<table>
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<th>Time</th>
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<tr>
<td>T79849</td>
<td>Residency PBSG Networking Breakfast</td>
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<tr>
<td>07:00-08:00</td>
<td>ROOM / SALLE : 303B – QCCC / CCQ</td>
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Looking for tips for running PBSG sessions in your residency program? Interested in how PBSG can be used to help residents with transition to practice? Learn from others who are using residency PBSG across the country. Dr. Sarah Kinzie, Residency Director for the Foundation for Medical Practice Education will be leading this session. Please join us in room 303B for an open discussion about using PBSG in residency programs.

| T67256     | Global Health Breakfast Networking Breakfast Discussion: Would you like a Certificate of Added Competency (CAC) in Global Health? |
| 07:00-08:00| ROOM / SALLE : 303A – QCCC / CCQ                                        |

| T755683    | Researchers in Education Breakfast                                       |
| 07:00-08:00| ROOM / SALLE : 303A – QCCC / CCQ                                        |

Please join us for our Third Annual Family Medicine Educators/Researchers Networking Breakfast to connect with colleagues conducting like-minded research and to share your current and prospective research ideas.

| T80776     | Dal/MUN Breakfast Meeting                                                |
| 07:00-08:00| ROOM / SALLE : 304B– QCCC / CCQ                                        |

| T75403     | Mainpro+ … A New Look, With New Ways to Learn (1)                        |
| 07:00-08:00| ROOM / SALLE : 308A – QCCC / CCQ                                        |

Join us for an informative session on the updates to Mainpro coming soon. Get to know who your Regional Educator is and hear about the exciting changes, which will offer more intuitive, self-directed learning opportunities. You will learn how easy it is to earn credits for practice activities you do on a daily basis. The CFPC is committed to providing quality CPD to meet your changing interests and learning needs. Participants may claim an additional Mainpro-M1 credit for this session.

| JT100      | DISCOURS D’OUVERTURE / KEYNOTE ADDRESS                                  |
| 08:00-09:30| “Can Art Change the World?”                                               |

| T52641     | Smoking in Chronic Pain: Should they butt out?                           |
| 10:00-10:30| Alan Kaplan, MD, CCFP(EM), FCFP, Richmond Hill, ON                       |
|            | ROOM / SALLE : 306A – QCCC / CCQ                                        |

Learning objectives:
1. understand how cigarette smoking is linked to chronic pain
2. incorporate smoking cessation strategies into chronic pain treatment
3. integrate smoking cessation strategies with chronic pain therapy in clinical practice

| T57363     | Setting up Antimicrobial Stewardship in a Geriatric Facility: The Baycrest experience |
| 10:00-10:30| Nina Kassett, BScPhm, RPh, Toronto, ON; Aidlee Craft, MD, CCFP, FCFP, Toronto, ON; Michael P. Kirzner, MD, CCFP, Toronto, ON |
|            | ROOM / SALLE : 309A – QCCC / CCQ                                        |

Learning objectives:
1. analyze the development of an antimicrobial stewardship program and apply basic principles to their institution
2. select an appropriate priority project for their institution
3. utilize appropriate metrics to measure the success of the program
T57514  
**Women and Cardiovascular Disease: Unique risk factors across the lifespan**  
Karen Fleming, MD, MSc, CCFP, FCFP, Toronto, ON  
ROOM / SALLE : 309B – QCCC / CCQ  

**Learning objectives:**  
1. Identify unique risk factors across the lifespan that identify women at future risk of CVD  
2. Understand barriers faced by physicians and women in implementing risk reduction programs in primary care  
3. Develop strategies to implement screening and risk factor reduction in their practice settings for high-risk women

J68873  
**Les problèmes de jeux de hasard et d’argent au Québec : épidémiologie, déterminants, prévention et intervention**  
Elisabeth Papineau, PhD, Montréal, QC; Isabelle Giroux, PhD, Québec, QC  
ROOM / SALLE : 2104AB – QCCC / CCQ  

**Objectifs d’apprentissage :**  
1. Sensibiliser les médecins aux problèmes de jeux de hasard et d’argent  
2. Familiariser les médecins avec les principales données épidémiologiques et les déterminants des problèmes de jeu  
3. Familiariser les médecins avec les meilleures pratiques préventives et cliniques

T51333  
**Simple Approach to Red Eye: Evidence, pearls, and medicolegal pitfalls**  
Simon Moore, MD, CCFP, Vancouver, BC  
ROOM / SALLE : 306B – QCCC / CCQ  

**Learning objectives:**  
1. Confidently differentiate various red eye diagnoses, avoiding common medicolegal pitfalls  
2. Safely prescribe therapeutics for red eye, including antibiotics, according to recent evidence  
3. Quickly identify simplified red eye red flags requiring urgent referral

T55640  
**How Poverty, Intellectual Disability, and Cultural Factors Can Impact Health Outcomes:**  
A look at social determinants of health  
Patricia Mousmanis, MD, CCFP, FCFP, Richmond Hill, ON; Liz Grier, MD, CCFP, FCFP, Kingston, ON;  
Katherine Rouleau, MD, CCFP, FCFP, Toronto, ON; Lisa Graves, MD, CCFP, FCFP, Ancaster, ON;  
Ruth Elwood Martin, MD CCFP, FCFP, Vancouver, BC; Tom Gabruch, MD, CCFP, FCFP, Regina, SK;  
Stephen Cashman, Winnipeg, MB  
ROOM / SALLE : 202 – QCCC / CCQ  

**Learning objectives:**  
1. Distinguish how social determinants of health (poverty, lack of education, lack of social supports) can impact clinical health and child developmental outcomes  
2. Demonstrate strategies to be used in screening proactively and summarize how to modify high-risk social factors in families, teens, children, and pregnancy  
3. Generate an action plan for families at high risk for management of medical conditions and link them to community resources to improve clinical outcomes

T56825  
**A Clinical Algorithm for the Detection, Monitoring, and Management of Chronic Kidney Disease in Primary Care**  
Allan Grill, MD, CCFP, MPH, Toronto, ON  
ROOM / SALLE : 2000B – QCCC / CCQ  

**Learning objectives:**  
1. Identify which patients in a typical family practice are at higher risk for chronic kidney disease (CKD)  
2. Clarify which investigations to order for patients at high risk for CKD and how to interpret the results  
3. Present a practical clinical algorithm that outlines the role of the primary care practitioner in managing patients with CKD and the criteria for appropriate referral to nephrology

TJ68840  
**What’s New? The top ten research studies that will impact clinical practice for family physicians**  
Quoi de neuf? Les dix meilleures études de recherche qui changeront la pratique clinique pour les médecins de famille  
David Kaplan, MD, CCFP, Toronto, ON; David White, MD, CCFP, Toronto, ON;  
Moderator / Modératrice, Wendy Norman, MD, CCFP, FCFP, Vancouver, BC  
ROOM / SALLE : 2000A – QCCC / CCQ
Learning objectives:
1. synthesize clinically relevant research presented at the primary care annual research meeting (NAPCRG)
2. stimulate the interest of practicing family physicians in primary care research

Objectifs d'apprentissage : 
1. synthétiser des recherches cliniquement pertinentes qui ont été présentées lors de la conférence annuelle du NAPCRG 
2. stimuler l’intérêt des médecins de famille praticiens en matière de recherche en soins primaires

T57448  weaving art and creativity into your practice and community
10:00-11:00  jeff nachtigall, saskatoon, sk
room / salle : 307ab – qccc / ccq

medical humanities theatre / théâtre des sciences humaines de la santé

Learning objectives:
1. identify ways in which art can be more accessible to family physicians as a resource to their patients and communities

T57604  turning fieldnotes upside down: learner feedback to preceptors
10:00-11:00  kevin desmarais, bsc, md, edmonton, ab; sudha koppula, bsc(hon), md, mcisc, ccfp, edmonton, ab
room / salle : 303a – qccc / ccq

learning objectives:
1. reinforce the utility of field notes as a valuable form of immediate feedback
2. describe the use of field notes created by learners as a tool to provide feedback to preceptors
3. discuss the potential of this feedback as a form of reflection and improvement on teaching practices

T57903  social media: leveraging the network to enhance your practice community
10:00-11:00  naheed dosani, md, ccfp, toronto, on; stephen pomedli, md, msc, ccfp, toronto, on
room / salle : 206b – qccc / ccq

learning objectives:
1. review basic elements of managing social media streams such as twitter, facebook, and linkedin
2. learn about and describe a network of canadian physicians on twitter
3. develop a plan to take advantage of existing social media networks to meet your practical goals, whether they relate to continuing medical education, advocacy, or professional networking

T75237  updates from the future of medical education in canada postgraduate project
10:00-11:00  fmec-pg management consortium (the college of family physicians of canada [cfpc], the royal college of physicians and surgeons of canada [rcpsc], association of faculties of medicine of canada [afmc] and collège des médecins du quebec [cmq])
room / salle : 303b – qccc / ccq

learning objectives:
1. understand progress made on fmec-pg recommendations related to aligning accreditation, enhancing transitions, and advancing new models of governance for postgraduate education
2. share feedback to inform the fmec-pg consortium on family medicine’s perspectives on these recommendations

J57789  unités d’enseignement interprofessionnelles en soins de première ligne pour les personnes âgées
10:00-12:15  paule lebel, md, msc, montréal, qc; louise authier, md, ccmf, fcmf, montréal, qc;
hugues de lachevrotière, md, montréal, qc
room / salle : 304b – qccc / ccq

objectifs d’apprentissage :
1. discuter des besoins sociétaux et éducatifs qui mènent au développement de compétences chez les futurs professionnels de première ligne
2. clarifier le concept des unités d’enseignement interprofessionnelles de première ligne en soins aux personnes âgées, en contextes de pratique de bureau, de soins à domicile, de soins en chslsd
3. identifier les facteurs facilitants et les obstacles à l’implantation de ces unités d’enseignement interprofessionnelles et proposer des solutions concrètes
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<td>T57326</td>
<td><strong>Advanced Field Note Use: The next generation</strong></td>
<td>10:00-12:15</td>
<td>Tom Laughlin, MD, CCFP, FCFP, Moncton, NB; Sasha Carmier, MD, Moncton, NB; Tim Allen, MD, MCFP(EM), FRCPAC, MA(Ed), Toronto, ON; Tim Crichton, MD, CCFP, FCFP, Sudbury, ON; Katharine Lawrence, BSc, MD, CCFP, FCFP, Regina, SK; Cheri Bethune, MD, MCISc, CCFP, FCFP, St John's, NL; Carlos Brailovsky, MD, MA(Ed), MCFPC, Québec, QC; Michel Donofr, MD, CCFP, FCFP, Edmonton, AB; Karen Schultz, MD, CCFP, FCFP, Kingston, ON; Theresa Van Der Goes, MD, CCFP, Nanaimo, BC</td>
<td>QCCC / CCQ</td>
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**Learning objectives:**
1. refresh your familiarity with an effective tool (field note) and its use in gathering behaviour-based information in the workplace
2. use the gathered information in formative and summative assessment with effective coaching and narrative reporting
3. use the CFPC Evaluation Objectives to identify areas for focus and clarification to facilitate assessment and coaching

| T75184     | **Accreditation of Postgraduate Programs: Demystifying the process** | 10:00-12:15     | Louise Nasmith, MD CM, CCFP, FCFP, Vancouver, BC; Keith Wycliffe-Jones, MD, CCFP, Calgary, AB; Judith Scott, Mississauga, ON | QCCC / CCQ | QCCC / CCQ                        |

**Learning objectives:**
1. acquire knowledge about the PG accreditation process that is relevant to their situation and role
2. be better equipped to prepare for an accreditation survey and its various components (e.g., PSQ completion; local preparation)
3. develop specific skills needed as a surveyor (interviewing; deliberating)

| T57517     | **Training Pathways for Family Physician Researchers in Canada**    | 10:00-14:45     | Wendy Norman, MD, CCFP, FCFP, Vancouver, BC | QCCC / CCQ | QCCC / CCQ                        |

| T55576     | **Benign vs Cancerous Skin Lesions: How to tell the difference**    | 10:30-11:00     | Christie Freeman, MD, CCFP, DipPDerm, MSc, Peterborough, ON | QCCC / CCQ | QCCC / CCQ                        |

**Learning objectives:**
1. take a focused history and perform a directed physical exam when faced with a skin lesion
2. recognize clinical patterns common to benign lesions and differentiate these from patterns of malignant lesions
3. identify which of these lesions can be treated in the office, which should be referred, and understand which lesions require more urgent referral

| T56518     | **Positive Thinking and Effective Communication: An approach to improved pain management** | 10:30-11:00 | Lydia Hatcher, MD, CCFP, FCFP, Ancaster, ON | QCCC / CCQ | QCCC / CCQ                        |

**Learning objectives:**
1. learn basic skills in an approach to using positive thinking for your patients and yourself as caregiver
2. discuss appropriate communication techniques for different patient scenarios, including therapeutic listening and goal setting
3. incorporate acceptance of chronic pain and commitment to therapy as part of routine pain management

| T57810     | **Getting Briefed on Infectious Disease Trends in Canada**          | 10:30-11:00     | Patricia Huston, MD, MPH, CCFP, Ottawa, ON | QCCC / CCQ | QCCC / CCQ                        |

**Learning objectives:**
1. identify key trends on emerging infectious diseases in Canada, such as Lyme disease, including the latest on diagnosis and treatment
2. know when to call local public health in managing an infectious disease
3. describe the information cycle for reportable diseases and identify a new resource on infectious diseases in Canada

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**Legend / Légende**
- Simultaneous interpretation / Interprétation simultanée
- Pre-Registration Required / Préinscription obligatoire
- QCCC / CCQ Québec City Convention Centre / Centre des congrès de Québec
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<td>T57849</td>
<td>Anemia in the Elderly</td>
<td>10:30-11:00</td>
<td>Amy Freedman, MD, CCFP, Toronto, ON</td>
<td>2000D – QCCC / CCQ</td>
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<tr>
<td>T49635</td>
<td>The Importance of Narratives in Family Medicine</td>
<td>11:15-11:45</td>
<td>Magbule Doko, MD, BSc, Windsor, ON</td>
<td>307AB – QCCC / CCQ</td>
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<td>T53501</td>
<td>Preschool Pediatric Asthma: Who needs treatment?</td>
<td>11:15-11:45</td>
<td>Alan Kaplan, MD, CCFP(EM), FCFP, Richmond Hill, ON; John Li MD, MCFP, Moncton, NB</td>
<td>200B – QCCC / CCQ</td>
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<td>T57868</td>
<td>Prevention of Chronic Pain</td>
<td>11:15-11:45</td>
<td>Bruce Hollett, MD, CCFP, St. John’s, NL</td>
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<td>T76319</td>
<td>Emerging Perspectives Impacting Family Medicine: The Future of Medical Education in Canada</td>
<td>11:15-12:15</td>
<td>FMEC-PG Management Consortium (The College of Family Physicians of Canada [CFPC], The Royal College of Physicians and Surgeons of Canada [RCPSC], Association of Faculties of Medicine of Canada [AFMC], and Collège des médecins du Québec [CMQ])</td>
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<td>J54358</td>
<td>Comment gérer la douleur en soins palliatifs</td>
<td>11:15-12:15</td>
<td>Golda Tradounsky, MD, CCMF, Montréal, QC</td>
<td>306B – QCCC / CCQ</td>
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<tr>
<td>JT68835</td>
<td>Stratégies préventives pour une pratique médicale durable</td>
<td>11:15-12:15</td>
<td>Sandra Roman, MD, CCMF, Montréal, QC</td>
<td>200C – QCCC / CCQ</td>
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### Learning Objectives:

1. **T57849 Anemia in the Elderly**
   - Review the most common presentations and causes of anemia in the elderly
   - Apply a step-wise approach to the work-up of anemia based on a limited number of laboratory tests
   - Effectively manage microcytic, normocytic, and macrocytic anemias

2. **T49635 The Importance of Narratives in Family Medicine**
   - Define narrative medicine
   - Discuss the three movements of narrative medicine
   - Discuss how narrative medicine benefits the medical profession and patients

3. **T53501 Preschool Pediatric Asthma: Who needs treatment?**
   - Review the different types of “asthma” seen in a preschooler
   - Identify which children need longer-term treatment and which will “outgrow” their asthma
   - Review treatment approaches for these children

4. **T57868 Prevention of Chronic Pain**
   - Understand the pathophysiology concerning chronic pain to develop potential treatment targets
   - Identify and address potential situation to prevent chronic pain
   - Develop a therapeutic strategy for prevention of chronic pain

5. **T76319 Emerging Perspectives Impacting Family Medicine: The Future of Medical Education in Canada**
   - Explore in detail one of FMEC-PG’s 10 recommendations
   - Provide reflections on this recommendation and consider how it will influence the CFPC and family medicine education in general

6. **J54358 Comment gérer la douleur en soins palliatifs**
   - Be capable of prescribing opiacés and adjuvants analgésiques
   - Be capable of avoiding, recognizing and managing the side effects of opiacés
   - Be aware of the new analgésics medicines

7. **JT68835 Stratégies préventives pour une pratique médicale durable**
   - Discuss the data of literature on the health of doctors
   - Define the resilience in the context of medical practice
   - Put in place preventive strategies on both the individual and organizational levels
Learning objectives:
1. discuss evidence on physician health from literature
2. define resilience in the context of medical practice
3. implement preventative strategies both on an individual and an organizational level

