

50th Annual Scientific Assembly
50^e Assemblée scientifique annuelle

Family Medicine
2007
FORUM
Médecine familiale
WINNIPEG



Family Medicine Forum 2007 • Forum 2007 en médecine familiale

October 11 - 13, 2007 • Du 11 au 13 octobre 2007

Winnipeg Convention Centre
Winnipeg • Manitoba • Canada

Preliminary Program • Programme préliminaire



The College of
Family Physicians
of Canada

Le Collège des
médecins de famille
du Canada



The Manitoba
College of
Family Physicians^{Inc.}

Le Collège
des médecins de
famille du Manitoba^{Inc.}



Section of
Teachers of
Family Medicine

Section des
enseignants en
médecine familiale



Section of
Researchers of
Family Medicine

Section des
chercheurs en
médecine familiale

Chantal Kreviazuk



Native Winnipegger, multiple Juno award winner, and platinum selling artist **Chantal Kreviazuk** will entertain you with her musical stylings as we celebrate the 50th Anniversary of our Annual Scientific Assembly. Join us for this special evening event at the close of FMF 2007, **following convocation.**

*Saturday October 13th
le Samedi 13 octobre*

Récipiendaire de multiples prix Juno et de plusieurs disques de platine, la chanteuse originaire de Winnipeg **Chantal Kreviazuk** vous ravira avec ses nombreux talents musicaux lors d'un événement spécial célébrant le 50e anniversaire de notre assemblée scientifique annuelle. Joignez-vous à nous pour la soirée de clôture du FMF 2007, **après la Collation des grades.**

**FMF Celebration
Soirée gala du FMF**

**FMF Ce
SOIRÉE**

Please see page R2 of the Registration Form to reserve your complimentary ticket or to order additional tickets while supplies last.

Vous trouverez en page RF2 le formulaire d'inscription pour réserver votre billet gratuit ou commander des billets additionnels, dans la limite des places disponibles.

Family Medicine Forum 2007

October 11-13, 2007

Winnipeg Convention Centre
Winnipeg, Manitoba, Canada



The College of Family Physicians of Canada (CFPC), the Manitoba College of Family Physicians (MCFP), and the CFPC's Sections of Teachers and Researchers invite you to Family Medicine Forum 2007.

This year's meeting will mark the 50th Anniversary of the CFPC's Annual Scientific Assembly, and will have many special events to help celebrate this milestone.

The Scientific Program Sub-Committee has developed a program of innovative family medicine education based on feedback and requests from family doctors across the country. Choose from a wide range of hands-on clinical, teaching, and research presentations including keynotes, general sessions, workshops, small discussion groups, computer learning sessions and Mainpro-C workshops.

Family Medicine Forum Advisory Committee

Chair

Rick Ward, MD, CCFP, FCFP, Calgary, AB

Members

William Eaton, MD, CCFP, FCFP, St. John's, NL
Nancy Fowler, MD, CCFP, FCFP, Hamilton, ON
Calvin Gutkin, MD, CCFP (EM), FCFP, Mississauga, ON
Joanne Langevin, Mississauga, ON
Morris Markentin, MD, CCFP, Rosthern, SK
Bernard Marlow, MD, CCFP, FCFP, Mississauga, ON
Ruth Elwood Martin, MD, CCFP, FCFP, Vancouver, BC
Stephanie Melanson, MD, Moncton, NB
Pierre-Paul Tellier, MD, CCFP, FCFP, Montreal, QC

CFPC Staff

Inese Grava-Gubins, Mississauga, ON
Michelle Gutkin, Mississauga, ON
Debby Lefebvre, Mississauga, ON
Cheryl Selig, Mississauga, ON
Naomi Wagschal, Mississauga, ON

2007 Scientific Program Sub-Committee

Chair

Jamie Boyd, MD, CCFP, FCFP, Winnipeg, MB

Sub Committee

Tamara Buchel, MD, CCFP, Winnipeg, MB
Mike Dillon, MD, CCFP, FCFP, Winnipeg, MB
Maila Gabriel, MD, CCFP, Winnipeg, MB
Susan Hauch, MD, CCFP, Winnipeg, MB
Alan Katz, MD, CCFP, FCFP, Winnipeg, MB
Curtis Krahn, MD, CCFP, FCFP, Steinbach, MB
Sarah Kredentser, MD, CCFP, FCFP, Winnipeg, MB
Brent Kvern, MD, CCFP, FCFP, Winnipeg, MB
Helga Sickert, MD, MCFP, Winnipeg, MB
Ray Singer, MD, CCFP, FCFP, Winnipeg, MB

Executive Committee Ex-Officio Members

Doris Kyeremateng, MD, CCFP, Winnipeg, MB
John Hedden, MD, MCFP, Portage la Prairie, MB

MCFP Staff

Kari MacKinnon, Winnipeg, MB
Susan Patek, Winnipeg, MB

Forum 2007 en médecine familiale

Du 11 au 13 octobre 2007

Winnipeg Convention Centre
Winnipeg, Manitoba, Canada

Le Collège des médecins de famille du Canada (CMFC), le Collège des médecins de famille du Manitoba (MCFP) et les sections des Enseignants et des Chercheurs du CMFC vous invitent au Forum 2007 en médecine familiale. Comme l'année 2007 marque le 50^e anniversaire de notre assemblée scientifique annuelle, de nombreux événements spéciaux sont prévus pour fêter ce jalon de l'histoire du CMFC.

Le Sous-comité du programme scientifique a élaboré un programme innovateur d'éducation en médecine familiale sur la base des commentaires et des demandes des médecins de famille de tout le Canada. Vous pouvez choisir parmi un large éventail de présentations pratiques portant sur la pratique clinique, l'enseignement et la recherche, incluant des conférences d'ouverture, des séances générales, des ateliers, des discussions en petits groupes, des séances d'apprentissage informatique et des ateliers Mainpro-C.

Sous-comité consultatif du Forum en médecine familiale

Président

Rick Ward, MD, CCFM, FCFM, Calgary, AB

Membres

William Eaton, MD, CCFM, FCFM, St. John's, NL
Nancy Fowler, MD, CCFM, FCFM, Hamilton, ON
Calvin Gutkin, MD, CCFM (MU), FCFM, Mississauga, ON
Joanne Langevin, Mississauga, ON
Morris Markentin, MD, CCFM, Rosthern, SK
Bernard Marlow, MD, CCFM, FCFM, Mississauga, ON
Ruth Elwood Martin, MD, CCFM, FCFM, Vancouver, BC
Stephanie Melanson, MD, Moncton, NB
Pierre-Paul Tellier, MD, CCFM, FCFM, Montréal, QC

Personnel du CMFC

Inese Grava-Gubins, Mississauga, ON
Michelle Gutkin, Mississauga, ON
Debby Lefebvre, Mississauga, ON
Cheryl Selig, Mississauga, ON
Naomi Wagschal, Mississauga, ON

Sous-comité du programme scientifique de 2007

Président

Jamie Boyd, MD, CCFM, FCFM, Winnipeg, MB

Sous-comité

Tamara Buchel, MD, CCFM, Winnipeg, MB
Mike Dillon, MD, CCFM, FCFM, Winnipeg, MB
Maila Gabriel, MD, CCFM, Winnipeg, MB
Susan Hauch, MD, CCFM, Winnipeg, MB
Alan Katz, MD, CCFM, FCFM, Winnipeg, MB
Curtis Krahn, MD, CCFM, FCFM, Steinbach, MB
Sarah Kredentser, MD, CCFM, FCFM, Winnipeg, MB
Brent Kvern, MD, CCFM, FCFM, Winnipeg, MB
Helga Sickert, MD, MCFP, Winnipeg, MB
Ray Singer, MD, CCFM, FCFM, Winnipeg, MB

Membres d'office du comité exécutif

Doris Kyeremateng, MD, CCFM, Winnipeg, MB
John Hedden, MD, MCFP, Portage la Prairie, MB

Personnel du MCFP

Kari MacKinnon, Winnipeg, MB
Susan Patek, Winnipeg, MB

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KEYNOTE PRESENTATIONS

Thursday, October 11th 0830 – 1000

Opening Ceremonies



Welcome and President's Opening Remarks

Dr. Tom Bailey

President, The College of Family Physicians of Canada

Greetings from Provincial and Federal Government Representatives

Keynote Address

The CFPC-Scotiabank Family Medicine Lectureship



The CFPC-Scotiabank Family Medicine Lectureship is awarded each year to national or international figures who have made significant contributions to medicine, family medicine, and/or the health and well being of the population.

The 2007 Scotiabank-CFPC Family Medicine Lectureship Award recipient is Gail Asper, BA, LLB of Winnipeg Manitoba. Ms. Asper is President of The CanWest Global Foundation, Corporate Secretary of CanWest Communications Corp, and Managing Director of The Asper Foundation. She spearheaded the proposal which culminated in the recent announcement by the federal government of the creation of a Canadian Museum of Human Rights, bringing to fruition a dream of her late father, Israel Asper, and the Asper Family.

Gail has been the recipient of numerous local, national and international leadership, community service and humanitarian awards. Her lectureship will address the history and present day challenges in human rights including those related to health care and family medicine.

This Lectureship is supported by Scotiabank through an educational grant to The Research and Education Foundation.



Gail Asper

CONFÉRENCES D'OUVERTURE

Jeudi 11 octobre, 8 h 30 – 10 h

Cérémonies d'ouverture



Mot de bienvenue et Allocution inaugurale du président

D' Tom Bailey

Président, le Collège des médecins de famille du Canada

Salutations des représentants des gouvernements provinciaux et fédéral

Conférence d'ouverture

Conférence de médecine familiale CMFC/Banque Scotia



Le Prix de la Conférence de médecine familiale CMFC/Banque Scotia est accordé chaque année à une personnalité nationale ou internationale qui a contribué de façon significative à la médecine, à la médecine familiale et/ou à la santé et au bien-être des populations.

La lauréate 2007 du prix de la Conférence de médecine familiale CMFC/Banque Scotia est Gail Asper, B.A., LL.B., de Winnipeg, Manitoba. Mme Asper est présidente de la Fondation CanWest Global, secrétaire générale de CanWest Communications Corp. et directrice générale de la Fondation Asper. Elle est l'instigatrice de la proposition qui a débouché sur la récente annonce par le gouvernement fédéral de la création du Musée canadien des droits de la personne, concrétisation d'un rêve de son défunt père, Israel Asper, et de la famille Asper.

Gail a reçu de nombreux prix locaux, nationaux et internationaux pour son leadership, son service à la communauté et ses activités humanitaires. Dans sa conférence, elle tracera un historique des droits de la personne et décrira les défis qui se posent à l'heure actuelle dans ce domaine, notamment en matière de soins de santé et de médecine familiale.

Cette conférence est parrainée par la Banque Scotia par l'entremise d'une subvention éducative à la Fondation pour la recherche et l'éducation.

Keynote Presentations · Conférences d'ouverture

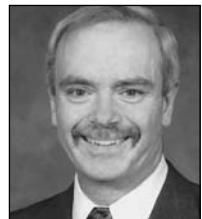
Friday, October 12th 0830 – 1000

"State of the College"

CFPC President Dr. Tom Bailey will present an overview of the major challenges facing family doctors and the College.

Keynote Address

1. "Caring for Canada's Children" Dr. Louise Nasmith
See page 34 for more details. **Dr. Nasmith is the recipient of the 2007 Ian McWhinney Family Medicine Education Award.**
2. "Canada's Children Caring for Canadians" Hannah Taylor
See page 34 for more details.



Tom Bailey



Louise Nasmith



Hannah Taylor

Saturday, October 13th 0830 – 1000

Keynote Address

1. "Implications of the Canadian Best Practice Recommendations for Stroke Care 2006 for Family Physicians" Dr. Alan Bell
See page 50 for more details.
2. "The Therapeutic Value of Humour - Is Laughter Really the Best Medicine?" Dr. Bill Eaton
See page 51 for more details.



Alan Bell



Bill Eaton

0930–1000 2007 CFPC Medical Student Scholarship Presentations

The CFPC Medical Student Scholarship Program was established in 2005 as part of our College's commitment to recognize and support outstanding medical students considering a career in family practice. Celebrate and cheer on this year's recipients! A total of \$170,000 will be awarded to 17 medical students. One student from each Canadian medical school will receive a \$10,000 scholarship!

This program is supported by a major donation to the CFPC's Research and Education Foundation (REF) from Scotiabank, along with contributions from CFPC members. Throughout FMF, attendees will have opportunities to contribute to the REF to support this and other programs supporting family physicians of today and tomorrow.

Vendredi 12 octobre, 8 h 30 – 10 h

« Discours sur l'état du Collège »

Le président du CMFC, le Dr Tom Bailey, fera un survol des principaux défis auxquels doivent faire face les médecins de famille et le Collège.

Conférence d'ouverture

1. « Soigner les enfants du Canada » Dr^e Louise Nasmith
Voir page 34 pour plus de détails. **Dr^e Nasmith est la récipiendaire 2007 du Prix Ian McWhinney pour l'éducation en médecine familiale.**
2. « Les enfants du Canada prennent soin de leur pays »
Hannah Taylor
Voir page 34 pour plus de détails.



Louise Nasmith



Hannah Taylor

Samedi 13 octobre, 8 h 30 – 10 h

Conférence d'ouverture

1. « Répercussions des Recommandations canadiennes pour les pratiques optimales de soins de l'AVC 2006 pour les médecins de famille » Dr Alan Bell
Voir page 50 pour plus de détails.
2. « Les vertus thérapeutiques de l'humour – le rire est-il vraiment le meilleur des remèdes? » Dr Bill Eaton
Voir page 51 pour plus de détails.



Alan Bell



Bill Eaton

9 h 30 –10 h Présentation des Bourses d'études 2007 du CMFC aux étudiants en médecine

Le programme des Bourses d'études du CMFC pour les étudiants en médecine a été créé en 2005 dans le cadre de l'engagement pris par notre Collège de motiver et de soutenir des étudiants en médecine exceptionnels qui envisagent une carrière en médecine familiale. Venez célébrer et encourager les récipiendaires de cette année! Un montant total de 170 000 \$ sera distribué à 17 étudiants en médecine. Dans chacune des 17 facultés de médecine du Canada, un étudiant recevra une bourse d'une valeur de 10 000 \$!

Ce programme est financé grâce à un don majeur de la Banque Scotia à la Fondation pour la recherche et l'éducation (FRÉ) du CMFC ainsi que grâce aux contributions des membres du Collège. Tout au long du FMF, les participants auront plusieurs occasions de contribuer à la FRÉ afin de soutenir ce programme et les autres programmes qui viennent en aide aux médecins de famille d'aujourd'hui et de demain.

Selected Highlights · Points saillants des activités

Wednesday, October 10 (Pre-conference day)

Registration open from 0700 to 1700

Exhibit Hall Closed

Faculty Development Day – 0800 – 1700

This day is designed to provide an opportunity for faculty developers from across Canada to share ideas and information regarding faculty development innovations and projects taking place.

Family Medicine Education Forum – 0830 – 1700

(by invitation only)

This meeting will focus on CFPC educational initiatives.

Research Day – 0900 – 1600

(*pre-registration required - see top of page R2*)

The 3rd Annual Family Medicine Research Day will feature freestanding papers, workshops, and scientific posters based on family medicine research. The Section of Researchers Annual General Meeting (AGM) will also take place as part of this day. See pages 17-20 for full description and schedule.

International Delegate Orientation Session – 1700 – 1800

The Section of Teachers warmly invites international delegates to attend this orientation session which will provide helpful information about Family Medicine Forum, the College of Family Physicians of Canada, and family medicine in Canada.

Thursday, October 11

Registration open from 0630 to 1700

Exhibit Hall Open from 0730 to 1900

Estate, will and charitable gift planning seminar – 1230 – 1330

See page 26 for more details.

Supported by the Research and Education Foundation of the College of Family Physicians of Canada.

Section of Teachers' Annual General Meeting – 1230 – 1330

(Boxed Lunch provided)

See page 27 for more details.

Wine and Cheese Welcome Reception – 1700 – 1900

All registrants are welcome!

Renew acquaintances with colleagues from across Canada. Enjoy a glass of wine on us, and a couple of hours of live entertainment. As well, take the opportunity to visit the **University Departments of Family Medicine booths**. Light refreshments will be provided.

Departments of Family Medicine – Show and Tell – 1700 – 1900

Held during the Wine and Cheese Welcome Reception, this event provides an excellent opportunity for the exchange of ideas as well as discussion with many of our family medicine teachers and researchers. A highlight is the inclusion of a student poster session. Light refreshments will be provided.

Section of Researchers Dinner – 1900 – 2200

Join the Section of Researchers for their annual banquet event. This year, the Section of Researchers dinner will have a 1950's rock n' roll flavour. No ties and no pretences – just be ready to have a lot of fun with your colleagues. **Tickets are required for this event (see page R2 to register).**

Mercredi 10 octobre (précongrès)

Le bureau d'inscription est ouvert de 7 h à 17 h

Le hall d'exposition est fermé

Journée de formation professorale – 8 h – 17 h

Cette journée permet aux responsables des programmes de formation professorale de tout le Canada d'échanger des idées et des informations sur les innovations et les projets en cours en matière de formation professorale.

Forum sur l'éducation en médecine familiale – 8 h 30 – 17 h (sur invitation seulement)

Cette rencontre portera sur les initiatives du CMFC en matière de formation.

Journée de recherche – 9 h – 16 h

(*préinscription requise – voir en haut de la page RF2*)

La troisième Journée de recherche annuelle en médecine familiale comprendra des présentations libres, des ateliers et des affiches scientifiques qui mettent l'accent sur la recherche en médecine familiale. L'Assemblée générale annuelle (AGA) de la Section des chercheurs se tiendra également dans le cadre de cette journée. Voir la description détaillée et l'horaire aux pages 17 – 20.

Session d'orientation pour les participants étrangers – 17 h – 18 h

La Section des enseignants invite cordialement les participants étrangers à assister à cette session d'orientation qui leur fournira d'utiles informations sur le Forum en médecine familiale, le Collège des médecins de famille du Canada et la médecine familiale au Canada.

Jeudi 11 octobre

L'inscription est ouverte de 6 h 30 à 17 h

Le hall d'exposition est ouvert de 7 h 30 à 19 h

Séminaire sur la planification de successions, de testaments et de dons – 12 h 30 – 13 h 30

Voir page 26 pour plus de détails.

Parrainé par la Fondation pour la recherche et l'éducation du Collège des médecins de famille du Canada.

Assemblée générale annuelle de la Section des enseignants 12 h 30 – 13 h 30 (Boîte à lunch fournie)

Voir page 27 pour plus de détails.

Réception de bienvenue, vin et fromage – 17 h – 19 h

Tous les participants inscrits sont les bienvenus!

Renouez contact avec des collègues de toutes les régions du Canada. Venez prendre un verre de vin, à nos frais, et vous offrir quelques heures de divertissement. Profitez également de l'occasion pour visiter les stands des **départements universitaires de médecine familiale**. De légers rafraîchissements seront servis.

Départements de médecine familiale – Séance d'expression libre 17 h – 19 h

Tenu pendant la réception de bienvenue vin et fromage, cet événement constitue une excellente occasion d'échanger des idées et de discuter avec plusieurs de nos professeurs et chercheurs en médecine familiale. Une présentation par affiches donnée par des étudiants est au programme. De légers rafraîchissements seront servis.

Dîner de la Section des chercheurs – 19 h – 22 h

Joignez-vous à vos collègues de la Section des chercheurs. Cette année, cet événement annuel se déroulera dans une atmosphère des années cinquante, sur des airs de rock-and-roll. Pas de cravate, pas de chichi, seulement le goût de vous amuser le plus possible en compagnie de vos collègues. **Des billets sont requis pour cet événement. (Voir page RF2 pour vous inscrire).**

Selected Highlights · Points saillants des activités

Friday, October 12

Registration open from 0630 to 1700
Exhibit Hall Open from 0730 to 1600

CFPC Annual Members' Forum

Meet and Eat 1230 – 1300
CFPC Annual General Meeting 1300 – 1330
Open Forum 1330 – 1500

All CFPC members are invited to participate in this opportunity to meet, have lunch and exchange thoughts with CFPC leaders and colleagues from across the country. See page 41 for more details.

Section of Teachers Dinner – 1830 – 2200

Join your colleagues for the Annual Section of Teachers Dinner. This year, the dinner will be held at the historic Millennium Centre, a designated heritage building located in Winnipeg's Exchange District. This will be your opportunity to honour Dr. Louise Nasmith, recipient of the 2007 Ian McWhinney Family Medicine Education Award, as well as the recipients of the Murray Stalker Award, and the student and resident leadership awards and scholarships.

Tickets are required for this event (see page R2 to register).

Saturday, October 13

Registration open from 0630 to 1300
Exhibit Hall open from 0730 to 1330



Walk for the Docs of Tomorrow – 0700 – 0800

Support Canada's medical students – our future family doctors!
Everyone is invited to the 3rd annual Walk for the Docs of Tomorrow! Come out and support a great cause! Encourage your colleagues and friends to participate! The annual walk raises funds for the Research and Education Foundation's Medical Student Scholarship Program. Entrance fee is \$20.00. Children are free. Sign up for the walk or pledge your support at www.cfpc.ca.

Rural Educators' Day – 1030 – 1700

The Rural Educators' Day provides an opportunity for rural teachers and educators at both the undergraduate and postgraduate levels to exchange ideas and information and to discuss current issues. Come and share your passion for rural medical education with your colleagues from across the country! See page 54 for more details.

History and Narrative: Stories in Family Medicine – 1030 – 1130

By popular demand, Dr. Rob Wedel and several family practice colleagues return to FMF to share stories that bring to life the experiences of family physicians from across the country and define the history of our specialty. This year's presentation will mark the official launch of the CFPC's new History and Narrative Program, *subsidized by a grant to the Research and Education Foundation from Associated Medical Services Inc.*

Convocation Ceremony and President's Installation – 1900 – 2115

This very special event will honour the College's new Certificants, Fellows and major award winners, along with outgoing President, Dr. Tom Bailey of Victoria, British Columbia, and incoming CFPC President, Dr. Ruth Wilson of Kingston, Ontario.

FMF Celebration – 2115 – midnight

Mark the 50th anniversary of our Annual Scientific Assembly and join us in bringing FMF to a close with a very special evening featuring Winnipeg's own Chantal Kreviazuk! **Tickets are required for this event (see page R2 to register).**

Vendredi 12 octobre

L'inscription est ouverte de 6 h 30 à 17 h
Le hall d'exposition est ouvert de 7 h 30 à 16 h

Forum annuel des membres du CMFC

Rencontre-repas 12 h 30 – 13 h
Assemblée générale annuelle du CMFC 13 h – 13 h 30
Débat libre 13 h 30 – 15 h

Tous les membres du CMFC sont invités à profiter de cette occasion qui leur est offerte de rencontrer les dirigeants du Collège et leurs collègues de tout le pays et d'échanger avec eux autour d'un repas. Voir page 41 pour plus de détails.

Dîner de la Section des enseignants – 18 h 30 – 22 h

Joignez-vous à vos collègues lors du dîner annuel de la Section des enseignants. Cette année, le dîner aura lieu au Millennium Centre. Désigné édifice du patrimoine, il est situé dans le quartier Exchange de Winnipeg. Nous profiterons de l'occasion pour honorer la Dr^e Louise Nasmith, récipiendaire en 2007 du prix Ian McWhinney pour l'éducation en médecine familiale, ainsi que les récipiendaires en 2007 du prix Murray Stalker, et des Prix de leadership et Bourses d'études pour les étudiants et les résidents. **Des billets sont requis pour cet événement. (Voir page RF2 pour vous inscrire).**

Samedi 13 octobre

L'inscription est ouverte de 6 h 30 à 13 h
Le hall d'exposition est ouvert de 7 h 30 à 13 h 30



Marche pour les médecins de demain – 7 h – 8 h

Venez en aide aux étudiants en médecine du Canada – nos médecins de famille de demain! Tous sont invités à la 3e Marche annuelle pour les médecins de demain! Sortez, c'est pour une bonne cause! Encouragez vos collègues et amis à participer! La marche annuelle sert à réunir des fonds pour les Bourses d'études des étudiants en médecine, bourses qui sont financées par la Fondation pour la recherche et l'éducation du CMFC. Les frais de participation sont de 20 \$. Les enfants sont admis gratuitement. Inscrivez-vous à la marche ou offrez votre soutien financier sur le site www.cfpc.ca.

Journée des éducateurs ruraux – 10 h 30 – 17 h

La Journée des éducateurs ruraux fournit l'occasion aux enseignants et éducateurs ruraux des niveaux prédoctoral et postdoctoral d'échanger des idées et de l'information et de discuter des enjeux auxquels ils sont confrontés. Venez partager votre passion pour la formation en médecine rurale avec vos collègues des quatre coins du pays! Voir page 54 pour plus de détails.

Histoire et narration : les récits en médecine familiale – 10 h 30 – 11 h 30

À la demande générale, le Dr Rob Wedel et plusieurs de ses collègues médecins de famille sont de retour au FMF pour partager avec vous des récits qui témoignent des expériences vécues par les médecins de famille partout au pays et racontent l'histoire de notre domaine de spécialisation. La communication de cette année marquera le lancement officiel du nouveau programme Histoire et narration du CMFC, *financé par une subvention d'Associated Medical Services Inc. à la Fondation pour la recherche et l'éducation.*

Cérémonie de collation des grades et installation de la présidente 19 h – 21 h 15

Lors de cette activité prestigieuse, nous honorerons les nouveaux certifiés, les fellows et les récipiendaires des principaux prix du Collège, de même que le président sortant, le Dr Tom Bailey de Victoria, Colombie-Britannique, et la présidente désignée, la Dre Ruth Wilson de Kingston, Ontario.

Soirée gala du FMF – 21 h 15 – minuit

Soulignez le 50e anniversaire de notre assemblée scientifique annuelle et joignez-vous à nous lors d'une soirée de clôture très spéciale mettant en vedette la chanteuse winnipegaise Chantal Kreviazuk! **Billets requis (voir page RF2 pour vous inscrire).**

Selected Highlights • Points saillants des activités

DAILY EVENTS

Mainpro-C Sessions

(**pre-registration required - see page R2**)

A large selection of Mainpro C sessions are offered during FMF, as well as on pre- and post-conference days. See Pages 63-70 for details.

REF Apple Appeal

Supporting Medical Student Scholarships

Enjoy an apple and throw some coins or bills into the bins provided. Your donations will help support our family doctors of the future.



Health Professionals Wellness Fair

Get your wellness checkup at the Health Professionals Wellness Fair located in the Exhibit Hall. Complete the questionnaire in your conference package and then visit the nurses and family physicians at the Wellness Fair where you can be part of an ongoing health check up and research project. The anonymous grouped results of participating registrants will be presented on Saturday.

Best of Manitoba

You can find the "Best of Manitoba" right within the walls of the Winnipeg Convention Centre! We are proud to present a series of educational sessions delivered exclusively by locally trained physicians. The 2nd floor Presentation Theatre has been set aside for all three days of FMF to showcase these presentations. The Best of Manitoba sessions will include a wide range of topics, family medicine research and other highlights of the exceptional work being done in "Friendly Manitoba". See pages 24-62 for details.

Satellite Symposia

(**pre-registration required – see page R2**)

Earn extra M1 credits by attending the optional satellite symposia that are being presented daily at breakfast, lunch, and supper (Friday only). Pre-registration is required for satellite symposia but additional seating may be available on a first-come, first-served basis at the time of the workshop. There is no additional fee. See pages 71-73 for details.



Family Doctor Week in Canada

October 8th – 13th, 2007

Help celebrate the 4th annual *Family Doctor Week in Canada*- an opportunity to acknowledge the special role family doctors play in delivering quality health care to Canadians. Events throughout the week will recognize family doctors and their ongoing role as providers of valued frontline health care, and the special relationships between family doctors and their patients.

ACTIVITÉS QUOTIDIENNES

Sessions Mainpro-C

(**préinscription requise - voir page RF2**)

Une vaste sélection de sessions Mainpro C sera offerte durant le FMF ainsi que lors des journées pré- et post-Forum. Voir les pages 63-70 pour plus de détails.

Une pomme contre votre monnaie

Pour soutenir les bourses d'études des étudiants en médecine

Prenez une pomme et déposez votre monnaie ou vos billets dans les boîtes à cet effet. Vos dons aideront à soutenir nos médecins de famille de demain.



Foire du mieux-être des professionnels de la santé

Faites faire un examen de votre état de santé à la Foire du mieux-être des professionnels de la santé dans le hall d'exposition. Remplissez le questionnaire inclus dans la trousse de documents remise aux participants et rencontrez les infirmières et les médecins de la Foire du mieux-être. Vous pourrez participer à un projet de recherche en cours sur la santé. Les résultats obtenus auprès des participants inscrits seront regroupés et présentés, de façon anonyme, le samedi.

Le Manitoba à son meilleur

Vous découvrirez « le Manitoba à son meilleur » à l'intérieur même du Centre des congrès de Winnipeg! Nous sommes fiers de vous présenter une série de sessions éducatives animées exclusivement par des médecins formés localement. Le Presentation Theatre, situé au 2^e étage, a été réservé pour les trois jours du FMF afin de pouvoir y offrir ces présentations. Les sessions « Le Manitoba à son meilleur » porteront sur une vaste gamme de thèmes, feront état de la recherche en médecine familiale et donneront un aperçu du travail exceptionnel qui se fait au Manitoba. Voir les pages 24-62 pour plus de détails.

Symposiums satellites

(**préinscription requise – voir page RF2**)

Obtenez des crédits M1 supplémentaires en assistant aux symposiums satellites facultatifs présentés chaque jour à l'heure du petit déjeuner, du déjeuner et du dîner (vendredi seulement). La préinscription est requise, mais des places additionnelles peuvent être disponibles au moment de l'atelier et seront attribuées selon l'ordre des arrivées. Pas de frais additionnels Voir les pages 71-73 pour plus de détails.



La semaine du médecin de famille au Canada

Du 8 au 13 octobre 2007

Contribuez à célébrer la 4^e semaine annuelle du médecin de famille au Canada – une occasion de reconnaître le rôle spécial des médecins de famille dans la prestation de soins de santé de qualité à la population canadienne. Tout au long de la semaine, des événements honoreront les médecins de famille et leur rôle comme dispensateurs d'importants soins de santé de première ligne et les relations particulières qui les unissent à leurs patients.

Student & Resident Activities • Activités pour les étudiants et résidents

THURSDAY, October 11

Medical Student and Family Medicine Resident Posters

0800 – 1715 – Exhibit Hall

This event will feature research carried out by medical students and family medicine residents.

Medical Student and Family Medicine Resident Leadership Workshop

(By invitation only) – 1330 – 1700

Facilitators:

Louise Nasmith, MD, CCFP, FCFP

Ian Scott, MD, CCFP, FCFP

This special session for the 2007 Medical Student and Family Medicine Resident Leadership Award recipients is focused on further developing leadership skills.

This workshop is supported by an educational grant from Scotiabank.

Student/Resident Social Event – Paddlewheel Riverboat Cruise

1900 – 2200

The Section of Residents and the newly formed Section of Medical Students of the College cordially invite you to meet your fellow students and residents from across Canada for a fun-filled evening dinner cruise. **Tickets are required for this event (see page R2 to register).**

SATURDAY, October 13

“Back to the Future”– Family Physicians of Today Meet the Family Doctors of Tomorrow

1030 – 1230

This annual highlight of FMF is open only to medical students and family medicine residents.

Facilitators:

Cheri Bethune, MD, CCFP, FCFP

Pierre-Paul Tellier, MD, CCFP, FCFP

During this interactive session, medical students and family medicine residents meet and share perspectives related to their future careers with Canada's Family Physicians of the Year for 2007.

Medical Student and Family Medicine Resident Luncheon

1230 – 1330

This luncheon is open only to medical students and family medicine residents. It provides a chance for medical students and family medicine residents to meet and network with other students and residents from across Canada.

FMF Celebration

2115 – Midnight

Join your friends from across the country at the Annual Scientific Assembly's 50th birthday party featuring a performance by Chantal Kreviazuk. **Tickets are required for this event (see page R2 for more information and to register).**

DAILY

Family Medicine University Residency Program Booths

Exhibit Hall

Visit the family medicine residency program booths during regular exhibit hall hours to learn about the discipline of family medicine and the excellent training opportunities which are available across the country.

JEUDI 11 Octobre

Affiches des étudiants en médecine et des résidents en médecine familiale – 8 h – 17 h 15 – Hall d'exposition

Cette activité présente les projets de recherche menés par les étudiants en médecine et les résidents en médecine familiale.

Atelier de leadership pour les étudiants en médecine et les résidents en médecine familiale – (sur invitation seulement)

13 h 30 – 17 h

Facilitateurs :

Louise Nasmith, MD, CCMF, FCMF

Ian Scott, MD, CCMF, FCMF

Cette session pour les étudiants en médecine et les résidents en médecine familiale récipiendaires des Prix de leadership 2007 porte sur le développement des qualités de leadership.

Cet atelier est parrainé grâce à une subvention éducative de la Banque Scotia.

Soirée sociale des étudiants et des résidents – Croisière à bord d'un bateau à aubes sur la rivière – 19 h – 22 h

La Section des résidents et la nouvelle Section des étudiants en médecine du Collège vous invitent cordialement à rencontrer vos collègues étudiants et résidents de partout au pays lors de ce dîner-croisière qui promet d'être amusant. **Billets requis (voir page RF2 pour vous inscrire).**

SAMEDI 13 Octobre

« Retour vers le futur » - les médecins de famille d'aujourd'hui rencontrent les médecins de famille de demain

10 h 30 – 12 h 30

Ce moment-phare annuel du FMF est réservé aux étudiants en médecine et aux résidents en médecine familiale.

Facilitateurs :

Cheri Bethune, MD, CCMF, FCMF

Pierre-Paul Tellier, MD, CCMF, FCMF

Session interactive qui permet aux étudiants en médecine et aux résidents en médecine familiale de se réunir et de partager leurs points de vue sur leur future carrière avec les Médecins de famille canadiens de l'année 2007.

Déjeuner des étudiants en médecine et des résidents en médecine familiale – 12 h 30 – 13 h 30

Ce déjeuner est réservé exclusivement aux étudiants en médecine et aux résidents en médecine familiale. Il leur offre une occasion de rencontre et d'échange avec d'autres étudiants en médecine et résidents en médecine familiale du Canada.

Soirée gala du FMF

21 h 15 – minuit

Joignez-vous à vos collègues de tous les coins du pays pour célébrer le 50e anniversaire de notre assemblée scientifique annuelle lors d'une soirée mettant en vedette la chanteuse Chantal Kreviazuk. **Billets requis (voir page RF2 pour vous inscrire).**

CHAQUE JOUR

Stands des programmes de résidence en médecine familiale Hall d'exposition

Visitez les stands des programmes de résidence en médecine familiale pendant les heures d'ouverture régulière du hall d'exposition pour en savoir davantage sur la discipline de la médecine familiale et les excellentes possibilités de formation offertes dans toutes les régions du pays.

Travel & Accommodation • Transport et Hébergement

Travel

Carlson Wagonlit Travel is the official travel agent for FMF 2007. To take advantage of CFPC discounts, contact **(905) 206-8177 or 1 877 206 8709 x 8177, fax (905) 629-8100 or email rdominguez@carlsonwagonlit.com.**

If you prefer to book your air or rail travel with an agent other than Carlson Wagonlit travel, please provide the following convention numbers when making your travel arrangements:

Air Canada Convention Number: **HQB36YD1**

WestJet Convention number: **QC#4406**

Car Rental

Hertz has been appointed the official car rental company for FMF 2007. Reservations may be placed online at www.hertz.com or through the Hertz Meeting Sales Desk.

In Canada call 800-263-0600; in the U.S. Call 800-654-2240.

When booking reservations through Hertz reservations, please reference the Meeting Number: **CV03HK0003**

Accommodation

① Delta Winnipeg

350 St. Mary Ave, Winnipeg, MB R3C 3J2
Delta Room \$115
Delta Premier \$140
Signature Club \$160
Suites \$215

Reservations 204-942-0551/1-888-311-4990

Please quote CFPC or FMF for preferred rate.

② The Fort Garry

222 Broadway, Winnipeg MB R3C 0R3
Standard Rooms \$135
Reservations 204-942-8251/1-800-665-8088
Please quote 10017R for preferred rate.

③ The Fairmont Winnipeg

Two Lombard Place, Winnipeg MB R3B 0Y3
Fairmont Guestrooms \$165
Fairmont Gold Guestrooms .. \$265
Reservations 204-985-6202/1-800-441-1414
Please quote CFPC or FMF for preferred rate

Reservations on-line www.fairmont.com/winnipeg

Enter Promotional Code GRCFP1 at booking screen.

④ York the Hotel

161 Donald Street, Winnipeg, MB R3C 1M3
Traditional Queen \$109
Deluxe Queen/King \$119
Reservations 1-800-463-6400
Phone 1-204-942-5300

Please quote CFPC for preferred rate

Reservations on line www.yorkthehotel.com

On reservations page, click on "group reservations" at bottom of page. Enter the Attendee code cofp in box provided.

Transport

Carlson Wagonlit Travel est l'agence officielle du FMF 2007. Pour profiter des réductions consenties aux membres du CMFC, communiquez avec eux par téléphone **(905-206-8177 ou 1 877 206 8709, p. 8177), par télécopieur (905-629-8100) ou par courriel (rdominguez@carlsonwagonlit.com).**

Si vous préférez utiliser les services d'une autre agence pour réserver votre billet d'avion ou de train, veuillez préciser les numéros de congrès suivants :

Air Canada : **HQB36YD1**

WestJet : **QC#4406**

Location de voiture

Hertz est l'entreprise de location de voitures officielle du FMF 2007. Vous pouvez faire vos réservations en ligne à www.hertz.com ou communiquer avec leur bureau des assemblées : **au Canada, composez le 800-263-0600; aux É.-U., composez le 800-654-2240.** Au moment de faire vos réservations chez Hertz, précisez le numéro de référence suivant : **CV03HK0003**

Hébergement

① Delta Winnipeg

350, avenue St. Mary, Winnipeg, MB R3C 3J2
Chambre Delta 115 \$
Chambre Delta Premier 140 \$
Chambre Signature Club 160 \$
Suite 215 \$

Réservations 204-942-0551/1-888-311-4990

Veuillez mentionner le CMFC ou le FMF pour obtenir les tarifs préférentiels.

② Hôtel Fort Garry

222, rue Broadway, Winnipeg MB R3C 0R3
Chambre standard 135 \$
Réservations 204-942-8251/1-800-665-8088
Veuillez mentionner 10017R pour obtenir le tarif préférentiel.

③ Hôtel Fairmont Winnipeg

Deux, place Lombard, Winnipeg MB R3B 0Y3
Chambre Fairmont 165 \$
Chambre Fairmont Gold 265 \$
Réservations 204-985-6202/1-800-441-1414
Veuillez mentionner le CMFC ou le FMF pour obtenir les tarifs préférentiels.

Réservations en ligne www.fairmont.com/winnipeg

Entrez le code promotionnel GRCFP1 dans l'écran des réservations.

④ York the Hotel

161, rue Donald, Winnipeg, MB R3C 1M3
Chambre Traditional Queen ... 109 \$
Chambre Deluxe Queen/King .119 \$
Réservations 1-800-463-6400
Téléphone 1-204-942-5300

Veuillez mentionner le CMFC pour obtenir les tarifs préférentiels.

Réservations en ligne www.yorkthehotel.com

Au bas de la page des réservations, cliquez sur « group reservations ». Entrez le code de participant cofp dans la case prévue à cet effet.

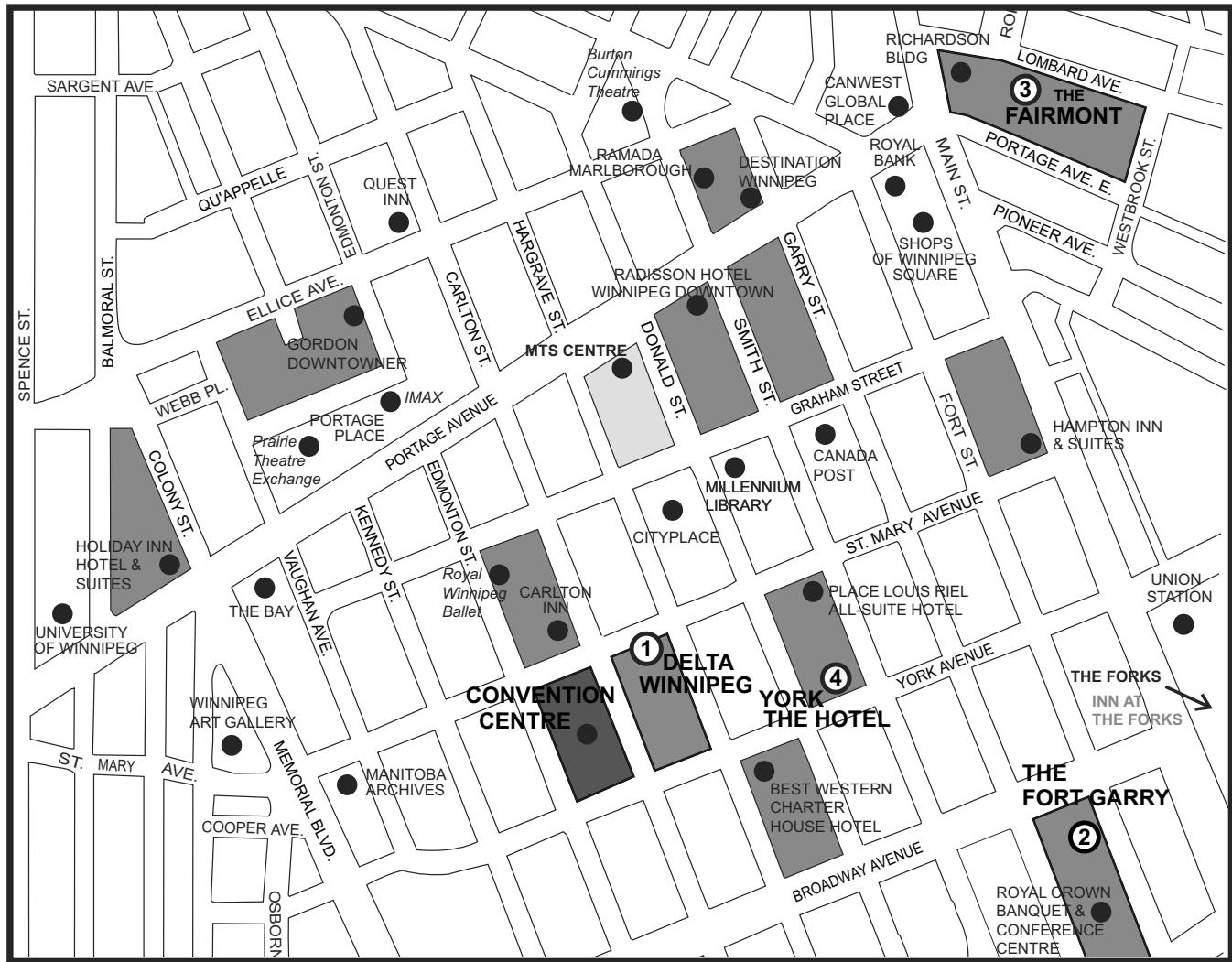
Travel & Accommodation • Transport et Hébergement

- ① Delta Winnipeg
- ② The Fort Garry
- ③ The Fairmont Winnipeg
- ④ York the Hotel

Booking must be made by September 10th as there are a *limited number* of rooms available at these rates. They are offered on a *first come, first served basis*.

