



THE COLLEGE OF FAMILY PHYSICIANS



## **SCHEDULE** AT A GLANCE

Metro Toronto **Convention Centre** 

## **APERÇU DU PROGRAMME**

Palais des congrès du Toronto métropolitain

**NOV 14-17, 2018** TORONTO, ONTARIO







WEDN	IESDAY /	MERCREI	DI																		
ROOM / SALLE																					
08:00-09:30	IAN MCWHINNEY	KEYNOTE ADDRESS /	DISCOURS D'OUV	ERTURE IAN MCWHIN	NEY : "A Call to Heal" / U	⊥ Jn appel à guérir - Dr. Mi	∟ chael Kidd ᠺ 🛨 💠	1		I			I	1						I	
09:30-10:00	BREAK / PAUSE P	oster Viewing / Exposit	tion d'affiches																		
10:00-11:00	Socially Accountable Family Medicine Worldwide: The critical role of deans and academic leaders									Mitigating the Opioid Epidemic from the Emergency Room		Examination of the Shoul- der (MSK)	Facilitated Poster Session	Building a Community of Practice for Teachers/ Preceptors		Mifepristone Abortion in your Office: What you need to know		Climate Change 101 for Family Physicians: World café of practical implications for practice	TRANS-forming Your Practice: A compre- hensive transgender workshop	Autism Spectrum Disorders Multidisciplinary Panel: Screening, diagnosis, physical and mental health, adult ASD	
11:15–12:15	Family Medicine Innovations: Snapshots from around the globe PART 1	Evidence-based Remediation Interventions for Learners in Difficulty: A new interactive tool	Bringing Learners into Your Office: Reducing barriers to effective teaching in your practice	Selection Boot- camp: Brainstorm- ing solutions to barriers and pitfalls in the selection process	Leadership Transitions in Family Medicine: Harness your potential to take on new things!	Improving Feedback: Tips and tricks for teaching the Can- MEDS Communicator role	Teaching Family Medicine Mater- nity Care: Lessons learned from the 2018 National Forum	Fire Up Your Lectures: Take your medical presenta- tions from great to outstanding	You've Been Asked to be on a Scientific Planning Committee: Now what?			The OA Tool: Primary care comprehen- sive manage- ment	Increasing Family Physicians' Capacity to Coach and Mentor Each Other: Who benefits? Why?		Presentations by Research Award Winners		Case-based HIV Workshop for the Primary Care Practitioner: Prac- tical knowledge and advice				ADHD: Overcome misconceptions and treat with confidence (1)
12:15-13:30	LUNCH / DÎNER				edge Café and Lunch • S ignants et des superviseur						Besrour • Assem	blée annuelle des	membres du Collè	ge des médecins d	le famille de l'Ontari	0					
13:30–14:30	Family Medicine Innovations: Snapshots from around the globe PART 2		Hooks and Traps: Everything you wanted to know about clinical teaching	#Milleducation: Facing the generational divide in medical education	Learning Plans: Individualized road maps to competence for residents	Generalism: A key competency for socially accountable family physicians	Paging Dr. Scorsese: So you want to make an educational video?	Simulation-based Teaching: A practical review	Third Year Programs: Part of the problem or part of the solution?	Bring Sim to Your Hospital	Buprenorphine for Opioid Use Disorder: Prescribing a way out	Perinatal Care: What's new and important in antepartum, postpartum, and newborn care	Increasing Family Physicians' Capacity cont'd		Distinguished Papers	Use of Vulvar Biopsy in the Diagnosis and Management of Common Vulvar Conditions	Case-based HIV Workshop cont'd	Advance Care Planning: A pri- mary care priority and responsibility	TRANS-forming Your Practice cont'd	Promoting Health Through Planning for Life Phase: Transitions for people with developmental disabilities	
14:30–15:00	BREAK / PAUSE P	oster Viewing / Exposit	tion d'affiches		1		,			1			,							1	
