

**T79849**      **Residency PBSG Networking Breakfast**  
**07:00-08:00**      **ROOM / SALLE : 303B – QCCC / CCQ**

Looking for tips for running PBSG sessions in your residency program? Interested in how PBSG can be used to help residents with transition to practice? Learn from others who are using residency PBSG across the country. Dr. Sarah Kinzie, Residency Director for the Foundation for Medical Practice Education will be leading this session. Please join us in room 303B for an open discussion about using PBSG in residency programs

**T67256**      **Global Health Breakfast Networking Breakfast Discussion: Would you like a Certificate of Added Competency (CAC) in Global Health?**  
**07:00-08:00**      **ROOM / SALLE : 303A – QCCC / CCQ**

**T75683**      **Researchers in Education Breakfast**  
**07:00-08:00**      **ROOM / SALLE : 301A – QCCC / CCQ**

Please join us for our Third Annual Family Medicine Educators/Researchers Networking Breakfast to connect with colleagues conducting like-minded research and to share your current and prospective research ideas.

**T80776**      **Dal/MUN Breakfast Meeting**  
**07:00-08:00**      **ROOM / SALLE : 304B – QCCC / CCQ**

**BY INVITATION ONLY**


**T75403**      **Mainpro+ ... A New Look, With New Ways to Learn (1)**  
**07:00-08:00**      **Mainpro+ ... *Un nouveau look; de nouvelles façons d'apprendre (1)***

*Eric Wong, MD, CCFP, London, ON – Regional Educator, Ontario Region; Scott MacDonald, MD, CCFP(EM), FCFP, Bedford, NS – Regional Educator, Atlantic Region*

**ROOM / SALLE : 308A – QCCC / CCQ**

Join us for an informative session on the updates to Mainpro coming soon. Get to know who your Regional Educator is and hear about the exciting changes, which will offer more intuitive, self-directed learning opportunities. You will learn how easy it is to earn credits for practice activities you do on a daily basis. The CFPC is committed to providing quality CPD to meet your changing interests and learning needs.

*Participants may claim an additional Mainpro-M1 credit for this session.*

**JT100**       **DISCOURS D'OUVERTURE / KEYNOTE ADDRESS**

**08:00-09:30**      **« L'art peut-il changer le monde? »**

**“Can Art Change the World?”**

*Gil Favreau, Directeur, Action et responsabilité sociales / Director, Social Action and Community Relations Service Citoyenneté / Global Citizenship Service, Montréal, QC*

**ROOM / SALLE : 200ABC – QCCC / CCQ**

**T52641**      **Smoking in Chronic Pain: Should they butt out?**  
**10:00-10:30**      *Alan Kaplan, MD, CCFP(EM), FCFP, Richmond Hill, ON*  
**ROOM / SALLE : 306A – QCCC / CCQ**

**Learning objectives:**

1. understand how cigarette smoking is linked to chronic pain
2. incorporate smoking cessation strategies into chronic pain treatment
3. integrate smoking cessation strategies with chronic pain therapy in clinical practice

**T57363**      **Setting up Antimicrobial Stewardship in a Geriatric Facility: The Baycrest experience**  
**10:00-10:30**      *Nina Kasset, BScPhm, RPh, Toronto, ON; Aidlee Craft, MD, CCFP, FCFP, Toronto, ON;*  
*Michael P. Kirzner, MD, CCFP, Toronto, ON*  
**ROOM / SALLE : 309A – QCCC / CCQ**

**Learning objectives:**

1. analyze the development of an antimicrobial stewardship program and apply basic principles to their institution
2. select an appropriate priority project for their institution
3. utilize appropriate metrics to measure the success of the program

**T57514 Women and Cardiovascular Disease: Unique risk factors across the lifespan**

**10:00-10:30** Karen Fleming, MD, MSc, CCFP, FCFP, Toronto, ON

**ROOM / SALLE : 309B – QCCC / CCQ**

*Learning objectives:*

1. identify unique risk factors across the lifespan that identify women at future risk of CVD
2. understand barriers faced by physicians and women in implementing risk reduction programs in primary care
3. develop strategies to implement screening and risk factor reduction in their practice settings for high-risk women

**J68873 Les problèmes de jeux de hasard et d'argent au Québec : épidémiologie, déterminants, prévention et intervention**

**10:00-11:00**

Elisabeth Papineau, PhD, Montréal, QC; Isabelle Giroux, PhD, Québec, QC

**ROOM / SALLE : 2104AB – QCCC / CCQ**

*Objectifs d'apprentissage :*

1. sensibiliser les médecins aux problèmes de jeux de hasard et d'argent
2. familiariser les médecins avec les principales données épidémiologiques et les déterminants des problèmes de jeu
3. familiariser les médecins avec les meilleures pratiques préventives et cliniques

**T51333 Simple Approach to Red Eye: Evidence, pearls, and medicolegal pitfalls**

**10:00-11:00**

Simon Moore, MD, CCFP, Vancouver, BC

**ROOM / SALLE : 306B – QCCC / CCQ**

*Learning objectives:*

1. confidently differentiate various red eye diagnoses, avoiding common medicolegal pitfalls
2. safely prescribe therapeutics for red eye, including antibiotics, according to recent evidence
3. quickly identify simplified red eye red flags requiring urgent referral

**T55640 How Poverty, Intellectual Disability, and Cultural Factors Can Impact Health Outcomes: A look at social determinants of health**

**10:00-11:00**

Patricia Mousmanis, MD, CCFP, FCFP, Richmond Hill, ON; Liz Grier, MD, CCFP, FCFP, Kingston, ON;

Katherine Rouleaux, MD, CCFP, FCFP, Toronto, ON; Lisa Graves, MD, CCFP, FCFP, Ancaster, ON;

Ruth Elwood Martin, MD CCFP, FCFP, Vancouver, BC; Tom Gabruch, MD, CCFP, FCFP, Regina, SK;

Stephen Cashman, Winnipeg, MB

**ROOM / SALLE : 202 – QCCC / CCQ**

*Learning objectives:*

1. distinguish how social determinants of health (poverty, lack of education, lack of social supports) can impact clinical health and child developmental outcomes
2. demonstrate strategies to be used in screening proactively and summarize how to modify high-risk social factors in families, teens, children, and pregnancy
3. generate an action plan for families at high risk for management of medical conditions and link them to community resources to improve clinical outcomes

**T56825 A Clinical Algorithm for the Detection, Monitoring, and Management of Chronic Kidney Disease in Primary Care**

**10:00-11:00**

Allan Grill, MD, CCFP, MPH, Toronto, ON

**ROOM / SALLE : 2000B – QCCC / CCQ**

*Learning objectives:*

1. identify which patients in a typical family practice are at higher risk for chronic kidney disease (CKD)
2. clarify which investigations to order for patients at high risk for CKD and how to interpret the results
3. present a practical clinical algorithm that outlines the role of the primary care practitioner in managing patients with CKD and the criteria for appropriate referral to nephrology

**TJ68840 What's New? The top ten research studies that will impact clinical practice for family physicians**  
**10:00-11:00** *Quoi de neuf? Les dix meilleures études de recherche qui changeront la pratique clinique pour les médecins de famille*

David Kaplan, MD, CCFP, Toronto, ON; David White, MD, CCFP, Toronto, ON;

Moderator / Modératrice, Wendy Norman, MD, CCFP, FCFP, Vancouver, BC

**ROOM / SALLE : 2000A – QCCC / CCQ**

LEGEND / LÉGENDE



Simultaneous interpretation / Interprétation simultanée



Pre-Registration Required / Préinscription obligatoire

**QCCC / CCQ** Québec City Convention Centre / Centre des congrès de Québec

**Learning objectives:**

1. synthesize clinically relevant research presented at the primary care annual research meeting (NAPCRG)
2. stimulate the interest of practicing family physicians in primary care research

**Objectifs d'apprentissage :**

1. synthétiser des recherches cliniquement pertinentes qui ont été présentées lors de la conférence annuelle du NAPCRG
2. stimuler l'intérêt des médecins de famille praticiens en matière de recherche en soins primaires

**T57448 Weaving Art and Creativity Into Your Practice and Community**

**10:00-11:00** Jeff Nachtigall, Saskatoon, SK  
**ROOM / SALLE : 307AB – QCCC / CCQ**

**Medical Humanities Theatre / Théâtre des sciences humaines de la santé**

**Learning objectives:**

1. identify ways in which art can be more accessible to family physicians as a resource to their patients and communities

**T57604 Turning Fieldnotes Upside Down: Learner feedback to preceptors**

**10:00-11:00** Kevin Desmarais, BSc, MD, Edmonton, AB; Sudha Koppula, BSc(Hon), MD, MClSc, CCFP, Edmonton, AB  
**ROOM / SALLE : 303A – QCCC / CCQ**

**Learning objectives:**

1. reinforce the utility of field notes as a valuable form of immediate feedback
2. describe the use of field notes created by learners as a tool to provide feedback to preceptors
3. discuss the potential of this feedback as a form of reflection and improvement on teaching practices

**T57903 Social Media: Leveraging the network to enhance your practice community**

**10:00-11:00** Naheed Dosani, MD, CCFP, Toronto, ON; Stephen Pomedli, MD, MSc, CCFP, Toronto, ON  
**ROOM / SALLE : 206B – QCCC / CCQ**

**Learning objectives:**

1. review basic elements of managing social media streams such as Twitter, Facebook, and LinkedIn
2. learn about and describe a network of Canadian physicians on Twitter
3. develop a plan to take advantage of existing social media networks to meet your practical goals, whether they relate to continuing medical education, advocacy, or professional networking

**T75237 Updates From the Future of Medical Education in Canada Postgraduate Project**

**10:00-11:00** FMEC-PG Management Consortium (The College of Family Physicians of Canada [CFPC], The Royal College of Physicians and Surgeons of Canada [RCPSC], Association of Faculties of Medicine of Canada [AFMC] and Collège des médecins du Québec (CMQ))  
**ROOM / SALLE : 303B – QCCC / CCQ**

**Learning objectives:**

1. understand progress made on FMEC-PG recommendations related to aligning accreditation, enhancing transitions, and advancing new models of governance for postgraduate education
2. share feedback to inform the FMEC-PG consortium on family medicine's perspectives on these recommendations

**J57789 Unités d'enseignement interprofessionnelles en soins de première ligne pour les personnes âgées**

**10:00-12:15** Paule Lebel, MD, MSc, Montréal, QC; Louise Authier, MD, CCMF, FCMF, Montréal, QC;  
 Hugues de Lachevrotière, MD, Montréal, QC  
**ROOM / SALLE : 304B – QCCC / CCQ**

**Objectifs d'apprentissage :**

1. discuter des besoins sociétaux et éducatifs qui mènent au développement de compétences chez les futurs professionnels de première ligne
2. clarifier le concept des unités d'enseignement interprofessionnelles de première ligne en soins aux personnes âgées, en contextes de pratique de bureau, de soins à domicile, de soins en CHSLD
3. identifier les facteurs facilitants et les obstacles à l'implantation de ces unités d'enseignement interprofessionnelles et proposer des solutions concrètes

**T57326 Advanced Field Note Use: The next generation**

**10:00-12:15** Tom Laughlin, MD, CCFP, FCFP, Moncton, NB; Sasha Cormier, MD, Moncton, NB; Tim Allen, MD, MCFP(EM), FRCPC, MA(Ed), Toronto, ON; Tom Crichton, MD, CCFP, FCFP, Sudbury, ON; Kathrine Lawrence, Bsc, MD, CCFP, FCFP, Regina, SK; Cheri Bethune, MD, MCISc, CCFP, FCFP, St. John's, NL; Carlos Brailovsky, MD, MA(Ed), MCFPC, Québec, QC; Michel Donoff, MD, CCFP, FCFP, Edmonton, AB; Karen Schultz, MD, CCFP, FCFP, Kingston, ON; Theresa Van Der Goes, MD, CCFP, Nanaimo, BC;

**ROOM / SALLE : 301A – QCCC / CCQ**

**Learning objectives:**

1. refresh your familiarity with an effective tool (field note) and its use in gathering behaviour-based information in the workplace
2. use the gathered information in formative and summative assessment with effective coaching and narrative reporting
3. use the CFPC Evaluation Objectives to identify areas for focus and clarification to facilitate assessment and coaching

**T75184 Accreditation of Postgraduate Programs: Demystifying the process**

**10:00-12:15** Louise Nasmith, MD CM, CCFP, FCFP, Vancouver, BC; Keith Wycliffe-Jones, MD, CCFP, Calgary, AB; Judith Scott, Mississauga, ON

**ROOM / SALLE : 304A – QCCC / CCQ**

**This 2-hour workshop is meant to assist programs as well as potential surveyors on better understanding the elements of an accreditation survey visit.**

**Learning objectives:**

1. acquire knowledge about the PG accreditation process that is relevant to their situation and role
2. be better equipped to prepare for an accreditation survey and its various components (eg, PSQ completion; local preparation)
3. develop specific skills needed as a surveyor (interviewing; deliberating)

**T57517 Training Pathways for Family Physician Researchers in Canada****BY INVITATION ONLY**

**10:00-14:45** Wendy Norman, MD, CCFP, FCFP, Vancouver, BC

**ROOM / SALLE : 301B – QCCC / CCQ**

**T55576 Benign vs Cancerous Skin Lesions: How to tell the difference**

**10:30-11:00** Christie Freeman, MD, CCFP, DipPDerm, MSc, Peterborough, ON

**ROOM / SALLE : 200A – QCCC / CCQ**

**Learning objectives:**

1. take a focused history and perform a directed physical exam when faced with a skin lesion
2. recognize clinical patterns common to benign lesions and differentiate these from patterns of malignant lesions
3. identify which of these lesions can be treated in the office, which should be referred, and understand which lesions require more urgent referral

**T56518 Positive Thinking and Effective Communication: An approach to improved pain management**

**10:30-11:00** Lydia Hatcher, MD, CCFP, FCFP, Ancaster, ON

**ROOM / SALLE : 306A – QCCC / CCQ**

**Learning objectives:**

1. learn basic skills in an approach to using positive thinking for your patients and yourself as caregiver
2. discuss appropriate communication techniques for different patient scenarios, including therapeutic listening and goal setting
3. incorporate acceptance of chronic pain and commitment to therapy as part of routine pain management

**T57810 Getting Briefed on Infectious Disease Trends in Canada**

**10:30-11:00** Patricia Huston, MD, MPH, CCFP, Ottawa, ON

**ROOM / SALLE : 206A – QCCC / CCQ**

**Learning objectives:**

1. identify key trends on emerging infectious diseases in Canada, such as Lyme disease, including the latest on diagnosis and treatment
2. know when to call local public health in managing an infectious disease
3. describe the information cycle for reportable diseases and identify a new resource on infectious diseases in Canada

**LEGEND / LÉGENDE**

Simultaneous interpretation / *Interprétation simultanée*



Pre-Registration Required / *Préinscription obligatoire*

**QCCC / CCQ** Québec City Convention Centre / *Centre des congrès de Québec*

**T57849**      **Anemia in the Elderly**  
**10:30-11:00**      *Amy Freedman, MD, CCFP, Toronto, ON*  
**ROOM / SALLE : 2000D – QCCC / CCQ**

*Learning objectives:*

1. review the most common presentations and causes of anemia in the elderly
2. apply a step-wise approach to the work-up of anemia based on a limited number of laboratory tests
3. effectively manage microcytic, normocytic, and macrocytic anemias

**T49635**      **The Importance of Narratives in Family Medicine**  
**11:15-11:45**      *Magbule Doko, MD, BSc, Windsor, ON*  
**ROOM / SALLE : 307AB – QCCC / CCQ**

**Medical Humanities Theatre / Théâtre des sciences humaines de la santé**

*Learning objectives:*

1. define narrative medicine
2. discuss the three movements of narrative medicine
3. discuss how narrative medicine benefits the medical profession and patients

**T53501**      **Preschool Pediatric Asthma: Who needs treatment?**  
**11:15-11:45**      *Alan Kaplan, MD, CCFP(EM), FCFP, Richmond Hill, ON; John Li MD, MCFP, Moncton, NB*  
**ROOM / SALLE : 200B – QCCC / CCQ**

*Learning objectives:*

1. review the different types of "asthma" seen in a preschooler
2. identify which children need longer-term treatment and which will "outgrow" their asthma
3. review treatment approaches for these children

**T57868**      **Prevention of Chronic Pain**  
**11:15-11:45**      *Bruce Hollett, MD, CCFP, St. John's, NL*  
**ROOM / SALLE : 306A – QCCC / CCQ**

*Learning objectives:*

1. understand the pathophysiology concerning chronic pain to develop potential treatment targets
2. identify and address potential situation to prevent chronic pain
3. develop a therapeutic strategy for prevention of chronic pain

**T76319**      **Emerging Perspectives Impacting Family Medicine: The Future of Medical Education in Canada**  
**11:15-12:15**      **Postgraduate Project**  
*FMEC-PG Management Consortium (The College of Family Physicians of Canada [CFPC], The Royal College of Physicians and Surgeons of Canada [RCPS], Association of Faculties of Medicine of Canada [AFMC], and Collège des médecins du Québec [CMQ])*  
**ROOM / SALLE : 303B – QCCC / CCQ**


*Learning objectives:*

1. explore in detail one of FMEC-PG's 10 recommendations
2. provide reflections on this recommendation and consider how it will influence the CFPC and family medicine education in general

**J54358**      **Comment gérer la douleur en soins palliatifs**  
**11:15-12:15**      *Golda Tradounsky, MD, CCMF, Montréal, QC*  
**ROOM / SALLE : 306B – QCCC / CCQ**

*Objectifs d'apprentissage :*

1. être capable de prescrire des opiacés et des adjuvants analgésiques
2. ficelles du métier : être capable d'éviter, de reconnaître et de gérer les effets secondaires des opiacés
3. connaître les nouveaux médicaments analgésiques

**JT68835**  **Stratégies préventives pour une pratique médicale durable**  
**11:15-12:15**      **Preventative Strategies for a Viable Medical Practice**  
*Sandra Roman, MD, CCMF, Montréal, QC*  
**ROOM / SALLE : 200C – QCCC / CCQ**

*Objectifs d'apprentissage :*

1. discuter des données de littérature sur la santé des médecins
2. définir la résilience dans le contexte de la pratique médicale
3. mettre en place des stratégies préventives tant sur le plan individuel qu'organisationnel

**Learning objectives:**

1. discuss evidence on physician health from literature
2. define resilience in the context of medical practice
3. implement preventative strategies both on an individual and an organizational level

**T53046 Commonly Missed Orthopedic Injuries in the ED**

**11:15-12:15** Vu Kiet Tran, MD, CCFP(EM), FCFP, MHSc, MBA, Richmond Hill, ON  
**ROOM / SALLE : 200A – QCCC / CCQ**

**Learning objectives:**

1. recognize the pitfalls of missing an orthopedic injury on radiography
2. enumerate the most commonly missed orthopedic injuries on radiography
3. recognize some common radiographic signs of occult orthopedic injuries

**T56625 The 6 for 6 Program: Building a scholarly research program for rural and remote family medicine faculty**

**11:15-12:15** Cheri Bethune, MD, MCISc, CCFP, FCFP, St. John's, NL; Patti McCarthy, MSc, PhD(c), St. John's, NL  
**ROOM / SALLE : 303A – QCCC / CCQ**

