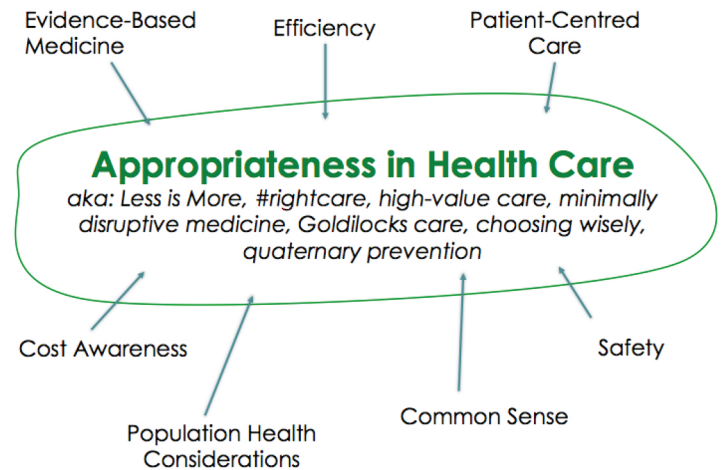
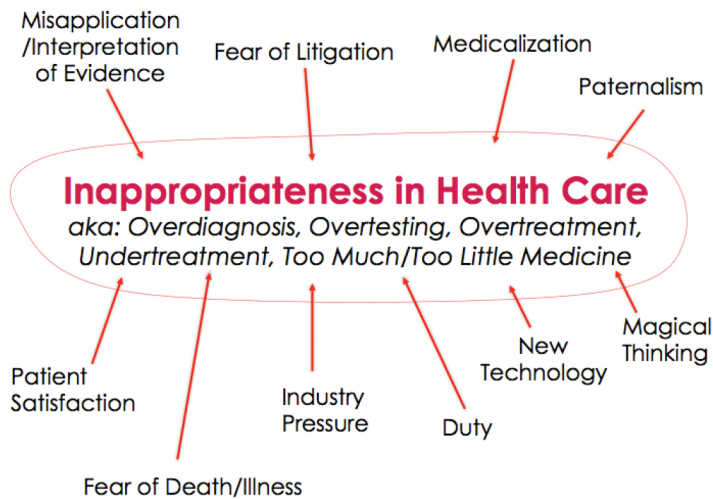


LESS IS MORE - = + MEDICINE

AVOIDING PITFALLS OF OVERTESTING & OVERTREATMENT

THEORY & LITERATURE:



PRACTICE: work through cases, like:

“Do I really have to take that statin?”
 “I read I should have my PSA checked.”
 “Aren't you going to x-ray my back?”

RESOURCES:

Less is More Medicine	www.lessismoremedicine.com
Therapeutics Education Collaborative	www.therapeuticseducation.org
Therapeutics Initiative	www.ti.ubc.ca
Choosing Wisely Canada	www.choosingwiselycanada.org
Dr Mike Evans Health Lab	www.evanshealthlab.com
Right Care	www.lowninstitute.org
The NNT	www.theNNT.com
BMJ: Too Much Medicine	www.bmj.com/too-much-medicine
JAMA Collection: Less is More	www.jamanetwork.com/collection.aspx?categoryid=6017