- ① Delta Winnipeg
- ② Hôtel Fort Garry
- ③ Hôtel Fairmont Winnipeg
- ④ York the Hotel

Les réservations doivent être faites au plus tard le 10 septembre car le nombre de chambres offertes à tarif réduit est limité. Elles sont offertes selon l'ordre d'arrivée des réservations.



Medical students or family medicine residents, please call the CFPC National office at 1-800-387-6197, ext. 800 for a special reduced hotel rate.

These rates are offered only on a limited basis, so book early and save!

Si vous êtes étudiant en médecine ou résident en médecine familiale, communiquez avec le bureau national du CMFC (1-800-387-6197, p. 800) pour obtenir des tarifs d'hôtel réduits.

Ces tarifs sont offerts uniquement pendant un temps limité. Réservez tôt et épargnez!

Exhibit Hall / FMF Schedules · Hall d'exposition / Horaire du FMF

The Exhibit Hall complements the clinical and educational activities of FMF. It features the latest developments relevant to family physicians in pharmaceuticals, medical equipment diagnostics, practice software, relocation opportunities, and educational publishing.

The Exhibit Hall is the principal meeting place at Family Medicine Forum. It provides opportunities for you to:

- network with colleagues in small cafés located throughout the hall
- check e-mail
- study scientific posters
- enjoy daily breakfast, coffee breaks and lunches
- participate in the Daily Passport contest for a chance to win a selection of medical books, equipment, and PDA's for your practice
- meet representatives from the Departments of Family Medicine from Canada's medical schools.
- watch live demonstrations of the latest practice procedures and techniques in the Demonstration Theatre
- visit the CFPC pavilion, MCFP and other medical association booths, as well as the Canadian Forces Pavilion
- get your wellness checkup at the Health Professionals Wellness Fair
- vote on the exhibits that you judge to have the "Best Booth Representatives", "Most Innovative CME", or "Best Educational Information"
- support the exhibitors and sponsors who help make Family Medicine Forum a reality
- toast the opening of FMF at the Welcome Reception on Thursday evening.

Demonstration Theatre

Located inside the Exhibit Hall, the Demonstration Theatre will broadcast the Keynote Addresses, host daily live demonstrations of office procedures, and screen films during the lunch hour.

Film Screening Times

Join us daily from 1230 – 1330 to enjoy locally produced films featuring important topics in health and medicine. Please see the final FMF program for film titles and descriptions.

Le hall d'exposition se veut un complément aux activités cliniques et éducatives du FMF. On y présente les dernières nouveautés susceptibles d'intéresser les médecins de famille : produits pharmaceutiques, matériel médical de diagnostic, logiciels médicaux, possibilités de relocalisation et édition pédagogique.

Principal lieu de rencontre du Forum en médecine familiale, le hall d'exposition vous offre diverses possibilités :

- échanger avec vos collègues dans les petits cafés disséminés dans le hall;
- vérifier vos courriels;
- consulter les affiches scientifiques;
- prendre votre petit déjeuner, vos pauses et votre déjeuner;
- participer au concours du passeport quotidien d'exposition pour avoir la chance de remporter des prix qui incluent une vaste sélection de volumes médicaux, de l'équipement et des assistants numériques (PDA) pour votre pratique;
- rencontrer des représentants des départements de médecine familiale des facultés de médecine du Canada;
- assister à des démonstrations des plus récentes procédures et techniques de pratique au Théâtre de démonstration;
- visiter le pavillon du CMFC et du MCFP, les stands des autres associations médicales et le pavillon des Forces canadiennes;
- faire vérifier votre état de santé à la Foire du mieux-être des professionnels de la santé;
- voter pour les meilleurs préposés aux stands, la FMC la plus innovatrice ou la meilleure information médicale;
- appuyer les exposants et commanditaires qui contribuent à la réalisation du Forum en médecine familiale;
- lever votre verre à l'inauguration du FMF lors de la réception d'ouverture du jeudi soir.

Théâtre de démonstration

Situé à l'intérieur du hall d'exposition, le Théâtre de démonstration sera le lieu où se dérouleront les conférences d'ouverture, les démonstrations quotidiennes d'habiletés techniques et les projections de films à l'heure du déjeuner.

Horaire de projection des films

Joignez-vous à nous chaque jour, de 12 h 30 à 13 h 30, pour regarder des films produits localement et portant sur des thèmes importants en santé et en médecine. Veuillez consulter le programme final du FMF pour les titres et les descriptions des films.

TYPICAL DAY AT FMF / JOURNÉE TYPIQUE AU FMF

0700 – 0815	Networking sessions and Satellite Symposia / Séances de réseautage et symposiums satellites
0730 – 0830	Continental Breakfast in Exhibit Hall / Petit déjeuner continental dans le hall d'exposition
0830 – 1000	Keynote Addresses / Conférences d'ouverture
1000 – 1030	Refreshment Break in Exhibit Hall / Pause rafraîchissement dans le hall d'exposition
1030 – 1230	FMF Scientific Program: concurrent sessions / Programme scientifique du FMF : sessions simultanées
1230 – 1330	Lunch in Exhibit Hall and Satellite Symposia / Déjeuner dans le hall d'exposition et Symposiums satellites
1330 – 1500	FMF Scientific Program: concurrent sessions / Programme scientifique du FMF : sessions simultanées
1500 – 1530	Refreshment Break in Exhibit Hall / Pause rafraîchissement dans le hall d'exposition
1530 – 1700	FMF Scientific Program: concurrent sessions / Programme scientifique du FMF : sessions simultanées

REGISTRATION HOURS / HEURES D'INSCRIPTION

Wednesday/Mercredi	Thursday/Jeudi	Friday/Vendredi	Saturday/Samedi
0700 – 1700	0630 – 1700	0630 – 1700	0630 – 1300

EXHIBIT HALL HOURS / HEURES D'OUVERTURE DU HALL D'EXPOSITION

Wednesday/Mercredi	Thursday/Jeudi	Friday/Vendredi	Saturday/Samedi
Closed/Fermé	0730 – 1900	0730 – 1600	0730 – 1330

Mainpro-M1 Credits: This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for up to 19.5 Mainpro-M1 credits.

Thursday	up to 6.5 credits
Friday	up to 6.5 credits
Saturday	up to 6.5 credits

Crédits Mainpro-M1 : Ce programme satisfait aux critères d'approbation du Collège des médecins de famille du Canada et donne droit à un maximum de 19,5 crédits Mainpro-M1.

Jeudi	jusqu'à 6,5 crédits
Vendredi	jusqu'à 6,5 crédits
Samedi	jusqu'à 6,5 crédits

Mainpro-C Credits: Mainpro-C activities remain one of the most progressive and popular learning strategies among family physicians. For CFPC members, earning Mainpro-C credits has the following additional benefits:

1. For every Mainpro-C credit submitted (with documentation) The College of Family Physicians of Canada will add a bonus Mainpro M1 to your CME record.
2. Members who maintain their Certification (CCFP) (250 credits per 5-year cycle), including 25 Mainpro-C credits in each of two consecutive 5-year Mainpro cycles are eligible to be nominated for Fellowship (FCFP).
3. To maintain their FCFP, those who were awarded Fellowship from 2004 on **must maintain CFPC membership and Certification (CCFP) including 25 Mainpro C Credits in each subsequent 5-year Mainpro cycle.**

Would you like to earn extra credits at FMF?

Complete a Linking Learning to Practice or Pearls exercise based upon questions relevant to your practice.

1. Linking Learning to Practice activities are unique, fun, and interesting self-reflective exercises, which involve answering questions that arise in day-to-day practice or while attending CPD sessions like FMF.

These exercises challenge physicians to answer questions which are relevant to and reflect critically on their practices, and implement new learning. If you submit a Linking Learning to Practice exercise, the College will award two Mainpro-C credits.

2. PEARLS exercises also allow family physicians to identify questions important to their practices, while conducting a more detailed literature review and critical appraisal. Three Mainpro-C credits will be awarded to you upon completion of each PEARLS exercise.

For more information about Linking Learning to Practice or PEARLS, contact Francine Kerdman at the CPD office, or during FMF, visit the CFPC booth in the Exhibit Hall.

Crédits Mainpro-C : Les activités Mainpro-C demeurent l'une des stratégies d'apprentissage les plus populaires et les plus innovatrices pour tous les médecins de famille. Pour les membres du CMFC, l'obtention de crédits Mainpro-C comporte les avantages supplémentaires suivants :

1. Pour chaque crédit Mainpro-C soumis (avec documentation), le Collège des médecins de famille du Canada ajoutera un crédit Mainpro M1 à votre dossier de FMC.
2. Les membres qui maintiennent leur certification (CCMF) (250 crédits par cycle de 5 ans), y compris 25 crédits Mainpro-C dans chacun des deux cycles consécutifs de 5 ans Mainpro, sont admissibles à recevoir le titre de fellow (FCMF).
3. Pour conserver le titre de fellow, ceux qui ont obtenu le titre FCMF depuis 2004 doivent demeurer membres du CMFC et **maintenir leur certification (CCMF), y compris 25 crédits Mainpro-C dans chacun des cycles de 5 ans Mainpro ultérieurs.**

Vous aimeriez obtenir des crédits supplémentaires au FMF?

Soumettez-vous à un exercice Relier l'apprentissage à la pratique ou à un exercice PERLES basé sur des questions qui se rapportent à votre pratique.

1. Les exercices de réflexion sur la pratique Relier l'apprentissage à la pratique sont originaux et agréables et impliquent une approche qui consiste à répondre à des questions qui se posent dans votre pratique quotidienne ou lorsque vous participez à des sessions de FMC comme le FMF. Ces exercices amènent les médecins à répondre à des questions qui sont pertinentes à leur pratique et à réfléchir à leur pratique de façon critique. Ils permettent également de mettre en pratique de nouvelles connaissances. Si vous soumettez un exercice Relier l'apprentissage à la pratique, le Collège vous accordera deux crédits Mainpro-C.
2. Les exercices PERLES permettent également aux médecins de famille d'identifier des questions importantes pour leur pratique tout en faisant une recension plus détaillée et une évaluation de la littérature. Chaque exercice PERLES réalisé vous donne droit à trois crédits Mainpro-C.

Pour plus d'information sur les exercices Relier l'apprentissage à la pratique et PERLES, communiquez avec Francine Kerdman au bureau de la FMC ou, durant le FMF, visitez le stand du CMFC dans le hall d'exposition.

PROOF OF PARTICIPATION

In order to claim your M1 credits, **you must have your name badge scanned by registration staff.** Once your badge is scanned, your attendance is recorded in our database and you will automatically receive an official "Letter of attendance" from our office which will serve as your proof of participation for CME/CPD reporting purposes.

PREUVE DE PARTICIPATION

Afin de pouvoir réclamer vos crédits M1, **vous devez soumettre votre insigne d'identité à un contrôle par lecture optique effectué par le personnel de l'inscription.** Cela fait, votre participation sera enregistrée dans notre banque de données et vous recevrez automatiquement une « **lettre de participation** » officielle de notre bureau qui vous servira de preuve de participation à des activités de FMC/DPC.

Registration • Inscription

How to Register for FMF 2007

By mail, fax, or on-line at www.cfpc.ca/fmf

IMPORTANT

Pre-Registration is required only for sessions listed on page R2 of the Registration Form. Please indicate a 2nd choice if you wish to be assigned an alternate session should your first choice be fully booked. All other sessions at FMF 2007 are offered on a **first come first served basis**.

- General Sessions held in Exhibit Hall B will have unlimited capacity. You can be assured of admittance to these at any time.
- All other sessions have been planned to accommodate small to medium sized groups, and will therefore be available on a **first come first served basis – Plan to arrive early!**

REGISTRATION DEADLINES

- **Early bird discount is available until midnight, August 31st, 2007**
- **Pre-registration is available until midnight, September 28th, 2007**
- **On-site Registration opens in Winnipeg on Wednesday, October 10th at 0700**

CONFIRMATION AND NAME BADGES

- Those who register **BEFORE** the early bird cut-off (August 31st 2007) will receive their **confirmation, name badge, and event tickets (complimentary and purchased)** by mail. **Please remember to bring these items with you to the conference.**
- Those who register **AFTER** the early bird cut-off will receive only their **confirmation** by mail. Your name badge will be available for pick-up at registration on-site at the pre-registered area.

ON-SITE LOCATION

Registration will be located on the ground floor of the South East Concourse of the Winnipeg Convention Centre. This is where you will pick up your name badge (if you have not received it by mail), delegate kit, and have your name badge scanned.

Registration is open from Wednesday, October 10th 0700 until 1300 Saturday, October 13th.

PAYMENT INFORMATION

Please include 6% GST with your payment.

Registration will be confirmed **only when** your total payment has been received and processed.

Incomplete or illegible registrations often create processing delays. Please include your name on the top of Page R2, and return **both pages**.

CANCELLATION POLICY

Cancellation accepted only upon written request. See bottom of registration form for applicable penalties.

PRIVACY POLICY

The CFPC collects, uses, and discloses personal information in accordance with current privacy legislation and the CFPC privacy policy. This policy is published in its entirety on its website at www.cfpc.ca.

Comment vous inscrire au FMF 2007

Par la poste, télécopieur ou en ligne à www.cfpc.ca/fmf_f

IMPORTANT

La préinscription est requise uniquement pour les sessions indiquées à la page RF2 du Formulaire d'inscription. Veuillez indiquer un deuxième choix au cas où celle à laquelle vous souhaitez vous inscrire serait complète. Toutes les autres sessions du FMF 2007 sont **offertes selon l'ordre d'arrivée des demandes**.

- Les sessions générales présentées dans le hall d'exposition B pourront accueillir un nombre illimité de participants. Vous êtes assuré d'avoir une place à ces sessions en tout temps.
- Toutes les autres sessions ont été prévues pour accueillir des groupes de petite à moyenne taille. Les places seront donc attribuées selon **l'ordre d'arrivée – Prévoyez arriver tôt!**

DATES LIMITES DE L'INSCRIPTION

- **La réduction consentie pour l'inscription hâtive est offerte jusqu'à minuit le 31 août 2007.**
- **La préinscription est possible jusqu'à minuit le 28 septembre 2007.**
- **L'inscription sur place à Winnipeg ouvre le mercredi 10 octobre à 7 h.**

CONFIRMATION ET INSIGNE D'IDENTITÉ

- Ceux qui s'inscrivent **avant** la date limite de préinscription (31 août 2007) recevront leur **confirmation, leur insigne d'identité et leurs billets pour les activités (gratuits et achetés)** par la poste. **N'oubliez pas de les apporter avec vous au FMF.**
- Ceux qui s'inscrivent **après** la date limite de préinscription recevront **uniquement** leur **confirmation** par la poste. Ils pourront prendre leur insigne d'identité au bureau d'inscription sur place, là où il est indiqué « déjà inscrits ».

EMPLACEMENT SUR LE SITE

Le bureau d'inscription sera situé au rez-de-chaussée de la section South East Concourse du Centre des congrès de Winnipeg. C'est là que vous pourrez prendre votre insigne d'identité (si vous ne l'avez pas reçue par la poste) et votre trousse de participant et faire procéder à la lecture optique de votre insigne d'identité.

L'inscription sera ouverte du mercredi 10 octobre à 7 h jusqu'au samedi 13 octobre à 13 h.

INFORMATION SUR LE PAIEMENT

Veuillez ajouter 6 % pour la TSP au montant de votre paiement. Votre inscription ne sera confirmée **qu'après réception et traitement du paiement total. Un formulaire d'inscription incomplet ou illisible pourrait entraîner des retards de traitement.** Veuillez indiquer votre nom au haut de la page RF2 et retourner **les deux pages du formulaire**.

POLITIQUE D'ANNULATION

Les annulations d'inscription seront acceptées par écrit seulement. Voir au bas du formulaire d'inscription les frais d'annulation applicables.

POLITIQUE DE CONFIDENTIALITÉ

Le CMFC recueille, utilise et communique des renseignements personnels conformément à la législation actuelle relative à la protection de la vie privée et la politique de confidentialité du CMFC. Le texte intégral de cette politique est publié sur le site web du CMFC à www.cfpc.ca.



The College of
Family Physicians
of Canada

Le Collège des
médecins de famille
du Canada



Section of
Teachers of
Family Medicine

Section des
enseignants en
médecine familiale

Family Medicine
2007
FORUM
Médecine familiale
WINNIPEG



The Manitoba
College of
Family Physicians Inc.

Le Collège
des médecins de
famille du Manitoba inc.



Section of
Researchers of
Family Medicine

Section des
chercheurs en
médecine familiale

R1

REGISTRATION FORM • FAMILY MEDICINE FORUM • OCTOBER 11 - 13th, 2007

1. PERSONAL INFORMATION

CFPC Membership # (if known) _____

Surname:

First Name (s):

Title:

Address:

City:

Province/State:

Country:

Postal/Zip:

Phone:

E-mail:

2. REGISTRATION CATEGORY/FEE

Please **Check** (✓) your category

Full Registration BEFORE	Full Registration AFTER	Daily Rate	<input checked="" type="checkbox"/> Check
August 31st 2007	August 31st 2007	Thursday Friday Saturday	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

<input type="checkbox"/> CFPC Member	<input type="checkbox"/> AAFP Member	\$680	\$785	\$280
<input type="checkbox"/> First 3 Years in Active Practice		\$410	\$475	\$175
<input type="checkbox"/> Retired/Life Member		\$410	\$475	\$175
<input type="checkbox"/> Honorary Member		\$220	\$220	\$105
<input type="checkbox"/> Resident Member or <input type="checkbox"/> International Medical Graduate currently enrolled in a recognized IMG Program		\$220	\$220	\$105
<input type="checkbox"/> Medical Student		no charge	no charge	no charge
<input type="checkbox"/> Non-member Physician		\$810	\$925	\$340
<input type="checkbox"/> Nurse/Nurse Practitioner	<input type="checkbox"/> Other Health Care Professional	\$410	\$475	\$175
<input type="checkbox"/> Accompanying Person**		\$220	\$220	\$105

****Please Note:**

Persons under 16 years of age are free. Accompanying persons receive a name badge for access to Exhibit Hall, keynotes and some sessions, as well as meals (breakfast and lunch). **This category does not apply to physicians.** Physicians must register in one of the physician member categories.

➤ Names (first and last) of accompanying person (if applicable): _____

➤ **REGISTRATION FEES** \$ _____

3. SESSIONS - SEE PAGE R2 OF THIS FORM (insert applicable fees here)

➤ **SESSION FEES (if applicable)** \$ _____

4. EVENTS - SEE PAGE R2 OF THIS FORM (insert applicable fees here)

➤ **EVENT FEES (if applicable)** \$ _____

Each registrant is eligible to receive one complimentary ticket for the
FMF Celebration with Chantal Kreviazuk on Saturday evening.

See bottom of page R2 - "EVENTS" to reserve your ticket.

SUBTOTAL \$ _____

ADD 6% GST \$ _____

➤➤ **TOTAL** \$ _____

5. PAYMENT METHOD (registration will only be processed once payment is received and approved)

Visa MasterCard Amex Card # _____ Expiry: _____

Cheque enclosed Payable to: **The College of Family Physicians of Canada** Cheque #: _____

Please fill out and return page R2 of this form even if you are not registering for any events or sessions ➤

RETURN FORM TO: CFPC, 2630 Skymark Avenue, Mississauga, ON L4W 5A4 fax: 905 629 0893 register on-line: www.cfpc.ca/fmf

Cancellation Policy: 20% of registration fee will be retained for cancellations received before August 31st, 2007. 50% of registration fee will be retained for cancellations received between August 31st and September 28th, 2007. No cancellations accepted after September 28th, 2007. Cancellations accepted only upon written request.

R1



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The Manitoba
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Family Physicians Inc.



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Family Medicine

Le Collège
des médecins de
famille du Manitoba inc.

RF1

FORMULAIRE D'INSCRIPTION • FORUM EN MÉDECINE FAMILIALE • 11 - 13 OCTOBRE 2007

1. RENSEIGNEMENTS PERSONNELS

N° membre du CMFC (si connu) _____

Nom:

Prénom(s):

Titre:

Adresse:

Ville:

Province/État:

Pays:

Code Postal/Zip Code:

Téléphone:

Courriel:

2. CATÉGORIE/FRAIS D'INSCRIPTION

Veuillez cocher (☒) votre catégorie	Inscription complète AVANT 31 Août 2007	Inscription complète APRÈS 31 Août 2007	Tarif Quotidien <input checked="" type="checkbox"/> cocher	
			jeudi	vendredi
<input type="checkbox"/> Membre du CMFC <input type="checkbox"/> Membre de l'AAFP	680 \$	785 \$	280 \$	
<input type="checkbox"/> 3 premières années en pratique active	410 \$	475 \$	175 \$	
<input type="checkbox"/> Membre retraité / à vie	410 \$	475 \$	175 \$	
<input type="checkbox"/> Membre honoraire	220 \$	220 \$	105 \$	
<input type="checkbox"/> Membre résident ou <input type="checkbox"/> Médecin diplômé à l'étranger présentement inscrit dans un programme reconnu d'évaluation pour MDÉ	220 \$	220 \$	105 \$	
<input type="checkbox"/> Étudiant en médecine	gratuit	gratuit	gratuit	
<input type="checkbox"/> Médecin non membre	810 \$	925 \$	340 \$	
<input type="checkbox"/> Infirmière/Infirmière praticienne <input type="checkbox"/> Autre professionnel de la santé	410 \$	475 \$	175 \$	
<input type="checkbox"/> Personne accompagnante**	220 \$	220 \$	105 \$	

**Veuillez prendre note :

Les personnes de moins de 16 ans sont admises gratuitement. Les personnes accompagnantes reçoivent un insigne d'identité donnant accès au hall d'exposition, aux conférences d'ouverture, à certaines sessions et aux repas (petit déjeuner et déjeuner). **Cette catégorie ne s'applique pas aux médecins. Ils doivent s'inscrire dans l'une des catégories réservées aux médecins membres.**

➤ Prénom et nom de la personne accompagnante (s'il y a lieu) : _____

➤ FRAIS D'INSCRIPTION _____ \$

3. SESSIONS - VOIR EN PAGE RF2 DU PRÉSENT FORMULAIRE (ajouter les frais applicables ici)

➤ FRAIS POUR SESSIONS (s'il y a lieu) _____ \$

4. ACTIVITÉS - VOIR EN PAGE RF2 DU PRÉSENT FORMULAIRE (ajouter les frais applicables ici)

➤ FRAIS POUR ACTIVITÉS (s'il y a lieu) _____ \$

Chaque participant inscrit a droit à un billet gratuit pour la soirée de célébration du FMF avec Chantal Kreviazuk le samedi soir.

Voir au bas de la page RF2 - « ACTIVITÉS » pour réserver votre billet.

SOUS-TOTAL _____ \$

AJOUTER 6% POUR LA TPS _____ \$

➤➤ TOTAL _____ \$

5. MODE DE PAIEMENT (l'inscription sera traitée seulement après réception et approbation du paiement)

Visa Master Card Amex N°de la carte : _____ Expiration: _____

Chèque joint Payable à : Le Collège des médecins de famille du Canada N°du Chèque: _____

Veuillez remplir et retourner la page RF2 du présent formulaire même si vous ne vous inscrivez pas à des activités ou à des sessions ➤

RETOURNER LE FORMULAIRE AU: CMFC, 2630, avenue Skymark, Mississauga, ON L4W 5A4 télécopieur: 905 629 0893

inscription en ligne: www.cfpc.ca/fmf_f

Politique d'annulation : 20% des frais d'inscription seront retenus sur les annulations reçues avant le 31 août. Cinquante pour cent (50 %) des frais d'inscription seront retenus sur les annulations reçues entre le 31 août et le 28 septembre 2007. Aucune annulation n'est acceptée après le 28 septembre 2007. Seules les demandes d'annulation reçues par écrit sont acceptées.

RF1

Legend

Title: English/French – The title of the session is in the language in which it will be presented.

Session Codes beginning with:

PWednesday (Pre-Conference)	3Saturday
1Thursday	4Sunday (Post-Conference)
2Friday	

Session codes ending with:

K/C ...Keynote/Conference d'ouverture
NNetworking Session/Session de réseautage
GGeneral Session/Session générale
MC ...Mainpro-C
W/A..Workshop/Atelier
SSSatellite Symposium/Symposium satellite

Session Definitions

Keynote / Conférence d'ouverture (indicated by a "K/C" after the session number)

Feature presentations for all registrants by renowned national or international speakers, usually held at the start of each day.

No pre-registration required.

General Session (indicated by a 'G' after the session number)

"Large group sessions" 20 to 30 minutes in length which provide updates on topics relevant to family physicians. A question and answer period generally follows individual sessions.

No pre-registration required.

Workshop / Atelier (indicated by a "W/A" after the session number)

Small group sessions which foster interaction between and among presenters/facilitators and participants. An opportunity to learn new knowledge and skills.

No pre-registration required.

Networking Session (indicated by a "N" after the session number)

Informal opportunities for family physicians with common or specific interests to meet and share ideas and information.

No pre-registration required.

Mainpro-C Session (indicated by a "MC" after the session number)

See Mainpro-C section of this program (pages 63-70) and the FMF 2007 Registration Form (page R2) for further details. These sessions are offered only to FMF registrants.

Pre-registration is required. Additional fees apply.

Satellite Symposium

(Indicated by a "SS" after the session number)

Register for a satellite symposium and earn extra M1 credits for each satellite symposium you attend!

Satellites symposia (or 'satellites') have become a regular part of the meetings of many medical specialty societies, but are relatively new to Family Medicine Forum. Speakers are live and present 'in person' – not beamed in by satellite!

These CME/CPD sessions occur at the times when no other scientific sessions are being offered, (hence the term 'satellite'), but are M1 accredited and offered as a value-added feature to FMF. The topics come from the CFPC's Call for Workshops or are proposed to the planning committee by external organizations and may have industry sponsorship.

Pre-registration is required for satellite symposia, however, there is no additional fee. Modest meals are provided at each symposium.

Légende

Le titre de la session indique la langue dans laquelle elle sera présentée.

Les codes des sessions qui débutent par :

PMercredi (précongrès)	3Samedi
1Jeudi	4Dimanche (postcongrès)
2Vendredi	

Les codes des sessions qui se terminent par :

K/C ...Keynote/Conference d'ouverture
NNetworking Session/Session de réseautage
GGeneral Session/Session générale
MC ...Mainpro-C
W/A..Workshop/Atelier
SSSatellite Symposium/Symposium satellite

Définition des sessions

Keynote / Conférence d'ouverture (indiquées par les lettres "K/C" après le numéro de la session) Communications ouvertes à tous les participants données par des conférenciers de réputation nationale ou internationale, habituellement offertes au début de chaque journée.
Aucune préinscription requise.

Session générale (indiquées par la lettre « G » après le numéro de la session) Sessions en grand groupe d'une durée de 20 à 30 minutes faisant le point sur des sujets pertinents pour les médecins de famille. Chaque session est généralement suivie d'une période de questions.
Aucune préinscription requise.

Workshop / Atelier (indiquées par les lettres "W/A" après le numéro de la session) Séances en petits groupes favorisant les interactions entre et avec les conférenciers/animateurs et les participants. Occasion d'apprendre de nouvelles connaissances et compétences.
Aucune préinscription requise.

Sessions de réseautage (indiquées par la lettre « N » après le numéro de la session) Occasions d'échange à caractère non officiel où les médecins de famille ayant des intérêts spécifiques communs peuvent échanger des idées et partager de l'information.
Aucune préinscription requise.

Sessions Mainpro-C (indiquées par les lettres « MC » après le numéro de la session) Consulter la section Mainpro-C de ce programme (pages 63-70) et le formulaire d'inscription au FMF 2007 (page RF2) pour plus de détails. Ces sessions sont offertes uniquement aux participants du FMF. **Préinscription requise. Des frais additionnels s'appliquent.**

Symposiums satellites (indiqués par les lettres « SS » après le numéro de la session) Inscrivez-vous à un symposium satellite et obtenez des crédits M1 additionnels pour chaque symposium satellite auquel vous participez!

Les symposiums satellites sont désormais un volet régulier du programme de nombreux congrès axés sur des domaines médicaux spécialisés, mais ils sont une composante relativement nouvelle du Forum en médecine familiale. Les conférenciers sont présents « en personne » – et non « virtuellement », par satellite!

Ces sessions de FMC/DPC sont présentées à des heures où aucune autre session scientifique n'est offerte (raison pour laquelle elles sont dites « satellites »). Elles donnent néanmoins droit à des crédits M1 et sont offertes à titre de « valeur ajoutée » au FMF. Les thèmes abordés proviennent de l'appel de communications du CMFC ou sont proposés au comité de planification par des organisations externes et elles peuvent être parrainées par l'industrie. La préinscription est requise, mais il n'y a pas de frais additionnels.

La préinscription est requise pour les symposiums satellites, toutefois, il n'y a pas de frais additionnels. Un léger repas est compris à chaque symposium satellite.

Registration deadline for Mainpro-C sessions is September 15th.

La date limite d'inscription aux sessions Mainpro-C est le 15 septembre.

Learning Tracks · Thèmes des séances d'apprentissage

FMF 2007 has been developed to meet the learning needs of family physicians with comprehensive scopes of practice as well as those with focused areas of interest. While all registrants may attend any FMF session (unless "closed" or by "invitation only"), some may wish to arrange their own learning "tracks" related to areas of particular interest to them. Learning Tracks for FMF 2007 include:

Child Health, Emergency Medicine/Procedural Skills, Interprofessional Education, Practice Management, Rural Medicine, Urban/Multicultural Health, and Update on Basics.

Each FMF session has also been planned to benefit one or more aspects of a family physician's work including: clinical care, teaching, research and practice/health system management. The titles and descriptions provided in this program will help guide registrants regarding the focus of each presentation.

Registrants are welcome to attend all sessions including those with a teaching and research focus.

Le FMF 2007 a été conçu pour répondre aux besoins d'apprentissage tant des médecins de famille ayant un vaste champ d'activité que de ceux qui ont un domaine d'intérêt plus ciblé. Bien que toutes les séances du FMF soient ouvertes à tous les congressistes (sauf celles qui sont « fermées » ou « sur invitation seulement »), certains voudront peut-être organiser euxmêmes leurs séances d'apprentissage et les regrouper sous des domaines qui les intéressent particulièrement. Les thèmes des séances d'apprentissage du FMF 2007 incluent :

Santé de l'enfant, médecine d'urgence / habiletés techniques, éducation interprofessionnelle, gestion de la pratique, médecine rurale, santé urbaine / multiculturelle, mise à jour des domaines essentiels.

Chaque session du FMF a aussi été planifiée pour répondre à au moins un des aspects du travail du médecin de famille, notamment : les soins cliniques, l'enseignement, la recherche et la gestion de la pratique/du système de santé. Les titres et descriptions fournis dans ce programme renseignent les congressistes sur l'objectif de chaque présentation. Les participants peuvent s'inscrire à toutes les séances, y compris celles qui sont axées sur la recherche et l'enseignement.

Child Health / Santé de l'enfant

Wednesday/mercredi

Healthy child development: Improving the odds P103MC

Thursday/jeudi

Healthy child development: Post partum mood disorder 141MC

Issues in the management of asthma in children and adults 156MC

Pediatric Hot Topics:

Immunization 146G ⓘ

Fetal alcohol syndrome 155G ⓘ

Pediatric Asthma 157G ⓘ

Injury prevention 167G ⓘ

Type 2 Diabetes 168 ⓘ

Anaphylaxis 170G ⓘ

Friday/vendredi

Healthy child development: Helping Aboriginal families 262MC

Saturday/samedi

Pediatric orthopedics: When to refer 326G

Breastfeeding basics for the practicing physician 338MC

Healthy child development: Fetal Alcohol Spectrum Disorder 340MC

Child sexual abuse 359W/A

Emergency Medicine - Procedural Skills / Médecine d'urgence - Habiletés techniques

Wednesday/mercredi

Airway Intervention and Management in Emergencies (AIME) P100MC

Thursday/jeudi

Case-based discussion of thrombosis/anticoagulant management 115W/A

An approach to the psychiatric emergency in a non-specialized rural/remote setting 130G ⓘ

Drowning: Evidence-based review of incidence, prevention and treatment 138W/A

The 15-minute psychiatric screening assessment 153MC

Endometrial biopsy and IUCD insertion 158W/A

Curing ingrown toenails: A case of paradigm paralysis 160W/A

Injury prevention (Pediatric Hot Topics) 167G ⓘ

Anaphylaxis (Pediatric Hot Topics) 170G ⓘ

EKG interpretation without losing your sanity 171W/A

Friday/vendredi

The use of ultrasound in vascular access and regional anesthesia 213W/A

Introduction to aesthetic medicine 231W/A

The sports medicine specialist's approach to joint evaluation/injection 245W/A

Honk if DKA scares you 258W/A

Surgical skills for the accoucheur (Maternity Care Day) 267W/A

Saturday/samedi

Advanced Life Support in Obstetrics (ALSO) Provider Course 301MC

The facial trauma triads 322W/A

Pediatric orthopedics: When to refer 326G

Complications of cosmetic procedures 328W/A

Laser procedures for the family physician 339W/A

Women's health procedures in family medicine 346W/A

Sunday/dimanche

Hemodynamic instability course 401MC

Interprofessional Education / Éducation interprofessionnelle

Thursday/jeudi

Chronic disease management teams in office-based family practice 105W/A

Teams and tools supporting asthma care in the community 106W/A

Leading in a time of change 159W/A

Collaborative education in postgrad: Family medicine's role in training "primary care friendly" specialists 124W/A

Family Practice Teams: Professional role identity 126W/A

Learning Tracks · Thèmes des séances

Friday/vendredi

- Cross professional boundaries in multidisciplinary health care teams: Is it a matter of trust? 212W/A
The collaboration between physicians and chiropractors in a family practice setting 241W/A
The community paramedicine: A novel approach to the physician extender 249W/A
Promoting collaboration between family physicians and medical specialists: Turning strangers into colleagues 273W/A

Saturday/samedi

- Optimizing patient safety in community practice 315W/A
An innovative pharmacist-led approach to warfarin monitoring 327W/A
Implementing and evaluating pharmacist involvement in primary health care 361W/A
Physician extenders: Opportunities for family physicians to improve care 362W/A

Practice Management / Gestion de la pratique

Thursday/jeudi

- Coping with challenging patients 104W/A
Patient-provider concordance or Why don't patients do what they're told? 108W/A
Incorporating patient perspectives to improve their health care 110W/A
Patients' behaviors: How you can make a difference! 116W/A
Patient education & the CFPC: If we lead, will you follow? 165W/A

Friday/vendredi

- Can I see the doctor...today?: Open access practice 218G ⓘ
Difficult conversations in maternity care (Maternity Care Day) 268W/A

Saturday/samedi

- Assessing disability in mental illness 360W/A
Having a Patient Education Committee work for you 320W/A

Rural Medicine / Médecine rurale

Thursday/jeudi

- La télésanté et le médecin de famille 107W/A
An approach to the psychiatric emergency in a non-specialized rural/remote setting 130G ⓘ
Drowning: Evidence-based review of incidence, prevention and treatment 138W/A

Friday/vendredi

- Integrated community clerkship: Undergraduate medical education in rural communities 222W/A
Interprofessional/interdisciplinary education about pregnancy and smoking 269G ⓘ

Saturday/samedi

- Rural educators day 319W/A

Urban - Multicultural Health / Santé urbaine - multiculturelle

Thursday/jeudi

- Kenya 119G
Turning lessons into action: Weaving family medicine into global health 136W/A
Fetal alcohol syndrome (Pediatric Hot Topics) 155G ⓘ
Immigrant and refugee health management guidelines for primary care providers 172G

Friday/vendredi

- Towards cultural safety: Relevance in clinical practice 236G
An approach to end-of-life care in Nunavut 237G ⓘ
Healthy child development: Helping Aboriginal families 262MC

Saturday/samedi

- Strategies for scaling up HIV prevention: Lessons from India 331G
Healthy child development: Fetal Alcohol Spectrum Disorder 340MC
Memory assessment in culturally diverse groups 364G

Update on basics / Mise à jour des domaines essentiels

Thursday/jeudi

- La télésanté et le médecin de famille 107W/A
Modern contraceptive challenges 111W/A
What's new in preventive health care 117G ⓘ
Breast lumps and abnormal mammograms: What do to 127G
Tailoring pharmacotherapy for smoking cessation 134W/A
Benign Prostatic Hyperplasia: Putting your finger on the issues 147MC
L'échographie-ciblée ce sera bientôt votre tour! 154W/A
Issues in the management of asthma in children and adults 156W/A
Prostate cancer detection 164G
Name that rash 169G

Friday/vendredi

- Top 10 things that I did not learn about TB in medical school 205G
Cardiovascular and metabolic complications of obesity 206W/A
Canadian Hypertension Educational Program 210W/A
Somatizing: What every family physician needs to know 215W/A
Inflammatory Bowel Disease (IBD) 220MC
Pacemakers for the family physician 224W/A
Early diagnosis of cancer in primary care: Picking it out in the crowd 226W/A
Initiating insulin: Overcoming the barriers 240W/A
PAACT: Hypertension 242MC
Dementia: Assessing fitness to drive 252MC
Refresher for intrapartum care (Maternity Care Day) 253W/A
The challenge of the patient with chronic pain 261W//A
An update on asthma therapy: New stuff to puff 266G
Interprofessional/interdisciplinary education about pregnancy and smoking 269G ⓘ
What's under the tip of the Parkinson's Disease iceberg? 274G

Saturday/samedi

- Assessment and management of diabetic foot problems 302W/A
CCS Heart Failure Guidelines 2007: You can manage the complicated patient 305W/A
Cancer and chronic disease prevention: Where to from here? 307W/A
Palliative care update 308W/A
Palliative care: New therapeutics for symptom control 355G
Use of the DSM Multi-Axial System in primary care 316W/A
Osteoporosis: Implementing the evidence 332G ⓘ
Alzheimer's and related dementias: Management problems in primary care 334W/A
Breastfeeding basics for the practicing physician 338MC
PAACT: Anemia 343MC
Chronic pain in family practice: A PMRC program 344MC
Update on skin and soft tissue infections: From new bugs to old drugs 353G ⓘ
Age-related vision loss 354G ⓘ
Update on Hypertension Treatment Guidelines and the Canadian Hypertension Education Program 369G ⓘ

Learning Tracks · Thèmes des séances

The following is a list of selected sessions which may be of interest to attending nurses and nurse practitioners:

Nursing / Soins infirmiers
Wednesday/mercredi
Healthy child development: Improving the odds P103MC
Thursday/jeudi
Coping with challenging patients 104W/A
Chronic disease management teams in office-based family practice 105W/A
Teams and tools supporting asthma care in the community 106W/A
Patient-provider concordance or Why don't patients do what they're told? 108W/A
Incorporating patient perspectives to improve their health care 110W/A
Modern contraceptive challenges 111W/A
Moving right along 112W/A
Continuous Quality Improvement (CQI) in an academic family health team 113W/A
Patients' behaviours: How you can make a difference! 116W/A
What's new in preventive health care? 117G ⓘ
Family Practice Teams: Professional role identity 126W/A
Best practices in electronic medical record implementation 128G ⓘ
Tailoring pharmacotherapy for smoking cessation: Help your smokers quit and stay quit 134W/A
Are you looking after gay and lesbian patients? 135W/A
Immunization (Pediatric Hot Topics) 146G ⓘ
Immigrant and refugee health management guidelines for primary care providers 172G
Injury prevention (Pediatric Hot Topics) 167G ⓘ

Vous trouverez ci-après une sélection de sessions susceptibles d'intéresser les infirmières et infirmières praticiennes qui assistent au FMF :

Friday/vendredi

- Canadian Hypertension Education Program: Hypertension management is a public issue 210W/A
Cross professional boundaries in multidisciplinary health care teams: Is it a matter of Trust 212W/A
Can I see the doctor....today? Open access practice 218G ⓘ
Improving compliance through effective patient education: From office set-up to the Internet 223W/A
Initiating insulin: Overcoming the barriers 240W/A
The challenge of the patient with chronic pain 261W/A
Clinician-patient communication to enhance health outcomes 263W/A
An update on asthma therapy: New stuff to puff 266G
Case-based, interactive telemedicine:
Interprofessional/interdisciplinary education about pregnancy and smoking 269G ⓘ
Spirituality in medicine: Complimentary or conflict? 272W/A

Saturday/samedi

- History and narrative: Stories in Family Medicine 304W/A
The health care team challenge: An inter-professional educational tool 306W/A
New and improved: An innovative pharmacist-led approach to warfarin monitoring for family physicians 327G ⓘ
Alzheimer's and related dementias: Management problems in primary care 334W/A
It's not just where you work, it's how you work: Understanding the role of space and place in the family practice clinic 335W/A
Giving voice to the stories of family physicians 352W/A
Street drug use and your patients: What's out there, who's using it and what doctors need to know 357G
Physician extenders: Opportunities for family physicians to improve care 362W/A
Update on Hypertension Treatment Guidelines and the Canadian Hypertension Education Program 369G ⓘ

Please note: This program is provided for information only and is subject to change until the scheduled time of each presentation.