**Learning objectives:**

1. recognize barriers to engaging in scholarly research activity that exist for rural and remote family medicine physicians
2. describe the planning, design, and implementation phases of the 6 for 6 Program
3. explore strategies for designing and implementing a scholarly research curriculum for rural and remote faculty

**T57603 From Swordfish to Skydiving: Common patient questions during pregnancy**

**11:15-12:15** Sudha Koppula, BSc(Hon), MD, MCISc, CCFP, Edmonton, AB; Sonya Lee, MD, CCFP, Calgary, AB  
**ROOM / SALLE : 2000B – QCCC / CCQ**

**Learning objectives:**

1. consider how family physicians should discuss exposure and activity risk with patients
2. explore common questions patients ask during normal pregnancy, and therefore discuss current evidence for safety-related topics in pregnancy
3. present useful resources for clinical practice

**T57854 From Afghanistan to Zimbabwe: Addressing the health needs of refugees in Canada**

**11:15-12:15** Praseedha Janakiram, MD, CCFP, Toronto, ON; Vanessa Redditt, MD, CCFP, Toronto, ON;  
 Vanessa Wright, NP-PHC, MScN, Toronto, ON; Roseanne Hickey, NP-PHC, Toronto, ON;  
 Meb Rashid, MD, CCFP, Toronto, ON  
**ROOM / SALLE : 202 – QCCC / CCQ**

**Learning objectives:**

1. implement key preventative health screening and primary care interventions relevant to refugee populations in Canada
2. identify key resources to guide clinical care of refugee patients
3. explore barriers to access to care for refugees

**T57867 Chronic Kidney Disease in the Elderly**

**11:15-12:15** **ROOM / SALLE : 2000D – QCCC / CCQ**

**SESSION CANCELLED****T57895 Follow the LEADer: LEADing practices applying digital health to primary care**

**11:15-12:15** Rashaad Bhyat, MD, CCFP, Toronto, ON  
**ROOM / SALLE : 206B – QCCC / CCQ**

**Learning objectives:**

1. recognize how EMRs, along with EHRs and other digital applications, help to coordinate complex care across the care continuum
2. formulate strategies to engage interdisciplinary care teams to optimally use information systems—technology is a team sport
3. identify three clinical decision support tools that have contributed to positive outcomes for patients and high-risk populations

**LEGEND / LÉGENDE**Simultaneous interpretation / *Interprétation simultanée*Pre-Registration Required / *Préinscription obligatoire*

**QCCC / CCQ** Québec City Convention Centre / *Centre des congrès de Québec*

**T54298 The Nonpharmacological Chronic Pain Toolbox: Self-management and mindfulness meditation**  
**11:45-12:15** Ruth Dubin, PhD, MD, CCFP, FCFP, Kingston, ON  
**ROOM / SALLE : 306A – QCCC / CCQ**

*Learning objectives:*

1. understand how the Stanford self-management program and mindfulness meditation for chronic pain reduce patients' depression and improve function
2. recognize the benefits of these inexpensive group programs to the health care system
3. learn how to bring these programs to your community

**T54363 Adult Asthma: Clinical pearls for diagnosis and management**  
**11:45-12:15** Robert Hauptman, BMSc, MD, MCFP, St. Albert, AB  
**ROOM / SALLE : 200B – QCCC / CCQ**

*Learning objectives:*

1. review the problem of adult asthma in Canada
2. discuss diagnostic challenges when patients present with symptoms of asthma
3. discuss effective management strategies for adult asthma

**T57767 Volunteer Engagement in Primary Care: Lessons learned from the TAPESTRY pilot study**  
**11:45-12:15** Doug Oliver, MSc, MD, CCFP, Hamilton, ON  
**ROOM / SALLE : 307AB – QCCC / CCQ**

**Medical Humanities Theatre / Théâtre des sciences humaines de la santé**

*Learning objectives:*

1. share the processes used to recruit and train volunteer pairs to visit older adults in their homes
2. describe how volunteers can be used to support information sharing to and from the primary care team
3. generate feedback and ideas about the use of volunteers within primary care

**T57881 Screening, Brief Intervention, and Referral of Adolescents or Young Adults With Substance Misuse**  
**11:45-12:15** Ramm Hering, MD, CCFP, Toronto, ON  
**ROOM / SALLE : 206A – QCCC / CCQ**

*Learning objectives:*

1. review diagnostic criteria for DSM-V substance use disorders (SUDs)
2. review tools useful for screening adolescents for SUDs
3. describe approaches to initial management of adolescents with suspected SUDs

**12:30-13:30**  **CFPC Annual Meeting of Members / Assemblée annuelle des membres du CMFC**  
**ROOM / SALLE : 2000A – QCCC / CCQ**

**J57782 Enseigner le rôle du médecin de famille face à la dimension spirituelle de ses patients**  
**13:45-14:15** Sharon Hatcher, MD, CCMF, FCMF, Chicoutimi, QC; Christian Bouchard, Chicoutimi, QC  
**ROOM / SALLE : 307AB – QCCC / CCQ**

**Théâtre des sciences humaines de la santé / Medical Humanities Theatre**

*Objectifs d'apprentissage :*

1. mieux comprendre les répercussions psycho-spirituelles chez le patient qui rencontre son médecin
2. s'approprier quelques outils pratiques d'intervention auprès des patients relativement à leur dimension spirituelle
3. partager quelques pistes d'approche pédagogique concernant nos résidents qui se préparent pour leur pratique future

**T54378 The Asthma/COPD Overlap Syndrome: Another disease?**  
**13:45-14:15** Alan Kaplan, MD, CCFP(EM), FCFP, Richmond Hill, ON  
**ROOM / SALLE : 200B – QCCC / CCQ**


*Learning objectives:*

1. learn about the newly defined asthma/COPD overlap syndrome (ACOS)
2. list the five diagnostic steps for ACOS
3. demonstrate the use of an algorithmic approach to understand how to treat and assess success of the ACOS

**J54232 Espoir : peut-on l'enseigner ?**  
**13:45-14:45** Yves Lambert, MD, CCMF, FCMF, Longueuil, QC; Thérèse Baribeau, BA, Longueuil, QC  
**ROOM / SALLE : 303B – QCCC / CCQ**

**Objectifs d'apprentissage :**

1. définir les composantes de l'espoir
2. voir comment ces composantes s'appliquent à la pratique médicale
3. explorer comment on peut appliquer la pédagogie de l'espoir à notre environnement professionnel

**TJ57252** 

**Test Your Contraception IQ**

**13:45-14:45** **Mettez à l'épreuve vos connaissances sur la contraception**

*Mathieu Leboeuf, MD, Québec, QC*

**ROOM / SALLE : 200C – QCCC / CCQ**

**Learning objectives:**

1. separate fact from myth with respect to common beliefs about birth control
2. identify opportunities to change contraceptive practices, reduce failure, and improve satisfaction
3. reassure patients about the relative safety of contraception and provide information with confidence

**Objectifs d'apprentissage :**

1. distinguer les faits des mythes concernant les croyances courantes sur les contraceptifs
2. identifier des occasions de changer les pratiques en matière de contraception, réduire les échecs et améliorer la satisfaction
3. rassurer les patientes sur l'innocuité relative de la contraception et offrir de l'information avec assurance

**J57575**

**Le Centre de médecine de famille : une vision d'excellence qui soutient votre expertise au quotidien**

**13:45-14:45** **The Patient's Medical Home: A vision of excellence that supports your daily expertise**

*Maxine Dumas Pilon, MD, CCMF, Montréal, QC; Paul Sawchuk, MD, MBA, CCFP, FCFP, Winnipeg, MB; Eric Mang, MPA, Mississauga, ON; Claude Rivard, MD, CCFP, St-Bruno, QC; Marie Hayes, MD, CCMF, Sherbrooke, QC*

**ROOM / SALLE : 206B – QCCC / CCQ**

**Objectifs d'apprentissage :**

1. décrire comment les dossiers médicaux électroniques (DMÉ) contribuent à améliorer l'efficacité des services offerts aux patients
2. discuter de l'importance de l'accès adapté
3. clarifier des enjeux complémentaires des soins complets et globaux centrés sur le patient, des besoins populationnels et de la santé publique

**T53861**

**Diagnosing the Learner in Difficulty**

**13:45-14:45** *Christie Newton, MD, CCFP, FCFP, Port Moody, BC; Willa Henry, MD, CCFP, FCFP, Vancouver, BC*

**ROOM / SALLE : 304B – QCCC / CCQ**

**Learning objectives:**

1. list common signs of a learner in difficulty
2. identify causal factors that influence a learner in difficulty
3. diagnose a learner in difficulty from a given case study and recommend relevant strategies to support this learner

**T55639**

**Reefer Madness From Cradle to Grave: Information on new Canadian legislation for comprehensive care family physicians**

**13:45-14:45**

*Patricia Mousmanis, MD, CCFP, FCFP, Richmond Hill, ON; Lisa Graves, MD, CCFP, FCFP, Ancaster, ON; Ruth Dubin, PhD, MD, CCFP, FCFP, Kingston, ON; Ruth Elwood Martin, MD, CCFP, FCFP, Vancouver, BC; Sharon Cirone, MD, CCFP(EM), ASAM(Cert), FCFP, Toronto, ON; Roxanne McKnight, MD, CCFP, FCFP, Fredericton, NB*

**ROOM / SALLE : 2000B – QCCC / CCQ**

**Learning objectives:**

1. describe the evidence for use of marijuana in treatment of medical conditions
2. outline the risks of marijuana use for teens, young children, pregnant women, and breastfeeding mothers
3. understand a harm reduction approach to patient education about safer marijuana use

**T57473**

**To Peanut or Not to Peanut: Age of introduction of allergenic foods**

**13:45-14:45**

*Elissa Abrams, MD, FRCPC, Winnipeg, MB*

**ROOM / SALLE : 200A – QCCC / CCQ**

**Learning objectives:**

1. understand the evidence that led to a revision of the AAP (and subsequently the CPS) guidelines recommending earlier food introduction
2. provide an approach to counseling families on maternal diet, breastfeeding, and food introduction and their relation to atopic disease in the young child
3. understand the evidence that led to the original AAP guidelines recommending a delay in allergenic food introduction

**LEGEND / LÉGENDE**



Simultaneous interpretation / *Interprétation simultanée*



Pre-Registration Required / *Préinscription obligatoire*

**QCCC / CCQ** Québec City Convention Centre / *Centre des congrès de Québec*



**TJ77011**      **Back to the Future: The family physicians of today meet the family doctors of tomorrow**  
**13:45-14:45**      « *Retour vers le futur* » : **Les médecins de famille d'aujourd'hui rencontrent les médecins de famille de demain**  
*Pierre-Paul Tellier, MD, CCMF, FCFMF, Montréal, QC; Cheri Bethune, MD, CCFP, FCFP, St. John's, NL*  
**ROOM / SALLE : 301A – QCCC / CCQ**

**Learning objectives:**

1. gain valuable insight and advice about careers in family medicine
2. discuss practice opportunities in family medicine
3. ease the transition into primary care

**Objectifs d'apprentissage :**

1. obtenir des renseignements et des conseils judicieux sur une carrière en médecine familiale
2. discuter des possibilités de pratiquer la médecine familiale
3. faciliter la transition vers les soins primaires

**T57572**      **Deep Vein Thrombosis and Pulmonary Embolism: Diagnosis and management in the family medicine setting**  
**13:45-14:45**      *Pascal Bastien, MD, Toronto, ON; James Douketis, MD, FRCPC, Hamilton, ON*  
**ROOM / SALLE : 202 – QCCC / CCQ**

**Learning objectives:**

1. confirm or rule out the diagnosis of deep vein thrombosis and/or pulmonary embolism with appropriate diagnostic tests and imaging
2. treat deep vein thrombosis with the most effective pharmacologic and non-pharmacologic strategies, in a timely manner, and for the appropriate duration
3. identify and treat patients with pulmonary embolism who can receive effective pharmacologic treatment without the need for hospitalization

**T57574**      **Delivering Accountability to Patients: Alternatives to litigation**  
**13:45-14:45**      *Florin Padeanu, LLB, MD, CCFP, Winnipeg, MB*  
**ROOM / SALLE : 306A – QCCC / CCQ**

**Learning objectives:**

1. recognize the legal implications of adverse patient outcomes
2. consider the role of compensation, accountability, and resolution from the physician and patient perspectives
3. explore the alternatives to the adversarial legal system in resolving medical legal disputes

**T57887**      **Integrating a Palliative Care Philosophy Into the Care of Frail Older Adults**  
**13:45-14:45**      *Irene Ying, MD, MHSc, CCFP, Toronto, ON; Amy Freedman, MD, CCFP, Toronto, ON; Lorna McDougall, NP, Toronto, ON; Jordane Holland, MSW, RSW, Toronto, ON; Di Wang BScPhm, PharmD, RPh, Toronto, ON*  
**ROOM / SALLE : 306B – QCCC / CCQ**

**Learning objectives:**

1. describe frailty and the relationship of frailty to function and life expectancy
2. use case examples to review a goal of care-based approach to the care of frail seniors
3. apply practical tools and resources to help guide conversations around treatment decisions and advance directives

**T57898**      **Conflicts of Interest in Medical Education**  
**13:45-14:45**      *Stephen Hawrylyshyn, MD, MSc, Toronto, ON*  
**ROOM / SALLE : 303A – QCCC / CCQ**

**Learning objectives:**

1. characterize external influences and conflicts of interest within Canadian medical education
2. understand changes in conflict-of-interest policies and attitudes over time
3. provide change management and conflict-of-interest minimization strategies

**T58167**      **First Five Years in Family Practice: Stress and resilience in early career**  
**13:45-14:45**      **Cinq premières années en médecine familiale : Le stress et la résilience en début de carrière**  
*Scott MacLean, MD, CCFP, Edmonton, AB; Kevin Garneau-Begin, MD, CCFP, Comox, BC; Ainslie Mihalchuk, MD, CCFP, Winnipeg, MB; Nermine Gorguy, MD, CCFP, Toronto, ON; Isabelle Hébert, MD, CCMF, Montréal QC; Colette Dawson, MD, CCFP, Conception Bay, NL; Aisling Campbell, MD, Calgary, AB*  
**ROOM / SALLE : 2000D – QCCC / CCQ**

**Learning objectives:**

1. recognize the major contributors to new physicians' distress
2. identify helpful strategies to reduce the level of stress and prevent its consequences
3. describe ways to improve satisfaction regarding professional/personal life balance

**Objectifs d'apprentissage :**

1. reconnaître les principaux contributeurs au stress chez les nouveaux médecins
2. identifier des stratégies aidantes visant à réduire le niveau de stress et à prévenir ses conséquences
3. décrire les moyens d'améliorer la satisfaction en matière d'équilibre vie professionnelle / vie personnelle

**T57533 When Mental Health Care and Employment Intersect**  
**13:45-16:15** Ellen Anderson, MD, MHSC, MCFP, Chair MH, SIFF, Sooke, BC  
**ROOM / SALLE : 206A – QCCC / CCQ**

**Learning objectives:**

1. identify the key topics to be addressed when mental health concerns occur in employed patients
2. recognize the essential information and nomenclature (DSM-V) required for insurance forms, and the importance and limits of confidentiality in disability reporting
3. learn about and practise using the WHODAS 2.0 approach to disability assessment

**T75239 Rural Educator's Forum**  
**13:45-17:30** ROOM / SALLE : 304A – QCCC / CCQ

This year's Forum will be focussing on "Competencies for Community Practice," and will discuss issues around what family medicine residents need to learn to practice effectively and what it means to be a family physician. The Forum is intended to examine the background and attitudes that enable a physician to recognize, adapt, and respond to the clinical needs of patients regardless of the physical community within which they practice. It will also explore successful models of family practice and how they are tailored to meet a community's need.

**J54404 MPOC : Gestion pour l'avenir**  
**14:15-14:45** Suzanne Levitz, MD, CCMF, Montréal, QC  
**ROOM / SALLE : 200B – QCCC / CCQ**


**Objectifs d'apprentissage :**

1. classier les patients atteints de MPOC dans une pratique typique
2. comprendre les nouveaux traitements pour la MPOC
3. prescrire le traitement qui convient à chaque stade de la maladie

**T53398 Smoking Cessation Tools to Make a Difference in Your Practice**  
**15:15-15:45** Alan Kaplan, MD, CCFP(EM), FCFP, Richmond Hill, ON; Elaheh Amadi, MD, Edmonton, AB  
**ROOM / SALLE : 200B – QCCC / CCQ**

**Learning objectives:**

1. review the epidemiology of smoking in your practice
2. classify patients' readiness to make changes in their smoking
3. prescribe effective therapies and support to help promote these changes

**JT67456**  **Des préparatifs du voyage au retour / Preparing the Return Trip**  
**15:15-16:15** Suzanne Gagnon, MD, CCMF, FCMF, Québec, QC  
**ROOM / SALLE : 200C – QCCC / CCQ**

**Objectifs d'apprentissage :**

1. évaluer les risques à la santé selon le voyageur et la destination
2. prescrire les médicaments et/ou les vaccins en prophylaxie ou en auto-traitement pour les problèmes de santé les plus fréquents
3. conseiller le voyageur adéquatement et reconnaître les symptômes des principales pathologies reliées au voyage chez le voyageur qui est malade au retour

**Learning objectives:**

1. assess health risks based on the traveller and their destination
2. prescribe medication and/or vaccines administered on a prophylactic basis or self-administered for the most common health problems
3. adequately advise the traveler and recognize symptoms of the major illnesses linked to the traveler

LEGEND / LÉGENDE



Simultaneous interpretation / Interprétation simultanée



Pre-Registration Required / Préinscription obligatoire

**QCCC / CCQ** Québec City Convention Centre / Centre des congrès de Québec

**T53863 Supporting the Learner in Difficulty**  
**15:15-16:15** *Christie Newton, MD, CCFP, FCFP, Port Moody, BC; Willa Henry, MD, CCFP, FCFP, Vancouver, BC*  
**ROOM / SALLE : 304B – QCCC / CCQ**

**Learning objectives:**

1. list typical strategies to prevent and address learner difficulties
2. create a learning plan based on a clinical scenario
3. engage learners in developing and reviewing learning plans that identify skills dimensions and CanMEDS-FM Roles

**T55642 FASD: How fetal alcohol spectrum disorder impacts the life course trajectory of children, teens, and young adults**  
**15:15-16:15** *Patricia Mousmanis, MD, CCFP, FCFP, Richmond Hill, ON; Courtney Green, PhD, Kingston, ON; Joceylynn Cook, MD, RCPSC; Nancy Poole, PhD; Murray Trusler, MD, CCFP, FCFP, Fairmont Hot Springs, BC; Ken Trusler, Fairmont Hot Springs, BC; Lisa Graves, MD, CCFP, FCFP, Ancaster, ON; Ruth Elwood Martin, MD, CCFP, FCFP, Vancouver, BC; Elizabeth Grier, MD, CCFP, FCFP, Kingston, ON*  
**ROOM / SALLE : 202 – QCCC / CCQ**

**Learning objectives:**

1. describe how FASD impacts development from infancy through to young adulthood
2. implement clinical strategies to improve communication with, and management issues in, clients with FASD
3. recognize key characteristics of clinical tools for diagnosis of FAD in young children, teens, and pregnant women in a timely fashion

**T56698 Clinical Decision-Making With Frail Patients: Home to hospital and back again**  
**15:15-16:15** *Chris Frank, MD, CCFP, FCFP, Kingston, ON; Michael Kates, MD, CCFP, Toronto, ON; Mireille Lecours, MD, CCFP, Charlottetown, PE; Rob Lam, MD, CCFP, Toronto, ON; Doreen Oneschuk, MD, CCFP, Edmonton, AB*  
**ROOM / SALLE : 306B – QCCC / CCQ**

