

#MYFMF
#MONFMF



THE COLLEGE OF
FAMILY PHYSICIANS
OF CANADA



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU CANADA

SCHEDULE AT A GLANCE

Metro Toronto
Convention Centre

APERÇU DU PROGRAMME

Palais des congrès
du Toronto
métropolitain

NOV 14-17, 2018
TORONTO, ONTARIO

fmf.cfpc.ca



familymedicineforum



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FMF 2018

WEDNESDAY / MERCREDI

| ROOM / SALLE | 803AB | 706 | 707 | 709 | 711 | 712 | 713A | 713B | 714AB | 715AB | 716AB | 717AB | 718A | 718B | 700 Foyer | 601AB | 602AB | 603 | 604 | 605 | 205C |
|--------------|---|---|---|---|--|--|--|--|---|--|---|--|---|---|---------------------------------|---|--|--|--|--|---|
| 08:00–09:30 | IAN MCWHINNEY KEYNOTE ADDRESS / DISCOURS D'OUVERTURE IAN MCWHINNEY : "A Call to Heal" / Un appel à guérir - Dr. Michael Kidd 🗣️ ★ ❄️ Hall F/G | | | | | | | | | | | | | | | | | | | | |
| 09:30–10:00 | BREAK / PAUSE | | | | | | | | | | | | | | | | | | | | |
| 10:00–11:00 | Socially Accountable Family Medicine Worldwide: The critical role of deans and academic leaders ❄️ (B) | | | | | | | | Mitigating the Opioid Epidemic from the Emergency Room ❄️ | | Examination of the Shoulder (MSK) ❄️ | | Building a Community of Practice for Teachers/Preceptors ❄️ | | Facilitated Poster Session ★❄️ | Mifepristone Abortion in your Office: What you need to know ❄️ | | Climate Change 101 for Family Physicians: World café of practical implications for practice ❄️ | TRANS-forming Your Practice: A comprehensive transgender workshop ❄️ (B) | Autism Spectrum Disorders Multidisciplinary Panel: Screening, diagnosis, physical and mental health, adult ASD ❄️ | |
| 11:15–12:15 | Family Medicine Innovations: Snapshots from around the globe PART 1 ❄️ | Bringing Learners into Your Office: Reducing barriers to effective teaching in your practice ❄️ | Selection Bootcamp: Brainstorming solutions to barriers and pitfalls in the selection process ❄️ | Leadership Transitions in Family Medicine: Harness your potential to take on new things! ❄️ | Improving Feedback: Tips and tricks for teaching the CanMEDS Communicator role ❄️ | Teaching Family Medicine Maternity Care: Lessons learned from the 2018 National Forum ❄️ | Fire Up Your Lectures: Take your medical presentations from great to outstanding ❄️ | You've Been Asked to be on a Scientific Planning Committee: Now what? ❄️ | | Evidence-based Remediation Interventions for Learners in Difficulty: A new interactive tool ❄️ | The OA Tool: Primary care comprehensive management ❄️ | Increasing Family Physicians' Capacity to Coach and Mentor Each Other: Who benefits? Why? ❄️ | | Presentations by Research Award Winners ★ | | | Case-based HIV Workshop for the Primary Care Practitioner: Practical knowledge and advice ❄️ | | | | ADHD: Overcome misconceptions and treat with confidence (1) |
| 12:15–13:30 | LUNCH / DÎNER 700 Foyer | | | | | | | | | | | | | | | | | | | | |
| 12:15–13:30 | OCFP Annual Meeting / Assemblée annuelle des membres du CMFO. 501A • Section of Communities of Practice in Family Medicine Networking Lunch / Dîner de réseautage de la Section des Communautés de pratique en médecine familiale. 701A/701B Teachers and Preceptors Knowledge Café and Lunch / Dîner des enseignants et des superviseurs au Café du savoir. 718A • Section of Researchers Lunch / Dîner et réunion de la Section des chercheurs. 718B • Besroun Lunch / Dîner Besroun. 803AB | | | | | | | | | | | | | | | | | | | | |
| 13:30–14:30 | Family Medicine Innovations: Snapshots from around the globe PART 2 ❄️ | Hooks and Traps: Everything you wanted to know about clinical teaching ❄️ | #Milleducation: Facing the generational divide in medical education ❄️ | Learning Plans: Individualized road maps to competence for residents ❄️ | Generalism: A key competency for socially accountable family physicians ❄️ (B) | Paging Dr. Scorsese: So you want to make an educational video? ❄️ | Simulation-based Teaching: A practical review ❄️ | Third Year Programs: Part of the problem or part of the solution? ❄️ | Bring Sim to Your Hospital ❄️ | Buprenorphine for Opioid Use Disorder: Prescribing a way out ❄️ | Perinatal Care: What's new and important in antepartum, postpartum, and newborn care ❄️ | Increasing Family Physicians' Capacity ... cont'd | | Distinguished Papers ★ | | Use of Vulvar Biopsy in the Diagnosis and Management of Common Vulvar Conditions ❄️ | Case-based HIV Workshop ... cont'd | Advance Care Planning: A primary care priority and responsibility ❄️ | TRANS-forming Your Practice ... cont'd | Promoting Health Through Planning for Life Phase: Transitions for people with developmental disabilities ❄️ | |