For updated session information and changes, please visit our website at www.cfpc.ca/fmf.

Note : Ce programme est offert à titre d'information seulement et est sujet à changement jusqu'au moment prévu de chaque présentation.

Pour obtenir de l'information à jour et connaître les changements entourant les sessions, visitez notre site Web à www.cfpc.ca/fmf_f

Wednesday/mercredi, October 10 octobre Pre-conference day / Journée précongrès

0900-1700

P101 Research Day/Journée de recherche

Pre-registration is required for Research Day.

The registration fee for this day is \$100 plus GST.

See registration form (page R2) to register.

Research Day has been accredited for 3.5 Mainpro M1 credits.

La préinscription est requise pour la Journée de recherche.

Les frais d'inscription sont de 100\$ plus TPS.

Voir le formulaire d'inscription (page RF2) pour vous inscrire.
La Journée de recherche donne droit à 3,5 crédits Mainpro M1.

Research day will feature freestanding papers, workshops and scientific posters, based on family medicine research. Two rooms will simultaneously showcase recent exciting work by your research colleagues.

Special sessions will feature presentations by all of the 2007 Research Award Winners – Family Medicine Researcher of the Year, Research Awards for Family Medicine Residents, and the Outstanding Research Article of the Year.

The Section of Researchers Annual General Meeting (AGM) and lunch will take place from 1200 to 1400. Please join your colleagues to hear about the Section of Researchers efforts to move family medicine research forward on the national research scene.

RESEARCH DAY/JOURNÉE DE RECHERCHE – ROOM/SALLE 1

0900-0915

Physician resource projection models

Alan Katz, MBChB, MSc, CCFP, FCFP; Bogdan Bogdanovic; Chris Burnett; Oke Ekuma; Ruth-Ann Soodeen

OBJECTIVE: Develop models that will project the service needs of the population given various characteristics, e.g., age, sex, socioeconomic status, comorbidities, using the population projections to the year 2020 previously developed by the Manitoba Bureau of Statistics Design: Secondary analysis of data housed in the Population Health Research Data Repository.

SETTING: Manitoba Participants: All residents of Manitoba registered with the provincial health plan from 1984-2005.

INTERVENTIONS: Manipulation of data to allow longitudinal analyses, model development. **MAIN OUTCOME MEASURES:** Measures of family physician use, predictors of physician resource "need" for the year 2020. **RESULTS:** Models to predict the "need" for family doctors over the next 15 years. **CONCLUSION:** It is possible to use past health system use data to predict the patterns of use in the future. Use by patient age has changed significantly over the past 20 years.

0915-0930

Do Family Medicine Groups (FMGs) implementation improve continuity, accessibility and coordination of care: Patients' perceptions

Michèle Aubin MD, MSc, CCFP, FCFP

OBJECTIVE: To assess the early effect of FMGs on continuity, accessibility and coordination of care. **DESIGN:** Before and after telephone survey. **SETTINGS:** 5 FMGs with different types of practice in two regions of Quebec. **PARTICIPANTS:** A random sample of adult patients registered to a FMG were interviewed in 2004 (T0: N=1275) and in 2006 (T1: N=1046), using the PCAT French version. **MAIN OUTCOMES:** Mean differences (MD) in scores on a 1-4 scale for continuity, accessibility and coordination.

RESULTS: Relational (MD : 0.05, 95% CI [0.02-0.08]) and informational (MD: 0.09, 95% CI [0.04-0.13]) continuity increased slightly and significantly. No difference was observed for organizational accessibility, accessibility in person or over the phone. Perception of coordination between nurses and physicians slightly increased and was almost significant (MD 0.08, 95% CI [0.0, 0.17]). **CONCLUSION:** Although FMGs seem to improve some aspects of primary care, it may not be the only solution needed to increase accessibility.

0930-0945

Answering vexed questions about multidisciplinary workforce composition from PHCTF Projects - participatory synthesis approaches

Carmel Martin, MBBS, MSc, PhD, MRCGP, FRACGP, FAFPHM; Margot Felix-Bortolotti; Jan Kasperski; Sarah Strasser

AIM: To demonstrate a process for synthesis of Primary Health Care Transition Fund (PHCTF) projects findings on multidisciplinary workforce composition. **METHODS:**

Consultation with key stakeholders to identify key questions and priorities; Development of a synthesis framework; Scoping, mapping and analysis of project findings; and external validation.

FINDINGS: Stakeholders prioritized the question: How should the mix and number of providers on a multidisciplinary team reflect the needs of a community or practice population? A scoping review and consultations identified key concepts, which informed a framework in which to synthesize research and evaluation findings. Maternity services projects demonstrated heterogeneous and even conflicting evidence about the mix and number of providers on a team. Local needs were variable, and workforce planning is political and economic, as well as needs based. Application of a framework using participatory approaches articulates key decisions and where evidence is informative. **CONCLUSION:** Developments in knowledge synthesis can inform the workforce questions about local teams in complex political and economic environments.

Scientific Program - Wednesday / mercredi - Programme scientifique

0945-1000

Crossing Boundaries: The struggle to establish professional and private boundaries for family physicians

Baukje (Bo) Miedema, PhD

OBJECTIVE: To examine the impact of feminization of medicine on the work environment of family physicians. **DESIGN:** An instrumental collective case study (gender; rural or urban; language- F/E, years since medical school graduation <10; 10-20; >20 years) with 48 qualitative interviews. **PARTICIPANTS AND SETTING:** All family physicians listed on the website of the New Brunswick College of Physicians and Surgeons in the province of New Brunswick. **FINDINGS:** Many physicians discussed issues related to professional and private boundary setting. The issues ranged from troublesome to severe: unpaid paperwork overflows into the private sphere, lack of privacy in rural areas or small towns, patients addressing (female) physicians by their first name without invitation; bullying by colleagues or patients (demanding prescriptions) and, in the most severe case, stalking by patients.

CONCLUSION: Family physicians struggle with boundary issues. These are important to address to avoid family physician burn-out and/or physicians leaving clinical practice prematurely.

ACKNOWLEDGEMENT: Research funded by Socials Sciences Humanities Research Council and the New Brunswick Innovations Fund.

1000-1015

Empirical definition of primary health care

Moira Stewart, PhD; Kristina Trim; Judith Belle Brown; Jan Kasperski; Tom Freeman

INTRODUCTION: The research question is: among practitioners who work in the community, what are the similarities and differences between those who define themselves as PHC providers and those who do not. **METHODS:** A mailed survey was conducted with 1000 randomly selected people from each of the five professional groups (family physicians, nurses, dietitians, pharmacists and social workers). Response rates were 65% to 82%. **RESULTS:** The content of practice was significantly different in PHC providers versus non-PHC providers. PHC providers offered more services overall than non-PHC providers, in women's health, procedures, chronic disease management, medication education and children's health. PHC providers were not different from non-PHC providers in terms of satisfaction with practice and number of hours worked per month.

1015-1100 Break/Pause
Poster Presentations / Présentations d'affiches

1100-1200 Awards Presentations /
Présentation des prix et bourses

1200-1400 Lunch / Déjeuner
Annual General Meeting / Assemblée générale annuelle

Section of Researchers Annual General Meeting Assemblée générale annuelle de la Section des chercheurs

Please join your colleagues to hear about the Section of Researchers efforts to move family medicine research forward on the national research scene.

Joinnez-vous à vos collègues et venez vous informer des efforts déployés par la Section des chercheurs pour faire avancer la recherche en médecine familiale sur la scène nationale de la recherche.

1400-1430 Awards Presentations /
Présentation des prix et bourses

1430-1600

Interactive teaching and training

Jean Weir, MD, CCFP

Participatory Action Research - This session will describe and demonstrate an interactive method of training community volunteers to conduct a village health survey in a rural area of Papua New Guinea. Training was based on Jane Vella's techniques as developed by the Summer Institute of Linguistics. The training sessions took only one day and enabled the group to successfully conduct the survey as well as encouraging community involvement in health issues. Participants will hear the basic principles of the Learning that Lasts technique and be equipped with resources for further investigation.

RESEARCH DAY/JOURNÉE DE RECHERCHE – ROOM/SALLE 2

0900-0915

Impact of home care on hospitalization at the end of life

Anya Brox, MD

OBJECTIVE: To examine home care utilization among palliative cancer patients and factors associated with patient hospitalization in the last 6 months of life. **METHODS:** From the Ontario Cancer Registry, 2,762 consecutive patients diagnosed in Kingston, Frontenac, Lennox & Addington who died of cancer between 1996 and 2002 were identified. Hospitalization and home care information was obtained by linking this population with the Canadian Institute for Health Information and Community Care Access Center databases. **RESULTS:** Overall, 62% of patients were registered with home care. Home care patients were more likely to die at home than non-home care patients (59% vs. 50%, p<0.0001) and increased intensity of home care correlated with decreased hospitalization (Pearson Coefficient=0.2, p<0.0001). Using multivariate analysis, other factors independently associated with decreased hospitalization included higher socioeconomic status, cancer type, and longer survival time. **CONCLUSIONS:** While multiple demographic and disease-related factors impact the ability to care for palliative cancer patients at home, home care is one factor that family doctors can influence and is associated with decreased hospitalization and in-hospital death.

0915-0930

Community trial of the Cardiovascular Health Awareness Program (C-CHAP)

Janusz Kaczorowski, PhD; LW Chambers; T Karwalajtys; L Dolovich; B Farrell; B McDonough; RJ Sebaldt; C Levitt; W Hogg; L Thabane; K Tu; R Goeree; M Paterson; M Shubair

OBJECTIVE: Community-level interventions are a promising strategy to improve the cardiovascular health of populations.

DESIGN: Cluster randomized controlled trial. **SETTING:** 39 mid-sized towns and cities in Ontario. **PARTICIPANTS:** 1,240 three-hour long sessions led by 577 volunteers held in 129 pharmacies over ten weeks in 2006. **MAIN OUTCOME MEASURES:**

Residents aged 65 years and older were invited to attend one or more sessions. Volunteers ensured accurate measurement and reporting of blood pressure and cardiovascular risk factor information to participants, family physicians and regular pharmacists. The study is powered to detect a 21% reduction in the annual mean rate of hospital admission for cardiovascular disease and stroke using routinely-collected, population-based administrative health data. **RESULTS:** A total of 27,358 assessments of 15,889 patients were conducted. A descriptive analysis of the baseline data will be presented. **CONCLUSIONS:** C-CHAP highlights considerations in design, implementation and evaluation of large-scale, community-wide cardiovascular health promotion initiatives.

0930-0945

Why do physicians providing intrapartum care in rural Canada make changes in their practice?

Juhee V. Suwal, PhD; Jill Konkin

CONTEXT: Physicians' practice patterns/changes in Canada.

OBJECTIVES: To investigate plans of physicians providing intrapartum services to rural/urban Canadians, & reasons for changes by gender/practice location. **DESIGN AND METHODS:** Pearson's χ^2 test used to analyze National Physician Surveys 1997, 2001, 2004. **RESULTS:** In 2004, fewer rural physicians providing intrapartum care planned to leave Canada; and fewer intended to reduce practice scope. Over next 2 years, more planned to move from rural to urban, reduce practice scope, & reduce on-call service, compared to those having made these changes 2 years ago. Personal reasons/family obligations were the most common reasons cited. More females comprised these categories in both settings. Working conditions/career changes affected their future plans. **CONCLUSION:** Rural physicians' decision to reduce/stop intrapartum practice/change location significantly affects rural women needing intrapartum care. Considering reasons why female doctors make changes, further research to examine their needs, to support them in providing intrapartum care is needed. Policy planners should consider demographic, cultural, and geographic factors, as well as aging/retirement when determining health workforce needs in different regions.

All free-standing paper presentations will be presented in English, however, the PowerPoint presentations will be in both official languages.

0945-1000

Bridging the gap between primary care and the cancer system: UPCON in Manitoba

Jeff Sisler, MD, MCSc, CCFP, FCFP

INTRODUCTION: Cancer agencies have generally assumed comprehensive responsibility for the care of cancer patients and have been poorly integrated with primary care. **INTERVENTION:** The UPCON Initiative of CancerCare Manitoba (CCMB) has created partnerships with 13 primary care clinics in Winnipeg based on IT and educational outreach. **PROGRAM EVALUATION:** Surveys were administered to all UPCON and CCMB health professionals on three occasions to assess perceptions of communication and collaboration, and to assess specific UPCON interventions. A random sample of Winnipeg FPs outside of UPCON serves as a comparator. **PRELIMINARY RESULTS:** UPCON Lead Physicians (LPs) demonstrate significant gains in knowledge and confidence with the cancer system but their clinic colleagues show less effect. 60% of UPCON clinic FPs have sought advice from their LP, commonly about choice of a specialist and making referrals. **CONCLUSION:** Successful partnerships have been created, but more intentional strategies are needed to have the impact of UPCON felt beyond the lead physicians in partner clinics.

1000-1015

2006 Canadian Family Physician Cancer and Chronic Disease Prevention Survey (CFPCCDPS)- chronic disease primary prevention practices

Alan Katz, MBChB, MSc, CCFP, FCFP; Anita Lambert-Lanning, BA, MLS; Anthony Miller; Barbara Kaminsky

BACKGROUND: The Primary Prevention-Action Group (PP-AG) of the Canadian Strategy for Cancer Control contracted with CFPC-NaReS to conduct a pan-Canadian survey among FPs about cancer and chronic disease prevention practices. **METHODS:** 1010/1720 completed surveys were used for national level analysis. An adequately powered random sample needed at least 800 completed surveys. **RESULTS:** Selected chronic disease indicators show 94.3% of respondents enquire about alcohol intake during the PHE but only 44.6% use a reminder system for alcohol abuse. 96.5% ask about tobacco use at patient PHE and 64% use a reminder system for tobacco use. 90.8% enquire about patients' exercise habits and 75.4% about eating habits during the PHE. 87.7% address the issue of obesity during visits with obese patients. **DISCUSSION:** A number of provinces in Canada are discontinuing reimbursement for PHE but most responding FPs (82.5%) believe in doing a PHE on all patients. **CONCLUSION:** The majority of responding FPs are following currently accepted guidelines for the major chronic disease primary prevention practices in Canada.

Toutes les présentations libres seront offertes en anglais; toutefois, les présentations PowerPoint seront dans les deux langues officielles.

Scientific Program - Wednesday & Thursday / mercredi et jeudi - Programme scientifique

WEDNESDAY/THURSDAY
MERCREDI/JEUDI

**1015-1100 Break/Pause
Poster Presentations / Présentations d'affiches**

**1100-1200 Awards Presentations – Room 1
Présentation des prix et bourses – Salle 1**

**1200-1400 Lunch / Déjeuner
Annual General Meeting / Assemblée générale
annuelle – Room/Salle 1**

**1400-1430 Awards Presentations – Room 1
Présentation des prix et bourses – Salle 1**

1430-1600

Understanding group practices in Canada during a time of reform using mixed method research

*Sean Hayes, AXDEV; Ivan Silver, University of Toronto;
Dilip Patel, Merck Frosst*

LEARNING OBJECTIVES: To review results of a mixed method study of group practices in Canada. To conduct an interactive group discussion of emerging trends in group practice. **CONTEXT:** Current Canadian primary care reform emphasizes interdisciplinary healthcare provider teams, health promotion, and illness prevention, developing systems that are patient-centred and community-focused to provide comprehensive, accessible, and coordinated care. **STUDY DESCRIPTION:** A 2006 study examined professional practice performance (knowledge, attitudes, skills, clinical practice behaviours) and performance gaps of interdisciplinary, community-based group healthcare practices across Canada. The mixed method study involved both qualitative and quantitative data collection strategies. **INTERACTIVE BREAKOUT SESSIONS:** Trends in the structure and functioning of group practices related to healthcare team will be highlighted focusing on the need for (1) appropriate and skilled leadership, (2) role clarity of professionals, (3) team practice management skills, and (4) appropriate technology. Findings are critical to informing leaders and participants in current reform initiatives.

0800-1700

P100MC Airway Intervention and Management in Emergencies (AIME)

For more information on this Mainpro-C course, see page 63.

1030-1630

P102MC Cognitive therapy tools

For more information on this Mainpro-C course, see page 63.

1330-1700

P103MC Healthy child development: Improving the odds

For more information on this Mainpro-C course, see page 63.

1700-1800

P104 Orientation session for international delegates

The Section of Teachers warmly invites international delegates to attend this informal orientation session which will provide valuable information about the Family Medicine Forum program, the College of Family Physicians of Canada and family medicine in Canada.

Thursday/jeudi, October 11 octobre

0700-0815

175SS Atherothrombosis for more complete vascular health

For more information on this satellite symposium, see page 71.

0700-0815

102N New teachers networking session

*Ivy F. Oandasan, MD, CCFP, FCFP
North York, ON*

Meet colleagues and share information related to the opportunities and challenges of being a family practice teacher.

0700-0815

132N Influenza Surveillance Breakfast Networking Session

*William Hogg, MD, CCFP, FCFP
Ottawa, ON*

*Patricia Huston, MD, CCFP, MPH
Ottawa, ON*

*Theodore Kuschak, PhD, NLM, PHAC
Winnipeg, MB*

*Jim Dickinson, MD, CCFP
Calgary, AB*

*Anita Lambert-Lanning, BA, MLS
Mississauga, ON*

Current FluWatch sentinels and/or any FMF attendees interested in influenza surveillance are invited to this breakfast session to discuss the pivotal role of FluWatch sentinels in the surveillance of influenza like illness (ILI) and routine influenza virus detection in the event of a pandemic. The session will be co-hosted by the Immunization & Respiratory Infections Division (IRID) - Public Health Agency of Canada (PHAC) and the CFPC's National Research System (NaReS).



0830-1000

100K/C KEYNOTE/CONFÉRENCE D'OUVERTURE

Opening Ceremonies / Cérémonies d'ouverture

Welcome and President's Opening Remarks

Dr. Tom Bailey

President, The College of Family Physicians of Canada

Greetings from Provincial and Federal Government Representatives

Mot de bienvenue et Allocution inaugurale du président
D' Tom Bailey

Président, le Collège des médecins de famille du Canada

Salutations des représentants des gouvernements provinciaux et fédéral

Keynote Address / Conférence d'ouverture

The CFPC-Scotiabank Family Medicine Lectureship

Conférence de médecine familiale CMFC/Banque Scotia



The CFPC-Scotiabank Family Medicine Lectureship is awarded each year to national or international figures who have made significant contributions to medicine, family medicine, and/or the health and well being of the population.

The 2007 Scotiabank-CFPC Family Medicine Lectureship Award recipient is Gail Asper, BA, LLB of Winnipeg Manitoba. Ms. Asper is President of The CanWest Global Foundation, Corporate Secretary of CanWest Communications Corp, and Managing Director of The Asper Foundation. She spearheaded the proposal which culminated in the recent announcement by the federal government of the creation of a Canadian Museum of Human Rights, bringing to fruition a dream of her late father, Israel Asper, and the Asper Family.

Gail has been the recipient of numerous local, national and international leadership, community service and humanitarian awards. Her lectureship will address the history and present day challenges in human rights including those related to health care and family medicine.

This Lectureship is supported by Scotiabank through an educational grant to The Research and Education Foundation.

Le Prix de la Conférence de médecine familiale CMFC/Banque Scotia est accordé chaque année à une personnalité nationale ou internationale qui a contribué de façon significative à la médecine, à la médecine familiale et/ou à la santé et au bien-être des populations.

La lauréate 2007 du prix de la Conférence de médecine familiale CMFC/Banque Scotia est Gail Asper, B.A., LL.B., de Winnipeg, Manitoba. Mme Asper est présidente de la Fondation CanWest Global, secrétaire générale de CanWest Communications Corp. et directrice générale de la Fondation Asper. Elle est l'instigatrice de la proposition qui a débouché sur la récente annonce par le gouvernement fédéral de la création du Musée canadien des droits de la personne, concrétisation d'un rêve de son défunt père, Israel Asper, et de la famille Asper.

Mme Asper a reçu de nombreux prix locaux, nationaux et internationaux pour son leadership, son service à la communauté et ses activités humanitaires. Dans sa conférence, elle tracera un historique des droits de la personne et décrira les défis qui se posent à l'heure actuelle dans ce domaine, notamment en matière de soins de santé et de médecine familiale.

Cette conférence est parrainée par la Banque Scotia par l'entremise d'une subvention éducative à la Fondation pour la recherche et l'éducation.

1030-1230

101N Enhanced skills program directors networking session

Kendall Noel, MDCM, CCFP

Ottawa, ON

This is intended to be the inaugural meeting for a national PGY-3 Enhanced skills program directors committee, similar to the ones that currently exist for emergency medicine, care of the elderly and the family medicine residency programs. Agenda items will be circulated in advance. If interested in attending this meeting, you are asked to contact Dr. Kendall Noel at kendall.noel@mail.mcgill.ca. Any suggestions for agenda items should be forwarded to this address with appropriate background information. Communication will occur throughout the year in anticipation of this year's meeting.

1030-1200

103W/A Enrichment Club

Tamara Buchel, MD, CCFP

Winnipeg, MB

Susan Hauch, MD, CCFP

Winnipeg, MB

Barb Daien, MSW, RSW

Winnipeg, MB

What in the world is "Enrichment Club"????

An Enrichment Club is a forum in which to explore some of the more abstract and nebulous issues that are so enmeshed in being a family doctor. It is a "journal club" type setting in that it is a group that meets at one person's home and shares experiences about various topics. Typical issues discussed at Enrichment Club's include: Grief/Loss, Dealing (and surviving) with Difficult Patients, What I Love Most (and least) about being a family doctor, Achieving Balance vs Stress/Burnout, Maintaining Compassion, Spirituality in Medicine and countless others that you may think of.

This workshop will start with a brief overview of the concept of an "Enrichment Club" and our experience with fledgling Enrichment Clubs in a couple of settings. We will also dedicate part of the workshop to holding a little mini-Enrichment Club – as an experience is worth a thousand lectures.

1030-1230

104W/A Coping with challenging patients

Larry Reynolds, MD CCFP, MSc, MHSc, FCFP

Winnipeg, MB

Randy B. Goossen, MD, CCFP, FRCPC

Winnipeg, MB

This interactive workshop will focus on assisting family doctors with some of their more challenging patients. These can include those who are angry, demanding, manipulative, drug seeking or have somatoform disorders. The workshop leaders are experienced family doctors one of whom is now a psychiatrist. Participants are welcome to bring their own challenges and solutions.

Scientific Program - Thursday / jeudi - Programme scientifique

1030-1230

105W/A Chronic disease management teams in office-based family practice

Neil R. Bell, MD, CCFP, FCFP

Edmonton, AB

Sheri Fielding, NP, MS

Edmonton, AB

Olga Szafran, MHSA

Edmonton, AB

Rick Spooner, MD, CCFP, FCFP

Edmonton, AB

Stephanie Donaldson Kelly, MA, SLP-C

Edmonton, AB

This multidisciplinary workshop will focus on the skills needed by family physicians to more effectively manage patients with chronic diseases (CDs). An estimated 80% of patient visits to family physicians are related to CDs, many patients suffer from multiple CDs and the need is expected to increase. It is unlikely that present systems of primary and specialty care will be adequate in the future. The Chronic Care Model provides a framework for the development of a multidisciplinary proactive approach for CD management in primary care settings. The workshop will outline the implementation of multidisciplinary CD management programs based on this model in the practices of over 200 family physicians in Capital Health, Edmonton, Alberta. Specific learning objectives are:

1. Epidemiology and organizational issues related to CD management
2. Review of the Chronic Care Model
3. Outline gaps, barriers and solutions in the implementation of family practice-based CD programs

1030-1230

106W/A Teams and tools supporting asthma care in the community

Wendy Tink, MD, CCFP, FCFP

Calgary, AB

Sheldon Spier, MD, FRCP(C)

Calgary, AB

Angela Robertshaw, RRT, CA

Calgary, AB

Objectives:

1. Review latest asthma practice guidelines (highlights and changes)
2. Share practical physician and patient reference tools
3. Interactive device technique and portable spirometry with interpretation
4. Questions and case studies
5. Information: How to set up community asthma service

10h30-11h30

107W/A La télésanté et le médecin de famille

José François, MD, CCMF

Winnipeg, MB

Lise Pinsonneault, BSc, DMD

Winnipeg, MB

Paul de Moissac, MD

Ste-Anne, MB

La télésanté utilisant la vidéoconférence interactive est un outil d'appui utile à l'amélioration à l'accès des services de santé. En 2007, les services de Télésanté Manitoba ont été déployés dans 8 communautés francophones du Manitoba permettant un accès acru aux services de santé, en particuliers des services de soins de santé primaires. Les présentateurs discuteront du type de services offerts via le projet Télésanté Manitoba (cours pré-nataux, sessions d'éducation au patient, consultations en diététique ou spécialité), la réception des patients et de l'impact sur leur pratique.

1030-1230

108W/A Patient-provider concordance...or...

Why don't patients do what they're told?

Sean Hayes, PsyD

Brossard, QC

Kayla N. Cytryn, PhD, RN

Brossard, QC

The workshop will consist of three segments:

1. Background: An innovative, IRB-approved, qualitative study will be discussed; investigating psychosocial factors that impact on the patient-provider therapeutic collaboration. This matched case study utilized mixed methods of data collection in three primary care clinics and one specialized diabetes centre.
2. Discussion of Findings: The perspective of patients will be contrasted with their respective providers, yielding a broad understanding of areas of agreement and mismatch in the collaboration of providers and recipients in determining plans of care.
3. Small Group Interactive Session: Small group sessions, directed by expert facilitators, will guide participants in assessing strengths and gaps for patient-provider collaboration in their own clinical setting.

Learning Objective:

Participants will gain insight into the issues existing between the patient and provider and the variables that can enhance or diminish the provider-patient collaboration and patient therapeutic commitment.

1030-1230**109W/A The multiple mini interview: A new method of assessing applicants for residency training**

Rodney Crutcher, MD, MMedEd, CCFP(EM), FCFP
Calgary, AB

D. Jill Konkin, MD, CCFP, FCFP
Edmonton, AB

Marianna Hofmeister, MA, PhD (c)
Calgary, AB

The Multi-Mini Interview (MMI) is a new admissions tool. It overcomes the limitations of traditional interviews while providing important non-cognitive information about program applicants. The MMI has good validity and reliability. It is feasible, fair and fun! In this workshop, the state of the art of MMI will be reviewed, using video clip examples. Small group work will include creating 1 – 2 MMI scenarios useable in your program. Family medicine relevant video clip examples will be shown and scored. A checklist outlining key tasks will be provided as a guide to interviewing using the MMI technique.

By the conclusion of the workshop, participants should have the ability to:

1. Describe the key steps in developing an MMI assessment program.
2. Develop a MMI selection process specific to the needs of their program which will, using an OSCE-style interview system, differentiate between applicants on the basis of their noncognitive attributes.

1030-1230**110W/A Incorporating patient perspectives to improve their health care**

Michael Malus, MD, CCFP, FCFP
Montreal, QC

Tara Bambrick, MLIS, MA
Montreal, QC

In this workshop we will present the preliminary findings from a unique patient satisfaction initiative informed by the principals of Participatory Research and innovations from Practice Based Research Networks. We will discuss the challenges of bridging the traditionally disparate fields of research and quality improvement, in the context of a Canadian university family medicine centre. Specifically we will discuss the formation and inclusion of an advisory committee formed of volunteers from both the patients and staff of the centre. We will focus on the unique interactions between the advisory committee and the research team in carrying out a patient satisfaction evaluation that includes; semi-structured interviews, focus groups and surveys. In this workshop we will encourage an exchange of ideas about mixed qualitative and quantitative research design and the benefits, challenges, and lessons learned from the use of the participatory research model.

1030-1230**111W/A Modern contraceptive challenges**

Jenna McNaught, MD, FRCSC
Winnipeg, MB

Goals of this two hour session include:

1. Confidently prescribe and manage various contraceptive methods, including newer methods.
2. Determine the most appropriate contraceptive method for women with certain medical conditions.

3. Manage common side-effects associated with contraceptive use.
4. Discuss recent findings in the contraception literature.

1030-1230**113W/A Continuous Quality Improvement (CQI) in an academic family health team**

Peter J. Kuling, BSc MSc MD CCFP
Ottawa, ON

Madeleine R. Montpetit, MD, CCFP, FCFP
Gloucester, ON

The Ottawa Hospital Academic Family Health Team (TOHAFHT) had a unique opportunity to shape and develop a CQI program for a new teaching unit. The “start-up” challenges were substantial, team members had never worked with each other before and no processes were in place. A decision was made that a formalized CQI program was essential. With this CQI program incremental transformation of our unit has resulted in an orderly and successful development of a teaching unit where quality is now part of our work culture.

This interactive workshop will take the format of small discussion groups that will be tasked with identifying the barriers and facilitators to CQI. They will then be tasked with determining strategies to achieve success. A short presentation of the Riverside start-up experience will be provided for further discussion.

1030-1230**115W/A Case-based discussion of thrombosis and anticoagulant management for the family physician**

Alan D. Bell, MD, MCFP
Thornhill, ON

William Geerts, MD, FRCPC, FCCP
Toronto, ON

The session is aimed at primary care physicians who wish to improve their skills at managing patients requiring anticoagulation. This will be a co-facilitated interactive discussion based on cases typically encountered in primary care.

Topics will include:

- Approach to the early diagnosis and management of suspected Deep Vein Thrombosis and Pulmonary Embolism
- Clinical findings
- Appropriate investigations
- Acute treatment
- Anticoagulation management in atrial fibrillation
- Initiating and maintaining safe and effective anticoagulation
- Duration of anticoagulation
- Management of anticoagulation patients requiring surgery or other procedures

1030-1230**116W/A Patients' behaviors: How you can make a difference!**

Carol D. Connick, MD, CCFP
Edmonton, AB

How many diseases are linked to overeating, lack of exercise, smoking, excess alcohol intake or other such behaviors? How many of your patients would benefit from a behavioral or lifestyle change?

Scientific Program - Thursday / jeudi - Programme scientifique

Do you feel confused, frustrated, angry or apathetic about changing patient's behaviors and lifestyle choices?

Even if a patient suspects they need a change, can a physician tell a patient what to do? No, people have to figure it out for themselves, but is there anything you can do to bring about that change faster? What would it mean to you to help your patient's change their behaviors.

At this interactive workshop, you will learn:

- how people learn, how people change, what you can do to facilitate change
- the difference between a consultant or physician verses a coach or facilitator
- how to create change in a 10-minute office visit and how best to support your patient.

1030-1130

117G What's new in preventive health care? Quoi de neuf dans le domaine des soins préventifs?

Karl Iglar, MD, CCFP, FCFP
Toronto, ON

Preventive health care is a cornerstone for family practice, but is often hard to incorporate into practice due to lack of time, logistical difficulties and numerous recommendations. In 2004, the Preventive Care Checklist Forms were developed and endorsed by the CFPC to be used at adult complete health check-ups. The forms contain evidence-based recommendations and practice relevant components in a reminder checklist format. In 2007, an update to the Preventive Care Checklist Forms was released. This session will review the updated evidence for preventive health recommendations at adult complete health exams and provide suggestions for how family physicians can incorporate them into practice.

La médecine préventive est l'une des pierres angulaires de la pratique familiale, mais il est souvent difficile de mettre en oeuvre ces services à cause du manque de temps, des difficultés logistiques inhérentes à la pratique et des nombreuses recommandations. En 2004, des Fiches de contrôle en soins préventifs étaient élaborées et le CMFC appuyait leur utilisation lors du bilan de santé complet chez l'adulte. Les fiches, qui incorporent les recommandations fondées sur des données probantes et des composantes liées à la pratique courante, sont présentées sous forme de fiches aide-mémoire. Une version mise à jour de ces fiches a été publiée en 2007. Cette session passera en revue les données probantes à jour concernant les recommandations sur les soins préventifs lors du bilan de santé complet chez l'adulte et fournira aux médecins de famille des suggestions sur la façon de les intégrer à leur pratique.

1030-1630

118MC Cognitive therapy foundations

For more information on this Mainpro-C course, see page 64.

1030-1105

119G Kenya

A "Best of Manitoba" session

Joanne Embree, MD, FRCPC
Winnipeg, MB

At the time of printing, the description for this session was not available. Please check www.cfpc.ca/fmf for updated information.

1030-1230

120W/A Best of the medical Internet for family physicians

Computer learning centre

Roland Grad, MD, CCFP, FCFP
Montreal, QC

Martin G. Dawes, MD, DRCOG, MBBS, FRCGP
Westmount, QC

Lynn Dunikowski, MLS
London, ON

In a 2 hour workshop, participants will use a web portal (www.myhq.com/public/f/a/familymedicine) designed to improve access to knowledge resources at (or near) the point of care. Participants will learn to use the portal by seeking answers to clinical questions arising from vignettes, in a computer lab setting.

Educational objectives:

- To learn how to access electronic resources for:
1. finding bottom line answers to clinical questions
 2. simplifying management of specific problems using clinical decision support tools
 3. providing trustworthy information for patients
 4. staying up to date

Computer Learning Centre sessions are limited to 20 participants.

1030-1230

121W/A Beyond the hard sell: An erectile dysfunction workshop for female family physicians

Ted Jablonski, BSc Med, MD, CCFP, FCFP
Calgary, AB

GOAL:

To provide a non-biased interactive workshop for female family physicians to explore the practical management of Erectile Dysfunction (ED).

OBJECTIVES:

1. Dispel the myths regarding "normal" male sexual function.
2. Explore the unique challenges faced by female family physicians managing ED
3. Learn practical tools and interviewing techniques to engage male patients and their partners in the discussion of sexual health. Specific teaching tools will be available for community teachers.
4. Review the diagnosis, investigations and treatment of ED including PDE-5 Inhibitors and beyond
5. Explore techniques to maximize efficiency and effectiveness of inter- and intra-professional collaboration in the management of ED patients
6. Understand the implications of ED as a marker for endothelial dysfunction

1030-1700

123MC Growing your ACoRN skills

For more information on this Mainpro-C course, see page 64.

1030-1200

124W/A Collaborative education in postgrad: Family medicine's role in training "primary care friendly" specialists

*Cathy Risdon, MD, CCFP, FCFP
Hamilton, ON*

*Joyce Zazulak, MD, CCFP
Dundas, ON*

*Elizabeth A. Shaw, MD, CCFP, FCFP
Hamilton, ON*

If you were involved in training future specialists, what would you want them to know?

- The structure of effective consult letters?
- An appreciation of a family doctor's scope of practice?
- The significance and importance of the long-term relationships in family medicine?

Conversely, what would you like to know more about the life and practice of your specialty colleagues?

- The joys and frustrations of their work?
- Their own understanding of the referral relationship?
- The aspects of collaborative care they find rewarding and/or difficult?
- CANMEDS competencies mean new opportunities for family medicine to make a significant impact and contribution to training and practice cultures.

Workshop goals:

1. Describe several pilot workshops involving family physicians, and specialty colleagues involved in joint teaching of specialty residents.
2. Explore strategies for creating "win-win" education partnerships
3. Identify possibilities for collaborating with Royal College colleagues in "home settings"

1030-1230

125W/A Ethics for family physicians: A case-based workshop

*William F. Sullivan, MD, CCFP
Thornhill, ON*

*Michael Yeo, PhD
Toronto, ON*

*Renata M. W. Leong, MD, CCFP
Toronto, ON*

*Susan E. MacDonald, MD, CCFP, FCFP
Kingston, ON*

This workshop seeks to address what the presenters consider to be a key challenge in ethics education in family medicine, namely, to identify and formulate ethical problems. To address this challenge, we will be providing a series of ethical cases encountered in family medicine that raise issues related to: (1) the physician - patient relationship, (2) decision-making and consent to treatment, and (3) end-of-life conflicts. Formulating the ethical problems posed by these cases will provide participants with a basis for considering alternative assessments by their peers and ethicists who have commented on them. This workshop is part of a larger undertaking to articulate a framework for ethics curriculae in family medicine. We encourage private practitioners and family medicine teachers to participate.

Materials: participant workbook with cases and commentaries
Maximum number of participants: 30

1030-1230

126W/A Family practice teams: Professional role identity

*Marie-Dominique Beaulieu, MD, CCFP, FCFP
La Prairie, QC*

*Rob Wedel, MD, CCFP, FCFP
Taber, AB*

*John Brewer, MD, CCFP, FCFP
Quispamsis, NB*

*Don Gelhorn, MD, CCFP, FCFP
Hudson Bay, SK*

*Ann Alsaffar, RN, Family Practice Nurse
Ottawa, ON*

*Carol Todd, Family Practice Nurse
Halifax, NS*

*Alex Kowalski, Nurse Practitioner
Winnipeg, MB*

As new models of primary care are evolving within our Canadian health system communities are increasingly looking to family physicians for leadership.

With the support of Health Canada, The College of Family Physicians of Canada (CFPC) has developed a web-based Primary Care (PC) Toolkit for family physicians to enhance leadership roles. The Toolkit is interactive, encouraging access to relevant resources, discussion forums and contacts within the CFPC for additional advice.

Using the PC Toolkit as a 'platform', this session will describe current trends in Primary Care Renewal and their relevance to family physicians in developing models. This will be an opportunity for participants to explore the local experiences of those implementing new and changing initiatives in family practice across Canada. Learn what works and doesn't work from your own colleagues!

1230-1330

176SS Screening early for dementia

For more information on this satellite symposium, see page 71.

1105-1140

127G Breast lumps and abnormal mammograms: What to do

A "Best of Manitoba" session

*Ethel MacIntosh, MD, FRCPS
Winnipeg, MB*

This presentation will review guidelines for the management of patients with breast lumps and symptomatic/asymptomatic patients with abnormal mammograms. The focus will be on the various diagnostic modalities available and the indications for these investigations within the framework of a rational algorithm. Common pitfalls encountered in the evaluation of these patients will also be discussed.

Scientific Program - Thursday / jeudi - Programme scientifique

1130-1200

- 128G Best practices in electronic medical record implementation** 
Pratiques exemplaires en matière de mise en œuvre des dossiers médicaux électroniques

Karim Keshavjee, MSc, MD, MBA, CCFP
Toronto, ON

Electronic medical record (EMR) system are a promising new technology to help physicians provide up to date evidence-based medical care. However, EMR implementations are complex and difficult and many physicians fail to realize the full benefits of this technology. We present best practices in EMR implementation based on a systematic review of the literature. Participants will learn the important factors which lead to EMR success; How the factors should be implemented in small medical practices; Common points of failure and how can they be avoided.

Les systèmes de dossiers médicaux électroniques (DME) sont une nouvelle technologie prometteuse qui aidera les médecins à offrir des soins médicaux fondés sur des preuves à jour. Cependant, la mise en oeuvre d'un système de DME est une procédure complexe et ardue et de nombreux médecins ne réalisent pas tous les avantages de cette technologie. En nous basant sur une recension systématique de la littérature, nous présenterons les pratiques exemplaires dans la mise en oeuvre des DME. Présentation des facteurs importants pour réussir la mise en oeuvre, manière d'appliquer ces facteurs dans de petits cabinets, points de défaillance courants et manière de les éviter.

1140-1210

- 129G Hypertension – How to (Not) Measure Blood Pressure**
A "Best of Manitoba" session

Brian Penner, MD, FRCPC
Winnipeg, MB

At the time of printing, the description for this session was not available. Please check www.cfpc.ca/fmf for updated information.

1200-1230

- 130G An approach to the psychiatric emergency in a non-specialized rural/remote setting** 
Une approche des urgences psychiatriques dans un établissement non spécialisé en milieu rural ou éloigné

Mark Lachmann, MD, MHSc, CCFP
Toronto, ON

In rural hospitals across Canada care is provided to the acutely psychiatrically ill patient in non-specialized settings. Often care is provided not only by generalist nurses and physicians, but often by community health representatives, community members, local police services, or others with little or no training in patient care. At Baffin Regional Hospital in Nunavut we have begun using a standardized approach; developed with input from psychiatry, family medicine, nursing, RCMP, and untrained guard staff; which has improved our ability to provide care safely. Most importantly, as an unintended consequence, our approach has given all those providing care a common language with which to communicate with each other about the condition of the ill patient. Our

approach is geared to provide safe and effective care while awaiting the transfer of our patient to a facility with psychiatric services.

Learning objectives include:

1. recognizing the challenges to providing safe care to the acute psychiatric patient
2. using a consistently applied locally developed approach to the acutely ill psychiatric patient allows for safe care in resource poor setting.

Dans les hôpitaux ruraux du Canada, les soins aux patients présentant des troubles psychiatriques aigus sont assurés par des services non spécialisés. Dans bien des cas, les soins sont non seulement dispensés par des infirmières et des médecins généralistes, mais souvent par des représentants en santé communautaire, des membres de la communauté ou des services de police locaux ou encore d'autres personnes ayant peu ou pas du tout de formation dans le soin des patients. Au Baffin Regional Hospital, au Nunavut, nous avons commencé à utiliser une approche standardisée. Élaborée avec la participation du personnel des secteurs psychiatrie, médecine familiale et soins infirmiers, de la GRC et d'employés de la Garde côtière sans formation dans le domaine, cette approche a accru notre capacité d'offrir des soins sécuritaires. Et ce qui est le plus important, elle a doté tous ceux qui dispensent des soins d'un langage commun qui leur permet de communiquer entre eux sur l'état du patient malade. Notre approche vise à fournir des soins efficaces et sécuritaires, en attendant le transfert de notre patient vers un établissement offrant des services psychiatriques.