T53046 Commonly Missed Orthopedic Injuries in the ED
11:15-12:15
Vu Kiet Tran, MD, CCFP(EM), FCFP, MHSc, MBA, Richmond Hill, ON
ROOM / SALLE : 200A – QCCC / CCQ

Learning objectives:
1. recognize the pitfalls of missing an orthopedic injury on radiography
2. enumerate the most commonly missed orthopedic injuries on radiography
3. recognize some common radiographic signs of occult orthopedic injuries

T56625 The 6 for 6 Program: Building a scholarly research program for rural and remote family medicine faculty
11:15-12:15
Cheri Bethune, MD, MClsC, CCFP, FCFP St. John’s, NL; Patti McCarthy, MSc, PhD(c), St. John’s, NL
ROOM / SALLE : 303A – QCCC / CCQ

Learning objectives:
1. recognize barriers to engaging in scholarly research activity that exist for rural and remote family medicine physicians
2. describe the planning, design, and implementation phases of the 6 for 6 Program
3. explore strategies for designing and implementing a scholarly research curriculum for rural and remote faculty

T57603 From Swordfish to Skydiving: Common patient questions during pregnancy
11:15-12:15
Sudha Koppula, BSc(Hon), MD, MClsC, CCFP, FCFP, Edmonton, AB; Sonya Lee, MD, CCFP, Calgary, AB
ROOM / SALLE : 2000B – QCCC / CCQ

Learning objectives:
1. consider how family physicians should discuss exposure and activity risk with patients
2. explore common questions patients ask during normal pregnancy, and therefore discuss current evidence for safety-related topics in pregnancy
3. present useful resources for clinical practice

T5784 From Afghanistan to Zimbabwe: Addressing the health needs of refugees in Canada
11:15-12:15
Praseedha Janakiram, MD, CCFP, Toronto, ON; Vanessa Redditt, MD, CCFP, Toronto, ON; Vanessa Wright, NP-PHC, MScN, Toronto, ON; Roseanne Hickey, NP-PHC, Toronto, ON; Meb Rashid, MD, CCFP, Toronto, ON
ROOM / SALLE : 202 – QCCC / CCQ

Learning objectives:
1. implement key preventative health screening and primary care interventions relevant to refugee populations in Canada
2. identify key resources to guide clinical care of refugee patients
3. explore barriers to access to care for refugees

T57867 Chronic Kidney Disease in the Elderly
11:15-12:15
ROOM / SALLE : 2000D – QCCC / CCQ

SESSION CANCELLED

T57895 Follow the LEADer: LEADing practices applying digital health to primary care
11:15-12:15
Rashaad Bhyat, MD, CCFP, Toronto, ON
ROOM / SALLE : 206B – QCCC / CCQ

Learning objectives:
1. recognize how EMRs, along with EHRs and other digital applications, help to coordinate complex care across the care continuum
2. formulate strategies to engage interdisciplinary care teams to optimally use information systems—technology is a team sport
3. identify three clinical decision support tools that have contributed to positive outcomes for patients and high-risk populations

LEGEND / LÉGENDE

Simultaneous interpretation / Interprétation simultanée
Pre-Registration Required / Préinscription obligatoire
QCCC / CCQ Québec City Convention Centre / Centre des congrès de Québec
**T54298 The Nonpharmacological Chronic Pain Toolbox: Self-management and mindfulness meditation**
11:45-12:15
*Ruth Dubin, PhD, MD, CCFP, FCFP, Kingston, ON*

**ROOM / SALLE : 306A – QCCC / CCQ**

**Learning objectives:**
1. understand how the Stanford self-management program and mindfulness meditation for chronic pain reduce patients’ depression and improve function
2. recognize the benefits of these inexpensive group programs to the health care system
3. learn how to bring these programs to your community

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**T54363 Adult Asthma: Clinical pearls for diagnosis and management**
11:45-12:15
*Robert Hauptman, BSc, MD, MCFP, St. Albert, AB*

**ROOM / SALLE : 200B – QCCC / CCQ**

**Learning objectives:**
1. review the problem of adult asthma in Canada
2. discuss diagnostic challenges when patients present with symptoms of asthma
3. discuss effective management strategies for adult asthma

---

**T57767 Volunteer Engagement in Primary Care: Lessons learned from the TAPESTRY pilot study**
11:45-12:15
*Doug Oliver, MSc, MD, CCFP, Hamilton, ON*

**ROOM / SALLE : 307AB – QCCC / CCQ**

**Medical Humanities Theatre / Théâtre des sciences humaines de la santé**

**Learning objectives:**
1. share the processes used to recruit and train volunteer pairs to visit older adults in their homes
2. describe how volunteers can be used to support information sharing to and from the primary care team
3. generate feedback and ideas about the use of volunteers within primary care

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**T57881 Screening, Brief Intervention, and Referral of Adolescents or Young Adults With Substance Misuse**
11:45-12:15
*Ramm Hering, MD, CCFP, Toronto, ON*

**ROOM / SALLE : 206A – QCCC / CCQ**

**Learning objectives:**
1. review diagnostic criteria for DSM-V substance use disorders (SUDs)
2. review tools useful for screening adolescents for SUDs
3. describe approaches to initial management of adolescents with suspected SUDs

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**CFPC Annual Meeting of Members / Assemblée annuelle des membres du CMFC**
12:30-13:30
**ROOM / SALLE : 2000A – QCCC / CCQ**

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**J57782 Enseigner le rôle du médecin de famille face à la dimension spirituelle de ses patients**
13:45-14:15
*Sharon Hatcher, MD, CCMF, FCMF, Chicoutimi, QC; Christian Bouchard, Chicoutimi, QC*

**ROOM / SALLE : 307AB – QCCC / CCQ**

**Théâtre des sciences humaines de la santé / Medical Humanities Theatre**

**Objectifs d’apprentissage :**
1. mieux comprendre les répercussions psycho-spirituelles chez le patient qui rencontre son médecin
2. s’approprier quelques outils pratiques d’intervention auprès des patients relativement à leur dimension spirituelle
3. partager quelques pistes d’approche pédagogique concernant nos résidents qui se préparent pour leur pratique future

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**T54378 The Asthma/COPD Overlap Syndrome: Another disease?**
13:45-14:15
*Alan Kaplan, MD, CCFP(EM), FCFP, Richmond Hill, ON*

**ROOM / SALLE : 200B – QCCC / CCQ**

**Learning objectives:**
1. learn about the newly defined asthma/COPD overlap syndrome (ACOS)
2. list the five diagnostic steps for ACOS
3. demonstrate the use of an algorithmic approach to understand how to treat and assess success of the ACOS

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**J54232 Espoir : peut-on l’enseigner ?**
13:45-14:45
*Yves Lambert, MD, CCMF, FCMF, Longueuil, QC; Thérèse Baribeau, BA, Longueuil, QC*

**ROOM / SALLE : 303B – QCCC / CCQ**
Objectifs d'apprentissage :
1. définir les composantes de l'espoir
2. voir comment ces composantes s'appliquent à la pratique médicale
3. explorer comment on peut appliquer la pédagogie de l'espoir à notre environnement professionnel

TJ57252 Test Your Contraception IQ
13:45-14:45 Mettez à l'épreuve vos connaissances sur la contraception
Mathieu Leboeuf, MD, Québec, QC
ROOM / SALLE : 200C – QCCC / CCQ

Learning objectives:
1. separate fact from myth with respect to common beliefs about birth control
2. identify opportunities to change contraceptive practices, reduce failure, and improve satisfaction
3. reassure patients about the relative safety of contraception and provide information with confidence

Objectifs d'apprentissage :
1. distinguer les faits des mythes concernant les croyances courantes sur les contraceptifs
2. identifier des occasions de changer les pratiques en matière de contraception, réduire les échecs et améliorer la satisfaction
3. rassurer les patientes sur l'innocuité relative de la contraception et affirmer de l'information avec assurance

J57575 Le Centre de médecine de famille : une vision d'excellence qui soutient votre expertise au quotidien
13:45-14:45 The Patient's Medical Home: A vision of excellence that supports your daily expertise
Maxine Dumas Pilon, MD, CCFM, Montréal, QC; Paul Sawchuk, MD, MBA, CCFP, FCFP, Winnipeg, MB; Eric Mang, MPA, Mississauga, ON; Claude Rivard, MD, CCFP, St-Bruno, QC; Marie Hayes, MD, CCFM, Sherbrooke, QC
ROOM / SALLE : 206B – QCCC / CCQ

Objectifs d'apprentissage :
1. décrire comment les dossiers médicaux électroniques (DME) contribuent à améliorer l’efficacité des services offerts aux patients
2. discuter de l’importance de l’accès adapté
3. clarifier des enjeux complémentaires des soins complets et globaux centrés sur le patient, des besoins populationnels et de la santé publique

T53861 Diagnosing the Learner in Difficulty
13:45-14:45 Christie Newton, MD, CCFP, FCFP, Port Moody, BC; Willa Henry, MD, CCFP, FCFP, Vancouver, BC
ROOM / SALLE : 304B – QCCC / CCQ

Learning objectives:
1. list common signs of a learner in difficulty
2. identify causal factors that influence a learner in difficulty
3. diagnose a learner in difficulty from a given case study and recommend relevant strategies to support this learner

T55639 Reefer Madness From Cradle to Grave: Information on new Canadian legislation for comprehensive care family physicians
13:45-14:45 Patricia Mousmanis, MD, CCFP, FCFP, Richmond Hill, ON; Lisa Graves, MD, CCFP, FCFP, Ancaster, ON; Ruth Dubin, PhD, MD, CCFP, FCFP, Kingston, ON; Ruth Elwood Martin, MD, CCFP, FCFP, Vancouver, BC; Sharon Cirone, MD, CCFP(EM), ASAM(Cert), FCFP, Toronto, ON; Roxanne McKnight, MD, CCFP, FCFP, Fredericton, NB
ROOM / SALLE : 2000B – QCCC / CCQ

Learning objectives:
1. describe the evidence for use of marijuana in treatment of medical conditions
2. outline the risks of marijuana use for teens, young children, pregnant women, and breastfeeding mothers
3. understand a harm reduction approach to patient education about safer marijuana use

T57473 To Peanut or Not to Peanut: Age of introduction of allergenic foods
13:45-14:45 Elissa Abrams, MD, FRCP, Winnipeg, MB
ROOM / SALLE : 200A – QCCC / CCQ

Learning objectives:
1. understand the evidence that led to a revision of the AAP (and subsequently the CPS) guidelines recommending earlier food introduction
2. provide an approach to counseling families on maternal diet, breastfeeding, and food introduction and their relation to atopic disease in the young child
3. understand the evidence that led to the original AAP guidelines recommending a delay in allergenic food introduction
<table>
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<tr>
<th>Session Code</th>
<th>Title</th>
<th>Presenters</th>
<th>Room/Salle</th>
</tr>
</thead>
<tbody>
<tr>
<td>TJ77011</td>
<td>Back to the Future: The family physicians of today meet the family doctors of tomorrow</td>
<td>Pierre-Paul Tellier, MD, CCFM, FCFMF, Montréal, QC; Cheri Bethune, MD, CCFP, FCFP, St. John's, NL</td>
<td>301A – QCCC / CCQ</td>
</tr>
<tr>
<td>T57572</td>
<td>Deep Vein Thrombosis and Pulmonary Embolism: Diagnosis and management in the family medicine setting</td>
<td>Pascal Bastien, MD, Toronto, ON; James Douketis, MD, FRCPC, Hamilton, ON</td>
<td>202 – QCCC / CCQ</td>
</tr>
<tr>
<td>T57574</td>
<td>Delivering Accountability to Patients: Alternatives to litigation</td>
<td>Florin Padeanu, LLB, MD, CCFP, Winnipeg, MB</td>
<td>306A – QCCC / CCQ</td>
</tr>
<tr>
<td>T57887</td>
<td>Integrating a Palliative Care Philosophy Into the Care of Frail Older Adults</td>
<td>Irene Ying, MD, MHSc, CCFP, Toronto, ON; Amy Freedman, MD, CCFP, Toronto, ON; Lorna McDougall, NP, Toronto, ON; Jordane Holland, MSW, RSW, Toronto, ON; Di Wang BScPhm, PharmD, RPh, Toronto, ON</td>
<td>306B – QCCC / CCQ</td>
</tr>
<tr>
<td>T57898</td>
<td>Conflicts of Interest in Medical Education</td>
<td>Stephen Hawrylyshyn, MD, MSc, Toronto, ON</td>
<td>303A – QCCC / CCQ</td>
</tr>
<tr>
<td>T58167</td>
<td>First Five Years in Family Practice: Stress and resilience in early career</td>
<td>Scott MacLean, MD, CCFP, Edmonton, AB; Kevin Garneau-Begin, MD, CCFP, Comox, BC; Ainslie Mihalchuk, MD, CCFP, Winnipeg, MB; Nermine Gorguy, MD, CCFP, Toronto, ON; Isabelle Hébert, MD, CCFM, Montréal QC; Colette Dawson, MD, CCFP, Conception Bay, NL; Aisling Campbell, MD, Calgary, AB</td>
<td>2000D – QCCC / CCQ</td>
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</tbody>
</table>
Objectifs d'apprentissage:
1. reconnaître les principaux contributeurs au stress chez les nouveaux médecins
2. identifier des stratégies aidantes visant à réduire le niveau de stress et à prévenir ses conséquences
3. décrire les moyens d’améliorer la satisfaction en matière d’équilibre vie professionnelle / vie personnelle

**T57533**  
**When Mental Health Care and Employment Intersect**  
**13:45-16:15**  
Ellen Anderson, MD, MHSC, MCFP, Chair MH, SIFP, Sooke, BC  
**ROOM / SALLE : 206A – QCCC / CCQ**

**Learning objectives:**
1. identify the key topics to be addressed when mental health concerns occur in employed patients
2. recognize the essential information and nomenclature (DSM-V) required for insurance forms, and the importance and limits of confidentiality in disability reporting
3. learn about and practise using the WHODAS 2.0 approach to disability assessment

**T57239**  
**Rural Educator’s Forum**  
**13:45-17:30**  
**ROOM / SALLE : 304A – QCCC / CCQ**

This year’s Forum will be focussing on “Competencies for Community Practice,” and will discuss issues around what family medicine residents need to learn to practice effectively and what it means to be a family physician. The Forum is intended to examine the background and attitudes that enable a physician to recognize, adapt, and respond to the clinical needs of patients regardless of the physical community within which they practice. It will also explore successful models of family practice and how they are tailored to meet a community’s need.

**J54404**  
**MPOC : Gestion pour l’avenir**  
**14:15-14:45**  
Suzanne Levitz, MD, CCMF, Montréal, QC  
**ROOM / SALLE : 208B – QCCC / CCQ**

**Objectifs d’apprentissage :**
1. classifier les patients atteints de MPOC dans une pratique typique
2. comprendre les nouveaux traitements pour la MPOC
3. prescrire le traitement qui convient à chaque stade de la maladie

**T53398**  
**Smoking Cessation Tools to Make a Difference in Your Practice**  
**15:15-15:45**  
Alan Kaplan, MD, CCFP(EM), FCFP, Richmond Hill, ON; Elaheh Amadi, MD, Edmonton, AB  
**ROOM / SALLE : 200B – QCCC / CCQ**

**Learning objectives:**
1. review the epidemiology of smoking in your practice
2. classify patients’ readiness to make changes in their smoking
3. prescribe effective therapies and support to help promote these changes

**JT67456**  
**Des préparatifs du voyage au retour / Preparing the Return Trip**  
**15:15-16:15**  
Suzanne Gagnon, MD, CCMF, FCMF, Québec, QC  
**ROOM / SALLE : 200C – QCCC / CCQ**

**Objectifs d’apprentissage :**
1. évaluer les risques à la santé selon le voyageur et la destination
2. prescrire les médicaments et/ou les vaccins en prophylaxie ou en auto-traitement pour les problèmes de santé les plus fréquents
3. conseiller le voyageur adéquatement et reconnaître les symptômes des principales pathologies reliées au voyage chez le voyageur qui est malade au retour

**Learning objectives:**
1. assess health risks based on the traveller and their destination
2. prescribe medication and/or vaccines administered on a prophylactic basis or self-administered for the most common health problems
3. adequately advise the traveler and recognize symptoms of the major illnesses linked to the traveler
<table>
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<tr>
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<th>Time</th>
<th>Speakers</th>
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<tbody>
<tr>
<td>T53863</td>
<td>Supporting the Learner in Difficulty</td>
<td>15:15-16:15</td>
<td>Christie Newton, MD, CCFP, FCFP, Port Moody, BC; Willa Henry, MD, CCFP, FCFP, Vancouver, BC</td>
<td>304B – QCCC / CCQ</td>
</tr>
<tr>
<td>T55642</td>
<td>FASD: How fetal alcohol spectrum disorder impacts the life course trajectory of children, teens, and young adults</td>
<td>15:15-16:15</td>
<td>Patricia Mousmanis, MD, CCFP, FCFP, Richmond Hill, ON; Courtney Green, PhD, Kingston, ON;</td>
<td>304B – QCCC / CCQ</td>
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<td></td>
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<td>Jocelyn Cook, MD, RCPSC; Nancy Poole, PhD; Murray Trusler, MD, CCFP, FCFP, Vancouver, BC;</td>
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<td>Ken Trusler, Fairmount Hot Springs, BC; Lisa Graves, MD, CCFP, FCFP, Ancaster, ON; Ruth Elwood Martin, MD, CCFP, FCFP, Vancouver, BC; Elizabeth Crier, MD, CCFP, FCFP, Kingston, ON</td>
<td></td>
</tr>
<tr>
<td>T56698</td>
<td>Clinical Decision-Making With Frail Patients: Home to hospital and back again</td>
<td>15:15-16:15</td>
<td>Chris Frank, MD, CCFP, FCFP, Kingston, ON; Michael Kates, MD, CCFP, Toronto, ON; Mireille Lecours, MD, CCFP, Charlottetown, PE; Rob Lam, MD, CCFP, Toronto, ON; Doreen Oneschuk, MD, CCFP, Edmonton, AB</td>
<td>306B – QCCC / CCQ</td>
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<tr>
<td>T56856</td>
<td>Identifying, Targeting, and Managing Dyslipidemia: A clinical application of the Canadian Cardiovascular Society Guidelines</td>
<td>15:15-16:15</td>
<td>Paul Poirier, MD, PhD, FRCP, FACC, FAHA, Quebec, QC</td>
<td>200A – QCCC / CCQ</td>
</tr>
<tr>
<td>T56982</td>
<td>Vasectomy for the Non-Vasectomist: From guidelines to practice</td>
<td>15:15-16:15</td>
<td>Michel Labrecque, MD, PhD, CCMF, FCMF, Quebec, QC</td>
<td>306A – QCCC / CCQ</td>
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</table>