| 14:30–15:00 | BREAK / PAUSE | | | | | | | | | | | | | | | | | | | | |
| 14:30–15:00 | Poster Viewing / Exposition d'affiches. 700 Foyer • New FMF Delegate Orientation - Meet at Registration | | | | | | | | | | | | | | | | | | | | |
| 15:00–15:15 | Hooks and Traps ... cont'd | Teaching Decision Making to Medical Students and Residents ❄️ | The Successful Integration of an eConsult Service into a Family Health Team's Workflow ★ | The Effect of Urban Density on Mental Health: A systematic review ★ | Wellness Wheel Clinic Evaluation: Community-partnered care model improving access to care on reserve ★ | Implementation and Barriers to Identification and Treatment of Perinatal Alcohol and Tobacco Use ★ | Co-design of a Naloxone Kit for Family Practice, Emergency Departments ★ | The Older Patient in the Emergency Department: What you need to know ❄️ | Buprenorphine for Opioid Use Disorder: ... cont'd | Perinatal Care: What's new ... cont'd | A Shared Definition of Feedback is Essential in Faculty Development (FD) for Improving Teaching ★❄️ | Peer Consultation and Mentorship ❄️ | | Facilitated Poster Session ★❄️ | Use of Vulvar Biopsy ... cont'd | Case-based HIV Workshop ... cont'd | Advance Care Planning: ... cont'd | | | Implementing Comprehensive Health Assessments ("Health Checks") for Adults with Intellectual and Developmental Disabilities ❄️ | |
| 15:15–15:30 | | | How Long are Canadians Waiting to Access Specialty Care? ★ | Is There an Association Between Screen Time and Depression in Patients Ages 13 to 25? ★ | Ambulatory Care Sensitive Condition Hospital Admissions in MB First Nations ★ | Factors Influencing Rural Career Choice of Urban-origin Family Medicine Graduates ★ | Opioid Agonist Treatment During Residential Treatment for Opioid Use Disorder: Access and Outcomes ★ | | | | Family Medicine Journal Club: To tweet or not to tweet? ★❄️ | | | | | | | | | | |
| 15:30–15:45 | | | Defining Pediatric Diabetes Using EMR Records and Validation from Linkable Manitoba Cohort Data ★ | Implementing Personalized Cancer Medicine into Primary Care: Challenges and solutions ★ | Patient Experiences of a Lifestyle Program for Metabolic Syndrome in Family Medicine Clinics ★ | Practical Apps: Assessing the quality of mobile health apps for chronic disease management ★ | New Integrated Balanced Methadone Maintenance Treatment Program Embedded in a Family Practice Clinic ★ | | | | If You Build It, They Will Stay: Resident training in an under-served community ★❄️ (B) | | | | | | | | | | |
| 15:45–16:00 | | | Protocol for a Large QI-PBRN Collaborative Study on Improving Care for Complex Elders ★ | The Barriers to Breastfeeding on Prince Edward Island in 2017 ★ | Addressing Malnutrition in Hospitalized and Discharged Patients: Identifying opportunities in... ★ | Feeling Overwhelmed? Examining perceptions of CBME graduates three years into practice ★ | Effects of Training Laypeople to Deliver Emergency Care in Underserved Populations ★ | | | | "Nightmares" Course is an Effective Acute Care Teaching Tool for Family Medicine (FM) Residents ★❄️ | | | | | | | | | | |
| 16:00–16:15 | | | Characterizing High System Use Across the Primary-Tertiary Care Continuum: Manitoba high system users ★ | Use of Conscious Sedation to Facilitate Intrauterine Device Insertion ★ | Food is Medicine: Nutrition algorithm improves patient care on an accountable care unit ★ | Evaluation of the Factors Related To Focused Practices in FM ★ | Assessments and Provisions of Medical Assistance in Dying in Canada in 2017 ★ | | | | | | | | | | | | | | |
| 16:15–16:30 | Reflections of the Global Family Medicine Community ❄️ | | Optimal Primary Care Team Processes for Complex Patients with Multimorbidity ★ | | Obesity Prevention Education During Infancy: What do parents think about our messages? ★ | | End of Life Care and Medical Assistance in Dying Knowledge within Marginalized Populations ★ | Chest Pain in the ER ❄️ | Care of the Older Patient: Evidence to change practice ❄️ | | | | | | | | | Talk to me!: An approach to enhancing empathy and advance care planning communication ❄️ | | | |
| 16:30–16:45 | | | Hypoglycemia Vigilance from the Perspective of Patients' Significant Other ★ | | Systematic Review and Meta-analysis of Exposure to Child Abuse Amongst Canadian Prisoners ★ | | | | | | | | | | | | | | | | |
| 16:45–17:15 | | | | | | | | | | | | | | | | | | | | | |