Objectifs d'apprentissage :

1. reconnaître les défis posés par la prestation de soins sécuritaires aux patients présentant des troubles psychiatriques aigus;
2. utiliser une approche conçue localement et appliquée de manière uniforme pour les soins aux patients présentant des troubles psychiatriques aigus permet de dispenser des soins sécuritaires dans un établissement à faibles ressources.

1230-1330

- 131 Estate, will and charitable gift planning seminar: Planning for your family, planning for your practice**

*Gerald Owen
Managing Director and Head of Estates and Trusts, Scotiabank
Malcolm Burrows
Director, Philanthropic Advisory Services, Scotia Private Client Group*
Family physicians face a variety of unique planning challenges. Physicians need to plan for their families, as well as plan for their family practice. This practical session will address key issues such as wills, executor appointments, use of trusts, and tax effective charitable planning.

Scotiabank professionals will be pleased to arrange private appointments to discuss personal estate planning needs. To arrange an appointment, please visit the Scotiabank booth in the Exhibit Hall.

1230-1330

Section of Teachers Annual General Meeting AGA de la Section des enseignants

The Section of Teachers Annual General Meeting is an opportunity for members of the Section of Teachers to provide feedback to the Section Executive and to discuss the latest initiatives in which the Executive has been involved.

L'assemblée générale annuelle de la Section des enseignants offre l'occasion aux membres de la Section de donner leur avis au comité directeur de la Section et de discuter des plus récentes initiatives auxquelles le comité a participé.

Canadian EBM teachers group and teaching material can be found on our new website at <http://ebm.fam-med.org>.

EBM teachers wanting to join the email dialogue should contact cirkham@interchange.ubc.ca

1330-1700

134W/A Tailoring pharmacotherapy for smoking cessation: Help your smokers quit and stay quit

Peter Selby, MHSc, FASAM
Toronto, ON

Bernard Le Foll, MD, PhD, CCFP
Toronto, ON

Tobacco use kills up to 45,000 Canadians annually. Although 60% of this addiction has genetic determinants, "stage-of change" based counseling is the current standard of practice. Although the odds of quitting are doubled with pharmacotherapy, most patients do not receive medication to stop smoking. One barrier is lack of individualization of therapy to the smoker. There are several first line medications (nicotine replacement, bupropion SR), second line (nortriptyline, clonidine), and newer medications (varenicline, rimonabant, selegiline) to help smokers stop. There are no clear prescribing guidelines for family physicians. This workshop will focus on the art of prescribing pharmacotherapy for smokers. Attendees of this bilingual case-based workshop will understand that tobacco dependence is best managed as a chronic disease, techniques to optimize monotherapy for smoking cessation, indications for combination therapy, individualization of the duration of therapy, and treatment of smokers with either psychiatric and or medical comorbidity.

1330-1500

112W/A Moving right along

Helena Piccinini, MD, MSc, CCFP
Halifax, NS

Michael Vallis, PhD, RPysch
Halifax, NS

A significant number of Canadians are not physically active enough for optimal health benefits. Considering this and rising obesity rates, adults and children are becoming increasingly more at risk for chronic disease.

Participants will:

- gain an understanding of the physical inactivity epidemic and its consequences;
- understand the current recommendations for physical activity;
- learn about minimal intervention tools to counsel patients on physical activity;
- learn about motivation interviewing as a method to increase effectiveness of physical activity counseling;
- discuss future directions.

1330-1530

133N The fifth annual EBM teachers' meeting

Colleen Kirkham, MD, CCFP, FCFP
Vancouver, BC

Tom Elmslie, MD, CCFP, FCFP
Ottawa, ON

David H. Chan, MD, CCFP, FCFP
Ancaster, ON

Roland Grad, MD, CCFP, FCFP
Montreal, QC

Morgan Thomas Price, MD, CCFP
Victoria, BC

Martin G. Dawes, MD, DRCOG, MBBS, FRCGP
Westmount, QC

This meeting, the fifth annual networking session for teachers of Evidence-based Medicine, gives EBM teachers from each University an opportunity to share new teaching tools/strategies. We will discuss issues common to EBM teachers across the country at all three levels of education (undergraduate, residency, CME). This will include a discussion about how to better integrate EBM into residency program curriculums, support faculty development and improve how EBM skills are evaluated. The meeting will facilitate collaboration between EBM teachers from Family Medicine Programs across the country and has been an effective venue to share ideas each year. Information about the

1330-1500

135W/A Are you looking after gay or lesbian patients?

Dick Smith, MB, BS, CCFP, FCFP
Winnipeg, MB

Shelly Smith
Winnipeg, MB

This workshop will increase or reinforce awareness and knowledge of issues important to optimizing care of Gay, Lesbian, Bisexual, and Transgender patients.

An overview of epidemiologic data, important management topics and recent developments in the field will be presented. Tips will be given on how to make your practice a more comfortable environment for these patients to disclose. At the end of the workshop care providers will have a good or enhanced confidence when working with GLBT patients.

Scientific Program - Thursday / jeudi - Programme scientifique

1330-1700

136W/A Turning lessons into action: Weaving family medicine into global health

WCC - Meeting Room 7

*Lynda Redwood-Campbell, MD, FCFP, DTMH, MPH.
Hamilton, ON*

*Francine Lemire, MD, FCFP
Mississauga, ON*

This session will build on a workshop presented in Quebec City about Family Medicine and global health. Because of the spectrum of interests in global health, it will start off as a large group and then split into 3 sub-themes with a facilitator for each. The 3 groups will include; doing clinical work internationally, building collaborations, and programme/educational initiatives in global health. Participants will:

1. understand the rationale for the involvement of family physicians in global health.
2. be familiar in general with some examples of initiatives in the 3 sub-themes.
3. identify common challenges, solutions and achievements in global health work.
4. identify emerging and missing resources to assist others in the practice of family medicine in global health.
5. To brainstorm a priority list to support the ongoing development of family medicine in Canada.

1330-1500

137W/A Research informing Canada's Physical Activity Guidelines & Guides

*Mark Tremblay, MSc, PhD
Ottawa, ON*

Dr. Tremblay is the Chair of an ongoing joint-initiative between the Canadian Society for Exercise Physiology (CSEP) and the Public Health Agency of Canada to update the research evidence that informed the creation of Canada's Physical Activity Guidelines and Guides. The main outcome of the initiative will be a joint supplement of the Canadian Public Health Association journal, Canadian Journal of Public Health and the CSEP journal, Applied Physiology, Nutrition and Metabolism. Dr. Tremblay will present findings from this initiative regarding physical activity monitoring and surveillance as they relate to the assessment of people meeting physical activity guidelines. He will also discuss the current state of understanding in this area, including potential benefits or harm of existing guidelines. Finally, Dr. Tremblay will cite specific recommendations regarding the future of physical activity measurement and guidelines and highlight their important contribution toward an integrated approach to promoting healthy living in Canada.

1330-1500

138W/A Drowning: Evidence-based review of incidence, prevention and treatment

*Stephen Beerman, BSc, BSR, MD, CCFP, FCFP
Nanaimo, BC*

Drowning is the 2nd most common cause of accidental death. Drowning deaths are more common in the developing countries and in marginalized populations in developed countries. The evidence is clear that eating is unrelated to the incidence and the rescue and resuscitation of drowning process victims. Children with seizure disorders may not have a higher risk of drowning if

they are neurologically stable. Drowning risk is higher for the multiply neurologically impaired. There is no clinical relevance to drowning pathophysiology from salt or fresh water. Cold water drowning is not usually protective. Primary stabilization in the community ER is important. Guidelines exist for discharge from office/ER presentations of submersion.

Learning Objectives:

1. Review the new definition of drowning
2. Review incidence characteristics
3. Participate in an evidenced based review of myths or etiology, pathophysiology and management.

1330-1500

139W/A Integrating learners into the busy community office

*Merrilee G. Brown, MD, CCFP
Port Perry, ON*

This interactive workshop will assist participants in crafting practical solutions for integrating learners into the busy office environment. We will review how to orient and welcome new trainees, how to find space for them to work, how to prepare staff and patients for learners, how to recruit and prepare new teachers, how to adjust scheduling to ensure adequate patient flow and what to do when behind as well as discussion of creative ideas for teaching in the office environment.

1330-1700

140W/A Grant generating workshop

*Andrew Cave, MBChB, MCISc, FCFP
Edmonton, AB*

*Ruth Elwood Martin, MD, CCFP, FCFP
Vancouver, BC*

The workshop will consist of a didactic component and work on participants own grant proposals, pre-submission of which will be helpful.

Based on the Grant Generating Project of the CFPC and others, the workshop will introduce participants to the art of writing grant proposals, including gathering the team, finding an agency, understanding instructions, the power of the letter of intent, writing for the reviewer, drafts and internal review as well as dealing with rejection and success.

Attendees will be participants and their examples and problems will be utilized in the session. Interested participants will be offered follow-up on their projects hopefully to successful conclusion.

1330-1700

156MC Issues in the management of asthma in children and adults

For more information on this Mainpro-C course, see page 65.

1330-1700

147MC Benign Prostatic Hyperplasia: Putting your finger on the issues

For more information on this Mainpro-C course, see page 64.

1330-1700**141MC Healthy child development: Post partum mood disorder**

For more information on this Mainpro-C course, see page 64.

1330-1700**142W/A Approach to psychotherapy in primary care***Jon Davine, MD, CCFP, FRCP(C)
Hamilton, ON**Doug Oliver, MD, CCFP
Dundas, ON*

Family physicians do the majority of mental health care in the community. Psychotherapy has been shown to be a useful therapeutic tool. The goals of this workshop are to expose family doctors to important types of psychotherapy, those being supportive psychotherapy and cognitive behavioural therapy (CBT). Participants will learn how to decide which type of psychotherapy to use in specific situations. They will also learn the specific techniques of CBT, including using cognitive logs and behavioural homework.

There will be a didactic presentation, followed by a viewing of a DVD of experts doing CBT, followed by participants applying CBT principles themselves to specific cases.

1330-1700**143W/A Using a framework of analyzing clinical teaching: The Stanford clinical teaching framework***M. Dianne Delva, MD, CCFP, FCFP
Kingston, ON*

Clinical Teaching is too important a skill to be left to chance. The Stanford Clinical Teaching Course is based on a comprehensive framework using seven educational categories: Learning Climate, Control of Session , Communication of Goals, Promotion of Understanding & Retention , Evaluation, Feedback, and Promotion of Self-Directed Learning. Participants will practice using the framework to analyze a teaching encounter and be invited to examine one category in depth. A brief lecture, videotape review of a clinical teaching encounters and participating in a role play will be employed.

Goals:

- Enhance versatility as teachers
- Improve ability to analyze clinical teaching using an educational framework

Specific objectives:

At the end of this session clinical teachers will:

1. Know a framework for analyzing clinical teaching
2. Be able to recognize and practice specific teaching behaviours that enhance clinical teaching
3. Develop personalized goals for enhancing their own clinical teaching

1330-1700**144W/A Community preceptorship 101 – Featuring OSTE's with a "T"***Clayton Dyck, MD, CCFP, FCFP
Winnipeg, MB**Tamara Buchel, MD, CCFP
Winnipeg, MB**Joanne Hamilton, RD, CDE
Winnipeg, MB*

Geared to those community family docs who would like to become more effective teachers in the midst of the demands of a busy practice, this workshop will feature a combination of interactive small group sessions and simulated teaching encounters (OSTE's - remember the OSCE's?). Through a series of OSTE stations you will have an opportunity to appraise and develop your knowledge and skill in giving feedback on the fly, dealing with the "problem" learner, and more! Due to the format of this session, enrollment will be limited to 20 participants.

1330-1405**145G Look what came through the door! An interactive case discussion of infectious diseases in primary care***A "Best of Manitoba" session**John M. Embil, MD, FRCPC
Winnipeg, MB*

This section will be a case based interactive discussion highlighting common and not so common presentations of infections that may be encountered in primary care. The attendees will have an opportunity to put their skills to the test in this session.

1330-1400**146G Immunization Immunisation***A "Pediatric Hot Topics" session
Sujet d'actualité en pédiatrie**Joanne Embree, MD, FRCPC
Winnipeg, MB*

This talk will review recent advances in immunization and vaccine development.

Revue des progrès récents en immunisation et dans le développement des vaccins.

1330-1500**148W/A Beyond headlines: Decoding the public-private debate for family physicians***Danielle A.S. Martin, MD, CCFP
Toronto, ON**Robert F. Woppard, MD, CCFP, FCFP
Vancouver, BC**Margaret McGregor, MD, CCFP
Vancouver, BC*

This session is designed to help family physicians understand the evidence, policy and politics at the core of Canada's big health system debate. By defining terms, exploring challenges and analyzing international alternatives we can come to be engaged in this vital issue. The analysis will allow family physicians to decode articles in the press, understand international policy comparisons and participate in the debate.

1330-1700**149W/A Medical student and family medicine resident leadership workshop**

Simultaneous Interpretation / Interprétation simultanée

Scientific Program - Thursday / jeudi - Programme scientifique

By invitation only

Louise L. Nasmith, MD, CCFP, FCFP
Vancouver, BC

Ian M. Scott, MD, CCFP, FCFP
Vancouver, BC

This special session for the 2007 Medical Student and Family Medicine Resident Leadership Award Recipients is focused on further developing leadership skills with this group of outstanding family physicians of the future.

This workshop is supported by an educational grant from Scotiabank.

1330-1500

151W/A What the National Physician Survey Databases can do for you

Computer Learning Centre

Sarah Scott, MHSc
Mississauga, ON

Ja Bower, MSc
Mississauga, ON

Itching to do some research but in need of good data about Canada's physicians, residents and/or medical students? Look no further. Come join an interactive computer-lab session and learn what the National Physician Survey Databases contain, how you can access them and what data are available from the selfreported survey results obtained in 2001 (family physicians only), 2004 & 2007 (all physicians, residents and medical students). Attendees will acquire specific knowledge of the contents of the 2004 National Physician Survey (NPS) Database through interactive analyses. Much of this knowledge will also apply to the 2007 NPS Database which will be available for researchers to access in 2008. Guidelines for requesting access to the databases and templates of the required Research Agreements will be shared. This is a great opportunity to meet with the National Physician Survey Coordinator and brainstorm your research ideas and data desires!

Computer Learning Centre sessions are limited to 20 participants.

1330-1500

152W/A The new analgesics: What is their role?

Joshua Shadd, MD, CCFP
Kingston, ON

Three new analgesics have recently entered the Canadian market: pregabalin, tramadol, and THC/cannabidiol. Are they really unique? Might they help our patients with challenging pain syndromes? Following a brief introduction to the practical pharmacology and relevant clinical studies behind these drugs, participants will work through clinical cases to identify what role they might play in our analgesic armamentarium.

1330-1700

153MC The 15-minute psychiatric screening assessment

For more information on this Mainpro-C course, see page 65.

1330-1700

150MC Behavioral and Psychological Symptoms of Dementia (BPSD): Applying the P.I.E.C.E.S. - Framework for effective clinical management of BPSD

For more information on this Mainpro-C course, see page 65.

13h30-15h

154W/A L'échographie-ciblée ce sera bientôt votre tour !

Maxime Valois, MD, CCMF
Montréal, QC

Depuis quelques années, l'échographie n'appartient plus seulement au département de radiologie : il est maintenant possible d'incorporer cet outil à votre évaluation clinique et de l'effectuer au chevet du patient. Cette technique est beaucoup plus simple qu'on peut se l'imaginer et elle permet d'obtenir de nouvelles données autrefois inaccessibles. L'échographie ciblée est en train de devenir une norme de pratique dans plusieurs secteurs médicaux tels que l'urgence et les soins intensifs. De plus, ses indications sont appelées à s'étendre à tous les champs cliniques : ce sera bientôt votre tour !

À travers des exemples concrets, des discussions de cas, des images et des vidéos, je vous invite à un bref survol des applications pour lesquelles vous serez appelés à utiliser l'écho dans un avenir très rapproché. À la fin de cet atelier, vous serez en mesure de comprendre les principes de l'échographie ciblée ainsi que ses principales applications.

1330-1500

171W/A EKG interpretation without losing your sanity

Gerald P. Konrad, MD
East St Paul, MB

Brent L. Kvern, MD, CCFP, FCFP
Winnipeg, MB

Participants with a basic understanding of EKG principles will review EKGs with the intent of developing a consistent approach to interpretation. By the end of the session the participant will be able to cite normal parameters for elements of the EKG, employ some shortcuts to EKG interpretation, and recognize common EKG abnormalities. Along the way, the group will have fun with some EKG challenges and curiosities.

1400-1430

155G Fetal alcohol syndrome Syndrome d'alcoolisation foetale

A "Pediatric Hot Topics" session
Sujet d'actualité en pédiatrie

Albert Chudley, MD, FRCPC, FCCMG
Winnipeg, MB

This presentation will discuss the frequency, cause and clinical presentation of an individual with FASD. The concept of an interdisciplinary diagnostic and intervention team will be reviewed. The emphasis will be on the role of the family physician in the recognition, screening, and prevention of FASD. Early diagnosis in the child will reduce "secondary" disabilities. Recognizing at risk women is an opportunity for intervention and primary prevention.

Cette présentation abordera la fréquence, l'étiologie et les manifestations cliniques d'un individu atteint de TSAF. Le concept

d'une équipe interdisciplinaire de diagnostic et d'intervention sera examiné. L'accent sera mis sur le rôle du médecin de famille dans l'identification, le dépistage et la prévention du TSAF. Le diagnostic précoce chez l'enfant permettra de réduire les incapacités « secondaires ». Identifier les femmes à risque est une occasion d'intervention et de prévention primaire.

1405-1440**172G Immigrant and refugee health management guidelines for primary care providers**

A "Best of Manitoba" session

Michael J. Dillon, MD, CCFP, FCFP

Winnipeg, MB

Pierre Plourde, MD, FRCPC

Winnipeg, MB

In Canada, through our immigration policies, we expect to welcome well over a quarter of a million newcomers per year. Of these, more than 10% will be people arriving as refugees, often having previously lived in extremely challenging conditions such as refugee and transit camps. Many of these newcomers will be dealing with complex physical and mental health issues which pose significant challenges to our health care system, particularly to primary care providers.

This presentation will provide an overview of the health concerns newcomers may bring to primary care providers. Using experience developed in Canada, the United States and overseas, Drs. Plourde and Dillon will present a "caremap" document that will serve as a tool for non-specialist primary care providers to facilitate assessment and management of the often complicated health and social problems presented by new Canadians, especially those from the Developing World.

1430-1500**157G Pediatric Asthma
Asthme pédiatrique**

A "Pediatric Hot Topics" session

Sujet d'actualité en pédiatrie

Allan B. Becker, MD, FRCPC

Winnipeg, MB

Children are not little adults! This session will review the Pediatric Asthma Guidelines.

Les enfants ne sont pas de petits adultes! Cette session passera en revue les lignes directrices concernant l'asthme pédiatrique.

1530-1700**158W/A Endometrial biopsy and IUCD insertion**

James Goertzen, MD, MClSc, CCFP, FCFP

Thunder Bay, ON

Workshop Description:

Endometrial biopsy and IUCD insertion are two office procedures which can be mastered by family physicians. Following a brief literature review/case discussion, participants will have a hands on experience to increase their competence for these procedures.

Learning Objectives:

1. Review indications/contraindications for endometrial biopsy
2. Review indications/contraindications for IUCD insertion
3. Provide opportunity to learn manual skills required for endometrial biopsy and IUCD insertion

1530-1700**159W/A Leading in a time of change**

Larry Reynolds, MD, CCFP, MSc, MHSc, FCFP

Winnipeg

Sheldon M. Permack, MD, CCFP, FCFP

Winnipeg, MB

Family doctors are being asked to take leadership positions in health care for many reasons. Primary care reform initiatives and the need for big picture physicians who understand both hospital and community based medicine are two reasons for these requests.

This interactive workshop will focus on leadership and management skills that will be of use to family doctors who are called on to assume leadership roles in times of change. The workshop leaders have extensive experience in leadership within the Regional, Hospital and University systems. Relevant information from the leadership and change management literature will be reviewed.

1530-1700**160W/A Curing ingrown toenails: A case of paradigm paralysis**

Henry H. Chapeskie, MD, CCFP, FCFP

Thorndale, ON

This is an innovative approach to an old problem. The term "ingrown toenail" incriminates the nail as the causative factor, however, there is excellent evidence-based research demonstrating that there is no nail abnormality and that the problem is due to an excessive amount of soft tissue. Removal of this tissue results in less bulging over the nail with weight bearing and eliminates the problem. The nail is not touched! This technique challenged the traditional procedures directed at the nail and suggests that they are not physiologically rational. The result is cosmetically excellent and the problem will never recur!

1530-1700**161W/A First Link: Your link to learning, services and support for patients with dementia**

William Dalziel, MD, FRCP(C)

Ottawa, ON

Mary Schulz, MSW, RSW

Toronto, ON

Marg Eisner, RN

Ottawa, ON

Norma Kirby, PHEc

Winnipeg, MB

Alzheimer's disease is a difficult diagnosis to give to patients and their families. Family physicians are often the first and ongoing point of support for patients/families as they struggle to cope with this illness. The Alzheimer Society has developed a program, "First Link™", specifically designed for family physicians in busy community based practices to help with this. "First Link™" connects patients with dementia to local dementia-specific supports and learning opportunities at the time of diagnosis and beyond. Attendees of this session will be engaged in conversation about typical issues faced by GPs in this area of practice and will learn how this referral program can help them get the dementia specific support their patients need and how the Alzheimer Society can be an ongoing support to them in their care of patients with dementia.

Scientific Program - Thursday / jeudi - Programme scientifique

1530-1700

162W/A Alternative Pathway to Certification - Tutor Training Workshop Computer Learning Centre By invitation only

Tom Elmslie, MD, CCFP, FCFP
Ottawa, ON

This is a closed tutor training session. By invitation only.

1530-1700

163W/A Offering a helping hand before the lifeline is needed

Alison Eyre, MD, CCFP, FCFP
Ottawa, ON

Madeleine R. Montpetit, MD, CCFP, FCFP
Gloucester, ON

Early identification of residents' learning gaps has always been a challenge in any residency training program. Given the changing profile of our learners within the last several years, this may become a more significant problem. At the University of Ottawa Family Medicine Department, we are experimenting with different means of early identification of shortcomings in educational experience and timely implementation of a specific learning plan so as to avoid the stresses and negative impact of failed evaluations. In this interactive session, Drs. Alison Eyre and Madeleine Montpetit will describe the process and highlight the interventions used to date. At the end of this workshop it is hoped that the target audience will recognize strategies that may be helpful with their learners in trouble. Participants are encouraged to arrive with cases of their own to discuss.

1530-1605

164G Prostate cancer detection

A "Best of Manitoba" session

Alan Katz, MBChB, MSc, CCFP, FCFP
Winnipeg, MB

Despite the fact that prostate cancer is the most commonly diagnosed cancer in men in Canada, both lung and colorectal cancer cause more deaths than prostate cancer. Males are screened for prostate cancer more commonly than for any other cancer despite the fact that screening for prostate cancer has not been shown to reduce prostate cancer related deaths. The detection of prostate cancer is most commonly based on screening followed by trans-urethral biopsy. This presentation will discuss the controversies surrounding each of these procedures and their outcomes.

1530-1700

165W/A Patient education & the CFPC: If we lead, will you follow?

Catherine A. MacLean, MD CCFP FCFP MCISc MBA
Halifax, NS

Inese Grava-Gubins, MA
Mississauga, ON

Lynn Dunikowski, MLS
London, ON

This networking session is for anyone who has an interest in patient/public education and is willing to share their opinions about what the CFPC should be doing in this area. We will share

the recommendations from the CFPC Task Force on Patient Education, with the goal of helping the CFPC set priorities for further activities in this area.

1530-1700

166W/A A model for improved access to surgical and nonsurgical osteoarthritis care

Garey Mazowita, MD, CCFP, FCFP
Vancouver, BC

Cindy Roberts, MD
Vancouver, BC

Patients and their family doctors are often frustrated with "arbitrary" waiting lists for arthroplasties and/or orthopedic consultation. In BC, family doctors, allied health providers, orthopedic surgeons and arthritis advocacy groups have worked together to design a better-integrated system: OASIS (Osteoarthritis Service Integration System). The primary care component of this initiative allows family physicians to define entry into both operative and non-operative (including self-management) cues based on urgency. Urgency is based on the completion of a family physician-validated "priority" tool. Currently this initiative is limited to hip and knee arthritis, and is in the beta-testing phase. Family doctors in other jurisdictions may wish to advocate for the exploration of similar models with their health administrators, as a way to advocating for their patients with large joint arthritis.

1530-1700

180W/A Teaching tips for students and residents in community family practices

Eric Wong, MD, CCFP, MCISc
London, ON

Tanya Thornton, MD, CCFP, MCISc
London, ON

W. Wayne Weston, MD, CCFP, FCFP
London, ON

The overall goal of this workshop is to provide community physicians who supervise medical students and residents with an approach to clinical teaching and practical teaching tools. A framework for clinical teaching will be presented along with tips that will help students and residents maximize their learning experience. Participants will have a chance to view demonstrations of the teaching tools/tips, practice them and develop their own unique and effective approach to clinical teaching.

1530-1600

167G Injury prevention Prévention des blessures

A "Pediatric Hot Topics" session
Sujet d'actualité en pédiatrie

Lynne Warda, MD, FRCPC, PhD
Winnipeg, MB

The leading causes of childhood injury will be reviewed by age and developmental stage, corresponding evidence-based injury prevention counseling will be discussed for each injury mechanism and age group.

Les principales causes de blessures chez les enfants seront

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examinées en fonction de l'âge et du stade de développement. Des conseils, fondés sur des preuves, pour la prévention des blessures seront discutés pour chacun des mécanismes de blessures et pour chaque groupe d'âge.

1600-1630

168G Type 2 Diabetes Diabète de type 2

A "Pediatric Hot Topics" session
Sujet d'actualité en pédiatrie

Heather Dean, MD, FRCPC
Winnipeg, MB

This session will explore the challenge of diagnosis and classification of diabetes in adolescents.

Le défi du diagnostic et de la classification du diabète chez les adolescents.



1605-1640

169G Name that rash

A "Best of Manitoba" session

Richard Hayday, MD, BSc Med, DAB derm, FRCPC
Winnipeg, MB

This session will focus on common skin rashes and their diagnoses, differential diagnosis, and management with emphasis on what's new.



1630-1700

170G Anaphylaxis Anaphylaxie

A "Pediatric Hot Topics" session
Sujet d'actualité en pédiatrie

F. Estelle Simons, MD, FRCPC
Winnipeg, MB

Anaphylaxis is a serious systemic allergic reaction that is rapid in onset and may cause death.

L'anaphylaxie est une réaction allergique systémique grave dont la manifestation est rapide et peut causer la mort.

Friday/vendredi, October 12 octobre

0700-0815

285SS Practical guide to the office management of community acquired respiratory illness

For more information on this satellite symposium, see page 71.

0700-0815

286SS Making sense of the guidelines: Roadmap to cardiovascular risk factor management

For more information on this satellite symposium, see page 72.

0700-0815

287SS Emerging scientific advances for the treatment of vasomotor and associated symptoms

For more information on this satellite symposium, see page 72.

0700-0815

201N Teaching maternity care - breakfast networking session

Maternity Care Day session

Lisa Graves, MD, CCFP, FCFP
Montreal, QC

Teachers in maternity care are invited to share successes and strategies for learners at all stages of the medical life cycle. Focus will be on positive strategies, particularly those which meet the needs of urban and rural teachers.

0700-0815

202N Influenza surveillance breakfast networking session

Influenza surveillance breakfast networking session has been rescheduled to Thursday, October 11th from 0700-0815.

THURSDAY/FRIDAY
JEUDI/VENDREDI

Scientific Program - Friday / vendredi - Programme scientifique

0700-0815

203N Calling all artists! (You're not alone)

Ted Jablonski, BScMed, MD, CCFP, FCFP
Calgary, AB

THERE IS MORE TO LIFE THAN MEDICINE – while the right side of our brain is in over-drive the left half is desperately crying out to be used!!

Ted Jablonski has a passion for the arts. "Dr. J." is a full time family doctor and professional multi-instrumentalist, singer songwriter and performing arts entrepreneur. He has extensive theatre, radio, and television experience as an actor and musician and struggles to maintain his dual careers.

Ted would love to create a vehicle to network and support other medical professionals who are pursuing the arts either as a relaxing hobby or more seriously.

Learning Objectives:

1. To share ideas and information with individuals from across the country who are interested in the arts
2. To create a support network to celebrate our artistic triumphs and tribulations

0700-0815

204N Academic Day/Educational Day Coordinators networking session

Carole Geller, BSc, MD, CCFP, FCFP
Ashton, ON

This is a networking session of faculty/residents responsible for coordinating the educational didactic sessions that take place during the 2 years of residency. Participants will be given an opportunity to share ideas and innovations and to discuss how their didactic sessions have changed in response to the key features document released by the College.

FRIDAY/VENDREDI

0830-1000

200K/C KEYNOTE/CONFÉRENCE D'OUVERTURE ☈

"State of the College"

Tom Bailey, MD, CCFP, FCFP

« Discours sur l'état du Collège »

Tom Bailey, MD, CCMF, FCMF



CFPC President Dr. Tom Bailey will present an overview of the major challenges facing family doctors and the College.

Le président du CMFC, le Dr Tom Bailey, fera un survol des principaux défis auxquels doivent faire face les médecins de famille et le Collège.

Caring for Canada's Children

Louise Nasmith, MD, CCFP, FCFP

Soigner les enfants du Canada

Louise Nasmith, MD, CCMF, FCMF



Dr. Louise Nasmith, CFPC's lead representative on the College of Family Physicians of Canada - Canadian Medical Association - Canadian Paediatric Society Collaborative Child Health Initiative will present data on the health outcomes of Canada's children and youth, the development of a Children and Youth's Health Charter, and the role that family physicians play in ensuring that Canada's children are among the healthiest in the world.

Dr. Nasmith is the recipient of the 2007 Ian McWhinney Family Medicine Education Award.

Dre Louise Nasmith, principale représentante du CMFC au sein de l'Initiative sur la santé des enfants menée en collaboration par le Collège des médecins de famille du Canada, l'Association médicale canadienne et la Société canadienne de pédiatrie, présentera des données sur l'état de santé des enfants et des jeunes du Canada, sur l'élaboration d'une charte sur la santé des enfants et des jeunes et sur le rôle joué par les médecins de famille pour que les enfants du Canada soient parmi ceux qui sont en meilleure santé au monde.

Dre Nasmith est la récipiendaire 2007 du Prix Ian McWhinney pour l'éducation en médecine familiale.

Canada's Children Caring for Canadians

Hannah Taylor, Founder, The Ladybug Foundation

Les enfants du Canada prennent soin de leur pays

Hannah Taylor, Fondateur, The Ladybug Foundation



At eleven years of age, native Winnipegger Hannah Taylor is one of Canada's youngest advocates for the plight of the homeless. She established The Ladybug Foundation, which, since 2004, has raised over \$1 million supporting homeless shelters, food banks, and missions across Canada. We welcome you to hear her inspirational message and feel your own power to "make change".

À onze ans, la Winnipegeoise Hannah Taylor compte parmi les plus jeunes défenseurs des intérêts des sans-abri au Canada. Elle a créé la Ladybug Foundation qui, depuis 2004, a amassé plus de un million de dollars pour venir en aide aux refuges, banques alimentaires et autres organisations d'aide aux sans-abri du Canada. Vous êtes invités à venir écouter son message inspirant et à découvrir votre propre pouvoir de « faire changer » les choses.

1030-1105

205G Top 10 things I did not learn about TB in medical school

A "Best of Manitoba" session

*William Libich, MD, CCFP, FRCPC
Winnipeg, MB*

How comfortable are you with your tuberculosis knowledge? When a suspected case of TB walks through your door, will you know what to do? Do you know as much as you should about the TST, including all the "unwritten" TST rules? And what the heck is an IGRA? Through his work in public health and primary care, Dr. Libich has developed expertise in the field of TB. He will provide many practical TB facts, as well as some less-than-obvious TB subtleties. From the role of the TST, to the importance of sputum collection, to how to isolate an individual with suspect TB, this session will provide a brief overview of ten TB facts that are core knowledge for any busy practitioner.

1030-1230

206W/A Cardiovascular and metabolic complications of obesity

*David C.W. Lau
Calgary, AB*

This educational initiative was developed by a panel of experts and family physicians and accredited by the Canadian Cardiovascular Society and Canadian Society of Endocrinology and Metabolism. Materials are available as a CD-Rom which include case-based presentations as well as written chapters supported by references and interactive animations. This program will engage the learner on many different levels and enhances the learning process through his interactive animations and power point slides.

The learning objectives are :

1. Recognize the high prevalence of obesity in Canada, and its related cardiovascular and metabolic complications
2. Increase their knowledge of the central role of abdominal obesity in increasing risks for cardiovascular disease and type 2 diabetes in overweight / obese persons
3. Discuss the prevention and management of cardiovascular and metabolic risks in overweight / obese patients
4. Apply evidence-based clinical practice guidelines to the clinical management and prevention of abdominal obesity in overweight / obese people

1030-1200

207W/A Why family doctors want EMR and EHR in their offices

*Mark Dermer, MD, CCFP, FCFP
Ottawa, ON*

*Rose Anne Goodine, MD, CCFP, FCFP
Woodstock, NB*

Though the proportion of Canadian family physicians that use electronic record systems is small, the rate of adoption is beginning to significantly increase. Financial support has certainly been a factor but more and more doctors are recognizing the remarkable benefits of managing their patient's clinical information with computers.

Drawing from the presenters' experience of using electronic records in frontline family medicine and as advisors to national

initiatives to accelerate adoption of electronic records, this session will first examine both the distinction and overlap between Electronic Health Records (EHRs) and Electronic Medical Records (EMRs) as they are emerging in Canada. The presenters will then review both personal experience and current evidence of the benefits to patient care and physician work satisfaction achieved through electronic record systems, and then conclude by discussing the resources available to physicians to assist with the challenge of identifying and adopting computer systems in their offices.

1030-1230

208W/A Planning your life after retirement

*Larry Reynolds, MD CCFP, MSc, MHSc, FCFP
Winnipeg, MB*

*Rick Powell, CFP, CIM
Winnipeg, MB*

Many think or dream of retirement but few actually plan for it. This workshop will focus on the non financial aspects of retirement and how you can think about retirement as an extension of your career interests. Family doctors have much to contribute after retirement and this phase of life should be the continuation of a rewarding and exciting life.

1030-1230

211W/A Community-based participatory research: Engagement with community

*Vivian R Ramsden, RN, PhD
Saskatoon, SK*

*Betty Calam, MD, CCFP, FCFP
Vancouver, BC*

*Ann C. Macaulay, MD, CCFP, FCFP
Montreal, QC*

*Ruth Elwood Martin, MD, CCFP, FCFP
Vancouver, BC*

This workshop will be facilitated by three family physicians and a nurse scientist conjointly with individuals from community-based participatory research projects (e.g.: communities being served by West Winds Primary Health Centre, Saskatoon; women currently residing at ACCW). The case studies will be used to highlight elements of the theory of participatory research; the need for building and maintaining respectful partnerships between researchers and communities; what worked and what was an opportunity for change in the development of collaborative project strategies from design to dissemination of results; promotion of capacity building and sustainability; maximizing benefits and minimizing community risks; strategies for negotiating ownership and dissemination of results in a fair and equitable fashion with special attention to ensuring that circulated information does not stigmatize individuals and/or communities.

The experiences of individuals who have worked with researchers will describe the process that promotes development of sustainable change with and by the community.

Scientific Program - Friday / vendredi - Programme scientifique

1030-1230

212W/A Cross professional boundaries in multidisciplinary health care teams: Is it a matter of trust?

James Goertzen, MD, CCFP, MCISc, FCFP
Thunder Bay, ON

Tammy McKinnon, RSW
Thunder Bay, ON

Learning Objectives:

- describe the concept of trust within the context of multidisciplinary health care teams
- acquire familiarity with tools to examine the level of trust within health care teams

Workshop Description:

Effective multidisciplinary care requires collaboration between two or more health care professionals to assist patients in management of their health issues. Although it is important that health care professionals share a common vision, they must simultaneously recognize differences in their training and skill set. Moving beyond professional boundaries or "turf" requires the development of mutual trust. Is the essence of collaborative care a matter of trust?

Participants will discuss the concept of trust within the context of multidisciplinary care. Opportunities will be provided to share personal experiences in order to better understand principles which influence the development of trust between team members. Strategies for teaching these concepts to medical students and residents will be explored.

1030-1230

213W/A The use of ultrasound in vascular access and regional anesthesia

Rob Brown, MD, FRCP
Winnipeg, MB

The use of ultrasound as a guide in various medical procedures is rapidly gaining favor. This is especially the case for the clinician who does only occasional procedural work. This workshop will review the use of ultrasound to aid in vascular access and regional anesthesia. Specific uses include central venous access, peripheral venous access, arterial cannulation and specific nerve blocks. Hands on use of ultrasonography in this context will be a focus of this workshop.

1030-1230

214W/A Friend or Foe? The pharmaceutical industry and academic family medicine

Andrew Cave, MBChB, MCISc, CCFP, FCFP
Edmonton, AB

Keith Ogle, MD, CCFP
Saskatoon, SK

Loren Regier, BSP, BA
Saskatoon, SK

Meredith McKague, MD, CCFP
Saskatoon, SK

Martin Dawes, MD, MCFP
Westmount, QC

Goal: To explore ways to minimize conflict of interest created by involvement of the pharmaceutical industry with academic family medicine programs.

This interactive symposium will explore some of the challenges and dilemmas related to involvement of the pharmaceutical industry in medical education. Panel presentations and small group discussions will help us to consider the pros and cons of industry relationships with family medicine trainees and teachers, and to share practical ideas about addressing these controversies in our educational programs.

Objectives:

1. To review the evidence available about the impacts of interactions with the pharmaceutical industry on physician behaviour
2. To consider the ethical issues raised by this research: why this research matters
3. To discuss practical considerations when interacting with the pharmaceutical industry, and to consider potential alternatives to traditional detailing

1030-1230

215W/A Somatizing: What every family physician needs to know

Jon Davine, MD, CCFP, FRCP(C)
Hamilton, ON

Somatizing and somatoform disorders are an important part of the family physician's caseload. Up to 30% of patients with somatic complaints may have no adequate physical cause to account for them. The goals of this workshop are to help participants understand the different somatoform disorders, along with the distinction between conscious and unconscious processes involved in their etiology. Participants will learn of the comorbidity between somatizing and other primary psychiatric disorders. Participants will learn about treatment modalities, both psychotherapeutic and psychopharmacologic that have been helpful for this population. There will be didactic presentation, and then participants will be encouraged to present cases from their practices. Prepared cases will be available for group discussion as well.

1030-1630

216MC Cognitive therapy for anxiety disorders

For more information on this Mainpro-C course, see page 65.

1030-1100

217W/A Delayed cord clamping: Is it time to change practice?

Maternity Care Day session

William J. Ehman, MD, MCFP
Nanaimo, BC

This experienced ALSO and ALARM instructor will review current evidence for delayed cord clamping, its benefits for the baby and impact on the third stage of labour.

1030-1130

218G Can I see the doctor...today?: Open access practice

Puis-je voir un médecin... aujourd'hui? : rendez-vous avec accès préalable

Jose M. Francois, MD, CCFP

Winnipeg, MB

Julie Levesque, MD, CCFP

Winnipeg, MB

Amanda Condon, MD

Winnipeg, MB

Open Access (also known as Advanced Access) scheduling systems have successfully been implemented in the UK, US and in the last few years in various Canadian provinces. Based on their 2 year experience, the presenters will share their views on the benefits and challenges of implementing advanced access scheduling in their practice.

This session will focus on the basic principles of open access, how to get started and how to monitor the system to ensure that it maintains itself over the months and years that follow.

L'accès ouvert (ou accès préalable) a été implanté avec succès au R.-U., aux É.-U. et, depuis quelques années, dans diverses provinces du Canada. Se basant sur leurs deux années d'expérience, les animateurs partageront leurs points de vue sur les avantages et les défis posés par l'implantation de la prise de rendez-vous avec accès préalable dans leurs cabinets.

Cette session portera sur les principes de base de l'accès préalable, sur la façon d'implanter ce système de prise de rendez-vous et sur la façon de surveiller le système pour s'assurer qu'il demeure efficace au fil des mois et des années qui suivent.

1030-1130

219W/A The wounded teacher

Namta Gupta, MD, CCFP

Montreal, QC

Miriam Boillat, MD, CCFP, FCFP

Montreal, QC

This workshop will provide teachers in family medicine an opportunity to reflect on the "wounds" we all experience at times in our teaching role, to share these challenges with colleagues and to consider strategies that promote personal growth and improved teaching skills in difficult teaching situations. Teaching methods that will be used in this workshop include case discussions, narrative exercises as well as an interactive plenary.

Educational Objectives:

1. Recognize the emotional challenges of teaching
2. List the different teacher styles and learner roles
3. Describe five stages of response to difficult teaching and learning situations
4. Describe strategies that promote personal growth in difficult teaching and learning situations

1030-1200

220MC Inflammatory Bowel Disease (IBD)

For more information on this Mainpro-C course, see page 65.

1030-1230

221W/A The residents in difficulty in a distributed program

Eva Knell, MD, CCFP, FCFP

Vancouver, BC

Jill Kernahan, MD, CCFP

Vancouver, BC

In most educational environments, programs continue to expand and are becoming increasingly distributed and community-based. How can preceptors, program faculty and staff continue to effectively assess, assist, and manage learners in difficulty? This interactive workshop will allow participants to review the common and not so common behaviours and scenarios of learners in difficulty. Participants will also learn of the Peer Review/Consultation process. They will then have the opportunity to be involved in a demonstration of this technique as used during teleconferences by their UBC Resident Performance Subcommittee. Participants are encouraged to bring their challenging cases for Peer Reflection! While this session is primarily focused on postgraduate training, those involved in undergraduate clinical training and administration in medicine and other disciplines would also benefit from this workshop.