**Learning objectives:**

1. list typical strategies to prevent and address learner difficulties
2. create a learning plan based on a clinical scenario
3. engage learners in developing and reviewing learning plans that identify skills dimensions and CanMEDS-FM Roles

1. describe how FASD impacts development from infancy through to young adulthood
2. implement clinical strategies to improve communication with, and management issues in, clients with FASD
3. recognize key characteristics of clinical tools for diagnosis of FAD in young children, teens, and pregnant women in a timely fashion

1. identify when discussion of goals of care is relevant and when change to palliative focus should be considered
2. balance polypharmacy and prevention and quality of life in people with limited life expectancy
3. improve transitions in and out of hospital for frail patients

1. apply the CCS guidelines and discuss challenging obstacles for dyslipidemia diagnosis, treatment, and management
2. describe the impact of alternate targets in the diagnosis, treatment, and management of dyslipidemia
3. interpret the CCS Guidelines in light of the 2013 AHA/ACC blood cholesterol guidelines

1. correctly inform men, and women seeking contraception, about male sterilization
2. identify surgical consultants offering evidence-based vasectomy services
3. interpret results of semen analysis and manage complications after vasectomy

1. acquire new perspectives on the scope of and approach to primary care practice, innovation, and research
2. understand new leading-edge or unusual issues in family practice
3. engage in discussion and idea generation with national and international colleagues on the breadth and scope of family practice and primary care

Objectifs d’apprentissage :

1. obtenir de nouvelles perspectives et de nouvelles approches sur la prestation de soins primaires, l’innovation et la recherche
2. comprendre les enjeux d’actualité ou inhabituels dans l’exercice de la médecine familiale
3. discuter avec des collègues nationaux et internationaux et générer des idées sur l’étendue et la portée de la pratique de médecine familiale et la prestation de soins primaires
<table>
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<tbody>
<tr>
<td>T57531</td>
<td>Cancer Prevention: Learning more about radon gas and your practice</td>
<td>15:15-16:15</td>
<td>Michael Dworkind, MD, CCFP, FCFP, Montréal, QC</td>
<td>Room/Salle: 309B – QCCC / CCQ</td>
</tr>
<tr>
<td>T57550</td>
<td>Resident and Physician Wellness: A book of “BASICS”</td>
<td>15:15-16:15</td>
<td>Todd Hill, PhD, Calgary, AB; Joan Horton, MD, CCFP; Calgary, AB</td>
<td>Room/Salle: 303B – QCCC / CCQ</td>
</tr>
<tr>
<td>T57783</td>
<td>Flipping Assessment: Using field notes to improve teaching</td>
<td>15:15-16:15</td>
<td>Shelley Ross, PhD, Edmonton, AB; Paul Humphries, MD, CCFP; Shirley Schipper, MD, CCFP</td>
<td>Room/Salle: 303A – QCCC / CCQ</td>
</tr>
<tr>
<td>T55157</td>
<td>Developing a Global Health Curriculum at NOSM</td>
<td>15:15-16:15</td>
<td>Basia, Siedlecki, MD, PhD, CCFP, Midland, ON</td>
<td>Room/Salle: 301A – QCCC / CCQ</td>
</tr>
<tr>
<td>T58170</td>
<td>First Five Years in Family Practice: What type of practice is ideal for you?</td>
<td>15:15-16:15</td>
<td>Scott MacLean, MD, CFPC, Edmonton, AB; Kevin Garneau-Bègin, MD, CCFP, Comox, BC; Nermine Gorguy, MD, CCFP, Toronto, ON; Isabelle Hébert, MD, CCFP, Montréal QC; Colette Dawson, MD, CCFP, Conception Bay, NL; Aisling Campbell, MD, Calgary, AB</td>
<td>Room/Salle: 2000D – QCCC / CCQ</td>
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<tr>
<td>J57611</td>
<td>Intégrer la vision du Centre de médecine de famille pour assurer une efficacité dans notre travail quotidien</td>
<td>15:15-17:30</td>
<td>Maxine Dumas Pilon, MD, CCFM, Montréal, QC; Eric Mang, MPA, Mississauga, ON; Paul Sawchuk, MD, MBA, CCFP, FCFP, Winnipeg, MB</td>
<td>Room/Salle: 206B – QCCC / CCQ</td>
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**Learning objectives:**
1. understand the epidemiology and pathophysiology of radon-induced lung cancer and other diseases
2. learn the ways the risks of radon exposure effect harm in primary care
3. describe the appropriate ways to reduce the risks of radon gas for patients

1. identify different spheres of wellness which can be integrated into daily life
2. learn a number of wellness activities through individual, paired, small group, and large group activities
3. set goals for integrating wellness activities into day-to-day life

1. identify ways in which field notes can be used as evidence of teaching performance
2. explain how targeted coaching to improve teaching can be based on existing field notes
3. apply targeted coaching in any program with field notes or other documented formative feedback

1. describe the curricular components necessary for a global health curriculum
2. describe how service-learning can promote social accountability and global citizenship in medical learners
3. describe how global health helps prepare medical learners to practice in Canadian under-serviced communities

1. become familiar with three different types of family practice: locum, traditional, and academic
2. perform a self-assessment in order to help determine which type of practice may suit participants’ needs
3. participate in discussion of the challenges and stressors associated with each type

1. se familiariser avec trois différents types de pratique de la médecine familiale : dépannage, traditionnelle et académique
2. effectuer une auto-évaluation afin d’aider à déterminer quel type de pratique peut répondre à leurs besoins
3. participer aux discussions sur les défis et les facteurs de stress associés à chaque type

**Legend / Légende:**
- Simultaneous interpretation / Interprétation simultanée
- Pre-Registration Required / Préinscription obligatoire
- QCCC / CCQ Québec City Convention Centre / Centre des congrès de Québec
Objectifs d’apprentissage :
1. évaluer sa pratique, à l’aide d’un outil d’autoévaluation, afin d’établir un modèle privilégié d’amélioration continue de la qualité de ses actes
2. identifier les obstacles à ces changements de pratique
3. déterminer les étapes concrètes requises pour instaurer l’implantation d’un nouvel objectif

T57622  General Surgery Emergencies: Pearls for the family physician
15:45-16:15  Stephanie Chartier-Plante, MD, CCFP, Vancouver, BC
ROOM / SALLE : 2000B – QCCC / CCQ

Learning objectives:
1. recognize diverse forms of gallstone disease and know which patients need to be referred to a surgeon
2. describe the most common causes of bowel obstruction and initiate investigations and treatment in those patients in the emergency department
3. describe presentation and initial management of patients with diverticular disease and recognize who to refer to a surgeon

TJ5568  An Approach to Common and Not So Common Rashes in the Office Setting
16:30-17:30  Christie Freeman, MD, CCFP, DipP Derm, MSc, Peterborough, ON
ROOM / SALLE : 200C – QCCC / CCQ

Learning objectives:
1. take a focused history in a patient with a rash
2. identify some common skin conditions based on clinical signs and symptoms as well as the results of investigations easily performed in the office
3. briefly discuss treatment options for various inflammatory skin conditions

Objectifs d’apprentissage :
1. effectuer l’anamnèse ciblée d’un patient qui présente une éruption
2. cerner les affections cutanées courantes en fonction des signes et symptômes cliniques, de même que des résultats des investigations pouvant facilement être effectuées en cabinet
3. discuter brièvement des options thérapeutiques pour diverses affections cutanées inflammatoires

JT57732  Des innovations québécoises tissent des liens entre la pratique de la médecine familiale et la recherche
16:30-17:30  Québec Innovations Linking Family Medicine Practice and Research
Pierre Pluye, MD, PhD, Montréal, QC; Jeannine Haggerty, PhD, Montréal, QC;
Serge Dumont, PhD, MSRC, Québec, QC; Marie-Thérèse Lussier, MD, CCMF, Montréal, QC;
Catherine Hudson, MD, CCMF, Chicoutimi, QC; Howard Bergman, MD, CCFP, FCFP, Montréal, QC
ROOM / SALLE : 2000A – QCCC / CCQ

Objectifs d’apprentissage :
1. le réseau de connaissances
2. les nouvelles opportunités pour la recherche clinique et la gestion des cas dans les milieux de soins primaires
3. le plan Alzheimer du Québec

Learning objectives:
1. knowledge network
2. new opportunities for clinical research and case management in primary care settings
3. Québec Alzheimer plan

T51661  Prescribing Buprenorphine for Outpatient Addiction
16:30-17:30  Claudette Chase, MD, CCFP, FCFP, Shuniah, ON
ROOM / SALLE : 309B – QCCC / CCQ

Learning objectives:
1. list the benefits and risks of prescribing buprenorphine to treat opioid dependency
2. list the major side effects of buprenorphine
3. know the steps involved in safely prescribing buprenorphine for induction, maintenance, and tapering

T55102  Onions and Parfaits: Embracing the layers of teaching multilevel learners
16:30-17:30  Shirley Schipper, MD, CCFP, Edmonton, AB
ROOM / SALLE : 383A – QCCC / CCQ

Learning objectives:
1. discuss best evidence and strategies for multilevel learning in rural, distributed, and urban settings
2. recognize best practice from end-users, including teachers and residents
3. employ usable tips to successfully incorporate medical students and residents into family medicine practice—at the same time
T55122  Urologic Emergencies for the Office Practitioner
16:30-17:30
Vu Kiet Tran, MD, CCFP(EM), FCFP, MHSc, MBA, Richmond Hill, ON
ROOM / SALLE : 200A – QCCC / CCQ

Learning objectives:
1. recognize some of the most common urologic emergencies
2. enumerate the criteria for urgent referral to a urologist
3. elaborate on a treatment plan for these urologic emergencies

T55152  So, You Want to Teach Using Simulation: A primer and lessons learned from the Queen’s ”Nightmares”
16:30-17:30
family medicine acute care training program
Filip Gilic, CCFP(EM), Kingston, ON
ROOM / SALLE : 304B – QCCC / CCQ

Learning objectives:
1. devise a medical simulation training program
2. write effective simulation scenarios
3. debrief simulated scenarios effectively

T56963  Medication Safety 101 for Physicians
16:30-17:30
Michael Hamilton, BSc, BEd, MD, CCFP, Toronto, ON
ROOM / SALLE : 200B – QCCC / CCQ

Learning objectives:
1. review the evidence that medication errors are a significant health care problem
2. outline factors in the medication use process that contribute to error and harm
3. identify and implement strategies that reduce the likelihood of medication error

T57069  Residents as Teachers: An interactive workshop for family medicine resident teaching skills development
16:30-17:30
Jamie Wickett, MD, CCFP, London, ON; Julie Copeland, MD, CCFP, Mount Brydges, ON
ROOM / SALLE : 303B – QCCC / CCQ

Learning objectives:
1. understand and use the one-minute preceptor model with junior learners
2. provide effective feedback to junior learners
3. use effective questioning techniques with junior learners

T57279  Implementing Lifestyle Intervention in Primary Care: Tips and tools
16:30-17:30
Doug Klein, MD, CCFP, MSc, Edmonton, AB
ROOM / SALLE : 306A – QCCC / CCQ

Learning objectives:
1. understand the importance of effective lifestyle interventions in primary care
2. learn some of the methods to support patients becoming more active both in the clinic and in the community
3. participate in a demonstration of strength and flexibility exercises applicable to primary care

T57474  Diabetic Muslim Patient While Fasting in Ramadhan
16:30-17:30
Irfan Majid, MBBS, MRCP, MPH, Diploma Cardiology, MCFP, Walsall, UK
ROOM / SALLE : 202 – QCCC / CCQ

Learning objectives:
1. understand the facts about how Muslims fast during the holy month of Ramadhan
2. understand how fasting affects diabetic Muslim patients and its medical implications
3. modify medications, oral or insulin, for fasting diabetic patients, and provide further relevant health advice to these patients
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<th>Description</th>
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<tr>
<td>T57525</td>
<td>When Things Go Wrong: Learning from significant events</td>
<td>Keith Wycliffe-Jones, MBChB, FRCPG, CCFP, Calgary, AB</td>
<td>16:30-17:30</td>
<td>306B – QCCC / CCQ</td>
<td>1. describe the methodology of significant event audit 2. list the prerequisites for successful significant event audit 3. carry out significant event audit in practice</td>
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<tr>
<td>T57773</td>
<td>Critical Appraisal of Practice Guidelines</td>
<td>Sarah Jennings, BSc, BScPhm, RPh, PharmD, Ottawa, ON; Janice Mann, BSc, MD, Ottawa, ON</td>
<td>16:30-17:30</td>
<td>2000D – QCCC / CCQ</td>
<td>1. appreciate the importance of critical appraisal 2. understand potential sources of bias in clinical practice guidelines 3. learn practical methods for evaluating the quality of clinical practice guidelines</td>
</tr>
<tr>
<td>T75405</td>
<td>Mainpro+ ... A New Look, With New Ways to Learn (2)</td>
<td>Dominique Tessier, MD, CCMF, FCMF, Montréal, QC – Regional Educator, Quebec Region; Teresa Wawrykow, MD, CCFP(EM), Winnipeg, MB – Regional Educator, Saskatchewan &amp; Manitoba Regions</td>
<td>17:30-18:30</td>
<td>308A – QCCC / CCQ</td>
<td>Join us for an informative session on the updates to Mainpro coming soon. Get to know who your Regional Educator is and hear about the exciting changes which will offer more intuitive, self-directed learning opportunities. You will learn how easy it is to earn credits for practice activities you do on a daily basis. The CFPC is committed to providing quality CPD to meet your changing interests and learning needs. Participants may claim an additional Mainpro-M1 credit for this session.</td>
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DAILY BADGE SCAN REQUIRED – PROOF OF PARTICIPATION: Remember to have your name badge scanned EACH DAY by a CFPC staff member throughout the conference. Self-scanning stations are also available throughout the conference venues. All scanned registrants will receive a letter confirming attendance at Family Medicine Forum 2014 by January 1, 2015. Please note that these letters are not available for pick-up on-site.

Session cancellation: The College reserves the right to cancel session(s) due to unforeseen circumstances and cannot accept responsibility for out-of-pocket expenses incurred due to the cancellation of any session.

ANNULATION DE SÉANCE : Le Collège se réserve le droit d'annuler une ou plusieurs séances s'il survient des événements imprévus et ne sera pas responsable de toute menue dépense encourue en raison de l'annulation d'une séance.
**F79795 A**  
**06:45-07:45**  
**Incretin Therapy Roundtable: Putting recommendations into practice**  
**ROOM / SALLE : 2000C – QCCC / CCQ**  
Anil Gupta, MD, CCFP FCFP, Etobicoke, ON

**Learning objectives:**
1. summarize relevant updates to the 2013 CDA guideline recommendations for the management of type 2 diabetes
2. differentiate between DPP-4 inhibitors and GLP-1 receptor agonists
3. explain how to optimally incorporate DPP-4 inhibitors and GLP-1 receptor agonists into clinical practice for better patient outcomes

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**F75406**  
**07:00-08:00**  
**Mainpro+.... A New Look, With New Ways to Learn (3)**  
**Mainpro+ ... Un nouveau look; de nouvelles façons d’apprendre (3)**  
Jim Thorsteinson, MD, CCFP, FCFP; Vancouver, BC – Regional Educator, British Columbia Region; Khurram Jahangir, MD, CCFP(EM), FCFP; Edmonton, AB – Regional Educator, Alberta Region

**ROOM / SALLE : 308A – QCCC / CCQ**

Join us for an informative session on the updates to Mainpro coming soon. Get to know who your Regional Educator is and hear about the exciting changes which will offer more intuitive, self-directed learning opportunities. You will learn how easy it is to earn credits for practice activities you do on a daily basis. The CFPC is committed to providing quality CPD to meet your changing interests and learning needs.