15:00–15:15		A Shared Definition of Feedback is Essential in Faculty Development (FD) for Improving Teaching	Hooks and Traps cont'd	Teaching Decision Making to Medical Students and Residents	The Successful Integration of an eConsult Service into a Family Health Team's Workflow	Productive Wait Times: Tools for early identification of youth addiction and mental illness	Wellness Wheel Clinic Evaluation: Community- partnered care model improving access to care on reserve	Practical Apps: Assessing the quality of mobile health apps for chronic disease management	Co-design of a Naloxone Kit for Family Practice, Emergency Departments	The Older Patient in the Emergency Department: What you need to know	Buprenorphine for Opioid Use Disorder: cont'd		Facilitated Poster Session ★❖	Peer Consultation and Mentorship		Use of Vulvar Biopsy cont'd	Case-based HIV Workshop cont'd	Advance Care Planning: cont'd		Implementing Comprehensive Health Assessments ("Health Checks") for Adults with Intellectual and Developmental	
15:15–15:30		Family Medicine Journal Club: To tweet or not to tweet?  ***			How Long are Canadians Waiting to Access Specialty Care?	The Effect of Urban Density on Mental Health: A systematic review	Ambulatory Care Sensitive Condition Hospital Admissions in MB First Nations	Factors Influencing Rural Career Choice of Urban-origin Family Medicine Graduates	Opioid Agonist Treatment During Residential Treatment for Opioid Use Disorder: Access and Outcomes											Disabilities	
15:30–15:45		If You Build It, They Will Stay: Resident training in an under-served community  **			Defining Pediatric Diabetes Using EMR Records and Validation from Linkable Manitoba Cohort Data	Depression in Patients	Patient Experiences of a Lifestyle Program for Metabolic Syndrome in Family Medicine Clinics	Identification	New Integrated Balanced Methadone Maintenance Treatment Program Embedded in a Family Practice Clinic												
15:45–16:00		"Nightmares" Course is an Effective Acute Care Teaching Tool for Family Medicine (FM) Residents  **			Protocol for a Large QI-PBRN Collaborative Study on Improving Care for Complex Elders	Implementing Personalized Cancer Medicine into Primary Care: Challenges and solutions	Addressing Malnutrition in Hospitalized and Discharged Patients: Identifying opportunities in	Feeling Overwhelmed? Examining perceptions of CBME graduates three years into practice	Effects of Training Laypeople to Deliver Emergency Care in Underserviced Populations												
16:00–16:15					Characterizing High System Use Across the Primary-Tertiary Care Continuum: Manitoba high system users	The Barriers to Breastfeeding on Prince Edward Island in 2017	Food is Medicine: Nutrition algorithm improves patient care on an accountable care unit	Evaluation of the Factors Related To Focused Practices in FM	Assessments and Provisions of Medical Assistance in Dying in Canada in 2017						_						
16:15–16:30	Reflections of the Global Family Medicine Community				Optimal Primary Care Team Processes for Complex Patients with Multimorbidity	Use of Conscious Sedation to Facilitate Intrauterine Device Insertion	Obesity Prevention Education During Infancy: What do parents think about our messages?		End of Life Care and Medical Assistance in Dying Knowledge within Marginalized Populations	Chest Pain in the ER	Care of the Older Patient: Evidence to change practice			Fireside Chat		Talk to me!: An approach to enhancing empathy and advance care planning communication					
16:30–16:45					Hypoglcyemia Vigilance from the Perspective of Patients' Significant Other		Systematic Review and Meta-analysis of Exposure to Child Abuse Amongst Canadian Prisoners														
The language	of the session title	indicates the langu	age in which the s	session will be prese	nted. For sessions with	simultaneous interpre	tation, this symbol	will appear beside	the titles.												