**Learning objectives:**

1. identify when discussion of goals of care is relevant and when change to palliative focus should be considered
2. balance polypharmacy and prevention and quality of life in people with limited life expectancy
3. improve transitions in and out of hospital for frail patients

**T56856 Identifying, Targeting, and Managing Dyslipidemia: A clinical application of the Canadian Cardiovascular Society Guidelines**  
**15:15-16:15** *Paul Poirier, MD, PhD, FRCPC, FACC, FAHA, Québec, QC*  
**ROOM / SALLE : 200A – QCCC / CCQ**

**Learning objectives:**

1. apply the CCS guidelines and discuss challenging obstacles for dyslipidemia diagnosis, treatment, and management
2. describe the impact of alternate targets in the diagnosis, treatment, and management of dyslipidemia
3. interpret the CCS Guidelines in light of the 2013 AHA/ACC blood cholesterol guidelines

**T56982 Vasectomy for the Non-Vasectomist: From guidelines to practice**  
**15:15-16:15** *Michel Labrecque, MD, PhD, CCMF, FCMF, Québec, QC*  
**ROOM / SALLE : 306A – QCCC / CCQ**

**Learning objectives:**

1. correctly inform men, and women seeking contraception, about male sterilization
2. identify surgical consultants offering evidence-based vasectomy services
3. interpret results of semen analysis and manage complications after vasectomy

**TJ57513  Dangerous Ideas Soapbox / Tribune aux idées dangereuses**  
**15:15-16:15** **ROOM / SALLE : 2000A – QCCC / CCQ**

**Learning objectives:**

1. acquire new perspectives on the scope of and approach to primary care practice, innovation, and research
2. understand new leading-edge or unusual issues in family practice
3. engage in discussion and idea generation with national and international colleagues on the breadth and scope of family practice and primary care

**Objectifs d'apprentissage :**

1. obtenir de nouvelles perspectives et de nouvelles approches sur la prestation de soins primaires, l'innovation et la recherche
2. comprendre les enjeux d'actualité ou inhabituels dans l'exercice de la médecine familiale
3. discuter avec des collègues nationaux et internationaux et générer des idées sur l'étendue et la portée de la pratique de médecine familiale et la prestation de soins primaires

**T57531 Cancer Prevention: Learning more about radon gas and your practice****15:15-16:15** Michael Dworkind, MD, CCFP, FCFP, Montréal, QC**ROOM / SALLE : 309B – QCCC / CCQ****Learning objectives:**

1. understand the epidemiology and pathophysiology of radon-induced lung cancer and other diseases
2. learn the ways the risks of radon exposure effect harm in primary care
3. describe the appropriate ways to reduce the risks of radon gas for patients

**T57550 Resident and Physician Wellness: A book of "BASICS"****15:15-16:15** Todd Hill, PhD, Calgary, AB; Joan Horton, MD, CCFP, Calgary, AB**ROOM / SALLE : 303B – QCCC / CCQ****Learning objectives:**

1. identify different spheres of wellness which can be integrated into daily life
2. learn a number of wellness activities through individual, paired, small group, and large group activities
3. set goals for integrating wellness activities into day-to-day life

**T57783 Flipping Assessment: Using field notes to improve teaching****15:15-16:15** Shelley Ross, PhD, Edmonton, AB; Paul Humphries, MD, CCFP; Shirley Schipper, MD, CCFP**ROOM / SALLE : 303A – QCCC / CCQ****Learning objectives:**

1. identify ways in which field notes can be used as evidence of teaching performance
2. explain how targeted coaching to improve teaching can be based on existing field notes
3. apply targeted coaching in any program with field notes or other documented formative feedback

**T55157 Developing a Global Health Curriculum at NOSM****15:15-16:15** Basia, Siedlecki, MD, PhD, CCFP, Midland, ON**ROOM / SALLE : 301A – QCCC / CCQ****Learning objectives:**

1. describe the curricular components necessary for a global health curriculum
2. describe how service-learning can promote social accountability and global citizenship in medical learners
3. describe how global health helps prepare medical learners to practice in Canadian under-serviced communities

**T58170 First Five Years in Family Practice: What type of practice is ideal for you?****15:15-16:15** **Cinq premières années en médecine familiale : Quel type de pratique est idéal pour vous ?**

Scott MacLean, MD, CFPC, Edmonton, AB; Kevin Garneau-Bégin, MD, CCFP, Comox, BC;

Nermine Gorguy, MD, CCFP, Toronto, ON; Isabelle Hébert, MD, CCMF, Montréal QC;

Colette Dawson, MD, CCFP, Conception Bay, NL; Aisling Campbell, MD, Calgary, AB

**ROOM / SALLE : 2000D – QCCC / CCQ****Learning objectives:**

1. become familiar with three different types of family practice: locum, traditional, and academic
2. perform a self-assessment in order to help determine which type of practice may suit participants' needs
3. participate in discussion of the challenges and stressors associated with each type

**Objectifs d'apprentissage :**

1. se familiariser avec trois différents types de pratique de la médecine familiale : dépannage, traditionnelle et académique
2. effectuer une auto-évaluation afin d'aider à déterminer quel type de pratique peut répondre à leurs besoins
3. participer aux discussions sur les défis et les facteurs de stress associés à chaque type

**J57611 Intégrer la vision du Centre de médecine de famille pour assurer une efficacité dans notre travail quotidien****15:15-17:30** **Integrate the Vision of the Patient's Medical Home to Insure Efficacy in our Daily Work**

Maxine Dumas Pilon, MD, CCMF, Montréal, QC; Eric Mang, MPA, Mississauga, ON; Paul Sawchuk, MD, MBA, CCFP, FCFP, Winnipeg, MB

**ROOM / SALLE : 206B – QCCC / CCQ****LEGEND / LÉGENDE**Simultaneous interpretation / *Interprétation simultanée*Pre-Registration Required / *Préinscription obligatoire***QCCC / CCQ** Québec City Convention Centre / *Centre des congrès de Québec*

**Objectifs d'apprentissage :**

1. évaluer sa pratique, à l'aide d'un outil d'autoévaluation, afin d'établir un domaine prioritaire d'amélioration continue de la qualité de ses actes
2. identifier les obstacles à ces changements de pratique
3. déterminer les étapes concrètes requises pour instaurer l'implantation d'un nouvel objectif

**T57622 General Surgery Emergencies: Pearls for the family physician**

**15:45-16:15** *Stephanie Chartier-Plante, MD, CCFP, Vancouver, BC*

**ROOM / SALLE : 2000B – QCCC / CCQ**

**Learning objectives:**

1. recognize diverse forms of gallstone disease and know which patients need to be referred to a surgeon
2. describe the most common causes of bowel obstruction and initiate investigations and treatment in those patients in the emergency department
3. describe presentation and initial management of patients with diverticular disease and recognize who to refer to a surgeon

**TJ55568 An Approach to Common and Not So Common Rashes in the Office Setting**

**16:30-17:30** *Une approche pour traiter les éruptions courantes et moins courantes en cabinet*

*Christie Freeman, MD, CCFP, DipPDerm, MSc, Peterborough, ON*

**ROOM / SALLE : 200C – QCCC / CCQ**

**Learning objectives:**

1. take a focused history in a patient with a rash
2. identify some common skin conditions based on clinical signs and symptoms as well as the results of investigations easily performed in the office
3. briefly discuss treatment options for various inflammatory skin conditions

**Objectifs d'apprentissage :**

1. effectuer l'anamnèse ciblée d'un patient qui présente une éruption
2. cerner les affections cutanées courantes en fonction des signes et symptômes cliniques, de même que des résultats des investigations pouvant facilement être effectuées en cabinet
3. discuter brièvement des options thérapeutiques pour diverses affections cutanées inflammatoires

**JT57732 Des innovations québécoises tissent des liens entre la pratique de la médecine familiale et la recherche**

**16:30-17:30** *Québec Innovations Linking Family Medicine Practice and Research*

*Pierre Pluye, MD, PhD, Montréal, QC; Jeannine Haggerty, PhD, Montréal, QC;*

*Serge Dumont, PhD, MSRC, Québec, QC; Marie-Thérèse Lussier, MD, CCMF, Montréal, QC;*

*Catherine Hudon, MD, CCMF, Chicoutimi, QC; Howard Bergman, MD, CCFP, FCFP, Montréal, QC*

**ROOM / SALLE : 2000A – QCCC / CCQ**

**Objectifs d'apprentissage :**

1. le réseau de connaissances
2. les nouvelles opportunités pour la recherche clinique et la gestion des cas dans les milieux de soins primaires
3. le plan Alzheimer du Québec

**Learning objectives:**

1. knowledge network
2. new opportunities for clinical research and case management in primary care settings
3. Québec Alzheimer plan

**T51661 Prescribing Buprenorphine for Outpatient Addiction**

**16:30-17:30** *Claudette Chase, MD, CCFP, FCFP, Shuniah, ON*

**ROOM / SALLE : 309B – QCCC / CCQ**

**Learning objectives:**

1. list the benefits and risks of prescribing buprenorphine to treat opioid dependency
2. list the major side effects of buprenorphine
3. know the steps involved in safely prescribing buprenorphine for induction, maintenance, and tapering

**T55102 Onions and Parfaits: Embracing the layers of teaching multilevel learners**

**16:30-17:30** *Shirley Schipper, MD, CCFP, Edmonton, AB*

**ROOM / SALLE : 303A – QCCC / CCQ**

**Learning objectives:**

1. discuss best evidence and strategies for multilevel learning in rural, distributed, and urban settings
2. recognize best practice from end-users, including teachers and residents
3. employ usable tips to successfully incorporate medical students and residents into family medicine practice—at the same time

**T55122 Urologic Emergencies for the Office Practitioner**  
**16:30-17:30** *Vu Kiet Tran, MD, CCFP(EM), FCFP, MHS, MBA, Richmond Hill, ON*  
**ROOM / SALLE : 200A – QCCC / CCQ**

**Learning objectives:**

1. recognize some of the most common urologic emergencies
2. enumerate the criteria for urgent referral to a urologist
3. elaborate on a treatment plan for these urologic emergencies

**T55152 So, You Want to Teach Using Simulation: A primer and lessons learned from the Queen's "Nightmares" family medicine acute care training program**  
**16:30-17:30** *Filip Gilic, CCFP(EM), Kingston, ON*  
**ROOM / SALLE : 304B – QCCC / CCQ**

**Learning objectives:**

1. devise a medical simulation training program
2. write effective simulation scenarios
3. debrief simulated scenarios effectively

**T56963 Medication Safety 101 for Physicians**  
**16:30-17:30** *Michael Hamilton, BSc, BEd, MD, CCFP, Toronto, ON*  
**ROOM / SALLE : 200B – QCCC / CCQ**

**Learning objectives:**

1. review the evidence that medication errors are a significant health care problem
2. outline factors in the medication use process that contribute to error and harm
3. identify and implement strategies that reduce the likelihood of medication error

**T57069 Residents as Teachers: An interactive workshop for family medicine resident teaching skills development**  
**16:30-17:30** *Jamie Wickett, MD, CCFP, London, ON; Julie Copeland, MD, CCFP, Mount Brydges, ON*  
**ROOM / SALLE : 303B – QCCC / CCQ**

**Learning objectives:**

1. understand and use the one-minute preceptor model with junior learners
2. provide effective feedback to junior learners
3. use effective questioning techniques with junior learners

**T57279 Implementing Lifestyle Intervention in Primary Care: Tips and tools**  
**16:30-17:30** *Doug Klein, MD, CCFP, MSc, Edmonton, AB*  
**ROOM / SALLE : 306A – QCCC / CCQ**

**Learning objectives:**

1. understand the importance of effective lifestyle interventions in primary care
2. learn some of the methods to support patients becoming more active both in the clinic and in the community
3. participate in a demonstration of strength and flexibility exercises applicable to primary care

**T57474 Diabetic Muslim Patient While Fasting in Ramadhan**  
**16:30-17:30** *Irfan Majid, MBBS, MRCCP, MPH, Diploma Cardiology, MCFP, Walsall, UK*  
**ROOM / SALLE : 202 – QCCC / CCQ**

**Learning objectives:**

1. understand the facts about how Muslims fast during the holy month of Ramadhan
2. understand how fasting affects diabetic Muslim patients and its medical implications
3. modify medications, oral or insulin, for fasting diabetic patients, and provide further relevant health advice to these patients

## LEGEND / LÉGENDE

Simultaneous interpretation / *Interprétation simultanée*Pre-Registration Required / *Préinscription obligatoire*

**QCCC / CCQ** Québec City Convention Centre / *Centre des congrès de Québec*

**T57525 When Things Go Wrong: Learning from significant events**

**16:30-17:30** Keith Wycliffe-Jones, MBChB, FRCGP, CCFP, Calgary, AB

**ROOM / SALLE : 306B – QCCC / CCQ**

*Learning objectives:*

1. describe the methodology of significant event audit
2. list the prerequisites for successful significant event audit
3. carry out significant event audit in practice

**T57773 Critical Appraisal of Practice Guidelines**

**16:30-17:30** Sarah Jennings, BSc, BScPhm, RPh, PharmD, Ottawa, ON; Janice Mann, BSc, MD, Ottawa, ON

**ROOM / SALLE : 2000D – QCCC / CCQ**

*Learning objectives:*

1. appreciate the importance of critical appraisal
2. understand potential sources of bias in clinical practice guidelines
3. learn practical methods for evaluating the quality of clinical practice guidelines

**T75405 Mainpro+ ... A New Look, With New Ways to Learn (2)**

**17:30-18:30** **Mainpro+ ... *Un nouveau look; de nouvelles façons d'apprendre (2)***

Dominique Tessier, MD, CCMF, FCMF, Montréal, QC – Regional Educator, Quebec Region; Teresa Wawrykow, MD, CCFP(EM), Winnipeg, MB – Regional Educator, Saskatchewan & Manitoba Regions

**ROOM / SALLE : 308A – QCCC / CCQ**

Join us for an informative session on the updates to Mainpro coming soon. Get to know who your Regional Educator is and hear about the exciting changes which will offer more intuitive, self-directed learning opportunities. You will learn how easy it is to earn credits for practice activities you do on a daily basis. The CFPC is committed to providing quality CPD to meet your changing interests and learning needs.

*Participants may claim an additional Mainpro-M1 credit for this session.*

**DAILY BADGE SCAN REQUIRED – PROOF OF PARTICIPATION:** Remember to have your name badge scanned EACH DAY by a CFPC staff member throughout the conference. Self-scanning stations are also available throughout the conference venues. All scanned registrants will receive a letter confirming attendance at Family Medicine Forum 2014 by January 1, 2015. **Please note that these letters are not available for pick-up on-site.**

**SCANNAGE QUOTIDIEN DE L'INSIGNE OBLIGATOIRE – PREUVE DE PARTICIPATION :** N'oubliez pas de faire scanner votre insigne d'identité CHAQUE JOUR par un membre du personnel du CMFC durant toute la conférence. Des postes de lecteur code-barre se trouveront aussi un peu partout sur les lieux de la conférence. Tous les participants inscrits dont l'insigne aura été scanné recevront une lettre confirmant leur participation au Forum en médecine familiale 2014 avant le 1<sup>er</sup> janvier 2015. **Veillez noter que ces lettres ne seront pas disponibles sur place.**

**Session cancellation:** The College reserves the right to cancel session(s) due to unforeseen circumstances and cannot accept responsibility for out-of-pocket expenses incurred due to the cancellation of any session.

**Annulation de séance :** Le Collège se réserve le droit d'annuler une ou plusieurs séances s'il survient des événements imprévus et ne sera pas responsable de toute menue dépense encourue en raison de l'annulation d'une séance.

**F79795 A Incretin Therapy Roundtable: Putting recommendations into practice**

**06:45-07:45 ROOM / SALLE : 2000C – QCCC / CCQ**

*Anil Gupta, MD, CCFP FCFP, Etobicoke, ON*

**Learning objectives:**

1. summarize relevant updates to the 2013 CDA guideline recommendations for the management of type 2 diabetes
2. differentiate between DPP-4 inhibitors and GLP-1 receptor agonists
3. explain how to optimally incorporate DPP-4 inhibitors and GLP-1 receptor agonists into clinical practice for better patient outcomes

**F75406 Mainpro+.... A New Look, With New Ways to Learn (3)**

**07:00-08:00 Mainpro+ ... Un nouveau look; de nouvelles façons d'apprendre (3)**

*Jim Thorsteinson, MD, CCFP, FCFP, Vancouver, BC – Regional Educator, British Columbia Region; Khurram Jahangir, MD, CCFP(EM), FCFP, Edmonton, AB – Regional Educator, Alberta Region*

**ROOM / SALLE : 308A – QCCC / CCQ**

Join us for an informative session on the updates to Mainpro coming soon. Get to know who your Regional Educator is and hear about the exciting changes which will offer more intuitive, self-directed learning opportunities. You will learn how easy it is to earn credits for practice activities you do on a daily basis. The CFPC is committed to providing quality CPD to meet your changing interests and learning needs.