*Participants may claim an additional Mainpro-M1 credit for this session.*

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**F67109**  
**07:00-08:00**  
**Chronic Pain Networking Breakfast**  
**ROOM / SALLE : 2104AB – QCCC / CCQ**

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**F57010**  
**07:00-08:00**  
**Networking Breakfast: Sharing educational training for child and adolescent scope of practice**  
**ROOM / SALLE : 207 – QCCC / CCQ**

**Learning objectives:**
1. describe how to develop skills required to create a focused practice in child and adolescent medicine
2. outline specific educational programs across Canada that can be accessed for further training
3. share tips and pearls on how to integrate a special interest in child and adolescent medicine into comprehensive care practice

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**F57042**  
**07:00-08:00**  
**Addiction Medicine Program Committee Breakfast Meeting**  
**ROOM / SALLE : 206A – QCCC / CCQ**

**Learning objectives:**
1. become familiar with the activities of the Addiction Medicine Program Committee at the CFPC
2. take the opportunity to discuss any topics of clinical interest with respect to alcohol and substance use or behavioural addictions
3. learn more about the option to establish membership with the Section of Special Interests or Focused Practices (SIFP) Addiction Medicine Program and to explore their options for networking and membership engagement

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**F5705**  
**07:00-08:00**  
**GP Psychotherapy Networking Breakfast**  
**ROOM / SALLE : 2101 – QCCC / CCQ**

**Learning objectives:**
1. identify the challenges of integrating psychotherapy into comprehensive care family practice
2. identify specific learning needs of physicians who wish to integrate psychotherapy into their practices
3. meet and share with colleagues who have a special interest in providing psychotherapy as part of mental health care in family practice
F57535 Networking Breakfast: Create a Practical Inventory of Mental Health Resources in Your Community
(Mental Health SIFP)
07:00-08:00
J. Ellen Anderson, MD, MHSC, MCFP, Chair MH, SIFP, Sooke, BC; Victoria Winterton, MD, CCFP, Owen Sound, ON
ROOM / SALLE : 2105 – QCCC / CCQ

Learning objectives:
1. identify the multiple domains of useful formal and informal mental health supports/resources in their local community that are accessible to family practice patients
2. use the template provided and the assistance of office staff and patients to locate and update mental health resources in their community
3. practice using the MH resource tool to aid physicians and patients in navigating their local mental health resources

F57588 Maternity and Newborn Care Networking Breakfast
07:00-08:00
Lisa Graves, MD, CCFP, FCFP, Ancaster, ON
ROOM / SALLE : 2102AB – QCCC / CCQ

Learning objectives:
1. identify current issues in maternity care for family physicians
2. share successes and challenges of maternity care
3. network with colleagues who share similar interests

F57747 Sport and Exercise Medicine SIFP Breakfast Networking Session – Concussion: The management of persistent symptoms
07:00-08:00
Lisa Fischer, MD, BScPT, CCFP, Dip Sport Med, London, ON
ROOM / SALLE : 308B – QCCC / CCQ

Learning objectives:
1. be able to describe persistent symptoms of post-traumatic brain injury (TBI)/concussion
2. have an understanding of rehabilitation and management strategies, including the role of allied health professionals
3. prescribe appropriate therapy

F57888 Developmental Disabilities / Palliative Care Networking Breakfast: Providing palliative care for patients with communication and cognitive difficulties
07:00-08:00
Liz Grier, MD, CCFP, Kingston, ON; Brian Hennen, MD, CCFP, FCFP, Halifax, NS; Ian Casson, MD, CCFP, FCFP, Kingston, ON; Paolo Mazzotta, MD, HBSc, MSc, CCFP, Toronto; ON, Kyle Sue, MD, St John’s, NL; Mark Kristjanson, MD, CCFP, FCFP, Hamiota, MB; Donna Lougheed, MD, CCFP, Ottawa, ON; David Joyce, MD, CCFP(EM), Vancouver, BC
ROOM / SALLE : 302A – QCCC / CCQ

Learning objectives:
1. explore the issues related to care for patients with communication and cognitive difficulties receiving palliative and/or end-of-life care using a case example of a patient with developmental disability and complex care needs
2. formulate an approach to palliative symptom management in adults with developmental disabilities and apply care strategies

F57952 Prison Medicine SIFP Breakfast Networking Session: What you need to know to become a prison physician
07:00-08:00
Ruth Elwood Martin, MD, CCFP, FCFP, Vancouver, BC; Josiane Cyr, MD, CCFP, Montréal, QC; Margaret (Peg) Robertson, MD, CCFP, Kingston, ON; Chris Goodall, MD, CCFP, St. John’s, NL
ROOM / SALLE : 2103 – QCCC / CCQ

Learning objectives:
1. network with others who are interested in prison health
2. increase understanding of the steps involved in becoming a prison physician

F63100 Hospital Medicine SIFP Breakfast Networking Session
07:00-08:00
ROOM / SALLE : 301B – QCCC / CCQ

Learning objectives:
1. understand the risk of transition from hospital to home
2. identify patients at high risk for readmission
3. understand the benefits of technology in facilitating and improving transition
F66321  Health Care of the Elderly SIFP Breakfast Networking Session: Older patients with multi-comorbidities – using your expertise to develop a guideline  
07:00-08:00  ROOM / SALLE : 303B – QCCC / CCQ

F66772  Respiratory Medicine SIFP Breakfast Networking Session: A pro/con debate on the value of e-cigarettes in assisting with smoking cessation  
Alan Kaplan, MD, CCFP(EM), FCFP, Richmond Hill, ON  
07:00-08:00  ROOM / SALLE : 304A – QCCC / CCQ

F68877  Dermatology SIFP Breakfast Networking Session  
Christie Freeman, MD, CCFP, DipPDERM, MSc, Peterborough, ON  
07:00-08:00  ROOM / SALLE : 304B – QCCC / CCQ

F68885  Family Practice Anesthesiology SIFP Breakfast Networking Session  
Anthony V. Wiens, MD, CCFP, Dauphin, MB; Annie Lu, MD, CCFP, Elora, ON  
07:00-08:00  ROOM / SALLE : 302B – QCCC / CCQ

F57763  Networking for IMG Teachers and Co-ordinators: An opportunity to exchange ideas with a group of peers, learn about programs and initiatives across the country, and generate new directions  
Inge Schabort, MB ChB, CCFP, Hamilton, ON; Susan Phillips, MD, CCFP, Montréal, QC  
07:00-08:00  ROOM / SALLE : 309A – QCCC / CCQ

Learning objectives:  
1. have the opportunity to review the relevant international medical graduate (IMG) literature and recent research findings  
2. exchange ideas with a group of peers, learn about IMG programs across the country, and generate new directions  
3. review and contribute to available resources to provide ongoing support to IMG teachers and learners at the national, institutional, departmental, faculty, and student levels

F100  KEYNOTE ADDRESS / DISCOURS D’OUVERTURE  
08:00-09:30  “Delivering on the Promise of Medicare”  
“Concrétiser les promesses du régime d’assurance-maladie”  
Danielle Martin, BSc, MD, CCFP, MPP, Toronto, ON  
ROOM / SALLE : 200ABC – QCCC / CCQ

F57607  Revitalizing Inpatient Family Medicine  
Brenda Catchpole, BA, MHA, Winnipeg, MB; Amanda Condon, MD, CCFP, Winnipeg, MB  
10:00-10:30  ROOM / SALLE : 206B – QCCC / CCQ

Learning objectives:  
1. identify key factors most likely to impact on recruiting and retaining family physicians to participate in inpatient care  
2. understand the impact that has been achieved through several key recruitment strategies  
3. take away a strategy for defining, measuring, and influencing specific aspects of physician inpatient practice

F57709  Sport and Exercise Medicine: Injuries you don’t want to miss / Médecine du sport et de l’exercice : Blessures à ne pas omettre  
Lisa Fischer, MD, BScPT, CCFP, DipSportMed, London, ON; Pierre Frémont, MD, CCMF, Québec, QC  
10:00-10:30  ROOM / SALLE : 2000A – QCCC / CCQ

Learning objectives:  
1. recognize the clinical presentation of common, but easily missed, musculoskeletal injuries in sport medicine  
2. list the short- and long-term sequelae of these injuries  
3. plan an initial management strategy including appropriate focused follow-up

Objectifs d’apprentissage :  
1. reconnaître le tableau clinique des blessures musculo-squelettiques courantes, mais facilement omises en médecine du sport  
2. nommer les séquelles à court et à long terme de ces blessures  
3. planifier une stratégie initiale de prise en charge, y compris un suivi ciblé approprié

LEGENDE / LÉGENDE  
Simultaneous interpretation / Interprétation simultanée  
Pre-Registration Required / Préinscription obligatoire  
QCCC / CCQ  Québec City Convention Centre / Centre des congrès de Québec
<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Time</th>
<th>Speaker(s)</th>
<th>Room/Salle</th>
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<tbody>
<tr>
<td>F49182</td>
<td>Whose Death Is It Anyway? Legalized euthanasia and end-of-life care</td>
<td>10:00-11:00</td>
<td>Benjamin Schiff, MD, CCFP, DDO, QC; Isabelle LeBlanc, MD, CCFP, Montréal, QC</td>
<td>306A – QCCC / CCQ</td>
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</tbody>
</table>
|      | Learning objectives:                                                  |               | 1. develop an appreciation of the controversial aspects surrounding euthanasia and assisted suicide  
|      |                                                                     |               | 2. become familiar with the proposed Québec law on end-of-life care  
|      |                                                                     |               | 3. become comfortable engaging patients and/or families in end-of-life care discussions |
| F54398 | Healing the Wounds: Stories from the street                          | 10:00-11:00   | Susan Phillips, MD, CCFP, Kingston, ON                                   | 307AB – QCCC / CCQ |
|      | Medical Humanities Theatre / Théâtre des sciences humaines de la santé|               |                                                                          |
|      | Learning objectives:                                                  |               | 1. understand and intervene to correct inequalities that shape illness  
|      |                                                                     |               | 2. be inspired by colleagues’ stories of bringing social activism into clinical practice  
|      |                                                                     |               | 3. become an advocate |
| F55138 | Ventilate, Don’t Intubate! Non-invasive respiratory management strategies for the rural and hospitalist GP | 10:00-11:00   | Filip Gilic, MD, CCFP(EM), Kingston, ON                                   | 306B – QCCC / CCQ |
|      | Learning objectives:                                                  |               | 1. develop a consistent approach to patients with respiratory difficulties  
|      |                                                                     |               | 2. demonstrate advanced oxygenation therapies such as combined nasal/oral and apneic oxygenation  
|      |                                                                     |               | 3. use non-invasive positive pressure ventilation effectively, including novel indications such as asthma and delayed sequence induction |
| F57390 | Alcohol Screening, Brief Intervention, and Referral: An alcohol care pathway | 10:00-11:00   | Peter Butt, MD, CCFP(EM), FCFP, Saskatoon, SK                             | 202 – QCCC / CCQ |
|      | Learning objectives:                                                  |               | 1. talk to patients about alcohol, with evidence-based information on low-risk drinking  
|      |                                                                     |               | 2. identify and address elevated risk use, as well as abuse or mild dependency (as per DSM-V)  
|      |                                                                     |               | 3. develop an approach to appropriate, focused follow-up |
| F57821 | Should Our Children Run Away With the Circus?                        | 10:00-11:00   | Patrice Aubertin, Montréal, QC                                            | 301A – QCCC / CCQ |
|      | Learning objectives:                                                  |               | 1. describe what is physical literacy and how it relates to circus arts  
|      |                                                                     |               | 2. describe the results of a research project relating to circus arts and physical literacy in children |
| F57461 | Becoming a Resident: It’s not as bad as you think!                    | 10:00-11:00   | Michelle van Walraven, BSc, MD, Barrie, ON                                | 302B – QCCC / CCQ |
|      | Learning objectives:                                                  |               | 1. understand the steps of transition from being a medical student to a resident  
|      |                                                                     |               | 2. use tips and recommendations to prepare for residency including CaRMS, financial concerns, and self-wellness  
|      |                                                                     |               | 3. share questions and answers regarding being a new resident in family medicine |
| F57872 | Team and Patient-Centred Communication for the Patient’s Medical Home (PMH): An overview | 10:00-11:00   | Rob Boulay, MD, CCFP, Miramichi, NB                                       | 206A – QCCC / CCQ |
|      | Learning objectives:                                                  |               | 1. explore evidence-based reasons why communication is important in a patient-centred medical home (PMH) practice  
|      |                                                                     |               | 2. review a sample of communication tools to increase effectiveness in PMH interactions and with your patients  
<p>|      |                                                                     |               | 3. apply communication tools to sample video case study |</p>
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<tr>
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<tr>
<td>F57830</td>
<td>Medical Education Research 101: An introduction to basics of methodology and design</td>
<td>10:00-11:00</td>
<td>Shelley Ross, PhD, Edmonton, AB; Douglas Archibald, PhD, Ottawa, ON</td>
<td>ROOM/SALLE: 301B – QCCC / CCQ</td>
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<tr>
<td>F54586</td>
<td>I Am the Team: Multidisciplinary pain management for the community family doctor</td>
<td>10:00-11:45</td>
<td>Lori Montgomery, MD, CCFP, Calgary, AB; Chris Spanswick, MB, ChB, FRCA, FFPMRCA, Calgary, AB; Todd Hill, PhD, RPsych, Calgary, AB</td>
<td>ROOM/SALLE: 309B – QCCC / CCQ</td>
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<tr>
<td>F77156</td>
<td>How to Be a Triple C Teacher (2)</td>
<td>10:00-12:15</td>
<td>College of Family Physicians of Canada’s (CFPC’s) Triple C Competency Based Curriculum Task Force</td>
<td>ROOM/SALLE: 309A – QCCC / CCQ</td>
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<tr>
<td>V57547</td>
<td>Réseau collaboratif des UMF de l’U. de Montréal : joies et défis</td>
<td>10:00-12:15</td>
<td>François Dubé, MSc, Québec, QC; Alexis Guilbert-Couture, Québec, QC</td>
<td>ROOM/SALLE: 304B – QCCC / CCQ</td>
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<tr>
<td>F57834</td>
<td>Selecting IMGs for Residency Programs: Myths and shibboleths</td>
<td>10:00-12:15</td>
<td>Sandra Banner, Ottawa, ON; Ian Bowmer, MD, CCFP, Ottawa, ON</td>
<td>ROOM/SALLE: 303A – QCCC / CCQ</td>
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<tr>
<td>F75187</td>
<td>Teaching 101: Introducing a medical learner into your office</td>
<td>10:00-12:15</td>
<td>Mark Robinson, MD, MSc, BSc, BEd, CCFP, North York, ON; Risa Bardman, MD, CCFP, FCFP, Toronto, ON; Colin Newman, MD, CCFP, Twillingate, NL</td>
<td>ROOM/SALLE: 207 – QCCC / CCQ</td>
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<tr>
<td>V54561</td>
<td>L’outil diagnostique : Portrait réflexif de la pratique clinique des médecins de famille du Québec</td>
<td>10:30-11:00</td>
<td>François Dubé, MSc, Québec, QC; Alexis Guilbert-Couture, Québec, QC</td>
<td>ROOM/SALLE: 2104AB – QCCC / CCQ</td>
</tr>
</tbody>
</table>

**Learning objectives:**

- **F57830**
  1. describe some of the more common methodologies and research designs for medical education research
  2. identify which methodologies and designs would be most appropriate to answer participants' own research questions
  3. apply ideas and examples from participants' own medical education projects

- **F54586**
  1. identify patients who would benefit from a multidisciplinary approach
  2. develop a toolkit of skills and resources to make best use of community providers
  3. incorporate some simple changes in practice to help fill the gap if a patient can't access non-physician providers

- **F77156**
  1. describe an approach to learner supervision consistent with Triple C
  2. identify CFPC resources that can support clinical teachers within a Triple C curriculum
  3. identify personal or practice changes to be made to become a Triple C teacher

- **V57547**
  1. informer les médecins de famille de l’existence de l’outil diagnostique
  2. décrire les composantes de l’outil diagnostique
  3. expliquer l’usage de l’outil diagnostique et véhiculer l’impact de son utilisation

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**Legend / Légende**

- Simultaneous interpretation / Interprétation simultanée
- Pre-Registration Required / Préinscription obligatoire

QCCC / CCQ Québec City Convention Centre / Centre des congrès de Québec
F55529  Non-invasive Prenatal Testing  10:30-11:00  
Bill Ehman, MD, Nanaimo, BC  
ROOM / SALLE : 2000B – QCCC / CCQ  
Learning objectives:  
1. define and describe the current status of non-invasive prenatal testing (NIPT) in Canada  
2. describe the role of NIPT as part of an integrated system of prenatal testing  
3. describe some of the evolving ethical and legal issues involved in NIPT

F57600  Pediatric UTIs: What’s the latest evidence in diagnosis and management?  10:30-11:00  
April Kam, MD, DTM&H, MScPH, FRCP, Hamilton, ON  
ROOM / SALLE : 200A – QCCC / CCQ  
Learning objectives:  
1. list high-yield questions when considering which infant or child has a urinary tract infection  
2. prescribe antibiotics appropriately to infants and children with urinary tract infections  
3. apply the latest evidence when deciding which children will require follow-up diagnostic testing after a urinary tract infection

FV57631  Self-Diagnosis of Practice Risks  10:30-11:00  
Randall Sargent, MD, CCFP, MSc, Canmore, AB  
ROOM / SALLE : 200C – QCCC / CCQ  
Learning objectives:  
1. identify cases from office practice that require reflection  
2. plan a course of continuing care with identified decision points  
3. appropriately review patient status in primary and secondary care, and offer continuous care

FV57726  How to Adapt and Implement a Concussion Management Protocol in Your Community’s Organized Sports  10:30-11:00  
Pierre Frémont, MD, PhD, CCMF, Québec, QC; Lisa Fischer, MD, CCFP, London, ON  
ROOM / SALLE : 2000A – QCCC / CCQ  
Learning objectives:  
1. understand the basic principles of concussion management according to the current expert consensus recommendations  
2. be able to assist organizations in the process of adapting and implementing a structured concussion management approach with consideration for the available resources of each specific context  
3. understand the implicit value of concussion education to athletes, coaches, educators, and parents for the purpose of improving concussion prevention, detection, and basic management

F57089  Management of Vaginal Birth After Cesarean  11:15-11:45  
Emmanuel Bujold, MD, MSc, FRCSC, Saint-Augustin-De-Desmaures, QC  
ROOM / SALLE : 2000B – QCCC / CCQ  
Learning objectives:  
1. describe the relative and absolute contraindications for vaginal birth after cesarean (VBAC)  
2. understand the role of low uterine segment thickness measurement in the management of women with prior cesarean  
3. understand the role of labour management in the prevention of uterine rupture and adverse outcomes during a trial of labour after a previous cesarean

F79349  Transitioning Into Practice  11:15-12:15  
Presented by the CFPC Section of Residents, in collaboration with the First Five Years in Family Practice Committee  
ROOM / SALLE : 206A – QCCC / CCQ  
This session will address key issues involving transitioning from residency into practice including licensing, financial concerns, location and relocation, contracts, and other considerations.
F75242  FMF Pearls: Clinically relevant research from Research Day
11:15-12:15  
Martin Dawes, MD, MB, BS, DRCOG, FRCP, Vancouver, BC
ROOM / SALLE : 301A – QCCC / CCQ

Description:
We’re excited to let you know about this year’s “Top 4 Oral Abstracts” session at the Family Medicine Forum. We received 203 abstract submissions. Of those, the Family Medicine Forum – Research Committee, Chaired by Dr Richard Fleet, selected 53 for oral presentations and the Top 4 will be showcased in this special session.