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THURSDAY / JEUDI

| ROOM / SALLE | Hall F | Hall G | 801AB | 802AB | 803AB | 701A | 701B | 705 | 707 | 709 | 713AB | 714AB | 715AB | 716AB | 717AB | 718A | 718B | 700 Foyer | 601AB | 602AB | 603 | 604 | 605 | 501A |
|--|---|--|---|--|--|--|--|---|--|---|--|---|---|--------------------------------|--|---|---|----------------------------|--|--|---|--|--|---|
| 08:00–09:30 | The Happiness Equation / L'équation du bonheur - Neil Pasricha 🗣️ Hall F/G | | | | | | | | | | | | | | | | | | | | | | | |
| 09:30–10:00 | BREAK / PAUSE | | | | | | | | | | | | | | | | | | | | | | | |
| 10:00–11:00 | Childhood Anxiety Disorders: Identification and management 🗣️ ④ | Managing the 2017 Canadian Opioid Guidelines ⑥ | | | Stories of FP Experiences with Adults with Intellectual and Developmental Disabilities | What's New in Breastfeeding Medicine? ⑮ | How to Make a Self-management Asthma Action Plan for Your Patient with Asthma ③ | | | | Practical Patient Education Pointers for Your Practice | Somatizing: What every family physician needs to know ① | Preparing for Practice: The CFPC's self-guided learning approach from residency into practice ⑩ | | Follow-up Care of Breast Cancer Survivors: ...recommendations for primary care ② | Dangerous Ideas Soapbox 🗣️ | Mucky Meds: A practical approach to the nightmare medication list ⑫ | Facilitated Poster Session | Mental Health Disparities in Trans Populations, Minority Stress, Discrimination, and Intersectional Oppression ⑱ | Mentorship: The hidden essential throughout your teaching trajectory ❀ | Forward Feeding in Family Medicine Residency Training Programs ❀ | Le leadership et l'enseignement en médecine familiale : pour y voir plus clair ❀ | Chronic Hepatitis C Eradication in BC: Important role of primary care ★ | Preparing for Retirement: The challenges for family physicians and their patients |
| 11:15–12:15 | Hear Ye, Hear Ye: The COPD management paradigm has shifted! 🗣️ | Acne Therapy Demystified ⑧ | Jeopardy: Rapid-fire pearls for common primary care presentations | Back to the Future ⑩ | | | | Air Pollution: What you can do about it in the office and community ⑪ ⑱ | TRANS-forming your practice in 2018: An introduction to transgender medicine | Exercise Prescription for Chronic Conditions ③ | Chronic Disease Prevention and Management in Immigrant Populations ⑥ | Applying the New 2018 Diabetes Canada Guidelines in Your Practice: The essentials ⑥ | Expanding the PC Toolbox: Buprenorphine for opiate use disorders ① | | I am Feeling a Little Strange: An approach to altered level of consciousness ⑨ | | Using Innovative Point-of-care Tools to Enhance Decision Making in Primary Care ⑤ | | The Best of Primary Care Research from NAPCRG 2017 ★ | | Improvisational Theatre: Applying the improvment model to medical education, FD, and wellness ❀ | | Getting a Piece of the Pie: The CFPC's Pii ★ | |
| 12:15–13:30 | LUNCH / DÎNER Exhibit Hall D Hall d'exposition D | | | | | | | | | | | | | | | | | | | | | | | |
| CFPC Annual Meeting of Members / Assemblée annuelle des membres du CMFC 🗣️ 718A • 13:00-13:30 New FMF Delegate Orientation - Meet at Registration | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:30–13:30 | Superficial Chronic Venous Disease (sCVD) 🗣️ 701A • Clinical Conundrums: Practical strategies for atrial fibrillation management in real world practice with real world worsening kidney function vignette 🗣️ 701B | | | | | | | | | | | | | | | | | | | | | | | |