*Participants may claim an additional Mainpro-M1 credit for this session.*

**F67109 Chronic Pain Networking Breakfast**

**07:00-08:00** *Ruth Dubin, PhD, MD, CCFP, FCFP, Kingston, ON*

**ROOM / SALLE : 2104AB – QCCC / CCQ**

**F56783 Occupational Medicine SIFP Networking Breakfast Session: Returning Your Patient to Work**

**07:00-08:00** *Avram Whiteman, MD, MPH, CCFP, FCFP, FCBOM, FACOEM, Westmount, QC*

**ROOM / SALLE : 303A – QCCC / CCQ**

**Learning objectives:**

1. understand the role of the family doctor in returning patients to work
2. appreciate return to work as a therapeutic modality
3. identify barriers to return to work and review strategies and solutions

**F57010 Networking Breakfast: Sharing educational training for child and adolescent scope of practice**

**07:00-08:00** *Patricia Mousmanis, MD, CCFP, FCFP, Richmond Hill, ON; Anita Greig, MD, CCFP, FCFP, Toronto, ON;*

*Marisa Collins, MD, CCFP, FCFP, Vancouver, BC; Alain Pavlanis, MD, CCFP, FCFP, Montréal, QC;*

*Susan Philips, MD, CCFP, FCFP, Kingston, ON; Yves Lambert, MD, CCFP, FCFP, Montréal, QC*

**ROOM / SALLE : 207 – QCCC / CCQ**

**Learning objectives:**

1. describe how to develop skills required to create a focused practice in child and adolescent medicine
2. outline specific educational programs across Canada that can be accessed for further training
3. share tips and pearls on how to integrate a special interest in child and adolescent medicine into comprehensive care practice

**F57042 Addiction Medicine Program Committee Breakfast Meeting**

**07:00-08:00** *Sharon Cirone, MD, CCFP(EM), ASAM (Cert), FCFP, Toronto, ON; Meldon Kahan, MD, CCFP, FCFP, FRCPC, Toronto, ON*

**ROOM / SALLE : 206A – QCCC / CCQ**

**Learning objectives:**

1. become familiar with the activities of the Addiction Medicine Program Committee at the CFPC
2. take the opportunity to discuss any topics of clinical interest with respect to alcohol and substance use or behavioural addictions
3. learn more about the option to establish membership with the Section of Special Interests or Focused Practices (SIFP) Addiction Medicine Program and to explore their options for networking and membership engagement

**F57505 GP Psychotherapy Networking Breakfast**

**07:00-08:00** *Victoria Winterton, MD, CCFP, FCFP, Owen Sound, ON*

**ROOM / SALLE : 2101 – QCCC / CCQ**

**Learning objectives:**

1. identify the challenges of integrating psychotherapy into comprehensive care family practice
2. identify specific learning needs of physicians who wish to integrate psychotherapy into their practices
3. meet and share with colleagues who have a special interest in providing psychotherapy as part of mental health care in family practice

**LEGEND / LÉGENDE**



Simultaneous interpretation / *Interprétation simultanée*



Pre-Registration Required / *Préinscription obligatoire*

**QCCC / CCQ** Québec City Convention Centre / *Centre des congrès de Québec*



**F57535**      **Networking Breakfast: Create a Practical Inventory of Mental Health Resources in Your Community (Mental Health SIFP)**  
**07:00-08:00**      *J. Ellen Anderson, MD, MHSC, MCFP, Chair MH, SIFP, Sooke, BC; Victoria Winterton, MD, CCFP, Owen Sound, ON*  
**ROOM / SALLE : 2105 – QCCC / CCQ**

*Learning objectives:*

1. identify the multiple domains of useful formal and informal mental health supports/resources in their local community that are accessible to family practice patients
2. use the template provided and the assistance of office staff and patients to locate and update mental health resources in their community
3. practice using the MH resource tool to aid physicians and patients in navigating their local mental health resources

**F57888**      **Maternity and Newborn Care Networking Breakfast**  
**07:00-08:00**      *Lisa Graves, MD, CCFP, FCFP, Ancaster, ON*  
**ROOM / SALLE : 2102AB – QCCC / CCQ**

*Learning objectives:*

1. identify current issues in maternity care for family physicians
2. share successes and challenges of maternity care
3. network with colleagues who share similar interests

**F57747**      **Sport and Exercise Medicine SIFP Breakfast Networking Session – Concussion: The management of persistent symptoms**  
**07:00-08:00**      *Lisa Fischer, MD, BScPT, CCFP, Dip Sport Med, London, ON*  
**ROOM / SALLE : 308B – QCCC / CCQ**

*Learning objectives:*

1. be able to describe persistent symptoms of post-traumatic brain injury (TBI)/concussion
2. have an understanding of rehabilitation and management strategies, including the role of allied health professionals
3. prescribe appropriate therapy

**F57888**      **Developmental Disabilities / Palliative Care Networking Breakfast: Providing palliative care for patients with communication and cognitive difficulties**  
**07:00-08:00**      *Liz Grier, MD, CCFP, Kingston, ON; Brian Hennen, MD, CCFP, FCFP, Halifax, NS; Ian Casson, MD, CCFP, FCFP, Kingston, ON; Paolo Mazzotta, MD, HBSc, MSc, CCFP, Toronto; ON, Kyle Sue, MD, St John's, NL; Mark Kristjanson, MD, CCFP, FCFP, Hamiota, MB; Donna Loughheed, MD, CCFP, Ottawa, ON; David Joyce, MD, CCFP(EM), Vancouver, BC*  
**ROOM / SALLE : 302A – QCCC / CCQ**

*Learning objectives:*

1. explore the issues related to care for patients with communication and cognitive difficulties receiving palliative and/or end-of-life care using a case example of a patient with developmental disability and complex care needs
2. formulate an approach to palliative symptom management in adults with developmental disabilities and apply care strategies

**F57952**      **Prison Medicine SIFP Breakfast Networking Session: What you need to know to become a prison physician**  
**07:00-08:00**      *Ruth Elwood Martin, MD, CCFP, FCFP, Vancouver, BC; Josiane Cyr, MD, CCFP, Montréal, QC; Margaret (Peg) Robertson, MD, CCFP, Kingston, ON; Chris Goodall, MD, CCFP, St. John's, NL*  
**ROOM / SALLE : 2103 – QCCC / CCQ**

*Learning objectives:*

1. network with others who are interested in prison health
2. increase understanding of the steps involved in becoming a prison physician

**F63100**      **Hospital Medicine SIFP Breakfast Networking Session**  
**07:00-08:00**      **ROOM / SALLE : 301B – QCCC / CCQ**

*Learning objectives:*

1. understand the risk of transition from hospital to home
2. identify patients at high risk for readmission
3. understand the benefits of technology in facilitating and improving transition

**F66321**      **Health Care of the Elderly SIFP Breakfast Networking Session: Older patients with multi-comorbidities – using your expertise to develop a guideline**  
**07:00-08:00**      **ROOM / SALLE : 303B – QCCC / CCQ**

**F66772**      **Respiratory Medicine SIFP Breakfast Networking Session: A pro/con debate on the value of e-cigarettes in assisting with smoking cessation**  
**07:00-08:00**      *Alan Kaplan, MD, CCFP(EM), FCFP, Richmond Hill, ON*  
**ROOM / SALLE : 304A – QCCC / CCQ**


**F68877**      **Dermatology SIFP Breakfast Networking Session**  
**07:00-08:00**      *Christie Freeman, MD, CCFP, DipPDerm, MSc, Peterborough, ON*  
**ROOM / SALLE : 304B – QCCC / CCQ**

**F68885**      **Family Practice Anesthesiology SIFP Breakfast Networking Session**  
**07:00-08:00**      *Anthony V. Wiens, MD, CCFP, Dauphin, MB; Annie Lu, MD, CCFP, Elora, ON*  
**ROOM / SALLE : 302B – QCCC / CCQ**

**F57763**      **Networking for IMG Teachers and Co-ordinators: An opportunity to exchange ideas with a group of peers, learn about programs and initiatives across the country, and generate new directions**  
**07:00-08:00**      *Inge Schabort, MB ChB, CCFP, Hamilton, ON; Susan Phillips, MD, CCFP, Montréal, QC*  
**ROOM / SALLE : 309A – QCCC / CCQ**

**Learning objectives:**


1. have the opportunity to review the relevant international medical graduate (IMG) literature and recent research findings
2. exchange ideas with a group of peers, learn about IMG programs across the country, and generate new directions
3. review and contribute to available resources to provide ongoing support to IMG teachers and learners at the national, institutional, departmental, faculty, and student levels

**FV100**       **KEYNOTE ADDRESS / DISCOURS D'OUVERTURE**  
**08:00-09:30**      **“Delivering on the Promise of Medicare”**  
                          **« Concrétiser les promesses du régime d'assurance-maladie »**  
                          *Danielle Martin, BSc, MD, CCFP, MPP, Toronto, ON*  
**ROOM / SALLE : 200ABC – QCCC / CCQ**

**F57607**      **Revitalizing Inpatient Family Medicine**  
**10:00-10:30**      *Brenda Catchpole, BA, MHA, Winnipeg, MB; Amanda Condon, MD, CCFP, Winnipeg, MB*  
**ROOM / SALLE : 206B – QCCC / CCQ**

**Learning objectives:**

1. identify key factors most likely to impact on recruiting and retaining family physicians to participate in inpatient care
2. understand the impact that has been achieved through several key recruitment strategies
3. take away a strategy for defining, measuring, and influencing specific aspects of physician inpatient practice

**FV57709**       **Sport and Exercise Medicine: Injuries you don't want to miss / Médecine du sport et de l'exercice : Blessures à ne pas omettre**  
**10:00-10:30**      *Lisa Fischer, MD, BScPT, CCFP, DipSportMed, London, ON; Pierre Frémont, MD, CCMF, Québec, QC*  
**ROOM / SALLE : 2000A – QCCC / CCQ**

**Learning objectives:**

1. recognize the clinical presentation of common, but easily missed, musculoskeletal injuries in sport medicine
2. list the short- and long-term sequelae of these injuries
3. plan an initial management strategy including appropriate focused follow-up

**Objectifs d'apprentissage :**

1. reconnaître le tableau clinique des blessures musculo-squelettiques courantes, mais facilement omises en médecine du sport
2. nommer les séquelles à court et à long terme de ces blessures
3. planifier une stratégie initiale de prise en charge, y compris un suivi ciblé approprié

**LEGEND / LÉGENDE**



Simultaneous interpretation / *Interprétation simultanée*



Pre-Registration Required / *Préinscription obligatoire*

**QCCC / CCQ** Québec City Convention Centre / *Centre des congrès de Québec*

**F49182**      **Whose Death Is It Anyway? Legalized euthanasia and end-of-life care**  
**10:00-11:00**      *Benjamin Schiff, MD, CCFP, DDO, QC; Isabelle LeBlanc, MD,CCMF, Montréal, QC*  
**ROOM / SALLE : 306A – QCCC / CCQ**

*Learning objectives:*

1. develop an appreciation of the controversial aspects surrounding euthanasia and assisted suicide
2. become familiar with the proposed Québec law on end-of-life care
3. become comfortable engaging patients and/or families in end-of-life care discussions

**F54398**      **Healing the Wounds: Stories from the street**  
**10:00-11:00**      *Susan Phillips, MD, CCFP, Kingston, ON*  
**ROOM / SALLE : 307AB – QCCC / CCQ**  
**Medical Humanities Theatre / Théâtre des sciences humaines de la santé**

*Learning objectives:*

1. understand and intervene to correct inequalities that shape illness
2. be inspired by colleagues' stories of bringing social activism into clinical practice
3. become an advocate

**F55138**      **Ventilate, Don't Intubate! Non-invasive respiratory management strategies for the rural and hospitalist GP**  
**10:00-11:00**      *Filip Gilic, MD, CCFP(EM), Kingston, ON*  
**ROOM / SALLE : 306B – QCCC / CCQ**

*Learning objectives:*

1. develop a consistent approach to patients with respiratory difficulties
2. demonstrate advanced oxygenation therapies such as combined nasal/oral and apneic oxygenation
3. use non-invasive positive pressure ventilation effectively, including novel indications such as asthma and delayed sequence induction

**F57390**      **Alcohol Screening, Brief Intervention, and Referral: An alcohol care pathway**  
**10:00-11:00**      *Peter Butt, MD, CCFP(EM), FCFP, Saskatoon, SK*  
**ROOM / SALLE : 202 – QCCC / CCQ**

*Learning objectives:*

1. talk to patients about alcohol, with evidence-based information on low-risk drinking
2. identify and address elevated risk use, as well as abuse or mild dependency (as per DSM-V)
3. develop an approach to appropriate, focused follow-up

**F57821**      **Should Our Children Run Away With the Circus?**  
**10:00-11:00**      *Patrice Aubertin, Montréal, QC*  
**ROOM / SALLE : 301A – QCCC / CCQ**

*Learning objectives:*

1. describe what is physical literacy and how it relates to circus arts
2. describe the results of a research project relating to circus arts and physical literacy in children

**F57461**      **Becoming a Resident: It's not as bad as you think!**  
**10:00-11:00**      *Michelle van Walraven, BSc, MD, Barrie, ON*  
**ROOM / SALLE : 302B – QCCC / CCQ**

*Learning objectives:*

1. understand the steps of transition from being a medical student to a resident
2. use tips and recommendations to prepare for residency including CaRMS, financial concerns, and self-wellness
3. share questions and answers regarding being a new resident in family medicine

**F57872**      **Team and Patient-Centred Communication for the Patient's Medical Home (PMH): An overview**  
**10:00-11:00**      *Rob Boulay, MD, CCFP, Miramichi, NB*  
**ROOM / SALLE : 206A – QCCC / CCQ**

*Learning objectives:*

1. explore evidence-based reasons why communication is important in a patient-centred medical home (PMH) practice
2. review a sample of communication tools to increase effectiveness in PMH interactions and with your patients
3. apply communication tools to sample video case study

**F57830 Medical Education Research 101: An introduction to basics of methodology and design**

**10:00-11:00** *Shelley Ross, PhD, Edmonton, AB; Douglas Archibald, PhD, Ottawa, ON*

**ROOM / SALLE : 301B – QCCC / CCQ**

**Learning objectives:**

1. describe some of the more common methodologies and research designs for medical education research
2. identify which methodologies and designs would be most appropriate to answer participants' own research questions
3. apply ideas and examples from the workshop to participants' own medical education projects

**F54586 I Am the Team: Multidisciplinary pain management for the community family doctor**

**10:00-11:45** *Lori Montgomery, MD, CCFP, Calgary, AB; Chris Spanswick, MB, ChB, FRCA, FFPMRCA, Calgary, AB; Todd Hill, PhD, RPsych, Calgary, AB*

**ROOM / SALLE : 309B – QCCC / CCQ**

**Learning objectives:**

1. identify patients who would benefit from a multidisciplinary approach
2. develop a toolkit of skills and resources to make best use of community providers
3. incorporate some simple changes in practice to help fill the gap if a patient can't access non-physician providers

**F77156 How to Be a Triple C Teacher (2)**

**10:00-12:15** *College of Family Physicians of Canada's (CFPC's) Triple C Competency Based Curriculum Task Force*

**ROOM / SALLE : 309A – QCCC / CCQ**

**Learning objectives:**

1. describe an approach to learner supervision consistent with Triple C
2. identify CFPC resources that can support clinical teachers within a Triple C curriculum
3. identify personal or practice changes to be made to become a Triple C teacher

**V57547 Réseau collaboratif des UMF de l'U. de Montréal : joies et défis**

**10:00-12:15** **ROOM / SALLE : 304B – QCCC / CCQ**

**SÉANCE ANNULÉE**

**F57834 Selecting IMGs for Residency Programs: Myths and shibboleths**

**10:00-12:15** *Sandra Banner, Ottawa, ON; Ian Bowmer, MD, CCFP, Ottawa, ON*

**ROOM / SALLE : 303A – QCCC / CCQ**

**Learning objectives:**

1. review the 2014 CaRMs match results to know the competitive process that international medical graduates (IMGs) face when applying for postgraduate education in Canada
2. review all factors that were considered important by colleagues when selecting residents into their program and be able to interpret the Medical Council of Canada (MCC) and National Assessment Collaboration (NAC) OSCE test scores
3. understand the rationale for developing the NAC OSCE for entry into postgraduate education

**F75187 Teaching 101: Introducing a medical learner into your office**

**10:00-12:15** *Mark Robinson, MD, MSc, BSc, BEd, CCFP, North York, ON; Risa Bordman, MD, CCFP, FCFP, Toronto, ON; Colin Newman, MD, CCFP, Twillingate, NL*

**ROOM / SALLE : 207 – QCCC / CCQ**

**Learning objectives:**

1. overview basic educational principles applicable to ambulatory teaching
2. address the needs of the group, focusing on teaching in the office
3. improve time management, learner knowledge, and teacher satisfaction

**V54561 L'outil diagnostique : Portrait réflexif de la pratique clinique des médecins de famille du Québec**

**10:30-11:00** *François Dubé, MSc, Québec, QC; Alexis Guilbert-Couture, Québec, QC*

**ROOM / SALLE : 2104AB – QCCC / CCQ**

**Objectifs d'apprentissage :**

1. informer les médecins de famille de l'existence de l'outil diagnostique
2. décrire les composantes de l'outil diagnostique
3. expliquer l'usage de l'outil diagnostique et véhiculer l'impact de son utilisation

**LEGEND / LÉGENDE**



Simultaneous interpretation / *Interprétation simultanée*



Pre-Registration Required / *Préinscription obligatoire*

**QCCC / CCQ** Québec City Convention Centre / *Centre des congrès de Québec*

**F55529 Non-invasive Prenatal Testing**  
**10:30-11:00** Bill Ehman, MD, Nanaimo, BC  
**ROOM / SALLE : 2000B – QCCC / CCQ**

**Learning objectives:**

1. define and describe the current status of non-invasive prenatal testing (NIPT) in Canada
2. describe the role of NIPT as part of an integrated system of prenatal testing
3. describe some of the evolving ethical and legal issues involved in NIPT

**F57600 Pediatric UTIs: What's the latest evidence in diagnosis and management?**  
**10:30-11:00** April Kam, MD, DTM&H, MScPH, FRCPC, Hamilton, ON  
**ROOM / SALLE : 200A – QCCC / CCQ**


**Learning objectives:**

1. list high-yield questions when considering which infant or child has a urinary tract infection
2. prescribe antibiotics appropriately to infants and children with urinary tract infections
3. apply the latest evidence when deciding which children will require follow-up diagnostic testing after a urinary tract infection

**FV57631 Self-Diagnosis of Practice Risks**  
**10:30-11:00** Randall Sargent, MD, CCFP, MSc, Canmore, AB  
**ROOM / SALLE : 200C – QCCC / CCQ**

**Learning objectives:**

1. identify cases from office practice that require reflection
2. plan a course of continuing care with identified decision points
3. appropriately review patient status in primary and secondary care, and offer continuous care

**FV57726**  **How to Adapt and Implement a Concussion Management Protocol in Your Community's Organized Sports**  
**10:30-11:00** / Adapter et mettre en pratique un protocole de prise en charge des commotions cérébrales dans les sports communautaires organisés  
 Pierre Frémont, MD, PhD, CCMF, Québec, QC; Lisa Fischer, MD, CCFP, London, ON  
**ROOM / SALLE : 2000A – QCCC / CCQ**

**Learning objectives:**

1. understand the basic principles of concussion management according to the current expert consensus recommendations
2. be able to assist organizations in the process of adapting and implementing a structured concussion management approach with consideration for the available resources of each specific context
3. understand the implicit value of concussion education to athletes, coaches, educators, and parents for the purpose of improving concussion prevention, detection, and basic management

**Objectifs d'apprentissage :**

1. comprendre les principes de base de la prise en charge des commotions cérébrales selon les recommandations actuelles de consensus
2. pouvoir prêter main-forte aux organisations qui adaptent et mettent en pratique une approche structurée de prise en charge des commotions cérébrales en tenant compte des ressources disponibles dans chaque contexte précis
3. comprendre la valeur implicite de la formation sur les commotions cérébrales auprès des athlètes, des entraîneurs, des éducateurs et des parents afin d'améliorer la prévention, le dépistage et la prise en charge de base des commotions cérébrales

**F57089 Management of Vaginal Birth After Cesarean**  
**11:15-11:45** Emmanuel Bujold, MD, MSc, FRCSC, Saint-Augustin-De-Desmaures, QC  
**ROOM / SALLE : 2000B – QCCC / CCQ**

**Learning objectives:**

1. describe the relative and absolute contraindications for vaginal birth after cesarean (VBAC)
2. understand the role of low uterine segment thickness measurement in the management of women with prior cesarean
3. understand the role of labour management in the prevention of uterine rupture and adverse outcomes during a trial of labour after a previous cesarean

**F79349 Transitioning Into Practice**  
**11:15-12:15** Presented by the CFPC Section of Residents, in collaboration with the First Five Years in Family Practice Committee  
**ROOM / SALLE : 206A – QCCC / CCQ**

This session will address key issues involving transitioning from residency into practice including licensing, financial concerns, location and relocation, contracts, and other considerations.


**F75242 FMF Pearls: Clinically relevant research from Research Day**

**11:15-12:15** *Martin Dawes, MD, MB, BS, DRCOG, FRCCP, Vancouver, BC*

**ROOM / SALLE : 301A – QCCC / CCQ**

**Description:**

We're excited to let you know about this year's "Top 4 Oral Abstracts" session at the Family Medicine Forum. We received 203 abstract submissions. Of those, the Family Medicine Forum – Research Committee, Chaired by Dr Richard Fleet, selected 53 for oral presentations and the Top 4 will be showcased in this special session.