1030-1130

222W/A Integrated community clerkship: Undergraduate medical education in rural communities

Jill Konkin, BA, MD, CCFP, FCFP

Edmonton, AB

Douglas L. Myhre, MD, CCFP, FCFP

Lethbridge, AB

The Faculty of Medicine at the University of Calgary and the Faculty of Medicine and Dentistry at the University of Alberta have worked together to develop a core clerkship option that will place 3rd year undergraduate medical students in rural communities of 8,000 to 12,000 population for 8 months. This program will explore the development of this program, including a review of the evidence underpinning this type of clerkship option, strategies for collaboration between two distinct undergraduate medical programs, and program development. This will be an interactive workshop. Participants will be encouraged to discuss the fundamentals of this form of clerkship and their relevance to their own situations.

At the conclusion of the workshop, participants will be able to:

1. discuss the evidence upon which an ICC-like program is based
2. develop a strategy and tool-kit to bring to their home faculties to facilitate discussions regarding implementation of similar programs

Scientific Program - Friday / vendredi - Programme scientifique

1030-1230

223W/A Improving compliance through effective patient education: From office set-up to the Internet

Computer Learning Centre

Cathy MacLean, MD, CCFP, FCFP, MCISc, MBA
Halifax, NS

Kenneth Stanley, MD
Pearland, TX

Lynn Dunikowski, MLS
London, ON

This workshop will cover medical information, patient education, and setting up office systems to help with patient education and compliance. Dr. Stanley brings a unique office organization approach, Cathy MacLean has expertise in Patient Education and Lynn Dunikowski will cover internet resources.

Computer Learning Centre sessions are limited to 20 participants.

1030-1130

224W/A Pacemakers for the family physician

David O'Hagan, MBChB, CCFP, FCFP
Ste Rose du Lac, MB

An overview of Pacemakers and Implantable Defibrillators for the family physician particularly those working in Emergency Rooms who encounter patients with these devices which may or may not be malfunctioning or who require resuscitation. The objectives include descriptions of their components, indications for their use, common problems encountered, myths demystified and new advances.

1030-1700

225MC Managing change: A solution development workshop for stress reduction

For more information on this Mainpro-C course, see page 66.

1030-1230

226W/A Early diagnosis of cancer in primary care: Picking it out in the crowd

Jeff Sisler, MD, CCFP, MCISc, FCFP
Winnipeg, MB

Adetunji Fatoye, MD, CCFP
Winnipeg, MB

Cancer can be a tough diagnosis to make in the family physician's office. It presents infrequently and the symptoms that may suggest cancer are much more likely to reflect a benign process. But it's an important diagnosis to make, and although delays may not necessarily have an impact on survival, they can cause significant patient and physician distress and threaten their relationship. In this interactive workshop you will learn about the findings of exciting primary care research that provide family physicians with guidance in recognizing the symptom complexes that may help them pick cancer patients out "in the crowd."

During the session participants will:

- appreciate the challenge of diagnosis in the primary care context
- share your experiences in cancer diagnosis with your colleagues

- learn about key discriminating symptoms that research has shown can help in the early recognition of lung, ovarian, colorectal and other cancers in your office
- identify the preferred routes of investigation in different practice environments

1030-1230

227W/A Guess who's coming to dinner?: An accreditation consultation for postgraduate programs

Allyn E. Walsh, MD, CCFP, FCFP
Hamilton, ON

Paul Rainsberry, PhD
Mississauga, ON

Louise Nasmith, MD, CCFP, FCFP
Vancouver, BC

The accreditation of postgraduate programs can be a powerful tool to help programs develop and enhance their educational effectiveness. This workshop will use a peer consultation format to provide guidance and advice about the CFPC accreditation standards to those involved in teaching and administering in residency programs, with a view to help residency programs get the most of the accreditation process. Appropriate for leaders within residency programs, teachers and those interested in becoming surveyors in accreditation visits.

1030-1230

228W/A Complicated symptom management at the end of life

Cornelius Woelk, MD, CCFP, FCFP
Winkler, MB

The end of life is often filled with multiple symptoms, the treatment of which can result in more symptom issues. Opioids, for example, are frequent causes of constipation, nausea and delirium. This session will be case-based and interactive. It will assume that participants understand the basics of pain management, and will focus on more complicated pain and symptom issues, including neuropathic pain, incident pain, delirium and persistent nausea. The session will provide practical management options available to all practitioners, no matter their practice location. There will be ample opportunity for discussion.

Learning Objectives:

1. To appreciate the complexity of symptoms at the end of life
2. To appreciate the potential for complications in the management of pain in palliative care
3. To understand the potential causes of a variety of symptoms
4. To be able to have a number of approaches to managing complicated symptoms in palliative care

1100-1130

229W/A New developments in hypertensive disorders of pregnancy

Maternity Care Day session

Michael Helewa, MD, FRCS
Winnipeg, MB

New guidelines about hypertensive disorders in pregnancy will be released imminently from the SOGC. This talk will focus on practical aspects of the management of this common problem and new developments relevant to the family physician.

DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE

PRE-CONFERENCE / PRÉCONGRÈS

AM - WEDNESDAY / MERCREDI - OCTOBER 10 OCTOBRE - DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE

MORNING SESSIONS / SESSIONS DE LA MATINÉE

0800-0900 8h-9h	0900-0915 9h-9h15	0915-0930 9h15-9h30	0930-0945 9h30-9h45	0945-1000 9h45-10h	1000-1015 10h-10h15	1015-1030 10h15-10h30	1030-1100 10h30-11h	1100-1200 11h-12h	1200-1215 12h-13h	1215-1300 12h15-13h	1300-1400 13h-14h
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P101 RESEARCH DAY / JOURNÉE DE RECHERCHE – Delta Hotel - Victoria

Physician resource projection models 0900-0915	Do Family Medicine Groups implementation improve continuity, accessibility and coordination of care: patients' perceptions 0915-0930	Answering vexed questions about multidisciplinary workforce composition from PHCTF Projects - participatory synthesis approaches 0930-0945	Crossing Boundaries: The struggle to establish professional and private boundaries for family physicians 0945-1000	Empirical definition of Primary Health Care 1000-1015	Awards Presentations/ Présentation des prix et bourses 1100-1200 Delta Hotel - Victoria
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P101 RESEARCH DAY / JOURNÉE DE RECHERCHE – Delta Hotel - Albert

Impact of home care on hospitalization at the end of life 0900-0915	Community trial of the Cardiovascular Health Awareness Program (C-CHAP) 0915-0930	Why do physicians providing intrapartum care in rural Canada make changes in their practice? 0930-0945	Bridging the gap between primary care and the cancer system: UPCON in Manitoba 0945-1000	2006 Canadian Family Physician Chronic Disease Prevention Survey (CFPCDPS) – chronic disease primary prevention practices 1000-1015	Lunch / Déjeuner & Section of Researchers Annual General Meeting Assemblée générale annuelle de la Section des chercheurs 1200-1400 Delta Hotel - Victoria
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P100MC Airway Intubation and Management in Emergencies (AIME) full day Mainpro-C 0800-1700 Delta Hotel - Campaign B

P102MC Cognitive Therapy Tools – Mainpro-C -1030-1600 Delta Hotel - Strathcona	LUNCH / DÉJEUNER 1200-1300 Delta Winnipeg
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DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE

PM - WEDNESDAY / MERCREDI - OCTOBER 10 OCTOBRE - DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE						
1400-1430 14h-14h30	1430-1515 14h30-15h15	1545-1600 15h15-15h45 Pause	1545-1600 15h45-16h	1600-1630 16h-16h30	1630-1700 16h30-17h	1700-1800 17h-18h
Awards Presentations / Présentation des prix et bourses 1400-1430 Delta Hotel - Victoria						
P101 RESEARCH DAY / JOURNÉE DE RECHERCHE – Delta Hotel - Victoria						
Awards Presentations / Présentation des prix et bourses 1400-1430 Delta Hotel - Victoria						
P101 RESEARCH DAY / JOURNÉE DE RECHERCHE – Delta Hotel - Albert						
Understanding group practices in Canada during a time of reform using mixed method research 1430-1600						
P100MC Airway Intubation and Management in Emergencies (AIME) 0800-1700 (Mainpro-C - CONTINUED from AM)						
P102MC Cognitive Therapy Tools (Mainpro-C - CONTINUED from AM) 1030-1630						
P103MC Healthy child development: Improving the odds 1330-1700						
P104 Orientation session for international delegates 1700-1800						
Delta Hotel - Colbourne Delta Hotel - Strathcona						
Delta Hotel - Ballroom A						

Delta Winnipeg
see page 22 • voir page 22

DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE

AM - THURSDAY / JEUDI - OCTOBER 11 OCTOBRE - DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE

EARLY AM SESSIONS / SESSIONS DU DÉBUT DE LA MATINÉE

0700-0815 175SS Atherothrombosis for more complete vascular health	WCC - Room 2E
0700-0815 102N New teachers networking session	WCC - Room 8
0700-0815 132N Influenza surveillance breakfast networking session	WCC - Room 5
0830-1030 Opening Ceremonies & Keynote Address / Cérémonies et conférence d'ouverture 	WCC / CCW - Hall B
1000-1030 BREAK / PAUSE	
MORNING SESSIONS / SESSIONS DE LA MATINÉE	
1030-1045 1045-1100 1100-1115 1115-1130 1130-1145 1145-1200 1200-1215 1215-1230	12h30-10h45 10h45-11h 11h-11h15 11h15-11h30 11h30-11h45 11h45-12h 12h00-12h15 12h15-12h30
118MC Cognitive therapy foundations (full day Mainpro-C) 1030-1630	Delta Hotel - Colbourne
123MC Growing your ACORN skills (full day Mainpro-C) 1030-1700	Delta Hotel - Albert
101N Enhanced skills program directors networking session 1030-1230	Delta Hotel - Heartland Boardroom
104W/A Coping with challenging patients 1030-1230	WCC - Room 3
105W/A Chronic disease management teams in office-based family practice 1030-1230	(session continued after lunch) WCC - Room 13
106W/A Teams and tools supporting asthma care in the community 1030-1230	WCC - Room 5
108W/A Patient/provider concordance or Why don't patients do what they're told? 1030-1230	WCC - Room 2G
109W/A The multiple mini-interview: A new method of assessing applicants for residency training 1030-1230	WCC - Room 9
110W/A Incorporating patient perspectives to improve their health care 1030-1230	WCC - Room 7
111W/A Modern contraceptive challenges 1030-1230	WCC - Room 2
113W/A Continuous Quality Improvement (CQI) in an academic family health team 1030-1230	WCC - Room 8
115W/A Case-based discussion of thrombosis and anticoagulant management for the family physician 1030-1230	WCC - Room 11
116W/A Patients' behaviours: How you can make a difference ! 1030-1230	WCC - Room 10
121W/A Beyond the hard sell: An erectile dysfunction workshop for female family physicians 1030-1230	WCC - Room 4
125W/A Ethics for family physicians: A case-based workshop 1030-1230	WCC - Room 6
126W/A Family practice teams: Professional role identity 1030-1230	WCC - Room 2H
103W/A Enrichment Club 1030-1200	WCC - Room 12
124W/A Collaborative education in postgrad: family medicine's role in training primary care friendly specialists 1030-1200	WCC - Room 1
107W/A La télésanté et le médecin de famille 1030-1130	CCW - Executive Conference Centre
GENERAL SESSIONS / SESSIONS GÉNÉRALES 	
117G What's new in preventive health care? Quoi de neuf dans le domaine des soins préventifs? 1030-1130	WCC - Hall B
120W/A Best of the medical Internet for Family Physicians 1030-1230	WCC - Presentation Theatre
"BEST OF MANITOBA" SESSIONS	
1030-1105 1105-1140	1140-1210 11h40-12h10
1030-1105 11h05-11h40	12h10-1230 12h10-12h30
119G Kenya	127G Breast lumps/abnormal mammograms
119G Kenya	129G Hypertension: How to (not) measure blood pressure
Questions & Answers	

DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE

PM - THURSDAY/JEUDI- OCTOBER 11 OCTOBRE - DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE

1330-1400 13h30-14h	1400-1430 14h-14h30	1430-1500 14h30-15h	1500-1530 Break 15h-15h30 Pause	1530-1600 15h30-16h	1600-1630 16h-16h30	1630-1700 16h30-17h
AFTERNOON SESSIONS / SESSIONS DE L'APRÈS-MIDI						
118MC Cognitive therapy foundations CONTINUED from AM (full day Mainpro-C) 1030-1630				Delta Hotel - Colbourne		Delta Hotel - Albert
123MC Growing your ACORN skills CONTINUED from AM (full day Mainpro-C) 1030-1700					Delta Hotel - Campaign B	
147MC Benign Prostatic Hyperplasia: Putting your finger on the issues (Mainpro-C) 1330-1700					Delta Hotel - Kildonan	
141MC Healthy child development: Post partum mood disorder (Mainpro-C) 1330-1700					Delta Hotel - Victoria	
153MC The 15-minute psychiatric screening assessment (Mainpro-C) 1330-1700					Delta Hotel - Campaign A	
150MC Behavioural & Psychological symptoms of Dementia (BPSD): Applying the P.I.E.C.E.S. - Framework for effective clinical management of BPSD (Mainpro-C) 1330-1700					Delta Hotel - Grand Ballroom A	
156MC Issues in the management of asthma in children and adults (Mainpro-C) 1330-1700					WCC - Room 3	
134WA Tailoring pharmacotherapy for smoking cessation: Help your smokers quit and stay quit 1330-1700					WCC - Room 7	
136WA Turning lessons into action: Weaving family medicine into global health 1330-1700						
140WA Grant generating workshop 1330-1700						WCC - Room 5
142WA Approach to psychotherapy in primary care 1330-1700						WCC - Room 2F
143WA Using a framework of analyzing clinical teaching: The Stanford clinical teaching framework 1330-1700						WCC - Room 8
144WA Community preceptorship 101 - Featuring OSIE's with a "T" 1330-1700						WCC - Room 1
149WA Medical student and family medicine resident leadership workshop (by invitation only) 1330-1700				158WA Endometrial biopsy and IUCD insertion 1530-1700		WCC - Room 2H
171WA EKG interpretation without losing your sanity 1330-1500		WCC - Room 2 13h30-15h		159WA Leading in a time of change 1530-1700		WCC - Room 11
154WA L'échographie-ciblée ce sera bientôt votre tour !		CCW - Executive Conference Centre		160WA Curing ingrown toenails: A case of paradigm paralysis 1530-1700		WCC - Room 12
152WA The new analgesics: What is their role? 1330-1500		WCC - Room 2G		161WA First Link: Your link to learning, services & support for patients with dementia 1530-1700		WCC - Room 2
148WA Beyond headlines: Decoding the public-private debate for family physicians 1330-1500		WCC - Room 4		163WA Offering a helping hand before the lifeline is needed 1530-1700		WCC - Room 13
139WA Integrating learners into the busy community office 1330-1500		WCC - Room 9 BREAK / PAUSE 1500-1530		180WA Teaching tips for students and residents in community family practices 1530-1700		WCC - Room 9
138WA Drowning: Evidence-based review of incidence, prevention and treatment 1330-1500		WCC - Room 13		165WA Patient education & the CFPC: If we lead, will you follow 1530-1700		WCC - Room 6
137WA Research informing Canada's Physical Activity Guidelines & Guides 1330-1500		WCC - Room 11		166WA A model for improved access to surgical and nonsurgical osteoarthritis care 1530-1700		WCC - Room 10
135WA Are you looking after gay and lesbian patients 1330-1500		WCC - Room 12				
112WA Moving right along 1330-1500		WCC - Meeting Room 10				
133N The fifth annual EBM teachers' meeting 1330-1500		Delta Hotel - Westminster				
GENERAL SESSIONS / SESSIONS GÉNÉRALES Q - "Pediatric Hot Topics/Sujet d'actualité en pédiatrique"						
146G Immunization / Immunisation 1330-1400	155G Fetal Alcohol Syndrome / Syndrome d'alcoolisation fœtale 1400-1430	157G Pediatric Asthma/Asthme pédiatrique 1430-1500	167G Injury Prevention / Prévention des blessures 1530-1600	168G Type 2 Diabetes / Diabète de type 2 1600-1630	170G Anaphylaxis / Anaphylaxie 1630-1700	WCC / CCW - Hall B
COMPUTER LEARNING CENTRE SESSIONS						
151WA What the National Physician Survey Databases can do for you 1330-1500				162WA Alternative Pathway to Certification - Tutor Training Workshop (by invitation only) 1530-1700		WCC - Presentation Theatre
"BEST OF MANITOBA" SESSIONS						
1330-1405 13h30-14h05	1405-1440 14h05-14h40	1440-1500 14h40-15h		1530-1605 15h30-16h05	1605-1640 16h05-16h40	1640-1700 16h40-17h
145G Look what came through the door: An interactive case discussion of infectious diseases in primary care	172G Immigrant and refugee health management guidelines for primary care providers	Questions & Answers	164G Prostate cancer detection	169G Name that rash	Questions & Answers	see page 22 • voir page 22

DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE

AM - FRIDAY/VENDREDI - OCTOBER 12 OCTOBRE - DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE

EARLY AM SESSIONS / SESSIONS DU DÉBUT DE LA MATINÉE

0700-0815 285SS Practical guide to the office management of community acquired respiratory illness	WCC - Room 2E
0700-0815 286SS Making sense of the guidelines: Roadmap to cardiovascular risk factor management	WCC - Room 2F
0700-0815 287SS Emerging scientific advances for the treatment of vasomotor and associated symptoms	WCC - Room 2G
0700-0815 201N Teaching maternity care - breakfast networking session (Maternity Care Day session)	WCC - Room 12
0700-0815 203N Calling all artists! - breakfast networking session	WCC - Room 10
0700-0815 204N Academic Day/Educational Day Coordinators breakfast networking session	WCC - Room 8
0830-1030 Keynote Address / Conférence d'ouverture 	WCC / CCW - Hall B
1000-1030 BREAK / PAUSE	
MORNING SESSIONS / SESSIONS DE LA MATINÉE	
1030-1045 1045-1100 10h30-10h45 10h45-11h	1100-1115 11h-11h15 1115-1130 11h15-11h30
1130-1145 11h30-11h45 1145-1200 11h45-12h	1145-1200 12h00-12h15 1200-1215 12h15-12h30
1215-1230 12h15-12h30	1230-1330 12h30-13h30
Delta Hotel - Colbourne	Delta Hotel - Victoria
(session continued after lunch)	
CFPC ANNUAL MEMBERS' FORUM	
1230-1500	
WCC - Pan Am	
WCC - Room 11	
WCC - Room 5	1230-1300 Meet and Eat
WCC - Room 10	1300-1330 AGM
WCC - Room 7	1330-1500 Open Forum*
*PM⇒	
FORUM ANNUEL DES MEMBRES DU CMFC	
12h30-15h	
WCC - Room 9	
WCC - Room 3	12h30-13h
WCC - Room 4	Rencontre-repas
Assemblée générale annuelle du CMFC	
12h-13h30	
WCC - Room 1	
WCC - Room 2H	
WCC - Room 2	13h30-15h
WCC - Room 2G	Débat libre
*PM⇒	
GENERAL SESSIONS / SESSIONS GÉNÉRALES 	WCC - Room 2
218G Can I see the doctor...today? Open access practice / Puis-je voir un médecin... aujourd'hui? : rendez-vous avec accès préable	1030-1130
222W/A Integrated community clerkship: Undergrad medical education in rural communities	1030-1130
224W/A Pacemakers for the family physician	1030-1130
WCC - Room 6	231W/A Introduction to aesthetic medicine
WCC - Room 8	1130-1230
WCC - Room 2G	WCC - Room 2G
WCC - Room 6	233W/A Direct observation in a community teaching clinic
1130-1230	
WCC - Room 2	WCC - Room 2
WCC / CCW - Hall B	
234G Planning for the future: How many docs will we need / Planifier pour l'avenir: de combien de médecins de famille aurons-nous besoin? 1130-1200	237G An approach to end-of-life-care in Nunavut / Une approche des soins en fin de vie au Nunavut 1200-1230
235W/A Corridor consults with two obstetricians	1130-1230
WCC - Room 12	WCC - Room 16
COMPUTER LEARNING CENTRE SESSIONS	
223W/A Improving compliance through effective patient education: From office set-up to the Internet	1030-1230
"MATERNITY CARE DAY" SESSIONS	
217W/A Delayed cord clamping: Is it time to change practice?	1030-1100
WCC - Room 12	229W/A New developments in hypertensive disorders of pregnancy
WCC - Room 12	1100-1130
"BEST OF MANITOBA" SESSIONS	
205G Top 10 things that I did not learn about TB in medical school	1030-1120 / 10h30-11h20
236G Towards cultural safety	1120-1210 / 11h20-12h10
Questions & Answers	

DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE

PM - FRIDAY/VENDREDI - OCTOBER 12 OCTOBRE - DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE									
13:30-14:00 13h30-14h	14:00-14:30 14h-14h30	14:30-15:00 14h30-15h	15:00-15:30 Break 15h-15h30 Pause	15:30-16:00 15h30-16h	16:00-16:15 16h-16h15	16:15-16:30 16h15-16h30	16:30-17:00 16h30-17h		17:15-18:45 17h15-18h45
AFTERNOON SESSIONS / SESSIONS DE L'APRÈS-MIDI									
*CFPC Open Forum/Débat libre du CMFC - 1330-1500		WCC - Room 2		295W/A D. I. Rice Lecture WCC - Room 2	296W/A Defining family medicine WCC - Room 2				
216MC Cognitive therapy for anxiety disorders CONTINUED from AM (full day Mainpro-C) 1030-1630				Delta Hotel - Colbourne					
225MC Managing change: A solution development workshop for stress reduction CONTINUED from AM (full day Mainpro-C) 1030-1700				Delta Hotel - Victoria					289SS 3-minute empowerment: Improve efficiency, support behavioural change 1715-1845 WCC - Room 2E
242MC PAACT: Hypertension – Mainpro-C – 1330-1700				Delta Hotel - Kildonan					
252MC Dementia: Assessing fitness to drive – Mainpro-C – 1330-1700				Delta Hotel – Campaign A					
262MC Healthy child development: Helping Aboriginal families – Mainpro-C – 1330-1700				Delta Hotel - Campaign B					
248MC A practical approach to decreased libido in the female midlife patient – Mainpro-C – 1330-1500									
Delta Hotel - Strathcona									
210W/A Canadian Hypertension Educational Program: Hypertension management is a public issue 1330-1600		WCC - Room 8							
245W/A The sports medicine specialists approach to joint evaluation and injection techniques 1330-1700				WCC – Pan Am					
251W/A Rédiger une évaluation de stage fidèle et utile pour le résident 1330-1700				CCW - Salle 6					
255N Intraining evaluation networking session 1330-1700				Delta Hotel – Cabinet					
259W/A Type 2 Diabetes: Clinical pearls in chronic disease management and treatment of diabetic complications 1330-1700				RSV in the community: Role of the primary care physician 1715-1845 WCC - Room 3					
261W/A The challenge of the patient with chronic pain 1330-1700				WCC - Room 1					
264W/A Introduction to the CFPC Certification Exam: A primer for practice eligible candidates and residents 1330-1700		WCC - Room 10	272W/A Spirituality in medicine 1530-1700	WCC - Room 9					
257W/A Thriving, not just surviving 1330-1530			270W/A The use of goal attainment scaling as part of the intervention in a cluster randomized trial of an eldercare program 1530-1700	WCC - Room 13					
240W/A Initiating insulin: Overcoming the barriers 1330-1500		WCC - Room 2G	275W/A How to maximize the office visit 1530-1700	WCC - Room 5					
241W/A The collaboration between physicians and chiropractors in a family practice setting 1330-1500		WCC - Room 4	BREAK / PAUSE	WCC - Room 2H					
244W/A SESSION CANCELLED			1500-1530						
260W/A Family Medicine: How to market it as a viable career choice 1330-1500		WCC - Room 7		WCC - Room 7					
258W/A Honk if DKA scares you 1330-1500		WCC - Room 2H		271W/A Lifelong Learning: Living the NON-impossible dream 1530-1700	WCC - Room 10				
246W/A Clinical gems mined from family medicine research 1330-1500		WCC - Room 5		273W/A Promoting collaboration between family physicians and medical specialists: Turning strangers into colleagues 1530-1700	WCC - Room 4				
GENERAL SESSIONS / SESSIONS GÉNÉRALES Q									
249G The community paramedicine/ La paramédicale communautaire 1330-14:30	265G Rabies: What family physicians need to know / La rage : ce que les médecins de famille doivent savoir 1400-1500		269G Pregnancy and smoking / La grossesse et le tabagisme 1530-1600	277G 2006 Guidelines for the Primary Health Care of Adults with Developmental Disabilities / Directives 2006 concernant les problèmes de santé des adultes présentant des affections congénitales invalidantes 1600-1700					
COMPUTER LEARNING CENTRE SESSIONS									
250W/A MyOscar: An open-source/free personal controlled health record 1330-1700				WCC / CCW - Hall B					
MATERNITY CARE DAY SESSIONS									
254W/A Alternate therapies in maternity care 1330-1430	267W/A Surgical skills for the accoucheur 1430-1500	WCC - Room 12		278W/A Obstetrical ultrasound 1600-1630	280W/A Management of depression in pregnancy and the puerperium 1630-1700				
253W/A Refresher for intrapartum care 1330-14:30	268W/A Difficult conversations in maternity care 1430-1500	WCC - Room 13		WCC - Room 12	WCC - Room 12				
"BEST OF MANITOBA" SESSIONS									
13:30-14:05 13h30-14h05	14:05-14:40 14h05-14h40	1440-1500	1530-1605	1605-1640	WCC - Presentation Theatre				
239G Mysteryomas	266G Asthma therapy: New stuff to puff	14h40-15h	15h30-16h05	16h05-16h40	16h40-17h				
	Questions & Answers								
			274G What's under the tip of the Parkinson's Disease iceberg?	279G Neurology and narrative: Altered states	Questions & Answers				

Simultaneous interpretation
Winnipeg Convention Centre WCC • see pages 19-21
Centre des congrès de Winnipeg CCM • voir page 19-21

see page 22 • voir page 22

Interpretation simultanée
Delta Winnipeg

DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE

AM - SATURDAY/SAMEDI - OCTOBER 13 OCTOBRE - DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE

EARLY AM SESSIONS / SESSIONS DU DÉBUT DE LA MATINÉE									
0700-0815 365SS Optimizing outcomes in Acute Exacerbation of Chronic Obstructive Pulmonary Disease (AE COPD)									WCC - Room 2E
0700-0815 366SS New approaches in asthma management									WCC - Room 2F
0700-0815 381SS Food allergies in early life: The role of infant nutrition									WCC - Room 2G
0730-1630 301MC Advanced Life Support in Obstetrics (ALSO) Provider Course (Mainpro-C - 2 full days - Saturday/Sunday)									Fort Garry Hotel - Gateway
0800-1700 302MC Assessment and management of diabetic foot problems (ofsite - full day Mainpro-C)									Diabetic Foot Clinic - Health Sciences Centre
0830-1000 Keynote Address / Conférence d'ouverture 									WCC / CCW - Hall B
1000-1030 BREAK / PAUSE									
MORNING SESSIONS / SESSIONS DE LA MATINÉE									
1030-1045 1045-1100 1100-1115 1115-1130 1130-1145 1145-1200 1200-1215 1215-1230									WCC / DÉJEUNER
10h30-10h45 10h45-11h 11h-11h15 11h15-11h30 11h30-11h45 11h45-12h 12h00-12h15 12h15-12h30									1230-1330 12h30-13h30
323MC Practical office management of comorbid alcohol and anxiety disorders (full day Mainpro-C) 1030-1700									(session continued after lunch)
317MC Cognitive therapy for depression (full day Mainpro-C) 1030-1630									Delta Hotel - Kildonan
311MC Panic disorder - Mainpro-C - 1030-1200									Delta Hotel - Colbourne
310N First National OSCAR User Group Meeting (full day) 1030-1700									Delta Hotel - Stratcona
319WA Rural educators' day (full day) 1030-1700									WCC - Room 7
305WA CCS Heart Failure Guidelines 2007: You can manage the complicated patient 1030-1230									(session continued after lunch)
306WA The health care team challenge: An inter-professional educational tool 1030-1230									WCC - Room 1
307WA Cancer and chronic disease prevention: Where to from here? 1030-1230									WCC - Room 4
308WA Palliative care update 1030-1230									WCC - Room 6
312WA Back to the Future: Family physicians of today meet the family doctors of tomorrow 1030-1230									WCC - Room 2
315WA Optimizing patient safety in community practice 1030-1230									WCC - Room 3
316WA Use of DSM Multi-Axial System in primary care 1030-1230									WCC - Room 2G
321WA Sexual boundary violations 1030-1230									WCC - Room 12
322WA The facial trauma triadcs 1030-1130									WCC - Room 2H
320WA Having a Patient Education Committee work for you 1030-1200									WCC - Room 13
324WA Observations on the fly 1030-1200									WCC - Room 11
304WA History and Narrative: 1030-1130									WCC - Room 8
309WA Developing a research career in family medicine: A practical, pragmatic approach 1030-1130									WCC - Room 9
313WA Isotretinoin and the family physician 1030-1130									329WA Translating research methods into clinical care: Extracting primary care indicator measures from the family practice database to enhance quality and outcomes and to plan population-based disease prevention strategies 1130-1230
314WA Obesity 1030-1130									WCC - Room 5
									WCC - Room 10
GENERAL SESSIONS / SESSIONS GÉNÉRALES									
369G Update on Hypertension Treatment Guidelines and the Canadian Hypertension Education Program / Mise à jour des lignes directrices pour le traitement de l'hypertension et du Programme éducatif canadien sur l'hypertension 1030-1130									327G An innovative pharmacist-led approach to warfarin monitoring for family physicians / Une méthode innovatrice destinée aux médecins de famille pour le suivi d'un traitement à la warfarine à partir d'une pharmacie 1130-1200
									332G Osteoporosis: Implementing the evidence / Ostéoporose : Application des données probantes 1200-1230
COMPUTER LEARNING CENTRE SESSIONS									
318WA Best of the medical Internet for family physicians (repeat session) 1030-1230									332G Osteoporosis: Implementing the evidence / Ostéoporose : Application des données probantes 1200-1230
"BEST OF MANITOBA" SESSIONS									
1030-1105 / 10h30-11h05 1105-1140 / 11h05-11h40									333G Strategies and tactics for scaling up HIV prevention for marginalized communities: Lessons from India
303G Post Traumatic Stress Disorder (PTSD)									Questions & Answers

The Fort Garry • Hôtel Fort Garry

Delta Winnipeg
Centre des congrès de Winnipeg CCW • voir page 19-21
see page 22 • voir page 22

Delta Winnipeg

Centre des congrès de Winnipeg CCW • voir page 19-21
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DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE

PM - SATURDAY/SAMEDI - OCTOBER 13 OCTOBRE - DAY-AT-A-GLANCE/SOMMAIRE DES ACTIVITÉS DE LA JOURNÉE					
1330-1400 13h30-14h	1400-1430 14h-14h30	1430-1500 15h-15h30	1500-1530 Break 15h-15h30 Pause	1530-1600 15h30-16h	1600-1630 16h-16h30
AFTERNOON SESSIONS / SESSIONS DE L'APRÈS-MIDI					1630-1700 16h30-17h
301MC Advanced Life Support in Obstetrics (ALSO) Provider Course CONTINUED from AM (Mainpro-C - 2 full days - Saturday/Sunday) 0730-1630				Fort Garry Hotel - Gateway	
302MC Assessment and management of diabetic foot problems CONTINUED from AM (offsite - full day Mainpro-C) 0800-1700				Diabetic Foot Clinic - Health Sciences Centre	
323MC Practical office management of comorbid alcohol and anxiety disorders CONTINUED from AM (full day Mainpro-C) 1030-1700				Delta Hotel - Kildonan	
317MC Cognitive therapy for depression CONTINUED from AM (full day Mainpro-C) 1030-1630				Delta Hotel - Colbourne	
338MC Breastfeeding basics for the family physician - Mainpro-C - 1330-1700				Delta Hotel - Ballroom B	
340MC Healthy child development: Fetal Alcohol Spectrum Disorder - Mainpro-C - 1330-1700				Delta Hotel - Campaign B	
343MC PAACT: Anemia - Mainpro-C - 1330-1700				Delta Hotel - Victoria	
344MC Chronic pain in family practice: A PMRC program - Mainpro-C - 1330-1700				WCC - Room 12	
346MC Women's health procedures in family medicine - Mainpro-C - 1330-1700				Delta Hotel - Albert	
351MC Training initiative for the primary care of adults with developmental disabilities - Mainpro-C - 1330-1700				Delta Hotel - Strathcona	
310N First National OSCAR User Group Meeting CONTINUED from AM (full day) 1030-1700				WCC - Room 7	
319W/A Rural educators' day CONTINUED from AM (full day) 1030-1700				WCC - Room 1	
341W/A Est-ce que je pourrais voir le médecin aujourd'hui? : La pratique à accès ouvert 1330-1500					
CCW - Executive Conference Centre					
342W/A Teaching communication skills to teachers 1330-1700				WCC - Room 8	
349W/A Restoring workplace satisfaction and balance 1330-1700				WCC - Room 11	
352W/A Giving voice to the stories of family physicians 1330-1700				WCC - Room 9	
334W/A Alzheimers and related dementias: Management problems in primary care 1330-1500	WCC - Room 4		359W/A Child sexual abuse 1530-1700	WCC - Room 2	
335W/A It's not just where you work, it's how your work: Understanding the role of space and place in the family practice clinic 1330-1500	WCC - Room 13		361W/A Implementing and evaluating pharmacist involvement in primary health care: The Hamilton Family Health Team experience 1530-1700	WCC - Room 2G	
336W/A Pre-empting perfectionism: Saving your own life through literature 1330-1500	WCC - Room 10	BREAK / PAUSE 1500-1530	360W/A Assessing disability in mental illness 1530-1700	WCC - Room 2F	
345W/A Basic HIV care and prevention for primary care: Part 1 1330-1500	WCC - Room 3		363W/A Advanced HIV for primary care: Part two 1530-1700	WCC - Room 3	
350W/A Opioids rising?: How to sort out tolerance, addiction and opioid induced pain sensitivity in patients with chronic non-malignant pain 1330-1500	WCC - Room 2		362W/A Physician extenders: Opportunities for family physicians to improve care 1530-1700	WCC - Room 4	
339W/A Laser procedures for the family physician 1330-1430	WCC - Room 2G		368W/A Dose it right!: Adjusting medication for patients with chronic kidney disease 1530-1700	WCC - Room 6	
GENERAL SESSIONS / SESSIONS GÉNÉRALES				WCC - Room 2H	
353G Update on skin and soft tissue infection: From new bugs to old drugs 1330-1400	354G Age-related vision loss 1400-1430		356G Transgender health: An exploratory study, community based participatory action research 1430-1500	358G Planning and implementing a group weight loss program 1530-1630	
COMPUTER LEARNING CENTRE SESSIONS					WCC - Room 16
348W/A Accessing patient education resources on common problems in family medicine: Beyond consulting Dr. Google 1330-1500					
"BEST OF MANITOBA" SESSIONS					
1330-1405 13h30-14h05	1405-1440 14h05-14h40	1440-1500 14h40-15h	1530-1605 15h30-16h05	1605-1640 16h05-16h40	1640-1700 16h40-17h
333G Contraception	355G Palliative care: New therapeutics for symptom control	Questions & Answers	357G Street drug use and your patients: What's out there, who's using it and what doctors need to know	364G Memory assessment in culturally diverse groups	Questions & Answers

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Winnipeg Convention Centre WCC • see pages 19-21
Centre des congrès de Winnipeg CCM • voir page 19-21

Simultaneous Interpretation
Interprétation simultanée

1105-1140

230G Novelist: Dr. Kevin Patterson

A "Best of Manitoba" session

*Kevin Patterson, MD, MFA, FRCPC
Winnipeg, MB*

Kevin Patterson is an internist/intensivist and a novelist. His journalism has been published widely, in the New York Times Magazine, the Globe and Mail, and in Mother Jones, and elsewhere. He has recently returned from Afghanistan where he worked in the Canadian Trauma Surgical hospital in Kandahar. He will be speaking about the intersection between medicine and writing, especially relating to his work in Nunavut for the University of Manitoba Northern Medical Unit and his recent novel, *Consumption*.

1130-1230

231W/A Introduction to aesthetic medicine

*Haneef N. Alibhai, BSc, CM, MD, CCFP, FCFP
Abbotsford, BC*

Aesthetic Medicine is one of the fastest growing areas in medicine today. During the past decade much progress has been made in the field of non-invasive facial rejuvenation and the list has grown considerably in response to the aging baby boomer's demand for procedures that combine safety, efficacy, predictability and minimal downtime. The most widely performed and sought after procedures are: Daily preventive skin care, Cosmeceutical skin care, Microdermabrasion, Chemical Peels, IPL Photofacial, Laser / IPL treatment (hair, veins, pigmented lesions, acne and tattoos), Skin Resurfacing & Tightening, Photodynamic Therapy, Sclerotherapy, Botox, and Cosmetic Fillers.

This session will provide an overview on aesthetic medicine and educate the participant on the various procedures involved in aesthetic medicine.

Participants will:

- gain an understanding of the most common cosmetic concerns
- gain insight into the safest and most effective treatment options available
- learn how to perform a cosmetic evaluation and learn when referral is appropriate

1130-1230

232W/A Corridor consults with two obstetricians

Maternity Care Day session

*Michael Helewa, MD, FRCS
Winnipeg, MB*

*Phil Hall, MD, FRCS
Winnipeg, MB*

These experienced obstetricians will take the group through a set of clinical scenarios in maternity care and provide "corridor consultations" for any of your questions. Can you "stump the professor"?

1130-1230

233W/A Direct observation in a community teaching clinic

*Willa Henry, MD, CCFP, FCFP
Kingston, ON*

*M. Dianne Delva, MD, CCFP, FCFP
Kingston, ON*

In this workshop, preceptors will have an opportunity to review the requirements for effective evaluation of Family Medicine Residents. The role of direct observation will be reviewed. Participants will learn about the new standards of the College of Family Physicians for supervisors of residents. Using videotapes, preceptors will have an opportunity to develop skills in direct observation and evaluation using a variety of tools. Preceptors will discuss effective feedback for learners as it relates to direct observation of skills.

1130-1200

234G Planning for the future: How many family docs will we need?



Planifier pour l'avenir : de combien de médecins de famille aurons-nous besoin?

*Alan Katz, MBChB, MSc, CCFP, FCFP
Winnipeg, MB*

The national human resource crisis in medical service delivery has attracted the attention of the CFPC, the CMA, Health Canada and provincial governments. Family physicians are impacted by the current shortages daily. What about the future though? Will it get better or worse? This presentation will describe an approach to predict the future need for physicians based on population trends and predictions.

At the end of this session, participants will be able to:

1. describe the challenges in determining the "right number" of physicians
2. be familiar with the different approaches taken to determining the number of physicians needed
3. describe the number of family physicians needed over the next 15 years using Manitoba as an example.

La pénurie nationale de ressources humaines pour la prestation des services médicaux a attiré l'attention du CMFC, de l'AMC, de Santé Canada et des gouvernements provinciaux. Les médecins de famille se ressentent chaque jour des actuelles pénuries. Et qu'en sera-t-il demain? Est-ce que ce sera mieux ou pire? Description d'une approche basée sur les tendances et projections démographiques pour prédire combien il faudra de médecins. Les objectifs de cette communication incluent :

1. décrire les défis posés par la détermination du « bon nombre » de médecins;
2. se familiariser avec les différentes approches utilisées pour déterminer le nombre de médecins requis;
3. décrire le nombre de médecins de famille requis au cours des 15 prochaines années en prenant le Manitoba comme exemple.

Scientific Program - Friday / vendredi - Programme scientifique

1130-1230

235W/A Management of stillbirth

Maternity Care Day session

Hélène Rousseau, MD, CCFP, FCFP
Montreal, QC

Stillbirth is a crisis for the family and the accoucheur. This workshop will focus on practical aspects of the management of stillbirth which will benefit both the experienced and new accoucheur.

1140-1210

236G Towards cultural safety: Relevance in clinical practice

A "Best of Manitoba" session

Cathy Cook, MD, CCFP, MSc, FCFP
Winnipeg, MB

This session will discuss the dimensions of cultural concepts and their relevance in clinical practice. Cultural safety has been defined as 'a concept that is about power relationships in the health care setting. It is about setting up systems that ultimately create useful and positive change to benefit the health care system and the people we serve.' The discussion will include an overview of the continuum of cultural concepts within health care organizations and clinical settings. Discussion will also include potential positive and negative effects of these stages (cultural incompetency to cultural proficiency) in clinical practice
– potential for medical error, patient compliance issues, quality of care and patient safety.

FRIDAY/VENDREDI

1200-1230

237G An approach to end-of-life care in Nunavut



Une approche des soins en fin de vie au Nunavut

Mark Lachmann, MD, MHSc, CCFP
Toronto, ON

The majority of those living in Nunavut (85 %) are Inuit. End of life care discussions are crucially important in Nunavut as access to specialized care such as the CCU, the ICU, and cancer centres is by air transport far from community and family. End of life discussions are also an intense example of cross-cultural communication, with the majority of health professionals in Nunavut being non-Inuit. Over a two year period with extensive consultation at the community, government, and health care professional level a discussion tool has been developed to facilitate discussion around end-of-life care. The development process and the tool itself will be presented.