FV57806  Test Your Menopause IQ / Mettez à l'épreuve vos connaissances sur la ménopause
11:15-12:15  
Jennifer Blake, MD, CCFP, Ottawa, ON
ROOM / SALLE : 200C – QCCC / CCQ

Learning objectives:
1. separate fact from myth with respect to common beliefs about menopause and hormones
2. tailor treatment of symptoms to women throughout perimenopause, menopause, and post menopause
3. use the latest evidence to counsel about risks, benefits, and relative safety of menopause therapies

F49235  Nutritional Counseling for Patients With Metabolic Syndrome
11:15-12:15  
Pat Poon, MD, PhD, Thornhill, ON
ROOM / SALLE : 306B – QCCC / CCQ

Learning objectives:
1. give dietary counseling to patients with obesity-related diseases
2. read and understand the nutritional information on the food label
3. write an exercise prescription

F49363  Driving and Dementia: Practical tips for the family physician
11:15-12:15  
Linda Lee, MD, MCISc(FM), CCFP, FCFP, Kitchener, ON
ROOM / SALLE : 200A – QCCC / CCQ

Learning objectives:
1. list findings in the cognitively impaired patient that might indicate that fitness to drive is a concern
2. explain office-based tests that can help in the assessment of the potentially unsafe cognitively impaired driver and the role of on-road driving assessments
3. discuss ways of communicating concerns about driving fitness that are less likely to harm the patient-physician relationship

F55809  Borderline Personality Disorder: Moving management challenges to joys
11:15-12:15  
James Goertzen, MD, MCISc, CCFP, FCFP, Thunder Bay, ON
ROOM / SALLE : 306A – QCCC / CCQ

Learning objectives:
1. apply strategies for effective management of patients with a borderline personality disorder
2. increase the resilience of family physicians providing care to patients with a borderline personality disorder
3. develop physician-patient relationships that encourage borderline personality disorder patients to increase their self-management skills

F57578  Primary Care Management of At-Risk Drinking and Alcohol Use Disorders
11:15-12:15  
Sheryl Spithoff, MD, CCFP, Toronto, ON; Jonathan Bertram, MD, CCFP, Toronto, ON
ROOM / SALLE : 202 – QCCC / CCQ

Learning objectives:
1. diagnose at-risk drinking and alcohol use disorder (mild, moderate, severe)
2. describe an approach to counseling the at-risk drinker and the patient with an alcohol use disorder
3. describe the indications, dosing, and contraindications of anti-craving medications

LEGEND / LÉGENDE

g Simultaneous interpretation / Interprétation simultanée  
b Pre-Registration Required / Préinscription obligatoire

QCCC / CCQ  Québec City Convention Centre / Centre des congrès de Québec
**F57590**  
**11:15-12:15**  
**Top 10 Papers to Change Your Practice in EM**  
*Peter Toth, CCFP(EM), Toronto, ON; Robert Primavesi, MD, CCFP(EM), FCFP, Montréal, QC; Jean Villeneuve, MD, CCMF(MU), Québec, QC; Danielle Blouin, MD, CCFP(EM), FCFP, Kingston, ON; Isobel Fleming, Simon Pulfrey, MD, CCFP(EM), FCFP, North Vancouver, BC*

**Learning objectives:**  
1. apply both absolute and relative data that are new in the emergency medicine literature  
2. adapt the new evidence to the practice population  
3. integrate new evidence into clinical practice in emergency medicine

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**F57717**  
**11:15-12:15**  
**Small “r” Research for Community Docs**  
*Alan Katz, MB ChB, CCFP, MSc, FCFP, Winnipeg, MB*

**Learning objectives:**  
1. explore possible roles for community docs in the research process  
2. address barriers to participation in the research process for community docs  
3. discuss the advantages of participation in research for community docs

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**F57739**  
**11:15-12:15**  
**Extreme Family Practice 2.1: Case histories from Nunavut**  
*W. Alexander Macdonald, MD, CCFP, FCFP, Iqaluit, NU; Cathy Rose RN, OPN, Resolute Bay, NU*

**Medical Humanities Theatre / Théâtre des sciences humaines de la santé**

**Learning objectives:**  
1. explore options for long-term care for post-stroke patients from remote communities  
2. learn about multidisciplinary collaboration to repatriate a seriously disabled patient and to support the family once home in a remote Inuit community in Nunavut  
3. learn about the relevance of cultural factors in the long-term management of a seriously disabled patient in a remote Inuit community

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**F67121**  
**11:15-12:15**  
**Building Relationships: The key to success as a family doctor and family medicine leader**  
*Calvin L. Gutkin, MD, CCFP(EM), FCFP, Mississauga, ON*

**Learning objectives:**  
1. have an enhanced understanding of the importance of excellent communication skills in both medical practice and organizational leadership  
2. be able to define the core elements that help build strong interpersonal and interorganizational relationships  
3. be able to identify the facilitators and barriers one may encounter in trying to develop strong interorganizational relationships

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**F57090**  
**11:45-12:15**  
**Low-dose Aspirin for the Prevention of Adverse Perinatal Outcomes**  
*Emmanuel Bujold, MD, MSc, FRSC, Saint-Augustin-de-Desmaures, QC*

**Learning objectives:**  
1. describe the goals and benefits of the use of low-dose aspirin during pregnancy for the prevention of adverse perinatal outcomes  
2. identify which women should receive low-dose aspirin for the prevention of adverse perinatal outcomes  
3. describe and understand the optimal posology for low-dose aspirin during pregnancy
Section of Teachers Annual Meeting / Assemblée annuelle de la Section des enseignants

**12:30-13:30**

**F75509 A**

**Breathing New Life Into Multidisciplinary COPD Management**

Alan Kaplan, MD, CCFP(EM), FCFP, Richmond Hill, ON

ROOM / SALLE : 2000C – QCCC / CCQ

**Learning objectives:**

1. discuss the use of spirometry and objective measures in the diagnosis and management of chronic obstructive pulmonary disease (COPD)
2. recognize the importance of early diagnosis and treatment of COPD and implement appropriate treatment options to maximize symptom management for patients from mild through all severities of disease
3. recognize the impact of acute exacerbations in patients with COPD and synthesize pharmacological and non-pharmacological management

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**F57792**

**Revoir nos stratégies pour aider un adolescent à cesser de fumer**

Lucie Rochefort, MD, CCMF, FCMF, Québec, QC

ROOM / SALLE : 202 – QCCC / CCQ

**Objectifs d’apprentissage :**

1. discuter des interventions cliniques en arrêt tabagique chez les adolescents
2. présenter le projet pilote en cours d’expérimentation dans trois régions du Québec
3. enrichir notre pratique clinique par les échanges avec les participants

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**F75243**

**Manuscript Writing: Finding the writer in you**

Cheryl Levitt, MB BCh, CCFP, FCFP, Hamilton, ON

ROOM / SALLE : 301A – QCCC / CCQ

**Learning objectives:**

1. have discuss the common road blocks and successes we all have in writing
2. learn about some simple ways to overcome some writing difficulties
3. feel inspired to write

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**F49330**

**Helping Your Patient Cope With an Unplanned Pregnancy**

Ellen Wiebe, MD, CCFFP, FCFP, Vancouver, BC; Konia Trouton, MD, CCFFP, FCFP, Victoria, BC

ROOM / SALLE : 206B – QCCC / CCQ

**Learning objectives:**

1. help patients explore their options when faced with an unplanned pregnancy
2. offer specific resources to patients dealing with the religious or relationship issues related to unplanned pregnancies
3. provide accurate information about the risks of abortion compared to birth

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**F52534**

**Insurance and Genetics: The real deal**

Bruce Empringham, BA, MD, CCFP, FCFP, certifiant BIM, London, ON

ROOM / SALLE : 206A – QCCC / CCQ

**Learning objectives:**

1. understand how genetic testing is viewed by the insurance industry
2. understand the depth of knowledge that exists in the insurance industry
3. understand how insurance works, and how clinicians can help patients understand the issues

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**F56687**

**Surfing the “Silver Tsunami”: The ”do’s, “don’t”s, and “maybe”s of prescribing for the elderly**

Suzanne Singh, BScPhm, PharmD, RPh, Toronto, ON

ROOM / SALLE : 2000D – QCCC / CCQ

**Learning objectives:**

1. outline medication-related and patient-specific factors that increase the risk of clinically significant adverse events in elderly adults
2. discuss a practical evidence-based approach to safe and effective medication use in at-risk seniors
3. implement an office-based medication safety checklist to guide challenging prescribing decisions in the elderly
F57507  Priorities for Family Medicine Research: Questions that matter
13:45-14:45  Susan Phillips, MD, CCFP, Kingston, ON; Katarina Hamberg, MD, PhD, Umea, Sweden; Inge Schabot, MB ChB, CCFP, Hamilton, ON;
ROOM / SALLE : 301B – QCCC / CCQ

Learning objectives:
1. translate everyday dilemmas into research questions that are begging for answers that will improve our practice
2. identify how to answer such questions without enormous resources
3. focus family medicine research on studying areas both essential and unique to family practice rather than on the diffuse and enormous scope of primary care

F57584  Am I Safe to Take This Pill? Assessment of thrombotic risk in hormone therapy, contraception, and pregnancy
13:45-14:45  Vivien Brown, MD CM, CCFP, FCFP, NCMP, Toronto, ON; Susan Kahn, MD, Montréal, QC
ROOM / SALLE : 306A – QCCC / CCQ

Learning objectives:
1. recognize and risk-stratify patients with and without a history of coagulation issues, for use in contraception and hormone therapy as well as in pregnancy
2. evaluate the need for further testing and understand guidelines (Thrombosis Canada Guides, WHO Criteria, SOGC statements) to assess risk
3. increase confidence in decision making involving elective therapies and/or avoidance of increased risk of thrombosis, with the proper referrals when necessary

F57593  ECG Workshop: Getting more out of ST and T waves
13:45-14:45  Constance LeBlanc, CCFP(EM), FCFP, MAEd, Halilax, NS; Janet MacIntyre
ROOM / SALLE : 200B – QCCC / CCQ

Learning objectives:
1. interpret ST and T wave changes that impact clinical decision making in the ED
2. recognize the emergent and “must-know” ST and T wave changes
3. effectively integrate information from clinical presentation and ECG

F57602  Obstetrical Biomechanics: APORB De Gasquet overview
13:45-14:45  Nadine Dubois, MD, CCMF, Québec, QC
ROOM / SALLE : 2000B – QCCC / CCQ

Learning objectives:
1. learn the bases of obstetrical biomechanics developed by D° Bernadette de Gasquet
2. explore the different labour and delivery postures other than the traditional gynecologic postures
3. understand the impact of posture during labour and delivery in regards to the mother’s breathing, comfort, and fetus descent

V57705  Stratégies et outils pour les lombalgies – dans la « vraie vie »
13:45-14:45  Claude-André Gauthier, Chiropraticien, Ottawa, ON; Pierre Frémont, MD, PhD, CCMF, Québec, QC
ROOM / SALLE : 200A – QCCC / CCQ

Objectifs d’apprentissage :
1. reconnaître les lombalgies mécaniques les plus fréquentes
2. définir les approches basées sur des données probantes
3. utiliser la trousse d’outil d’examen clinique du dos (Clinically Organized Relevant Examination)

V57714  Le cinéma : un outil pédagogique pour l’enseignement des compétences en médecine de famille
13:45-14:45  Karine Boucher, MD, CCMF, Montréal, QC; Isabelle Hébert, MD, CCMF, Montréal, QC; Geneviève Agouès, MSc ps-ed, TCF, OPPQ, OPQ, Montréal, QC
ROOM / SALLE : 307AB – QCCC / CCQ

Théâtre des sciences humaines de la santé / Medical Humanities Theatre

Objectifs d’apprentissage :
1. connaître les principes de base de l’usage du cinéma en pédagogie médicale et des sciences de la santé
2. définir les avantages de l’usage du cinéma pour l’enseignement des compétences en médecine de famille
3. découvrir les applications possibles de cet outil pédagogique dans son milieu d’enseignement
F57762  Green Prescriptions and SCRIPS: Using prescription pads to promote healthier living
13:45-14:45  Michael Kalin, MD, MA, CCFP, FCFP, Côte Saint-Luc, QC; Jennifer Reoch, RN, MSc-A
ROOM / SALLE : 309B – QCCC / CCQ

Learning objectives:
1. learn about the innovative New Zealand green prescription project to promote exercise in the community
2. expand on the New Zealand model to apply green prescription principles by way of SCRIPS for other diet and lifestyle interventions
3. equip participants with practical ideas for green prescriptions and SCRIPS for immediate implementation, to promote health and wellness in their practices

F75241  SOT/SOR Symposium
13:45-16:15  Educational Research in Family Medicine: Where we have been – Where we should be going
ROOM / SALLE : 309A – QCCC / CCQ

Learning objectives:
1. describe what educational research has been carried out by family medicine researchers and the ‘pearls’ of educational research that are particularly relevant to family medicine educators
2. explore the challenges in medical education research and highlight solutions to these challenge
3. explore research areas and issues that are critical to the needs of family medicine educators as well as areas and issues in medical education research that family medicine is particularly well situated to address

F75183  How to Have Difficult Conversations
13:45-16:15  Wayne Weston, MD, CCFP, FCFP, London, ON; David Keegan, MD, CCFP(EM), FCFP, Calgary, AB
ROOM / SALLE : 302B – QCCC / CCQ

Learning objectives:
1. by the end of this session, participants will be able to hold effective and respectful conversations about challenging topics

F55758  Spin the Wheel to Better Communicate
13:45-16:15  Sophie Galarneau, MD, CCMF, Montréal, QC; Marie-Thérèse Lussier, MD, BSc, MSc, CCMF, FCMF, Montréal, QC; Olivier Jamoulle, MD, FRCP, CSPQ, Montréal, QC
ROOM / SALLE : 304B – QCCC / CCQ

Learning objectives:
1. grasp the wider conceptual model of professional health communication and its components
2. experiment with the Professional Health Communication Wheel Chart in different teaching activities
3. adapt the Professional Health Communication Wheel Chart to their own teaching setting

F57369  Innovations in the Practice and Teaching of the Patient-Centred Clinical Method
13:45-16:15  Judith Belle Brown, PhD, London, ON; Tom Freeman, MD, CCFP, London, ON; Julie Copeland, MD, CCFP, London, ON
ROOM / SALLE : 303A – QCCC / CCQ

Learning objectives:
1. describe the four new interactive components of the patient-centred clinical method
2. describe how prevention and health promotion are integrated into the four components of the patient-centred clinical method
3. describe the learner-centred method of education that illustrates many parallels with the patient-centred clinical method

F57500  Creating and Maintaining the Therapeutic Relationship When Providing Mental Health Care
13:45-16:15  Victoria Winterton, MD, CCFP, FCFP, Owen Sound, ON; Ellen Anderson, MD, CCFP, FCFP, Sooke, BC
ROOM / SALLE : 306B – QCCC / CCQ

Learning objectives:
1. define the importance of an effective therapeutic alliance in outcomes in mental health care
2. recognize patient, physician, and other common factors and how these factors are integrated into the therapeutic alliance
3. acquire skills in self-reflection and self-awareness, recognizing how these skills improve the therapeutic relationship
Family Medicine Resident and Medical Student Leadership Workshop
13:45-17:30
Louise Nasmith, MD, CCFP, FCFP, Vancouver, BC; Ian M. Scott, MD, CCFP, FCFP, Vancouver, BC;
Guillaume Charbonneau, MD, CCMF, Messines, QC
ROOM / SALLE : 207 – QCCC / CCQ

Learning objectives:
1. leadership attributes and skills
2. model for analyzing change
3. leadership career development

Becoming A Reflexive Triple C Preceptor: Addressing challenges and creating strategies
13:45-17:30
Diane Clavet, MD, CCMF, FCMF, Saint-Denis-de-Brompton, QC; Ivy Oandasan, MD, CCFP, FCFP, Toronto, ON
ROOM / SALLE : 303B – QCCC / CCQ

Learning objectives:
1. share and create strategies to help learners to develop competencies to support comprehensive and continuity of care
2. reflect and create a personal learning plan to enhance their role as clinical preceptors, focusing on tasks involved in being a competency coach
3. use a Fundamental Teaching Activities Framework to help teachers become excellent Triple C preceptors

Dr Clavet and Dr Oandasan are the recipients of the DI Rice Award.