**FV57806  Test Your Menopause IQ / Mettez à l'épreuve vos connaissances sur la ménopause**

**11:15-12:15** *Jennifer Blake, MD, CCFP, Ottawa, ON*

**ROOM / SALLE : 200C – QCCC / CCQ**

**Learning objectives:**

1. separate fact from myth with respect to common beliefs about menopause and hormones
2. tailor treatment of symptoms to women throughout perimenopause, menopause, and post menopause
3. use the latest evidence to counsel about risks, benefits, and relative safety of menopause therapies

**Objectifs d'apprentissage :**

1. distinguer la réalité de la fiction en ce qui concerne les opinions courantes au sujet de la ménopause et des hormones
2. adapter la prise en charge des symptômes aux femmes en périménopause, en ménopause et en postménopause
3. utiliser les données les plus récentes pour offrir aux patientes des conseils au sujet des risques, des avantages et de l'innocuité relative des traitements ménopausiques

**F49235 Nutritional Counseling for Patients With Metabolic Syndrome**

**11:15-12:15** *Pat Poon, MD, PhD, Thornhill, ON*

**ROOM / SALLE : 306B – QCCC / CCQ**

**Learning objectives:**

1. give dietary counseling to patients with obesity-related diseases
2. read and understand the nutritional information on the food label
3. write an exercise prescription

**F49363 Driving and Dementia: Practical tips for the family physician**

**11:15-12:15** *Linda Lee, MD, MCISc(FM), CCFP, FCFP, Kitchener, ON*

**ROOM / SALLE : 200A – QCCC / CCQ**

**Learning objectives:**

1. list findings in the cognitively impaired patient that might indicate that fitness to drive is a concern
2. explain office-based tests that can help in the assessment of the potentially unsafe cognitively impaired driver and the role of on-road driving assessments
3. discuss ways of communicating concerns about driving fitness that are less likely to harm the patient-physician relationship

**F55809 Borderline Personality Disorder: Moving management challenges to joys**

**11:15-12:15** *James Goertzen, MD, MCISc, CCFP, FCFP, Thunder Bay, ON*

**ROOM / SALLE : 306A – QCCC / CCQ**

**Learning objectives:**

1. apply strategies for effective management of patients with a borderline personality disorder
2. increase the resilience of family physicians providing care to patients with a borderline personality disorder
3. develop physician-patient relationships that encourage borderline personality disorder patients to increase their self-management skills

**F57578 Primary Care Management of At-Risk Drinking and Alcohol Use Disorders**

**11:15-12:15** *Sheryl Spithoff, MD, CCFP, Toronto, ON; Jonathan Bertram, MD, CCFP, Toronto, ON*

**ROOM / SALLE : 202 – QCCC / CCQ**

**Learning objectives:**

1. diagnose at-risk drinking and alcohol use disorder (mild, moderate, severe)
2. describe an approach to counseling the at-risk drinker and the patient with an alcohol use disorder
3. describe the indications, dosing, and contraindications of anti-craving medications

LEGEND / LÉGENDE



Simultaneous interpretation / Interprétation simultanée



Pre-Registration Required / Prérinscription obligatoire

**QCCC / CCQ** Québec City Convention Centre / Centre des congrès de Québec

F57590

**Top 10 Papers to Change Your Practice in EM**

11:15-12:15

*Peter Toth, CCFP(EM), Toronto, ON; Robert Primavesi, MD, CCFP(EM), FCFP, Montréal, QC; Jean Villeneuve, MD, CCMF(MU), Québec, QC; Danielle Blouin, MD, CCFP(EM), FCFP, Kingston, ON; Isobel Fleming, Simon Pulfrey, MD, CCFP(EM), FCFP, North Vancouver, BC*

**ROOM / SALLE : 200B – QCCC / CCQ**

**Learning objectives:**

1. apply both absolute and relative data that are new in the emergency medicine literature
2. adapt the new evidence to the practice population
3. integrate new evidence into clinical practice in emergency medicine

F57717

**Small “r” Research for Community Docs**


11:15-12:15

*Alan Katz, MB ChB, CCFP, MSc, FCFP, Winnipeg, MB*

**ROOM / SALLE : 301B – QCCC / CCQ**

**Learning objectives:**

1. explore possible roles for community docs in the research process
2. address barriers to participation in the research process for community docs
3. discuss the advantages of participation in research for community docs

FV57719 

**The ABCs of Exercise Assessment and Prescription for Chronic Disease Prevention and Management in Primary Care / L'ABC de l'évaluation et de la prescription d'exercice dans la prévention et la prise en charge des maladies chroniques en soins primaires**

11:15-12:15

*Pierre Frémont, MD, PhD, CCMF, Québec, QC*

**ROOM / SALLE : 2000A – QCCC / CCQ**

**Learning objectives:**

1. understand the scientific basis of the spectacular potential of exercise for the prevention and management of chronic diseases
2. integrate the “exercise vital sign” as part of the periodic health examination
3. be able to use the exercise referral and prescription tool developed by “Exercise is Medicine Canada” for exercise assessment and basic prescription

**Objectifs d'apprentissage :**

1. comprendre le fondement scientifique de l'extraordinaire potentiel de l'exercice dans la prévention et la prise en charge des maladies chroniques
2. intégrer le « signe vital de l'exercice » dans l'examen périodique de santé
3. être en mesure d'utiliser l'outil de prescription d'exercice et d'orientation mis au point par « L'exercice : un médicament Canada » pour évaluer l'exercice et en rédiger une ordonnance de base

F57739

**Extreme Family Practice 2.1: Case histories from Nunavut**

11:15-12:15

*W. Alexander Macdonald, MD, CCFP, FCFP, Iqaluit, NU; Cathy Rose RN, OPN, Resolute Bay, NU*

**ROOM / SALLE : 307AB – QCCC / CCQ**

**Medical Humanities Theatre / Théâtre des sciences humaines de la santé**

**Learning objectives:**

1. explore options for long-term care for post-stroke patients from remote communities
2. learn about multidisciplinary collaboration to repatriate a seriously disabled patient and to support the family once home in a remote Inuit community in Nunavut
3. learn about the relevance of cultural factors in the long-term management of a seriously disabled patient in a remote Inuit community

F67121

**Building Relationships: The key to success as a family doctor and family medicine leader**

11:15-12:15

*Calvin L. Gutkin, MD, CCFP(EM), FCFP, Mississauga, ON*

**ROOM / SALLE : 206B – QCCC / CCQ**

**Learning objectives:**

1. have an enhanced understanding of the importance of excellent communication skills in both medical practice and organizational leadership
2. be able to define the core elements that help build strong interpersonal and interorganizational relationships
3. be able to identify the facilitators and barriers one may encounter in trying to develop strong interorganizational relationships

F57090

**Low-dose Aspirin for the Prevention of Adverse Perinatal Outcomes**

11:45-12:15

*Emmanuel Bujold, MD, MSc, FRCSC, Saint-Augustin-de-Desmaures, QC*

**ROOM / SALLE : 2000B – QCCC / CCQ**

**Learning objectives:**

1. describe the goals and benefits of the use of low-dose aspirin during pregnancy for the prevention of adverse perinatal outcomes
2. identify which women should receive low-dose aspirin for the prevention of adverse perinatal outcomes
3. describe and understand the optimal posology for low-dose aspirin during pregnancy

12:30-13:30  Section of Teachers Annual Meeting / *Assemblée annuelle de la Section des enseignants*  
ROOM / SALLE : 2000A – QCCC / CCQ

**F75509 A** **Breathing New Life Into Multidisciplinary COPD Management**  
12:30-13:30 *Alan Kaplan, MD, CCFP(EM), FCFP, Richmond Hill, ON*  
ROOM / SALLE : 2000C – QCCC / CCQ

*Learning objectives:*

1. discuss the use of spirometry and objective measures in the diagnosis and management of chronic obstructive pulmonary disease (COPD)
2. recognize the importance of early diagnosis and treatment of COPD and implement appropriate treatment options to maximize symptom management for patients from mild through all severities of disease
3. recognize the impact of acute exacerbations in patients with COPD and synthesize pharmacological and non-pharmacological management

**F57792** **Revoir nos stratégies pour aider un adolescent à cesser de fumer**  
13:45-14:15 *Lucie Rochefort, MD, CCMF, FCMF, Québec, QC*  
ROOM / SALLE : 202 – QCCC / CCQ

*Objectifs d'apprentissage :*

1. discuter des interventions cliniques en arrêt tabagique chez les adolescents
2. présenter le projet pilote en cours d'expérimentation dans trois régions du Québec
3. enrichir notre pratique clinique par les échanges avec les participants

**F75243** **Manuscript Writing: Finding the writer in you**  
13:45-14:45 *Cheryl Levitt, MB BCh, CCFP, FCFP, Hamilton, ON*  
ROOM / SALLE : 301A – QCCC / CCQ

*Learning objectives:*

1. have discuss the common road blocks and successes we all have in writing
2. learn about some simple ways to overcome some writing difficulties
3. feel inspired to write

**F49330** **Helping Your Patient Cope With an Unplanned Pregnancy**  
13:45-14:45 *Ellen Wiebe, MD, CCFP, FCFP, Vancouver, BC; Konia Trouton, MD, CCFP, FCFP, Victoria, BC*  
ROOM / SALLE : 206B – QCCC / CCQ

*Learning objectives:*

1. help patients explore their options when faced with an unplanned pregnancy
2. offer specific resources to patients dealing with the religious or relationship issues related to unplanned pregnancies
3. provide accurate information about the risks of abortion compared to birth

**F52534** **Insurance and Genetics: The real deal**  
13:45-14:45 *Bruce Empringham, BA, MD, CCFP, FCFP, certificant BIM, London, ON*  
ROOM / SALLE : 206A – QCCC / CCQ

*Learning objectives:*

1. understand how genetic testing is viewed by the insurance industry
2. understand the depth of knowledge that exists in the insurance industry
3. understand how insurance works, and how clinicians can help patients understand the issues

**F56687** **Surfing the “Silver Tsunami”: The “do”s, “don’t”s, and “maybe”s of prescribing for the elderly**  
13:45-14:45 *Suzanne Singh, BScPhm, PharmD, RPh, Toronto, ON*  
ROOM / SALLE : 2000D – QCCC / CCQ

*Learning objectives:*

1. outline medication-related and patient-specific factors that increase the risk of clinically significant adverse events in elderly adults
2. discuss a practical evidence-based approach to safe and effective medication use in at-risk seniors
3. implement an office-based medication safety checklist to guide challenging prescribing decisions in the elderly

LEGEND / LÉGENDE



Simultaneous interpretation / *Interprétation simultanée*



Pre-Registration Required / *Préinscription obligatoire*

QCCC / CCQ Québec City Convention Centre / *Centre des congrès de Québec*



**F57507**      **Priorities for Family Medicine Research: Questions that matter**  
**13:45-14:45**      *Susan Phillips, MD, CCFP, Kingston, ON; Katarina Hamberg, MD, PhD, Umea, Sweden; Inge Schabert, MB ChB, CCFP, Hamilton, ON;*  
**ROOM / SALLE : 301B – QCCC / CCQ**

*Learning objectives:*

1. translate everyday dilemmas into research questions that are begging for answers that will improve our practice
2. identify how to answer such questions without enormous resources
3. focus family medicine research on studying areas both essential and unique to family practice rather than on the diffuse and enormous scope of primary care

**F57584**      **Am I Safe to Take This Pill? Assessment of thrombotic risk in hormone therapy, contraception, and pregnancy**  
**13:45-14:45**      *Vivien Brown, MD CM, CCFP, FCFP, NCMP, Toronto, ON; Susan Kahn, MD, Montréal, QC*  
**ROOM / SALLE : 306A – QCCC / CCQ**

*Learning objectives:*

1. recognize and risk-stratify patients with and without a history of coagulation issues, for use in contraception and hormone therapy as well as in pregnancy
2. evaluate the need for further testing and understand guidelines (Thrombosis Canada Guides, WHO Criteria, SOGC statements) to assess risk
3. increase confidence in decision making involving elective therapies and/or avoidance of increased risk of thrombosis, with the proper referrals when necessary

**F57593**      **ECG Workshop: Getting more out of ST and T waves**  
**13:45-14:45**      *Constance LeBlanc, CCFP(EM), FCFP, MAEd, Halifax, NS; Janet MacIntyre*  
**ROOM / SALLE : 200B – QCCC / CCQ**

*Learning objectives:*

1. interpret ST and T wave changes that impact clinical decision making in the ED
2. recognize the emergent and “must-know” ST and T wave changes
3. effectively integrate information from clinical presentation and ECG

**F57602**      **Obstetrical Biomechanics: APORB De Gasquet overview**  
**13:45-14:45**      *Nadine Dubois, MD, CCMF, Québec, QC*  
**ROOM / SALLE : 2000B – QCCC / CCQ**

*Learning objectives:*

1. learn the bases of obstetrical biomechanics developed by D<sup>re</sup> Bernadette de Gasquet
2. explore the different labour and delivery postures other than the traditional gynecologic postures
3. understand the impact of posture during labour and delivery in regards to the mother’s breathing, comfort, and fetus descent

**V57705**      **Stratégies et outils pour les lombalgies – dans la « vraie vie »**  
**13:45-14:45**      *Claude-André Gauthier, Chiropraticien, Ottawa, ON; Pierre Frémont, MD, PhD, CCMF, Québec, QC*  
**ROOM / SALLE : 200A – QCCC / CCQ**

*Objectifs d'apprentissage :*

1. reconnaître les lombalgies mécaniques les plus fréquentes
2. définir les approches basées sur des données probantes
3. utiliser la trousse d’outil d’examen clinique du dos (Clinically Organized Relevant Examination)

**V57714**      **Le cinéma : un outil pédagogique pour l’enseignement des compétences en médecine de famille**  
**13:45-14:45**      *Karine Boucher, MD, CCMF, Montréal, QC; Isabelle Hébert, MD, CCMF, Montréal, QC; Geneviève Agoues, MSc ps-ed, TCF, OPPQ, OPQ, Montréal, QC*  
**ROOM / SALLE : 307AB – QCCC / CCQ**

*Théâtre des sciences humaines de la santé / Medical Humanities Theatre*

*Objectifs d'apprentissage :*

1. connaître les principes de base de l’usage du cinéma en pédagogie médicale et des sciences de la santé
2. définir les avantages de l’usage du cinéma pour l’enseignement des compétences en médecine de famille
3. découvrir les applications possibles de cet outil pédagogique dans son milieu d’enseignement

**F57762 Green Prescriptions and SCRIPS: Using prescription pads to promote healthier living**

**13:45-14:45** *Michael Kalin, MD, MA, CCFP, FCFP, Côte Saint-Luc, QC; Jennifer Reoch, RN, MSc-A*

**ROOM / SALLE : 309B – QCCC / CCQ**

*Learning objectives:*

1. learn about the innovative New Zealand green prescription project to promote exercise in the community
2. expand on the New Zealand model to apply green prescription principles by way of SCRIPS for other diet and lifestyle interventions
3. equip participants with practical ideas for green prescriptions and SCRIPS for immediate implementation, to promote health and wellness in their practices

**F75241 SOT/SOR Symposium**

**13:45-16:15 Educational Research in Family Medicine: Where we have been – Where we should be going**

**ROOM / SALLE : 309A – QCCC / CCQ**

*Learning objectives:*

1. describe what educational research has been carried out by family medicine researchers and the ‘pearls’ of educational research that are particularly relevant to family medicine educators
2. explore the challenges in medical education research and highlight solutions to these challenge
3. explore research areas and issues that are critical to the needs of family medicine educators as well as areas and issues in medical education research that family medicine is particularly well situated to address

**F75183 How to Have Difficult Conversations**

**13:45-16:15** *Wayne Weston, MD, CCFP, FCFP, London, ON; David Keegan, MD, CCFP(EM), FCFP, Calgary, AB*

**ROOM / SALLE : 302B – QCCC / CCQ**

*Learning objectives:*

1. by the end of this session, participants will be able to hold effective and respectful conversations about challenging topics

**F55758 Spin the Wheel to Better Communicate**

**13:45-16:15** *Sophie Galarneau, MD, CCMF, Montréal, QC; Marie-Thérèse Lussier, MD, BSc, MSc, CCMF, FCMF, Montréal, QC; Olivier Jamouille, MD, FRCPC, CSPQ, Montréal, QC*

**ROOM / SALLE : 304B – QCCC / CCQ**

*Learning objectives:*

1. grasp the wider conceptual model of professional health communication and its components
2. experiment with the Professional Health Communication Wheel Chart in different teaching activities
3. adapt the Professional Health Communication Wheel Chart to their own teaching setting

**F57369 Innovations in the Practice and Teaching of the Patient-Centred Clinical Method**

**13:45-16:15** *Judith Belle Brown, PhD, London, ON; Tom Freeman, MD, CCFP, London, ON; Julie Copeland, MD, CCFP, London, ON*

**ROOM / SALLE : 303A – QCCC / CCQ**

*Learning objectives:*

1. describe the four new interactive components of the patient-centred clinical method
2. describe how prevention and health promotion are integrated into the four components of the patient-centred clinical method
3. describe the learner-centred method of education that illustrates many parallels with the patient-centred clinical method

**F57500 Creating and Maintaining the Therapeutic Relationship When Providing Mental Health Care**

**13:45-16:15** *Victoria Winterton, MD, CCFP, FCFP, Owen Sound, ON; Ellen Anderson, MD, CCFP, FCFP, Sooke, BC*

**ROOM / SALLE : 306B – QCCC / CCQ**

*Learning objectives:*

1. define the importance of an effective therapeutic alliance in outcomes in mental health care
2. recognize patient, physician, and other common factors and how these factors are integrated into the therapeutic alliance
3. acquire skills in self-reflection and self-awareness, recognizing how these skills improve the therapeutic relationship

LEGEND / LÉGENDE



Simultaneous interpretation / *Interprétation simultanée*



Pre-Registration Required / *Préinscription obligatoire*

**QCCC / CCQ** Québec City Convention Centre / *Centre des congrès de Québec*

**F57023 Family Medicine Resident and Medical Student Leadership Workshop**  
**13:45-17:30** Louise Nasmith, MD, CCFP, FCFP, Vancouver, BC; Ian M. Scott, MD, CCFP, FCFP, Vancouver, BC;  
 Guillaume Charbonneau, MD, CCMF, Messines, QC  
**ROOM / SALLE : 207 – QCCC / CCQ**

*Learning objectives:*

1. leadership attributes and skills
2. model for analyzing change
3. leadership career development

**F73456 Becoming A Reflexive Triple C Preceptor: Addressing challenges and creating strategies**  
**13:45-17:30** Diane Clavet, MD, CCMF, FCFP, Saint-Denis-de-Brompton, QC; Ivy Oandasan, MD, CCFP, FCFP, Toronto, ON  
**ROOM / SALLE : 303B – QCCC / CCQ**

*Learning objectives:*

1. share and create strategies to help learners to develop competencies to support comprehensive and continuity of care
2. reflect and create a personal learning plan to enhance their role as clinical preceptors, focusing on tasks involved in being a competency coach
3. use a Fundamental Teaching Activities Framework to help teachers become excellent Triple C preceptors

**Dr Clavet and Dr Oandasan are the recipients of the DI Rice Award.**  
*D<sup>re</sup> Clavet et D<sup>re</sup> Oandasan sont les récipiendaires du Prix DI Rice.*