Learning objectives:

1. End-of-life discussions are important to have particularly in rural resource poor settings
2. A community consultation process in developing an end-of-life communication is described
3. An understanding that given the appropriate time and tools it is possible to have meaningful cross-cultural conversations about end-of-life care which improve patient care

La majorité des habitants du Nunavut (85 %) sont des Inuits. Les discussions sur les soins en fin de vie ont une importance cruciale au Nunavut car les soins spécialisés (unités et services de soins

intensifs et centres anticancéreux) sont accessibles par transport aérien et dispensés loin de la communauté et de la famille. Ces discussions offrent également un exemple extrême de communication interculturelle, puisque la majorité des professionnels de la santé au Nunavut ne sont pas des Inuits. Sur une période de deux ans, on a procédé à de vastes consultations auprès de la communauté, du gouvernement et des professionnels de la santé. On a ensuite élaboré un outil de discussion pour faciliter le débat entourant les soins en fin de vie. Le processus d'élaboration et l'outil en tant que tel seront présentés.

Objectifs d'apprentissage :

1. importance de discuter de la fin de vie, particulièrement dans les établissements ruraux à faibles ressources;
2. description du processus de consultation populaire qui a servi à élaborer un mode de communication pour parler des questions liées à la fin de vie;
3. si l'on dispose du temps et des outils appropriés, il est possible d'avoir des échanges interculturels fructueux sur les soins en fin de vie, ce qui améliore le soin aux patients.

1230-1330

288SS Treatment of osteoarthritis: Risk/benefit of pharmacological options

For more information on this satellite symposium, see page 72.

1230- 1500

CFPC Annual Members' Forum

College members are invited to participate in this opportunity to meet and interact with CFPC leaders and colleagues from across the country.

The Members' Forum program will include the following:

1230-1300 Meet and Eat – time to greet old and new friends (box lunches will be available)

1300-1330 CFPC Annual General Meeting – includes annual report, election of officers for 2007-2008, and recognition of award recipients

1330-1500 Open Forum – Come prepared to ask questions, provide comments, and dialogue with CFPC leaders on key issues affecting family doctors across Canada today, such as:

- family physician shortages
- attracting more medical students to family medicine
- family physician incomes
- wait time priorities from the family doctor-patient perspectives
- family physicians with special interest practices
- changing scopes of practice and roles of other health professionals (nurses, pharmacists, physician assistants, etc.)
- primary care teams/collaborative care
- EHR's in family practice, revalidation programs, family physicians and other specialists

Forum annuel des membres du CMFC

Tous les membres du CMFC sont invités à profiter de cette occasion qui leur est offerte de rencontrer les dirigeants du Collège et leurs collègues de tout le pays et d'échanger avec eux.

Au programme du Forum des membres :

12h30-13h Rencontre-repas – un moment pour renouer avec de vieux amis et faire de nouvelles connaissances (boîtes à lunch fournies)

13h-13h30 Assemblée générale annuelle du CMFC – incluant rapport annuel, élection des administrateurs pour 2007-2008 et reconnaissance des récipiendaires de prix

13h30-15h Débat libre – Préparez-vous à poser des questions, à formuler des commentaires et à discuter avec les dirigeants du CMFC sur les grandes questions qui touchent les médecins de famille de tout le Canada :

- pénuries de médecins de famille
- attirer davantage d'étudiants en médecine vers la médecine familiale
- revenus des médecins de famille
- priorités relativement aux temps d'attente : point de vue du médecin / du patient
- médecins de famille dont la pratique est axée sur un intérêt spécial
- modification des champs d'activité et des rôles des autres professionnels de la santé (infirmières, pharmaciens, auxiliaires médicaux, etc.)
- équipes de soins primaires/soins de collaboration
- DME en médecine familiale, programmes de revalidation, médecins de famille et autres spécialistes

1530-1700

Members' Forum Part II

1530-1615

**295W/A The 2007 Donald I. Rice Lecture
The joys of having students and residents in your practice**

*Mohamed Ravalia, MD, CCFP, FCFP
Twillingate, NL*

The D.I. Rice Award honours the memory of the late Dr. Don Rice, the CFPC's Executive Director from 1965-1985. The 2006-2007 D. I. Rice Award recipient, Dr. Mohamed Ravalia of Twillingate, Newfoundland, will discuss the challenges and rewards of being a family medicine teacher and mentor - whether you are part of a larger academic setting or as Dr. Ravalia - you are in a small community practice.

A great session for any family physician - and all students and residents - to attend

1615-1700

296W/A Defining family medicine: From "Just a GP" to being part of Canada's newest specialty

*Alain Pavilanis, MD, CCFP, FCFP
Montreal, QC*

When the College of Family Physicians of Canada was founded in 1954, one of its main objectives was to define the discipline of general practice. Half a century later, family medicine is still trying to define itself - but has now matured within both the academic and practice worlds and, while still proudly maintaining its generalist and community based roots, has been acknowledged as a specialty in many nations, including Canada. CFPC Past President Dr Alain Pavilanis chairs the College's Steering Committee overseeing the introduction of specialty status for our branch of the profession. In this presentation he will share the College's history related to these deliberations and will take you on his personal and professional journey from being a rural GP to being a clinician, teacher and leader who is part of the discipline and specialty of family medicine.

Scientific Program - Friday / vendredi - Programme scientifique

1330-1405

239G Mysteryomas

A "Best of Manitoba" session

Fern Karilicki, MD, FRCP(C)
Winnipeg, MB

During the course of an ultrasound exam, a variety of "incidentalomas" may be encountered that become "mysteryomas" to the clinician regarding their clinical significance and need for further work-up.

This talk will focus on the most commonly encountered incidentalomas and discuss their appearance, significance, and suggest further management algorithms where appropriate.

1330-1500

240W/A Initiating insulin: Overcoming the barriers

David C. W. Lau
Calgary, AB

This educational initiative was developed by a panel of experts and family physicians and accredited by the Canadian Cardiovascular Society and Canadian Society of Endocrinology and Metabolism. Materials are available as a CD-Rom which include case-based presentations as well as written chapters supported by references and interactive animations. This program will engage the learner on many different levels and enhances the learning process through his interactive animations and power point slides.

The learning objectives are :

1. Recognize the high prevalence of obesity in Canada, and its related cardiovascular and metabolic complications
2. Increase their knowledge of the central role of abdominal obesity in increasing risks for cardiovascular disease and type 2 diabetes in overweight / obese persons
3. Discuss the prevention and management of cardiovascular and metabolic risks in overweight / obese patients
4. Apply evidence-based clinical practice guidelines to the clinical management and prevention of abdominal obesity in overweight/obese people

1330-1500

241W/A The collaboration between physicians and chiropractors in a family practice setting

Claude A. Gauthier, DC
Gatineau, QC

Silvano Mlor, DC, PhD, FCCSC
Toronto, ON

Collaboration between health care providers has been proposed to be an innovative solution to many complex health care problems. It ensures that patients are provided with comprehensive care while optimizing resources and improving continuity. Chiropractors are one of the most frequently accessed nonphysician provider groups for musculoskeletal conditions, yet their level of collaboration amongst health care providers varies, which in turn impacts upon the continuity of patient care. This variation may be partially explained by the limited exposure each profession has to each other and levels of communication. The results of a study involving the implementation of a model of interprofessional collaboration will be presented and highlighted by a case study of a functioning physician/chiropractor collaborative practice. The role of inter-professional education, in pre- and post-licensure, to enhance communication, strengthen relationships and build trust will be highlighted.

1330-1700

242MC PAACT: Hypertension

For more information on this Mainpro-C course, see page 67.

1330-1530

244W/A Speaking with one voice: Engaging physicians in leadership roles

SESSION CANCELLED

1330-1700

245W/A The sports medicine specialist's approach to joint evaluation and injection techniques

Alykhan Abdulla, BSc, MD, LMCC, CCFP, CASM
Manotick, ON

Faiza Abdulla, CDA
Manotick, ON

A POPULAR WORKSHOP!!

Dr. Abdulla demonstrates in a "Hands-on" interactive session the skills in musculoskeletal examination techniques and joint injection through demonstration and small group learning. Please wear comfortable clothes to exam other participants.

1330-1500

246W/A Clinical gems mined from family medicine research

Family functioning and asthma management in a sample of adult primary care patients

Hassan Soubhi, MD, PhD

How adult asthmatic patients perceive their family functioning during their visit to their GP has a sizeable effect on how they control their asthma symptoms three months later. This study provides initial estimates of this effect and opens the way to useful avenues of research and intervention in asthma management.

Conditions musculo-squelettiques chroniques et co-morbidité en soins de première ligne

Catherine Hudon MD, MSc, CMFC

Quelle est la prévalence des patients atteints de conditions musculo-squelettiques chroniques en première ligne? Ces patients ont-il souvent des co-morbidités associées ou des maladies chroniques pouvant se détériorer avec la prise d'antiinflammatoires non stéroïdiens? Quelles en sont les implications pour le clinicien? Voici des questions qui mènent à des réponses pertinentes pour le médecin de famille.

Family physicians and dementia: Understanding the challenges

Nick Pimlott, MD, CCFP

We are inundated with clinical practice guidelines (CPGs); research suggests difficulty implementing them in practice. We focused on the Canadian Consensus Conference Guidelines: Dementia, for discussions of FP opinions of dementia (& other) CPGs, challenges implementing CPGs into practice, and looking after patients with dementia. Learn how FPs "do guidelines" differently!

Geriatric interim discharge summaries: A qualitative study of general family physicians' view

Marjan Abbasi MD; Sheny Khera MD, MPH

Having a tough time reading the Interim Discharge Summary (IDS) in your geriatric patient, discharged from hospital? Wondering about the MMSE, the follow-up appointments and home care/medication management? Hear what a group of family doctors had to say about the IDS and what they think should be included in these summaries.

1330-1500

248MC A practical approach to decreased libido in the female midlife patient

For more information on this Mainpro-C course, see page 66.

1330-1400

249G The community paramedicine:

A novel approach to the physician extender

La paramédecine communautaire : une nouvelle approche du personnel paramédical

Ken Buchholz, MD, CCFP, FCFP

Annapolis Royal, NS

This session will explore the concept and rationale of utilizing expanded scope paramedics as physician extenders in a rural collaborative family practice setting. Participants will hear how basic intervention strategies employed by the paramedics under physician and nurse practitioner supervision have resulted in reductions in visits to local health care facilities (including ER and hospital admissions) by upwards of 23%. The opportunities and benefits of similar strategies for the over-burdened health care system will be discussed.

ref: Long and Brier Island Excess Capacity Project (Emergency Health Services Nova Scotia); "Seniors LINKS Program" (Annapolis Valley District Health Authority, Nova Scotia)

Cette session analysera le concept et la justification de l'utilisation de travailleurs paramédicaux exerçant un rôle élargi comme adjoints aux médecins dans le contexte de la médecine familiale en collaboration dans un milieu rural. On expliquera aux participants comment des stratégies d'intervention de base, appliquées par le personnel paramédical sous la supervision du médecin et de l'infirmière praticienne, ont fait diminuer de plus de 23 % le nombre de consultations dans les établissements de soins de santé locaux (y compris les consultations en salle d'urgence et les hospitalisations). On discutera des possibilités et des avantages de stratégies semblables pour le réseau surchargé des soins de santé.

réf. : Long and Brier Island Excess Capacity Project (Emergency Health Services Nova Scotia); "Seniors LINKS Program" (Annapolis Valley District Health Authority, Nouvelle-Écosse)

1330-1700

250W/A MyOSCAR: An open source/free personal controlled health record

Computer Learning Centre

David Chan, MD, CCFP, MSc, FCFP

Hamilton, ON

Colleen Kirkham, MD, CCFP, FCFP

Vancouver, BC

Objectives:

1. To present health benefits of personal controlled health record.
2. To introduce workshop participants to important features of a personal controlled health records: control and ownership, data model and standards, security, and interoperability.
3. To demonstrate and provide hand-on practice using MyOSCAR, a Free/Open Source Software web-based personal controlled health record system developed in collaboration with the MIT/Harvard Indivo project (<http://indivohealth.org>). Data exchange will be provided by OSCAR, an Electronic Medical Record system from McMaster University.
4. To discuss business aspect of providing this service to patients of clinics who may or may not use OSCAR, and other methods of data exchange between patients and their care providers.

Computer Learning Centre sessions are limited to 20 participants.

Scientific Program - Friday / vendredi - Programme scientifique

13h30-17h

251W/A Rédiger une évaluation de stage fidèle et utile pour le résident

Diane Clavet, MD, MA, CMFC, FCMF
Sherbrooke, QC

Carolle Bernier, MD, CCMF, FCMF
Sherbrooke, QC

Au moyen d'exercices et de courts exposés interactifs, les enseignants qui souhaitent se familiariser avec les éléments clés du processus d'évaluation sanctionnelle du résident apprendront à

- faire consensus sur le sens des items d'évaluation et des cotes et sur la façon d'en informer le résident
- recueillir les renseignements nécessaires pour compléter la grille d'évaluation de fin de stage
- rédiger des commentaires cohérents avec les cotes de l'évaluation et pertinents pour le résident.

1330-1700

262MC Healthy child development: Helping Aboriginal families

For more information on this Mainpro-C course, see page 66.

1330-1700

252MC Dementia: Assessing fitness to drive

For more information on this Mainpro-C course, see page 67.

FRIDAY/VENDREDI

1330-1430

253W/A Refresher for intrapartum care

Maternity Care Day session

Lisa Graves, MD, CCFP, FCFP
Montreal, QC

Andrée Gagnon, MD, CCFP
Blainville, QC

This hands-on workshop will review principles of normal birth, vacuum assisted birth and problems such as shoulder dystocia and provide opportunity for practice on the mannequin.

Objectives:

1. Review the principles of vacuum assisted birth and shoulder dystocia
2. Provide the opportunity for each participant to practice these skills

1330-1430

254W/A Alternate therapies in maternity care

Maternity Care Day session

Susan J. Harris, MD, CCFP, FCFP
Vancouver, BC

How do you feel about your patient using blue or black cohosh to induce labour? This workshop will review alternate therapies that we may encounter with our patients - their purported uses and the evidence for efficacy and safety.

1330-1700

255N Intraining evaluation networking session

Mary E. Johnston, MD, CCFP, FCFP
Ottawa, ON

This networking session provides an opportunity for intraining evaluation directors to share information and ideas.

1330-1530

257W/A Thriving; not just surviving: Supporting midcareer and senior faculty

Eva Knell, MD, CCFP, FCFP
Vancouver, BC

Ivy F. Oandasan, MD, CCFP, FCFP
North York, ON

Many educational institutions provide mentoring and career support for junior faculty. Fewer provide the same for their mid-career and senior faculty. Significant challenges can occur for these faculty. They are often faced with increasing responsibility and accountability at the same time that they become more time pressured, professionally advanced, and possibly isolated.

In this interactive workshop, participants will discuss the common and not so common challenges faced by more senior faculty and administrators. The potential negative consequences of these challenges including compassion fatigue, vicarious trauma, illness, burnout and reduced productivity will be discussed. Participants will review several models of support for mid- and late career faculty and then have an opportunity to begin designing or reviewing programs for in their setting. Participants from all disciplines are welcome.

1330-1500

258W/A Honk if DKA scares you

Brent Kvern, MD, CCFP, FCFP
Winnipeg, MB

Lisa M. Bryski, MD, CCFP(EM)
Winnipeg, MB

Using an interactive approach, the pathophysiology, initial emergency room approaches and stabilization of patients with both Hyperosmolar Non-ketotic coma and Diabetic Ketoacidosis will be reviewed. Among other things, you will re-learn how to calculate (and use) an anion gap and serum osmolality. As well, you will become comfortable in knowing how & when to start – or hold – insulin therapy patients with these conditions.

1330-1700

259W/A Type 2 Diabetes: Clinical pearls in chronic disease management and treatment of diabetic complications

Tessa Laubscher, MBChB, CCFP
Saskatoon, SK

Derek Jorgenson, BSP, PharmD
Saskatoon, SK

This will be an interactive workshop utilizing case studies of patients with type 2 diabetes mellitus and varying comorbidities and complications. Participants will be provided with evidence-based information and resources, and they will also be encouraged to learn from each other.

Objectives:

1. To review diabetes chronic disease management, including the use of tracking tools and patient recall strategies.
2. To highlight the pharmacologic management of type 2 diabetes, including the use of insulin and the new hypoglycemic agents.
3. To discuss the prevention and management of complications of diabetes, including chronic kidney disease, diabetic neuropathies and diabetic foot infection.
4. To emphasize the importance of the interdisciplinary team in the care of the individual with diabetes.

1330-1500

260W/A Family Medicine: How to market it as a viable career choice

Jennifer McCabe, MD, CCFP
Toronto, ON

Kimberley M. Feldman, MD, CCFP
Toronto, ON

Marcus Law, MD, MBA, CCFP
Toronto, ON

By the end of this session, the participant will be able to:

1. understand the trends in Family Medicine Residency applications in Canada.
2. appreciate factors known to contribute to Family Medicine as a career choice.
3. understand the role of Family Medicine Interest Groups in promoting Family Medicine.
4. develop strategies to generate interest among learners in Family Medicine as a career.

1330-1600

210W/A Canadian Hypertension Educational Program: Hypertension management is a public issue

Martin Dawes, MD, DRCOG, MBBS, FRCGP
Montreal, QC

Janusz Kaczorowski, MD
Vancouver, BC

John S. Hickey, MD
Antigonish, NS

This networking session will be for family physicians interested in the management of hypertension both from the view of the family physician treating the individual patient as well as those interested in the population approach. As experts in the management of hypertension family physicians are often left out of the loop in terms of development of strategies to improve care. Despite its

high prevalence public knowledge about hypertension remains very limited. The Canadian Hypertension Educational Program (CHEP, www.hypertension.ca) has developed guidelines and educational materials for both the public and professionals.

Using small groups we will review this information and propose strategies for dissemination. Expected outcomes from this meeting will be more involvement of family physicians in the production of national hypertension recommendations, feedback to CHEP on their public strategy, & identification of local champions to lead hypertension education strategies.

1330-1700

261W/A The challenge of the patient with chronic pain

Lori Montgomery, MD, CCFP
Calgary, AB

Chris Spanswick, MD, MB, ChB, FRCA(UK)
Calgary, AB

Chronic pain represents one of the most common problems in family medicine, but encompasses many diagnostic entities and treatment approaches. This workshop will introduce a clinical approach that applies to most chronic pain problems, and use non-threatening role-playing to demonstrate an effective model of communication with these complex patients. Participants should bring questions or cases from their own practices, and facilitators will be prepared to discuss, among other things: diagnostic dilemmas, clinical decision-making, medication questions, and strategies for dealing with difficult patients.

Participants will:

1. begin to perceive chronic pain as a manageable problem
2. develop confidence in approaching common chronic pain presentations
3. become aware of new developments in chronic pain management that can be initiated by the family physician
4. develop skills for communicating with difficult patients

1330-1700

264W/A Introduction to the CFPC Certification Exam: A primer for practice eligible candidates and residents

Kendall Noel, MDCM, CCFP
Ottawa, On

Target Audience: Practice-eligible candidates, foreign grads and family medicine residents preparing to write the CFPC's certification exam.

Goals: To provide candidates preparing to sit the College's certification exam with a comprehensive overview of the exam's two components: the simulated office orals and the short answer management problems.

Objectives:

1. To provide participants with an understanding of the patient-centred approach to interviewing and its application to the CFPC's simulated office orals.
2. To provide participants with an understanding of the simulated office oral's marking scheme.
3. To provide participants with an introduction to the short answer management problem section of the certification exam.

Scientific Program - Friday / vendredi - Programme scientifique

1400-1500

265G **Rabies: What family physicians need to know**

La rage : ce que les médecins de famille doivent savoir

Allan Grill, MD, CCFP, MPH
Toronto, ON

Rabies is a viral disease primarily infecting domestic and wild animals. The virus can be transmitted to humans through close contact (e.g. bites or scratches). Once symptoms develop, the disease is fatal. While effective public health initiatives have caused human cases of Rabies to be rare in Canada, the virus remains a significant public health problem in many developing countries. In Asia and Africa alone, there are approximately 55,000 human deaths annually from Rabies. Increased international travel has heightened the potential for Rabies contraction among travelers causing primary care physicians to face an increased number of questions involving human-animal exposures that occur overseas.

At the end of this session, participants will be able to:

1. help identify, treat and educate patients who have been exposed to animals at risk of carrying the Rabies virus.
2. be familiar with the current Rabies post-exposure prophylaxis guidelines, including proper vaccine administration, using clinical case-based scenarios.
3. make recommendations for pre-exposure vaccination against the Rabies virus as it pertains to Canadians traveling overseas

La rage est une maladie virale qui infecte surtout les animaux domestiques et sauvages. Le virus peut être transmis aux humains lors de contacts directs (p. ex. morsures ou griffures). Lorsque les symptômes apparaissent, la maladie est fatale. Grâce à d'efficaces initiatives de santé publique, les cas de rage chez les humains sont rares au Canada, mais le virus demeure un important problème de santé publique dans de nombreux pays en développement. Seulement en Afrique et en Asie, quelque 55 000 décès d'êtres humains sont attribuables à la rage chaque année. Avec l'augmentation des voyages à l'étranger, les voyageurs sont plus à risque de contracter la rage, et les médecins de famille doivent de plus en plus souvent répondre à des questions au sujet de contacts entre humains et animaux qui se sont produits à l'étranger.

Cette session est axée sur les thèmes suivants :

1. identifier, traiter et éduquer les patients qui ont été exposés à des animaux susceptibles d'être des vecteurs de la rage;
2. connaître les actuelles lignes directrices en matière de prophylaxie antirabique post-exposition, incluant l'administration appropriée des vaccins, l'utilisation de scénarios fondés sur des cas cliniques;
3. formuler des recommandations en ce qui a trait à la vaccination pré-exposition contre le virus de la rage pour les Canadiens qui voyagent à l'étranger.

1405-1440

266G **An update on asthma therapy: New stuff to puff**

A "Best of Manitoba" session

Tom Gerstner, MD, FRCP(C)
Winnipeg, MB

Despite effective therapy, asthma morbidity remains a daunting problem, with continued increasing incidence worldwide, although with some signs of recent deceleration. Effective treatment continues to evolve. Fortunately, new options have recently become available, along with new and effective ways to apply existing therapy. This presentation will review recent literature on selecting optimal treatment for young children with recurrent wheeze and asthma, review the safety of currently used medications in children, discuss the optimal first line of treatment in asthmatics, review the management of exacerbations, and discuss new options available for treatment of moderate and severe asthmatics.

1430-1500

267W/A **Surgical skills for the accoucheur**

Maternity Care Day session

Ray Postuma, MD, FRCSC
Winnipeg, MB

This hands-on workshop by an experienced surgeon will review basic surgical skills of particular relevance to the new or resident accoucheur.

Note: Attendance for this session is limited.

1430-1500

268W/A **Difficult conversations in maternity care**

Maternity Care Day session

Larry Reynolds, MD CCFP, MSc, MHSc, FCFP
Winnipeg, MB

How do we deal with conflict in Labour and Delivery? How do we discuss poor obstetrical outcomes with the family? This experienced family physician will lead the group through these difficult conversations, with practical suggestions and guidelines.

1530-1600

269G

Case-based, interactive telemedicine: Interprofessional/interdisciplinary education about pregnancy and smoking

Télémédecine interactive, fondée sur les cas : formation interprofessionnelle/interdisciplinaire sur la grossesse et le tabagisme

Peter Selby, MHSc, FASAM
Toronto, ON

Smoking during pregnancy is a major public health problem requiring comprehensive interventions. There are serious health implications for mother and infant due to the addictive nature of tobacco. In regionalized health systems, family physicians provide health care services in conjunction with other health professionals.

PREGNETS (Network for the PREvention of Gestational and Neonatal Exposure to Tobacco Smoke) delivers training to health professionals and supports pregnant smokers aiming to reduce smoking. The Tobacco Project uses 'better practices' information to establish a comprehensive and coordinated approach to prenatal and postpartum tobacco use for the South Shore District (Nova Scotia). PREGNETS partnered with the Pregnancy and Tobacco Project to deliver interactive, case-based Mainpro courses to a range of health professionals over 4 sessions.

At the end of this session, participants will know how to set up multi-site telemedicine sessions for family physicians and other health professionals.

Le tabagisme pendant la grossesse est un problème de santé publique majeur qui exige des interventions exhaustives. Il a de graves conséquences pour la santé de la mère et du bébé en raison de la nature toxicomanogène du tabac. Dans les systèmes régionalisés de soins de santé, les médecins de famille offrent les services de santé de concert avec d'autres professionnels de la santé.

Le réseau PREGNETS (Network for the PREvention of Gestational and Neonatal Exposure to Tobacco Smoke) offre de la formation aux professionnels de la santé et soutient les fumeuses enceintes qui tentent de réduire leur consommation de cigarettes. Dans le district South Shore (Nouvelle-Écosse), le Tobacco Project se sert de l'information sur les « pratiques exemplaires » pour établir une approche globale et coordonnée du tabagisme chez les femmes pendant les périodes prénatale et postnatale. PREGNETS et le Pregnancy and Tobacco Project se sont associés pour offrir des cours Mainpro interactifs, fondés sur les cas et dispensés en quatre sessions à un éventail de professionnels de la santé.

Cette session met l'accent sur la façon de créer des sessions de télémedecine multi sites à l'intention des médecins de famille et des autres professionnels de la santé.

1530-1700

270W/A

The use of goal attainment scaling as part of the intervention in a cluster randomized trial of an eldercare program.

Farah McCrate, BS, MSc, PhD
St. John's, NL

Marshall S. Godwin, MD, CCFP, FCFP
St. John's, NL

Goal Attainment Scaling (GAS) is a structured approach to achieving patient targets that were negotiated between a health care provider and patient. This workshop describes its use in a CIHR funded project called The ElderCare Program which evaluates a primary care based, nurse-delivered intervention aimed at improving quality of life in the old elderly(80+ years old). The workshop will include a description of the GAS process, our experience to date with its use in the old elderly, and participant input into adaptations of its use in this and other research and clinical situations.

1530-1700

271W/A Lifelong Learning: Living the NON-impossible dream

Bernard Marlow, MD, CCFP, FCFP
Mississauga, ON

Francine Kerdman
Mississauga, ON

Lynne Haslett, RN, M.Ed
Toronto, ON

"Learning is not a product of schooling, but the lifelong attempt to acquire it". (Albert Einstein)

Through the powerful art of storytelling as an effective educational tool, FP's will hear, first hand from "Lifers", how and why they have remained dedicated to lifelong learning.

The goals of this interactive workshop are:

1. to inspire FP's to commit themselves to lifelong learning
2. to enable FP's to develop individualized processes by which to make lifelong learning an integral, and innate part of their lives as physicians
3. to provide FP's with the insights, knowledge, and understanding of both the fundamentals, as well as the potential outcomes of lifelong learning, so that they are able to make informed decisions

At the end of the workshop, FP's will appreciate lifelong learning as a WIN:WIN situation; both they and their patients come out as winners!

1530-1700

272W/A Spirituality in medicine: Complimentary or conflict?

Larry Reynolds, MD CCFP, MSc, MHSc, FCFP
Winnipeg, MB

Family physicians try to care for all aspect of a patient's health. Spiritual care is generally seen as an area of care delegated to specialized staff or as "taboo". However, awareness of spiritual issues can be very helpful to family doctors if they have a degree of comfort with this dimension of care. This session will be an exploration of the interface between medical care and spiritual care. Presenters will be a spiritual care provider and an academic family physician.

Scientific Program - Friday / vendredi - Programme scientifique

1530-1700

273W/A Promoting collaboration between family physicians and medical specialists: Turning strangers into colleagues

Cathy Risdon, MD, CCFP, FCFP
Hamilton, ON

Joyce Zazulak, MD, CCFP
Dundas, ON

Elizabeth A. Shaw, MD, CCFP, FCFP
Hamilton, ON

This workshop will consist of 3 components.

1. Reporting on a recent workshop between obstetricians and family doctors providing intrapartum care.
2. Practicing specific (narrative) techniques which promote collaboration on a variety of teams
3. Discussing how to apply these techniques to your home settings

Background: Using teams of family doctors and obstetricians at a tertiary care teaching hospital practice, in parallel, with varying degrees of collegiality and collaboration, a workshop was developed and offered with the intention of:

- maintaining and improving morale and communication
- modeling a practice environment essential for learners at all levels in obstetrics
- improving quality of work life for all participants

Although this pilot was done in the setting of obstetrics, this workshop will have applicability for newly forming teams in primary care, cross-specialty groups, on call groups or any other groups and teams wanting to improve collaboration and communication.

1530-1605

274G What's under the tip of the Parkinson's Disease iceberg? Implications for early diagnosis

A "Best of Manitoba" session

Douglas Everett Hobson, BSc, MD, FRCP(C)
Winnipeg, MB

Parkinson's Disease has been recognized since 1817 by its motor symptoms of bradykinesia, tremor and rigidity. We now have evidence that years before bradykinesia, patients are already suffering symptoms including; loss of olfactory sensation, autonomic dysfunction in the form of constipation and cardiac sympathetic denervation, sleep disorders including in particular REM sleep behavior disorder and psychiatric symptomatology including depression and anxiety.

The emphasis currently is how to use these symptoms to identify biomarkers, however, we are getting closer to the stage where a simple lab test (such as measuring subunits of Alpha-Synuclein in blood,) may allow us to identify patients who are destined to develop Parkinson's disease. Our goal then becomes to identify patients prior to the development of disabling motor symptoms and introduce treatment that will delay or perhaps prevent the onset of this illness.

1530-1700

275W/A How to maximize the routine office visit

Kenneth Stanley, MD
Pearland, TX

The average office visit lasts about 10 minutes. Getting the most from that 10 minutes takes careful planning and a team effort.

At the end of this workshop, participants will:

1. be able to "think like a patient" and create a patient centered atmosphere
2. have practical tasks and tools to apply in their practice
3. discover the value of time spent out of the exam room

1530-1700

276W/A Effective mentoring

Barbara Stubbs, MD, CCFP, FCFP
Toronto, ON

Merrilee G. Brown, MD, CCFP
Port Perry, ON

This small group workshop is an introduction to the concept of mentoring, and can apply to mentoring of students and faculty in our discipline.

Workshop Objectives:

1. Define and understand mentoring
2. Review current literature, and the results of a recent facultywide survey on mentoring needs in the Department of Family and Community Medicine at the University of Toronto.
3. Learn about roles and responsibilities of mentors, and related issues
4. Acquire resources for starting and maintaining a relationship

This workshop is designed for a maximum of 30 participants and uses a variety of teaching methods including video and role-play.

1600-1630

278W/A Obstetrical ultrasound: New information from an old technology

Maternity Care Day session

Savas Menticoglu, MD, FRCSC
Winnipeg, MB

Have you ever had to call your consultant for an explanation of a finding noted in a routine ultrasound? This experienced obstetrical ultrasonographer will discuss "soft markers" for chromosomal disorders, measurement of cervical length, doppler flow studies and more.

1600-1700

277G Application of the “2006 Guidelines for the Primary Health Care of Adults with Developmental Disabilities” in your challenging patients

Application des « directives 2006 concernant les problèmes de santé des adultes présentant des affections congénitales invalidantes » chez les patients difficiles

Cynthia J. Forster-Gibson, MD, PhD
Kingston, ON

Thomas C. Cheetham, MD, CCFP
Scarborough, ON

Patients with developmental disabilities can present challenges to the family physician, including issues around consent, communication, and atypical presentation of illness. The Ontario consensus guidelines published in the November 2006 Canadian Family Physician, are the first Canadian guidelines to assist family physicians with these concerns. Participants in this workshop will bring patient cases from their own practice for discussion by a clinical geneticist and family physician, both experienced in providing care to adults with developmental disabilities. Through interactive small group learning, an approach to the patient problems and the usefulness of the guidelines, with an emphasis on the value of understanding genetic diagnoses, will be highlighted. At the conclusion of the workshop, participants will be able to apply the guidelines and be able to list several additional sources of clinical information.

Les patients présentant des affections congénitales invalidantes peuvent poser des défis aux médecins de famille, y compris les questions relatives au consentement, à la communication et à la présentation atypique de la maladie. Les lignes directrices consensuelles de l'Ontario publiées en novembre 2006 dans Le Médecin de famille canadien sont les premières lignes directrices canadiennes élaborées pour aider les médecins de famille à répondre à ces préoccupations. Dans cet atelier, les participants soumettront des cas de patients rencontrés dans leur propre cabinet à l'examen d'un généticien clinique et d'un médecin de faille, qui possèdent tous deux de l'expérience dans les soins aux personnes présentant des affections congénitales invalidantes. Cette session d'apprentissage interactif, en petits groupes, exposera une façon d'aborder les problèmes des patients et l'utilité des lignes directrices, en mettant l'accent sur la compréhension des diagnostics génétiques. À la conclusion de l'atelier, les participants seront en mesure d'appliquer les lignes directrices et de dresser la liste de plusieurs sources additionnelles d'information clinique.

1605-1640

279G Neurology and narrative: Altered states

A “Best of Manitoba” session

Liam Durcan, MD, FRCPC
Montreal, QC

The talk will center around emerging concepts of how a narrative is constructed and how the altered narratives of patients with neurological disorders are represented, or misrepresented, in modern films and literature.

1630-1700

280W/A Management of depression in pregnancy and the puerperium

Maternity Care Day session

Laura Calhoun, MD, FRCP(C)
Winnipeg, MB

Family physicians are usually on the front lines in dealing with depression in pregnancy and the post partum period. This experienced psychiatrist will review management decisions, use of medications and pitfalls in the treatment of this common disorder.

1715-1845

289SS 3-minute empowerment: Improve efficiency, support behavioural change

For more information on this satellite symposium, see page 72.

1715-1845

290SS Prevention strategies for RSV in the community: Role of the primary care physician

For more information on this satellite symposium, see page 73.

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0700-0815

365SS Optimizing outcomes in Acute Exacerbation of Chronic Obstructive Pulmonary Disease (AECOPD)

For more information on this satellite symposium, see page 73.

0700-0815

366SS New approaches in asthma management

For more information on this satellite symposium, see page 73.

0730-1630

301MC Advanced Life Support in Obstetrics (ALSO) Provider Course

2-day course

(Saturday, Oct 13th and Sunday, Oct 14th)

For more information on this Mainpro-C course, see page 67.

0800-1700

302MC Assessment and management of diabetic foot problems

For more information on this Mainpro-C course, see page 67.

0700-0815

390N CFPC Members from Northern Territories - breakfast meeting

Francine Lemire, MD, CCFP, FCFP

Mississauga, ON

Louise Nasmith, MD, CCFP, FCFP

Vancouver, BC

A breakfast meeting, hosted by the CFPC, will take place for family physicians practising in the Northern Territories, either full time or part time. The objective of this meeting is to seek input as to how the CFPC can better meet the needs of family physicians dedicated to serving this vast geographic area.

0830-1000

300K/C KEYNOTE/CONFÉRENCE D'OUVERTURE 

Implications of the Canadian Best Practice Recommendations for Stroke Care 2006 for Family Physicians

Alan Bell, MD, MCFP

Répercussions des Recommandations canadiennes pour les pratiques optimales de soins de l'AVC 2006 pour les médecins de famille

Alan Bell, MD, MCFM



The Canadian Stroke Strategy (CSC) recently released the Canadian Best Practice Recommendations for Stroke Care 2006. This document defines 24 recommendations for stroke care identified through a rigorous consensus-based review process which included family physicians. Many of these recommendations provide guidance for family physicians in their care of high risk patients prior to stroke, as well as managing patients post-stroke event. These guidelines have been carefully aligned with other Canadian recommendations on diabetes, hypertension and lipid management. Incorporating key elements of these recommendations into family physician care of high risk and post-stroke patients will have a significant and measurable impact on stroke patient outcomes. This presentation will provide information on the recommendations most relevant to family medicine with an opportunity to discuss the enablers and barriers to implementing these into regular practice.

La Stratégie canadienne de l'AVC a récemment publié les Recommandations canadiennes pour les pratiques optimales de soins de l'AVC 2006. Ce document définit 24 recommandations pour les soins de l'AVC élaborées au moyen d'un rigoureux processus d'examen consensuel auquel participaient des médecins de famille. Bon nombre de ces recommandations guident les médecins de famille qui doivent traiter des patients à haut risque d'AVC et prendre en charge des patients à la suite d'un AVC. Ces lignes directrices ont été soigneusement harmonisées avec les autres recommandations canadiennes pour le diabète, l'hypertension et la gestion des lipides. L'intégration des éléments clés de ces recommandations dans les soins dispensés par les médecins de famille aux patients à haut risque et aux patients ayant subi un AVC aura une incidence significative et mesurable sur la guérison des patients ayant subi un AVC. Cette session fournira de l'information sur les recommandations les plus pertinentes pour les médecins de famille et donnera l'occasion de discuter des facteurs favorables et des obstacles en ce qui concerne leur mise en œuvre dans la pratique régulière.

0830-1000

300K/C KEYNOTE/CONFÉRENCE D'OUVERTURE

"The Therapeutic Value of Humour: Is Laughter Really the Best Medicine?"

Bill Eaton, MD, CCFP, FCFP

« Les vertus thérapeutiques de l'humour – le rire est-il vraiment le meilleur des remèdes? »

Bill Eaton, MD, CCMF, FCMF



Bill Eaton will present the current state of the literature on the therapeutic effects of laughter. To facilitate healing within our patients we, doctors, function as an empathetic presence, meaning that if we laugh with our patients and recognize their humorous remarks concerning their illnesses, we demonstrate our empathy.

Laughter helps bond us humans together and the patient-doctor relationship is just the place to start. Laughter is the best medicine except when you have a strep throat, then penicillin works better.

Bill Eaton présentera l'état actuel de la littérature sur les vertus thérapeutiques de l'humour. Pour faciliter la guérison chez nos patients, nous devons, en tant que médecins, être une présence empathique. Cela signifie qu'en riant avec les patients et en tenant compte de leurs remarques humoristiques au sujet de leur maladie, nous leur démontrons notre empathie. Le rire aide à créer des liens entre les êtres humains et la relation patient-médecin est un point de départ tout indiqué. Le rire est le meilleur des remèdes, sauf si vous avez une angine à streptocoques. Dans ce cas-là, mieux vaut prendre de la pénicilline.

0930–1000/9h30–10 h

2007 CFPC Medical Student Scholarship Presentations
Présentation des Bourses d'études 2007 du CMFC aux étudiants en médecine

The CFPC Medical Student Scholarship Program was established in 2005 as part of our College's commitment to recognize and support outstanding medical students considering a career in family practice. Celebrate and cheer on this year's recipients! A total of \$170,000 will be awarded as one medical student from each school in Canada will receive a \$10,000 scholarship!

Le programme des Bourses d'études du CMFC pour les étudiants en médecine a été créé en 2005 dans le cadre de l'engagement pris par notre Collège de motiver et de soutenir des étudiants en médecine exceptionnels qui envisagent une carrière en médecine familiale. Venez célébrer et encourager les récipiendaires de cette année! Un montant total de 170 000 \$ sera distribué sous forme de bourses d'une valeur de 10 000 \$ remises à un récipiendaire dans chacune des 17 facultés de médecine du Canada!

1030-1105

303G Post Traumatic Stress Disorder (PTSD)

A "Best of Manitoba" session

*John L. Arnett, PhD, CPsych
Winnipeg, MB*

Post Traumatic Stress Disorder (PTSD) is a relatively common anxiety disorder that is encountered frequently by family physicians. It occurs in people of all ages although its presentation varies with gender, age, and culture. It may be precipitated by a wide range of traumatic events such as war, natural disasters, physical and sexual assaults, domestic violence, terrorism, community violence, motor vehicle and industrial accidents, serious medical illness, etc. It presents with a variety of physical, emotional, and/or behavioural symptoms in addition to the characteristic symptoms of persistent re-experiencing of the traumatic event, avoiding stimuli associated with the trauma, and physiological hyper-arousal. There is evidence that PTSD may occur vicariously without direct personal exposure to a traumatic event. Individuals with PTSD may also be at greater risk of depression, other anxiety disorders, conduct disorders, alcohol and substance abuse, physical illness, and other problems. This presentation will address the history, epidemiology, risk factors, diagnosis, and treatment of PTSD.

1030-1130

304W/A History and Narrative: Stories in Family Medicine

*Robert J. Wedel, MD, CCFP, FCFP
Taber, AB*

By popular demand, Dr. Rob Wedel and several family practice colleagues return to FMF to share stories that bring to life the experiences of family physicians from across the country and define the history of our specialty. This year's presentation will mark the official launch of the CFPC's new History and Narrative Program, subsidized by a grant to the Research and Education Foundation from Associated Medical Services Inc.

1030-1230

305W/A CCS Heart Failure Guidelines 2007: You can manage the complicated patient

*Jonathan Howlett, MD, FRCPC, FACC, FSCAI
Ottawa, ON*

*Malcolm Arnold, MD, FRCP Edin., FRCPC, FACP, FACC
London, ON*

*Robert McKelvie, MD, PhD, MSc, FRCPC
Hamilton, ON*

*Adam G.Z. Grzeslo, MD, CCFP, FCFP
Burlington, ON*

*Peter Lin, MD, CCFP
Toronto, ON*

In the spirit of the collaboration established since 2005 between College of Family Physicians of Canada (CFPC) and Canadian Cardiovascular Society (CCS), we are pleased to submit, under the 'Update on Basics' FMF 2007 learning track, a collaborative CFPC-CCS heart failure workshop proposal which focuses on the 2007 update of the CCS Heart Failure Guidelines.

The multi-media, case-based workshop format encourages active participation of attendees. Participants will provide feedback using touch pad technology and assist with ongoing improvement and

Saturday/Samedi

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implementation of the next recommendations update publication in 2008.

The case-based workshop content will address 3 topics of heart failure care and management:

1. Prevention of heart failure
2. Patients with heart failure and intercurrent illness
3. Post hospital discharge management of heart failure patients

The workshop will be a formal collaboration and effort of both CCS and CFPC.

