

ANCILLARY SESSIONS



FMF will feature breakfast and lunchtime ancillary sessions, each certified for an additional Mainpro+ Group Learning Credit.

Thursday, November 15

T734 Superficial Chronic Venous Disease (sCVD): A burdensome, yet under-recognized problem
12:30–13:30 Robert Tautkus, MD

Learning objectives:

1. Summarize the pathophysiology of superficial chronic venous disease (sCVD)
2. Discuss the diagnostic evaluation of sCVD
3. Evaluate the treatment options for sCVD

Description:

Superficial chronic venous disease (sCVD) affects a large proportion of the general population, and exerts a considerable impact on the patient's quality of life, especially in its more severe stages. Most commonly clinically presenting with varicose veins, sCVD represents a spectrum of disease. Effective treatment options are available, but the condition remains under-recognized and under-treated in practice.

T759 Clinical Conundrums: Practical strategies for atrial fibrillation management in real world practice with real world worsening kidney function vignette
12:30–13:30 Paul Dorian, MD

Learning objectives:

1. Explain the role of non-vitamin K antagonist oral anticoagulants (NOACs) in patients with chronic kidney diseases
2. Review the clinical challenges presented by patients with worsening kidney function and transitioning from NOACs to warfarin
3. Describe the differences, advantages, and limitations among the formulae used for estimating kidney function; estimated Glomerular Filtration Rate (eGFR) and estimated Creatinine Clearance (eCrCl)

Description:

The Clinical Conundrums program is an evidence-based, practical, educational activity designed to address the perceived and unperceived needs of primary care physicians and facilitate exchanges around optimal strategies for stroke prevention in patients with atrial fibrillation. This program offers a variety of scenarios, comorbid conditions and patient profiles commonly encountered in clinical practice.

T760 In Control: Long-acting insulins for the management of type 2 diabetes
17:15–18:15 Robert Schlosser, MD

Learning objectives:

1. Establish the role of basal insulin therapy in the management of type 2 diabetes mellitus (T2DM) as per the 2018 Diabetes Canada clinical practice guidelines
2. Apply strategies to overcome common challenges associated with insulin initiation and optimization and employ knowledge of key concepts, including glucose variability, hypoglycemia and continuous glucose monitoring
3. Compare agent-specific characteristics of the available basal insulins, with a focus on newer basal insulins

Description:

Basal insulin remains one of the most effective treatments for type 2 diabetes, but complications associated with high and low blood glucose can prevent patients from achieving their glycemic targets and therapeutic goals.

This case-based program focuses on the management of type 2 diabetes with basal insulin therapy, highlighting key updates from the new 2018 Diabetes Canada clinical practice guidelines. Participants will have opportunities to discuss important clinical data, strategies to reduce the risk of hypoglycemia and approaches to help patients achieve their treatment goals. Through interactive discussions and workbook exercises, participants will gain a thorough understanding of how to incorporate these concepts into clinical practice.

Friday, November 16

F735 Hypertension 2020: Putting the guidelines into practice

12:30–13:30 Alan Bell, MD, CCFP, FCFP

Learning objectives:

1. Apply appropriate methods for making a diagnosis of hypertension
2. Implement evidence-based threshold and target BPs
3. Integrate guidelines for hypertension management

Description:

This is an educational resource specifically intended to help primary care physicians implement the latest evidence-based medicine on hypertension management. Brief clinical case vignettes are used to highlight important recommendations from Hypertension Canada Guidelines, and reinforce the key existing guidelines that remain relevant for optimizing patient outcomes.

F758 Patients and Health Care Providers: Partners in obesity management

12:30–13:30 Sean Wharton, MD

Learning objectives:

1. Demonstrate an understanding of the impact of obesity and its pathophysiology as a chronic disease and outline a rationale for its management
2. Discuss practical approaches to overcoming challenges in the management of obesity
3. Outline the current treatment options for obesity including behavioural interventions, pharmacotherapy and surgery, and learn strategies to incorporate management options into practice

Description:

Obesity is a highly prevalent, chronic disease that requires management. Both healthcare providers and patients play important roles in determining the eventual success of an obesity management plan. This program not only highlights the fundamental concepts and key considerations for obesity management, but also provides a patient's perspective to underpin the importance of this collaboration.

Saturday, November 17

S757 Hot Topics in Atrial Fibrillation

12:30–13:30 Peter Lin, MD

Learning objectives:

1. Describe the similarities and differences among anticoagulants currently available in Canada for stroke prevention in atrial fibrillation (AF)
2. Recommend appropriate, guideline-recommended anticoagulants at appropriate doses based on patient and drug characteristics
3. Use recommended tools to help manage anticoagulation around surgical or invasive procedures

Description:

This interactive learning session will examine some of the latest "Hot button themes" in the management of Atrial Fibrillation. Interactive polling will be used to gauge the audience's knowledge and opinions on cases and topics that discuss a variety of current themes. Topics include the differences in current Anticoagulant medications, which medication to use for which patient type, the importance of appropriate dosing of Oral Anticoagulants BOAC for the right patients and perioperative management of OAC.

S761

Get to Target: Considerations for adding long-acting GLP-1 RAs

12:30–13:30 Sorin G Beca, MD

Learning objectives:

1. Recognize the key features of long-acting GLP-1 RAs and their potential role in diabetes management within a primary-care setting
2. Reflect on a Diabetes Canada 2018 guideline-based approach to using the GLP-1 RA class to manage type 2 diabetes
3. Integrate practical tips for initiating long-acting GLP-1 RA therapy based on patient characteristics

Description:

Achieving glycemic targets in the management of type 2 diabetes (T2D) is essential to delaying, and possibly preventing, micro- and macrovascular complications of diabetes. While lifestyle changes are the cornerstone of T2D management, Canadian clinical practice guidelines also recommend a number of pharmacologic options to help patients achieve glycemic control—GLP-1 receptor agonists (GLP-1 RAs) being one of them. Over recent years, the number of therapies within the GLP-1 RA class has grown, with the newest entrants being the long-acting GLP-1 RAs. Using a patient profile, this program aims to highlight the key considerations and role of available long-acting GLP-1 RAs in the early stages of treatment and beyond. Participants will have numerous opportunities to discuss how these insights can be applied to clinical practice and review practical tips on how to incorporate GLP-1 RA therapy into a patient's treatment plan.

‣ **Pre-registration** is required for ancillary sessions, however there is no additional fee to attend.