| 13:30–14:30 | More Than Hot Flashes: Addressing the other menopausal symptoms and risks 🗣️ ⑮ | Nutrition for Dummies | Hot Topics in Osteoporosis and Fracture Prevention: Answers to your questions ⑫ | Top Five Articles in Hospital Medicine | | | | | | To Screen or Not to Screen: Cancer screening outside the organized programs ⑤ | Living Well and Living Hell: Triumphs and tribulations of collaborative practice | Your Patients are Self-medicating with Cannabis: What they (and you) need to know | From the Annual Physical to Osteoarthritis: Five CFPC tools/ programs to support practice | Simulation Olympiad ⑨ | Artificial intelligence and the Digital Revolution: What does it mean for FM? ⑲ | | How Long Do I Have to Live, Doc?: Prognostication tools in palliative care ⑰ | | Adverse Childhood Experiences: Identification and strategies for intervention ④ | Rural Road Map: Collaborative Forum ❀ | Development of Global Health Care: Competencies for Canadian post-grad FM programs ❀ ⑪ | Team-based Teaching: Tips from the trenches ❀ | Supporting an Innovative CPD Environment for Physicians in Practice ★ | Convalescence and the Artist ⑰ |
| 14:30–15:00 | BREAK / PAUSE | | | | | | | | | | | | | | | | | | | | | | | |
| 15:00–16:00 | Weeding Through the Evidence for Medical Marijuana 3.0 🗣️ ① | Men's Health in 2018: UP date on DOWN below | Pearls and Pitfalls of Topical Steroid Therapy ⑥ | | My Patient is a Pilot: What do I need to know? ⑮ | Advances in Care for Pregnant and Postpartum Women with Mental Illness ① | Improve Your Access to Specialists Using eConsult Services Available in Canada ⑲ | | | | Archie's Final Journey: It took a village but it was done magnificently ⑰ | Screening for Adverse Childhood Events (ACEs): Evidence, challenges, and tools/resources for improving care ⑤ | First Five Years in Family Practice: Improving efficiency and time management in early career ⑩ | Simulation Olympiad ... cont'd | | An Information Session on Medical Cannabis 🗣️ ⑥ | Calling for a Medical Home for Canadian Military Families | | La périnatalité sociale pour sortir des silos d'intervention ⑮ ⑱ | Rural Road Map: ... cont'd | Fundamentals of Assessment 101: Principles and approaches for assessing learners in clinical training ❀ | What Residents Want: The learning plan ❀ | Research and QI for Beginners: Essential methodology and exploring QI and research interface ★ | Effective FD for Quality Family Medicine Worldwide ❀ ⑪ |
| 16:15–17:15 | Derm DDX Stat Rounds 🗣️ ⑧ | Best Practices in Concussion Assessment and Management ⑳ | Medical Cannabinoids Prescribing Guideline: Sorting "doo-bie"-ous claims from "high" level evidence | | Pearls in Thrombosis Update for Family Physicians: A case-based approach ③ | | | | | | Rebranding Digital Health in an Age of Continuous Quality Improvement | | Enough About Burnout, Let's Talk Wellness: Strategies to fire up faculty and residents ⑩ | | Anecdote and Evidence in the Orthotic Industry | Managing Insomnia in Primary Care 🗣️ ① | Social MEDIA: Pearls and pitfalls when technology meets medicine ⑲ | | Social Perinatal Care, to Break Away from Intervention Silos: The Maison Blue case ⑮ ⑱ | | | Strategizing for Writing Manuscripts: Developing one's own template ★ | Get Ready to Get Fit: Priming the mind and body for movement | |
| 17:15–18:15 | In Control: Long-acting insulins for the management of type 2 diabetes 🗣️ 701B | | | | | | | | | | | | | | | | | | | | | | | |