1030-1230

306W/A The health care team challenge: An interprofessional educational tool

Christie Newton, MD, CCFP

Vancouver, BC

Lesley Bainbridge

Vancouver, BC

Rationale:

There is growing evidence that inter-professional care provides efficient service with improved health outcomes. The literature also suggests that inter-professional practice improves provider recruitment and retention. However; due to the complexities of aligning the different timetables of the constituent health professional training programs, attempts to incorporate inter-professional educational models in academic curricula have met with significant resistance. The Health Care Team Challenge (HCTC), developed at UBC, is an innovative model for widely introducing inter-professional learning experiences in higher education institutions and health service organizations.

This workshop will allow participants to:

1. describe the key principles of inter-professional education (IPE) for collaborative patient-centred practice
2. describe the HCTC IPE model
3. facilitate HCTC reflective exercises to consolidate IPE learning
4. be able to develop and implement the HCTC IPE model in their own educational setting

1030-1230

307W/A Cancer and chronic disease prevention: Where to from here?

Alan Katz, MBChB, MSc, CCFP, FCFP

Winnipeg, MB

The formal presentation in this interactive workshop will summarize the two pieces of information we know: What can be done to prevent cancer and chronic disease; and what family physicians currently do with their patients to prevent cancer and chronic disease, based on the findings of a national survey with over 1700 respondents. Participants will have an opportunity to share their experiences, creative ideas and interpretation of the results of the survey as the group develops a plan to implement practice based prevention strategies.

At the end of this workshop, participants will:

1. be familiar with the current evidence supporting prevention activities for cancer and chronic disease
2. describe the current practices of family physicians with regard to cancer prevention
3. develop an approach to cancer and chronic disease screening relevant to their practices

1030-1230

308W/A Palliative care update

Cornelius Woelk, MD, CCFP, FCFP
Winkler, MB

Jana Pilkey, MD
Winnipeg, MB

Paul Daeninck, MD, MSc, DABIM, FRCPC
Winnipeg, MB

The increase in amount of research in palliative care is exciting, and also challenging, as family physicians continue to work to remain current in managing illness. This session will consist of clinically relevant updates in palliative care. The session will have a number of speakers, discussing a variety of topics. There will be ample time for questions and discussion.

Learning Objectives:

1. To understand the role and options for cannabinoids in the management of pain and nausea in palliative care
2. To appreciate the palliative nature of congestive heart failure, and to consider management options and an approach to palliative management of congestive heart failure.
3. To review issues in pediatric palliative care, specifically those which make it different from palliative care in adults.

1030-1130

309W/A Developing a research career in family medicine: A practical, pragmatic approach

Nicholas Pimplott, MD, CCFP
Toronto, ON

Neil Drummond, PhD
Calgary, AB

Two family medicine researchers who have collaborated in primary care dementia research for the past three years present this workshop. Dr. Pimplott is a family physician-researcher who spends approximately 60% of his time providing patient care and teaching and 40% of his time in research. His research and clinical interests are in care of the elderly. Dr. Drummond is an experienced primary care research scientist who has worked extensively with family physician researchers in Canada and the United Kingdom. Together they will present practical strategies for developing a part-time research career in family medicine.

Topics that will be covered include:

- Identifying a focus for your research;
- Identifying a mentor (and what to do if you can't);
- Building links to other successful researchers;
- How to get the most out of collaborations;
- Really protecting your time (and what happens if you don't);
- Balancing clinical work and teaching with your research;
- Having fun doing it!

The workshop will include a presentation by the two leaders with plenty of time for questions and discussion. A concise syllabus of reading material will be provided for would-be researchers.

1030-1700**310N First National OSCAR User Group Meeting**

*David Chan, MD, CCFP, MSc, FCFP
Hamilton, ON*

*Stephen Kurdyak, MD, CCFP, FCFP
Vancouver, BC*

*Susan J. Harris, MD, CCFP, FCFP
Vancouver, BC*

*Colleen Kirkham, MD, CCFP, FCFP
Vancouver, BC*

OSCAR is an 'open-source' (free), Canadian Electronic Medical Record, developed and driven by its users. OSCAR is a web-based electronic medical record system that has no licensing costs and allows the user freedom to choose who provides maintenance and support to their system. For more information visit <http://oscar.mcmaster.org>. OSCAR was originally developed at McMaster University by Dr David Chan. OSCAR has grown rapidly and now has a large number of users in Ontario and British Columbia. At this first national OSCAR user group meeting, current users will have the opportunity to meet other users and OSCAR's development team. They will learn about new features and how to use OSCAR to their best advantage. The group will work by consensus to make decisions about future development. People interested in becoming OSCAR users are welcome to attend and see how the OSCAR community works together.

1030-1200**311MC Panic disorder**

For more information on this Mainpro-C course, see page 68.

1030-1230**312W/A Back to the Future: Family physicians of today meet the family doctors of tomorrow**

*Cheri H. Bethune, MD, CCFP, FCFP
St. John's, NL*

*Pierre-Paul Tellier, MD, CCFP, FCFP
Montreal, QC*

This interactive session for medical students and family medicine residents only is an annual highlight of FMF. Medical students and family medicine residents meet and share perspectives related to their future careers with Canada's Family Physicians of the Year for 2007.

1030-1130**313W/A Isotretinoin and the family physician: Should family doctors prescribe it for their patients suffering from severe acne vulgaris?**

*Renita Ahluwalia, Medical Student
University of Toronto*

Is it within the scope of practice of family physicians to prescribe Oral Isotretinoin? Evidence shows the efficacy of treatment is consistently high for the complete remission of nodulocystic acne. The side effect profile is extensive. Mucocutaneous side effects are the most common. The most ominous risk is the potential for teratogenic effects. Pregnancy prevention measures by physicians are linked to patient compliance. The interpretation of the evidence suggests that as long as side effects are monitored and quickly managed, and counseling to avoid teratogenic effects is provided, family physicians should be able to comfortably provide this treatment. Lobbying for safe prescribing guidelines would increase patient safety and protect physicians.

1030-1130**314W/A Obesity: Non-surgical vs surgical treatment**

*Clifford Albert, MD, CCFP
Hampstead, QC*

This session will be a review of the current status of treatments for obesity including diet, medication, non-invasive treatment-intragastric balloon, invasive treatment-gastric ring and gastric bypass procedures as well as liposuction. Indications, complications, and results will be discussed.

1030-1230**315W/A Optimizing patient safety in community practice**

*Maeve O'Beirne, MD, CCFP
Calgary, AB*

*Hilary Adams, MD, CCFP, FCFP
Calgary, AB*

*Yvette Penman, MEd
Calgary, AB*

*Pam Brockway, BSc, PMP
Calgary, AB*

The majority of patient visits occur within the community setting in healthcare. Historically, however, there has not been a culture of systematically examining and changing practice systems to improve patient safety in community practice. This interactive workshop will examine events in community based practice through discussion of: stories gathered in interviews with practicing physicians, the most common medical errors leading to legal action in Canadian family practice and practice process improvements. Participants will be presented with system changes tested in community settings and be expected to participate in facilitated small group discussions to design unique system changes to try in their own setting.

Objectives are to:

1. discuss "blame and shame" and "trusting and just" cultures
2. increase awareness of common events threatening patient safety in community practice
3. discuss practice system change strategies developed by other practices.
4. design risk reduction strategies that can be used in participants' practices.

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1030-1230

316W/A Use of the DSM Multi-Axial System in primary care

Jon Davine, MD, CCFP, FRCPC

Hamilton, ON

Sandy Buchman, MD, CCFP, FCFP

North York, ON

Family physicians are often called upon to utilize the DSM Multi-Axial System. Insurance companies and other disability providers often request knowledge of the different axes of DSM. In this seminar, we will discuss the use of the DSM Multi-Axial System in primary care. We will discuss each of the five axes, including psychiatric illness, personality disorders, medical conditions affecting psychiatric status, and pertinent stressors. Particular emphasis will focus on use of the Global Assessment of Functioning (GAF) Scale on Axis V. Part of the workshop will involve working through several cases, and applying the multiaxial formulation.

1030-1630

317MC Cognitive therapy for depression

For more information on this Mainpro-C course, see page 68.

1030-1230

318W/A Best of the medical Internet for family physicians (repeat session)

Computer Learning Centre

Roland Grad, MD, CCFP, FCFP

Montreal, QC

Lynn Dunikowski, MLS

London, ON

In a 2 hour workshop, participants will use a web portal (www.myhq.com/public/f/a/familymedicine) designed to improve access to knowledge resources at (or near) the point of care. Participants will learn to use the portal by seeking answers to clinical questions arising from vignettes, in a computer lab setting.

Educational objectives:

To learn how to access electronic resources for:

1. finding bottom line answers to clinical questions
2. simplifying management of specific problems using clinical decision support tools
3. providing trustworthy information for patients
4. staying up to date

Computer Learning Centre sessions are limited to 20 participants.

1030-1730

319W/A Rural educators' day

Merrilee Brown, MD, CCFP

Port Perry, ON

The Rural Educators' Day provides an opportunity for rural teachers and educators at both the undergraduate and postgraduate level to exchange ideas and information and to discuss key issues they face. This year's rural educators' day will focus on rural competencies, curriculum review to ensure readiness for rural practice and faculty development for rural teachers. Come meet with your colleagues across the country who share your passion for rural medical education!

1030-1200

320W/A Having a Patient Education Committee work for you

Cathy MacLean, MD, CCFP, FCFP, MClSc, MBA

Halifax, NS

David LaPierre, Med 1

Halifax, NS

Anne Marie Whalen, MD

Halifax, NS

Mary MacKay, RN

Halifax, NS

Dalhousie University's Department of Family Medicine has had a long standing multidisciplinary Patient Education Committee. This workshop is intended to share with participants our experience - what's worked and what hasn't - to facilitate patient education endeavors in all types of family practice settings.

Participants will be able to:

1. describe a multidisciplinary committee design to support patient education in clinical practice setting
2. discuss potential roles for a patient education committee in clinical care, teaching and research
3. plan the development of a patient education support team/committee applicable to their own work environment

1030-1230

321W/A Sexual boundary violations

Karen Mazurek, MD, CCFP

Edmonton, AB

Janet Wright, MD

Edmonton, AB

In this interactive session, participants will explore boundaries in the doctor patient and other significant relationships using case examples from medical regulatory bodies. Participants will consider whether or not boundary violation has occurred, identify risk factors leading to physician behavior and explore optimal management of boundary problems.

The learning objectives of this session are to understand:

1. the importance of maintaining boundaries in professional relationships
2. the slippery slope leading to sexual boundary violation
3. the principles medical regulatory bodies consider in the investigation of boundary violations

All physicians experience boundary drift and many experience boundary crossing in the normal course of their work. By recognizing our own vulnerability and that of our colleagues and by learning to manage our behaviors and provide support and assistance to others, sexual boundary violation leading to patient harm and physician sanction can be avoided.

1030-1130

322W/A The facial trauma triads

Merril Pauls, MD, CCFP(EM), MHSc
Winnipeg, MB

In this seminar, participants will learn a memorable and thorough approach to facial trauma which will allow them to:

1. identify life and vision-threatening injuries and initiate appropriate treatment
2. look for frequently and easily missed facial injuries
3. understand which facial injuries require emergent or urgent referral, and how to effectively communicate with specialty colleagues

1030-1130

369G Update on Hypertension Treatment Guidelines and the Canadian Hypertension Education Program

Mise à jour des lignes directrices pour le traitement de l'hypertension et du Programme éducatif canadien sur l'hypertension

John Hickey, MD
Antigonish, NS

Janusz Kaczorowski
Hamilton, ON

2007 marks the eighth consecutive year that the Canadian Hypertension Education Program (CHEP) has updated recommendations for the need to assess blood pressure in all Canadian adults and to annually reassess blood pressure in those with high normal values. The presentation will describe the process used to generate annual updates (Recommendations Task Force), highlight the key new and older but still relevant recommendations, the process and strategies used to facilitate uptake of these recommendations (Implementation Task Force), and the process used to assess the treatment and control of hypertension in Canada (Outcomes Task Force).

2007 marque la huitième année consécutive où le Programme éducatif canadien sur l'hypertension (PECH) a mis à jour les recommandations dans le but d'évaluer la tension artérielle chez tous les adultes du Canada et de réévaluer la tension artérielle chez ceux dont les valeurs normales sont élevées. La présentation décrira le processus utilisé pour générer les mises à jour annuelles (Groupe de travail sur les recommandations), soulignera les recommandations clés nouvelles et anciennes mais toujours pertinentes, le processus et les stratégies utilisées pour faciliter la mise en œuvre de ces recommandations (Groupe de travail sur la mise en œuvre), et le processus utilisé pour évaluer le traitement et le contrôle de l'hypertension au Canada (Groupe de travail sur les effets).

1030-1630

323MC Practical office management of comorbid alcohol and anxiety disorders

For more information on this Mainpro-C course, see page 68.

1030-1200

324W/A Observations on the fly

Allyn Walsh, MD, CCFP, FCFP
Hamilton, ON

Douglas L. Myhre, MD, CCFP, FCFP
Lethbridge, AB

Observing learners is a necessary component to effective teaching and coaching, but is often challenging in the fast-paced clinical environment. This workshop will present easily implemented, practical strategies for observing learners, with application to feedback and evaluation in interviewing, physical examination, and procedural skills. Participants will be encouraged to share their own tools and strategies. An overview of the Red Book accreditation requirements for direct observations will be included.

Objectives:

By the end of this workshop, participants will be able to:

1. describe several different strategies to incorporate direct observation of learners in their own clinical setting
2. apply information from direct observation into feedback and evaluation for learners
3. share ideas with colleagues from across the country

1105-1140

326G Pediatric orthopedics: When to refer

A "Best of Manitoba" session

G. Brian Black, MD, FRCSC, FACS
Winnipeg, MB

Musculoskeletal problems in children are a common reason why patients/parents seek medical treatment. A recent study of Canadian Medical Schools revealed less than 3 percent of their curriculum time is devoted to musculoskeletal education and even less to the musculoskeletal problems of children. Only five medical schools in Canada have a mandatory clinical rotation in a musculoskeletal discipline. This presentation will provide the primary care physician with a review of basic principles in the care of children's fractures. In particular, we will concentrate on the initial assessment, immobilization techniques, how to read the x-ray and when to refer. This will be followed by a question/answer period covering such topics as hip clicks, back pain and flat feet, etc.

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1130-1200

327G New and improved!: An innovative pharmacist-led approach to warfarin monitoring for family physicians

Nouveau et amélioré! Une méthode innovatrice destinée aux médecins de famille pour le suivi d'un traitement à la warfarine à partir d'une pharmacie

Jeff Nagge, PharmD, ACPR
Kitchener, ON

F. Joseph Lee, MD, CCFP, FCFP, MCISc(FM)
Kitchener, ON

Managing warfarin therapy is challenging for a number of reasons, including:

1. warfarin has a narrow therapeutic range;
2. treatment delays can occur because INR results must be transmitted from the laboratory to the clinician to the patient, and
3. complicated dosing information may need to be communicated over the phone, possibly leading to dosing errors and adverse outcomes.

The purpose of this presentation is to describe an innovative interdisciplinary anticoagulation service that utilizes point-of-care INR determination to improve the quality of warfarin management in a family practice setting while reducing requirement of physician time and effort.

Attendees of this session will be able to:

1. describe a prescriptive model that can be taught to clinical pharmacists, nurses, and nurse practitioners to assist family physicians while improving the quality of care for warfarin-treated patients
2. outline critical success factors for implementation of a similar service in their practice

La prise en charge du traitement à la warfarine est difficile pour plusieurs raisons, dont les suivantes : 1) la warfarine a une marge thérapeutique étroite, 2) des retards peuvent se produire dans le traitement parce que les résultats d'INR doivent être transmis du laboratoire au clinicien qui les transmet ensuite au patient, et 3) des informations compliquées sur la posologie peuvent devoir être communiquées par téléphone, ce qui peut entraîner des erreurs dans la posologie et des réactions indésirables.

Cette présentation a pour but de décrire un service d'anticoagulation interdisciplinaire et innovateur. Ce service est basé sur la détermination de l'INR au point de service afin d'améliorer la qualité de la gestion de la warfarine en médecine familiale tout en réduisant le temps et les efforts exigés du médecin.

Cette session sera axée sur les points suivants :

1. décrire un modèle d'ordonnance pharmaceutique qui peut être enseigné aux pharmaciens cliniciens, aux infirmières et aux infirmières praticiennes pour aider les médecins de famille et améliorer la qualité des soins dispensés aux patients sous traitement à la warfarine;
2. donner les grandes lignes des facteurs cruciaux de réussite dans la mise en oeuvre d'un service similaire dans leur pratique.

1130-1230

328W/A Complications of cosmetic procedures

Clifford Albert, MD, CCFP
Hampstead, QC

This session will be a review of the various possible complications of cosmetic laser procedures, cosmetic injections and cosmetic surgical procedures. Medicolegal and Consent issues will be discussed based on the presenter's experience as a medicolegal expert.

1130-1230

329W/A Translating research methods into clinical care: Extracting primary care indicator measures from the family practice database to enhance quality and outcomes, and to plan population-based disease prevention strategies

Allan Bailey, MD, CCFP
Spruce Grove, AB

This interactive session will describe a primary care (PC) quality improvement (QI) and research initiative undertaken by a family physician (FP) collaborative of 5 independent clinics. Participants will learn to translate research methods and findings into routine clinical practice - integrating care delivery and quality/outcomes monitoring - within the FP clinic.

Learning objectives include:

1. system-level and clinician-driven rationale for QI activities within FP clinics
2. use of clinic-based EMR data to create FP panels and disease registries
3. development of PC indicators to measure quality and outcomes
4. use of survey tools and service utilization data for QI
5. PC research/evaluation design: mixed qualitative/quantitative methods
6. operational logistics in integrating research and practice for the FP Clinic

The session shall demystify the use of clinical and health service data to develop patient care plans; population-based primary screening and secondary prevention strategies; and feedback to improve quality care and health outcomes.

1130-1230

330W/A Postgraduate curriculum modifications

Stephen Beerman, BSc, BSR, MD, CCFP, FCFP
Nanaimo, BC

The Integrated Longitudinal Curriculum at the new UBC Postgraduate Family Practice Residency Program - Nanaimo Site, has unique features. These include an apprenticeship model for academic time with non-service academic weeks. This allows more concentrated academic focus, certification courses and more flexible "call-back" family medicine time.

Learning Objectives:

1. To review an example of "An Integrated Approach" to the Postgraduate Family Medicine Curriculum.
2. To discuss the implementation strategies.
3. To participate in a discussion about the methods of curriculum evaluation.

All 1st year family medicine residents start with 4 weeks in their community family medicine practices. Some of the traditional experiences in Internal Medicine, Emergency and Critical Care

have been bundled into and Acute Adult Care rotation. Chronic adult care issues, are approached in a Longitudinal adult care rotation. This principle is used for Child and Youth care and for Behavioral and Mental Health Care.

Family medicine block time is a minimum of 8 weeks plus 1-2 days or 2-4 half days call back per week each year.

The implementation strategies of this integrated curriculum will be reviewed.

The group will participate in the development of a curriculum assessment tool to be used by this new program. This will be reported back to the Section of Teachers through publication and/or presentation at a future meeting.

1140-1210

331G Strategies and tactics for scaling up HIV prevention for marginalized communities: Lessons from India

A "Best of Manitoba" session

*James Blanchard, MD, MPH, PhD
Winnipeg, MB*

Universally, HIV disproportionately affects vulnerable, marginalized communities. Therefore, there is a public health and social imperative to ensure that HIV programs reach members of these groups. This requires the development of innovative strategies and tactics in both the design and implementation of programs. In India, sex workers comprise a large and important vulnerable population, but reaching them with programs and services is constrained by the heterogeneity of sex work organization and their social and legal marginalization. Key challenges include defining and reaching appropriate program scale and coverage and effective processes for mobilizing sex workers to access services. This presentation will describe the observations and program strategies used in a large program implemented by the University of Manitoba for HIV prevention among sex workers in southern India, and discuss the implications for HIV prevention strategies elsewhere.

1200-1230

332G Osteoporosis: Implementing the evidence

Ostéoporose : application des données probantes

*Roger Suss, MD, CCFP(EM), FCFP
Winnipeg, MB*

An interactive workshop to explore strategies primary care doctors use in their efforts to prevent fractures due to osteoporosis, and what evidence they have to work with.

Atelier interactif qui explore les stratégies que les médecins des soins primaires mettent en œuvre dans leurs efforts pour prévenir les fractures résultant de l'ostéoporose et les données probantes avec lesquelles ils doivent travailler.



1230-1330

367SS A new understanding of Type 2 Diabetes: The Beta Cells, Incretins and DPP-4

For more information on this satellite symposium, see page 73.

1330-1405

333G New contraception

A "Best of Manitoba" session

*Denise Black, MD, FRCSC
Winnipeg, MB*

This session will involve an up-to-date discussion of recent advances in women's health, including HPV vaccines, levonorgestral intrauterine system, vaginal ring contraception, new information about herpes infections, and why vasectomy is always better than tubal ligation. Anything new, and all questions – large and small – will be discussed.

1330-1500

334W/A Alzheimer's and related dementias: Management problems in primary care

*Joanna Lynch, MD, CCFP
Winnipeg, MB*

*Cornelia van Ineveld, MD, FRCPC
Winnipeg, MB*

This interactive workshop will use a case-based small group learning format. By the end of the session, the participants will:

1. review the diagnosis and workup of patients with suspected Alzheimer's and related dementias
2. formulate management plans for commonly encountered clinical problems in dementia care, utilizing up-to-date and evidence-based resources
3. increase confidence in approaching difficult aspects of care, such as assessment of competency, driving ability, and working collaboratively with caregivers and other sources of support.

1330-1500

335W/A It's not just where you work, it's how you work: Understanding the role of space and place in the family practice clinic

*Cynthia R. Whitehead, MD, CCFP, FCFP
Toronto, ON*

*Ivy F. Oandasan, MD, CCFP, FCFP
North York, ON*

*Difat Jakubovicz, MD, CCFP, FCFP
Toronto, ON*

Observational research suggests that space and place influence effective interprofessional communication in the family practice setting. Space comprises the structural layout of the clinic, including the availability of public interaction spaces. Place encompasses the sense of belonging in the space and the team, an emotional connection that influences team motivation and relations.

Following a short description of research findings, session participants will work in groups using case studies derived from observational data, to explore strategies for addressing these issues. Attention will be paid to the needs of both clinicians strategizing to improve teamwork within existing clinic spaces, and those positioned to inform design in the current context of space reconfiguration for family health teams.

Objectives:

1. To describe the influence of space and place
2. To introduce relevant concepts from theories of place
3. To discuss educational and organizational strategies for

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overcoming space barriers and creating a sense of belonging

1330-1500

336W/A Pre-empting perfectionism: Saving your own life through literature

Ann Loewen, MD, CCFP, FCFP

Winnipeg, MB

Though perfectionism may have gotten us into, and through, medical school, it poses many pitfalls once one is faced with the realities and shortcomings of the real world. Reading about physicians as characters of significance in literary works, as well as reading works of literature written by physician-writers, offers insight into what it means to be a medical doctor, and at the same time to be human. Physicians, and their partners, are invited to join in this session directed at improving their well-being, and enjoyment of the practice of medicine, through reading for pleasure. Participants are welcome to bring along their latest non-medical reading material for an impromptu book club.

1330-1700

338MC Breastfeeding basics for the practicing physician

For more information on this Mainpro-C course, see page 69.

1330-1430

339W/A Laser procedures for the family physician

Clifford Albert, MD, CCFP, FCFP

Hampstead, QC

This session will review the current status of lasers in the treatment of various pathologies such as rosacea, hirsutism, moles, actinic and seborrheic keratoses, as well as skin cancer. Complications and medicolegal issues will be discussed as well.

1330-1700

340MC Healthy child development: Fetal Alcohol Spectrum Disorder

For more information on this Mainpro-C course, see page 69.

13h30-15h

341W/A Est-ce que je pourrais voir le médecin aujourd'hui? : La pratique à accès ouvert

José M. Francois, MD, CCMF

Winnipeg, MB

Julie Lévesque, MD, CCMF

Winnipeg, MB

Amanda Condon, MD

Winnipeg, MB

La pratique à accès ouvert (aussi connu comme accès préalable) a été mis en oeuvre avec succès aux États-Unis, en Angleterre et plus récemment dans certains endroits au Canada.

Basé sur leur deux années d'expérience avec la pratique à accès ouvert, les conférenciers feront part des bénéfices et défis de cette méthode de prose de rendez-vous.

Cette session vise revoir les concepts de base de la pratique à accès ouvert, comment s'y prendre pour le mettre en place, et comment maintenir ce système à plus long terme.

1330-1700

342W/A Teaching communication skills to teachers

Sophie Galarneau, MD, CCFP

Montreal, QC

Using the ALOBA facilitation technique developed by the authors of the Calgary-Cambridge approach, the participants will experience how communication skills to the medical encounter can be taught to FM residents. They will then engage themselves in improving their own communication skills in teaching, starting from their own learning needs. ALOBA stands for Agenda-Led Outcome-Based Analysis and is a learner-centered approach. The basic steps of the technique will be reviewed during the workshop. Each participant will be asked to identify one clinical and one teaching situation that he /she has difficulty dealing with. Experiential work will begin from a volunteered sharing of the identified difficulty and will cascade through the experience and the suggestions of the group. An overview of the fundamental principles of the Calgary-Cambridge approach will be done without interfering with the main goal, which consists of practicing alternative routes to communication.

1330-1700

343MC PAACT: Anemia

For more information on this Mainpro-C course, see page 69.

1330-1700

344MC Chronic pain in family practice: A PMRC program

For more information on this Mainpro-C course, see page 70.

1330-1500

345W/A Basic HIV care and prevention for primary care: Part one

Claire Kendall, MD, CCFP
Ottawa, ON

Dale Guenter, MD, CCFP, FCFP, MPH
Hamilton, ON

This session is for family physicians who may have no HIV positive patients, or who would be involved in HIV shared care with HIV specialists. The case-based, interactive session aims to improve family physicians' confidence in providing primary care to HIV-positive patients, and prevention for HIV negative patients. Goals of this session include counseling and testing for HIV in your practice and new information around HIV prevention strategies. For HIV positive patients, we will cover important preventative health issues, management of psychosocial challenges and basic health needs, and basic guidelines for when to refer for concerns regarding opportunistic infections and managing antiretroviral therapy. Resources for family physicians will be provided.

1330-1700

346MC Women's health procedures in family medicine

For more information on this Mainpro-C course, see page 69.

1330-1700

347W/A Challenges and strategies in community-based health research with hard-to-reach groups

Lynne Lohfeld, PhD
Hamilton, ON

Nancy C. Fowler, MD, CCFP, FCFP
Hamilton, ON

Tina Karwalajtys, MA, PhD Candidate
Hamilton, On

Lynda Redwood-Campbell, MD, CCFP, FCFP
Burlington, ON

We will use a case study and discussion format to help participants achieve the following learning objectives:

1. To share experiences in community-based health research with hard-to-reach groups
2. To discuss issues and challenges encountered in conducting research with such groups
3. To discuss strategies for addressing identified issues
4. To identify ways to increase community participation in research
5. To provide take-home messages to help researchers anticipate and resolve challenges when designing and conducting their own projects

The workshop will start with a case study of a qualitative investigation of barriers and enablers for cervical screening among immigrant women from five cultural/language groups in Hamilton, Ontario. This will include examples of innovative audio-visual materials and participatory data collection methods we used during focus groups. We will engage participants in a discussion of challenges they have faced when conducting community-based health research with hard-to-reach groups, and strategies for overcoming them.

1330-1500

348W/A Accessing patient education resources on common problems in family medicine: Beyond consulting Dr. Google

Computer Learning Centre

Cathy MacLean, MD, CCFP, FCFP, MClSc, MBA
Halifax, NS

Lynn Dunokowski, MLS
London, ON

Participants will be given cases related to common diagnosis in family medicine and asked to search for patient education resources on the internet. Guidelines for assessing and accessing quality sources of information and tips on how to use electronic resources at the point of care will be presented and practiced.

At the end of this workshop, participants will be able to:

1. access good quality patient education resources on the internet quickly and efficiently
2. develop strategies for accessing patient education resources relevant to their own practices

Computer Learning Centre sessions are limited to 20 participants.

1330-1700

349W/A Restoring workplace satisfaction and balance

Laurie Pereles, MD, MSc, CCFP, FCFP
Calgary, AB

Do you dread Monday mornings and being on call. Do you wonder why you ever became a physician?

This interactive workshop will help physicians recognize and identify sources of stress in their medical practice. Techniques for dealing with time management, anger, difficult patients will be developed in small group discussion.

The principles from the business book Fish which have been successfully used to restore morale will be presented and their applicability to the clinical setting explored. The last part of the workshop will be devoted to strategies for being more resilient and effective physician.

1330-1500

350W/A Opioids rising?: How to sort out tolerance, addiction and opioid induced pain sensitivity in patients with chronic non-malignant pain

Launette M. Rieb, MD, CCFP, FCFP
Vancouver, BC

In this interactive and case based workshop participants will gain knowledge and skill to assist patients on opioid medication for chronic non-malignant pain. By the end of the workshop participants will be able to list some red flags for addiction, and be able to differentiate features of tolerance from opioid induced pain sensitivity. Overall, an increased appreciation for who may benefit from opiate maintenance therapy and who may benefit from tapering will be obtained and an approach to both discussed.

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1330-1700

351MC Training initiative for the primary care of adults with developmental disabilities

For more information on this Mainpro-C course, see page 70.

1330-1700

352W/A Giving voice to stories of family physicians

Rob Wedel, MD, CCFP, FCFP

Taber, AB

Ruth Elwood Martin, MD, CCFP, FCFP

Vancouver, BC

We warmly invite family physicians, residents, medical students and their families to this story gathering session, organized around small group discussions led by family physician facilitators.

During this session, participants will:

1. reflect on the role of history and narrative in family medicine
2. reflect and explore the potential of using narrative medicine in undergraduate and postgraduate teaching.
3. share their own stories
4. be introduced to a new CFPC program titled History and Narrative in Family Medicine: Stories in Family Medicine

At the beginning of this session, we will invite participants to sign a written consent to enable us to audio-tape and anonymously transcribe the discussion. UBC Research Ethics Board approval is in place and encompasses:

- qualitative narrative analysis of transcripts of family physician stories
- compiling a database of stories for use in teaching family medicine
- publishing selected family physician stories

1330-1400

353G Update on skin and soft tissue infections: From new bugs to old drugs

Kris Wiebe, MD, CCFP

Chilliwack, BC

An update on the diagnosis and treatment of skin and soft tissue infections with particular emphasis on the emerging pathogen community acquired methicillin resistant staphylococcus aureus.

Objectives:

1. Review the traditional microbiology of skin and soft tissue infections
2. Provide new epidemiologic evidence regarding skin and soft tissue infections with particular emphasis on community acquired MRSA (CA-MRSA)
3. Provide data on the prevalence of CA-MRSA in Canada
4. Distinguish MRSA from MSSA with respect to important susceptibility, cytogenetic and virulence differences
5. Review the microbiologic differences between abscess and cellulitis
6. Discuss current appropriate empiric antimicrobial therapy for skin and soft tissue infections in light of the changing national microbiologic epidemiology
7. Discuss the role of new and old antibiotics in skin and soft-tissue infections

1400-1430

354G Age-related vision loss

Keith Gordon, BSc, MBA, PhD

Toronto, ON

This session aims to provide family physicians with the opportunity to learn about age-related vision loss issues and referral guidelines for vision rehabilitation services. This educational update session aims to raise awareness about CNIB's "Age-Related Vision Loss" (ARVL) project. The ARVL project has developed (based on research including literature review, eye health experts input and consumer focus groups) a consumers' guide to assist seniors to better manage their vision health. CFPC is represented on the project Advisory Committee. This large print guide, entitled Your Vision Health: "Yes, Something Can Be Done!" intends to educate both professionals and patients about the risks, prevention, treatment and rehabilitation options available to older people experiencing vision loss. It is our hope that increasing access to information about their eye care will educate seniors about protection and prevention, while maintaining their independence in daily living and social activities, improving their overall quality of life.

1405-1440

355G Palliative care: New therapeutics for symptom control

A "Best of Manitoba" session

Garnet C. Crawford, MD, CCFP

Winnipeg, MB

A palliative care specialist will review some therapeutic modalities for symptom control less often seen in family practice, as well as taking a brief look at new things on the palliative care horizon.

1430-1500

356G Transgender health: An exploratory study, community based participatory action research

Laurie Ireland, MD, CCFP

Vancouver, BC

Marria Townsend, MD

Vancouver, BC

Todd Kiyoshi Sakakibara, MD, CCFP

Vancouver, BC

This session will present qualitative research by family practice residents Marria Townsend and Laurie Ireland, and principle investigator, Todd Sakakibara, Clinical Instructor in the Department of Family Medicine at the University of British Columbia.

Session Objectives:

1. Discuss health concerns affecting transgender population
2. Understand principles of Community Based Participatory Action Research Model
3. Present resident research project

Session Description:

1. Review of Background Information:

– Transgender Health: discuss unique health issues, relevant research

– Community Based Participatory Action Research: review research model, relevance to family medicine

2. Resident Research Project

- Hypothesis: transgender community has unique health concerns; community based research project will help uncover and address these concerns and empower community with increased knowledge and control over research agenda
- Methods: Focus group discussion, community-driven, community members invited to design/participate in further research, discussion themes extracted and analyzed using constant comparative method.
- Results:
 - i. Important health issues affecting transgender community revealed
 - ii. Framework established for further community based research

3. Question & Answer Period

1530-1605

357G Street drug use and your patients: What's out there, who's using it and what doctors need to know

A "Best of Manitoba" session

Wes Palatnick, MD, FRCR

Winnipeg, MB

Using his experience in a large inner-city emergency department, and his expertise as toxicologist and consultant to the Manitoba Poison Control Program, Dr. Palatnick will review common and important clinical scenarios related to the effects of several categories of "street drugs". This presentation will particularly address the acute presentation of patients using these drugs, but will also address some of the longer-term implications of street drug use.

1530-1630

358G Planning and implementing a group weight loss program

Samuel Grief, MD, CCFP, FCFP

Chicago, IL

1. Review session objectives, introduce presenters, and provide a brief review of group medical educational endeavors and importance of collaboration amongst intra- and inter-departmental medical professionals.
2. Review of common obstacles to establishing a group medical educational program and how to avoid common pitfalls.
3. Presentation of six-week group weight loss program outline.
4. Brief demonstration of a simulated group visit, affording the opportunity for audience participation as group participants, as well as discussion of the process.
5. Wrap-up and additional question/answer session

By the end of this session, participants will be able to:

1. plan and implement a patient-centered group weight loss program
2. identify and overcome common obstacles to establishing medical group visits
3. use "action planning" in medical group educational activities to help promote self-management

1530-1700

359W/A Child sexual abuse

Marlene R. Lidke, MD, CCFP, FCFP

St Albert, AB

One in four girls and one in five boys have experienced inappropriate sexual contact before the age of 18. Most victims do not present acutely and do not have classical physical evidence of trauma. The effects of the abuse however can have immediate and long-term physical and psychological consequences. When approached with a sexual abuse case the physician has responsibilities to the patient, their families, often and the perpetrator and to the law. We will look at some common presentations, and discuss the issues in each that the physician needs to address.

1530-1700

368W/A Dose it right!: Adjusting medication doses for patients with chronic kidney disease

Imaan Bayoumi, MD, CCFP

Hamilton, ON

Lisa McCarthy, RPh, BScPhm, PharmD
Hamilton, ON

The incidence of chronic kidney disease in primary care patients is exploding. Failing to properly adjust medication doses has the potential for serious toxicity or therapeutic failure. At this workshop, participants will have the chance to apply their knowledge through case studies facilitated by a pharmacist-physician team.

After attending this workshop, participants will be able to:

1. Contrast 2 common methods for estimating renal function in terms of strengths, limitations, and usefulness in busy clinical practice.
2. Identify useful online and text resources easily accessed in practice.
3. Describe an approach for adjusting doses of commonly prescribed medications for patients with chronic kidney disease.

1530-1700

360W/A Assessing disability in mental illness

Allan Bellack, MD, CCFP, FCFP

Ottawa, ON

Depression in all its guises is the second most common reason for visits to family physicians (after hypertension). Indeed, mental disorders are an ever increasing cause of work absence with 40% of long term disability claims being stress related. Once the diagnosis is made, what parameters do physicians use to measure baseline functioning of their emotionally distressed patients and the effectiveness of their interventions? And, can the patient continue to work? This seminar will provide some suggestions to answer these questions.

Goal: To measure and monitor function/disability in mental illness
Learning Objectives:

1. To understand the ability/disability continuum
2. To develop a method of assessing functional ability in mental illness
3. Measuring effectiveness of physician interventions in mental illness
4. To convey this information effectively to disability adjudicators

Scientific Program - Saturday & Sunday / samedi et dimanche - Programme scientifique

1530-1700

361W/A Implementing and evaluating pharmacist involvement in primary health care: The Hamilton Family Health Team experience

Antony Gagnon, PharmD
Hamilton, ON

Iris Krawchenko, BScPhm
Hamilton, ON

Nick Kates, MBBS, FRCP(C)
Hamilton, ON

Carrie McAiney, PhD
Hamilton, ON

Lisa Dolovich, BScPhm, PharmD, MSc
Hamilton, ON

Rick Tytus, MD, CCFP, FCFP
Hamilton, ON

Medication management is a complex undertaking. Greater involvement of pharmacists as part of the primary health care team to deliver clinically focused care is becoming more common across Canada. The Hamilton Family Health Team (HFHT) consists of 114 family physicians and over 100 other associated allied health care providers. The HFHT has developed a pharmacist program that involves pharmacists working in community pharmacies and pharmacists working within family practice offices who collaborate with other HFHT members to improve medication management across the HFHT. The objectives of this set of descriptive studies are to describe the uptake and fidelity of HFHT primary health care pharmacist services delivered by community and integrated pharmacists, to describe the medication management needs of the HFHT, and to describe the barriers and facilitators of pharmacist program implementation in a large family practice. Qualitative and quantitative methods were used to gather data.

1530-1700

362W/A Physician extenders: Opportunities for family physicians to improve care

Ken Buchholz, MD, CCFP, FCFP
Annapolis Royal, NS

Participants will hear the dramatic results of the Long and Brier Island Excess Capacity Project on local hospital ER visits and admissions, and how novel strategies utilizing Nurse Practitioners, Physician Assistants and Expanded Scope Community Paramedics can be employed in a Collaborative Family Practice setting.

1530-1700

363W/A Advanced HIV primary care: Part two

Dale Guenter, MD, CCFP, FCFP, MPH
Hamilton, ON

Claire Kendall, MD, CCFP
Ottawa, ON

Meaghan McLaren, MD, CCFP
Ottawa, ON

This session is for family physicians who wish to carry out most HIV care on their own, with minimal shared care with HIV specialists. The case-based, interactive session is the second of a two-part workshop (though it can be taken alone) aimed to improve family physicians' confidence in providing care to HIV-positive patients. Goals of this session include understanding basic principals of starting and changing antiretroviral (ARV) therapy, common side effects of and comorbidities as a result of ARV therapy, treating common disorders (UTI, depression, community acquired pneumonia, hyperlipidemia) in patients on ARV, and issues around HIV in pregnancy.

1605-1640

364G Memory assessment in culturally diverse groups

A "Best of Manitoba" session

Barry Campbell, MD, FRCPC
Winnipeg, MB

Memory disorder is challenging to assess and difficult to specifically distinguish from other cognitive deficits. This is all the more challenging in patients where language or culture produces an additional barrier to accurate assessment. In this lecture cognitive assessment will be reviewed. The role of disorders of language, communication, praxis and executive function will be discussed in how they differ from memory but can lead to concerns about memory deficits.

Sunday/dimanche, October 14 octobre Post Conference / Postcongrès

0730-1630

301MC Advanced Life Support in Obstetrics (ALSO) Provider Course

Day 2 of 2

For more information on this Mainpro-C course, see page 67.

0800-1700

401MC Hemodynamic instability course

For more information on this Mainpro-C course, see page 70.

Mainpro-C

Note: Pre-registration is required. Registration deadline (MC's only) is September 15, 2007.

Mainpro-C sessions are available to Family Medicine Forum registrants only. In order to be eligible to register for any of these Mainpro-C courses, you must be registered for FMF 2006 for at least one full day.

Mainpro-C

Note : La préinscription est obligatoire. Date limite de l'inscription (M-C seulement) 15 septembre 2007.

Les sessions Mainpro-C sont disponibles exclusivement pour les participants au Forum 2007 en médecine familiale. Pour être admissible à l'un des cours Mainpro-C, les participants doivent s'inscrire au Forum 2007 pendant au moins une journée complète.

Wednesday/mercredi, October 10 octobre

0800-1700

P100MC Airway Intervention and Management in Emergencies (AIME)

*Alec Ritchie, MD CCFP(EM)
Vancouver, BC*

*Sam Campbell, MD CCFP, CCFP(EM)
Halifax, NS*

*John Tallon, MD FRCPC
Halifax, NS*

*Paul Linden, MD CCFP(EM)
Kamloops, BC*

Airway management is an "advanced" procedure, which involves more than the placement of an endotracheal tube. decisions of when and how to intubate, by which method, with or without pharmacologic adjuncts, and what to do if things go wrong must be made quickly and confidently. This program is dedicated to supporting clinicians in making these critical airway decisions.

The AIME program is case-based and uses quality patient simulator mannequins for a "bedside" hands-on learning experience.

Participants will:

1. be more confident and comfortable in making acute care airway management decisions
2. acquire a practical staged approach to airway management
3. be able to choose the most appropriate method of airway management based on a variety of patient presentations
4. make appropriate choices in the use of pharmacologic agents used to facilitate airway management
5. know when and how to use various tools and adjuncts for managing the difficult airway.

This session is accredited for 8 Mainpro-C credits.

Course fees:

CAEP members \$945

Non-CAEP-members \$1095

Limited to 24 participants.