**VF68875 Surdiagnostique en clinique : le rôle du médecin de famille**  
**13:45-14:45** *Overdiagnoses in the Clinic Setting: The role of the family physician*  
 Fernand Turcotte, MD, MPH, FRCPC, Montréal, QC  
**ROOM / SALLE : 200C – QCCC / CCQ**

*Objectifs d'apprentissage :*

1. identifier les situations cliniques à risques de surdiagnostic
2. saisir les impacts sur la santé des patients
3. identifier les implications du surdiagnostic pour la responsabilité professionnelle du médecin

*Learning objectives:*

1. identify clinical situations influencing the occurrence of over diagnosis
2. define the impact of over diagnosis on the health of patients
3. identify the impact of over diagnosis on the physician's professional responsibility

**F75244 Hoping to Be a Better Scientific Writer? Learn how to be a peer reviewer!**  
**15:15-16:15** Nick Pimlott, MD, CCFP, Toronto, ON  
**ROOM / SALLE : 301A – QCCC / CCQ**

*Learning objectives:*

1. learn about the strengths and limitations of the peer review process
2. begin to develop a systematic and structured approach to peer reviewing manuscripts
3. enhance their confidence, have more fun peer reviewing manuscripts, and learn tips to improve their own research and scientific writing

**FV56705 The Yin and Yang of Clinical Decision-Making Before Prescribing Medical Marijuana**  
**15:15-16:15** *Soupeser la décision clinique de prescrire la marijuana à des fins médicales*  
 Meldon Kahan, MD, CCFP, FCFP, FRCPC, Toronto, ON; Sharon Cirone, MD, CCFP(EM), ASAM (Cert), FCFP, Toronto, ON;  
 Ruth Dubin, PhD, MD, CCFP, FCFP, Kingston, ON  
**ROOM / SALLE : 200C – QCCC / CCQ**

*Learning objectives:*

1. understand the potential impact of the new marijuana prescribing legislation
2. conduct an assessment of the potential risks and harms of medical marijuana
3. develop a patient-centred, evidence-based decision about safe marijuana prescribing

*Objectifs d'apprentissage :*

1. comprendre l'impact potentiel de la nouvelle législation en matière de prescription de marijuana
2. évaluer les risques et méfaits potentiels de la marijuana à des fins médicales
3. arriver à une décision axée sur le patient et fondée sur les données probantes de prescrire la marijuana de façon sûre

**F51699 Happy Feet: Feeling good about diabetic foot screening and prevention**

**15:15-16:15** Michael Yan, MD, CCFP, Edmonton, AB

**ROOM / SALLE : 306A – QCCC / CCQ**

*Learning objectives:*

1. list five common foot complications in the diabetic patient
2. learn and demonstrate a quick, easy, and validated approach to screening and classification for the high-risk foot
3. identify resources within the community for high-risk individuals

**F54438 Immunizations After 50: Are we protecting adequately the most vulnerable adults?**

**15:15-16:15** Dominique Tessier, MD, CCMF, FCMF, Montréal, QC

**ROOM / SALLE : 206B – QCCC / CCQ**

*Learning objectives:*

1. recognize changes in the guideline for immunizations of adults over 50
2. integrate new vaccines into the immunization schedule of adults over 50
3. integrate vaccines counseling into the practice for adults over 50

**F55610 Adopting an Interprofessional Shared Decision-Making Approach (IP-SDM) in the Home Care Context**

**15:15-16:15** France Légaré, MD, PhD, Québec, QC; Dawn Stacey, RN, PhD, RNAO, Ottawa, ON; Nathalie Brière, PhD, Québec, QC

**ROOM / SALLE : 202 – QCCC / CCQ**

*Learning objectives:*

1. explain key elements of interprofessionally shared decision making (IP-SDM)
2. use evidence- and theory-based tools to support individuals making difficult decisions
3. demonstrate skills in supporting clients making difficult health-related decisions in the context of an interprofessional home care team

**F57297 La biomécanique obstétricale : méthode APORB De Gasquet, un aperçu**

**15:15-16:15** Myriam Tremblay, MD, Québec, QC; Nadine Dubois, MD, CCMF, Québec, QC

**ROOM / SALLE : 2000B – QCCC / CCQ**

*Objectifs d'apprentissage :*

1. connaître les bases de la biomécanique obstétricale développée par D<sup>re</sup> Bernadette de Gasquet
2. explorer différentes postures de travail et d'accouchement autres que la position gynécologique traditionnelle
3. comprendre l'impact de la posture durant le travail et l'accouchement sur la respiration, le confort de la mère et la descente du bébé

**F57542 Intrapartum Skills: A refresher of specific skills**

**15:15-16:15** Lisa Graves, MD, CCFP, FCFP, Ancaster, ON; Bill Ehman, MD, Nanaimo, BC; Shanna Fenton, MD, CCFP, Saskatoon, SK; Anne Biringier, MD, CCFP, FCFP, Toronto, ON; Andrée Gagnon, MD, CCMF, Blainville, QC; Sharon Northorp, MD, CCFP, Moncton, NB

**ROOM / SALLE : 206A – QCCC / CCQ**

*Learning objectives:*

1. perform hands-on intrapartum skills such as vacuum-assisted birth, release of shoulder dystocia, somersault manoeuvre for tight cord
2. demonstrate Foley catheter insertion for induction
3. show how to manage postpartum hemorrhage

**V57708 Points d'actualités sur la maladie cœliaque et la gestion du SII**

**15:15-16:15** Andréanne Martin, Québec, QC

**ROOM / SALLE : 2000D – QCCC / CCQ**

*Objectifs d'apprentissage :*

1. maîtriser les recommandations des nouvelles lignes directrices 2013-2014 concernant le dépistage de la maladie cœliaque
2. énumérer les principales hypothèses pouvant expliquer la perturbation du système nerveux entérique et les manifestations extra-intestinales du SII
3. discerner la sensibilité non cœliaque au gluten (SNCG) et l'intolérance aux fructans (FODMAP)

LEGEND / LÉGENDE



Simultaneous interpretation / *Interprétation simultanée*



Pre-Registration Required / *Préinscription obligatoire*

**QCCC / CCQ** Québec City Convention Centre / *Centre des congrès de Québec*

**F57803 Endometriosis Diagnosis and Management: Applying current Canadian guidelines in clinical practice**  
**15:15-16:15** Diane Francoeur, MD, FRCSC, Montréal, QC  
**ROOM / SALLE : 200A – QCCC / CCQ**

**Learning objectives:**

1. accurately assess and diagnose endometriosis
2. select appropriate patients for diagnostic laparoscopy and treatment
3. use a decisional algorithm for treatment of endometriosis using medical and/or surgical approaches

**F57841 You've Intubated: Now what?**  
**15:15-16:15** Gavin Parker, BSc, MSc (Med Ed), MD, CCFP, Pincher Creek, AB  
**ROOM / SALLE : 200B – QCCC / CCQ**

**Learning objectives:**

1. describe principles of monitoring of an intubated patient in the emergency room environment
2. describe the basics of ventilator settings and the use of neuromuscular blocking agents, and understand the need for adequate analgesia and sedation
3. develop an approach to the deteriorating intubated patient and apply strategies to prevent ventilator associated pneumonia (VAP)

**FV57757 Stories in Family Medicine / Récits en médecine familiale**  
**15:15-17:30** Joyce Zazulak, MD, CCFP, FCFP, Hamilton, ON  
**ROOM / SALLE : 2000A – QCCC / CCQ**

**Medical Humanities Session / Séance des sciences humaines de la santé**

**Learning objectives:**

1. hear stories that bear witness to the physician-patient relationship and the power of humanity in care delivery
2. learn how stories can help family physicians communicate their values and beliefs to students, residents, and colleagues
3. find inspiration that can help them put thoughts on paper and submit stories to the project

**Objectifs d'apprentissage :**

1. écouter les histoires qui témoignent de la relation médecin-patient et le pouvoir de l'humanité dans la prestation des soins
2. apprendre la façon dont les récits peuvent aider les médecins de famille à communiquer leurs valeurs et croyances aux étudiants, résidents et collègues
3. trouver l'inspiration pour l'aider à mettre ses idées sur papier et le pousser à soumettre ses propres récits au projet

**FV53567 Bisphosphonate Drug Holiday: Who, when, and how long?**  
**16:30-17:30** Congé thérapeutique des bisphosphonates : Quand, pour qui et pour combien de temps?  
 Suzanne Morin, MD, MSc, FRCPC, Montréal, QC; Marie-Claude Beaulieu, MD, CCFP, Sherbrooke, QC  
**ROOM / SALLE : 200C – QCCC / CCQ**

**Learning objectives:**

1. discuss fracture risk assessment and treatment options for patients at high risk for fracture
2. describe adverse clinical events that have been associated with long-term use of bisphosphonates
3. review the evidence to support a strategy toward optimal duration of therapy and drug holiday for patients on bisphosphonates

**Objectifs d'apprentissage :**

1. discuter de l'évaluation du risque de fracture et des options thérapeutiques pour les patients dont le risque de fractures est élevé
2. décrire les manifestations cliniques indésirables ayant été associées à l'emploi prolongé de bisphosphonates
3. examiner les données probantes étayant une stratégie visant la durée optimale du traitement et du congé thérapeutique pour les patients sous bisphosphonates

**V55319 Troubles du langage et de la parole chez l'enfant : parlons-en**  
**16:30-17:30** Caroline Fiset, MD, CCMF, BSc, MPO, Québec, QC  
**ROOM / SALLE : 2000D – QCCC / CCQ**

**Objectifs d'apprentissage :**

1. énoncer les étiologies et les facteurs de risque d'une atteinte langagière
2. énumérer les étapes du développement normal du langage et les signes d'appel selon l'âge
3. donner des conseils de stimulation aux parents et savoir quand référer

**F51120 Why Do We Let Mothers Suffer? Comparing exposure to antidepressants versus perinatal depression**  
**16:30-17:30** Sanjeev Bhatla, MD, CCFP, FCFP, Calgary, AB  
**ROOM / SALLE : 2000B – QCCC / CCQ**

**Learning objectives:**

1. acquire an evidence-based approach for assessing the risk-benefit ratio of antidepressants in pregnancy
2. feel less fearful of prescribing antidepressants in pregnancy
3. initiate psychosocial and medical treatment for depression in pregnancy

**F57679 Building Knowledge and Resiliency in a Distributed Teaching Base**  
**16:30-17:30** Susan Goldstein, MD, CCFP, FCFP, NCMP, Toronto, ON; Adam Dwosh, MD, CCFP, FCFP, Toronto, ON  
**ROOM / SALLE : 309A – QCCC / CCQ**

**Learning objectives:**

1. understand some of the challenges of providing faculty development to a distributed teaching base
2. develop strategies for engagement and faculty development for distributed faculty
3. consider strategies for retention in this teaching demographic

**F51288 Using Misoprostol in Your Practice for Early Pregnancy Loss**  
**16:30-17:30** Konia Trouton, MD, CCFP, FCFP, Victoria, BC; Ellen Wiebe, MD, CCFP, FCFP, Vancouver, BC  
**ROOM / SALLE : 206B – QCCC / CCQ**

**Learning objectives:**

1. choose appropriate spontaneous abortion patients for treating with misoprostol
2. describe the risks and side effects of misoprostol and methotrexate in spontaneous and induced abortions
3. safely use protocols for treating early ectopic pregnancies with methotrexate

**F53839 Transgender Health and Hormone Therapy in Primary Care**  
**16:30-17:30** Nili Kaplan-Myrth, MD, CCFP, PhD, Ottawa, ON  
**ROOM / SALLE : 309B – QCCC / CCQ**

**Learning objectives:**

1. describe the barriers to accessing health care for transgender youth and adults
2. review the World Professional Association for Transgender Health guidelines for hormone assessments and therapy
3. build capacity for collaborative transgender health networks

**F55112 It's Only Syncope: No need to pass out!**  
**16:30-17:30** Vu Kiet Tran, MD, CCFP(EM), FCFP, MHSc, MBA, Richmond Hill, ON  
**ROOM / SALLE : 200A – QCCC / CCQ**

**Learning objectives:**

1. elaborate on a primary care investigative strategy for the patient presenting with syncope
2. efficiently identify the patient with syncope of cardiac origin
3. efficiently apply clinical tools to risk-stratify the patient with syncope

**F57318 Bringing Home Care Teaching Into the Mainstream: A competency-based curriculum for family medicine residents**  
**16:30-17:30** John Kirk, CCFP, FCFP, Montréal, QC; Fanny Hersson, MD, CCFP, Montréal, QC  
**ROOM / SALLE : 303A – QCCC / CCQ**

**Learning objectives:**

1. describe the composition of a longitudinal home care teaching program
2. develop a competency-based curriculum tailored to the setting
3. set up a quality improvement process to evolve and refine the overall program

**F57599 Adverse Childhood Experiences Affect Adult Health Outcomes: Evidence and tools for busy docs**  
**16:30-17:30** Wendy Tink, MD, BSc(Dist), CCFP, FCFP, Calgary, AB; Jessica Tink, BSc, Calgary, AB  
**ROOM / SALLE : 306B – QCCC / CCQ**

**Learning objectives:**

1. define adverse childhood experiences (ACEs) and appreciate actual prevalence
2. describe how enduring altered neurobiology of the developing brain exposed to recurrent ACEs can affect adult physical, mental, and behavioural health outcomes
3. recognize when to ask about an ACE history, why to ask, how to ask, and how to address a positive history and still get home on time!

LEGEND / LÉGENDE



Simultaneous interpretation / *Interprétation simultanée*



Pre-Registration Required / *Préinscription obligatoire*

**QCCC / CCQ** Québec City Convention Centre / *Centre des congrès de Québec*

**F57829**      **Using Evidence Triangulation to Help Residents in Difficulty**  
**16:30-17:30**      *Paul Humphries, MD, CCFP, FCFP, Edmonton, AB; Shelley Ross, PhD, Edmonton, AB;*  
*Shirley Schipper, MD, CCFP, Edmonton, AB; Mike Donoff, MD, CCFP, FCFP, Edmonton, AB*  
**ROOM / SALLE : 304B – QCCC / CCQ**

*Learning objectives:*

1. explain how existing assessment tools can be modified to help with early detection of residents in difficulty
2. identify how assessment tools can be used for identification of residents in difficulty and for remediation
3. identify how field notes can be used as a tool for identification of residents in difficulty and for remediation

**F57846**      **Procedural Sedation in the Rural ER**  
**16:30-17:30**      *Gavin Parker, BSc, MSc (Med Ed), MD, CCFP, Pincher Creek, AB*  
**ROOM / SALLE : 200B – QCCC / CCQ**

*Learning objectives:*

1. describe the choices of different agents and combinations thereof for procedural sedation
2. describe the monitoring principles of procedural sedation, as adapted for different clinical situations
3. describe the anticipation and management of complications of procedural sedation

**F57853**      **Evaluating the Effectiveness of a Quality Improvement Program for Family Medicine Residents**  
**16:30-17:30**      *Karen Hall Barber, BSc(Hon), MSCHQ(c), MD, CCFP, Kingston, ON;*  
*Danyal Martin, BAH, BEd, MA, MSCHQ(c), Kingston, ON; Abigail Scott, BAH, Dip HIM, CHIM, Kingston, ON*  
**ROOM / SALLE : 302B – QCCC / CCQ**

*Learning objectives:*

1. describe different models and approaches to incorporating quality improvement (QI) teaching into a medical education program
2. recognize and address barriers and limitations to incorporating QI teaching and experiential QI projects into a busy education program and clinical practice
3. describe different approaches to evaluating the effectiveness of a QI teaching program

**F75407**      **Mainpro+ ... A New Look, With New Ways to Learn (4)**  
**17:30-18:30**      **Mainpro+ ... *Un nouveau look; de nouvelles façons d'apprendre (4)***  
*Jim Thorsteinson, MD, CCFP, FCFP, Vancouver, BC – Regional Educator, British Columbia Region; Teresa Wawrykow, MD, CCFP(EM), Winnipeg, MB – Regional Educator, Saskatchewan & Manitoba Regions*  
**ROOM / SALLE : 308A – QCCC / CCQ**

Join us for an informative session on the updates to Mainpro coming soon. Get to know who your Regional Educator is and hear about the exciting changes which will offer more intuitive, self-directed learning opportunities. You will learn how easy it is to earn credits for practice activities you do on a daily basis. The CFPC is committed to providing quality CPD to meet your changing interests and learning needs.

*Participants may claim an additional Mainpro-M1 credit for this session.*

**DAILY BADGE SCAN REQUIRED – PROOF OF PARTICIPATION:** Remember to have your name badge scanned EACH DAY by a CFPC staff member throughout the conference. Self-scanning stations are also available throughout the conference venues. All scanned registrants will receive a letter confirming attendance at Family Medicine Forum 2014 by January 1, 2015. **Please note that these letters are not available for pick-up on-site.**

**SCANNAGE QUOTIDIEN DE L'INSIGNE OBLIGATOIRE – PREUVE DE PARTICIPATION :** N'oubliez pas de faire scanner votre insigne d'identité CHAQUE JOUR par un membre du personnel du CMFC durant toute la conférence. Des postes de lecteur code-barre se trouveront aussi un peu partout sur les lieux de la conférence. Tous les participants inscrits dont l'insigne aura été scanné recevront une lettre confirmant leur participation au Forum en médecine familiale 2014 avant le 1<sup>er</sup> janvier 2015. **Veillez noter que ces lettres ne seront pas disponibles sur place.**

**Session cancellation:** The College reserves the right to cancel session(s) due to unforeseen circumstances and cannot accept responsibility for out-of-pocket expenses incurred due to the cancellation of any session.

**Annulation de séance :** Le Collège se réserve le droit d'annuler une ou plusieurs séances s'il survient des événements imprévus et ne sera pas responsable de toute menue dépense encourue en raison de l'annulation d'une séance.