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- ① Addiction Medicine | Mental Health • Médecine des toxicomanies | Santé mentale
- ② Cancer Care • Soins aux patients atteints du cancer
- ③ Cardiology | Respiratory Medicine • Cardiologie | Médecine respiratoire
- ④ Child and Adolescent Health • Santé de l'enfant et de l'adolescent

- ⑤ Choosing Wisely | Screening | Preventive Medicine • Choisir avec soin | Dépistage | Médecine préventive
- ⑥ Chronic Pain • Douleur chronique
- ⑦ Compassionate Care • Soins prodigués avec compassion
- ⑧ Dermatology • Dermatologie

- ⑨ Emergency Medicine • Médecine d'urgence
- ⑩ First Five | Resident | Student • Cinq premières années de pratique | Résident | Étudiant
- ⑪ Global Health • Santé mondiale
- ⑫ Health Care of the Elderly • Soins aux personnes âgées

- ⑬ Humanities • Sciences humaines
- ⑭ Infectious Disease • Maladies infectieuses
- ⑮ Maternity and Newborn Care | Women's Health • Soins de maternité et de périnatalité | Santé des femmes
- ⑯ Occupational Medicine • Médecine du travail

- ⑰ Palliative Care • Soins palliatifs
- ⑱ Social Accountability • Responsabilité sociale
- ⑲ Practice Management • Gestion de la pratique
- ⑳ Sport Medicine | MSK | Orthopedics • Médecine du sport | Musculosquelettique | Orthopédie

- ★ Research • Recherche
- ❀ Teaching | Precepting • Enseignement | Supervision
- 🗣️ Sessions shaded in pink are not certified by the CFPC. • Les séances surlignées en rose ne sont pas certifiées par le CMFC.
- 🗣️ Keynote • Plénière

