

# ANCILLARY SESSIONS



FMF will feature breakfast and lunchtime ancillary sessions, each certified for an additional Mainpro+ Group Learning Credit.

## Thursday, November 15

**T734 Superficial Chronic Venous Disease (sCVD): A burdensome, yet under-recognized problem**  
12:30–13:30 Robert Tautkus, MD

### Learning objectives:

1. Summarize the pathophysiology of superficial chronic venous disease (sCVD)
2. Discuss the diagnostic evaluation of sCVD
3. Evaluate the treatment options for sCVD

### Description:

Superficial chronic venous disease (sCVD) affects a large proportion of the general population, and exerts a considerable impact on the patient's quality of life, especially in its more severe stages. Most commonly clinically presenting with varicose veins, sCVD represents a spectrum of disease. Effective treatment options are available, but the condition remains under-recognized and under-treated in practice.

**T759 Clinical Conundrums: Practical strategies for atrial fibrillation management in real world practice with real world worsening kidney function vignette**  
12:30–13:30 Paul Dorian, MD

### Learning objectives:

1. Select personalized treatment options for stroke prevention in atrial fibrillation using current Canadian Practice Guidelines supplemented with reassuring "Real World" experience
2. Assess and optimize bleeding risk of atrial fibrillation patients requiring long-term NOAC stroke prevention treatment
3. Determine optimal NOAC selection and dosage according to specific and common co-morbidities, including advanced age, prior stroke or TIA, history of GI bleed, worsening renal function, concomitant CAD, or risk of noncompliance with medical therapy

### Description:

The Clinical Conundrums program is an evidence-based, practical, educational activity designed to address the perceived and unperceived needs of primary care physicians and facilitate exchanges around optimal strategies for stroke prevention in patients with atrial fibrillation. This program offers a variety of scenarios, comorbid conditions and patient profiles commonly encountered in clinical practice.

## Friday, November 16

**F735 Hypertension 2020: Putting the guidelines into practice**  
12:30–13:30 Alan Bell, MD, CCFP, FCFP

### Learning objectives:

1. Apply appropriate methods for making a diagnosis of hypertension
2. Implement evidence-based threshold and target BPs
3. Integrate guidelines for hypertension management

### Description:

This is an educational resource specifically intended to help primary care physicians implement the latest evidence-based medicine on hypertension management. Brief clinical case vignettes are used to highlight im-

portant recommendations from Hypertension Canada Guidelines, and reinforce the key existing guidelines that remain relevant for optimizing patient outcomes.

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**F758                      Patients and Health Care Providers: Partners in obesity management**  
**12:30–13:30**

**Learning objectives:**

1. Demonstrate an understanding of the impact of obesity and its pathophysiology as a chronic disease and outline a rationale for its management
2. Discuss practical approaches to overcoming challenges in the management of obesity
3. Outline the current treatment options for obesity including behavioural interventions, pharmacotherapy and surgery, and learn strategies to incorporate management options into practice

**Description:**

Obesity is a highly prevalent, chronic disease that requires management. Both healthcare providers and patients play important roles in determining the eventual success of an obesity management plan. This program not only highlights the fundamental concepts and key considerations for obesity management, but also provides a patient's perspective to underpin the importance of this collaboration.

**Saturday, November 17**

**S757                      Hot Topics in Atrial Fibrillation**  
**12:30–13:30**      Peter Lin, MD

**Learning objectives:**

1. Describe the similarities and differences among anticoagulants currently available in Canada for stroke prevention in atrial fibrillation (AF)
2. Recommend appropriate, guideline-recommended anticoagulants at appropriate doses based on patient and drug characteristics
3. Use recommended tools to help manage anticoagulation around surgical or invasive procedures

**Description:**

This interactive learning session will examine some of the latest "Hot button themes" in the management of Atrial Fibrillation. Interactive polling will be used to gauge the audience's knowledge and opinions on cases and topics that discuss a variety of current themes. Topics include the differences in current Anticoagulant medications, which medication to use for which patient type, the importance of appropriate dosing of Oral Anticoagulants BOAC for the right patients and perioperative management of OAC.

↗ **Pre-registration** is required for ancillary sessions,  
however there is no additional fee to attend.