OOM / SALLE																		
08:00-09:30	The Happiness Equ	uation / L'équation du bor	nheur - Neil Pasricha 🞧															
09:30–10:00	BREAK / PAUSE	Poster Viewing / Expositio	n d'affiches															
10:00–11:00	Managing the 2017 Canadian Opioid Guide- lines	Childhood Anxiety Disorders: Identifica- tion and management	Forward Feeding in Family Medicine Residency Training Programs	Chronic Hepatitis C Eradication in BC: Important role of primary care	Le leadership et l'en- seignant en médecine familiale : pour y voir plus clair	Mentorship: The hidden essential throughout your teaching trajectory	Facilitated Poster Session	Mucky Meds: A practical approach to the nightmare medication list	Somatizing: What every family physician needs to know	Dangerous Ideas Soapbox	Preparing for Practice: The CFPC's self-guided learning approach from residency into practice	What's New in Breastfeeding Medicine?	Practical Patient Education Pointers for Your Practice	How to Make a Self-management Asthma Action Plan for Your Patient with Asthma	Mental Health Disparities in Trans Populations, Minority Stress, Discrimina- tion, and Intersec- tional Oppression	Follow-up Care of Breast Cancer Survi- vors: Evidence-based recommendations for primary care	Stories of FP Experiences with Adults with Intellectual and Developmental Disabilities	Preparing for Retir ment: The challeng for family physicia and their patients
11:15–12:15	Acne Therapy Demystified	Hear Ye, Hear Ye: The COPD management paradigm has shifted!	Improvisational Theatre: Applying the improv/ment model to medical education, FD, and wellness	Getting a Piece of the Pie: The CFPC's Pii			Jeopardy: Rapid-fire pearls for common primary care presen- tations	Using Innovative Point-of-care Tools to Enhance Decision Making in Primary Care	Applying the New 2018 Diabetes Canada Guidelines in Your Practice: The essentials	Expanding the PC Toolbox: Buprenorphine for opiate use disorders	Back to the Future	Exercise Prescription for Chronic Conditions  3	The Best of Primary Care Research from NAPCRG 2017	I am Feeling a Little Strange: An approach to altered level of consciousness	Chronic Disease Prevention and Management in Immigrant Populations	Air Pollution: What you can do about it in the office and community	TRANS-forming your practice in 2018: An introduction to trans- gender medicine	
12:15-13:30	LUNCH / DÎNER CFPC Annual Meeting of Members / Assemblée annuelle des membres du CMFC																	
12:30-13:30	Superficial Chroni	c Venous Disease (sCVD)	- Ancillary session • Cl	inical Conundrums: Prac	ctical strategies for atrial	fibrillation management	in real world practice wit	th real world worsening	kidney function vignette	- Ancillary session								
13:30–14:30	Nutrition for Dummies	More Than Hot Flashes: Addressing the other menopausal symptoms and risks	Development of Global Health Care: Competencies for Canadian post-grad FM programs * 11	Supporting an Innovative CPD Environment for Physicians in Practice	Team-based Teaching: Tips from the trenches	Rural Road Map: Collaborative Forum	How Long Do I Have to Live, Doc?: Prognostication tools in palliative care	Your Patients are Self-medicating with Cannabis: What they (and you) need to know	Simulation Olympiad  ①	Hot Topics in Osteo- porosis and Fracture Prevention: Answers to your questions	From the Annual Physical to Osteo- arthritis: Five CFPC tools/programs to support practice	Artificial intelligence and the Digital Revolution: What does it mean for FM?	Adverse Childhood Experiences: Identification and strategies for intervention	To Screen or Not to Screen: Cancer screening outside the organized programs	Living Well and Living Hell: Triumphs and tribulations of collaborative practice		Convalescence and the Artist	Top Five Articles in Hospital Medicine
14:30–15:00	BREAK / PAUSE	Poster Viewing / Expositio	n d'affiches															
15:00–16:00	Men's Health in 2018: UP date on DOWN below	Weeding Through the Evidence for Medical Marijuana 3.0	Fundamentals of Assessment 101: Principles and approaches for assessing learners in clinical training	Research and QI for Beginners: Essential methodology and exploring QI and research interface	What Residents Want: The learning plan	Rural Road Map: cont'd	Screening for Adverse Childhood Events (ACEs): Evidence, challenges, and tools/ resources for improving care	Pearls and Pitfalls of Topical Steroid Therapy	Simulation Olympiad cont'd	An Information Session on Medical Cannabis	First Five Years in Family Practice: Improving efficiency and time management in early career	La périnatalité sociale pour sortir des silos d'intervention	Archie's Final Journey: It took a village but it was done magnificently	Calling for a Medical Home for Canadian Military Families	Advances in Care for Pregnant and Postpartum Women with Mental Illness	Improve Your Access to Specialists Using eConsult Services Available in Canada	My Patient is a Pilot: What do I need to know?	Effective FD for Quaity Family Medicine Worldwide
16:15–17:15	Best Practices in Concussion Assessment and Management	Derm DDx Stat Rounds		Strategizing for Writing Manuscripts: Developing one's own template				Medical Cannabi- noids Prescribing Guideline: Sorting "doobie"-ous claims from "high" level evidence		Managing Insomnia in Primary Care	Enough About Burnout, Let's Talk Wellness: Strategies to fire up faculty and residents	Social Perinatal Care, to Break Away from Intervention Silos: The Maison Blue case	Get Ready to Get Fit: Priming the mind and body for movement	Pearls in Thrombosis Update for Family Physicians: A case- based approach	Anecdote and Evidence in the Orthotic Industry	Social MEDia: Pearls and pitfalls when technology meets medicine	Rebranding Digital Health in an Age of Continuous QI	