Pre-registration is required. See registration form (pg R2).

1030-1630

P102MC Cognitive therapy tools

*Greg Dubord, MD
Toronto, ON*

This Mainpro-C course is designed for family physicians seeking to integrate more of cognitive therapy's tested tools into their day-to-day practice. Dr. Greg Dubord explains the key features of several dozen tools and demonstrates step-by-step, through either

videotape or role-play, how to best integrate each into a routine ten minute medical appointment. Participants then receive coaching while practicing tools in dyads. Applications highlighted include panic, GAD, health anxiety, non-compliance, depression, substance abuse, borderline personality disorder, and suicidality. Group discussions problem-solve about how to use CBT's tools with real-life cases given the restrictions of a busy family practice. Dr. Greg Dubord, MD is the Director of the Toronto Centre for Cognitive Therapy (www.cbt.ca) and the Founding Director for the Intermediate and Advanced Cognitive Therapy Courses at the University of Toronto. He is a veteran presenter of practical cognitive therapy workshops for the CFPC and its regional chapters.

This session is accredited for 6 Mainpro-C credits.

Course fee: \$295

Limited to 12 participants.

No pre-requisites.

Pre-registration is required. See registration form (page R2).

1330-1700

P103MC Healthy child development: Improving the odds

*Margaret Munro, MD, CCFP, FCFP
Thunder Bay, ON*

*Claudette Chase, MD, CCFP, FCFP
Sioux Lookout, ON*

*Anne Alsaffar, RN
Ottawa, ON*

The quality of early childhood experiences has an important influence on brain development and subsequent learning, behavior and health. The purpose of this program is to highlight developments in early neurodevelopment and to explore how these developments can be incorporated into medical practice. This interactive, case-based workshop will provide an overview of the field of Preventative Pediatric Health Care (0-6 years) through the well baby/child visit, using various evidence based tools. In particular, the Rourke Baby Record and the Nipissing District Developmental Screen will be utilized. Early identification of preconception and prenatal psychosocial issues, a Preconception checklist and the Antenatal Record will be introduced. The Healthy Child Development Improving the Odds Manual will be used as a resource. **Program developed by the Ontario College of Family Physicians based on a grant from the Ontario Ministry of Children and Youth Services.**

This session is accredited for 3 Mainpro-C credits.

Course fee: \$160

Limited to 30 participants.

Pre-registration is required. See registration form (page R2).

Thursday / jeudi, October 11 octobre**1030-1630****118MC Cognitive therapy foundations***Greg Dubord, MD
Toronto, ON*

Cognitive therapy is a structured, goal-focused psychotherapy that empowers clinicians to change the beliefs and behaviors of their patients. This one-day crash course is designed for family physicians who provide blocks of formal counseling time to their patients. Skills taught include suitability assessment, alliance enhancement, goal setting and measurement, conceptualization, formal session structure, behavior change techniques, homework compliance skills, charting, and formal self-assessment tools.

Dr. Greg Dubord, MD is the Director of the Toronto Centre for Cognitive Therapy (www.cbt.ca). He trained under cognitive therapy's founder Aaron T. Beck, and was the first Canadian Fellow of the Beck Institute. Dr. Dubord is the Founding Director of the Intermediate and Advanced Cognitive Therapy Courses at the University of Toronto, where he has won several major teaching awards. Dr. Dubord is a veteran presenter of practical cognitive therapy workshops for the CFPC and its regional chapters.

This session is accredited for 6 Mainpro-C credits.

Course fee: \$295

Limited to 12 participants.

No pre-requisites.

Pre-registration is required. See registration form (page R2).

1030-1700**123MC Growing your ACoRN skills***David Price, MD, CCFP
Hamilton, ON**Alfonso Solimano, MD, FRCPC
Vancouver, BC**Debra O'Flaherty, RN, BScN, MSN
Vancouver, BC*

ACoRN (Acute Care of the At-Risk Newborn) was published in 2005. This comprehensive one-day workshop, (Mainpro-C accredited) will involve a series of case-based scenarios which illustrate the ACoRN framework. Class size is limited to 25 to allow for hands-on participation. Presenters will include a family physician, neonatologist, and nurse educator.

ACoRN is a priority based, clinically oriented framework that sequentially integrates assessment, monitoring, diagnostic evaluation, intervention, and ongoing management for at-risk and unwell newborns. The objectives of the ACoRN Program are listed on the ACoRN website at <http://www.rcp.gov.bc.ca/acorn.htm>.

The day will consist of a brief lecture followed by a series of stations whereby participants will take scenarios and work their way through the ACoRN system. Participants will be able to sequentially build on their knowledge utilizing x-rays, blood gases etc. At the end of the day, participants should feel more comfortable in approaching a sick or at-risk newborn.

This session is accredited for 6 Mainpro-C credits.

Course fee: \$280

Limited to 25 participants.

Pre-registration is required. See registration form (page R2).

1330-1700**147MC Benign Prostatic Hyperplasia: Putting your finger on the issues***John S. Hickey, MD, MCFP
Antigonish, NS**Darrell Drachenberg, MD, FRCSC
Winnipeg, MB*

Interactive case based workshop. The overall goal is to ensure that participants will be able to confidently assess and manage patients with BPH and multiple co-morbidities.

Course Objectives

At the end of this course, participants will be able to:

1. Perform a comprehensive assessment
 - Use appropriate assessment methods
 - Assess risk factors for progression of BPH
 - Interpret the results of diagnostic and screening tools
 - Assess symptom and bother severity
 - Provide an appropriate risk assessment for prostate cancer
2. Initiate appropriate patient specific treatment
 - Understand the role of alpha blockers and 5 alpha-reductase inhibitors in the management of BPH and the role of combination therapy
 - Understand alpha-reductase inhibitors effect on PSA
 - Apply the principals of evidence based medicine to treatment choice
 - Match patient profiles and needs to appropriate therapy
3. Re-evaluate and modify patient treatment based on patient's response
 - Adjust medication or the management plan
 - Understand the place for surgical intervention
 - Make appropriate referrals to urologists

Program developed by Just the Berries based on an unrestricted educational grant from Merck Frosst Canada Limited.

This session is accredited for 3 Mainpro-C credits.

Course fee: \$100

Limited to 20 participants.

Pre-registration is required. See registration form (page R2).

1330-1700**141MC Healthy child development: Post partum mood disorder***Claudette Chase, MD, CCFP, FCFP
Sioux Lookout, ON**Margaret Munro, MD, CCFP, FCFP
Thunder Bay, ON*

This workshop will cover issues related to the normal psychological development of women in pregnancy and how it can affect their judgment to their newborn and affect attachment in the parental/child relationship. This workshop will also look at diagnosis and treatment options for women suffering from post partum depression, anxiety and psychosis. Strategies for using Interpersonal Psychotherapy as a treatment modality for those women who are suffering from post partum mood disorders.

Practical tools such as the Edinburgh Post Partum Screening Tool and flowcharts for clinical management will be included. The Healthy Child Development Facing the Challenges Manual will be used as a resource. **Program developed by the Ontario College of Family Physicians based on a grant from the Ontario Ministry of Children and Youth Services.**

This session is accredited for 3 Mainpro-C credits.

Course fee: \$160
 Limited to 20 participants.
 Pre-registration is required. See registration form (page R2).

1330-1700**153MC The 15-minute psychiatric screening assessment**

Jose Silveira, BSC, MD, FRCPC
Toronto, ON

Patricia Rockman, MD, CCFP, FCFP
Toronto, ON

Whether it is a new patient, a rarely seen patient or a well known patient with a new presentation, finding yourself in a clinical situation that suggests a possible mental disorder can be anxiety inducing when the patient has been booked for a standard 10-15 minute visit and your waiting room is full.

This session will provide a practical approach to screening for mental disorders associated with the highest risk to self or others. The goal of the session is to enable the physician to answer the question "Is there something that I need to do about this patient's condition today?" The format will include clearly worded screening questions focused on identifying psychopathology and areas of risk related to the identified psychopathology. **Program developed by The Ontario College of Family Physicians based on a grant from GlaxoSmithKline.**

This session is accredited for 3 Mainpro-C credits.

Course fee: \$160
 Limited to 20 participants
 Pre-registration is required. See registration form (page R2).

1330-1700**150MC Behavioral and Psychological Symptoms of Dementia (BPSD): Applying the P.I.E.C.E.S. - Framework for effective clinical management of BPSD**

Marie-France Rivard, MD, FRCP
Ottawa, ON

Sid Feldman, MD, CCFP, FCFP
Toronto, ON

At the end of this workshop, participants will be able to:

1. assess and interpret common behavioural and psycho-social problems seen in patients affected by dementia, whether they live at home or in a Long Term Care home
2. resent the risks, benefits and appropriate dose range of medications that are currently recommended for BPSD that may respond to pharmacological treatment for the purpose of obtaining informed consent.
3. support health care team members in the monitoring of common side effects of drugs that may be used in the treatment of BPSD.
4. support health care team members in the utilization of the P.I.E.C.E.S. assessment framework and the application of principles outlined in U-FIRST for the implementation of non-pharmacological approaches.

As part of Ontario's Strategy for Alzheimer Disease and Related Dementias, Initiative #2 – Physician Education, this session is sponsored by the Government of Ontario.

This session is accredited for 3 Mainpro-C credits.

Course fee: \$160
 Limited to 12 participants.
 Pre-registration is required. See registration form (page R2).

1330-1700**156MC Issues in the management of asthma in children and adults**

Alan G. Kaplan, MD, CCFP(EM)
Richmond Hill, ON

Alan Becker, MD, FRCP
Winnipeg, MB

By the completion of this course, participants will:

1. know the definition of asthma and how to establish a firm diagnosis of asthma as it relates to treatment choices
2. understand the basic pathophysiology of asthma as it relates to treatment choices
3. recognize the role the environment plays in asthma
4. build a treatment plan with confidence, and know how to evaluate its success or failure
5. evaluate the reasons for treatment failure and create strategies for success

Program developed by Just the Berries based on an unrestricted educational grant from Merck Frosst Canada Limited.

This session is accredited for 3 Mainpro-C credits.

Course fee: \$100
 Limited to 20 participants
 Pre-registration is required. See registration form (page R2).

Friday/vendredi, October 12 octobre**1030-1630****216MC Cognitive therapy for anxiety disorders**

Greg Dubord, MD
Toronto, ON

Clinical practice guidelines recognize cognitive therapy as a highly-effective anxiety disorder treatment. This popular Mainpro-C works through family practice case studies of GAD, health anxiety (hypochondriasis), OCD, panic disorder, PTSD, simple phobias, and social anxiety disorder. Participants are strongly encouraged to discuss their real-life cases, and are shown how to integrate effective CBT techniques into standard family practice routines. Many techniques are demonstrated live.

Dr. Greg Dubord, MD is the Director of the Toronto Centre for Cognitive Therapy (www.cbt.ca). He trained under cognitive therapy's founder Aaron T. Beck, and was the first Canadian Fellow of the Beck Institute. Dr. Dubord is the Founding Director of the Intermediate and Advanced Cognitive Therapy Courses at the University of Toronto, where he has won several major teaching awards. Dr. Dubord is a veteran presenter of practical cognitive therapy workshops for the CFPC and its regional chapters.

This session is accredited for 6 Mainpro-C credits.

Course fee: \$295
 Limited to 12 participants.
 No pre-requisites.
 Pre-registration is required. See registration form (page R2).

1030-1200

220MC Inflammatory Bowel Disease

*Ken Kliewer, MD, CCFP, FCFP
Altona, MB*

Inflammatory bowel disease (IBD) is characterized by chronic inflammation of the intestines with periods of exacerbation and remission. Diagnosis can be difficult, to distinguish not only IBD from irritable bowel syndrome, but also ulcerative colitis from Crohn's disease. Prompt diagnosis and treatment can mitigate the serious health and lifestyle issues associated with IBD. This module aims to help raise awareness of features that differentiate between irritable bowel syndrome and inflammatory bowel disease and between ulcerative colitis and Crohn's disease, explore main treatment options, and raise awareness of extra-intestinal manifestations in order to improve diagnostic accuracy.

This session is accredited for 2 Mainpro-C credits

Course fee: \$200

Limited to 10 participants

Pre-registration is required. See registration form (page R2).

1030-1700

225MC Managing change: A solution development workshop for stress reduction

*Patricia Rockman, MD, CCFP, FCFP
Toronto, ON*

*Jose Silveira, BSc, MD, FRCPC
Toronto, ON*

This workshop, delivered from Solution Focused Therapy and William Bridges' model of Transition Management, will teach skills for coping with change and transition. Participants will learn techniques for life planning and stress reduction, allowing them to move from a problem saturated view toward a solution-focused approach. The workshop will be highly interactive, involving practice using specific questions and role playing to apply the model to personal and professional stressors. **Program developed by The Ontario College of Family Physicians based on a grant from GlaxoSmithKline.**

This session is accredited for 6 Mainpro-C credits.

Course fee: \$275

Limited to 20 participants

Pre-registration is required. See registration form (page R2).

1330-1500

248MC A practical approach to decreased libido in the female midlife patient

*Marion C. Blouw, MD, CCFP, FCFP
Victoria, BC*

This workshop provides an opportunity to review this common presenting complaint in an interactive small group session. This will involve working through a case with group participation through problem solving. A biopsychosocial perspective will be utilized.

Learning objectives include how to:

1. take a sexual history.
2. assess and manage care of a female patient presenting with decreased libido.
3. summarize the most common female sexual dysfunctions that present with decreased libido.
4. address these issues in the context of the couple.

This session is accredited for 1.5 Mainpro-C credits.

Course fee: \$100

Limited to 15 participants.

Pre-registration is required. See registration form (page R2).

1330-1700

262MC Healthy child development: Helping Aboriginal families

*Margaret Munro MD, CCFP, FCFP
Thunder Bay, ON*

*Claudette Chase MD, CCFP, FCFP
Sioux Lookout, ON*

*Judy Kay
Sioux Lookout, ON*

*Laurie McLeod
North Bay, ON*

*Ann Alsaffar, RN
Ottawa ON*

This workshop will discuss some aspects of Aboriginal Culture and history as it pertains to the 0 to 6 age group and their families. The program will promote a compassionate approach to working with Aboriginal families. The practitioner will learn how to identify some practical strategies for working with Aboriginal families. The Healthy Child Development Facing the Challenges Manual will be used as a resource. **Program developed by the Ontario College of Family Physicians based on a grant from the Ontario Ministry of Children and Youth Services.**

This session is accredited for 3 Mainpro-C credits.

Course fee: \$160

Limited to 40 participants.

Pre-registration is required. See registration form (page R2).

1330-1700

252MC Dementia: Assessing fitness to drive

*William Dalziel, MD, FRCPC
Ottawa, ON*

*Frank Molnar, MD, FRCPC
Ottawa, ON*

At the end of this workshop, participants will be able to:

1. appreciate the key risk factors to consider relating to driving assessment in the elderly
2. be familiar with an approach to assessing driving risk; and be aware of legislated requirements of family physicians in relation to informing the Ministry of Transportation.

As part of Ontario's Strategy for Alzheimer Disease and Related Dementias Initiative #2-Physician Education, this session is sponsored by the Government of Ontario. **Program developed by The Ontario College of Family Physicians based on a grant from the Ontario Ministry of Health and Long-Term Care.**

This session is accredited for 3 Mainpro-C credits.

Course fee: \$150

Limited to 20 participants.

Pre-registration is required. See registration form (page R2).

1330-1700

242MC PAACT: Hypertension

*Frank Martino, MD, CCFP(EM), FCFP
Brampton, ON*

*John M. Jordan, MD, CCFP, FCFP, MSc
London, ON*

*Brent Jensen, BScPhm
Saskatoon, SK*

Course Description:

An independent, case-based educational program about the management of hypertension in a community setting:

Case #1: Hypertension - Mild to Moderate

Case #2: Hypertensive Emergency: Non ER

Case #3: Uncontrolled Hypertension and Ethnicity

Case #4: Hypertension and Diabetes Mellitus

Objectives:

At the end of the workshop, participants should be able to:

1. develop an effective strategy for diagnosis and monitoring of hypertensive patients
2. identify appropriate investigations for newly diagnosed patients with hypertension
3. employ effective hypertension treatment strategies
4. identify and treat hypertensive urgencies/emergencies

Materials: 2007 Hypertension Guidelines, participant workbook with cases

This session is accredited for 4 Mainpro-C credits.

Course fee: \$200

Limited to 24 participants.

Pre-registration is required. See registration form (page R2).

Saturday / samedi, October 12 octobre

0730-1630

301MC Advanced Life Support in Obstetrics (ALSO) Provider Course

2-day course

(Saturday, Oct 13th and Sunday, Oct 14th)

*Lisa Graves, MD, CCFP, FCFP
Montreal, QC*

The Provider Course is an educational program designed to assist healthcare professionals in developing and maintaining the knowledge and procedural skills needed to manage emergencies that can arise in obstetrical care.

Overall objectives:

1. Discuss methods of improving the management of obstetrical urgencies and emergencies, which may help standardize the skills of practicing maternity care providers
2. Discuss the importance of utilizing regional maternity care services and identify possible barriers, which might limit access

The course is a combination of lectures and hands-on workstations. Evaluation is by a written exam and skills assessment stations. The course is geared to all maternity care providers, including family physicians, obstetricians, midwives, nurses, paramedics and trainees.

This is a 2-day course (Saturday/Sunday) and is accredited for 8 Mainpro-C credits and 5 Mainpro M-1 credits.

Course fees:

CFPC/AAP members \$575

Registered Nurse/Midwife \$625

Non-member Physicians/Other \$650

Residents/Trainees \$325

Limited to 40 participants

Pre-registration is required. See registration form (page R2).

0800-1700

302MC Assessment and management of diabetic foot problems

*John Embil, MD, FRCPC
Winnipeg, MB*

*Randy Guzman, MD, FRCSC
Winnipeg, MB*

*Stephanie Piper, BN
Winnipeg, MB*

*Frank Duerksen, MD, FRCSC
Winnipeg, MB*

Improvement in recognition and treatment of diabetic foot complications by family physicians would decrease the numbers of referrals of late limb infections and ulcers and avert many amputations. Peripheral neuropathy and peripheral vascular disease are micro and macro vascular complications that lead to the formation of ulcerations in the feet and lower extremities of diabetics.

This 7-hour Mainpro-C off-site clinical workshop involves a morning of reviewing the assessment of the diabetic foot with a diabetic foot nurse clinician and diabetic foot clinic orthopedic surgeon. They review diagnosing neuropathy, vascular supply, specialized footwear/orthoses and important patient education issues.

Mainpro-C

The afternoon small groups rotate between 3 clinic rooms, each with one of: orthopedic surgeon, infectious disease and vascular surgeon specialists and each with a volunteer patient with related foot complications; the assessment and management of the related complications is demonstrated with hands on learning.

Diagnosing Charcot foot, off-loading with contact casting and other methods, Ankle Brachial Index by doppler vascular assessment, antibiotic choices and referral resources are some of the topics covered.

This session is accredited for 7 Mainpro-C credits.

Course fee: \$375

Limited to 20 participants

Pre-registration is required. See registration form (page R2).

1030-1630

317MC Cognitive therapy for depression

Greg Dubord, MD

Toronto, ON

Cognitive therapy is generally recognized as the most effective non-biological treatment for the various forms of depression. This popular Mainpro-C works through family practice case studies of major depression, dysthymia, bipolar disorder, post-partum depression, and suicidality. Relapse prevention is emphasized throughout. Participants are strongly encouraged to discuss their real-life cases, and are shown how to integrate effective CBT techniques into their standard family practice routines.

Dr. Greg Dubord, MD is the Director of the Toronto Centre for Cognitive Therapy (www.cbt.ca). He trained under cognitive therapy's founder Aaron T. Beck, and was the first Canadian Fellow of the Beck Institute. Dr. Dubord is the Founding Director of the Intermediate and Advanced Cognitive Therapy Courses at the University of Toronto, where he has won several major teaching awards. Dr. Dubord is a veteran presenter of practical cognitive therapy workshops for the CFPC and its regional chapters.

This session is accredited for 6 Mainpro-C credits.

Course fee: \$295

Limited to 12 participants

No pre-requisites.

Pre-registration is required. See registration form (page R2).

1030-1200

311MC Panic disorder

Kenneth Kliewer, MD, CCFP, FCFP

Altona, MB

Of the seven common anxiety disorders, panic disorder is one of the least prevalent. Its sufferers, however, are most likely to be seen repeatedly in primary care. Panic disorder is often difficult to detect and diagnose—its clinical presentation mimics other serious medical conditions and psychiatric comorbidities are common. Nevertheless, when recognized early, panic disorder responds well to prompt and appropriate treatment. This module aims to improve the recognition and diagnosis of recurring panic attacks and panic disorder, review appropriate and timely treatment.

This session is accredited for 2 Mainpro-C credits.

Course fee: \$200

Limited to 10 participants

Pre-registration is required. See registration form (page R2).

1030-1630

323MC Practical office management of comorbid alcohol and anxiety disorders

Jose Silveira, BSC, MD, FRCPC

Toronto, ON

Patricia Rockman, MD, CCFP, FCFP

Toronto, ON

The treatment of anxiety disorders in a primary care setting can be complicated by several factors. A common challenge is the patient who is a known alcohol "drinker" that presents with complaints of anxiety or anxiety related symptoms. A busy office practice with multiple demands adds to the challenge of managing such cases. This workshop will thus focus on practical tips to managing this comorbid problem in your busy practice.

Key elements to the workshop will be:

Assessment:

- Interview questions with the greatest yield in disentangling the relationship between the alcohol consumption and anxiety symptoms.
- Useful lab tests in suspected alcohol abuse.
- Using your Cumulative Patient Profile in identifying undisclosed alcohol misuse.

Treatment:

- Treatment protocol for comorbid alcohol and anxiety disorders broken down by visit.

This session is accredited for 6 Mainpro-C credits.

Course fee: \$275

Limited to 20 participants

Pre-registration is required. See registration form (page R2).

1330-1700**346MC Women's health procedures in family medicine**

*Christiane R. Kuntz, MD, CCFP, FCFP
Gloucester, ON*

*Christine C. Rivet, MD, CCFP, FCFP
Ottawa, ON*

This Mainpro-C Workshop will consist of the following parts:

1. workshop orientation
2. pre-workshop survey
3. hands-on workshop using models for the following procedures:
 - a) pelvic exam/Pap smear
 - b) endometrial biopsy
 - c) progesterone-containing IUS insertion
 - d) pessary insertion/fitting
4. wrap-up with post-workshop survey

Participants will learn techniques to minimize the risk of complications of the procedures, maximizing the chance of obtaining a useful sample and making the procedures as comfortable as possible for patients.

At the conclusion of the workshop, participants will know how to:

1. describe the indications and contraindications to perform a pelvic exam, Pap smear, endometrial biopsy, progesterone-containing IUS insertion, pessary insertion
2. list the steps involved in the preparation for, the performance of and the follow-up for the above-named procedures
3. accurately follow the steps for each procedure on a model
4. display sensitivity towards the patient in doing a pelvic exam and the above-listed procedures

This session is accredited for 3 Mainpro-C credits.

Course fee: \$150

Limited to 20 participants.

Pre-registration is required. See registration form (page R2).

1330-1700**338MC Breastfeeding basics for the practicing physician**

*Howard Mitnick, MD, CCFP
Montreal, QC*

*Anjana Srinivasan, MD, CCFP
Mont-Royal, QC*

*Perle Feldman, MD, CCFP, FCFP
Montreal, QC*

*Carole Dobrich, RN, IBCLC
Montreal, QC*

How can I best support breastfeeding in an evidence-based manner? Learn about your role in breastfeeding support in this new and improved course from last year's Family Medicine Forum. This 3-hour course serves as a brief overview of the main issues seen in breastfeeding mother-infant dyads. The skills of protecting, promoting and supporting breastfeeding will be highlighted. Participants will learn about the evidence behind breast milk, prenatal and postnatal breastfeeding counseling, and the management of common breastfeeding problems. The course will include a combination of didactic teaching, case studies, photos, videos, and quizzes.

This session is accredited for 3 Mainpro-C credits.

Course fee: \$150

Limited to 50 participants.

Pre-registration is required. See registration form (page R2).

1330-1700**340MC Healthy child development: Fetal Alcohol Spectrum Disorder**

*Claudette Chase, MD, CCFP, FCFP
Sioux Lookout, ON*

*Margaret Munro, MD, CCFP, FCFP
Thunder Bay, ON*

*Judy Kay
Sioux Lookout, ON*
*Laurie McLeod
North Bay, ON*

This workshop will explore strategies for early identification of women at risk from substance use during pregnancy. It will also cover areas relevant to child development and approaches for linkage to community resources to optimize management of common behavioural issues that develop in children affected by this condition. The Healthy Child Development Improving the Odds and Facing the Challenges Manuals will be used as a resource. **Program developed by the Ontario College of Family Physicians based on a grant from the Ontario Ministry of Children and Youth Services.**

This session is accredited for 3 Mainpro-C credits.

Course fee: \$160

Limited to 30 participants.

Pre-registration is required. See registration form (page R2) for more information.

1330-1700**343MC PAACT: Anemia**

*John M. Jordan, MD, CCFP, FCFP, MSc
London, ON*

*Frank A. Martino, MD, CCFP(EM), FCFP
Brampton, ON*

*Laurie Dunn, MSc, BScPhm
Toronto, ON*

Program Description:

An independent educational program about the optimal management of common anemias:

- Microcytic Anemia (2 cases)
- Normocytic Anemia
- Pediatric Anemia
- Interactive, case-based, small group learning modules

Materials: Guidelines for Treatment of Anemia ('orange book') and participant workbook with cases provided

This session is accredited for 4 Mainpro-C credits.

Course fee: \$200

Limited to 24 participants.

Pre-registration is required. See registration form (page R2).

1330-1700

351MC Training initiative for the primary care of adults with developmental disabilities

William Sullivan, MD, CCFP, PhD

Toronto, ON

Tom Cheetham, MD, CCFP

Smith Falls, ON

Brian K.E. Hennen, MD, CCFP, FCFP

Dartmouth, NS

An independent, case-based educational program regarding the primary health care of adults with developmental disabilities (DD) in a community setting:

Case #1: General Issues in Primary Care – Moderate DD,
Etiology Unknown

Case #2: Physical Health Issues – Mild DD, Down syndrome

Case #3: Behavioural Issues – Mild DD, Autistic spectrum disorder

Case #4: Mental Health Issues - Moderate to Severe DD,
Etiology Unknown

Materials: 2006 Edition of the Consensus Guidelines (CFP November 2006), participant work book with cases and tools

This session is accredited for 3 Mainpro-C credits.

Course fee: \$150

Limited to 18 participants.

Pre-registration is required. See registration form (page R2).

1330-1700

344MC Chronic pain in family practice: A PMRC program

Alan G. Kaplan, MD, CCFP(EM)

Richmond Hill, ON

Sol B. Stern, MD, MCFP

Oakville, ON

This workshop will review the management of chronic pain for the practicing physician. We will review the different types of pain and their management through the use of interactive case based discussion.

Tools for practice including addiction screening tools, pain treatment contracts and a review on charting will be included.

This workshop will show you how to approach and handle an increasingly common group of patients, whose issues make you uncomfortable for yourself, for them and for our College. We can help to make treating these patients safe, effective and rewarding for the practicing clinician. **Program development based on a grant from Purdue Pharma.**

This session is accredited for 4 Mainpro-C credits.

Course fee: \$150

Limited to 40 participants.

Pre-registration is required. See registration form (page R2).

Sunday/dimanche, October 14 octobre

Post Conference / Postcongrès

0800-1700

401MC Hemodynamic instability course

Ian Walker, MD, CCFP(EM)

Calgary, AB

Ian Rigby, MD, FRCPC

Calgary, AB

Dan Howes, MD, FRCPC

Kingston, ON

Jason Lord, MD, FRCPC

Calgary, AB

Richard Morris, MD, CCFP(EM)

Calgary, AB

The course is designed specifically for physicians working in either large or small emergency departments and others involved in the care of the critically ill, unstable patients. Skills stations include all three sites for central line insertion, temporary pacemaker insertion and intraosseous access. Lecture topics include pressors and inotropes, sepsis management, transfusion issues and central line complications.

This is a full day post-conference session (Sunday).

This session is accredited for 7.5 Mainpro-C credits.

Course fee: \$995

Limited to 36 participants.

Pre-registration is required. See registration form (page R2).

Satellite Symposia

These CME/CPD sessions occur at the times when no other scientific sessions are being offered, (hence the term 'satellite'), but are M1 accredited and offered as a value-added feature to FMF. The topics come from the CFPC's Call for Workshops or are proposed to the planning committee by external organizations and may have industry sponsorship.

Pre-registration is required for satellite symposia. There is no additional fee.

Symposiums satellites

Ces sessions de FMC/DPC sont présentées à des heures où aucune autre session scientifique n'est offerte (raison pour laquelle elles sont dites « satellites »). Elles donnent néanmoins droit à des crédits M1 et sont offertes à titre de « valeur ajoutée » au FMF. Les thèmes abordés proviennent de l'appel de communications du CMFC ou sont proposés au comité de planification par des organisations externes et elles peuvent être parrainées par l'industrie.

La préinscription est requise, mais il n'y a pas de frais additionnels.

Thursday/jeudi, October 11 octobre

0700-0815

175SS Atherothrombosis for more complete vascular health

Milan Gupta, MD
Brampton, ON

This is a unique session that enhances interaction and promotes interest.

Learning objectives:

- To understand risk assessment and management of the patients following ACS.
- To optimize therapy including risk factor management and appropriate medical therapy to prevent subsequent ischemic events.

This session is accredited for 1.5 Mainpro M1 credits.

Pre-registration is required. See registration form (page R2).

This educational program is supported by an educational grant from sanofi-aventis and Bristol Myers Squibb partnership.

1230-1330

176SS Screening early for dementia: Targeting the brain

Peter Lin, MD, CCFP
North York, ON

William Dalziel, MD, FRCPC
Ottawa, ON

Objectives:

- Increase awareness of risk factors & early symptoms of dementia.
- Help physicians recognize & treat early dementia.
- Change the physician's perception about the brain and consider it as a target organ at the same level as the heart.

The main sections of the program are:

- Diagnosing dementia earlier,
- Recognizing high risk patients (Memory complaints, family history & CV risks),
- Screening patients for cognitive impairment (quick and simple tests).

Symposiums satellites

Ces sessions de FMC/DPC sont présentées à des heures où aucune autre session scientifique n'est offerte (raison pour laquelle elles sont dites « satellites »). Elles donnent néanmoins droit à des crédits M1 et sont offertes à titre de « valeur ajoutée » au FMF. Les thèmes abordés proviennent de l'appel de communications du CMFC ou sont proposés au comité de planification par des organisations externes et elles peuvent être parrainées par l'industrie.

La préinscription est requise, mais il n'y a pas de frais additionnels.

Friday/vendredi, October 12 octobre

0700-0815

285SS Practical guide to the office management of community acquired respiratory illness

S. Qaadri, MD, MPP
Toronto, ON

This presentation will provide practical information to assist the family medicine practitioner in the office management of community acquired respiratory infection, particularly cold and flu infections. The latest information regarding the pathophysiology of the common cold and the associated immune response will be presented. Current therapeutic recommendations, including clinical evidence for alternative therapies for cold and flu, will be discussed.

Key learning objectives include:

1. to identify factors that impair the immune response, increase susceptibility and delay recovery of community acquired respiratory infection
2. to distinguish between cold and flu infection and know when to refer for follow-up care
3. to understand the pharmaceutical care of community acquired respiratory infections
4. to provide effective counseling regarding over-the counter recommendations and other interventions for the prevention and treatment of community acquired respiratory infection in patients seeking self-care.

The format will be a live lecture with an interactive question and answer session.

Pre-registration is required. See registration form (page R2).

This educational program is supported by an educational grant from CV Technologies Inc.

Satellite Symposia • Symposiums satellites

0700-0815

286SS Making sense of the guidelines: Roadmap to cardiovascular risk factor management

Presenters to be announced

After attending this symposium, participants will be better able to:

1. evaluate clinical practice guidelines and recommendations dealing with cardiovascular risk factors
2. integrate all Canadian cardiovascular guidelines into clinical practice

Pre-registration is required. See registration form (page R2).

This educational program is supported by an educational grant from Pfizer Canada Inc.

0700-0815

287SS Emerging scientific advances for the treatment of vasomotor and associated symptoms

Presenters to be announced

Hormonal changes of menopause are associated with a variety of physiologic, psychologic and somatic symptoms. They affect more than 80% of all women during peri- through to post-menopausal years. Of these symptoms hot flushes and night sweats are the symptoms that primarily drive women in this demographic to see their physicians. This program will review the interaction between estrogen and neurotransmitters as it relates to thermoregulation.

The following objectives will be addressed:

1. Identify, deconstruct, and discuss the symptoms and stages of menopause (perimenopause to postmenopause).
2. Understand the physiological mechanisms involved in maintaining temperature regulation-thermoregulation.
3. Discuss the role and vital interactions between estrogen and neurotransmitters in thermoregulation.
4. Highlight and review the evidence-based clinical management strategies, including novel, non-hormonal treatments.
5. Translate the hormonal and non-hormonal evidence into discussions with patients, identifying patient preference, and applying practical management solutions.

Pre-registration is required. See registration form (page R2).

This educational program is supported by an educational grant from Wyeth Pharmaceuticals.

1230-1330

288SS Treatment of osteoarthritis: Risk/Benefit of pharmacological options

Peter Lin, MD, CCFP

Toronto, ON

Paul Dorian, MD, MSc, FRCPC

Toronto, ON

James Gray, MD, FRCPC

Vancouver, BC

Simon Huang, MD, FRCP(C)

Vancouver, BC

This symposium will be a Panel Discussion which will review a Case Study of a patient suffering from osteoarthritis. One chair (a family physician) and 3 speakers (a rheumatologist, a gastroenterologist, and a cardiologist) will be part of this symposium.

Regular question and answer periods will be held during the review of the case. Attendees' participation will be required all along the symposium to answer different questions.

At the end of this session, the participants will be able to:

1. discuss the challenges relating to the treatment of osteoarthritis
2. weigh the risk/benefit of the different classes of drugs in light of the current guidelines and recommendations
3. discuss the strengths and weaknesses of the combined use of NSAIDs and proton pump inhibitors (PPIs) as one therapeutic option versus COX-2 inhibitor as another option

Pre-registration is required. See registration form (page R2).

This educational program is supported by an educational grant from Novartis Pharmaceuticals.

1715-1845

289SS 3-minute empowerment: Improve efficiency, support behavioural change

Nigel W. Flook, MD, CCFP, FCFP

Edmonton, AB

The 3-Minute Empowerment Program is designed to help healthcare professionals motivate patients to make behavioural changes. Healthcare professionals who actively participate in this program will learn practice strategies that will facilitate their efforts to:

- engage in effective partnerships with their patients to support positive behaviour changes
- perform rapid assessments of their patients' readiness for change
- help patients to increase motivation and overcome barriers to change
- use practical and efficient strategies, given the significant time constraints of clinical practice

This session has been accredited for 1 Mainpro M1 credit.

Pre-registration is required. See registration form (page R2).

This educational program is supported by an educational grant from Pfizer Canada Inc.

1715-1845

290SS Prevention strategies for RSV in the community: Role of the primary care physician

Presenters to be announced

Respiratory syncytial virus (RSV) infection is a very common infection in Canadian children. It has been identified as the most common cause of lower respiratory tract infections (LRTIs) in infants and young children. In particular, pneumonia and bronchiolitis are the most common pathologic presentations of RSV infection. RSV accounts for between 50% and 90% of hospitalizations for bronchiolitis and approximately one quarter of hospitalizations for pneumonia. RSV infection is both preventable and treatable.

After attending this program, participants will be able to:

- Describe the microbiology, epidemiology and pathophysiology of RSV infection;
- Identify the clinical presentation of RSV infection;
- Identify risk factors associated with respiratory syncytial virus in at risk infants; and
- Prevent and manage RSV infection in at risk infants.

Pre-registration is required. See registration form (page R2).

This educational program is supported by an educational grant from Abbott Laboratories Ltd.

Saturday/samedi, October 13 octobre

0700-0815

365SS Optimizing outcomes in Acute Exacerbations of Chronic Obstructive Pulmonary Disease (AECOPD)

Presenters to be announced

Chronic obstructive pulmonary disease (COPD) has gained interest as a major public health concern and is currently the focus of intense research because of its persistently increasing prevalence, mortality, and disease burden. Over 750,000 Canadians suffer from COPD, and the number is rising. In Canada, COPD currently ranks as the fourth leading cause of death in men and fifth in women. The WHO predicts that COPD will be the third leading cause of death worldwide in 2020.

After attending this program, participants will be able to:

1. discuss the prevalence, epidemiology and pathophysiology of AECOPD
2. list criteria for diagnosing an AECOPD and selecting patients who may benefit from antibiotic therapy
3. select appropriate antimicrobial therapy for patients with AECOPD while considering issues of antibiotic resistance

Pre-registration is required. See registration form (page R2).

This educational program is supported by an educational grant from Abbott Laboratories Ltd.

0700-0815

366SS New approaches in asthma management

Charles Chan, MD, FRCPC, FACP, FCCP
Toronto, ON

This symposium will outline the current recommendations when managing persistent asthma as well as the associated treatment goals. The efficacy/safety balance for evaluating therapeutic options for the management of persistent asthma will be defined, and this approach will be applied to newer therapeutic options. The rationale for newly developed asthma treatments will be discussed and opportunities for improved physician/patient/caregiver communication and/or education will be identified. The implications for patients of these newly developed asthma treatments will be reviewed in detail.

Pre-registration is required. See registration form (page R2).

This educational program is supported by an educational grant from Altana Pharma, a Nycomed company.

1230-1330

367SS A new understanding of Type 2 Diabetes: The Beta Cells, Incretins and DPP-4

Vincent Woo, MD, FRCPC
Winnipeg, MB

LEARNING OBJECTIVES:

- Formulate the multiple and interrelated pathophysiologic mechanism that contribute to the development of type 2 diabetes
- Delineate the physiologic role of the incretin hormones GLP-1 and GIP in maintaining glucose homeostasis and modulating other metabolic parameters
- Describe current and evolving treatment options for preserving and improving islet cell function in patients with type 2 diabetes
- Improve patient compliance through optimal use of CDA guideline tools and recommendations

Pre-registration is required. See registration form (page R2).

This educational program is supported by an educational grant from Merck Frosst Canada Ltd.

Meetings at a glance · Sommaire des séances

Tuesday, October 9th, 2007 - Mardi 9 octobre 2007

CFPC Board of Directors Meeting	0800 – 1700
Réunion du conseil d'administration du CMFC	
Research and Education Foundation Annual General Meeting	1700 – 1745
Assemblée générale annuelle de la Fondation pour la recherche et l'éducation	

Wednesday, October 10th, 2007 - Mercredi 10 octobre 2007

Administrators Workshop (By invitation only)	0800 – 1700
Atelier des administrateurs (sur invitation seulement)	
Faculty Development Day	0800 – 1700
Family Medicine Education Forum (By invitation only)	0830 – 1700
Forum sur l'éducation en médecine familiale (sur invitation seulement)	
Section of Researchers (SOR) Annual General Meeting	1200 – 1400
Assemblée générale annuelle de la Section des chercheurs	
Presidents' Forum (By invitation only)	1300 – 1600
Forum du président (sur invitation seulement)	

Thursday, October 11th 2007 - Jeudi 11 octobre 2007

CFPC Members from Northern Territories - breakfast meeting	0700 – 0815
Research Directors Meeting (By invitation only).....	1030 – 1700
Section of Medical Students/FMIG meeting (By invitation only)	1030 – 1700
Section of Teachers (SOT) Annual General Meeting	1230 – 1330
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The 5th Annual EBM Teachers Meeting	1330 – 1530

Friday, October 12th, 2007 – Vendredi 12 octobre 2007

CFPC Annual Members' Forum / Forum annuel des membres du CMFC:	
Meet and Eat / Rencontre-repas	1230 – 1300
CFPC Annual General Meeting / Assemblée générale annuelle du CMFC	1300 – 1330
Open Forum / Débat libre	1330 – 1500
Intraining Evaluation Directors Meeting (By invitation only)	1330 – 1700

Saturday, October 13th, 2007 - Samedi 13 octobre 2007

Family Medicine Program Directors Meeting (By invitation only)	1030 – 1700
Undergraduate Directors Meeting (By invitation only)	1030 – 1700
Rural Educators Day	1030 – 1700
NAACFM (Chairs) Meeting (By invitation only)	1030 – 1700
EM Program Directors' Meeting (By invitation only)	1330 – 1700
OSCAR User Group Meeting	1030 – 1700

Sunday, October 14th, 2007 - Dimanche 14 octobre 2007

Maternity and Newborn Care Committee Meeting (By invitation only)	0900 – 1700
Editorial Advisory Board Committee Meeting (By invitation only)	0930 – 1700

Walk for the Docs of tomorrow

Saturday, October 13th, 2007

7:00 a.m - 8:00 a.m.

Winnipeg, Manitoba, Canada

Celebrating Family Doctor Week in Canada October 8 - 13



Help Support the CFPC's Medical Student Scholarship Program!

Come out and Walk at FMF and/or send in your pledge to support the walkers

For more information about the Walk and Pledges: Pour plus d'information au sujet de la marche et pour faire une promesse de don :

www.cfpc.ca/fmf / www.cfpc.ca/fmf_f

1 800 387 6197 ext. / poste 310

ref@cfpc.ca

Contribuez à soutenir le programme des bourses d'études du CMFC pour les étudiants en médecine!

Venez participer à la marche au FMF et/ou envoyez votre promesse de don à l'appui des marcheurs



Marche pour les médecins de demain



Le samedi 13 octobre 2007

7 h à 8 h

Winnipeg, Manitoba, Canada

Célébrons la Semaine du médecin de famille
au Canada du 8 au 13 octobre



Research and
Education
Foundation

Fondation pour
la recherche et
l'éducation

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