**S57397** **La vie après les soins intensifs**  
**08:30-09:00** *Mathieu Moreau, MD, CCMF, Laval, QC*  
**ROOM / SALLE : 200B – QCCC / CCQ**

**Objectifs d'apprentissage :**

1. connaître les effets à long terme de la ventilation mécanique
2. connaître les effets à long terme du delirium des soins intensifs
3. reconnaître l'état de stress post-traumatique chez les survivants des soins intensifs

**S57540** **High-Altitude Medicine: Current trends and prevention**  
**08:30-09:00** *Eric Mercier, MD, Québec, QC*  
**ROOM / SALLE : 309B – QCCC / CCQ**

**Learning objectives:**

1. understand the physiologic aspects of acclimatization during high-altitude exposure
2. explore the current trends regarding high-altitude medicine screening tools and prophylaxis
3. prescribe the appropriate prophylaxis for high-altitude travelers

**S57840** **How to Reduce the Impact of Poverty in Primary Care: A simple three-step office-based tool**  
**08:30-09:00** **Comment réduire l'impact de la pauvreté en pratique générale : Un outil simple en trois étapes à utiliser au bureau du médecin**  
*Larisa Hausmanis, MD, CCFP, MPH, Toronto, ON; Danyaal Raza, MD, CCFP, Toronto, ON*  
**ROOM / SALLE : 306B – QCCC / CCQ**

**Learning objectives:**

1. discuss a simple, three-step tool, endorsed by the OCFP and targeted at family physicians in office-based practice, for intervening in poverty as a health risk
2. explore examples of interventions family physicians can employ to address poverty as a risk to health at individual, community, and societal levels
3. briefly review Canadian evidence linking poverty to health issues including diabetes, heart disease, mental illness, and children's health

**S57978** **Maternal and Newborn Prison Health**  
**08:30-09:00** *Ruth Elwood Martin, MD, CCFP, FCFP, Vancouver, BC; Josiane Cyr, MD, CCFP, Montréal, QC; Bill Ehman, MD, Nanaimo, BC; Lisa Graves, MD, CCFP, FCFP, Ancaster, ON*  
**ROOM / SALLE : 2014AB – QCCC / CCQ**

**Learning objectives:**

1. increase knowledge about maternal and newborn health among prison populations
2. engage in dialogues about how to provide prison health care for incarcerated women and their newborns
3. become familiar with charter and legal rights of Canadian newborns to stay with their incarcerated mother

**S53036**  **Anaphylaxis: From the emergency department to the primary care office /**  
**08:30-09:30** **Anaphylaxie : du service d'urgence au cabinet en soins**  
*Vu Kiet Tran, MD, CCFP(EM), FCFP, MHSc, MBA, Richmond Hill, ON*  
**ROOM / SALLE : 2000A – QCCC / CCQ**

**Learning objectives:**

1. recognize anaphylaxis
2. enumerate the limitations of the literature on the different treatments of anaphylaxis
3. elaborate a treatment plan for the emergency department and the office

**Objectifs d'apprentissage :**

1. reconnaître l'anaphylaxie
2. dresser la liste des limites de la documentation sur les différents traitements de l'anaphylaxie
3. élaborer un plan de traitement pour le service d'urgence et le bureau

**LEGEND / LÉGENDE**



Simultaneous interpretation / *Interprétation simultanée*



Pre-Registration Required / *Préinscription obligatoire*

**QCCC / CCQ** Québec City Convention Centre / *Centre des congrès de Québec*



**S57040 Untangling the Helix: Genomics for primary care providers**

**08:30-09:30** *June Carroll, MD, CCFP, FCFP, Toronto, ON; Shawna Morrison, MS, CGC, Ottawa, ON; Judith Allanson, MB, ChB, FRCPC, FCCMG, DABMG, Ottawa, ON*  
**ROOM / SALLE : 306A – QCCC / CCQ**

**Learning objectives:**

1. refer to genetics centre or order genetic testing appropriately for developmental delay and autism, sudden death or bleeding disorder
2. discuss and address patient concerns regarding family history of Alzheimer disease and multiple sclerosis
3. find high-quality genomics educational resources appropriate for primary care

**S57396 Practical Evidence-Based Medicine for Clinical Practice**

**08:30-10:15** *David Chan, MD, CCFP, MSc, FCFP, Ancaster, ON; Henry Siu, MD, MSc, CCFP, Oakville, ON*  
**ROOM / SALLE : 202 – QCCC / CCQ**

**Learning objectives:**

1. perform common EBM calculations such as specificity, sensitivity, likelihood ratios, and NNT
2. apply EBM principles to history taking, physical examinations, ordering diagnostic tests, and selecting treatment options
3. identify EBM resources and online tools that can help patients better understand risk of disease, diagnosis, and treatment

**S57045 Pulse Oximetry Screening in Newborns to Detect Congenital Heart Disease**

**09:00-09:30** *Kenny Wong, MD, FRCPC, Halifax, NS; Hilary Kinnear, MD, CCFP, Halifax, NS*  
**ROOM / SALLE : 206A – QCCC / CCQ**

**Learning objectives:**

1. describe how pulse oximetry screening can be used to detect critical congenital heart disease in newborns
2. list the benefits and limitations of pulse oximetry screening
3. support the development and/or implementation of a pulse oximetry program in the participants' regions

**S57532 DD Health Checks: Knowledge to action in developmental disabilities**

**09:00-09:30** *Ian Casson, MD, MSc, CCFP, FCFP, Kingston, ON*  
**ROOM / SALLE : 307AB – QCCC / CCQ**

**Learning objectives:**

1. discuss a stepwise process to put into practice clinical guidelines for the care of adults with developmental disabilities
2. identify components of annual health checks that would enhance the care of adults with developmental disabilities
3. develop strategies to identify patients with developmental disabilities in family practices

**S57620 Office Processes Facilitating Responsible Chronic Opioid Prescribing**

**09:00-09:30** *Saadia Hameed, MBBS, CCFP, MClSc-FM(c), London, ON*  
**ROOM / SALLE : 2000B – QCCC / CCQ**

**Learning objectives:**

1. identify the medicolegal and evidence-based requirements around chronic opioid prescribing
2. implement consistent standard office processes to facilitate safe and responsible opioid prescribing
3. use the EMR to increase efficiency around prescription of narcotic medications

**S57969 Elder Care in Prison**

**09:00-09:30** *Ruth Elwood Martin, MD, CCFP, FCFP, Vancouver, BC; Vipul Zparekh*  
**ROOM / SALLE : 2104AB – QCCC / CCQ**

**Learning objectives:**

1. brainstorm common eldercare clinical scenarios facing prison health practitioners and some "best practice" responses
2. contribute to the development of a "tool box" of prison health best practices, which will become an e-resource for prison health practitioners
3. network with other physicians, medical students, and residents who wish to foster prison health best practices in Canada

**S49367 Family Doctors Treating Adolescent Depression? Yes, we can!**

**09:00-10:30** *Sanjeev Bhatla, MD CM, CCFP, FCFP, Calgary, AB*  
**ROOM / SALLE : 206B – QCCC / CCQ**

**Learning objectives:**

1. feel more confident about assessing adolescents for mental health issues
2. diagnose depression in adolescents
3. have the tools necessary to initiate psychosocial and medical treatments for adolescent depression

**S57519 Preconception and Postpartum Care for High-Risk Women****09:45-10:15** *Karen Fleming, MD, MSc, CCFP, FCFP, Toronto, ON***ROOM / SALLE : 206A – QCCC / CCQ****Learning objectives:**

1. describe the current gaps in care for preconception counseling and postpartum screening in women with obesity, diabetes, and hypertension during pregnancy
2. understand the role of the family physician in improving preconception planning and care for women with obesity, previous gestational diabetes, and previous hypertensive disorders of pregnancy
3. understand the role of the family physician in improving postpartum screening and prevention in women with gestational diabetes, obesity, and hypertensive disorders of pregnancy

**S57899 Alcohol-Related Syndromes in the ER: Differentiating the many possibilities****09:45-10:15** *Phil McGuire, MD, CCFP(EM), FCFP, Midland, ON***ROOM / SALLE : 309B – QCCC / CCQ****Learning objectives:**

1. recognize common alcohol syndromes that present to the emergency room
2. identify potential confounders or comorbidities
3. manage alcohol-affected patients safely and confidently

**S57975 Primary Care and Hepatitis C in Prison****09:45-10:15** *Ruth Elwood Martin, MD, CCFP, FCFP, Vancouver, BC; Chris Goodall, MD, FCFP, St. John's, NL***ROOM / SALLE : 2104AB – QCCC / CCQ****Learning objectives:**

1. increase knowledge about primary care and hepatitis C in prison
2. engage in dialogues about how to provide primary care and hepatitis C care that is equivalent to health care provided in the outside community
3. become familiar with a variety of ways to address hepatitis C issues that commonly face prison health practitioners

**S68947  Plaies chroniques : mieux diagnostiquer et mieux traiter!****09:45-10:45** **Chronic Wounds: Better diagnosis, better treatment!***Marie-Françoise Mégie, MD, CCMF, Laval, QC***ROOM / SALLE : 200C – QCCC / CCQ****Objectifs d'apprentissage :**

1. effectuer l'évaluation globale d'un patient souffrant d'une plaie chronique
2. déterminer le type de plaie et sa phase de cicatrisation
3. élaborer un plan de traitement approprié dans un contexte multidisciplinaire

**Learning objectives:**

1. conduct a comprehensive assessment of a patient with a chronic wound
2. identify wound type and phase of scarring
3. develop an appropriate treatment plan within a multidisciplinary context

**S56536 Teaching in the Long-Term Care Setting: More than a guided tour****09:45-10:45** *Vivian Ewa, MBBS, MRCP(UK), CCFP, CoE, Calgary, AB***ROOM / SALLE : 303A – QCCC / CCQ****Learning objectives:**

1. describe core competencies in the long-term care rotation
2. integrate the Triple C curriculum into the design of the long-term care curriculum
3. evaluate and use effective teaching and learning strategies to facilitate active learning in the long-term care setting

**LEGEND / LÉGENDE**Simultaneous interpretation / *Interprétation simultanée*Pre-Registration Required / *Préinscription obligatoire***QCCC / CCQ** Québec City Convention Centre / *Centre des congrès de Québec*

**S57354 Approach to Psychotherapy in Primary Care****09:45-10:45** *Jon Davine, MD, CCFP, FRCPC, Hamilton, ON***ROOM / SALLE : 200B – QCCC / CCQ****Learning objectives:**

1. differentiate between models of supportive and cognitive behavioural psychotherapy
2. identify when to use specific psychotherapies at specific times
3. learn how to apply the principles of cognitive behavioural therapy, through the use of case examples

**S57494 Evaluating What We Value: Assessing postgraduate trainees in advocacy and manager roles****09:45-10:45** *Perle Feldman, MD, CCFP, FCFP, North York, ON***ROOM / SALLE : 302B – QCCC / CCQ****Learning objectives:**

1. use a framework to assess postgraduate trainees using the CanMEDS–FM roles and the CFPC skills dimensions
2. utilize the field note as an approach to the assessment of the learning trajectory in family medicine residency
3. practise assessing residents via field notes with the use of video simulated cases

**S57581  Less Is More in Medicine: Avoiding pitfalls of overtesting and overtreatment /****09:45-10:45** ***Moins c'est mieux en médecine : Éviter le piège des surtests et du surtraitement****Jessica Otte, MD, CCFP, Vancouver, BC***ROOM / SALLE : 2000A – QCCC / CCQ****Learning objectives:**

1. understand the concept of "appropriateness in medicine"
2. review pitfalls in overtesting and overtreatment, including case examples of common areas for avoidable iatrogenic harm
3. learn and integrate techniques and shared decision-making tools in discussions with patients to achieve appropriateness in care

**Objectifs d'apprentissage :**

1. comprendre le concept de « pertinence en médecine »
2. revoir le piège des surtests et du surtraitement, y compris des exemples de cas dans des domaines courants pour éviter les effets iatrogènes néfastes
3. apprendre et intégrer les techniques et outils de prise de décision partagée avec le patient afin de pratiquer la pertinence des soins

**S57585 Management of Chronic Pain in High-Risk Patients****SESSION CANCELLED / SÉANCE ANNULÉE****S57833 Review of Current Medical Education Literature****09:45-10:45** *Fred Janke, BSc, MSc, MD, FCFP, FRRMS, Edmonton, AB; Sudha Koppula, BSc, MD, MCISc, CCFP, Edmonton, AB***ROOM / SALLE : 304A – QCCC / CCQ****Learning objectives:**

1. provide an overview of important and useful papers in the recent medical education literature with a priority on the learner in difficulty, high achievers, and distributed medical education
2. explore the evidence available for clinical teaching approaches, and use this to create transformation in medical education
3. provide a venue to share and discuss other interesting literature among medical educators

**S57890 Autism Spectrum Disorder: Screening, diagnosis, and management of psychiatric and physical comorbidities****09:45-10:45***Liz Grier, MD, CCFP, Kingston, ON; David Joyce, MD, CCFP(EM), Vancouver, BC; Donna Lougheed, FRCPC, Ottawa, ON***ROOM / SALLE : 307AB – QCCC / CCQ****Learning objectives:**

1. learn screening strategies for early recognition of ASD
2. become familiar with early intervention for ASD and on advising parents on simple strategies they can start right away
3. learn how to anticipate and manage common psychiatric and physical comorbidities for patients with ASD, especially in adulthood

**S57529 Planning and Facilitating Effective Workshops: Moving from lacklustre to superb****09:45-12:15***Brent Kvern, MD, CCFP, FCFP, Winnipeg, MB; James Goertzen, MD, MCISc, CCFP, FCFP, Thunder Bay, ON***ROOM / SALLE : 304B – QCCC / CCQ****Learning objectives:**

1. utilize active learning principles within a workshop group of any size
2. learn 10 common reasons participants get bored in workshops
3. manage behaviours often exhibited by difficult participants without detriment to group process

**S55530 Towards a High-Performance Medical Home: A roadmap to optimal patient-centred care****10:15-10:45** *Shauna Wilkinson, BMgt, Calgary, AB; Chris Bockmuehl, MD, CCFP, FCFP, Calgary, AB***ROOM / SALLE : 309A – QCCC / CCQ****Learning objectives:**

1. foster a collaborative and patient-focused health team that emphasizes trusting relationships, supportive communication, a cadence of accountability, and measurement of outcomes
2. successfully integrate an interdisciplinary team of health professionals within the primary health team
3. incorporate proactive care strategies, panel management initiatives, and management of care gaps through the expansion and empowerment of the medical office assistant

**S57438 The Involuntary Patient: Use and abuse of the Mental Health Act in the emergency room****10:15-10:45** *Phil McGuire, MD, CCFP(EM), FCFP, Midland, ON***ROOM / SALLE : 306B – QCCC / CCQ****Learning objectives:**

1. apply mental health legislation effectively and humanely
2. recognize situations requiring medical intervention that are not governed by mental health legislation
3. be aware of patient rights to representation and review

**S57577 Fetal Origins of Adult Diseases: Does it all begin in the womb?****10:15-10:45** *Karen Fleming, MD, MSc, CCFP, FCFP, Toronto, ON***ROOM / SALLE : 2101 – QCCC / CCQ****Learning objectives:**

1. describe the fetal origins of adult disease hypothesis
2. review evidence for fetal programming for diabetes, obesity, cardiovascular disease, and certain cancers
3. discuss implications for pre-pregnancy and prenatal care in preventing future diseases

**Prison Health Educational Opportunities for Medical Students and Residents****10:15-10:45** *Ruth Elwood Martin, MD, CCFP, FCFP, Vancouver, BC; John Koehn, MD, CCFP, New Westminster, BC***ROOM / SALLE : 2104AB – QCCC / CCQ****Learning objectives:**

1. review CanMED competencies and roles that prison health educational opportunities can foster for learners
2. understand the variety of prison health educational opportunities that are currently offered in undergraduate and postgraduate programs in Canada
3. network with others who are interested in fostering prison health educational opportunities

**S57673 Improving Outcomes for Concussion/Mild Traumatic Brain Injury: Testing the quick screen symptom management tool in family practice****11:15-11:45** *Donna Ouchterlony, MD, Toronto, ON; Cindy Hunt, PhD, RN, Toronto, ON;**Alicja Michalak, RN, MSc (Psych), BScN, MSN, Toronto, ON***ROOM / SALLE : 301B – QCCC / CCQ****Learning objectives:**

1. describe common data elements used in the St. Michael's Hospital Head Injury Clinic
2. describe the quick screen symptom management tool and the tool scoring system
3. discuss, using a SWOT analysis (strengths, weaknesses, opportunities, and threats), the quick screen tool and scoring system in participants' clinical settings

**S50971 Sex and Birth Control: Are they related?****11:15-12:15** *Ellen Wiebe, MD, CCFP, FCFP, Vancouver, BC***ROOM / SALLE : 306B – QCCC / CCQ****Learning objectives:**

1. name the possible sexual side effects of hormonal, intrauterine, and barrier contraception in order to help patients choose contraception that does not interfere with sexual pleasure
2. understand the different motivations to have sex and to have children, in order to help patients avoid unintended pregnancies while they enjoy sex
3. use good questions when asking about sexual side effects

**LEGEND / LÉGENDE**Simultaneous interpretation / *Interprétation simultanée*Pre-Registration Required / *Préinscription obligatoire***QCCC / CCQ** Québec City Convention Centre / *Centre des congrès de Québec*

**S51338 The Basics of Starting Insulin in Type 2 Diabetes, Without Losing Sleep at Night**11:15-12:15 *Simon Moore, MD, CCFP, Vancouver, BC***ROOM / SALLE : 306A – QCCC / CCQ****Learning objectives:**

1. understand a safe, simple, easy-to-remember technique for confidently starting insulin in patients with type 2 diabetes, consistent with 2013 guidelines
2. eliminate the prevailing misconception that “insulin is a terrifying drug, for use only by experts, and only in end-stage diabetes”
3. review practical clinical tools and common pitfalls, to help family physicians meet glycemic targets

**S51979 The Computable Patient Record: Electronic Medical Record 5.0, the next generation**11:15-12:15 *John Hughes, MD CM, Montréal, QC***ROOM / SALLE : 206A – QCCC / CCQ****Learning objectives:**

1. define informatics and its application to achieve safer and more effective and efficient clinical practice
2. recognize the difference between computable and non-computable clinical record content
3. articulate the informatics requirements necessary for an EMR to be a computable medical record

**S54007 Teaching Perineal Repair Skills by Using Low-Fidelity Simulation**11:15-12:15 *Jolanda Turley, MD, CCFP, Ottawa, ON; Kristine Whitehead, MD, CCFP, Ottawa, ON***ROOM / SALLE : 303A – QCCC / CCQ****Learning objectives:**

1. demonstrate the use of a simple perineal model used to teach repair skills at the University of Ottawa
2. share our experiences of postgraduate teaching workshops using this model, and engage participants to share their own successes
3. offer the participants an opportunity to use the model and share feedback around usefulness, drawbacks, and possible improvements

**S54399 Building Resilience and Fostering Health Among Children and Youth**11:15-12:15 *Susan Phillips, MD, CCFP, Kingston, ON; nge Schabert, MB ChB, CCFP, Hamilton, ON;***ROOM / SALLE : 206B – QCCC / CCQ****Learning objectives:**

1. describe what resilience is and how it fosters health
2. identify resilience in children and youth
3. identify educational and community resources that build resilient children and youth

**S55099  Pearls for Prevention and Health Promotion: What's new and what's still important in 2014**11:15-12:15 ***Perles de prévention et de promotion de la santé : quoi de neuf et qu'est-ce qui persiste en 2014****Lisa Freeman, BSc(Hon), MD, CCFP, Edmonton, AB***ROOM / SALLE : 200C – QCCC / CCQ****Learning objectives:**

1. be familiar with new guidelines for preventive care in 2014
2. be comfortable integrating evidence-based preventive care manoeuvres into an office visit
3. have strategies to prioritize preventive care delivery and use existing systems, such as EMRs, to enhance prevention and health promotion

**Objectifs d'apprentissage :**

1. se familiariser avec les nouvelles lignes directrices sur les soins préventifs en 2014
2. intégrer avec aisance les manœuvres de soins préventifs fondées sur les données probantes durant une visite en cabinet
3. disposer de stratégies de priorisation en matière de prestation des soins préventifs et utiliser les systèmes en place, comme le DMÉ, pour améliorer la prévention et la promotion de la santé

**S55114 Complex Diagnoses in the ED Made From Far Away**11:15-12:15 *Vu Kiet Tran, MD, CCFP(EM), FCFP, MHSc, MBA, Richmond Hill, ON***ROOM / SALLE : 2000B – QCCC / CCQ****Learning objectives:**

1. recognize the physical signs of some of the most complex entities diagnosed in the ED
2. identify the seriously ill patient efficiently
3. elaborate treatment plans for some of these serious conditions

**S55499** **A Blind Spot: Modeling advocacy with residents**  
**11:15-12:15** Rowland Nichol, MD, CCFP, FCFP, MBA, CEC, Calgary, AB  
**ROOM / SALLE : 304A – QCCC / CCQ**