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- Cancer Care Soins aux patients atteints du cancer
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- (4) Child and Adolescent Health Santé de l'enfant et de l'adolescent
- (5) Choosing Wisely | Screening | Preventive Medicine
  - Choisir avec soin | Dépistage | Médecine préventive
- 6 Chronic Pain Douleur chronique
- 7 Compassionate Care Soins prodigués avec compassion
  3 Dermatology Dermatologie

- 9 Emergency Medicine Médecine d'urgencefirst Five | Resident | Student •
- Cinq premières années de pratique | Résident | Étudiant
- (1) Global Health Santé mondiale (12) Health Care of the Elderly • Soins aux personnes âgées
- (3) Humanities Sciences humaines(4) Infectious Disease Maladies infectieuses
- Maternity and Newborn Care | Women's Health •
- Soins de maternité et de périnatalité | Santé des femmes (6) Occupational Medicine • Médecine du travail

- 17) Palliative Care Soins palliatifs
  18) Pharmacology Pharmacologie
- Practice Management Gestion de la pratique
- 20 Sport Medicine | MSK | Orthopedics •

Médecine du sport | Musculosquelettique | Orthopédie

- Research Recherche
- ❖ Teaching | Precepting Enseignement | Supervision
- Sessions shaded in pink are not certified by the CFPC. Les séances surlignées en rose ne sont pas certifiées par le CMFC.