Surdiagnostique en clinique : le rôle du médecin de famille
13:45-14:45
Overdiagnoses in the Clinic Setting: The role of the family physician
Fernand Turcotte, MD, MPH, FRCPC, Montréal, QC
ROOM / SALLE : 200C – QCCC / CCQ

Objectifs d’apprentissage :
1. identifier les situations cliniques à risques de surdiagnostic
2. saisir les impacts sur la santé des patients
3. identifier les implications du surdiagnostic pour la responsabilité professionnelle du médecin

Learning objectives:
1. identify clinical situations influencing the occurrence of over diagnosis
2. define the impact of over diagnosis on the health of patients
3. identify the impact of over diagnosis on the physician’s professional responsibility

Hoping to Be a Better Scientific Writer? Learn how to be a peer reviewer!
15:15-16:15
Nick Pimlott, MD, CCFP, Toronto, ON
ROOM / SALLE : 301A – QCCC / CCQ

Learning objectives:
1. learn about the strengths and limitations of the peer review process
2. begin to develop a systematic and structured approach to peer reviewing manuscripts
3. enhance their confidence, have more fun peer reviewing manuscripts, and learn tips to improve their own research and scientific writing

The Yin and Yang of Clinical Decision-Making Before Prescribing Medical Marijuana
15:15-16:15
Soupeser la décision clinique de prescrire la marijuana à des fins médicales
Meldon Kahan, MD, CCFP, FCFP, FRCPC, Toronto, ON; Sharon Cirone, MD, CCFP(EM), ASAM (Cert), FCFP, Toronto, ON;
Ruth Dubin, PhD, MD, CCFP, FCFP, Kingston, ON
ROOM / SALLE : 200C – QCCC / CCQ

Learning objectives:
1. understand the potential impact of the new marijuana prescribing legislation
2. conduct an assessment of the potential risks and harms of medical marijuana
3. develop a patient-centred, evidence-based decision about safe marijuana prescribing

Objectifs d’apprentissage :
1. comprendre l’impact potentiel de la nouvelle législation en matière de prescription de marijuana
2. évaluer les risques et méfaits potentiels de la marijuana à des fins médicales
3. arriver à une décision axée sur le patient et fondée sur les données probantes de prescrire la marijuana de façon sûre
F51699  Happy Feet: Feeling good about diabetic foot screening and prevention  
15:15-16:15  
Michael Yan, MD, CCFP, Edmonton, AB  
ROOM / SALLE : 306A – QCCC / CCQ

Learning objectives:  
1. list five common foot complications in the diabetic patient  
2. learn and demonstrate a quick, easy, and validated approach to screening and classification for the high-risk foot  
3. identify resources within the community for high-risk individuals

F54438  Immunizations After 50: Are we protecting adequately the most vulnerable adults?  
15:15-16:15  
Dominique Tessier, MD, CCMF, FCMP, Montréal, QC  
ROOM / SALLE : 206B – QCCC / CCQ

Learning objectives:  
1. recognize changes in the guideline for immunizations of adults over 50  
2. integrate new vaccines into the immunization schedule of adults over 50  
3. integrate vaccines counseling into the practice for adults over 50

F55610  Adopting an Interprofessional Shared Decision-Making Approach (IP-SDM) in the Home Care Context  
15:15-16:15  
France Légaré, MD, PhD, Québec, QC; Dawn Stacey, RN, PhD, RNAO, Ottawa, ON; Nathalie Brière, PhD, Québec, QC  
ROOM / SALLE : 202 – QCCC / CCQ

Learning objectives:  
1. explain key elements of interprofessionally shared decision making (IP-SDM)  
2. use evidence- and theory-based tools to support individuals making difficult decisions  
3. demonstrate skills in supporting clients making difficult health-related decisions in the context of an interprofessional home care team

F57297  La biomécanique obstétricale : méthode APORB De Gasquet, un aperçu  
15:15-16:15  
Myriam Tremblay, MD, Québec, QC; Nadine Dubois, MD, CCMF, Québec, QC  
ROOM / SALLE : 2000B – QCCC / CCQ

Objectifs d’apprentissage :  
1. connaître les bases de la biomécanique obstétricale développée par Dr Bernadette de Gasquet  
2. explorer différentes postures de travail et d’accouchement autres que la position gynécologique traditionnelle  
3. comprendre l’impact de la posture durant le travail et l’accouchement sur la respiration, le confort de la mère et la descente du bébé

F57542  Intrapartum Skills: A refresher of specific skills  
15:15-16:15  
Lisa Graves, MD, CCFP, FCFP, Ancaster, ON; Bill Ehman, MD, Nanaimo, BC;  
Shanna Fenton, MD, CCFP, Saskatoon, SK; Anne Biringer, MD, CCFP, FCFP, Toronto, ON;  
Andrée Gagnon, MD, CCMF, Blainville, QC; Sharon Northing, MD, CCFP, Moncton, NB  
ROOM / SALLE : 206A – QCCC / CCQ

Learning objectives:  
1. perform hands-on intrapartum skills such as vacuum-assisted birth, release of shoulder dystocia, somersault manoeuvre for tight cord  
2. demonstrate Foley catheter insertion for induction  
3. show how to manage postpartum hemorrhage

V57708  Points d’actualités sur la maladie cœliaque et la gestion du SII  
15:15-16:15  
Andréanne Martin, Québec, QC  
ROOM / SALLE : 2000D – QCCC / CCQ

Objectifs d’apprentissage :  
1. maitriser les recommandations des nouvelles lignes directrices 2013-2014 concernant le dépistage de la maladie cœliaque  
2. énumérer les principales hypothèses pouvant expliquer la perturbation du système nerveux entérique et les manifestations extra-intestinales du SII  
3. discerner la sensibilité non cœliaque au gluten (SNCG) et l’intolérance aux fructans (FODMAP)
F57803  Endometriosis Diagnosis and Management: Applying current Canadian guidelines in clinical practice
15:15-16:15  Diane Francoeur, MD, FRCSC, Montréal, QC

Learning objectives:
1. accurately assess and diagnose endometriosis
2. select appropriate patients for diagnostic laparoscopy and treatment
3. use a decisional algorithm for treatment of endometriosis using medical and/or surgical approaches

F57841  You’ve Intubated: Now what?
15:15-16:15  Gavin Parker, BSc, MSc (Med Ed), MD, CCFP, Pincher Creek, AB

Learning objectives:
1. describe principles of monitoring of an intubated patient in the emergency room environment
2. describe the basics of ventilator settings and the use of neuromuscular blocking agents, and understand the need for adequate analgesia and sedation
3. develop an approach to the deteriorating intubated patient and apply strategies to prevent ventilator associated pneumonia (VAP)

FV57757  Stories in Family Medicine / Récits en médecine familiale
15:15-17:30  Joyce Zazulak, MD, CCFP, FCFP, Hamilton, ON

Medical Humanities Session / Séance des sciences humaines de la santé

Learning objectives:
1. hear stories that bear witness to the physician-patient relationship and the power of humanity in care delivery
2. learn how stories can help family physicians communicate their values and beliefs to students, residents, and colleagues
3. find inspiration that can help them put thoughts on paper and submit stories to the project

FV53567  Bisphosphonate Drug Holiday: Who, when, and how long?
16:30-17:30  Suzanne Morin, MD, MSc, FRCP, Montréal, QC; Marie-Claude Beaulieu, MD, CCFP, Sherbrooke, QC

Learning objectives:
1. discuss fracture risk assessment and treatment options for patients at high risk for fracture
2. describe adverse clinical events that have been associated with long-term use of bisphosphonates
3. review the evidence to support a strategy toward optimal duration of therapy and drug holiday for patients on bisphosphonates

V55319  Troubles du langage et de la parole chez l’enfant : parlons-en
16:30-17:30  Caroline Fiset, MD, CCMF, BSc, MPO, Québec, QC

Objectifs d’apprentissage :
1. énoncer les étiologies et les facteurs de risque d’une atteinte langagière
2. énumérer les étapes du développement normal du langage et les signes d’appel selon l’âge
3. donner des conseils de stimulation aux parents et savoir quand référer

F51120  Why Do We Let Mothers Suffer? Comparing exposure to antidepressants versus perinatal depression
16:30-17:30  Sanjeev Bhatla, MD, CCFP, FCFP, Calgary, AB

Learning objectives:
1. acquire an evidence-based approach for assessing the risk-benefit ratio of antidepressants in pregnancy
2. feel less fearful of prescribing antidepressants in pregnancy
3. initiate psychosocial and medical treatment for depression in pregnancy
<table>
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<tr>
<th>Session Code</th>
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| F57679      | Building Knowledge and Resiliency in a Distributed Teaching Base     | Susan Goldstein, MD, CCFP, FCFP, NCMP, Toronto, ON; Adam Dwosh, MD, CCFP, FCFP, Toronto, ON | ROOM / SALLE : 309A – QCCC / CCQ | 16:30-17:30 | 1. understand some of the challenges of providing faculty development to a distributed teaching base  
2. develop strategies for engagement and faculty development for distributed faculty  
3. consider strategies for retention in this teaching demographic |
| F51288      | Using Misoprostol in Your Practice for Early Pregnancy Loss          | Konia Trouton, MD, CCFP, FCFP, Victoria, BC; Ellen Wiebe, MD, CCFP, FCFP, Vancouver, BC | ROOM / SALLE : 206B – QCCC / CCQ | 16:30-17:30 | 1. choose appropriate spontaneous abortion patients for treating with misoprostol  
2. describe the risks and side effects of misoprostol and methotrexate in spontaneous and induced abortions  
3. safely use protocols for treating early ectopic pregnancies with methotrexate |
| F53839      | Transgender Health and Hormone Therapy in Primary Care               | Nili Kaplan-Myrth, MD, CCFP, PhD, Ottawa, ON                                | ROOM / SALLE : 309B – QCCC / CCQ | 16:30-17:30 | 1. describe the barriers to accessing health care for transgender youth and adults  
2. review the World Professional Association for Transgender Health guidelines for hormone assessments and therapy  
3. build capacity for collaborative transgender health networks |
| F55112      | It’s Only Syncope: No need to pass out!                             | Vu Kiet Tran, MD, CCFP(EM), FCFP, MHSc, MBA, Richmond Hill, ON              | ROOM / SALLE : 200A – QCCC / CCQ | 16:30-17:30 | 1. elaborate on a primary care investigative strategy for the patient presenting with syncope  
2. efficiently identify the patient with syncope of cardiac origin  
3. efficiently apply clinical tools to risk-stratify the patient with syncope |
| F57318      | Bringing Home Care Teaching Into the Mainstream: A competency-based curriculum for family medicine residents | John Kirk, CCFP, FCFP, Montréal, QC; Fanny Hersson, MD, CCFP, Montréal, QC | ROOM / SALLE : 303A – QCCC / CCQ | 16:30-17:30 | 1. describe the composition of a longitudinal home care teaching program  
2. develop a competency-based curriculum tailored to the setting  
3. set up a quality improvement process to evolve and refine the overall program |
| F57599      | Adverse Childhood Experiences Affect Adult Health Outcomes: Evidence and tools for busy docs | Wendy Tink, MD, BSc(Dist), CCFP, FCFP, Calgary, AB; Jessica Tink, BSc, Calgary, AB | ROOM / SALLE : 306B – QCCC / CCQ | 16:30-17:30 | 1. define adverse childhood experiences (ACEs) and appreciate actual prevalence  
2. describe how enduring altered neurobiology of the developing brain exposed to recurrent ACEs can affect adult physical, mental, and behavioural health outcomes  
3. recognize when to ask about an ACE history, why to ask, how to ask, and how to address a positive history and still get home on time! |
F57829  Using Evidence Triangulation to Help Residents in Difficulty
16:30-17:30  Paul Humphries, MD, CCFP, FCFP, Edmonton, AB; Shelley Ross, PhD, Edmonton, AB; Shirley Schipper, MD, CCFP, Edmonton, AB; Mike Donoff, MD, CCFP, FCFP, Edmonton, AB
ROOM / SALLE : 304B – QCCC / CCQ

Learning objectives:
1. explain how existing assessment tools can be modified to help with early detection of residents in difficulty
2. identify how assessment tools can be used for identification of residents in difficulty and for remediation
3. identify how field notes can be used as a tool for identification of residents in difficulty and for remediation

F57846  Procedural Sedation in the Rural ER
16:30-17:30  Gavin Parker, BSc, MSc (Med Ed), MD, CCFP, Pincher Creek, AB
ROOM / SALLE : 200B – QCCC / CCQ

Learning objectives:
1. describe the choices of different agents and combinations thereof for procedural sedation
2. describe the monitoring principles of procedural sedation, as adapted for different clinical situations
3. describe the anticipation and management of complications of procedural sedation

F57853  Evaluating the Effectiveness of a Quality Improvement Program for Family Medicine Residents
16:30-17:30  Karen Hall Barber, BSc(Hon), MScHQ(c), MD, CCFP, Kingston, ON; Danyal Martin, BA(H), BEd, MA, MScHQ(c), Kingston, ON; Abigail Scott, BAH, Dip HIM, CHIM, Kingston, ON
ROOM / SALLE : 302B – QCCC / CCQ

Learning objectives:
1. describe different models and approaches to incorporating quality improvement (QI) teaching into a medical education program
2. recognize and address barriers and limitations to incorporating QI teaching and experiential QI projects into a busy education program and clinical practice
3. describe different approaches to evaluating the effectiveness of a QI teaching program

F75407  Mainpro+ … A New Look, With New Ways to Learn (4)
17:30-18:30  Jim Thorsteinson, MD, CCFP, FCFP, Vancouver, BC – Regional Educator, British Columbia Region; Teresa Wawrykow, MD, CCFP(EM), Winnipeg, MB – Regional Educator, Saskatchewan & Manitoba Regions
ROOM / SALLE : 308A – QCCC / CCQ

Join us for an informative session on the updates to Mainpro coming soon. Get to know who your Regional Educator is and hear about the exciting changes which will offer more intuitive, self-directed learning opportunities. You will learn how easy it is to earn credits for practice activities you do on a daily basis. The CFPC is committed to providing quality CPD to meet your changing interests and learning needs.

Participants may claim an additional Mainpro-M1 credit for this session.
**S57397**
**08:30-09:00**
**La vie après les soins intensifs**
Mathieu Moreau, MD, CCMF, Laval, QC

**ROOM / SALLE : 200B – QCCC / CCQ**

**Objectifs d'apprentissage :**
1. connaître les effets à long terme de la ventilation mécanique
2. connaître les effets à long terme du delirium des soins intensifs
3. reconnaître l'état de stress post-traumatique chez les survivants des soins intensifs

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**S57540**
**08:30-09:00**
**High-Altitude Medicine: Current trends and prevention**
Eric Mercier, MD, Québec, QC

**ROOM / SALLE : 309B – QCCC / CCQ**

**Learning objectives:**
1. understand the physiologic aspects of acclimatization during high-altitude exposure
2. explore the current trends regarding high-altitude medicine screening tools and prophylaxis
3. prescribe the appropriate prophylaxis for high-altitude travelers

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**S57840**
**08:30-09:00**
**How to Reduce the Impact of Poverty in Primary Care: A simple three-step office-based tool**
Larisa Hausmanis, MD, CCFP, MPH, Toronto, ON; Danyaal Raza, MD, CCFP, Toronto, ON

**ROOM / SALLE : 306B – QCCC / CCQ**

**Learning objectives:**
1. discuss a simple, three-step tool, endorsed by the OCFP and targeted at family physicians in office-based practice, for intervening in poverty as a health risk
2. explore examples of interventions family physicians can employ to address poverty as a risk to health at individual, community, and societal levels
3. briefly review Canadian evidence linking poverty to health issues including diabetes, heart disease, mental illness, and children’s health

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**S57978**
**08:30-09:00**
**Maternal and Newborn Prison Health**
Ruth Elwood Martin, MD, CCFP, FCFP, Vancouver, BC; Josiane Cyr, MD, CCFP, Montréal, QC; Bill Ehman, MD, Nanaimo, BC; Lisa Graves, MD, CCFP, FCFP, Ancaster, ON

**ROOM / SALLE : 2014AB – QCCC / CCQ**

**Learning objectives:**
1. increase knowledge about maternal and newborn health among prison populations
2. engage in dialogues about how to provide prison health care for incarcerated women and their newborns
3. become familiar with charter and legal rights of Canadian newborns to stay with their incarcerated mother

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**S53036**
**08:30-09:30**
**Anaphylaxis: From the emergency department to the primary care office / Anaphylaxie : du service d’urgence au cabinet en soins**
Vu Kiet Tran, MD, CCFP(EM), FCFP, MHSc, MBA, Richmond Hill, ON

**ROOM / SALLE : 2000A – QCCC / CCQ**

**Learning objectives:**
1. recognize anaphylaxis
2. enumerate the limitations of the literature on the different treatments of anaphylaxis
3. elaborate a treatment plan for the emergency department and the office

**Objectifs d'apprentissage :**
1. reconnaître l’anaphylaxie
2. dresser la liste des limites de la documentation sur les différents traitements de l’anaphylaxie
3. élaborer un plan de traitement pour le service d’urgence et le bureau