FRIDAY / VENDREDI

| ROOM / SALLE | Hall F | Hall G | 801AB | 802AB | 701A | 701B | 705 | 707 | 709 | 711 | 713AB | 714AB | 715AB | 716AB | 717AB | 718A | 718B | 700 Foyer | 601AB | 602AB | 603 | 604 | 605 |
|--------------|---|--|--|---|---|---|---|--|--|---|---|---|--|---|--|---|--|----------------------------|---|---|---|---|---|
| 08:00–09:30 | Equitable Health Care for First Nations Children / Des soins de santé équitables pour les enfants des Premières Nations - Dr. Cindy Blackstock, TD Insurance Spotlight on Achievement Award / Prix Pleins feux sur les réalisations TD Assurance State of the College Address / Discours sur l'état du Collège • President's Installation / Installation du président 🗣️ 18 Hall F/G | | | | | | | | | | | | | | | | | | | | | | |
| 09:30–10:00 | BREAK / PAUSE Poster Viewing / Exposition d'affiches. 700 Foyer | | | | | | | | | | | | | | | | | | | | | | |
| 10:00–11:00 | Managing Chronic Pain in FM Within the Climate of an Opioid Crisis 🗣️ 6 | Update on Screening Recommendations: What is new? What is controversial? 5 | Non-Melanoma Skin Cancer in the FM Office: Practical pearls 8 | Giving Ourselves the Tools to Assess Comprehensiveness Across International Primary Care Settings ★ 6 | Identifying Potentially Harmful Medications when Prescribed Inappropriately to Patients with Impaired Kidney Function 6 | Tongue-ties Demystified 15 | | Exercise, Pregnancy, and Impact on Future Health: Update 2018 15 | | | Red Eye, a Simple Approach: Evidence, pearls, and medico-legal pitfalls 9 | Neurobiologically-based Approaches to the "Difficult Patient": Part 1 of understanding complex trauma 1 | What Do I Do With My Residency QI Project After Residency? 10 | The Road to Living Well as an MD: From survive to thrive | Numeracy 101: How do we best teach patients about the numbers? 18 | Top Five Articles in Respiratory Medicine 🗣️ 3 | Canadian Cardiovascular Society Antiplatlet Guidelines: Management of APT for the family physician 3 | Facilitated Poster Session | | Health Advocacy: Exploring the levers that drive teaching and learning in your setting ✨ | Fundamentals of Assessment 102: Applying assessment principles to designing programmatic assessment ✨ | From Enhanced Skills to Enhanced Competence: Triple C and enhanced skills residency training ✨ | Research Highlights from Wednesday ★ |
| 11:15–12:15 | Top 10 Missteps when Treating Skin Diseases 🗣️ 8 | CCS Atrial Fibrillation Guidelines: Management of Atrial Fibrillation for the FP 3 | Young Adults: Prevention tools and strategies 5 | Using Data and Resources to Improve the Care of Elderly Patients with Polypharmacy 12 | | | "Will Mommy Die?": Introducing new online resource for supporting grieving children 4 | Fact or Fiction: Understanding the true risks and benefits of intrauterine contraceptives 15 | Money, Time, and Medicine: Is it worth it? | The Best of Both Worlds: Maintaining optimum health for refugees 18 | Hepatitis C: Tools, pearls, and new treatments for primary care | | First Five Years in Family Practice: Locums 101 10 | Management of Palliative Care Emergencies 17 | The HARMS Initiative for Safer Opioid Prescribing Through Systematic Urine Drug Testing 6 | | | | Bridging Canadian and International Experience in FM Towards Health for All | | | | |
| 12:15–13:30 | LUNCH / DÎNER Exhibit Hall D Hall d'exposition D Teachers and Preceptors Town Hall / Assemblée générale des enseignants et superviseurs. 718A • First Five Years in Family Practice Luncheon / Dîner pour les médecins de famille dans les cinq premières années de pratique. 718B | | | | | | | | | | | | | | | | | | | | | | |
| 12:30–13:30 | Hypertension 2020: Putting the guidelines into practice 🗣️ 701A • Patients and Health Care Providers: Partners in obesity management 🗣️ 701B | | | | | | | | | | | | | | | | | | | | | | |