OOM / SALLE																			
00-09:30	Equitable Health (	⊥ Care for First Natio	ns Children / Des s	oins de santé équital	oles pour les enfan	ts des Premières Na	tions - Dr. Cindy Bla	ckstock, TD Insuranc	e Spotlight on Achi	⊥ evement Award / Pri	x Pleins feux sur les	réalisations TD Ass	urance • President	s Installation / Insta	llation du président	₽ P	<u>I</u>		
30–10:00	•	oster Viewing / Exp						,											
0:00–11:00	Update on Screening Recommendations: What is new? What is controversial?	Managing Chronic Pain in FM Within the Climate of an Opioid Crisis	T	Research Highlights from Wednesday	From Enhanced Skills to Enhanced Competence: Triple C and enhanced skills residency training	Health Advocacy: Exploring the levers that drive teaching and learning in your setting	Giving Ourselves the Tools to Assess Comprehensiveness Across Inter- national Primary Care Settings	Non-Melanoma Skin Cancer in the FM Office: Practical pearls	Canadian Cardio- vascular Society Antiplatelet Guide- lines: Management of APT for the FP	Top Five Articles in Respiratory Medicine	The Road to Living Well as an MD: From survive to thrive	Neurobiologically-based Approaches to the "Difficult Patient": Part 1 of understanding complex trauma	Tongue-ties Demystified (3)	Identifying Potentially Harmful Medications when Prescribed Inappro- priately to Patients with Impaired Kidney Function	What Do I Do With My Residency QI Project After Residency?	Red Eye, a Simple Approach: Evidence, pearls, and medico-legal pitfalls	Numeracy 101: How do we best teach patients about the num- bers?	Exercise, Pregnancy, and Impact on Future Health: Update 2018	Facilitated Pos Session
1:15–12:15	CCS Atrial Fibrillation Guidelines: Management of AF for the FP	Top 10 Missteps when Treating Skin Diseases \$\tilde{\chi}\$ (3)					Bridging Canadian and International Experience in FM Towards Health for All	Using Data and Resources to Improve the Care of Elderly Patients with Polypharmacy	Young Adults: Prevention tools and strategies	First Five Years in Family Practice: Locums 101	Hepatitis C: Tools, pearls, and new treatments for primary care		Management of Palliative Care Emergencies	"Will Mommy Die?": Introducing new online resource for supporting grieving children	The Best of Both Worlds: Maintaining optimum health for refugees	Fact or Fiction: Understanding the true risks and ben- efits of intrauterine contraceptives	Money, Time, and Medicine: Is it worth it?	The HARMS Initiative for Safer Opioid Pre- scribing Through Systematic Urine Drug Testing	
:15-13:30	LUNCH / DÎNER	Teachers and Pre	ceptors Town Hall	/ Assemblée générale	e des enseignants e	t superviseurs • Fi	rst Five Years in Fam	ily Practice Luncheor	n / Dîner pour les m	nédecins de famille d	ans les cinq premièr	res années de pratic	<b>Jue</b>						
30–13:30	Hypertension 202	0: Putting the guid	elines into practice	- Ancillary session	Patients and Hea	lth Care Providers:	Partners in obesity r	nanagement - Ancilla	ry session		_			_			1		
3:30–14:30	Marijuana for Medical Purposes: The essentials for effective practice  1 6	Top 10 Things Every Family Doctor Should Know About Cancer	Addressing Minimal Competence in a Competency-based Curriculum	Quality Improvement to Strengthen Health Services Integration	Teaching Outside the Box: Creative ways to revitalize the classroom			Approach to the Suicidal Patient in Primary Care		Top 10 Care of the Elderly Articles	Helping Your Patients Living With Obesity	Supporting Partici- pation in Decision Making of Adults with Intellectual and DD	Downward Docs: Mindful movement workshop for family practice	Acne Treatment: Prescribing Isotreti- noin safely	Management of Nausea and Vomit- ing in Palliative Care	"I Never Learned that in School!": Clinical skills for working with diverse patients	Simple Spirometry for Asthma Diagnosis in Primary Care: What guidelines don't tell us	How to Integrate Pharmacists Effectively in the Patient's Medical Home	
:30-15:00	BREAK / PAUSE	Poster Viewing / Ex	position d'affiches		1						1	1	•		1	1	1	1	
5:00–16:00	STIs/Contraception for the Primary Care Provider: Choose your own adventure!	Prevention in Practice: What to do less often, or not at all	A Roadmap for Teaching Complex Conversations to Medical Learners: Stories from palliative care	Global Family Medicine Narratives: The Storybooth experience	Digital Storytell- ing: An innova- tive, narrative approach to facilitate Can- MEDS-FM role acquisition			Intrapartum Skills: A refresher of specific skills  (5)	Helping Patients and Families Understand Frailty Before a Health Crisis	Colorectal Cancer Screening in Canada in 2018: What's all the fuss about FIT?	Helping Your Patients Living With Obesity cont'd	Diagnosis and Treatment of Alcohol Use Disor- ders in Your Busy Family Practice	How to Prevent Burnout Like Thor, While Saving the Universe	Kittens and Brownies: Unique rural emergency cases	Group Medical Visits: Means to educate patients/ manage chronic illness	Applying 2018 Diabetes Canada Guidelines in Your Practice: Comorbid mental illness	First Responders and PTSD (ii)	Update in Management of Thyroid Nodules and Cancer In- cluding Long-term Follow-up	
5:15–17:15	O-MI-G, That's a Lot of Drugs!: Navigating current issues in post-MI pharmacotherapy	ADHD: Overcome misconceptions and treat with confidence (2)		Supporting Family Doctors in Building Mental Health Capacity: The ECHO Model		Learner Assessment: How preceptors can use validity evidence to assist with deci- sion making		"Do the Needful": QuRE—improving the quality of the referral/consultation process	Healthy Baby: Nutrition in the first 12 months	Storytelling in Medicine	Science of Food Allergy: Latest re- search findings and implications for FM	Femoral Acetabular Impingement Simplified	Opioid Use for Chronic Non-cancer Pain: The big picture	Substance Use Disorder Guidelines for Older Adults: Helping you prevent and treat	What are Best Practices for Managing Infant Sleep Problems?	Practising to Choose Wisely in Long-term Care	Developing and Enhancing FP Emotional Awareness with Complex and Emotionally De- manding Cases	Applying 2018 Diabetes Canada Guidelines in Your Practice: Elderly patients ① ②	