**Learning objectives:**

1. explain the scope of advocacy as defined by CFPC's CanMEDS-Family Medicine
2. reflect on personal and shared stories of physicians acting as advocates
3. draft a personal action that will change the advocacy modeling experienced by participants' residents

**S56624** **Management of Heart Failure: A practical approach for family physicians / Prise en charge de l'insuffisance cardiaque : Approche pratique pour les médecins de famille**  
**11:15-12:15** Adam Grzeslo, MD, CCFP, FCFP, Burlington, ON; Anique Ducharme, MD, MSc, FRCPC, Montréal, QC  
**ROOM / SALLE : 2000A – QCCC / CCQ**

**Learning objectives:**

1. articulate typical diagnostic testing essential for diagnosis and management of heart failure
2. demonstrate ability to deal with complex issues, including when to refer, underpinning heart failure management in primary care
3. integrate Canadian evidence-based heart failure practice guidelines, recommendations, and practical tips in clinical practice

**Objectifs d'apprentissage :**

1. nommer les tests diagnostiques typiquement essentiels pour poser un diagnostic d'insuffisance cardiaque et prendre en charge le patient
2. démontrer la capacité de composer avec des problèmes complexes, y compris le moment de recommander un patient, étayer la prise en charge de l'insuffisance cardiaque en soins primaires
3. intégrer dans la pratique clinique les lignes directrices, recommandations et conseils canadiens fondés sur les données probantes sur le traitement de l'insuffisance cardiaque

**S56676** **Depression With Medical Illness: Challenges in management**  
**11:15-12:15** Pallavi Nadkarni, MD, MRCPsych, MMedSc, Kingston, ON  
**ROOM / SALLE : 200B – QCCC / CCQ**

**Learning objectives:**

1. state the relationship between depression and medical illness
2. correctly identify a depressive episode in the medically ill patient
3. demonstrate nuances in prescribing for the medically ill

**S57864** **Practical and Proven Ways to Integrate QI Into Your Academic Family Medicine Program**  
**11:15-12:15** Elizabeth Muggah, MD, MPH, CCFP, FCFP, Ottawa, ON; Philip Ellison, MD, MBA, CCFP, FCFP, Toronto, ON; Patricia O'Brien, RN, MA, CNeph(C), Toronto, ON  
**ROOM / SALLE : 302B – QCCC / CCQ**

**Learning objectives:**

1. explore the drivers for integrating QI into an academic family medicine program
2. demonstrate specific ways that QI has been integrated into a residency program
3. share best evidence and experience in QI with faculty leaders from across the country

**S57979** **CFPC Health Advocacy for Sterile Injection Equipment Inside Canadian Prisons**  
**11:15-12:15** Ruth Elwood Martin, MD, CCFP, FCFP, MPH, Vancouver, BC; Richard Cloutier, Québec, QC  
**ROOM / SALLE : 2104AB – QCCC / CCQ**

**Learning objectives:**

1. become familiar with established international evidence regarding health benefits of prison sterile needle programs
2. review the current situation regarding the risks of blood-borne disease transmission within Canadian correctional populations
3. engage in dialogues regarding ways that the CFPC and Canadian health care providers might advocate for harm reduction programs, including sterile needle exchange, inside Canadian correctional facilities

**LEGEND / LÉGENDE**



Simultaneous interpretation / *Interprétation simultanée*



Pre-Registration Required / *Préinscription obligatoire*

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**S57838**      **Applying PAR Principles and a QI Approach to Enhance Access to Health Services in Rural Northern BC**  
**11:45-12:15**      *Dan Horvat, BSc, MD, MCFP, Prince George, BC; Tammy Klassen-Ross, BA, MSc, PhD(c), Prince George, BC*  
**ROOM / SALLE : 301B – QCCC / CCQ**

**Learning objectives:**

1. impart understanding of how Northern Partners in Care (NPiC) is working to improve access and quality of health services in Northern BC by improving relationships between physicians
2. explain the use of and interaction between a quality improvement (QI) approach to implementation, evaluation, and the use of participatory action research (PAR) principles to the work of NPiC
3. explore with the audience the potential of this approach as well as the concept of Triple Aim measurement to health services improvement and research

**12:15-13:45**      **Assemblée annuelle des membres du CQMF / QCFP Annual Meeting Of Members**  
**SALLE : 308AB – CCQ**

**S50965**      **Caring for Patients by Video Telemedicine: How does this fit into family practice?**

**13:45-14:45**      *Ellen Wiebe, MD, CCFP, FCFP, Vancouver, BC*  
**ROOM / SALLE : 206B – QCCC / CCQ**

**Learning objectives:**

1. describe which patients and which situations are best suited to video telemedicine visits
2. troubleshoot scheduling, billing, and technical issues
3. address privacy concerns

**S54373**      **Teaching Multimorbidity to Our Learners**

**13:45-14:45**      *William Osmun, MD, MCISc, CCFP, FCFP, Mount Brydges, ON; George Kim, MD, CCFP, London, ON*  
**ROOM / SALLE : 304B – QCCC / CCQ**

**Learning objectives:**

1. review the concept of multimorbidity and a family physician's approach to helping patients with multimorbidity
2. demonstrate an innovative teaching method that highlights for learners the "how" of managing patients with multimorbidity
3. explore other methods of teaching multimorbidity to learners

**S54962**      **Optimal Prescribing of Anticoagulants in the Elderly With Atrial Fibrillation: The "do's" and "don'ts"**

**13:45-14:45**      *Michelle Hart, MD, CCFP, MScCH, Toronto, ON; Pauline Santora, BScPhm, RPh, ACPR, PharmD*  
**ROOM / SALLE : 206A – QCCC / CCQ**

**Learning objectives:**

1. integrate when to use warfarin vs. the new oral anticoagulants with the current guidelines
2. recognize the challenges in warfarin management and apply optimization strategies in dosing and monitoring
3. differentiate between the new oral anticoagulants and apply practical recommendations to ensure safe and effective prescribing of each agent

**S56679**      **Team-Based Teaching: Tips from the trenches**

**13:45-14:45**      *Cleo Haber, BSW, MSW, RSW, LCSW, Toronto, ON; Lauren Davidson, RD, CDE, Toronto, ON; Suzanne Singh, BScPhm, PharmD, RPh, Toronto, ON; Milena Forte, MD, CCFP, Toronto, ON*  
**ROOM / SALLE : 304A – QCCC / CCQ**

**Learning objectives:**

1. outline the benefits of team-based teaching for both learners and educators
2. describe learner-centred (educational) strategies to promote interprofessional teachable moments
3. anticipate and address challenges that may arise from interprofessional collaboration, including potential "de-skilling" of medical trainees

**S57311**      **New Priorities and Advances in Well-Baby/Well-Child Care: Launching the 2014 Rourke Baby Record**

**13:45-14:45**      *Leslie Rourke, MD, CCFP, MCISc, FCFP, St. John's, NL; Denis Leduc, MD, CCFP, FAAP, FRCPC, Montréal, QC*  
**ROOM / SALLE : 2000B – QCCC / CCQ**

**Learning objectives:**

1. describe new preventive care information for infants and young children, including growth monitoring, timely introduction of solid foods, healthy sleep habits, etc.
2. demonstrate the most efficient use of the new 2014 Rourke Baby Record and its related resources
3. gain knowledge of related initiatives in early childhood

**S57312** "Procedures" iPad App as a Teaching Tool for Family Medicine Residents  
**13:45-14:45** *Jeremy Rezmovitz, MD, CCFP, Toronto, ON; Ian MacPhee, MD, MSc, PhD, CCFP, Guelph, ON*  
**ROOM / SALLE : 303A – QCCC / CCQ**

**Learning objectives:**

1. differentiate between a stand-alone application and an Internet-based application
2. integrate technological advances (eg, iPad) into daily learning and teaching
3. improve confidence in performing common office procedures in family medicine, eg, biopsies, joint injections, van den Bos, etc.

**S57455** **Implementing the Starfield Model for High-Quality Primary Care: Using data to systematically improve patient outcomes**  
**13:45-14:45** *Noah Ivers, MD, CCFP, PhD, Toronto, ON; George Southey, MD, CCFP, Oakville, ON; Rick Glazier, MD, MPH, CCFP, FCFP, Toronto, ON*  
**ROOM / SALLE : 301A – QCCC / CCQ**


**Learning objectives:**

1. understand how improving quality in primary care is a cornerstone for high-functioning health systems
2. review how measuring and reporting quality metrics can result in better patient care
3. develop a plan to assess quality in a comprehensive yet feasible way in practice

**S57665** **Are You Running on Empty? Keeping compassion in your family practice**  
**13:45-14:45** *Rupa Patel, MD, CCFP, FCFP, Kingston, ON; Françoise Mathieu, MEd, CCC, Kingston, ON*  
**ROOM / SALLE : 202 – QCCC / CCQ**

**Learning objectives:**

1. be able to clearly establish the difference between burnout, compassion fatigue, indirect trauma and moral distress
2. become familiar with the most recent findings on effective management of burnout and compassion fatigue for physicians
3. acquire a compassion fatigue management toolkit with 5 essential skills for best practice

**S57815**  **Diagnostic et prise en charge de l'endométriose : mise en application des directives cliniques courantes dans la pratique clinique / Endometriosis Diagnosis and Management: Applying Current Clinical Guidelines**  
**13:45-14:45** *Diane Francoeur, MD, FRCSC, Montréal, QC*  
**ROOM / SALLE : 2000A – QCCC / CCQ**

**Objectifs d'apprentissage :**

1. évaluer et diagnostiquer avec précision l'endométriose
2. sélectionner les patientes de façon appropriée aux fins de diagnostic, de laparoscopie et de traitement
3. utiliser un algorithme décisionnel pour le traitement de l'endométriose au moyen d'approches médicales et/ou chirurgicales

**Learning objectives:**

1. evaluate and diagnose endometriosis accurately
2. properly select patients for diagnostic testing, laparoscopy, and treatment
3. use a decision-making algorithm to determine the appropriate treatment of endometriosis through medical and/or surgical means

**S57852** **Learning to Lead: Developing leadership skills for new physicians**  
**13:45-14:45** *Scott MacLean, MD, CCFP, Edmonton, AB; Victor Ng, MD, CCFP(EM), Toronto, ON*  
**ROOM / SALLE : 306B – QCCC / CCQ**

**Learning objectives:**

1. learn and apply a systematic approach to problem solving within a practice management and clinic leadership setting
2. describe ways in which leadership skills can be developed and fostered in the primary care setting
3. discuss leadership development and the role of a physician-leader in a small group setting

**S57901** **More Than Screening: Giving voice to the family physician's experience of physical exam**  
**13:45-14:45** *Martina Kelly, MBChB, MA, CCFP, Calgary, AB; Lara Nixon, MD, BEd, CCFP, FCFP, Calgary, AB; Wendy Tink, MD, CCFP, FCFP, Calgary, AB*  
**ROOM / SALLE : 309A – QCCC / CCQ**

**Learning objectives:**

1. identify competing demands of patient-centredness and population-based practice guidelines in relation to physical examination
2. describe family physicians' beliefs and practices regarding physical examination
3. develop key messages for learners about physical exam in the care of the individual

**LEGEND / LÉGENDE**Simultaneous interpretation / *Interprétation simultanée*Pre-Registration Required / *Préinscription obligatoire***QCCC / CCQ** Québec City Convention Centre / *Centre des congrès de Québec*



**S57668**      **Teaching Family Medicine Residents Motivational Interviewing Skills Using an 8-Hour Innovative Curriculum Design**  
**13:45-14:45**      *Kim Lazare, MD, CCFP, Toronto, ON*  
**ROOM / SALLE : 302B – QCCC / CCQ**

**Learning objectives:**

1. learn the basic principles of motivational interviewing and how they can be applied successfully to a variety of health concerns
2. learn about different motivational interviewing teaching methods and how they work best for different resident learners
3. learn how to create your own motivational interviewing curriculum for family medicine residents

**S67461**      **La gestion des arrêts de travail à caractère psychologique**  
**13:45-14:45**      *Lyne Laurendeau, MD, CCMF, FCMF, Boucherville, QC*  
**ROOM / SALLE : 309B – QCCC / CCQ**

**Objectifs d'apprentissage :**

1. utiliser de bonnes stratégies pour gérer de façon optimale les arrêts de travail à caractère psychologique
2. compléter les formulaires d'assurance de façon optimale
3. identifier les facteurs de moins bon pronostic de retour au travail

**S57787**      **Discutons santé : un site Web pour améliorer l'efficacité des rencontres entre patients et médecins**  
**13:45-15:30**      *Marie-Thérèse Lussier, MD, BSc, MSc, CCMF, FCMF, Montréal, QC; Claude Richard, PhD, MA, Laval, QC*  
**ROOM / SALLE : 301B – QCCC / CCQ**

**Objectifs d'apprentissage :**

1. présenter les principes éducatifs et les données probantes qui ont guidé le développement du site Web Discutons santé
2. décrire les principales fonctionnalités incluses dans le site Web Discutons santé
3. discuter des facilitateurs et des freins à l'adoption du site Web Discutons santé dans leur milieu clinique

**S49371** 🎧      **Evaluation Tool for Eating Disorders in Primary Care / Outil d'évaluation des troubles alimentaires en soins primaires**  
**15:00-16:00**      *Catherine Haskins, MD, CCFP, Pointe-Claire, QC*  
**ROOM / SALLE : 2000A – QCCC / CCQ**

**Learning objectives:**

1. use an evaluation tool to conduct a comprehensive assessment of patients with eating disorders
2. list "red flag" signs and symptoms of serious complications of eating disorders
3. describe indications for referral to the emergency department for patients with eating disorders

**Objectifs d'apprentissage :**

1. utiliser une grille d'évaluation pour effectuer une évaluation complète de patients avec des troubles alimentaires
2. énumérer les signaux d'alerte et les symptômes de complications graves des troubles alimentaires
3. décrire les indications de l'orientation au service d'urgence pour les patients avec des troubles alimentaires

**S55230**      **Right Care at the Right Time in Long-Term Care**  
**15:00-16:00**      *Barry Clarke, MD, CCFP, COE, Halifax, NS; Vonda Hayes, MD, CCFP, FCFP, Halifax, NS*  
**ROOM / SALLE : 309B – QCCC / CCQ**

**Learning objectives:**

1. describe an alternative long-term care delivery model with evidence of improved care
2. identify the facilitators and barriers that influence effective, coordinated, and collaborative long-term care
3. develop a plan incorporating features that result in an improved long-term care medical care delivery model in their community

**S56157**      **Top 10 Apps for Your Smartphone or Tablet: Teaching and learning in the office**  
**15:00-16:00**      *Andrew Sparrow, MD, CCFP, Toronto, ON; David Esho, MD, CCFP, Toronto, ON; Azadeh Moaveni, MD, CCFP, Toronto, ON*  
**ROOM / SALLE : 306A – QCCC / CCQ**

**Learning objectives:**

1. identify smartphone/tablet applications that will help primary health care providers with both clinical practice and teaching
2. use applications to make clinical practice more efficient and fun in a working and teaching environment
3. use tools to identify new apps that may be of use to physicians on an everyday basis

**S56844 Improving Outcomes in Patients With Atrial Fibrillation: Treatment strategies for family physicians**15:00-16:00 *Noah Ivers, MD, CCFP, PhD, Toronto, ON; Mario Talajic, MD, FRCPC, Montréal, QC***ROOM / SALLE : 309A – QCCC / CCQ****Learning objectives:**

1. employ optimal stroke prevention in patients with atrial fibrillation
2. apply evidence-based medicine for symptomatic atrial fibrillation management
3. support clinical practice with the Canadian evidence-based atrial fibrillation guidelines 2014 update, using practical tips for the busy family physician

**S57718 It's Overgrown Toeskin, Not Ingrown Toenail!**15:00-16:00 *Henry Chapeskie, BScMD, CCFP, FCFP, CAME, Thorndale, ON***ROOM / SALLE : 2000B – QCCC / CCQ****Learning objectives:**

1. understand that the problem lies not with the “ingrowing” nail but with the overlapping skin
2. learn from evidence-based literature data and references, photographic documentation, and a short video of the surgical procedure
3. learn to stop removing toenails; patients with “ingrown toenails” can expect to have an excellent cosmetic result with the problem never recurring

**S57851 Tongue-ties Demystified**15:00-16:00 *Anjana Srinivasan, MD CM, CCFP, IBCLC, Mont-Royal, QC; Howard Mitnick, MD CM, CCFP, Montréal, QC***ROOM / SALLE : 202 – QCCC / CCQ****Learning objectives:**

1. diagnose the various types of clinically relevant tongue-ties in breastfeeding infants
2. recognize how tongue-ties can affect breastfeeding
3. identify when intervention is warranted and learn about the frenotomy procedure

**S57860 The Emergence of Lyme Disease in Canada: Epidemiology, prevention, diagnosis, and treatment**15:00-16:00 *Michel Deilgat, CD, MD, MPA(c), CCPE, Ottawa, ON; Kathleen Kerr, MD, Toronto, ON***ROOM / SALLE : 206B – QCCC / CCQ****Learning objectives:**

1. describe the clinical manifestations (three stages) of Lyme disease
2. prescribe appropriate therapy for Lyme disease in the office
3. provide preventive measures to avoid Lyme disease to patients

**S57906 Optimizing Community Care and Integration for Patients With the Highest Needs**15:00-16:00 *Amanda Condon, MD, CCFP, Winnipeg, MB; Jan Williams, RN, Winnipeg, MB; Arle Jones, BSW, RSW, Winnipeg, MB; Paul Sawchuk, MD, CCFP, FCFP, MBA, Winnipeg, MB***ROOM / SALLE : 306B – QCCC / CCQ****Learning objectives:**

1. identify and critique existing tools for optimization of care delivery, continuity, and collaborative practice
2. list various measures and tools that exist to identify the highest-risk patients in family medicine practice, hospital, or community
3. analyze and incorporate successful interventions from other programs and discuss how to incorporate these interventions into clinical practice

**DAILY BADGE SCAN REQUIRED – PROOF OF PARTICIPATION:** Remember to have your name badge scanned EACH DAY by a CFPC staff member throughout the conference. Self-scanning stations are also available throughout the conference venues. All scanned registrants will receive a letter confirming attendance at Family Medicine Forum 2014 by January 1, 2015. **Please note that these letters are not available for pick-up on-site.**

**SCANNAGE QUOTIDIEN DE L'INSIGNE OBLIGATOIRE – PREUVE DE PARTICIPATION :** N'oubliez pas de faire scanner votre insigne d'identité CHAQUE JOUR par un membre du personnel du CMFC durant toute la conférence. Des postes de lecteur code-barre se trouveront aussi un peu partout sur les lieux de la conférence. Tous les participants inscrits dont l'insigne aura été scanné recevront une lettre confirmant leur participation au Forum en médecine familiale 2014 avant le 1<sup>er</sup> janvier 2015. **Veillez noter que ces lettres ne seront pas disponibles sur place.**

**Session cancellation:** The College reserves the right to cancel session(s) due to unforeseen circumstances and cannot accept responsibility for out-of-pocket expenses incurred due to the cancellation of any session.

**Annulation de séance :** Le Collège se réserve le droit d'annuler une ou plusieurs séances s'il survient des événements imprévus et ne sera pas responsable de toute menue dépense encourue en raison de l'annulation d'une séance.

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