| 13:30–14:30 | Top 10 Things Every Family Doctor Should Know About Cancer 🗣️ 2 | Marijuana for Medical Purposes: The essentials for effective practice 1 6 | How to Integrate Pharmacists Effectively in the Patient's Medical Home | | | | Management of Nausea and Vomiting in Palliative Care 17 | "I Never Learned that in School!": Clinical skills for working with diverse patients 18 | Acne Treatment: Prescribing Isotretinoin safely 8 | Student and Resident Leadership Workshop - by invitation only | Simple Spirometry for Asthma Diagnosis in Primary Care: What guidelines don't tell us 3 | Top 10 Care of the Elderly Articles 12 | Supporting Participation in Decision Making of Adults with Intellectual and DD | Approach to the Suicidal Patient in Primary Care 1 | Downward Docs: Mindful movement workshop for family practice | | | | Helping Your Patients Living With Obesity 6 | | Addressing Minimal Competence in a Competency-based Curriculum ✨ | Teaching Outside the Box: Creative ways to revitalize the classroom ✨ | Quality Improvement to Strengthen Health Services Integration ★ |
| 14:30–15:00 | BREAK / PAUSE Poster Viewing / Exposition d'affiches. 700 Foyer | | | | | | | | | | | | | | | | | | | | | | |
| 15:00–16:00 | Prevention in Practice: What to do less often, or not at all 🗣️ 5 | STIs/Contraception for the Primary Care Provider: Choose your own adventure! | Update in Management of Thyroid Nodules and Cancer Including Long-term Follow-up | | Applying 2018 Diabetes Canada Guidelines in Your Practice: Comorbid mental illness 1 | Kittens and Brownies: Unique rural emergency cases 9 | Intrapartum Skills: A refresher of specific skills 15 | | First Responders and PTSD 16 | Student and Resident Leadership Workshop ... cont'd | How to Prevent Burnout Like Thor, While Saving the Universe | Colorectal Cancer Screening in Canada in 2018: What's all the fuss about FIT? 5 | Supporting Participation in Decision Making of Adults cont'd | | Group Medical Visits: Means to educate patients/ manage chronic illness 6 | Helping Patients and Families Understand Frailty ... Before a Health Crisis 🗣️ 12 | Diagnosis and Treatment of Alcohol Use Disorders in Your Busy Family Practice 1 | | Helping Your Patients Living With Obesity ... cont'd | | A Roadmap for Teaching Complex Conversations to Medical Learners: Stories from palliative care ✨ | Digital Storytelling: An innovative, narrative approach to facilitate CanMEDS-FM role acquisition ✨ | Global Family Medicine Narratives: The Storybooth experience ★ |
| 16:15–17:15 | ADHD: Overcome misconceptions and treat with confidence (2) 🗣️ 1 | O-MI-G, That's a Lot of Drugs!: Navigating current issues in post-MI pharmacotherapy 3 | Science of Food Allergy: Latest research findings and implications for FM | | Practising to Choose Wisely in Long-term Care 5 | What are Best Practices for Managing Infant Sleep Problems? 4 | | | Applying 2018 Diabetes Canada Guidelines in Your Practice: Elderly patients 6 12 | Student and Resident Leadership Workshop ... cont'd | Substance Use Disorder Guidelines for Older Adults: Helping you prevent and treat 12 | Femoral Acetabular Impingement Simplified 20 | | Opioid Use for Chronic Non-cancer Pain: The big picture 6 | Developing and Enhancing FP Emotional Awareness with Complex and Emotionally Demanding Cases | Healthy Baby: Nutrition in the first 12 months 🗣️ 15 | "Do the Needful": QuRE—improving the quality of the referral/consultation process | | Storytelling in Medicine 12 | Learner Assessment: How preceptors can use validity evidence to assist with decision making ✨ | | Supporting Family Doctors in Building Mental Health Capacity: The ECHO Model ★ | |