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- 5 Choosing Wisely | Screening | Preventive Medicine •

Dermatology • Dermatologie

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ROOM / SALLE																		
08:30-09:30	Approach to Post- Traumatic Stress Disorder in Primary Care	What's New, What's True, and What's Poo: Top studies of last year							Changing the Approach to Treating Hypertension in the Elderly: Slow down or SPRINT	Infectious Diseases Update 2018	"Help, I Think I'm Going Crazy!": An approach to pruritus in the elderly	Approaches to Common Family Medicine Resident Leadership Challenges	A Practical Update on Prevention	A Strategic Approach to Syncope	Optimizing Prenatal Care for Women with Substance Use Disorders:  (5) (1)	Lifestyle Medicine: New tools, new outcomes, empowered patients	Navigating the Moral Terrain in a Case of Feeding Tube Withdrawal	Améliorer les taux de vaccination chez les adultes : stratégies et communication
09:30-10:00	BREAK / PAU	SE								<u>'</u>	<u>'</u>		•			•	•	•
10:00–11:00	Fatal Rashes You Cannot Miss!	Clinical Tools to Help Rule in Medically Unexplained Symptoms	A Practical Approach to Remediation in Medical Education	Patient Safety Culture Bundle for CEOs/Senior Leaders	Transition to Practice: A guide for the graduating resident	Uncertainty in Medical Education and Practice: An intergenerational look at the "good enough" doctor	Is Medical Education Synonymous with Burnout?	Teaching Social Accountability in Practice: Translating theory to practice	Opioid Crisis Simulation Workshop	Current Issues in Long-term Care: National perspectives	Vicarious Traumatization: Self-care in a changing world	First Five Years in Family Practice: Top five essentials for early career physicians	Advance Care Planning: What's the point?		The Value Proposition of Having an Occupational Therapist on Your Team	Humanities and Wellness Toolkit 2: Reading, writing, and arts can save your life	Cycling, Food, Energy: Leadership opportunities for FPs in planetary health	Exercise Prescription: The FITT Approach
11:15–12:15	CCS Heart Failure Guidelines: Key messages for primary care practitioners  3	Keeping the Flame Burning!: Ten critical rules to prevent physician burnout	Questions About Teaching You Were Always Scared to Ask	Navigate Evidence Around a Research Question	Locuming: A guide for the early career physician						Melanoma Skin Cancer: An overview and practical approach	Abnormal Uterine Bleeding	Treating Acute Pain in Patients with Opioid Use Disorder in the ED		Things You Didn't Learn in Residency: Medical- legal tips for early career physicians	Office Management of Patients with a Borderline Personality Disorder	Reducing Harm From Opioids in Family Practice	What You Nee to Know Abou ACS/STEMI/ NSTEMI in Women!
12:15-13:30	LUNCH / DÎNER	Medical Stud	lent and Family	Medicine Re	sident Netwo	orking Luncheon	/ Dîner de ré	seautage des ét	udiants et des	résidents en r	nédecine familia	ale						
12:30-13:30	Hot Topics in	Atrial Fibrillat	ion - Ancillary	session														
13:30–14:30	How did you	do it? Team Su	ıbban's Vision f	or Success / C	Comment réu	ssir? La vision d	e l'équipe Sub	ban - Karl Subl	oan 🖟									
14:30-15:00	BREAK / PAU	SE																_
	Top 10 Family Medicine Papers to	Transition to Residency: A medical student's guide	Origami: Understanding the (not so) ancient art of evaluation in rural research							Motivational Interviewing for Opioid Tapering	Approach to Bipolar Disorder in Primary Care	Assessing the Quality of Guidelines to Choose for Your Practice	Changes in Management of COPD 2018		The Cost of Caring: Addressing grief among health care professionals in palliative	CCS Dyslipidemia Guidelines: A case-based approach to review new evidence		Practising Anti oppression in Medicine
15:00–16:00	Change Your Practice	*	training									3			care	3		

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