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**LEGEND / LÉGENDE**

- Simultaneous interpretation / Interprétation simultanée
- Pre-Registration Required / Préinscription obligatoire

QCCC / CCQ Québec City Convention Centre / Centre des congrès de Québec
S57040  Untangling the Helix: Genomics for primary care providers  
08:30-09:30  June Carroll, MD, CCFP, FCFP; Toronto, ON; Shawna Morrison, MS, CGC, Ottawa, ON; Judith Allanson, MB, ChB, FRCP, FCCMG, DABMG, Ottawa, ON  
ROOM / SALLE : 306A – QCCC / CCQ

Learning objectives:  
1. refer to genetics centre or order genetic testing appropriately for developmental delay and autism, sudden death or bleeding disorder  
2. discuss and address patient concerns regarding family history of Alzheimer disease and multiple sclerosis  
3. find high-quality genomics educational resources appropriate for primary care

S57396  Practical Evidence-Based Medicine for Clinical Practice  
08:30-10:15  David Chan, MD, CCFP, MSc, FCFP; Ancaster, ON; Henry Siu, MD, MSc, CCFP, Oakville, ON  
ROOM / SALLE : 202 – QCCC / CCQ

Learning objectives:  
1. perform common EBM calculations such as specificity, sensitivity, likelihood ratios, and NNT  
2. apply EBM principles to history taking, physical examinations, ordering diagnostic tests, and selecting treatment options  
3. identify EBM resources and online tools that can help patients better understand risk of disease, diagnosis, and treatment

S57045  Pulse Oximetry Screening in Newborns to Detect Congenital Heart Disease  
09:00-09:30  Kenny Wong, MD, FRCPC, Halifax, NS; Hilary Kinmear, MD, CCFP, Halifax, NS  
ROOM / SALLE : 206A – QCCC / CCQ

Learning objectives:  
1. describe how pulse oximetry screening can be used to detect critical congenital heart disease in newborns  
2. list the benefits and limitations of pulse oximetry screening  
3. support the development and/or implementation of a pulse oximetry program in the participants’ regions

S57532  DD Health Checks: Knowledge to action in developmental disabilities  
09:00-09:30  Ian Casson, MD, MSc, CCFP, FCFP; Kingston, ON  
ROOM / SALLE : 307AB – QCCC / CCQ

Learning objectives:  
1. discuss a stepwise process to put into practice clinical guidelines for the care of adults with developmental disabilities  
2. identify components of annual health checks that would enhance the care of adults with developmental disabilities  
3. develop strategies to identify patients with developmental disabilities in family practices

S57620  Office Processes Facilitating Responsible Chronic Opioid Prescribing  
09:00-09:30  Saadia Hameed, MBBS, CCFP, MCSc-FM(c); London, ON  
ROOM / SALLE : 2000B – QCCC / CCQ

Learning objectives:  
1. identify the medicolegal and evidence-based requirements around chronic opioid prescribing  
2. implement consistent standard office processes to facilitate safe and responsible opioid prescribing  
3. use the EMR to increase efficiency around prescription of narcotic medications

S57969  Elder Care in Prison  
09:00-09:30  Ruth Elwood Martin, MD, CCFP, FCFP; Vancouver, BC; Vipul Zparekh  
ROOM / SALLE : 2104AB – QCCC / CCQ

Learning objectives:  
1. brainstorm common eldercare clinical scenarios facing prison health practitioners and some “best practice” responses  
2. contribute to the development of a “tool box” of prison health best practices, which will become an e-resource for prison health practitioners  
3. network with other physicians, medical students, and residents who wish to foster prison health best practices in Canada

S49367  Family Doctors Treating Adolescent Depression? Yes, we can!  
09:00-10:30  Sanjeev Bhatla, MD CM, CCFP, FCFP; Calgary, AB  
ROOM / SALLE : 206B – QCCC / CCQ

Learning objectives:  
1. feel more confident about assessing adolescents for mental health issues  
2. diagnose depression in adolescents  
3. have the tools necessary to initiate psychosocial and medical treatments for adolescent depression
S57519  Preconception and Postpartum Care for High-Risk Women
09:45-10:15  Karen Fleming, MD, MSc, CCFP, FCFP, Toronto, ON
ROOM / SALLE : 206A – QCCC / CCQ

Learning objectives:
1. describe the current gaps in care for preconception counseling and postpartum screening in women with obesity, diabetes, and hypertension during pregnancy
2. understand the role of the family physician in improving preconception planning and care for women with obesity, previous gestational diabetes, and previous hypertensive disorders of pregnancy
3. understand the role of the family physician in improving postpartum screening and prevention in women with gestational diabetes, obesity, and hypertensive disorders of pregnancy

S57899  Alcohol-Related Syndromes in the ER: Differentiating the many possibilities
09:45-10:15  Phil McGuire, MD, CCFP(EM), FCFP, Midland, ON
ROOM / SALLE : 309B – QCCC / CCQ

Learning objectives:
1. recognize common alcohol syndromes that present to the emergency room
2. identify potential confounders or comorbidities
3. manage alcohol-affected patients safely and confidently

S57975  Primary Care and Hepatitis C in Prison
09:45-10:15  Ruth Elwood Martin, MD, CCFP, FCFP, Vancouver, BC; Chris Goodall, MD, FCFP, St. John’s, NL
ROOM / SALLE : 2104AB – QCCC / CCQ

Learning objectives:
1. increase knowledge about primary care and hepatitis C in prison
2. engage in dialogues about how to provide primary care and hepatitis C care that is equivalent to health care provided in the outside community
3. become familiar with a variety of ways to address hepatitis C issues that commonly face prison health practitioners

S68947  Plaies chroniques : mieux diagnostiquer et mieux traiter !
09:45-10:45  Marie-Françoise Mégie, MD, CCMF, Laval, QC
ROOM / SALLE : 200C – QCCC / CCQ

Objectifs d'apprentissage :
1. effectuer l'évaluation globale d’un patient souffrant d’une plaie chronique
2. déterminer le type de plaie et sa phase de cicatrisation
3. élaborer un plan de traitement approprié dans un contexte multidisciplinaire

Learning objectives:
1. conduct a comprehensive assessment of a patient with a chronic wound
2. identify wound type and phase of scarring
3. develop an appropriate treatment plan within a multidisciplinary context

S56536  Teaching in the Long-Term Care Setting: More than a guided tour
09:45-10:45  Vivian Ewa, MBBS, MRCP(UK), CCFP, CoE, Calgary, AB
ROOM / SALLE : 303A – QCCC / CCQ

Learning objectives:
1. describe core competencies in the long-term care rotation
2. integrate the Triple C curriculum into the design of the long-term care curriculum
3. evaluate and use effective teaching and learning strategies to facilitate active learning in the long-term care setting

LEGEND / LÉGENDE
Simultaneous interpretation / Interprétation simultanée  Pre-Registration Required / Préinscription obligatoire
QCCC / CCQ  Québec City Convention Centre / Centre des congrès de Québec
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<tr>
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<tbody>
<tr>
<td>S57354</td>
<td>Approach to Psychotherapy in Primary Care</td>
<td>Jon Davine, MD, CCFP, FRCP, Hamilton, ON</td>
<td>09:45-10:45</td>
<td>200B – QCCC / CCQ</td>
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<tr>
<td>S57494</td>
<td>Evaluating What We Value: Assessing postgraduate trainees in advocacy and manager roles</td>
<td>Perle Feldman, MD, CCFP, FCFP, North York, ON</td>
<td>09:45-10:45</td>
<td>302B – QCCC / CCQ</td>
</tr>
<tr>
<td>S57581</td>
<td>Less Is More in Medicine: Avoiding pitfalls of overtesting and overtreatment /</td>
<td>Jessica Otte, MD, CCFP, Vancouver, BC</td>
<td>09:45-10:45</td>
<td>2000A – QCCC / CCQ</td>
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<tr>
<td>S57585</td>
<td>Management of Chronic Pain in High-Risk Patients</td>
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<tr>
<td>S57833</td>
<td>Review of Current Medical Education Literature</td>
<td>Fred Janke, BSc, MSc, MD, FCFP, FRRMS, Edmonton, AB; Sudha Koppula, BSc, MD, MCIsc, CCFP, Edmonton, AB</td>
<td>09:45-10:45</td>
<td>304A – QCCC / CCQ</td>
</tr>
<tr>
<td>S57890</td>
<td>Autism Spectrum Disorder: Screening, diagnosis, and management of psychiatric and physical comorbidities</td>
<td>Liz Grier, MD, CCFP, Kingston, ON; David Joyce, MD, CCFP(EM), Vancouver, BC; Donna Lougheed, FRCPC, Ottawa, ON</td>
<td>09:45-10:45</td>
<td>307AB – QCCC / CCQ</td>
</tr>
<tr>
<td>S57529</td>
<td>Planning and Facilitating Effective Workshops: Moving from lacklustre to superb</td>
<td>Brent Kvern, MD, CCFP, FCFP, Winnipeg, MB; James Goertzen, MD, MCIsc, CCFP, FCFP, Thunder Bay, ON</td>
<td>09:45-12:15</td>
<td>304B – QCCC / CCQ</td>
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</table>

**Learning objectives:**

1. Differentiate between models of supportive and cognitive behavioral psychotherapy
2. Identify when to use specific psychotherapies at specific times
3. Learn how to apply the principles of cognitive behavioral therapy, through the use of case examples

1. Use a framework to assess postgraduate trainees using the CanMEDS–FM roles and the CFPC skills dimensions
2. Utilize the field note as an approach to the assessment of the learning trajectory in family medicine residency
3. Practise assessing residents via field notes with the use of video simulated cases

1. Understand the concept of “appropriateness in medicine”
2. Review pitfalls in overtesting and overtreating, including case examples of common areas for avoidable iatrogenic harm
3. Learn and integrate techniques and shared decision-making tools in discussions with patients to achieve appropriateness in care

1. Provide an overview of important and useful papers in the recent medical education literature with a priority on the learner in difficulty, high achievers, and distributed medical education
2. Explore the evidence available for clinical teaching approaches, and use this to create transformation in medical education
3. Provide a venue to share and discuss other interesting literature among medical educators

1. Learn screening strategies for early recognition of ASD
2. Become familiar with early intervention for ASD and on advising parents on simple strategies they can start right away
3. Learn how to anticipate and manage common psychiatric and physical comorbidities for patients with ASD, especially in adulthood

1. Utilize active learning principles within a workshop group of any size
2. Learn 10 common reasons participants get bored in workshops
3. Manage behaviours often exhibited by difficult participants without detriment to group process
**S55530 Towards a High-Performance Medical Home: A roadmap to optimal patient-centred care**

10:15-10:45 Shauna Wilkinson, BMgt, Calgary, AB; Chris Bockmuehl, MD, CCFP, FCFP, Calgary, AB

**Room / Salle:** 309A – QCCC / CCQ

**Learning objectives:**
1. Foster a collaborative and patient-focused health team that emphasizes trusting relationships, supportive communication, a cadence of accountability, and measurement of outcomes
2. Successfully integrate an interdisciplinary team of health professionals within the primary health team
3. Incorporate proactive care strategies, panel management initiatives, and management of care gaps through the expansion and empowerment of the medical office assistant

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**S57438 The Involuntary Patient: Use and abuse of the Mental Health Act in the emergency room**

10:15-10:45 Phil McGuire, MD, CCFP(EM), FCFP, Midland, ON

**Room / Salle:** 306B – QCCC / CCQ

**Learning objectives:**
1. Apply mental health legislation effectively and humanely
2. Recognize situations requiring medical intervention that are not governed by mental health legislation
3. Be aware of patient rights to representation and review

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**S57577 Fetal Origins of Adult Diseases: Does it all begin in the womb?**

10:15-10:45 Karen Fleming, MD, MSc, CCFP, FCFP, Toronto, ON

**Room / Salle:** 2101 – QCCC / CCQ

**Learning objectives:**
1. Describe the fetal origins of adult disease hypothesis
2. Review evidence for fetal programming for diabetes, obesity, cardiovascular disease, and certain cancers
3. Discuss implications for pre-pregnancy and prenatal care in preventing future diseases

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**Prison Health Educational Opportunities for Medical Students and Residents**

10:15-10:45 Ruth Elwood Martin, MD, CCFP, FCFP, Vancouver, BC; John Koehn, MD, CCFP, New Westminster, BC

**Room / Salle:** 2104AB – QCCC / CCQ

**Learning objectives:**
1. Review CanMED competencies and roles that prison health educational opportunities can foster for learners
2. Understand the variety of prison health educational opportunities that are currently offered in undergraduate and postgraduate programs in Canada
3. Network with others who are interested in fostering prison health educational opportunities

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**S57673 Improving Outcomes for Concussion/Mild Traumatic Brain Injury: Testing the quick screen symptom management tool in family practice**

11:15-11:45 Donna Ouchterlony, MD, Toronto, ON; Cindy Hunt, PhD, RN, Toronto, ON; Alicja Michalak, RN, MSc (Psych), BScN, MSN, Toronto, ON

**Room / Salle:** 301B – QCCC / CCQ

**Learning objectives:**
1. Describe common data elements used in the St. Michael’s Hospital Head Injury Clinic
2. Describe the quick screen symptom management tool and the tool scoring system
3. Discuss, using a SWOT analysis (strengths, weaknesses, opportunities, and threats), the quick screen tool and scoring system in participants’ clinical settings

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**S50971 Sex and Birth Control: Are they related?**

11:15-12:15 Ellen Wiebe, MD, CCFP, FCFP, Vancouver, BC

**Room / Salle:** 306B – QCCC / CCQ

**Learning objectives:**
1. Name the possible sexual side effects of hormonal, intrauterine, and barrier contraception in order to help patients choose contraception that does not interfere with sexual pleasure
2. Understand the different motivations to have sex and to have children, in order to help patients avoid unintended pregnancies while they enjoy sex
3. Use good questions when asking about sexual side effects

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**Legend / Légende**

- 🎫 Simultaneous interpretation / Interprétation simultanée
- ✂ Pre-Registration Required / Préinscription obligatoire

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<tr>
<td>S51338</td>
<td>The Basics of Starting Insulin in Type 2 Diabetes, Without Losing Sleep at Night</td>
<td>Simon Moore, MD, CCFP, Vancouver, BC</td>
<td>306A – QCCC / CCQ</td>
<td>11:15-12:15</td>
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<tr>
<td>S51979</td>
<td>The Computable Patient Record: Electronic Medical Record 5.0, the next generation</td>
<td>John Hughes, MD CM, Montréal, QC</td>
<td>206A – QCCC / CCQ</td>
<td>11:15-12:15</td>
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<tr>
<td>S54007</td>
<td>Teaching Perineal Repair Skills by Using Low-Fidelity Simulation</td>
<td>Jolanda Turley, MD, CCFP, Ottawa, ON; Kristine Whitehead, MD, CCFP, Ottawa, ON</td>
<td>303A – QCCC / CCQ</td>
<td>11:15-12:15</td>
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<tr>
<td>S54399</td>
<td>Building Resilience and Fostering Health Among Children and Youth</td>
<td>Susan Phillips, MD, CCFP, Kingston, ON; nge Schabort, MB ChB, CCFP, Hamilton, ON</td>
<td>206B – QCCC / CCQ</td>
<td>11:15-12:15</td>
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<td>S55099</td>
<td>Pearls for Prevention and Health Promotion: What’s new and what’s still important in 2014</td>
<td>Lisa Freeman, BSc(Hon), MD, CCFP, Edmonton, AB</td>
<td>200C – QCCC / CCQ</td>
<td>11:15-12:15</td>
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<tr>
<td>S55114</td>
<td>Complex Diagnoses in the ED Made From Far Away</td>
<td>Vu Kiet Tran, MD, CCFP(EM), FCFP, MHSc, MBA, Richmond Hill, ON</td>
<td>200B – QCCC / CCQ</td>
<td>11:15-12:15</td>
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**Learning objectives:**

**S51338**
1. Understand a safe, simple, easy-to-remember technique for confidently starting insulin in patients with type 2 diabetes, consistent with 2013 guidelines
2. Eliminate the prevailing misconception that “insulin is a terrifying drug, for use only by experts, and only in end-stage diabetes”
3. Review practical clinical tools and common pitfalls, to help family physicians meet glycemic targets

**S51979**
1. Define informatics and its application to achieve safer and more effective and efficient clinical practice
2. Recognize the difference between computable and non-computable clinical record content
3. Articulate the informatics requirements necessary for an EMR to be a computable medical record

**S54007**
1. Demonstrate the use of a simple perineal model used to teach repair skills at the University of Ottawa
2. Share our experiences of postgraduate teaching workshops using this model, and engage participants to share their own successes
3. Offer the participants an opportunity to use the model and share feedback around usefulness, drawbacks, and possible improvements

**S54399**
1. Describe what resilience is and how it fosters health
2. Identify resilience in children and youth
3. Identify educational and community resources that build resilient children and youth

**S55099**
1. Be familiar with new guidelines for preventive care in 2014
2. Be comfortable integrating evidence-based preventive care manoeuvres into an office visit
3. Have strategies to prioritize preventive care delivery and use existing systems, such as EMRs, to enhance prevention and health promotion

**S55114**
1. Recognize the physical signs of some of the most complex entities diagnosed in the ED
2. Identify the seriously ill patient efficiently
3. Elaborate treatment plans for some of these serious conditions
S55499 A Blind Spot: Modeling advocacy with residents
11:15-12:15 Rowland Nichol, MD, CCFP, FCFP, MBA, CEC, Calgary, AB
ROOM / SALLE : 304A – QCCC / CCQ