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- 🗣️ Keynote • Plénière

SATURDAY / SAMEDI

| ROOM / SALLE | Hall F | Hall G | 801AB | 803AB | 701A | 701B | 709 | 711 | 713AB | 714AB | 715AB | 716AB | 717AB | 718A | 718B | 601AB | 602AB | 603 | 604 | 605 | |
|--------------|--|---|--|---|---|--|--|---|---|---|--|--|--|---|---|---|--|--|--|--|--|
| 08:30-09:30 | What's New, What's True, and What's Poo: Top studies of last year 🗣️ | Changing the Approach to Treating Hypertension in the Elderly: Slow down or SPRINT 12 | A Strategic Approach to Syncope 3 | | Optimizing Prenatal Care for Women with Substance Use Disorders: ... 15 1 | | Améliorer les taux de vaccination chez les adultes : stratégies et communication | | Navigating the Moral Terrain in a Case of Feeding Tube Withdrawal | Approaches to Common Family Medicine Resident Leadership Challenges 10 | A Practical Update on Prevention 5 | "Help, I Think I'm Going Crazy!": An approach to pruritus in the elderly 8 | Lifestyle Medicine: New tools, new outcomes, empowered patients | Approach to Post-Traumatic Stress Disorder in Primary Care 🗣️ 1 | Infectious Diseases Update 2018 14 | | | | | | |
| 09:30-10:00 | BREAK / PAUSE | | | | | | | | | | | | | | | | | | | | |
| 10:00-11:00 | Clinical Tools to Help Rule in Medically Unexplained Symptoms 🗣️ | Fatal Rashes You Cannot Miss! 8 9 | Vicarious Traumatization: Self-care in a changing world | | Advance Care Planning: What's the point? 6 | Cycling, Food, Energy: Leadership opportunities for family physicians in planetary health | Is Medical Education Synonymous with Burnout? ✦ | Teaching Social Accountability in Practice: Translating theory to practice ✦ 18 | Exercise Prescription: The FITT Approach 20 | First Five Years in Family Practice: Top five essentials for early career physicians 10 | Opioid Crisis Simulation Workshop 1 | | The Value Proposition of Having an Occupational Therapist on Your Team | Current Issues in Long-term Care: National perspectives 🗣️ 12 | | Humanities and Wellness Toolkit 2: Reading, writing, and arts can save your life 15 | A Practical Approach to Remediation in Medical Education ✦ | Transition to Practice: A guide for the graduating resident ✦ 10 | Uncertainty in Medical Education and Practice: An intergenerational look at the "good enough" doctor ✦ | Patient Safety Culture Bundle for CEOs/Senior Leaders ★ | |
| 11:15-12:15 | Keeping the Flame Burning!: Ten critical rules to prevent physician burnout 🗣️ | CCS Heart Failure Guidelines: Key messages for primary care practitioners 3 | Melanoma Skin Cancer: An overview and practical approach 8 | Reducing Harm From Opioids in Family Practice | | | | | What You Need to Know About ACS/STEMI/NSTEMI in Women! 9 | Things You Didn't Learn in Residency: Medical-legal tips for early career physicians 10 | | Treating Acute Pain in Patients with Opioid Use Disorder in the ED 1 | Office Management of Patients with a Borderline Personality Disorder 1 | | Abnormal Uterine Bleeding 15 | Questions About Teaching You Were Always Scared to Ask ✦ | Locuming: A guide for the early career physician ✦ 10 | | | Navigate Evidence Around a Research Question ★ | |
| 12:15-13:30 | LUNCH / DÎNER Exhibit Hall D Hall d'exposition D Medical Student and Family Medicine Resident Networking Luncheon / Dîner de réseautage des étudiants et des résidents en médecine familiale. 718B | | | | | | | | | | | | | | | | | | | | |
| 12:30-13:30 | Hot Topics in Atrial Fibrillation ■ 701A • Get to Target: Considerations for adding long-acting GLP-1 RAs ■ 701B | | | | | | | | | | | | | | | | | | | | |
| 13:30-14:30 | How did you do it? Team Subban's Vision for Success / Comment réussir? La vision de l'équipe - Karl Subban 🗣️ Hall F/G | | | | | | | | | | | | | | | | | | | | |
| 14:30-15:00 | BREAK / PAUSE | | | | | | | | | | | | | | | | | | | | |
| 15:00-16:00 | | | Top 10 Family Medicine Papers to Change Your Practice | | Practising Anti-oppression in Medicine 19 | The Cost of Caring: Addressing grief among health care professionals in palliative care 17 | | | CCS Dyslipidemia Guidelines: A case-based approach to review new evidence 3 | Assessing the Quality of Guidelines to Choose for Your Practice 5 | Approach to Bipolar Disorder in Primary Care 1 | | | Changes in Management of COPD 2018 3 | Motivational Interviewing for Opioid Tapering 6 | | Transition to Residency: A medical student's guide ✦ | | | Origami: Understanding the (not so) ancient art of evaluation in rural research training ★ | |
| 16:15-17:15 | | | Treatment of Asthma in Canada: What are Canadian physicians doing? 3 | | Screen Time and Young Children: Promoting health and development in a digital world 4 | Women and Heart Disease: Sex- and gender-specific risk assessment in primary care 6 | | | Introduction to System Level Advocacy For Family Physicians 11 | | Approach to Psychotherapy in Primary Care 1 | | Applying the 2018 Diabetes Canada Guidelines in Your Practice: Pregnant and peripartum patients 15 | Top 10 Emergency Medicine Articles of 2017/2018 9 | | | | | | Scholarly Writing for Family Practice: Finding your oasis ★ | |

The language of the session title indicates the language in which the session will be presented. For sessions with simultaneous interpretation, this symbol 🗣️ will appear beside the titles. Les séances seront présentées dans la langue du titre mentionné. Le symbole des écouteurs indique que l'interprétation simultanée sera offerte. 🗣️

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