## 4. Interruptions continued

- Leave Monday's empty
- Shift physicals into the summer
- Wobblers





# 5. Multi-Problem Patients

- Auto mechanic
- Lists and serial complainers



# Seniors



# 6. Seniors

- What has changed?
- Middle of the day
- Bring caregiver and meds
- Consolidate Nursing  
Homes

## 7. Too Many Outside Responsibilities

- House calls
- Administration

## 7. Too Many Outside Responsibilities continued

- Call groups – Go big or go home
- Hospital
- Retreats

# 8. No Competition



- Psychological Counselling





# Marriage counselling

- Delegate to a pro
- More time, skill and neutral
- Can meet off hours
- Cheaper than alimony or  $\frac{1}{2}$  your **ass(ets)**
- One go if one refuses

# 10. Never Taught to be Efficient

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**CHANGE**

# CHANGE

- Diagnosis
- Want to change
- Set start date
- Email your secretary now
- As of one month today please book no patients on Mondays; same day call ins only

# Miscellaneous

- Missed appointments
- Internet down-loaders

# SPECIFIC PATIENT PROBLEMS

- Fatigue
- Wax in ears
- Dementia
- Journals, e-journals

# MY LIFE



# APPLAUSE





# QUESTIONS?

- Email me at [drjohnncrosby@rogers.com](mailto:drjohnncrosby@rogers.com) for free course