Learning objectives:
1. explain the scope of advocacy as defined by CFPC’s CanMEDS-Family Medicine
2. reflect on personal and shared stories of physicians acting as advocates
3. draft a personal action that will change the advocacy modeling experienced by participants’ residents

S56624 Management of Heart Failure: A practical approach for family physicians / Prise en charge de l’insuffisance cardiaque : Approche pratique pour les médecins de famille
11:15-12:15 Adam Grzeslo, MD, CCFP, FCFP, Burlington, ON; Anique Ducharme, MD, MSc, FRCP, Montréal, QC
ROOM / SALLE : 2000A – QCCC / CCQ

Learning objectives:
1. articulate typical diagnostic testing essential for diagnosis and management of heart failure
2. demonstrate ability to deal with complex issues, including when to refer, underpinning heart failure management in primary care
3. integrate Canadian evidence-based heart failure practice guidelines, recommendations, and practical tips in clinical practice

S56676 Depression With Medical Illness: Challenges in management
11:15-12:15 Pallavi Nadkarni, MD, MRCPsych, MMedSc, Kingston, ON
ROOM / SALLE : 200B – QCCC / CCQ

Learning objectives:
1. state the relationship between depression and medical illness
2. correctly identify a depressive episode in the medically ill patient
3. demonstrate nuances in prescribing for the medically ill

S57864 Practical and Proven Ways to Integrate QI Into Your Academic Family Medicine Program
11:15-12:15 Elizabeth Muggah, MD, MPH, CCFP, FCFP, Ottawa, ON; Philip Ellison, MD, MBA, CCFP, FCFP, Toronto, ON; Patricia O’Brien, RN, MA, CNeph(C), Toronto, ON
ROOM / SALLE : 302B – QCCC / CCQ

Learning objectives:
1. explore the drivers for integrating QI into an academic family medicine program
2. demonstrate specific ways that QI has been integrated into a residency program
3. share best evidence and experience in QI with faculty leaders from across the country

S57979 CFPC Health Advocacy for Sterile Injection Equipment Inside Canadian Prisons
11:15-12:15 Ruth Elwood Martin, MD, CCFP, FCFP, MPH, Vancouver, BC; Richard Cloutier, Québec, QC
ROOM / SALLE : 2104AB – QCCC / CCQ

Learning objectives:
1. become familiar with established international evidence regarding health benefits of prison sterile needle programs
2. review the current situation regarding the risks of blood-borne disease transmission within Canadian correctional populations
3. engage in dialogues regarding ways that the CFPC and Canadian health care providers might advocate for harm reduction programs, including sterile needle exchange, inside Canadian correctional facilities

LEGEND / LÉGENDE
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<tr>
<td>S57838</td>
<td>Applying PAR Principles and a QI Approach to Enhance Access to Health Services in Rural Northern BC</td>
<td>Dan Horvat, BSc, MD, MCFP, Prince George, BC; Tammy Klassen-Ross, BA, MSc, PhD(c), Prince George, BC</td>
<td>11:45-12:15</td>
<td>301B – QCCC / CCQ</td>
<td>Learning objectives: 1. impart understanding of how Northern Partners in Care (NPiC) is working to improve access and quality of health services in Northern BC by improving relationships between physicians 2. explain the use of and interaction between a quality improvement (QI) approach to implementation, evaluation, and the use of participatory action research (PAR) principles to the work of NPiC 3. explore with the audience the potential of this approach as well as the concept of Triple Aim measurement to health services improvement and research</td>
</tr>
<tr>
<td>S50965</td>
<td>Caring for Patients by Video Telemedicine: How does this fit into family practice?</td>
<td>Ellen Wiebe, MD, CCFP, FCFP, Vancouver, BC</td>
<td>13:45-14:45</td>
<td>206B – QCCC / CCQ</td>
<td>Learning objectives: 1. describe which patients and which situations are best suited to video telemedicine visits 2. troubleshoot scheduling, billing, and technical issues 3. address privacy concerns</td>
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<tr>
<td>S54373</td>
<td>Teaching Multimorbidity to Our Learners</td>
<td>William Osmun, MD, MCSc, CCFP, FCFP, Mount Brydges, ON; George Kim, MD, CCFP, London, ON</td>
<td>13:45-14:45</td>
<td>304B – QCCC / CCQ</td>
<td>Learning objectives: 1. review the concept of multimorbidity and a family physician’s approach to helping patients with multimorbidity 2. demonstrate an innovative teaching method that highlights for learners the “how” of managing patients with multimorbidity 3. explore other methods of teaching multimorbidity to learners</td>
</tr>
<tr>
<td>S54962</td>
<td>Optimal Prescribing of Anticoagulants in the Elderly With Atrial Fibrillation: The “do’s” and “don'ts”</td>
<td>Michelle Hart, MD, CCFP, MScCH, Toronto, ON; Pauline Santora, BScPhm, RPh, ACPR, PharmD</td>
<td>13:45-14:45</td>
<td>206A – QCCC / CCQ</td>
<td>Learning objectives: 1. integrate when to use warfarin vs. the new oral anticoagulants with the current guidelines 2. recognize the challenges in warfarin management and apply optimization strategies in dosing and monitoring 3. differentiate between the new oral anticoagulants and apply practical recommendations to ensure safe and effective prescribing of each agent</td>
</tr>
<tr>
<td>S56679</td>
<td>Team-Based Teaching: Tips from the trenches</td>
<td>Cleo Haber, BSW, MSW, RSW, LCSW, Toronto, ON; Lauren Davidson, RD, CDE, Toronto, ON; Suzanne Singh, BScPhm, PharmD, RPh, Toronto, ON; Milena Forte, MD, CCFP, Toronto, ON</td>
<td>13:45-14:45</td>
<td>304A – QCCC / CCQ</td>
<td>Learning objectives: 1. outline the benefits of team-based teaching for both learners and educators 2. describe learner-centred (educational) strategies to promote interprofessional teachable moments 3. anticipate and address challenges that may arise from interprofessional collaboration, including potential “de-skilling” of medical trainees</td>
</tr>
<tr>
<td>S57311</td>
<td>New Priorities and Advances in Well-Baby/Well-Child Care: Launching the 2014 Rourke Baby Record</td>
<td>Leslie Rourke, MD, CCFP, MCSc, FCFP, St. John’s, NL; Denis Leduc, MD, CCFP, FAAFP, FRCPC, Montréal, QC</td>
<td>13:45-14:45</td>
<td>2000B – QCCC / CCQ</td>
<td>Learning objectives: 1. describe new preventive care information for infants and young children, including growth monitoring, timely introduction of solid foods, healthy sleep habits, etc. 2. demonstrate the most efficient use of the new 2014 Rourke Baby Record and its related resources 3. gain knowledge of related initiatives in early childhood</td>
</tr>
</tbody>
</table>
**S57312** “Procedures” iPad App as a Teaching Tool for Family Medicine Residents

Jeremy Rezmovitz, MD, CCFP, Toronto, ON; Ian MacPhee, MD, MSc, PhD, CCFP, Guelph, ON

**ROOM / SALLE : 303A – QCCC / CCQ**

**Learning objectives:**
1. Differentiate between a stand-alone application and an Internet-based application
2. Integrate technological advances (eg, iPad) into daily learning and teaching
3. Improve confidence in performing common office procedures in family medicine, eg, biopsies, joint injections, van den Bos, etc.

**S57455** Implementing the Starfield Model for High-Quality Primary Care: Using data to systematically improve patient outcomes

Noah Ivers, MD, CCFP, PhD, Toronto, ON; George Southery, MD, CCFP, Oakville, ON; Rick Glazier, MD, MPH, CCFP, FCFP, Toronto, ON

**ROOM / SALLE : 301A – QCCC / CCQ**

**Learning objectives:**
1. Understand how improving quality in primary care is a cornerstone for high-functioning health systems
2. Review how measuring and reporting quality metrics can result in better patient care
3. Develop a plan to assess quality in a comprehensive yet feasible way in practice

**S57665** Are You Running on Empty? Keeping compassion in your family practice

Rupa Patel, MD, CCFP, FCFP, Kingston, ON; Françoise Mathieu, MEd, CCC, Kingston, ON

**ROOM / SALLE : 202 – QCCC / CCQ**

**Learning objectives:**
1. Be able to clearly establish the difference between burnout, compassion fatigue, indirect trauma and moral distress
2. Become familiar with the most recent findings on effective management of burnout and compassion fatigue for physicians
3. Acquire a compassion fatigue management toolkit with 5 essential skills for best practice

**S57815** Diagnostic et prise en charge de l’endométriose : mise en application des directives cliniques courantes dans la pratique clinique / Endometriosis Diagnosis and Management: Applying Current Clinical Guidelines

Diane Francoeur, MD, FRCSC, Montréal, QC

**ROOM / SALLE : 2000A – QCCC / CCQ**

**Objectifs d’apprentissage :**
1. Évaluer et diagnostiquer avec précision l’endométriose
2. Sélectionner les patientes de façon appropriée aux fins de diagnostic, de laparoscopie et de traitement
3. Utiliser un algorithme décisionnel pour le traitement de l’endométriose au moyen d’approches médicales et/ou chirurgicales

**Learning objectives:**
1. Evaluate and diagnose endometriosis accurately
2. Properly select patients for diagnostic testing, laparoscopy, and treatment
3. Use a decision-making algorithm to determine the appropriate treatment of endometriosis through medical and/or surgical means

**S57852** Learning to Lead: Developing leadership skills for new physicians

Scott MacLean, MD, CCFP, Edmonton, AB; Victor Ng, MD, CCFP/EMI, Toronto, ON

**ROOM / SALLE : 306B – QCCC / CCQ**

**Learning objectives:**
1. Learn and apply a systematic approach to problem solving within a practice management and clinic leadership setting
2. Describe ways in which leadership skills can be developed and fostered in the primary care setting
3. Discuss leadership development and the role of a physician-leader in a small group setting

**S57901** More Than Screening: Giving voice to the family physician’s experience of physical exam

Martina Kelly, MBChB, MA, CCFP, Calgary, AB; Lara Nixon, MD, BEd, CCFP, FCFP, Calgary, AB; Wendy Tink, MD, CCFP, FCFP, Calgary, AB

**ROOM / SALLE : 309A – QCCC / CCQ**

**Learning objectives:**
1. Identify competing demands of patient-centredness and population-based practice guidelines in relation to physical examination
2. Describe family physicians’ beliefs and practices regarding physical examination
3. Develop key messages for learners about physical exam in the care of the individual

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**LEGENDE / LÉGENDE**

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S57668  
Teaching Family Medicine Residents Motivational Interviewing Skills Using an 8-Hour Innovative Curriculum Design
Kim Lazare, MD, CCFP, Toronto, ON
ROOM / SALLE : 302B – QCCC / CCQ

Learning objectives:
1. learn the basic principles of motivational interviewing and how they can be applied successfully to a variety of health concerns
2. learn about different motivational interviewing teaching methods and how they work best for different resident learners
3. learn how to create your own motivational interviewing curriculum for family medicine residents

S67461  
La gestion des arrêts de travail à caractère psychologique
Lyne Laurendeau, MD, CCMF, FCMF, Boucherville, QC
ROOM / SALLE : 309B – QCCC / CCQ

Objectifs d’apprentissage :
1. utiliser de bonnes stratégies pour gérer de façon optimale les arrêts de travail à caractère psychologique
2. compléter les formulaires d’assurance de façon optimale
3. identifier les facteurs de moins bon pronostic de retour au travail

S57787  
Discutons santé : un site Web pour améliorer l’efficacité des rencontres entre patients et médecins
Marie-Thérèse Lussier, MD, BSc, MSc, CCMF, FCMF, Montréal, QC; Claude Richard, PhD, MA, Laval, QC
ROOM / SALLE : 301B – QCCC / CCQ

Objectifs d’apprentissage :
1. présenter les principes éducatifs et les données probantes qui ont guidé le développement du site Web Discutons santé
2. décrire les principales fonctionnalités incluses dans le site Web Discutons santé
3. discuter des facilitateurs et des freins à l’adoption du site Web Discutons santé dans leur milieu clinique

S49371  
Evaluation Tool for Eating Disorders in Primary Care / Outil d’évaluation des troubles alimentaires en soins primaires
Catherine Haskins, MD, CCFP, Pointe-Claire, QC
ROOM / SALLE : 2000A – QCCC / CCQ

Learning objectives:
1. use an evaluation tool to conduct a comprehensive assessment of patients with eating disorders
2. list “red flag” signs and symptoms of serious complications of eating disorders
3. describe indications for referral to the emergency department for patients with eating disorders

Objectifs d’apprentissage :
1. utiliser une grille d’évaluation pour effectuer une évaluation complète de patients avec des troubles alimentaires
2. énumérer les signaux d’alerte et les symptômes de complications graves des troubles alimentaires
3. décrire les indications de l’orientation au service d’urgence pour les patients avec des troubles alimentaires

S55230  
Right Care at the Right Time in Long-Term Care
Barry Clarke, MD, CCFP, COE, Halifax, NS; Vonda Hayes, MD, CCFP, FCFP, Halifax, NS
ROOM / SALLE : 309B – QCCC / CCQ

Learning objectives:
1. describe an alternative long-term care delivery model with evidence of improved care
2. identify the facilitators and barriers that influence effective, coordinated, and collaborative long-term care
3. develop a plan incorporating features that result in an improved long-term care medical care delivery model in their community

S56157  
Top 10 Apps for Your Smartphone or Tablet: Teaching and learning in the office
Andrew Sparrow, MD, CCFP, Toronto, ON; David Esso, MD, CCFP, Toronto, ON; Azadeh Moaveni, MD, CCFP, Toronto, ON
ROOM / SALLE : 306A – QCCC / CCQ

Learning objectives:
1. identify smartphone/tablet applications that will help primary health care providers with both clinical practice and teaching
2. use applications to make clinical practice more efficient and fun in a working and teaching environment
3. use tools to identify new apps that may be of use to physicians on an everyday basis
**S5684**  Improving Outcomes in Patients With Atrial Fibrillation: Treatment strategies for family physicians  
15:00-16:00  Noah Ivers, MD, CCFP, PhD, Toronto, ON; Mario Talajic, MD, FRCP, Montréal, QC  
Room / Salle : 309A – QCCC / CCQ

**Learning objectives:**
1. employ optimal stroke prevention in patients with atrial fibrillation  
2. apply evidence-based medicine for symptomatic atrial fibrillation management  
3. support clinical practice with the Canadian evidence-based atrial fibrillation guidelines 2014 update, using practical tips for the busy family physician

**S57718**  It’s Overgrown Toeskin, Not Ingrown Toenail!  
15:00-16:00  Henry Chapeskie, BScMD, CCFP, FCFP, CAME, Thorndale, ON  
Room / Salle : 2000B – QCCC / CCQ

**Learning objectives:**
1. understand that the problem lies not with the “ingrowing” nail but with the overlapping skin  
2. learn from evidence-based literature data and references, photographic documentation, and a short video of the surgical procedure  
3. learn to stop removing toenails; patients with “ingrown toenails” can expect to have an excellent cosmetic result with the problem never recurring

**S57851**  Tongue-ties Demystified  
15:00-16:00  Anjana Srinivasan, MD CM, CCFP, IBCLC, Mont-Royal, QC; Howard Mitnick, MD CM, CCFP, Montréal, QC  
Room / Salle : 202 – QCCC / CCQ

**Learning objectives:**
1. diagnose the various types of clinically relevant tongue-ties in breastfeeding infants  
2. recognize how tongue-ties can affect breastfeeding  
3. identify when intervention is warranted and learn about the frenotomy procedure

**S57860**  The Emergence of Lyme Disease in Canada: Epidemiology, prevention, diagnosis, and treatment  
15:00-16:00  Michel Deilgat, CD, MD, MPA(c), CCPE, Ottawa, ON; Kathleen Kerr, MD, Toronto, ON  
Room / Salle : 206B – QCCC / CCQ

**Learning objectives:**
1. describe the clinical manifestations (three stages) of Lyme disease  
2. prescribe appropriate therapy for Lyme disease in the office  
3. provide preventive measures to avoid Lyme disease to patients

**S57906**  Optimizing Community Care and Integration for Patients With the Highest Needs  
15:00-16:00  Amanda Condon, MD, CCFP, Winnipeg, MB; Jan Williams, RN, Winnipeg, MB; Arle Jones, BSW, RSW, Winnipeg, MB; Paul Sawchuk, MD, CCFP, FCFP, MBA, Winnipeg, MB  
Room / Salle : 306B – QCCC / CCQ

**Learning objectives:**
1. identify and critique existing tools for optimization of care delivery, continuity, and collaborative practice  
2. list various measures and tools that exist to identify the highest-risk patients in family medicine practice, hospital, or community  
3. analyze and incorporate successful interventions from other programs and discuss how to incorporate these interventions into clinical practice

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**Session cancellation:** The College reserves the right to cancel session(s) due to unforeseen circumstances and cannot accept responsibility for out-of-pocket expenses incurred due to the cancellation of any session.

**Annulation de séance :** Le Collège se réserve le droit d’annuler une ou plusieurs séances s’il survient des événements imprévus et ne sera pas responsable de toute menue dépense encourue en raison de l’annulation d’une séance.

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**Legend / Légende**

- Simultaneous interpretation / Interprétation simultanée  
- Pre-Registration Required / Préinscription obligatoire  
- QCCC / CCQ  Québec City Convention Centre / Centre des congrès de Québec